# Community Education

Waconia • St. Bonifacius • New Germany • Minnetrista • Victoria







Winter/Spring 2023







A Commitment to Community and Lifelong Learning

WaconiaCommunityEd.org | 952.442.0610

## Waconia Community Education & Recreation

Waconia Community Education & Recreation

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Waconia Wildcat Preschool - 952.442.0613

School Age Child Care

Southview Kids' Co Site 952.442.0627 Bayview Kids' Co Site 952.442.0614 Laketown Kids' Co Site 952.442.0690

#### **Advisory Councils**

Waconia Community Education Advisory Council Terrill Anderson, Paul Ericsson, Barb Kalthoff, Alycia Myers, Brian Rothstein, Lindsay Schmidt, Tom Schufman & Tiffany Nelson

#### **ECFE Advisory Council**

Kara Anderson, Brianna Ballard, Erin Foss-Beerling, Lynn Irrgang, Sara Linsley, Lisa Melsha, Tiffany Nelson, Rachelle Schaust & Stephanie Schnedler

#### **Baseball Advisory Board**

Chris Baso, Peter Brown, Brian Crane, Jon Deming, Steve Fleck, Jeremy Graves, Adam Gregg, Michael Herman, Valdie Magstadt, Wade Marsh, Ryan Naughton, Tiffany Nelson, Erik Olson & Derek Veldhuisen

#### Softball Advisory Board

Garren Hamby, Ashley Johnson, Jake Saulsbury, Audra Lawson, Tiffany Nelson, Maria Saulsbury, Kurt Schutte, Jason Smith, Todd Stejskal & Holly Wortz

#### **Soccer Advisory Board**

Anthony Bell, Brian Elliot, Kevin Keegan, Tiffany Nelson, Trevor Paulson, Justin Pozega, Cary Sommer & Ivan Woyno

#### Lacrosse Advisory Board

Elisabeth Doran, Chris Marten, Nicole Meyer, Tiffany Nelson, Crystal Roberts, Christy Willis & Ivan Woyno

www.waconiacommunityed.org 952.442.0610



### Waconia 2023

#### ISD #110

# Waconia Community Education & Recreation Mission Statement

The purpose of this program shall be to bring together community residents of St. Bonifacius, New Germany, and Waconia along with District #110 Community Education staff to plan and direct programs that meet the needs of residents of all ages. These programs offer: enrichment, recreational, academic, family support and service activities. The program utilizes school district community and private resources and facilities to promote lifelong learning.



#### Waconia District #110 Locations

WEC	Waconia Community Education &
	Waconia Enrichment Center
	516 Industrial Blvd., Waconia

- BV Bayview Elementary School 24 South Walnut Street, Waconia
- SV Southview Elementary School 225 4th Street West, Waconia
- WHS Waconia High School
  1650 Community Drive, Waconia
- WMS Waconia Middle School 1400 Community Drive, Waconia
- LT Laketown Elementary School 960 Airport Road, Waconia

# Winter/Spring

#### **ECFE**

- Infant and Toddler Classes
- 2-5 Year Old Classes
- Parent-Only Classes
- Kindergarten Lunch and Learn
- Elementary Age Parent Education
- Special Events
- Early Childhood Screening

#### Youth Enrichment

- Abrakadoodle
- Chess Club
- Kidcreate studio
- Babysitters Training
- Someone Special Dance
- ACT Workshop
- Kids Fun Night Out (Parents Date Night!)

#### Youth Recreation

- Big West Fastpitch Softball
- Metro Baseball
- PreK-6th Grade Soccer
- PreK & Kindergarten Basketball Camps
- Fastpitch Softball Pitching Clinic
- Tae-Kwon-Do Karate
- Bowling
- Softball Camps
- Baseball Camps
- Basketball Camp
- Floor Hockey
- Dance Xcess
- Carlson Tennis Lessons
- Firearms Safety Training

#### Adult Enrichment Classes

- Defensive Driving
- Adult Trips
- Adult Wellness
- First Aid / AED / CPR Training
- Chords are Key for Piano
- Waconia Area Gaming Society
- Computer Support
- Technology

# Kids' Company Childcare

#### Kids' Company Childcare -

If you are looking for quality child care in a school setting - look no further. Kids' Company offers children the opportunity to thrive in an atmosphere that supports positive growth. Children are given this opportunity starting at the age of three (must be toilet trained) through fifth grade. Kids' Company is open at 6:00 am and our last pick up time is 6:15pm. We are located at Bayview Elementary School, Southview Elementary School, Laketown Elementary School & Waconia Enrichment Center. Children may attend Kids' Company at the school they attend which means a peace of mind for parents. Kids' Company is available on most school release days.

Our belief at Kids' Company is that children need to be in an environment that will enhance their social, academic and positive self image. We accomplish these goals through exposure to new experiences, freedom of choice and building new friendships. Children are always placed in age appropriate classes. Please see below for our specific site locations and for more details. Please note that times and locations may change due to registration numbers.

Important registration dates for 2023 Summer and 2023-24 School Year Kids' Company

February 21, 2023: Early Childhood Preschool and Kids' Company Virtual Open House and Informational meeting

February 21 - March 3, 2023: Current Early Childhood Preschool and Kids' Company families may start to register

> March 21, 2023: Registration opens to everyone for Preschool, Summer and School Year Kids' Company

May 26, 2023: 2023 Summer Kids' Company registration closes

Registration may closes earlier than dates listed due to capacity and staffing

Reopening registration will be dependent on capacity and staffing

Please view our website for more information on important dates.

For more information about the Kids' Company please contact Jenny Merritt at 952-442-0618 or jmerritt@isd110.org

#### Kids' Company Preschool Age Childcare Option

Kids' Company enrolls children that are 3 years of age and older at our Waconia Enrichment Center site. This program is available to all children in the area and is also a collaborative effort between Early Childhood District Preschools and Kids' Company. Our preschools and Kids' Company are in the Waconia Enrichment Center therefore, transitions between programs will be safe and supervised. We offer a school based atmosphere for children that is safe, enriching and fun!



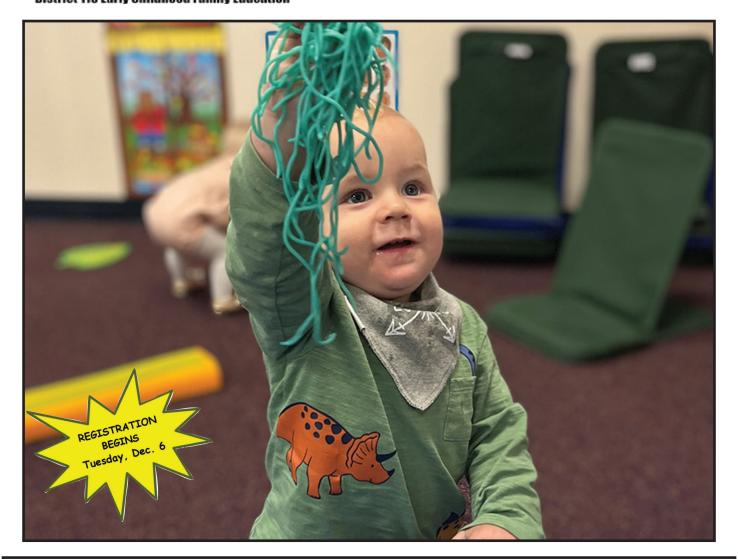






# Early Childhood Family Center 520 Industrial Blvd. Waconia, MN 952-442-0613

www.waconiacommunityed.org



## Welcome to Dist. 110 ECFE

Early Childhood Family Education (ECFE) is a District 110 Community Education program of Waconia Public Schools. All families with children ages birth to kindergarten are welcome. Our mission is to strengthen families through education, and support all parents toward healthy growth and development of their children.

Early Childhood Family Education offers classes, events and other programs designed by highly qualified teachers, specifically for families with young children. Most classes meet once a week for 1.5-2 hours. Quality child care is provided for siblings not enrolled in class.

A sliding fee scale is provided to make classes affordable for all families. No one will be denied participation for inability to pay.

### ECFE 0 - 28 months

#### Incredible Infants

Having a baby is both exciting and challenging. This informative class helps you to get off to a great start with your baby. You will meet with other parents to discuss common concerns such as sleep, feeding, adjusting to parenthood, infant development and more. Spend time enjoying music, playing, and bonding with your child. **Parents and children will stay together the entire class.** You are welcome to join an infant class at any time during the session or during your maternity leave as space allows. Sibling care is provided for \$20/child/session. Registration required. ECFE Room 114 Ages as of January 1, 2023

ECWSo1 o-14 months Mon. Jan. 9-May 8 (No class Jan. 16, Feb. 20, March 6, April 10) 10:45-12:15 pm \$35.00 ECWSo2 o-14 months Wed. Jan. 11-May 10 (No class March 8, April 12) 10:45-12:15 pm \$35.00

#### Terrific Toddlers

A whole new world begins once your child becomes mobile--a toddling little bundle of energy just looking to touch, taste, and test out the world and you! Spend time enjoying music, movement, and lots of exploratory activities with your child. During the parent discussion, we'll share ideas for separation anxiety, setting limits, safety, and other joys and concerns of parenthood. Toddler classes will gradually separate based on age and development of children. Join us for this special time with your busy toddler. Class fees can be found on page 7. Sibling care is available. Registration required. ECFE Room 114

Ages as of January 1, 2023



ECWS10	14-22 months	Tue. Jan. 10-May 9 (No class Mar. 7, Apr. 11)	8:45-10:15 am
ECWS11	14-22 months	Wed. Jan. 11-May 10 (No class Mar. 8, Apr. 12)	8:45-10:15 am
ECWS <sub>12</sub>	22-28 months	Mon. Jan. 9-May 8 (No class Jan. 16, Feb. 20 Ma	8:45-10:15 am ar. 6. Apr. 10)

# ECFE Mixed Age Evenings and Fridays

# Pop-in and Play 1-5 years

If you are not quite ready for the commitment of a class or would just like something extra during the week, come join us at Pop-in and Play! This will be self-guided exploration and play with an ECFE teacher present for conversation and answering questions. Come at the beginning and stay until the end or pop-in and out when it's convenient for you. Sensory and art experiences will vary each week. Parents and children can make social connections in a casual, fun setting. No pre-registration is necessary. ECFE Room 108

PPWSo2 1-5 years Mon. Jan. 23, Feb. 27, March 20, April 24 6:00-7:30 pm

PPWSo3 1-5 years Fri. Jan. 13 & 20, Feb. 17, April 21, May 5, 19 & 26 9:00-10:30 am

\$5.00/child/class (children under 1 year are free)

# ECFE 29 months - 5 years

Check out the next page for more class options!

#### A Typical ECFE Class includes:

- Parent/Child Time Parents and children explore age-appropriate activities designed to enhance learning. Parents gain new ideas for things to do together at home with their children. This time includes a group "Circle Time" of songs and games.
- Parent Education Licensed parent educators provide resources and guide group discussions about child development, parenting techniques and current issues concerning today's families.
- Children's Classroom During parent discussion, children play in a stimulating and caring environment with licensed early childhood teachers. They enjoy music, stories, group games and creative play as they interact with other children their age. Registration Required. ECFE Room 108 Ages as of January 1, 2023
- Sibling Care Quality childcare is available to provide a safe, caring and fun atmosphere for siblings not enrolled in daytime classes.



#### Discovery Time

ECWS<sub>20</sub> 29 mo-3 years/Room 108 (Ms. Vanessa) Mon. Jan. 9-May 8 8:30-10:30 am (No class Jan. 16, Feb. 20, March 6, April 10) ECWS<sub>21</sub> 29 mo-3 years/Room 114 (Ms. Heather) Thur. Jan. 12-May 11 8:30-10:30 am (No class Mar. 9, Apr. 13)

#### Discovery Extended

This is a typical ECFE class designed for 2-5 year old children and their families. It will include the option to be in the classroom or on the playground during parent/child time. ECFE Room 108

Tue. Jan. 10-May 9 (No class Mar. 7, Apr. 11) ECWS22 29 mo-5 years 11:00-1:00 pm

#### Coming Back for More

Are you returning to ECFE as a second, third or fourth time parent? This class is designed for parents with multiple-age children. Topics will focus on information and support to parent all of your children. ECFE Room 108

ECWS23 29 mo-5 years Wed. Jan. 11-May 10 (No class Mar. 8, Apr. 12) 8:30-10:30 am

ECWS24 29 mo-5 years Thur. Jan. 12-May 11 (No class Mar. 9, Apr. 13) 11:00-1:00 pm

#### ECFE Class Fee Schedule

Use the table below to determine your fee category for classes. Choose the category based on your annual gross income. The information you provide will be treated confidentially. All families are welcome at ECFE.

No one will be denied participation due to inability to pay fees.

ı		1.5 hour classes	2 hour classes
ı	<u>Annual Income</u>	Sliding Fee Scale	Sliding Fee Scale
	1. under \$35,000	Waived fees, call	442-0664 to register
	2. \$35,000-\$49,999	\$72.00	\$96.00
ı	3. \$50,000-\$74,999	\$112.00	\$144.00
ı	4. \$75,000-\$99,999	\$152.00	\$200.00
ı	5. \$100,000-above	\$192.00	\$256.00
1			

#### ECFE Sibling Care Fee

1.5 hour classes 2 hour classes Level 2-3 \$64/child Level 2-3 \$80/child \$96/child Level 4-5 \$112/child Level 4-5

Registration begins Tuesday, Dec. 6 at 8:00 am Register online or use the ECFE registration form found on page 13.

# ECFE 33 months - 5 year olds

#### ECFE Bridge to Preschool

A unique blend of parent-child time and peer group interaction offering an introductory preschool experience. Families registered for fall session will be given priority registration for winter/spring session. We are offering two sessions, Monday/Wednesday and Tuesday/Thursday.



**Monday/Tuesday is Parent-Child Day:** On this day parents must attend with their child. The first hour is an opportunity for play, modeling social interactions, and participating in your child's learning. The second hour we separate for a fun, educational parent discussion around supporting development. Sibling care is available for this day each week.

Wednesday/Thursday is Child-Only Day: The second day each week is a drop off day where your child will interact with peers, led by a licensed early childhood teacher and an assistant. An introduction to basic skills, along with music, a story and gym/outdoor time are included each day. Children will follow a typical preschool schedule and learn basic routines and expectations in preparation for preschool. Children working towards toilet training are welcomed to attend. Parents must send a nut free bag lunch to eat during the Monday/Wednesday class. The Tuesday/Thursday class will need to bring a nut free snack.

Child must be 33 months by January 1, 2023. Class fees are payable in two equal payments. ECFE Room 108.

Payment 1 class fee due at registration--Waive/\$88/\$128/\$180/\$232 Sibling care fee--\$40/\$56

Payment 2 class fee will be processed on March 1--Waive/\$88/\$128/\$180/\$232 Sibling care fee--\$40/\$56

ECWS27 33 mo-5 years Mon. & Wed. Jan. 9-May 10 (No class Jan. 16, Feb. 20, Mar. 6 & 8, Apr. 10 & 12) 11:00-1:00 pm

(Monday is Parent Day / Wednesday is Child Only Day)

ECWS28 33 mo-5 years Tue. & Thur. Jan. 10-May 11 (No class March 7 & 9, April 11 & 13) 8:30-10:30 am

(Tuesday is Parent Day / Thursday is Child Only Day)

#### Help Me Grow MN

Some children need extra help to learn and grow. Help Me Grow is a Minnesota state initiative that connects children with developmental delays and disabilities and their families to free, local early intervention services.



If you have a concern about a child's development, you can refer the child through Help Me Grow for a free screening or evaluation. Services are free to eligible children ages birth-5, regardless of income or immigrant status.

Help Me Grow's website, helpmegrowmn.org, offers valuable information to help parents and caregivers understand a child's development. Resources include developmental milestones, strategies to encourage development and information about referrals. To refer a child, visit helpmegrownmn.org or call 866-693-GROW (4769).

# Elementary Parent Offerings

#### Kindergarten Lunch and Learn is Back!

An offering for parents of Kindergarten age children. The Elementary Schools of District 110 invite you to have lunch with your Kindergarten child and learn with us!

Join your child for a school lunch or bring your own. When children join their friends for recess you join other kindergarten parents for a supportive discussion about raising our children. Bring your parenting questions and your ideas to share. Discussion is facilitated by a Licensed Parent Educator. Each elementary building hosts this event 3 times per year; join us once or throughout the year.

Registration is FREE through Early Childhood Family Education/School Age Offerings. Sibling care provided \$6.00/child. Registration Required. School lunch is an extra cost for adults who choose this option. Lunch costs will be added to the students lunch account.

#### **SAVETHE DATES**

ECKLL40 Friday, Jan. 6 - Bayview ECKLL50 Friday, Jan. 20 - Southview ECKLL60 Friday, Jan. 27 - Laketown	10:50 am - 12:10 pm 11:25 am - 12:45 pm 11:15 am - 12:35 pm	Setting Expectations and Helping Children Build the Skills Needed to Meet Them
ECKLL70 Friday, March 17 - Bayview ECKLL80 Friday, March 24 - Laketown	10:50 am - 12:10 pm 11:15 am - 12:35 pm	Executive Functioning and Cognitive Growth Supporting our Children's Development
ECKLL90 Friday, March 31 - Southview	11:15 am - 12:35 pm	, , ,

#### Next Steps Kindergarten - 3rd Grade



The elementary years are an exciting time for parents and children alike. Trying new opportunities, learning, exploring, and going through changes. We get to applaud their accomplishments and help them work through frustrations or disappointments.

Growth like success is not a direct path. There will be starts and stops, challenges and successes. Join other parents from our community to celebrate, problem solve and learn how to support our elementary aged children. Discussions are facilitated by a licensed Parent Educator. This is a fun time to focus on how we want to raise our children.

We meet 1.5 hours every other week. Childcare is available for younger siblings who are not in school so that parents can focus without distraction. Topics are selected by group request. Popular topics have been: problem solving daily life, teaching skills of independence, friendships and social conflicts, bullying, and teaching children to be organized.

ECE20 Thursdays, Jan 5 & 19, Feb. 2 & 16, March 2, 16 & 30, April 6 & 20, May 4 \$70.00/adult \$60.00/child/childcare Early Childhood Family Center Room 103

8:45-10:15 am Registration Required

Please register for these classes online at www.waconiacommunityed.org (go to Community Ed - Registration -Online Registration - Browse Catalog - Early Childhood Family Education - School Age Offerings).

unch

# Parent Support

#### One on One Parent Coaching

Do you have parenting questions or need resources? Maybe you want to develop some specific strategies for parenting your child and need some support. This is a wonderful opportunity for parents to meet with a licensed parent educator either in person or virtually to gain insight, strategies and support, while becoming the best version of yourself as parents. Fill out the linked form and one of our friendly, knowledgeable parent educators will be in touch to set up a meeting. Each session is up to one hour in length. Parent Coaching Form

Cost: Free to Parents enrolled at ISD110 ECFE and Waconia Wildcat Preschool. No registration required

\$20 a session for other community members. Registration and payment is required before the meeting is set up. Register online at ECFE Parent Only Classes Class Code: EC40

What a great deal for some professional coaching!

#### Parents Helping Parents

We welcome you to join us for Parents Helping Parents group meeting with your children. Come share your challenges and successes of parenting in a friendly, supportive environment for you and your children. Monthly groups provide opportunities for you to exchange ideas, connect with other parents, learn that you are not alone in this journey and to talk about your feelings in a safe and supportive environment.

Parents Helping Parents offers a children's program as well. Parents and children begin the time together in the children's room, then separate from each other allowing parents to talk with other parents while their children play, learn and have snack. The children are cared for by professionally trained teachers in a safe, nurturing and educational environment.

Dinner will be provided

Tuesdays, Jan. 24, Feb. 28, March 28 & April 25 Early Childhood Family Center 5:30-7:00 pm FREE for Parents & free childcare provided Call 952-442-0664 for more information

# ECFE Special Events

(Special events include 5 year olds who are not in Kindergarten)

### Power-of-Play

(18 months-5 years)

Create a special play-based ECFE experience to try at home. Connect with your child and encourage their development with fun themed activity bags. Included in the bags will be tools and strategies to support early learning from a licensed Parent Educator. Registration will close 1 week before bags are ready to be picked up. Bags can be picked up at the Early Childhood Center.

	The week of Jan. 30 The week of Feb. 27	Dino Exploration Adventure Awaits Under the Sea
	The week of March 27	Rainbow of Fun
ECSP13	The week of April 24	Loose Parts II
ECSP14	The week of May 8	O-Fish-ally Summer

\$10.00/pack Registration Required

#### Sweetheart Dance

(o-5 years)

Find your dancing shoes and join us for this special event with your little sweetheart. Fun dance tunes with a DJ, a photo booth and cookie decorating will be part of this special evening.

This event is reserved for children between the ages of o-5 years and their special adults. All children attending must be registered.

ECSP<sub>15</sub> Thursday, Feb. 9 6:00-7:30 pm \$5.00/child (Children under 1 year of age are free)

Laketown Elementary Cafeteria

Registration Required



# ECFE Special Events

(Special events include 5 year olds who are not in Kindergarten)

#### Build a Wooden Treasure Chest

(2 1/2-5 years)

Children love treasure chests and making their very own is sure to be a memory that lasts forever! A super cool wooden treasure chest building kit will be provided for families to assemble, paint and decorate here at school. Make sure to bring a hammer.

ECSP16 Thursday, March 23 5:00-6:00 pm ECSP<sub>17</sub> Thursday, March <sub>23</sub> 6:30-7:30 pm

> \$15.00/kit Early Childhood Center

Registration Required Room 108

#### End-of-Year Picnic

Bring the whole family to celebrate a year filled with learning, friendship and so much fun! All participants in ISD 110 Early Childhood Programs (Waconia Wildcat Preschool and Early Childhood Family Educa-



tion) are invited to a picnic. Please bring your own picnic food and a blanket or chairs to sit on while enjoying one last fun filled event for the 2022-2023 school year. Come enjoy the playground and a special treat! In the case of inclement weather, this event will be cancelled.

ECSP<sub>19</sub> Tuesday, May 9 5:30-7:00 pm FREE - registration not required

Southview Elementary Playground

#### Grandparents' Day

(2-5 years)

Bring Grandma or Grandpa (or both!) and join us for activities, crafts, a special snack and a teacher led circle time with songs and stories. Enjoy this special time together!

ECSP<sub>22</sub> Friday, May 26 11:00-12:00 pm

\$5.00/child Early Childhood Center

Registration Required Room 108

#### Wild about Wheels

The whole family is invited to meet us at the Laketown Elementary parking lot for an up close look at the vehicles we see at work in our community. Imagine a fire engine, school bus, street sweeper and more. You will be able to explore the vehicles, learn safety tips from our various community helpers and learn what each vehicle is used for. Get dinner from the food truck and enjoy the evening with friends and family! In case of inclement weather, this event will be cancelled.

ECSP<sub>1</sub>8 Tuesday, April 25 5:30-7:30 pm FREE - registration not required Laketown Elementary Parking Lot



#### Create a Fairy Garden

(2 1/2-5 years)

Fairy gardens are such a whimsical addition to your outdoor space! They spark imagination, creativity and responsibility. The idea of a fairy garden is to add small plants, structures and flowers to create a magical place for fairies to bring good luck to your home. During this event we will create a container fairy garden, listen to a story and have a magical snack. Weather permitting this will be held at our outdoor playground. Sibling care is available during daytime classes.

ECSP20 Thursday, May 18 9:00-10:00 am ECSP21 Thursday, May 18 6:00-7:00 pm

> Early Childhood Center \$15.00/child

\$5.00/child/sibling care **Room 108** 

Registration Required

#### Registration begins

Tuesday, Dec. 6 at 8:00 am

Register online or use the ECFE registration form found on page 13.

# Early Childhood Screening

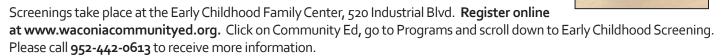
#### Is your child 3 years old?

The early childhood years are an important time of rapid learning and growth. Early Childhood Screening is a **FREE** service offered by District 110 that will check a child's overall development and health. Children are screened by a licensed early childhood teacher

and a school nurse. Results of the screening help identify any learning or health concerns that may require attention before a child enters kindergarten. In Minnesota all children are required to complete Early Childhood Screening before kindergarten entrance, however, it is not a test for kindergarten. The preferred age to screen is between the ages of 3 and 4 years old.

#### Early Childhood Screening includes:

- \* A look at your child's development
- \* Vision and hearing checks
- \* Height and weight measurements
- \* Immunization and health history review





Frida	ys 8:00-1:15	pm	Tuesday 12:00-5:00 pm	Thursdays 2	:30-5:00 pm
Jan. 6	Feb. 24	April 28	May 16	Jan. 26	April 27
Jan. 27	March 17	May 12		Feb. 23	May 11
Feb. 10	March 31			March 30	

If your child has been screened by another school district, Early Childhood Special Education or Headstart, your child does not need to be screened again, but a summary copy must be on file with the current school district your child will be attending. Contact the ECS office at 952-442-0613 for information on how to have screening records forwarded to the school district.

### Early Childhood Family Center **Winter/Spring 2023** classes at a glance **January 9-May 11**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
8:30-10:30 am 29 mo-3 years  8:45-10:15 am 22-28 months  10:45-12:15 pm 0-14 months  11:00-1:00 pm Bridge Parent Day 33 mo-5 years  6:00-7:30 pm Pop-In & Play 1-5 years	8:30-10:30 am Bridge Parent Day 33 mo-5 years  8:45-10:15 am 14-22 months  11:00-1:00 pm 29 mo-5 years	8:30-10:30 am 29 mo-5 years  8:45-10:15 am 14-22 months  10:45-12:00 pm 0-14 months  11:00-1:00 pm Bridge Child Only 33 mo-5 years	8:30-10:30 am 29 mo-3 years 8:30-10:30 am Bridge Child Only 33 mo-5 years 11:00-1:00 pm 29 mo-5 years	9:00-10:30 am Pop-in & Play 1-5 years	



# ECFE Registration

#### 4 Easy Ways to Register:

- 1. Online Register online at www.waconiacommunityed.org
- 2. Mail Registration form and payment to:

District 110 ECFE 520 Industrial Blvd. Waconia, MN 55387

- 3. Drop off Registration form and payment at:
  - ECFE Office 520 Industrial Blvd.
  - Community Education Office 516 Industrial Blvd.
  - 24-hour Drop Box located outside Bayview & Southview
- 4. Fax Registration form with credit card number, expiration date and signature to: 952-442-0619

Unless the fee is stated, use the sliding fee scale on page 7 to determine class fee. Make checks payable to Dist. 110 Community Education. We accept Visa, MasterCard, Discover and AmExpress. Registration begins on Tuesday, Dec. 6 at 8:00 am

Questions? Call 952-442-0613

#### REGISTRATION POLICIES

- The online shopping cart will be available on Tuesday, Dec. 6 at 8:00 am. If you are new to ECFE or Community Ed, create an account at waconiacommunityed.org. Click on Community Ed at the top of the page then go to Registration. You will receive an e-mail confirming your registration.
- ECFE will waive one class fee for income-eligible families per session. Please call 952-442-0664 to register. Fees for special events will not be waived.
- Refund Policy A full refund is issued for cancellations before the session begins, minus a \$10.00 processing fee. After the first week, refunds are prorated. There are no refunds midway through a session or for missed class days. Special Event refunds will only be given with a 5-day advance notice.









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	<b>ECFE WII</b>	NTER/SPRIN	IG REGIS	TRATION 20	23	
PARENT NAME:			HOM	IE PHONE:		
ADDRESS:						
SCHOOL DISTRICT: _		E-MAIL:				
		FAMILY	CLASSES			
CLASS NUMBER	DAY/TIME	CHILD NAME IN CLASS	DATE OF BIRTH	CHILD NAME SIBLING CARE	DATE OF BIRTH	CLASS FEE
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EVENT - NUMBER &	TITLE	PARENT(S) ATT	ENDING	CHILDREN'S NA	ME EV	ENT FEE
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Payment: Cash Check # Waived Fee Date Rec'd TOTAL FEE						
Credit Card # Credit Card (Visa, MC, Discover, AE)						
Signature	Signature Expiration Date					

#### COMMUNITY RESOURCES

Arc-Hennepin/Carver Development Disabilities	952-920-0855
Carver County Public Health Services	952-361-1329
Carver County Social Services	952-361-1600
Child Care Aware of MN	952-402-9824
Crisis Nursery Temporary childcare during a crisis	612-839-5101
Dist. 110 Special Education Services Information on 3-5 yr overall growth and dev	952-442-0637 Velopment
ECFE Home Visit  Discussions may include care of newborns, a for young children, child development, parel community resources.	
Early Childhood Screening Required health and developmental screenir 3-4 year old children prior to kindergarten en Go to www.isd110.org/community-ed/progran appointment	trance.
First Street Center Offers a comprehensive range of mental hea	952-442-4437 alth services
Head Start/CAPP Agency	952-496-2125
Help Me Grow - Early Intervention Information on Birth-3 yr overall growth and	952-567-8210 I development
LaLeche League Support for breastfeeding	952-472-6493
Library - call for storytimes  • Waconia  • St. Bonifacius	952-442-4714 952-446-1418
Macaroni Kid Carver County http://carver.macaronikid.com	952-201-0429
MN Sure  Health Insurance for income eligible families	952-361-1600
Ridgeview Medical Center Education - Breastfeeding, sibling preparation Birthing Center Pediatrics Pediatric Rehab Services	952-442-2191 on
Sexual Violence Center 24-hour helpline	952-448-5425
Southern Valley Alliance for Battered Women	<b>952-</b> 873-4214
Waconia United Food Shelf	952-442-3878
WIC Free nutrition program for women, infants a at East Creek Family Center, Chaska	952-496-2125 nd children

#### **Early Childhood Family Education Staff**

Tiffany Nelson, Community Education Director Sara Linsley, Early Childhood Supervisor Brenda Buesgens, Administrative Assistant

<b>ECFE Teachers</b>	<b>ECFE Teacher Assistants</b>
Heather Carlson - EC	Amie Hunt
Lauren McQuillan - PE	Alicia Piotter
Christine Pedretti - PE	Karen Whalen
Vanessa Schultz - EC	
Preschool Teachers	Preschool Assistants
Lindsay Hackman	Andrea Mathwig
Laura Jaede	Trisha Molinari
Jenny Jensen	Melissa Rabe
Mary Weber	MegumiThompson

#### **Early Childhood Advisory Council**

This is a group of parents and staff that meet monthly during the school year to support, advise, and take action on behalf of Waconia Early Childhood Programs. This may include such things as planning events, fundraising or teacher appreciation. Free childcare is offered during the meetings.

Kara Anderson	Lynn Irrgang	Tiffany Nelson
Brianna Ballard	Sara Linsley	Rachelle Schaust
Erin Foss-Beerling	Lisa Melsha	Stephanie Schnedler

# Is your family included on the School District Census?

Has there been a birth in your family? Have you recently moved into the area? Is there a new family in your neighborhood? District 110 wants all families to know about the programs and activities that are offered.

Being on the School District Census insures that you will automatically receive information about Early Childhood Screening, preschool and kindergarten.

To be added to the census, please call the School District Census Office at 952-442-0607.

#### HASYOUR CHILD HAD IMMUNIZATIONS?

Minnesota law requires that all children attending District 110 Early Childhood classes have their immunizations up to date. Proof of immunization must be presented. If you need information on low cost or free immunizations for your child, call Carver County Public Health Services at 952-361-1329.

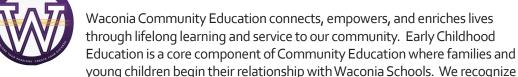
#### WEATHER EMERGENCY POLICY

When District 110 K-12 classes are cancelled due to inclement weather, all Early Childhood classes/events are also cancelled. If there is a late start, the 8:30 and 8:45 am classes will not be held, but the classes later in the day will be in session. District Weather Line 952-442-0640.

# Early Childhood Preschool Program



#### Welcome to District 110 Waconia Wildcat Preschool



that every student has unique needs. It is our goal to offer the best learning environment for your child. Academic and support specialists collaborate with classroom teachers to deliver classroom instruction. This collaboration is designed to support each child who comes through our door to reach his/her full potential.

Waconia Wildcat Preschool provides innovative classrooms where creativity and imagination flourish. Our inclusive program helps all children discover a joy of learning. Your child will be immersed in a stimulating environment that encourages physical, intellectual, and emotional

development through play based investigation, purposeful questioning and exploration for deep learning and a seamless transition to kindergarten.



Waconia Wildcat Preschool is an ISD 110 program. We work closely with Early Childhood Special Education and kindergarten teachers to foster a successful transition from preschool to kindergarten. Call 952-442-0613 with questions or go to our website for more detailed information about each session.

#### Goals of District 110 Preschool

At ISD110, our mission is to allow students to explore their passions and create success. In early childhood we give children a high quality preschool experience in partnership with parents. We strive to educate, collaborate, challenge, empower and support families, nurture development and treat all with respect.

#### We believe:

- Parents are children's first and most important teachers
- Licensed teachers nurture and provide structure to support young learners and parents
- Research based curriculum embedded with standardized goals will provide learning to ensure kindergarten
- Classroom environments should be carefully designed to support developmentally appropriate exploration for preschool children
- Play opens the world of learning for the preschool child

#### We are a Pyramid Model School and Parent Aware Certified



#### Calling all cubs who want to be a wildcat in 2023-2024!

Waconia Wildcat Preschool offers 2, 3, 4 and 5 day a week class options for children who are ages 3-5 years of age as of Sept. 1. Join us for an Open House on Tuesday, Feb. 21 at 6 pm. Registration for NEW families begins online Tuesday, March 21. CURRENT families who will be

returning for another year of preschool can register online Tue. Feb. 21 - Fri. March 3. More preschool registration information will be shared in February.



#### Current 2022-23 Wildcat Preschool Families

Would you like to get to know other parents who have preschool age children? Wildcat Preschool parents are invited to our preschool connection opportunities. Family Connection Nights are offered on Monday evenings and Parent Connection Days are offered on Wednesdays. FREE Childcare is offered for the daytime class only. Childcare is \$6.00 per class/child. Come for one class or come to as many that fits your schedule.

Family Connection - Mondays 6:00-7:30 pm Jan. 9, Feb. 13, March 13, May 8

Parent Connection - Wednesdays 12:15-1:45 pm Jan. 11, Feb. 15, March 15, May 10

FREE - Registration Required

Register under District 110 Preschool Programs

#### SafeKids 101

Preparing Kids to Stay Safe at Home and in the Community! Does your child ages 8 - 12 want to stay home alone after school? Get your children trained with SafeKids 101 and both of you will feel more confident about their safety at home and in the community. This program is full of important safety principles. This program teaches what all parents want their children to know about safety! Topics include: Staying home alone, answering the door or the telephone, basic First Aid; burns, wounds & bandaging, poisonings, and choking emergencies, storm and fire emergency training, dog emergencies... Four steps to staying safe, stranger danger...straight talk with honest answers, fun, safe activities to do while home alone, create fun, healthy safe snacks! (Please indicate any food allergies!)

W-100: Fri, Feb.3 (non school day) 11:30pm-1:30pm Waconia Comm Ed Office Conference Room A

W-101: Wednesday, May 24 2:40pm-4:40pm Bayview Media Center

Ages 8-12 Fee: \$38

Shelly Nahan RN, PHN Min: 4 / Max: 20

Register By: January 27 / May 17



#### **Babysitters Training**

When you get your students certified with Babysitting 101, you'll know they've been trained by the best! It gives 11 year olds and older everything they need to know, from getting started, to dealing with parents and children, to key safety, caregiving, and first aid tips. Course highlights include: Fundamental information about Babysitting and creating your business, Leadership: You're in charge, but not the parent and conflict resolution, Basic Caregiving Skills: Feeding, Diapering, Holding, Safe sleep practices, Play Time: Keeping children entertained and active safely, Safety and Injury Prevention: Telephone safety, SIDs awareness, Environmental, weather and preventable hazards, First Aid and CPR: Recognizing an emergency, Caring for an ill or injured victim, wounds and burn care, Choking and CPR. Please pack pen, paper, snacks and beverages. Guide book included! Must be 11 years of age at start of class!

W-102: Friday, February 3 (non school day)
Waconia Comm Ed Office Conference Room A
Ages 11+ 8:00am-11:15am
Fee: \$54 Shelly Nahan RN, PHN
Minimum: 4 / Maximum: 20 Register By: Janaury 27



#### **Instructors Wanted!**

We are seeking new classes and camps! If you have the skill set to coach or teach a class or camp please email Holly Wortz at hwortz@isd110.org with your proposal.

#### Parent & Child-Valentine's Day Create Night with Kidcreate Studio

Come create a colorful heart masterpiece inspired by master artist Jackson Pollock! We'll splatter, dribble, dab and repeat until we've created the most unique Valentine's Day décor you've ever seen. Although these canvas hearts are perfect for Valentine's Day, you're free to leave these masterpieces on the mantle all year long! Each parent and child will create their own masterpiece on a real canvas board. If a second child would like to attend please add \$20.

W-103: Monday, February 13 W-104: Tuesday, February 14



Ages 5+ Kidcreate Min: 8 / Max 10 pairs

6:3opm-8:oopm Laketown Art Room Fee: \$45 per pair

Register By: February 6



#### Encanto with Kidcreate Studio

Can't stop singing We Don't Talk About Bruno?? We can't either!! Come join Mirabel, Isabella, Antonio and the restof the Madrigals as we create magical projects inspired by the hit Disney movie Encanto. We'll use glitter, clay,paint and more as we create clay butterflies, magical bedroom doors, Colombian rainforest creatures, and so much more. This is your chance to be part of the Family Madrigal!

Tues, Feb 7, 14, 21 & 28 W-106: 2:40pm-3:40pm W-105: 4:00pm-5:00pm W-107: 5:15pm-6:15pm

Ages 5-12 Bayview Commons E-101

Fee: \$71

Kidcreate

Min: 10 / Max: 20

Register By: January 31

# Drawing as Easy as 1, 2, 3! with Kidcreate Studio

With this class, you'll learn drawing really is as easy as 1, 2, 3! If you can write an ordinary number, you can turn it into an extraordinary drawing by following our simple step-by-step processes. From zany zebras, cute puppies to a giant cactus and everything in between, you won't believe what you can create from an ordinary number. (Though we'll borrow some numbers, no actual math is required for this artsy good time!)

Thursdays, February 9, 16, 23 & March 2

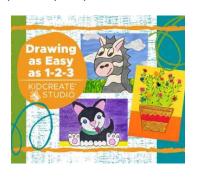
W-108: 2:40pm-3:40pm (you may stay after school)

W-109: 4:00pm-5:00pm W-110: 5:15pm-6:15pm

Ages 5-12 Kidcreate Bayview D-109 Min: 10 / Max: 20

Fee: \$71

Register By: February 2







#### Art Extravaganza

Want to do something fun on your day off school? Join us for an art extravaganza and we'll warm up winter with lots of colorful creations. We'll paint a loon on canvas board, sculpt a crazy clay cat and try your hand at weaving a colorful cup to hold all of your pencils and pens. We'll explore lots of medium and art techniques to create some amazing art. Bring a beverage and nut-free snack.

W-111: Friday, February 3

Grades K-5

Waconia Community Ed Office

Min: 7 / Max 20

Register By: January 27

9:30am-12pm Abrakadoodle Art Room CS-118 Fee: \$44



#### Party Crashers RC Racing Event

Interested in RC Cars? Want to try racing them on a track? Then come join us as we explore what makes them work and get to try them out. Participants will leave with a better understanding and get some time testing out their driving skills on a few different types of RC Cars. Participants can use the RC Cars provided or their own on approval.

Monday, March 27 W-112: 6:00pm-7:10pm W-112.5: 7:20pm-8:30pm Kindergarten-8th Bayview Gym

Fee: \$23

Party Crashers RC Racing

Min 10 / Max 12 Register By: March 20



#### Drivers Education Behind the Wheel

Participants who have successfully completed classroom training sessions are eligible for 6 hours of behind the wheel training. This is an opportunity for students to receive additional driving experience with a certified driving instructor.

To register for Behind the Wheel Training, the registration form should be submitted, in person, along with payment, parent signature and the letter verifying completion of the 30 hours of classroom instruction at the Community Ed office. The blue card will then be issued. Students will need this card in order to complete a computerized permit test at the DMV. The date of their 16th birthday, along with the date of registration, will determine their priority on the waiting list.

We encourage students to register early. Please do not schedule your driver's test before you start your 6 hours of Behind the Wheel. If you are participating in an after school activity, please be aware that this limits your scheduling availability with the instructors.

Fee: \$348

Payment Options:

- 1. The entire fee paid at the time of registration.
- 2. \$174 at the time of registration and \$174 prior to your last Behind the Wheel lesson.



#### Chess Club

Whether you have never played chess and want to learn the basics or it you have played some and want to improve your skills, Waconia Chess Club is a fun, learning experience. Research shows that kids who play chess often see increases in scholastic performance, especially in math and reading. Best of all, kids love it! Students will learn: value of pieces, the difference between check, check mate, and stalemate; basic checkmate patterns, opening principles and general strategic concepts. There will be instruction given, but also open play time where kids can try out their own strategies - plus a tournament with trophies and medals. Chess sets will be provided; kids do not need to bring their own. Pat has been teaching chess for 2 decades, including 16 in Waconia, was voted SCA chess coach of the year and coached Eden Prairie High School to the Minnesota State Scholastic Championship.

W-113: Tuesdays- April 4, 11, 18, 25, May 2, 9 & 16

Waconia Middle School Media Center

6:30pm-7:45pm Grades K-12

Minimum: 16 / Maximum: 30

Fee: \$64 Pat Lavone

Register By: March 28

#### Beyond the Queen's Gambit Half Day Waconia December Chess Camp

Did you know that playing chess can help strengthen a student's memory, increases a child's decision making skills, and help instill an understanding of actions and consequences? Kids who play chess regularly see increases in math skills as well as reading comprehension. Plus – it's fun – kids love it! Pat has been teaching chess for over 23 years, including more than 15 in Waconia. Chess camp will consist of lectures/lessons, chess puzzles, practice games, tournament games, blitz chess (speed chess), chess variations and a look at chess history. Campers will learn basic tactics, strategies and concepts. Chess sets and other materials will be provided. There will also be time for some physical activity as well. Camp will conclude with a tournament and the awarding of trophies and medals.

W-114: December 27 & 28

1:00pm-4:30pm

WHS Group Space C107

Pat LaVone Fee: \$79

Min: 10 / Max: 28

Register By: December 16



#### Kids' Fun Night Out (Parents Night Out!)

Do your kids ages 3-12 want a fun place to go when you are out for a Friday evening? Drop your kids off at Laketown Elementary School gym on Friday night! We'll have free time in the gym(or on the playground April-Aug) to begin, then break for a snack and finish with a projected movie. Please pack a snack and labeled water bottle. You may also want to bring a pillow, sleeping bag and pajamas for the movie. Children must be toilet trained to attend. Please note that once you register we are not able to transfer/refund/credit from that date without six business days' notice. This program is supervised by Community Education Staff, Holly Wortz. Please enter and exit door #5 at Laketown each night.

Friday Nights: 6:00pm-9:30pm

F-105: January 6 W-115: January 27 W-116: February 10 W-117: March 24 W-118: April 14 W-119: April 21

Minimum: 10 / Maximum: 40

Fee: \$14 per child per night and \$8 for each additional child per

family per night.

Register: One week prior to the date attending



#### 13th Annual Someone Special Dance!

Show her how special she really is! Anyone with a special girl is invited to spend a semi-formal evening full of dancing! This event is for girls ages 3 to 8th grade. Complimentary formal photos will be taken by Taylor Hubbard Studio of Photography and available to take home the night of the dance. This event has become so popular in Waconia that we have had to split it into two time slots! Each wave is limited to a certain number of participants so please register early. The dance will be held in the Southview Elementary School Gym. Please park in the main parking lot and enter the lower doors near the playgrounds Gaga ball pit.

Saturday, April 22, 2023 - W-120: Dance Wave 1 5:00pm-6:30pm (Arrive 4:30pm-5:00pm for photo) W-121: Dance Wave 2 6:45pm-8:15pm (Arrive 6:15pm-6:45pm for photo)

Registration for the Dance is \$30 per couple (\$5 for each additional daughter per family for the evening.) Register with Waconia Community Education on or before April 5th to attend the Dance. At the conclusion of the dance each person will receive cake! Pre-registration for this event is required.











#### ZAPPING the ACT Test

ACT Test Preparation. Provider: Doorway to College. ZAPS test-preparation seminars are carefully designed to help each student do his or her personal best on the ACT. Students who complete the ZAPS seminar—and practice our tips and strategies at home—typically raise their ACT scores by 2 to 4 points. In the five-hour ZAPS seminar, students will learn strategies for improving in all four subtests, take shortened practice tests that mirror the actual testing experience, and get suggestions for individualized study in the days leading up to the ACT test. Attendees receive a comprehensive Study Guide and 24 practice test workouts with detailed answer explanations. Students should bring a calculator and two pencils to the seminar.

W-122: Monday, March 13 & Tuesday, March 14

6:30pm-9:00pm

Waconia HS Media Center

Fee: \$105 ZAPS

Minimum 15 / Maximum 70

Register By: March 3





#### **TRINITY WACONIA**

**CHURCH & SCHOOL** 

Guiding each child to be all that God intended them to be.

601 E 2<sup>ND</sup> STREET, WACONIA | 952.442.4165 | TRINITYWACONIA.ORG Find us on Facebook & Instagram

#### Sewing basics for Kids

Want to learn to sew? This basic sewing class is designed for kids ages 9 and up! Week one you will learn how to operate a sewing machine, thread the needle, load the bobbin, adjust tension, change needles, and learn all the different functions of a sewing machine. You will learn to sew straight lines, turn, back stitch and how to adjust the settings on a machine. Week two is all about seams! Some of the seams we will cover in class are plain seams, French seam, flat felled seams and more. Week three is a buttonhole and zipper workshop, where you will learn how to install a zipper, and how to stitch a buttonhole with ease. Week four you will be working on finishing your class project. If you bring your own machine, please make sure it is in good working condition, has thread and bobbins and extra needles that are for your machine. If you are not sure how to operate your machine, please touch base with me, so I am able to review the manual before your child attends class. Please indicate at the time of registration if you can bring your own machine. Advanced classes are for kids who have already taken basic sewing and are interested in learning how to improve sewing skills. In this class students will use time to make a project using new skills learned. (Supply package \$25) This packet is mandatory, includes all supplies needed for class project. Please bring your payment on the first day of class.

#### Basics Class:

Thur, January 5, 12, 19 & 26 W-124: 4:3opm-6:oopm W-125: 6:oopm-7:3opm

#### Advanced Class:

Tue, January 3, 10, 17, & 24 W-126: 5:00 pm-6:30pm

Fee: \$140 Beverly Huggett Min 3 / Max 5 Waconia MS FACS Room F160 Register By: December 27



# District 110 Community Education Waconia • St. Bonifacius • New Germany • Minnetrista • Victoria



#### Dance Xcess!

Dance Xcess gives children the opportunity to experience the art and joy of dance. Instructor Kris Lamkin has been a dance instructor for 20 years. This dance program specializes in basic ballet technique and jazz. Dance Xcess is dedicated to providing a fun learning environment while experiencing the art of dance. This is a great way to give your child a taste of dance. Classes are Monday nights. Preschool 1 is for first year students (at least 3 years old by first class date please.) Preschool 2 is for second year students or 4's/5's. Black dance shoes are recommended and form fitting dance wear is encouraged. There will be a recital free to attend! More information will follow. There will be an additional costume fee of \$80 payable to the instructor.

 W-131: Preschool 1 (Age 3 & 4)
 5:30pm-6:00pm \$83

 W-132: Preschool 2 (Age 4 & 5)
 6:00pm-6:30pm \$83

 W-133: Grades K-2nd
 6:30pm-7:15pm \$124

 W-134: Grades 3th-6th
 7:15pm-8:00pm \$124

 W-135: Grades 7th-12th
 8:00pm-9:00pm \$165

January 9, (skip 16), \*23 *in music room*\*, 30, February 6, 13, (skip 20), 27, March (Skip 6), 13, 20, 27, April 3, (skip 10), 17, 24, May 1, 2, 8, 10 & 12

Dress Rehearsal: Wed., May 10th - Waconia MS Auditorium Recital: Friday, May 12th – Waconia MS Auditorium 7pm

Min Per Session: 2/ Max Per session: 15

Laketown Elementary School Cafeteria \*1/23 in LT Music room

Register By: December 16th \*May fill prior!

Instructor: Kris Lamkin









#### Waconia High School Gymnastics Day Camp | Saturday, December 17

Come experience a day of FUN with the Waconia High School Gymnastics Team! Coaches will encourage gymnast to work towards goals through a series of stations and drills set up at each event rotation. This camp is designed for all levels of experience! Rotate through multiple event stations throughout the day. Where we will work on improving skills or trying something new, with our Wildcat Gymnastics Team Coaches! Craft Activity: Picture Frames will be provided to decorate with puff paint and glitter for a craft break after lunch. Each participant will have a posed photo taken that will be available at the end of the day during pick up that can be put in the decorated frame!

What to wear: Leotard or tank top/shorts, anything tight fitting for spotting purposes, no jewelry. What to bring: Water bottle, packed lunch & grips (if you wear them)

At the time of registration please let us know if your participant is:

- 1. Beginner
- 2. Has had some gymnastics experience
- 3. Taking classes and what level

We will break into groups based on skill level. Assigned groups will be provided at check in, please arrive by 9:15am.

W-136: Saturday, December 17 10:00am-3:00pm

Girls Ages 5+ Fee: \$55

Waconia High School Gymnastics Facility (Enter D-Doors)

Register by: December 9



#### Firearms Safety Training

This course is open to all interested youth at least 11 years old at the start of the class date. This course includes all aspects of gun training, bow hunting, first aid and more. Minnesota Firearms Safety Certification will be issued upon successful completion of the course. A parent or guardian must attend the first class. This class is sponsored by the Carver County Sportmen's Club. Space is limited at 60 participants. Registration begins on Tuesday, January 26th at 7:30am in the Waconia Community Education office located at 516 Industrial Blvd. Parents/guardians MUST register in person, there is a specific DNR form that needs to be filled out and signed which cannot leave our office. Sorry, there are NO REFUNDS/CREDITS/Transfers once you register for this training.

W-137: March 14,17,21,24,28,31

Field day April 1st (alternate date April 8th)

6:30pm-8:30pm Bayview Cafeteria

Carver County Sportsmen Club

Fee: \$5 payable to Waconia Community Education at the time of registration. An additional payment of \$7.50 will be collected by the Minnesota DNR.



#### Tae-Kwon-Do Korean Karate - Ages 6+

Ages 6 & up! Students of all ranks and levels will learn self-defense techniques and the history of Tae-Kwon-Do. No prior experience is necessary. Beginning students on up to green belts should register for Level B. Green Belts on up should register for Level A. Classes will be held in the Bayview Cafeteria. Enter through the loading dock doors in back of Bayview, the door has a few steps leading into it and they face the football field. Please register BEFORE attending your first class.

January 23, 30, February 6, 13, 20 & 27 W-138: Level B (Beginners) 6:30pm - 7:30pm

W-139: Level A (Advanced) 7:35pm - 8:35pm

March 6, 13, 20, 27, April 3 & 10

W-140: Level B (Beginners) 6:30pm - 7:30pm W-141: Level A (Advanced) 7:35pm - 8:35pm

April 17, 24, May 1, 8, 15 & 22

W-142: Level B (Beginners) 6:30pm - 7:30pm W-143: Level A (Advanced) 7:35pm - 8:35pm

Register By: One week prior to start Fee: \$54

Bayview Cafeteria (enter loading dock doors)

Minimum: 6 / Maximum: 40

Linda Kroells Master / Tessa Kroells 3rd Degree Blackbelt

#### After School Recreation Games

Boys and girls! Join us after school as we get our energy out playing games in the gym such as battle ball, ships across the ocean, big base, parachute games like "shark attack" and other favorites! Bayview students may come to the gym after school, have a snack from 2:30-2:45pm and we'll begin games at 2:45pm. Students from other schools are encouraged to attend. If you would like to ride the bus over, please contact Koch Bus on what bus to ride. 952-442-3370.

W-144: Wednesdays, January 11, 18, 25 & February 1

2:30pm-4:00pm Grades K-5 Bayview Gym Min: 8 / Max: 20

Holly Wortz / CE Staff

Fee: \$30

Register By: January 4



#### Boys Lacrosse Winter Skills Camp

Coaches Darrin Schroeder and Jeff Platzke are offering a boys lacrosse camp for ages 10U to 14U. This camp will consist of high intensity skills and drills for athletes to continue their growth in lacrosse. Players must bring a lacrosse stick and wear either a lacrosse or hockey helmet. This is a great opportunity for your athlete to learn and excel in the sport of boys lacrosse. Required Equipment; helmet (Lacrosse/Hockey), gloves, shoulder pads, lacrosse stick, & tennis shoes.

### Session 1 - Sunday January 15, 22 (skip 29), February 5, 12, (skip 19), 26

W-400: 9:00am - 10:00am

(10U Players Born: January - August 2013/2014 and players born September - December 2012/2013)

W-401: 10:00am - 11:00am

(12U Players Born: January - August 2011/2012 and players born September - December 2010/2011)

W-402: 11:00am - 12:00pm

(14U Players born: January - August 2009/2010, and players born September - December 2008/2009

Coaches Darrin Shroeder and Jeff Platzke

Fee: \$100 WMS Gym

Min: 6 / Max:10 Register By: Jan 5

#### Session 2 - Sundays, April 2, 9, 16 and 23

W-403: 9:00am - 10:15am

(10U Players Born: January - August 2013/2014 and players born September - December 2012/2013

W-404: 10:30am - 11:45am

(12U Players Born: January - August 2011/2012 and players born September - December 2010/2011)

W-405: 12:00 pm - 1:15 pm

(14U Players born: January - August 2009/2010, and players born September - December 2008/2009)

Coaches Darrin Shroeder and Jeff Platzke

Fee: \$100 WMS Gym/WHS East Field 4

Min: 10 / Max: 20 Register By: March 13

# Youth Recreation & Enrichment

#### Amazing Athletes

Let's get active while learning new sports and skills! Develop your child's motor skills, hand-eye coordination, cardiovascular fitness and more through Amazing Athletes. In this course we will cover 10 sports: baseball, volleyball, lacrosse, football, basketball, soccer, golf, hockey, tennis and track and field. Each class encompasses two different developmental sports, muscle identification and nutrition lessons, using fun activities so they can build their skills, at their own pace, in a non-competitive atmosphere.

W-146: Tues., January 3, 10, 17, 24, 31 W-147: Tues., Feb. 21, 28, March (skip 7), 14, 21 & 28

6:15pm - 6:45pm Ages 3-5 (preschool) Southview Green Gym

Fee: \$81

Register By: Dec 27 / Feb 14



#### Amazing Athletes Tots

Get moving with Amazing Athletes Tots! This discovery-based program is designed to get your toddler moving. Enjoy physical challenges and organized exploration activities that increase major motor development. Explore and learn 10 sports: baseball, volleyball, lacrosse, football, basketball, soccer, golf, hockey, tennis and track and field Each 30-minute class encompasses a developmental sport, muscle identification and nutrition lessons, using fun activities that highlight motor-development skill building. Parent participation is required.

W-149: Tues., January 3, 10, 17, 24, 31

W-150: Tues., February 21, 28, March (skip 7), 14, 21 &

28

5:3opm-6:oopm Ages 18m-2 years Southview Green Gym

Fee: \$81

Register By: Dec 27 / Feb 14



#### Introduction to Fly Fish Tying

A great opportunity to explore a lifetime hobby of fly tying. All you need to do is bring your sense of adventure! A great class for individuals, couples, parent/child, etc. We will be tying different fly patterns each date we meet covering multi species fish from bass to trout. Instructor Paul is a locally respected tyer and passionate to share is hobby with you. Paul's ready to help you catch the big one with your own custom flies! All tools and materials will be provided. Check out his many fly videos on youtube: pauljohnsonflytying

W-148: Mondays, January 23, 30, February 6 & 13 6:30pm-8:00pm Ages 12+ Waconia Middle School D-110 Fee: \$100 Min: 6 / Max: 10 Paul Johnson

Register By: January 17





#### Baseball Hitting Camp

Join Waconia High School and Legion baseball Coach Erik Olson for # hitting sessions. Coach Olson will draw from his experiences as a player and coach to teach about the 5 components that make up a good hitter: 1) Vision 2) Timing 3) Mechanics 4) Approach 5) Situational Hitting. Players will get swings while working with Coach Olson and some of the current Waconia High School players.

February 21, 22 & 23

W-151: Ages: 9 & 10 5:00pm - 6:00pm W-152: Ages: 11 & 12 6:15pm - 7:15pm W-153: Ages: 13 & 14 7:30pm - 8:30pm

Minimum 8 / Maximum 15

Erik Olson Fee: \$60

WHS Batting Cage -(In the Gymnastics Room) Register By: February 14



#### **Baseball Pitching Camp**

In baseball, pitching is arguably the most important part of the game. Join Waconia High School and Legion Coach Erik Olson for 3 pitching sessions. Coach Olson will draw from his experiences as a college pitcher at the University of St. Thomas, a high school baseball coach, and a youth baseball instructor to teach participants the proper pitching fundamentals, focusing on the mechanics, arm care, and mental side of pitching. Participants should bring their baseball fielder's glove and wear athletic clothing including gym shoes. \*9-10-year-old participants need to have their own capable catcher with them each Sunday. \*On 2/12 Super Bowl Sunday each session will start 1 hour sooner. 1pm, 2:15pm and 3:30pm

February 5, \*12\*, 19 & 26

W-154: Ages: 9 & 10 2:00pm-3:00pm W-155: Ages: 11 & 12 3:15pm - 4:15pm W-156: Ages: 13 & 14 4:30pm - 5:30pm

opm 5pm opm

Bayview Gym Min 8 / Max 20

Fee: \$75 Register By: January 27

#### Baseball Throwing/Fielding Camp

Join Waconia High School and Legion baseball Coach Erik Olson for 4 sessions of throwing/fielding practice. Coach Olson will draw from his experiences as a player and coach to teach proper throwing and fielding techniques as an infielder or an outfielder. Players will work with current Waconia High School players doing many of the same drills that players do

January 8, 15, 22, 29

W-157: Ages: 9 & 10 2:00pm - 3:00pm W-158: Ages: 11 & 12 3:15pm - 4:15pm W-159: Ages: 13 & 14 4:30pm - 5:30pm

Bayview Gym

Minimum 8 / Maximum 20

Fee: \$75

Register By: January 2



#### December Baseball Clinic

Coach Olson and former Waconia High School Baseball players will teach participants the proper fundamentals of hitting, fielding, and throwing. Participants should wear athletic clothing (including gym shoes) AND bring their glove, bat, and helmet.

December 27, 28, 29

W-160: 9/10 year olds 8:00am-9:30am W-161: 11/12 year olds 9:45am-11:15am W-162: 13/14 year olds 11:30am-1:00pm

WHS Field House Gym Courts 3 & 4

Fee: \$60

Minimum: 12 / Maximum: 30 Register By: December 16









#### Waconia Wildcats Sports Performance Middle School: Winter Session

Training HAUS sports performance training is the platform for athletic achievement. Our strength and conditioning team is committed to building a total athlete, while reducing the risk of injury through individualized evaluation and program design. Every athlete is challenged and empowered to identify, pursue, and achieve their personal goals. Questions: JoshAnderson@TrainingHAUS.com BENEFITS: Training Haus sports performance programs are so much more than weightlifting. Using dynamic exercises and drills, we cultivate performance qualities beyond foundational strength. The result is a more complete athlete with district competitive advantages that apply to any sport. TRAINING: Training HAUS coaches will provide the most cutting edge training methods and techniques available. Workouts are designed to build character and strengthen a team's core values. Training HAUS believes that a winning team foundation includes speed, strength, power, endurance, injury prevention, mental toughness, accountability and dedication. Training HAUS Team Training program utilizes sports specific training techniques and team-building methods to ensure teams maximize their full team athletic potential.

W-163: Strength/Weight Room | 7:00am -7:45am Tue/Thurs, January 17, 19, 24, 26, 31, February, 2, 7, 9, 14, 16, 21, 23, 28, March 2, (skip 7, 9), 14, 16, 21, 23, 28, 30, April 4, 6, 11, 13, 18, 20, 25, 27, May 2, 4, 9, 11, 16 & 18

Fee: \$255

W-164: Speed Training/ Gym | 7:00am-7:45am Mon, Jan. 23, 30, February 6, 13, (skip 20) 27, March (skip 6), 13, 20, 27, April 3, (skip 10), 17, 24, May 1, 8, 15

Fee: \$105

W-165: BOTH Strength/Speed

Sign up for both at the same time and SAVE \$55!

Fee: \$305

Grades 6th-8th Min: 10 / Max 30 WMS Weight Room / GYM Register By: Jan 10



#### **Umpiring Clinic**

Anyone 9th grade through adult interested in umpiring baseball/softball for Community Education this spring or summer must attend this clinic. This handson course will cover the basics and how to's of baseball and softball umpiring, as well as recommended techniques applicable to both new and experienced umpires. Registrations will be accepted at Community Education. Ball pouches, indicators and brushes can be purchased by request, please let staff know.

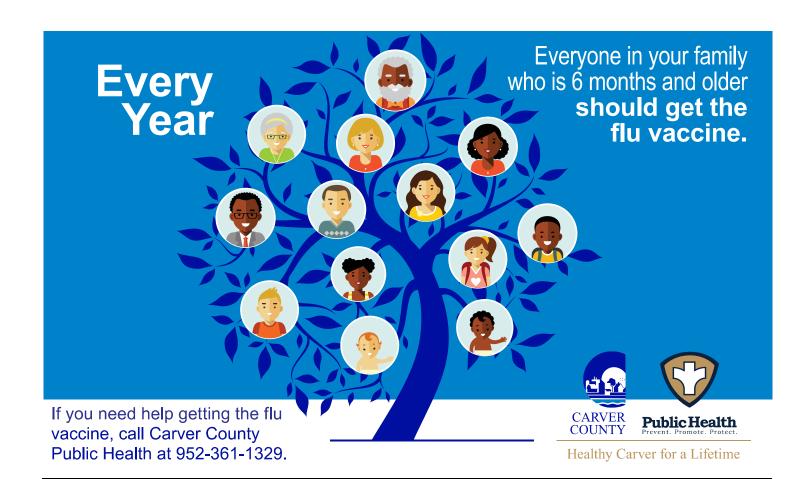
6:00pm-8:30pm

W-123 Sunday, March 19

Fee: \$12 Bill Koppi

Bayview Gym

Register By: March 13



#### Flag Football Skyhawks

Is the perfect introduction to "America's Game" or a great refresher for those who want to brush up on their skills preparing for league play. Through our "skill of the day" exercises, campers will learn skills on both sides of the ball including the core components of passing, catching, and deflagging or defensive positioning – all presented in a fun and positive environment. The week ends with the Skyhawks Super Bowl, giving participants a chance to showcase their skills on the gridiron! Go to www.skyhawks.com for more detailed information and sample schedules. There is NOT a rain site for this program. Please check your email if the weather is not cooperating as we may need to cancel.

Sundays, April 30, May 7, 14 & 21 W-166: 2:00pm-3:00pm - Ages 5-7 W-167: 3:10pm-4:10pm - Ages 8-11 Laketown North Fields (behind school)

Fee: \$79

Min 12 / Max 24 Register By: April 28

#### Flaq Football 1st Down Tots Skyhawks

In this parent participation class we use a variety of fun games to teach basic football techniques including running control, passing, receiving and defense. There is NOT a rain site for this program. Please check your email if the weather is not cooperating as we may need to cancel. Fields are locationed behind the school.

Sun, April 30, May 7, 14 & 21

W-168.5: 4:20pm-4:50pm W-168: 5:00pm-5:30pm

Ages 2-4 Fee: \$69 Laketown North Fields Min 8 / Max 16

Register By: April 28



#### Hoopster Tots Basketball Skyhawks

In this parent participation class we use a variety of fun games to develop balance, movement, and basketball skills as well as listening to instructions. Very active and fun.

W-169: Tues., February 14, 21, 28, March (skip 7) & 14 W-170: Wed., February 15, 22, March 1, (skip 8) & 15

4:15pm-4:45pm Ages 2-4 Laketown Gym Fee: \$69

Min: 10 / Max: 16 Register By: February 7



#### Basketball Skyhawks

This fun, skill-intensive program is designed with the beginning to intermediate player in mind. Using our progressional curriculum, our basketball staff focus on the whole player, teaching your child the skills needed both on and off the court to be a better athlete. Each day will start with a "skill of the day" and progress into drills and games. After a week of passing, shooting, dribbling, and rebounding, your child will show you why this is one of our most popular programs.

W-171: Tues., February 14, 21, 28, March (skip 7) & 14 W-172: Wed., February 15, 22, March 1, (skip 8) & 15

2:30pm-4:00pm Ages 5-10 Laketown Gym Fee: \$99

Min: 12 / Max: 24 Register By: February 7



#### Baseball Skyhawks

This camp takes the rich history of the game from Cooperstown to your town. Local Skyhawks staff use our progressional curriculum to teach the fundamentals of fielding, catching, throwing, hitting, and base running, all in a fun, positive environment. Specifically designed for beginner and intermediate players, this camp teaches all athletes new baseball skills along with vital life lessons such as respect, teamwork, and responsibility. Participants come away with new friends, new skills, and a love for the game! Go to www.skyhawks.com for more detailed information and sample schedules.

W-173: Wed. March 29, April 5, 12 & 19 2:30pm-3:30pm Ages 5-10 Bayview Gym / Diamond #2

Min: 12 / Max: 24 Register By: March 15

Fee: \$99



#### Baseball Tots Skyhawks

This camp takes the rich history of the game from Cooperstown to your town. Local Skyhawks staff use our progressional curriculum to teach the fundamentals of fielding, catching, throwing, hitting, and base running, all in a fun, positive environment. Specifically designed for beginner and intermediate players, this camp teaches all athletes new baseball skills along with vital life lessons such as respect, teamwork, and responsibility. Participants come away with new friends, new skills, and a love for the game! Go to www.skyhawks.com for more detailed information and sample schedules.

W-174: Wed. March 29, April 5, 12 & 19 4:15pm-4:45pm Ages 2-4 Bayview Gym / Diamond #2

Fee: \$69 Min: 8 / Max: 16 Register By: March 15



#### February One-Day Youth Basketball Camp

The exciting sport of basketball is growing in Waconia for both boys and girls! Get out of the cold and warm up playing basketball! We will have fun learning the fundamental skills of basketball. Instructions on shooting, dribbling, passing, and various skills will be given along with fun games and drills. Come join the fun! PreK Group, Parents/adults/12+ siblings are expected to be their participants' helper and out on the floor during this camp. Please enter and exit Door 5 (East of the main school doors.)

Sunday, February 19

W-175: Kindergarten & 1st 2:55pm-4:10pm W-176: 1st & 2nd Grade 2:55pm-4:10pm W-177: PreK Ages 4-5 (w/ helper) 4:15pm-5:30pm

Fee: \$15 Holly & Tyler Wortz Laketown Elementary Gym Min: 10 / Max: 50

Register By: February 10



#### 1st/2nd Grade Basketball Skills Camp

Boys and girls will learn and practice the fundamental skills of basketball! Instructions on shooting, dribbling and passing will be taught skills along with fun games and basketball drills. Get out of the cold and join the fun playing basketball this winter!

W-178: Wednesdays, Jan. 18, 25, Feb. 1 & 8 7:00pm-8:00pm Laketown Gym

Fee: \$48

Register by: January 11 Min: 15 / Max: 50 Holly & Tyler Wortz



#### PreK Basketball Camp (w/ adult helper)

Join the fun at this basketball camp for boys and girls age 3–5 years old. Kids will learn and practice the fundamental skills of basketball! Instructions on shooting, dribbling and passing will be taught skills along with fun games and basketball drills. We invite participants that have turned 3 years old by August 31st. A parent/guardian/adult or older sibling (12+) must attend camp with their student each session.

W-179: Wednesdays, January 18, 25, February 1 & 8 5:45pm-6:15pm Laketown Gym

Fee: \$24

Register by: January 11

Min: 15 / Max: 50 Holly & Tyler Wortz



#### Kindergarten Basketball Camp

Join the fun at this popular basketball camp for Kindergarten boys and girls! Kids will learn and practice the fundamental skills of basketball! Instructions on shooting, dribbling and passing will be taught skills along with fun games and basketball drills. Come join the fun in this popular camp for kindergartners!

Wednesdays, January 18, 25, February 1 & 8

W-180: 6:15pm-7:00pm

Laketown Gym Fee: \$36

Register by: January 11 Min: 15 / Max: 50

Holly & Tyler Wortz



#### Carlson Tennis

Our mission with Junior Tennis is to provide a tennis pathway for kids from learning how to play to applying it in match Our Stars Program is for both beginner and those that play. Please contact Dan Carlson with any questions. dan@carlsontennis.com or check out their website: www.carlsontennis. com Register with Waconia Community Education & Recreation. Lessons will take place in the Southview Elementary Green. Gym.



#### Tennis Little Stars (Ages 4-6)

This class is for our youngest players. We emphasize agility, balance, and coordination. Movement and tracking skills will give the kids the ability to properly handle a racquet and ball. We feel that this foundation will be instrumental in their long term success playing tennis. FUN and SUCCESS is our goal!

W-181: Thurs: January 5, 12, (skip 19, 26), Feb. (skip 2) 9 & 16

W-182: Thurs: February 23, March (skip 2, 9), 16, 23 & 30

W-183: Thurs: April 6, 13, 20 & 27

5:30pm-6:00pm Minimum: 4 / Maximum: 12

Register By: One week prior





#### Tennis Rising Stars (Ages 7-8)

The goal of this class is control. We will split this group into two levels, past players and beginners. The kids will enjoy playing games and rallying the ball back and forth while working on technique and tactics. These kids will play games with rallying by the and lesson and the final day will be full of games and competitions.

W-184: Thurs: January 5, 12, (skip 19, 26), Feb. (skip 2)9 & 16

W-185: Thurs: February 23, March (skip 2, 9), 16, 23 & 30

W-186: Thurs: April 6, 13, 20 & 27

6:00pm-7:00pm

Fee: \$69

Minimum: 4 / Maximum: 12 Register By: One week prior







#### Tennis Future Stars (Ages 9-11)

We will split this group into two levels based on ability; however everyone will be rallying from the first day. Our emphasis for these kids is to get them to rally the ball and understand of the fundamentals groundstrokes, volleys, the forehand and backhand and serve. questions about Carlson Tennis programs please contact Dan Carlson. you have any

W-187: Thurs: January 5, 12, (skip 19, 26), Feb. (skip 2) 9 & 16

W-188: Thurs: February 23, March (skip 2, 9), 16, 23 & 30

W-189: Thurs: April 6, 13, 20 & 27

7:00pm-8:00pm Minimum: 4 / Maximum: 12

Register By: One week prior





Fee: \$69

#### Floor Hockey After School 1st-5th Grade

After school floor hockey is a very popular after school program! Both boys and girls are welcome to register and play pick-up style floor hockey after school. Each day we meet new teams will be formed for floor hockey fun. Younger and older kids will be split up if numbers allow. Come to the gym after school, have a snack from 2:30-2:45pm and we'll start at Floor Hockey at 2:45pm. Students from other schools are encouraged to attend. If you would like to ride the bus over, please contact Koch Bus on what bus to ride. 952-442-3370. Register for as many sessions as you'd like! Floor hockey sticks are provided.

W-190: Tues., January 10, 17, 24 & 31 @ Bayview Gym W-191: Mon., Feb. 13, (skip 20), 27, March (skip 6), 13 &

20 @ Bayview Gym

W-192: Thurs., February 16, 23, March 2, (skip 9) & 16

@ Laketown Gym

W-193: Tues., March 21, 28, April 4 & 11

@ Laketown Gym

2:30pm-4:00pm Grades 1st-5th

Min: 12 / Max: 20 Fee: \$30

CE Staff: Holly Wortz / Ivan Woyno / Derek Veldhuisen

Register by: One week prior to start date

#### Minnesota Sword Play

Come learn real fencing skills while having fun in our special Musketeers Fencing class! Our new program introduces children to the fundamentals of fencing with the foil weapon. This class is performed in a non-threatening environment with an emphasis on skill building, concentration, self-discipline and fun. Classes are designed to enhance motor skills, social and perceptual growth by teaching safe, age appropriate foil fencing skills to each child. Fencing may help improve concentration while developing self-control through fun and organized activities that are developmentally correct. We provide everything needed to fence (mask, jacket, glove and weapon). The fencer need only to come dressed comfortably (for freedom of movement) including long sweat pants and running shoes.

W-194: Mon,March: 13, 20, 27, April 3, (skip 10), 17 & 24

6:30pm-7:30pm

Ages 7+ Fee: \$88 MN Sword Play Southview Dining/Gym

Min: 8 / Max: 20 Register By: March 3





#### Sunday Night Girls Basketball

Scrimmage Sessions Scrimmage, scrimmage, scrimmage, let's play basketball! Join us to develop or improve your basketball skills this spring! Each day we'll shoot for 15 minutes to warm-up and then scrimmage for an hour. Basic instruction will be given within the scrimmaging. New teams will form weekly and pinnies will be provided daily. Please note this is a drop off activity and parents do not need to remain in the building. We could use a few volunteers to make this program successful, please email Holly one week prior if you are willing to help out on a court for that particular date. hwortz@isd110.org Please bring your own basketball if you have one, we will have a few extra basketballs if you don't have your own. We will have 3 courts going and the girls will be split up the courts by grade/skill level weekly.

W-195: Sun, March 19, 26, April 2, (skip 9) & 16 6:30pm-7:45pm 3rd-7th Grade Girls

Fee: \$25

Waconia Middle School Gym

Holly & Tyler Wortz Register by: March 3



#### Winter Softball Camp w/ WHS Coaches

Join the high school players and coaches working on fundamental skills. We will go through proper hitting form, as well as daily fielding drills. You will get to hit live pitches and play some fun fielding games. Brush up on your skills before Sunday tryouts. Bring your bat, helmet, glove and water bottle. You can sign up for 1, 2, 3 or all 4 of these sessions! Register with your birthyear group.

**Wed., January 4....** W-196: 10U: 4:00pm-5:00pm **Wed., January 11....**W-199: 10U: 4:00pm-5:00pm Wed., January 18....W-202: 10U: 4:00pm-5:00pm Wed., January 25.... W-205: 10U: 4:00pm-5:00pm

W-197: 12U: 5:15pm-6:15pm W-198: 14U: 6:30pm-7:30pm W-200: 12U: 5:15pm-6:15pm W-201: 14U: 6:30pm-7:30pm W-203: 12U: 5:15pm-6:15pm W-204: 14U: 6:30pm-7:30pm W-206: 12U: 5:15pm-6:15pm W-207: 14U: 6:30pm-7:30pm

10U - Birth years 2013, 2012, 3rd+ 12U - Birth years 2011, 2010 14U - Birth years 2009, 2008

Waconia Middle School Gym and Batting Cage

Min: 6 / Max: 30

Audra Lawson & Mackenzie Vogelgesang

Fee: \$20 per session

Register By: One week prior



#### Waconia Girls Diamond Softball Camp

Join us as we practice the fundamentals of softball including correct throwing, fielding, base running, sliding and correct swinging/hitting techniques. The older girls will be introduced to advanced skills like diving progressions, stealing, hook sliding and various bunting techniques. To be guaranteed a camp T-shirt please register on time. Bring your glove, a bat if you have one and a water bottle. Pending spring weather we may get outside for camp, however, plan on being in the gym for certain on the first date, March 19th.

Sundays – Sun, March 19, 26, April 2, (skip 9) & 16

Fee: \$50 (Includes T-shirt)

Waconia MS Gym (Waconia HS East Diamond #2)

Minimum: 12 / Maximum: 18

W-208: 2nd-4th Grade 3:30pm - 4:30pm

W-209: 3rd-6th Grade 4:35pm - 5:35pm

Holly Wortz

Register by: March 10 (may fill prior!)



#### HappyFeet Soccer

HappyFeet is a new and exciting soccer clinic for children ages 2 - 5. Using our proven, fun "Story Time With A Soccer Ball" approach, HappyFeet will surely be your child's favorite weekly activity. We are committed to helping children form healthy exercise habits using the world's most popular game, soccer! The HappyFeet goal is that each and every child has fun, improves their fitness, increases their enjoyment of fitness activities, achieves a higher self concept, and gains advanced skill! Register now, and let your little one meet the HappyFeet soccer ball called "Bob the Bobcat"! Check us out! http://www.tchappyfeetlegends.com/Little Toes: Ages 2 & 3 act out nursery rhymes and songs. Big Toes: Ages 4 & 5 have a blast with stories and fun games.

#### THURSDAYS

January 5, 12, \*19 & \*26 (19th & 26th at Bayview Gym)

W-210: Ages 2/3 - 6:00pm-6:30pm W-211: Ages 4/5 - 6:30pm-7:00pm

February 16, 23, March 2, (skip 9) & 16 W-212: Ages 2/3 - 6:00pm-6:30pm W-213: Ages 4/5 - 6:30pm-7:00pm

March 23, 30, April 6 & 13

W-214: Ages 2/3 - 6:00pm-6:30pm W-215: Ages 4/5 - 6:30pm-7:00pm

April 20, 27, May 4 & (skip 11) & \*18 *(18th at Bayview* Gym)

W-216: Ages 2/3 - 6:00pm-6:30pm W-217: Ages 4/5 - 6:30pm-7:00pm

Southview Gym/Dining (Winter) / Fields (Spring)

Fee: \$45

Register By: One week before start, may fill sooner!

Minimum: 5 / Maximum: 12



#### After School Bowling in Waconia

Join us after school at The Garage & Bowl in Waconia for supervised open bowling. Both boys and girls are welcome to register. Basic instruction, bowling etiquette and safety will be discussed, however, the majority of the time will be spent bowling. Busing to St.Joes school (one block away from the Bowling Alley) may be available depending on the school your child attends. Please call Koch Busing for more information on this option, otherwise plan on arranging your own transportation. The fee includes Community Education staff supervision, bowling shoe rental and use of bowling balls for one hour each date. Ivan Woyno, CE STAFF, will greet those participants who take the bus at The Garage at 2:45pm.

W-218: Wednesdays, January 4, 11, 18 and 25 W-219: Wednesdays, February 1, 8, 15 and 22

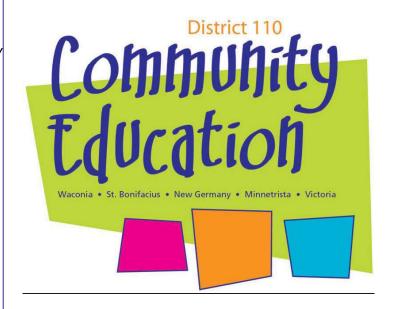
Grades 2nd-5th 3:00pm - 4:00pm Waconia Garage & Bowl

Fee: \$35

Minimum: 8 / Maximum: 24

Ivan Woyno

Register by: December 28 / January 25



#### Girls Futsal (Small Sided Soccer)

Futsal is an exciting, fast-paced small sided soccer game that is played across the world and is officially recognized by both FIFA and UEFA. Why play Futsal? Futsal is played in an environment that motivates players and is conducive to learning. The small sided format allows players to have lots of touches on the ball and learn and use different soccer moves to attack and defend. Because Futsal is played with a low bouncing ball, players develop great footwork and can transition what they learn to both recreational and competitive soccer programs. Format: Players spend the first ½ of the session learning and mastering soccer skills. The second ½ of the session is spent playing the game of Futsal. The Futsal skills practiced and learned are very similar to those taught at Coerver or Pura Vida but offered locally and at a fraction of the cost. Futsal: Allows players to frequently touch the ball, Presents many opportunities to score goals and score goals often, Maximizes active participation and minimizes inactivity and boredom, Focused on individual player development & Focus on the game by eliminating complicated rules.

Girls Ages: 7, 8, 9 and 10 Year Old's | Session Times: 6:00pm - 7:00pm | Bayview Gym (11/11 @ Laketown Gym)

F-185: Session 1 - 7 Fridays, Nov. 4, \*11\*, 18, (skip 25), Dec 2, 9, 16, (Skip 23, 30) & Jan. 6

F-186: Session 2 - 7 Fridays, Jan. 13, 20, 27, Feb. 3, 10, 17 & 24

F-186.5: Both Sessions 1 & 2

Girls Ages: 11 and 12 Year Old's | Session Times: 7:10pm - 8:10pm | Bayview Gym (11/11 @ Laketown Gym)

F-187: Session 1: 7 Fridays, Nov. 4, \*11\*, 18, (skip 25), Dec 2, 9, 16, (Skip 23, 30) & Jan. 6

F-188: Session 2: 7 Fridays, Jan. 13, 20, 27, Feb. 3, 10, 17, 24.

F-188.5: Both Sessions 1 & 2

Girls Ages: 13 and 14 Year Old's | Session Times: 6:00 pm - 7:00 pm | WHS Main Gym F-189: Session 1: 7 Sundays, Nov. 6, 13, 20, (skip 27), Dec. 4, 11, 18 (Skip 25, Jan 1) & 8 F-190: Session 2: 7 Sundays, January 15, 22, 29, February 5, 12, (Skip 19) 26, Mar. (Skip 5) & 12 F-190.5 - Both Sessions

Girls Ages: 15 and Older | Session Times: 7:10pm - 8:10pm | WHS Main Gym

F-191: Session 17 Sundays, Nov. 6, 13, 20, (skip 27), Dec. 4, 11, 18 (Skip 25 & Jan 1) & 8

F-192: Session 2 7 Sundays, January 15, 22, 29, February 5, 12, (Skip 19) 26, Mar. (Skip 5) & 12

F-192.5: Both Sessions

Coach Ivan Woyno

Session 1 Fee: \$105 (Includes T-shirt)
Session 2 Fee: \$105 (Includes T-shirt)
Discount for Both Sessions: \$190
Register by: October 21 / December 16

(to be guarenteed a shirt) or if space available



## Youth Recreation

#### Snowshoe Nature Hike

Embrace adventure and the snow by snowshoeing across the winter snowscape! No need to worry about inexperience—we have the equipment and expertise to get you adventuring in the wintery landscape. Our seasoned instructors provide history and technique advice during your snowy excursion, ensuring for a fun outdoor adventure. Open to adults and children over 10 years old. This program is offered in partnership with Carver County Parks. All equipment is provided. Children 12 and under should participate with a registered adult.

W-220: Saturday, January 14

1:00pm-2:00pm

Lake Waconia Regional Park

Ages 10+ Fee: \$10 Min: 6 / Max 8

CCP Instructor

Register By: January 6



## Snow Day at the Park

Don't hide from the snow this winter, embrace it! Take on the winter by trying a variety of new snow activities, including Cross-Country ski, snowshoe hike, snow shelter building, kick-sledding, and more! Our trained instructors will get your young winter adventurer on the path to winter fun! This program is offered in partnership with Carver County Parks.

W-221: Friday, February 3 (non school day!)
Baylor Regional Park in Norwood Young America

10:00am-3:00pm Ages 10+ Fee: \$45 Min: 8/ Max 20

CCP Instructor Register By: January 27



## Beginner Cross Country Ski Lesson

Learn how to glide across the snow in basic lessons for all ages and ability levels! Our instructors provide an interactive ski lesson covering equipment and basic drills for balance, form, and agility. Once trained, master your skills by striding the groomed trails of Baylor Regional Park. This program is offered in partnership with Carver County Parks. Participants under the age of 12 should register with a participating adult.

W-222: Saturday, January 21 10:30am-12:00pm W-223: Saturday, January 21 12:30pm-2:00pm W-224: Sunday, February 12 10:30am-12:00pm W-225: Sunday, February 12 12:30pm-2:00pm Baylor Regional Park in Norwood Young America

Ages 8+ Fee: \$17
Min: 4 / Max 7 CCP Instructor

Register By: January 13 / February 3



## Outdoor Rec Day

Day off of school? Get the kids outside and active with a variety of activities! Depending on the weather, activities could include snowshoeing, kicksledding, geocaching, outdoor cooking, archery slackline, disc golf or shelter building! This program is offered in partnership with Carver County Parks. All equipment is provided.

W-226: Friday, March 3 (non school day!)

10:00am-3:00pm Victoria Rec Center

Ages 8-12 Fee: \$45 Min: 6 / Max: 8 CCP Instructor

Register By: February 25



## Youth Recreation

## Family Maple Syrup Tour

Experience a true northern tradition through tour and taste! Our informational walking tour through Baylor Regional Park's maple forest provides an in-depth history of this seasonal tradition. Experience the entire maple syruping process, from tapping the tree to boiling down the syrup. Participants even get to take home a sample bottle of syrup made in the park!

W-227: Thursday, April 6 5:30pm-7:00pm

Ages 5+ Fee: \$10

Min: 4 / Max :8 CCP Instructor

Baylor Regional Park in Norwood Young America

Register By: March 30



## Spring in the Park

Get the kids outside and enjoying spring with a variety of activities! Depending on the weather, activities could include archery, slackline, disc golfing, outdoor cooking, geocaching, shelter building, or kayaking! This program is offered in partnership with Carver County Parks. All equipment is provided.

W-228: Monday, April 10 (non school day!) 9am-3pm Baylor Regional Park in Norwood Young America

Ages 8-12 Fee: \$49 Min: 8 / Max: 20 CCP Instructor Register By: April<sub>3</sub>



## Snow Day Camp

Don't hide from the snow this winter, embrace it! Take on the winter by trying a variety of new snow activities, including Cross-Country ski, snowshoe hike, snow shelter building, kick-sledding, and more! Our trained instructors will get your young winter adventurer on the path to winter fun! This program is offered in partnership with Carver County Parks.

W-229: Monday, February 20 (non-school day)

10:00am-3:00pm

Baylor Regional Park in Norwood Young America

Ages 8-13 Fee: \$46

Min: 8 / Max: 20 CCP Instructor

Register By: February 13



## Waconia Apparel Order

Waconia Area Athletics (Waconia Community Education) partners with Game One to offer apparel for; Soccer, Baseball, Fastpitch Softball players, parents and fans! Items include team bags, hats, jackets, sweatshirts, shorts, shirts and much more! To check out all of the items available for purchase please go to the sites listed below. All ordering must be done online and by the specific deadlines. The deadline to order for Soccer, Baseball & Fastpitch/ Softball is Sunday, February 19th at 11:59pm with items arriving to our office by March 21st. There will be a 2nd and FINAL order for Soccer, Baseball & Fastpitch/Softball on Sunday, April 2nd at 11:59pm with items arriving to our office on May 2nd. Please view the sites for all the apparel options, arrival dates, sizing charts and more details.

## EXTERIOR CAR DECALS ARE AVAILABLE FOR PURCHASE AT OUR OFFICE FOR \$5!

https://wcedathletics23.itemorder.com/



## Waconia Wildcats 10U & 12U Girls

## Waconia Wildcats Girls BigWest Softball - Register by Friday, January 13

This is a competitive, skills based traveling league and an evaluation is used. There is a risk that cuts will be made, and no player is guaranteed a spot on any team regardless of team placement in previous leagues/seasons. For those who wish to skip the evaluation process and have equal playing time please register and play in our recreation league next spring/summer. Commitment is necessary to participate in this league.

10U-12U play in the Big West Softball league, 2 local tournaments, State Qualifiers tournament & potentially State Tournament if they advance. Please visit MNSoftball.com for updated weekend dates for the Qualifiers and State tournament for 2023.

Your age on December 31, 2022 determines where you play in the Big West league. Girls in 3rd grade born after December 31, 2013 are eligible to participate in the 10U League. 2nd Graders (2022-2023 school year) are NOT eligible to participate.

10U/12U - Must attend ISD #110 Waconia Schools or reside in Waconia District Boundaries.

There is no guarantee that there will be enough players to fill out a team. If there are enough girls, multiple teams could be created. Independent evaluators will be used.

WAA and the Softball Advisory Board will also consider previous season coaches evaluations to create teams. In the event you were evaluated and not selected to the BigWest Softball League you will receive a full refund minus the \$15 evaluation fee/\$10 processing fee (\$25 total.) An email will be sent after evaluations to explain additional softball options.

League games will be played one or two nights per week, Mon-Thursday, however, if games are rescheduled due to weather you could potentially play Fri/Sat/Sun. The league plays double headers on game nights. Tournaments will be on weekends.

All uniforms will be available at the January evaluation for participants to try on so the correct size is ordered. A parent/guardian must come in to tryouts with their player and have the child try on the jersey. Parents/guardians will be asked to initial that they have tried on the uniforms and the correct size was selected. WAA is not liable if the uniform was not tried on and the correct size wasn't selected.

Fee Includes: Uniform top, two tournaments, State Qualifier Tournament, State Tournament(if earned), game and field supplies, administration and a \$25 non-refundable evaluation fee and processing fee.\*\*Other fees may apply based on if the team/coaches decide to play/qualify for additional tournaments. Payment & registration must be turned in prior to evaluations. Please register by August 17, 2022. If registered after January 13, 2023 add \$30. There is a payment plan option available if you register before August 17, 2022, \$80 down payment before the registration deadline that includes the \$25 non-refundable evaluation and processing fee. On October 3, 2022 your card will be charged \$185 with the remaining balance of \$185 charged on December 16, 2022.

Big West Softball Refunds: A full refund will be given minus \$25 (processing fee and evaluation fee) from August 23, 2022 - January 22, 2023. After January 22, 2023 we cannot offer a refund/credit/transfer.

Coaches, players and parents will have to sign a code of conduct form before the child is allowed to play.

## Big West Fastpitch Softball League

Evaluations will take place on Monday, August 22, 2022 (Outdoors) & Sunday, January 22, 2023 (Indoors) \*If needed, the rain date for the August evaluation will be Monday, August 29th.

You must attend one evaluation, however, we recommend attending both evaluation dates. The August eval will be held at the WHS Varsity Softball Fields (purple dugouts) and WHS East Diamonds #3 & #4. Bring your glove, bat & wear your cleats. The January evaluation will take place in the Waconia Middle School Gym. (Wear gym shoes.) Teams will be decided by February 3rd, 2023.

#### 10U & 12U Evaluations N

Monday, August 22

(12U) Birth year 2011, 2010...... 5:00pm-6:30pm (10U) Birth year 2013, 2012, 3rd+...6:45pm-8:15pm

Sunday, January 22

3:00pm-4:30pm 4:45pm-6:15pm











## West Metro Prowlers 14U, 16U & 18U

## West Metro Prowlers Girls BigWest Fastpitch Leagues - 14U | 16U | 18U | HS - Summer 2023

This is a competitive, skills, community based traveling league and an evaluation is used. Ideal team roster size is 12 players and no player is guaranteed a spot on any team regardless of team placement in previous leagues/seasons. Teams will be formed with players that have competitive experience and skill level to compete in the MN Softball BigWest League, 2 local tournaments, State Qualifiers tournament & potentially State Tournament.



If we have qualified applicants, the top team in each age group will have a paid/non-parent head coach. We will rely on 2 additional volunteer parent or non-parent assistant coaches and potentially a team manager for the top team. The 2nd tier team in each age group will consist of all volunteer coaches. If a non parent/paid coach does not work out players will be reimbursed the money alloted for a paid head coach and a parent coach will be assigned as the head coach.

**14U|16U|18U|HS** - Eligible birth years include; 2009, 2008, 2007, 2006, 2005 & 2004. Anyone interested regardless of where you live or go to school can register for the West Metro Prowlers Fastpitch league. Historically our program participants have resided in Waconia, Cologne, Mayer, Minnetrista, New Germany, Excelsior, Chaska, Glencoe, St. Bonifacius & Victoria.

There is no guarantee that there will be enough players to fill out a team. There could also be an opportunity to form more than one team. Independent evaluators will be used. WAA and the Softball Advisory Board will also consider previous season coaches evaluations to create teams. In the event you were evaluated and not selected to the Big West Softball League you will receive a full refund minus the \$15 evaluation fee/\$10 processing fee (\$25 total.)

League games will be played one or two nights per week, Mon-Thursday, however, if games are rescheduled due to weather you could potentially play Fri/Sat/Sun. The league plays double headers on game nights. Tournaments will be on weekends. Home games will be played at the Waconia High School East Varsity & JV Field Complex in Waconia. In season practices will take place in Waconia 1-2 evenings a week potentially beginning in April, however, if the majority of the team is participating in the WHS HS Softball program their season will begin after the HS season is complete around the 3rd week in May.

All uniforms will be available at the January evaluation for participants to try on so the correct size is ordered. A parent/guardian must come in to tryouts with their player and have the child try on the jersey. Parents/guardians will be asked to initial that they have tried on the uniforms and the correct size was selected. WAA is not liable if the uniform was not tried on and the correct size wasn't selected.

Other off season training and player development opportunities will be communicated via email as they are coordinated beginning fall of 2022 and will be "à la carte." We support multi-sport athletes so please pick and choose what position specific, hitting, pitching and catching training opportunities work into your schedule as they are presented locally or at nearby facilities. We ask for your team softball commitment beginning spring/summer 2023 (Mid May-July only if you are playing softball in the MSHSL.) During the primary softball season of June/July players are expected to make softball their priority sport and attend 90%-100% practices and games.

## BigWest Fastpitch Softball League

West Metro Prowlers Summer 2023 payment & registration must be turned in PRIOR to evaluations. Register By January 13, 2023 If you register after January 13, 2023 add \$30.

**Refunds:** A full refund will be given minus \$25 (processing fee and evaluation fee) up until January 22, 2023. Once teams are posted you will have 48 hours to accept or decline. We cannot offer a refund/credit/transfer after the 48 hours of the teams being posted.

**\$685 Fee Includes:** 1 Uniform top, 3 player/family club t-shirts, 4-8 team pitching/catching/hitting trainers sessions (TBD), two Minnesota tournaments, State Qualifier Tournament, State Tournament(if earned), February open gym/batting cage opportunities in Waconia or at other possible nearby locations, equipment, game and field supplies, umpire fees, administration and a \$25 non-refundable evaluation fee and processing fee. \*\*Other fees may apply based on if the team/coaches decide to play/qualify for additional tournaments or Nationals.

**Team Apparel & Swag:** Team pants, socks, belts and other fan gear and swag will be available for purchase after the 2nd evaluation date. This information will be sent out via email. Coaches, players and parents will have to sign a code of conduct form before the participant is allowed to play.

- Evaluations on Sunday, January 22, 2023 (Indoors) 6:30pm-7:45pm
- Birth year 2009/2008(14U), 2007/2006(16U), 2005/2004(18U)
- The January evaluation will take place in the Waconia Middle School Gym (1400 Community Dr, Waconia,
- MN 55387.) Wear gym shoes, bring your glove, bat, face mask, batting helmet. The Summer 2023 teams will
- be decided by February 3rd, 2023. Pitchers and catchers will be evaluated at the end of the time slot.



## Metro Baseball

## Team Formation Birthday Information

#509 9YO/3rd gr.+ team if your birthday is on or between May 1, 2013 & April 30, 2014.

#510 10 year old team if your birthdate is on or between May 1, 2012 & April 30, 2013.

#511 11 year old team if your birthdate is on or between May 1, 2011 & April 30, 2012.

#512 12 year old team if your birthdate is on or between May 1, 2010 & April 30, 2011.

#513 13 year old team if your birthdate is on or between May 1, 2009 & April 30, 2010.

#514 14 year old team if your birthdate is on or between May 1, 2008 & April 30, 2009.

#515 15 year old team if your birthdate is on or between May 1, 2007 & April 30, 2008.



#### Boys Metro Baseball Information for 2023 Season | Registration Deadline is Tuesday, September 20, 2022

This is a competitive, skills based traveling league and an evaluation is used. Participants MUST attend their age appropriate evaluation time. The fall evaluation date will be on Saturday, September 24. The next evaluation date will be the winter of 2023. There is a risk that cuts will be made, and no player is guaranteed a spot on any team regardless of team placement in 2022. For those who wish to skip the evaluation process for baseball there is an opportunity to play local league or machine pitch this coming summer. In the event you were evaluated and not selected to a Metro Baseball team, you will receive a full refund minus the \$25 evaluation and processing fee. An email will be sent after evaluations to explain additional baseball options for spring/summer 2023. Teams will be formed after the winter 2023 evaluation date.

## Tuesday, January 24th at WHS Fieldhouse Gym

9u-5:15pm Check in/Warm up, 5:30pm-6:45pm Tryout 10u-6:15 Check in/Warm up, 6:45pm-8pm Tryout

#### Saturday, January 28th at the Chaska Dome

15u-4:3opm Check In/warm up, 5pm-6pm Tryout 11u-5:3opm Check in/warmup, 6pm-7pm Tryout 12u-6:3opm Check in/warm up, 7pm-8pm Tryout 13u-7:3opm Check in/warm up, 8pm-9pm Tryout 14u-8:3opm Check in/Warm up, 9pm-10pm Tryout







## Metro Baseball

Registrations for "playing up with your grade" need to be pre-approved by contacting Community Education at 952-856-4520. Games could be from late April - July. Typically twice per week on any night of the week. Coaches pick practice dates. Players are unable to play in both the Metro League and Pee Wee, Local League Baseball & Crow River Baseball. The number of teams are based on tryout scores/strength of team, not by the number of participants that tryout. There is no guarantee that there will be enough players to fill out any team. If there are enough skilled participants for multiple teams that could be created as well. WAA and the Baseball Advisory Board has the right to move boys up a level or shift to another team as it seems fit based on tryouts and numbers. The winter evaluation date/location is TBD. Teams will be decided shortly after the 2nd evaluation.

Baseball Fees: Payment of \$470 is due on or before September 20 2022. Other fees may apply based on if the team/coaches decide to play/qualify for additional tournaments and/or have paid coaches. \*\*Payment Option Available - \$50 down payment before the registration deadline of September 20. On Friday, October 14 2022 your card will be charged \$210 with the remaining balance of \$210 will be charged on Friday, December 9, 2022. Fee includes a \$25 non-refundable evaluation and processing fee. After Friday, December 9, 2022, a payment plan is no longer offered and you will need to pay the full fee. If you register after January 4, 2023 add \$30.

Fee includes 2 uniform tops, hat, two tournaments, equipment, game and field supplies, umpire fees, administration, coaching training/clinics, indoor batting cage/gym time, more practices run by high school coaches/board members. Other off season training and player development opportunities will be communicated via email as they are coordinated beginning in the fall of 2022. These will be a separate fee and registration. \*New Uniforms & hats for 2023 will be available to try on for sizing at the winter evaluation.\*

Refunds: A program refund will be given minus the \$25 processing and tryout fee through the date before the winter 2023 evaluation. After the winter evaluation date, no refunds will be given. No refunds will be given after the deadline or after the teams have been announced.

## Metro 9 year old Option | #509

9YO/3rd gr.+ team if your birthday is on or between May 1, 2013 & April 30, 2014. This age group will not be placed in the Metro League for league play. There will still be a tryout in case there are enough kids for multiple teams. It will focus on player fundamentals. There will still be a team of 12 players and 2-3 volunteer coaches. Board Members or Varsity coaches will also help at various practices to help with the fundamentals. A couple of scrimmages will be set up with different communities throughout the season along with one to two tournaments throughout the season.



Baseball Fees: Payment of \$250 is due on or before September 20, 2022. Other fees may apply based on if the team/coaches decide to play/qualify for additional tournaments and/or have paid coaches.

\*\*Payment Option Available - \$50 down payment before the registration deadline of September 21. On Friday, October 14, 2022 your card will be charged \$100 with the remaining balance of \$100 will be charged on Friday, December 9, 2022. Fee includes a \$25 non-refundable evaluation and processing fee. After December 9, 2022, a payment plan is no longer offered and you will need to pay the full fee. If you register after January 4, 2023 add \$30. Fee includes two uniform tops, hat, one to two tournaments, equipment, administration, coaches training/clinics, indoor batting cage/gym time, more practices run by high school coaches/board members.

## T-Ball for Boys & Girls

## T-ball Weeknights

Volunteer coaches needed: 2-3 per team. If you sign up to coach and pass a background check please plan on attending the coaches meeting. You will receive an email from your volunteer coach after the coaches meeting has been held. Registration deadline is Wednesday, March 15 / late fee after if there is space. Kindergartners (2022-2023) may play up into Instructional league if a parent coaches. Sorry, we cannot offer a refund after the coaches meeting. Participants may register for one or both of their age appropriate T-ball leagues. Please bring your own glove with each date.

## #110: Minor League T-Ball - Wednesdays

Ages: Going into Kindergarten the Fall of 2024. Must have turned 3 years old by August 31, 2022. Born between 8/31/18-8/31/19.

Days of Play: May 31, June 7, 14, 21, 28, July (skip 5),

12, 19 & 26

Rain Dates: July 26 Photo Date: May 31

# of Dates: 7 / Each night is a practice and game (1 hr)

Times: 5:45pm-6:45pm or 7:00pm-8:00pm (will vary)

Sites: Waconia

Fee: \$50 (Includes T-shirt to keep)

Coaches Meeting: Monday, May 15, 7:00pm-7:45pm in

the Bayview Gym

## #150: Major League T-Ball - Mon./Thurs.

Ages: Current Kindergartner 2022-2023 or Fall 2023-2024 school year. Must have turned 5 years old by August 31, 2022.

Nights: Each Monday & every other Thursday night Dates: June 5, 8, 12, 19, 22, 26, July 10, 13, 17, 24

Rain date: July 27 Photo Date: June 5

# of Dates: 10 / Each night is a

practice and game (1 hr)

Game Times: 5:45pm or 7:00pm

Site: Waconia

Fee: \$65 (Includes T-shirt to keep)

Coaches Meeting: Monday,

May 15, 7:00pm-7:45pm in the Bayview Gym

## T-Ball Friday Mornings

Join your Community Education & Recreation Staff on Friday mornings for T-Ball! Depending on registration numbers we may need volunteer coaches to work alongside staff. If you sign up to coach and pass a background check please plan on attending the coaches meeting. The registration deadline is Wednesday, March 15/late fee: \$10 after if there is space. A child may NOT play up in T-Ball, please read birthdate guidelines below. Kindergartners (2022-2023) may play up into Instructional league if a parent coaches. Sorry, we cannot offer a refund after the coaches meeting. Please bring your own glove with each date.

## #130: Minor League T-Ball - Fridays

Ages: Going into Kindergarten the Fall of 2024. Must have turned 3 years old by August 31, 2022. Born between 8/31/18-8/31/19.

Dates: June 2, 9, 16, 23, 30, July (skip 7), 14 & 21.

Rain Dates: July 28 Photo Date: June 2

# of Dates: 7 / Each day is both a practice & a game.

Game Times: 9:00am or 10:15am (1 hr)

Sites: Waconia

Fee: \$50 (Includes T-shirt to keep)

Coaches Meeting: Monday, May 15, 7:00pm-7:45pm

in the Bayview Gym



## #140: Major League T-Ball - Fridays

Ages: Current Kindergartner 2022-2023 or Fall 2023-2024 school year. Must have turned 5 years old by

August 31, 2022.

Dates: June 2, 9, 16, 23, 30 , July (skip 7), 14 & 21.

Rain Dates: July 28 Photo Date: June 2

# of Dates: 7 / Each day is both a practice & a game.

Game Time: 9:00am or 10:15am

Site: Waconia

Fee: \$50 (Includes T-shirt to keep)

Coaches Meeting: Monday, May 15, 7:00pm-7:45pm

in the Bayview Gym

## Instructional Boys Baseball & Girls Softball Grades 1 & 2

Instructional league is a coach pitch league. Players will get an information email from their coach after the coaches meeting has been held. Volunteers coaches needed: 2-3 per team. If you sign up to coach and pass a background check please plan on attending the coaches meeting. Registration deadline is Wednesday, March 15 / late Fee: \$10 after if there is space available. All dates and locations are subject to change based on registration numbers. Kindergartners may play up into Instructional League if a parent is coaches. Sorry, we cannot offer a refund after the coaches meeting.

#### #200: Boys Instructional League Baseball

#### Coach Pitch League

Ages: Grades 1 & 2 / 2022-2023 school year

Nights: Each Tuesday and every other Thursday night Dates: June 1, 6, 13, 15, 20, 27, 29, July 11, 18, 20 & 25

Rain Dates: July 27 Photo Date: June 1 or 6

# of Dates: 10 / Each night is both a game and a prac-

tice lasting 1hr

Game Time: 6:00pm or 7:15pm Sites: Waconia & St.Boni

Fee: \$65 (Includes team T-shirt & hat)

Coaches Meeting: Monday, May 15, 7:00pm-7:45pm in

the Bayview Gym

## #250: Girls Instructional League Softball

#### Coach Pitch League

Ages: Grades 1 & 2 / 2022-2023 school year

Nights: Each Tuesday and every other Thursday night Dates: June 1, 6, 13, 15, 20, 27, 29, July 11, 18, 20 & 25

Rain Dates: July 27 Photo Date: June 1 or 6

# of Dates: 10 / Each night is both a game and a prac-

tice lasting 1hr

Game Time: 6:00pm or 7:15pm Sites: Waconia & St.Boni

Fee: \$65 (Includes team T-shirt & hat)

Coaches Meeting: Monday, May 15, 7:00pm-7:45pm in

the Bayview Gym

## Sports Apparel Online Order

Waconia Area Athletics (Waconia Community Education) partners with Game One to offer apparel for; Soccer, Baseball, Fastpitch Softball players, parents and fans! Items include team bags, hats, jackets, sweatshirts, shorts, shirts and much more! To check out all of the items available for purchase please go to the sites listed below. All ordering must be done online and by the specific deadlines. The deadline to order for Soccer, Baseball & Fastpitch/Softball is Sunday, February 19th at 11:59pm with items arriving to our office by March 21st. There will be a 2nd and FINAL order for Soccer, Baseball & Fastpitch/Softball on Sunday, April 2nd at 11:59pm with items arriving to our office on May 2nd. Please view the sites for all the apparel options, arrival dates, sizing charts and more details.

## EXTERIOR CAR DECALS ARE AVAILABLE FOR PURCHASE AT OUR OFFICE FOR \$5!

Online ordering for Wildcat General, Baseball, Soccer & Softball can be done here: https://wcedathletics23.itemorder.com/







## Pee Wee Baseball & Softball Leagues / Grades 3 & 4

Pee Wee is a machine pitch to player pitch progression league. We'll start the season using the pitching machine and end with a few player pitch games. Players will be called by their coach for their first practice day. Coaches needed: 2-3 per team, if you sign up to coach and pass a background check please plan on attending the coaches meeting. Registration deadline is Wednesday, March 15 / Late Fee: \$10 after March 15 if there is space available. All dates and locations are subject to change based on registration numbers. Sorry, we cannot offer a refund after the coaches meeting. 2nd Graders may play up in this league if a parent coaches.

#### #300 Boys Pee Wee Baseball

Ages: Grades 3 & 4 / 2022-2023 school year

Nights: Tuesday & Thursday nights Practice Dates: May 16, 18, 23 & 25

Photo Day: TBD with one of the practice dates Pitching Machine Game Dates: May 30, June 1, 6, 8,

13, 15, 20, 22 & 27

Pitching Machine Rain Date: June 29

Transition to Player Pitch Team Practices: July 11 & 13 \*\*Learn to Pitch Clinic July 10 & 12 Seperate fee/registration pq #48

Player Pitch/Umpired Game Dates: July 18, 20, 25 &

27

Player Pitch Rain Date: August 1

Game Time: Between 6:00 pm - 9:45 pm Sites: Waconia / St. Boni / Watertown / Carver / Winsted / NYA / Lester Prairie / Silver Lake + others. Fee: \$95 (Includes T-shirt, hat, balls, game & field supplies, administration and umpires for player pitch games.)

Coaches Meeting: Monday, April 24 @ 6pm in CE Office in Conference Room A



## #350 Girls Pee Wee Softball

Ages: Gr. 3 & 4 / 2022-2023 school year Nights: Monday & Wednesday nights Practice Dates: May 15, 17, 22 & 24

Photo Day: TBD with one of the practice dates Pitching Machine Game Dates: May 31, June 5, 7, 12,

14, 19, 21, 26 & 28

Pitching Machine Rain Date: July 10

Transition to Player Pitch Team Practices: July 12 & 17 \*\*Learn to Pitch Clinic July 11 & 13 Seperate fee/registration pg #48

Player Pitch/Umpired Game Dates: July 19, 24, 26 &

31

Player Pitch Rain Date: August 2

Game Time: Between 6:00 pm - 9:45 pm

Sites: Waconia / St. Boni / Watertown / Carver / Winsted / NYA / Cologne / Silver Lake / Belle Plaine / Jordan+

Fee: \$90 (Includes T-shirt, balls, game & field supplies, administration and umpires for player pitch games.)
Coaches Meeting: Monday, April 24 @ 6pm CE Office in conference Room A



## Local League Baseball & Softball League / Grade 5 & 6

In the 5th & 6th Local League there are no cuts. Coaches needed: 2-3 per team., if you sign up to coach and pass a background check please plan on attending the coaches meeting and player review. Players will be called by their coach for their first practice date. Registration Deadline is Wednesday, March 15 / Late Fee: \$10 after March 15 if there is space available. All dates and locations are subject to change based on registration numbers. Sorry, we cannot offer a refund after the coaches meeting. 4th Graders may play up in this league if a parent coaches.

## #400 Boys 5th & 6th Grade Baseball

Ages: Gr. 5 & 6 / 2022-2023 school year # of Dates: 11 game dates plus local tournament. Game Nights: Tuesday & Thursday nights (Coaches may hold practice on other dates) All dates and locations are subject to change based on registration numbers. Photo day TBD

Dates: May 30, June 1, 6, 8, 13, 15, 20, 22, 27, 29 & July

11

Rain Dates: July 13 & 18

Waconia Tournament: July 20 & 22

Times: 6:00pm-9:45pm

Sites: St. Boni / Waconia / Watertown / NYA / Hamburg / Lester Prairie / Mayer / Carver / Belle Plaine / Jordan, etc.

Fee: \$105 (Includes T-shirt, hat, balls, umpires game & field supplies & administration.)

Player Review: Players and coaches attend the player review on Monday, May 1, 6pm-7pm at the Waconia High School East Diamonds 3 & 4 (near the tennis courts.) Bring your glove and cleats. If inclement weather the player review will move in to the Middle School gym, bring gym shoes.

Coaches Meetings: Monday, May 1, 6pm-7:30pm @ WHS Fields 3 & 4

## #450 Girls 5th & 6th Grade Softball

Ages: Gr. 5 & 6 / 2022-2023 school year # of Dates: 11 game dates plus local tournament. Game Nights: Monday & Wednesday nights (Coaches may hold practice on other dates) All dates and locations are subject to change based on registration numbers. Photo Day TBD.

Dates: May 31, June 5, 7, 12, 14, 19, 21, 26, 28, July 10,

12

Rain Date: July 17

Waconia Tournament: July 19 & 22

Times: 6:00pm-9:45pm

Sites: Waconia, St. Boni, Shakopee, Chaska, Carver,

Belle Plaine & New Market, etc.

Fee: \$100 (Includes T-shirt, balls, umpires game & field

supplies & administration.)

Player Review: Players and coaches attend the player review on Monday, May 1, 6pm-7pm at the Waconia High School East Diamonds 3 & 4 (near the tennis courts.) Bring your glove and cleats. If inclement weather the player review will be moved in to the Middle School gym, bring your gym shoes.

Coaches Meetings: Monday, May 1, 6pm-7:30pm @ WHS Fields 3 & 4



## Crow River Baseball League

If there are enough participants for 2 or 3 teams, then an evaluation/draft will separate the teams: Date TBA April/May, however, there is no guarantee that there will be enough players to fill out any team. Triple A or Double A level depending on registration numbers and strength and skill of the team. Register By: March 15, 2023

#600 Crow River Boys 14U | Your age on April 30, 2023 determines where you play. If you are 13 or 14 on that date OR 12 yrs. old but in the 7th grade, then you are eligible to play U14.

#650 Crow River Boys 16U | Your age on April 30, 2023 determines where you play. If you are 15 or 16 on that date OR 14 yrs. old but in the 9th grade, then you are eligible to play U16.

Nights: Monday - Thursday (2 per week) # of Games: 11-16 games per year, pending playoff success

Season: Begins mid- May through mid-July Playoffs: TBA, throughout the month of July

Fee: \$200 Fee includes a hat, jersey, umpires, league fee, balls, game and field supplies and administration.

\*This league may conflict with Marching Band, MYSA Soccer, etc. Volunteer Coaches and team managers are needed for this league

## Intro to Baseball Pitching Clinic

Are you ready to pitch in a real baseball game? Join us at this intro to baseball pitching clinic to prepare for the player pitch portion of Pee Wee Baseball! Rain site is the WMS Gym. Participants should wear athletic clothing, cleats, bring a glove and provide their own adult/older sibling catcher. Registration opens May 2023.

July 12 & 14 3rd & 4th Grade (2022-2023) Waconia Field TBD Register By: June 30

7:00pm-8:00pm Instructors TBD

Fee: \$20

Min: 10 / Max: 20



## Intro to Softball Pitching Clinic

Are you ready to pitch in a real baseball game? Join us at this intro to baseball pitching clinic to prepare for the player pitch portion of Pee Wee Baseball! Rain site is the WMS Gym. Participants should wear athletic clothing, cleats, bring a glove and provide their own adult/older sibling catcher. Registration opens May 2023.

July 13 & 15 6:30pm-7:30pm
3rd & 4th Grade (2022-2023) Instructor TBD
Waconia Field TBD Fee: \$20

Register By: June 30 Min: 4 / Max: 10



# Community Education

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## Lacrosse

## Boys Lacrosse Registration Deadline: Wednesday, March 15

The participation fee includes league fees, referees, goals, balls & administrative costs. Player equipment and uniform is not included. Female athletes will need to purchase a girl's lacrosse stick, goggles, and a mouth guard. Male athletes will need to purchase a mouth guard, lacrosse stick, helmet, gloves, shoulder and arm pads.

Important: Once teams are formed, participants will be required to purchase a US Lacrosse membership @ USLacrosse.org. This fee is not-refundable, so WCE will let you know once teams are confirmed and the US Lacrosse # is needed. A US Lacrosse membership fee is \$35 for youth and \$55 for adults/coaches, this membership provides the player and coach with insurance coverage and is required by YLM & MSSLAX to participate.

Boys Lacrosse: U10 – U14 (Spring/Summer 2023)

Waconia Boys Lacrosse U10 – U14 teams will be playing in the Youth Lacrosse Minnesota (YLM) League Ages: Boys ranging U10 – U14 – born on or before 8-31-2014. \*\*Note\*\* - 9th graders are not allowed to play

on a 14U team in YLM.

Roster Size: 18 – 22 players per team (could be more or less depending on registration numbers)

Play Nights: 2 to 4 nights per week. Could include weekend games

Length of Season: April through July. Starting date could be earlier or later depending on weather. Post-Season Tournaments may follow regular season for individual teams.

Team & Participation Fee:

(\$10 late fee or non-acceptance after March 15.)

#### Uniform Kit Cost (includes reversible jersey and shorts) \$100

\*The program will continue to utilize the uniforms purchased by families in 2022. Any player new to the program will need to purchase a uniform kit. The cost of the uniform is \$100 and is not included in the participation fee. Link to order a new uniform will be made available after registration is completed. If you need a uniform kit you will need to let our office staff know by March 17, 2023

## Girls Lacrosse: Grade 3-8 (2023)

Minnesota School Girls Lacrosse Association (MSLAX)

Roster Size: 20 – 30 players per team (pending registration numbers) Play Nights: Practice will be during the week in the evenings, and

may include some weekends.

Length of Season: April through July

Registration and information night: Tuesday, February 28, 6pm WMS in the Waconia Middle School Cafeteria. No registration or commitment required to attend.

Participation Fee: \$300 (\$10 late fee or non-acceptance after March 15.)

Uniform Kit Cost (includes reversible jersey and shorts) \$100

Register By: March 15



## Youth Spring Soccer

All players will be called by your coach with your first game site and time after the coaches meeting. Shin guards are required. Soccer cleats are not required but preferred. Each player will receive a team T-shirt to keep. Coaches Needed: 2 per team, if you sign up to coach and pass a background check please plan on attending the coaches meeting. The registration deadline is Wednesday, February 8 / Late Fee: \$10 after February 8 if space is available. Sorry, we cannot offer a refund after the coaches meeting has been held. Boys and girls must play in their age appropriate group and may not "play-up" into Pre-K or Kindergarten soccer.

#800: First Kicks League - Pre-K Soccer Boys & girls ages 3.5-4 years old

Ages 3.5 & 4 \*Must have turned 3 by August 31, 2022. Kindergarten class of Fall 2024-2025.

#801: Mini Kicks League - Pre-K Soccer Boys and girls ages 4-5 years old

Age 4.5 - 5, (5's who are not in Kindergarten.) \*Must have turned 4 years old by August 31, 2022) Kindergarten class of Fall 2023-2024.

Division: Co-Rec (boys & girls on the same team)

Roster Size: 7-9 players per team (pending registration numbers)

Photo Day: April 1 at WHS Turf or WHS Cafeteria

Days of Play: Monday and Saturday OR Tuesday and Saturday.

Mon/Sat Dates: April 1, 3, (skip 8, 10) 15, 17, 22, 24, 29, May 1, 6, 8, 13 & 15 \*3 raindates built in the schedule. Tues/Sat Dates: April 1, 4 (skip 8), 11, 15, 18, 22, 25, 29, May 2, 6, 9, 13 & 16 \*3 raindates are built into the schedule.

Times: During the week, times vary weekly between 5:30pm-8:00pm / Saturdays 9am-3pm.

Mandatory Coaches Meeting & Training: Monday, March 20 from 6:30pm - 7:45pm in the Bayview Gym

Sites: Waconia

Fee: \$70

## #802 - Kindergarten Soccer

Ages: For boys and girls currently in Kindergarten

the 2022-2023 school year.

Division: Co-Rec (boys & girls on the same team)

Roster Size: 7-9 players per team (pending registration numbers)

Photo Day: April 1 at WHS Turf or WHS Cafeteria

Days of Play: Monday and Saturday OR Tuesday and Saturday.

Mon/Sat Dates: April 1, 3, (skip 8, 10) 15, 17, 22, 24, 29, May 1, 6, 8, 13 & 15 \*3 raindates built in the schedule. Tues/Sat Dates: April 1, 4 (skip 8), 11, 15, 18, 22, 25, 29,

May 2, 6, 9, 13 & 16 \*3 raindates are built into the schedule.

Times: During the week, times vary weekly between

5:30pm-8:00pm / Saturdays 9am-3pm.

Mandatory Coaches Meeting & Training: Monday, March 20

from 6:30pm - 7:45pm in the Bayview Gym

Sites: Waconia

Fee: \$70



Several Volunteer coaches are

needed for these soccer leagues!

Volunteersc oach their particiapnts

team each date!

www.waconiacommunityed.org

## Youth Spring Soccer

All players will be called by your coach with your first game site and time after the coaches meeting. Shin guards are required. Soccer cleats are not required but preferred. Each player will receive a team T-shirt to keep. Coaches Needed: 2 per team, if you sign up to coach and pass a background check please plan on attending the coaches meeting. Registration deadline is Wednesday, February 8 / Late Fee: \$10 after February 9 if space is available. Sorry, we cannot off er a refund after the coaches meeting has been held. Boys and girls must play in their age appropriate group and may not "play-up" in to 1st & 2nd grade soccer, a 2nd Grader may play up in to the 3rd/4th grade league if a parent coaches.

## #810 - 1st & 2nd Grade Boys Soccer

#820 - 1st & 2nd Grade Girls Soccer

Ages: Grades 1 & 2 (2022-2023 school year)

Roster Size: 7-9 players per team

Photo Day: April 1 at WHS Turf or WHS Cafeteria

Days of Play: Tuesday and Saturday OR Thursday and Saturday.

Tues/Sat Dates: April 1, 4 (skip 8), 11, 15, 18, 22, 25, 29, May 2, 6, 9, 13 & 16 \*3 raindates are built into the schedule. Thurs/Sat Dates: April 1, 6, (skip 8), 13, 15, 20, 22, 27, 29, May 4, 6, 11 & 13 \*3 raindates are built into the schedule.

Time: During the week times vary weekly between 5:30pm-8:00pm \ Saturday 9am-3pm

Sites: Waconia

Mandatory Coaches Meeting & Training: Monday, March 20 from 6:30pm - 7:45pm in the Bayview Gym

Fee: \$70

## #830 - 3rd & 4th Grade Boys Soccer

Ages: Grades 3 & 4 (2022-2023 school year)

Roster Size: 9-12 players per team

Photo Day: April 1 at WHS Turf or WHS Cafeteria

Days of Play: Monday and Saturday

Mon/Sat Dates: April 1, 3, (skip 8, 10) 15, 17, 22, 24, 29, May 1, 6, 8, 13 & 15 \*3 raindates built in the schedule. Times: During the week, times vary weekly between

5:30pm-8:00pm / Saturdays 9am-3pm.

Sites: Waconia

Mandatory Coaches Meeting & Training: Monday, March 20 from 6:30pm - 7:45pm in the Bayview Gym

Fee: \$75



## #840 - 3rd & 4th Grade Girls Soccer

Ages: Grades 3 & 4 (2022-2023 school year)

Roster Size: 9-12 players per team

Photo Day: April 1 at WHS Turf or WHS Cafeteria

Days of Play: Thursday and Saturday

Thurs/Sat Dates: April 1, 6, (skip 8), 13, 15, 20, 22, 27, 29, May 4, 6, 11 & 13 \*3 raindates are built into the schedule.

Times: During the week, times vary weekly between

5:30pm-8:00pm / Saturdays 9am-3pm.

Sites: Waconia

Mandatory Coaches Meeting & Training: Monday, March 20 from 6:30pm - 7:45pm in the Bayview Gym

Fee: \$75



# Youth Spring Soccer

## Local League Soccer Information:

This league will focus on competition with local communities: Glencoe, Hutchinson, NYA, Sibley East, Mayer and Lester Prairie. This is a grade level league - no age restrictions. Local League Soccer is not affiliated with MYSA/TSL. Each player will receive a team T-shirt to keep. This league has game officials. Coaches Needed: 2 per team, if you sign up to coach and pass a background check please plan on attending the coaches meeting and player review. Registration deadline is Wednesday, February 8 / Late Fee: \$10 after February 8 if space is available. Sorry, we cannot off er a refund after the coaches meeting has been held. Sorry, we cannot offer a refund after the coaches meeting has been held.

## #850 5th & 6th Grade Girls Soccer

Ages: Grades 5 & 6 Girls (2022-2023 school year.)

Roster Size: 11-16 players per team (pending registration numbers)

Photo Day: TBD w/ a practice

Player Review: Tuesday, April 4, 6pm-7pm WMS Gym

Practice Times: Tuesday and/or Thursday nights 1-2 nights per week. Number of Games: 5 game dates which will include 6-7 games.

Game Dates: April 22, April 29, May 6, 13 & 20. No rain dates scheduled for 2023.

Sites: Waconia and Communities listed above.

Fee: \$100

Coaches Meeting & Training: Tuesday, April 4 from 7:15pm - 7:45pm in the Bayview Gym

Volunteer Coaches are needed for these soccer leagues! Parents and community friends, high school studentsplease consider volunteering your time tocoach youth soccer for this season!





## #860 5th & 6th Grade Boys Soccer

Ages: Grades 5 & 6 Boys (2022-2023 school year.)

Roster Size: 11-16 players per team (pending registration numbers)

Photo Day: TBD w/ a practice

Player Review: Tuesday, April 4, 6pm-7pm WMS Gym

Practice Times: Tuesday and/or Thursday nights 1-2 nights per week.

Game Dates: April 22, April 29, May 6, 13 & 20. No rain dates scheduled for 2023.

Number of Games: 5 game dates which will include 6-7 games.

Sites: Waconia and Communities listed above.

Fee: \$100

Coaches Meeting & Training: Tuesday, April 4 from 7:15pm - 7:45pm in the Bayview Gym







## **Umpiring Clinic**

Anyone 9th grade through adult interested in umpiring baseball/softball for Community Education this spring or summer must attend this clinic. This handson course will cover the basics and how to's of baseball and softball umpiring, as well as recommended techniques applicable to both new and experienced umpires. Registrations will be accepted at Community Education. Ball pouches, indicators and brushes can be purchased by request, please let staff know.

W-123: Sunday, March 19 Bill Koppi 6:00pm-8:30pm Fee: \$12 Bayview Gym Register By: March 13



#### Instant Piano for Hopelessly Busy People

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do-using chords. Since this class is being held online with ZOOM you will be able to sit at your piano or keyboard at home and take this course with no pressure at all. And since this course includes an online book and online follow up video lessons, you will be able to continue your practice and study on your own. An optional periodic online question and answer session is also included. You will also receive a recording of the class for your review whenever needed. The course is partly lecture/demonstration and partly hands on instruction.

#### Topics include:

How chords work in a song

How to get more out of sheet music by reading less of it

How to form the three main types of chords

How to handle different keys and time signatures

How to avoid "counting"

How to simplify over 12,000 complex chords

W-232: Monday, May 1

6:30pm-9:30pm Fee: \$59

Chords are Key for Piano-

Craig Coffman Virtual via Zoom

Minimum: 6 / Maximum: 20

Register By: April 24



#### Instant Guitar for Hopelessly Busy People

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Since this class is being held online with ZOOM, you will be able to sit at home with your quitar and take this class without any pressure at all. And since the class includes an online book and online follow-up video lessons, you will be able to continue your practice and study on your own. An optional periodic online guestion and answer session is also included. You will also receive a recording of the class for review whenever needed. Class limited to 15 students. For ages 13+.

Topics include:

How chords work in a song How to form the three main types of chords How to tune your guitar Basic strumming patterns

How to buy a good guitar (things to avoid) How to play along with simple tunes

W-233: Tuesday, May 2

Fee: \$59

Chords are Key for Piano- Craig Coffman

Virtual via Zoom Min: 6 / Max: 20 Register By: April 25 6:30pm-9:00pm



#### Let's Talk About Medicare

As you get closer to 65, the amount of information you get concerning Medicare can make the process of applying very confusing. This is an educational meeting about Medicare and Medicare insurance that will answer your questions. We will discuss what Medicare covers, what it costs, and how and when to enroll. We will also review the types of Medicare insurance available and the factors to consider when deciding what type of plan is best for you.

W-234: Thursday, March 30 Waconia Middle School D-110 Thomas Hill

Register By: March 23

6:00pm - 7:30pm

Ages 64-67 Fee: \$10 Min 3 / Max 12



Understanding Your Medicare Choices

## Resume Writing and Interviews

Join us for an educational overview of how to write a professional resume, and practice successful interviewing. This session will provide you the skill needed to interview with confidence. Designed for all stages of experience.

W-237: Wednesday, February 22 5:30pm – 7:00pm WHS Media Center Hannah Larson BSN, RN, PHN Min 1 / Max 10

Fee: \$22

Register by: February 15



## **Instructors Wanted!**

We are seeking new classes and camps!
If you have the skill set to coach or teach
a class or camp please email Holly Wortz at
hwortz@isd110.org with your proposal.

## Knitting 101: Beginners Guide to Knitting

Knitting is more popular than ever and you can learn too! This is a knitting class for beginners and will cover the basics of casting on, knitting, purling, binding off and how to read a pattern. The beginner class is perfect for a total newbie, or as a refresher if it has been a while since you had your hands on knitting needles.

Knitting Skills You Will Learn: How to read a pattern, How to Cast on (or begin knitting), Knit stitch, Purl stitch & Binding off (or ending a project.)

The class will come supplied with a pair of knitting needles and a skein of yarn to take home to further practice the stitches learned, and then can be used to make dishcloths as a beginner project. No Pre-requisite Skills Re-

quired!

W-235: Thursday, January 19 W-236: Tuesday, January 24

6:30pm-8:30pm Miranda Crawford

Bayview Media Center, (2nd floor above main office)

Fee: \$25 Min: 2 / Max: 8

Register By: Jan 12 / Jan 17



## Janice Novak Biography

Janice Novak has a Masters Degree in Health Education. She is an author, speaker and wellness consultant who teaches seminars for hospitals, schools, corporations and professional organizations. Janice empowers people to take action toward attaining better health with her easy-to-use tips and techniques. She gives simple steps that lead to huge changes in how you look and feel.



Check out Janice's testimonials @ improveyourposture.com

## Improve Your Health At Any Age (Virtual)

Every day, your body makes about 330 billion new cells which means 3.8 million cells are replaced every SEC-OND! This means every second is an opportunity to make every system in your body healthier. The quality of cell your body can produce this second is very dependent on what raw materials you have floating around your bloodstream. Studies show you can be 50 and have the physiology of a 30-year-old (and vice versa), depending on how well you take care of yourself. What you do now greatly affects your health and well-being now and in the future. Nothing beats good health! We'll discuss simple steps you can take now to help make every system in your body as healthy as possible.

W-238: Wednesday, January 25

6:oopm-7:3opm Janice Novak Virtual (Zoom)

Fee: \$25 Min 1 / Max 20

Register By: January 18



## Posture, Get it Straight! (Virtual)

Look 10 Years Younger, 10 Lbs Thinner & Feel Better Than Ever. Ever caught your own reflection to see that your head hangs too far forward, or your shoulders are too rounded, or you slump too much? You will learn how to correct common posture problems and learn an 'Instant Alignment Technique' that will have you standing straighter immediately. We'll discuss easy to implement tips when at a computer, in a car or working out. There are many benefits to improving posture. And, the good news is no matter how long you may have had poor posture, it is NEVER TOO LATE to make improvements. Your clothes will fit better, too! You'll need a resistance band for some exercises.

W-239: Thursday, February 2

6:00pm-7:30pm Janice Novak Virtual (Zoom) Fee: \$25 Min 1 / Max 20

Register By: January 26



# Overcome Your Carbohydrate Craving (Virtual)

Ever had a day where you can't stop eating? Do you crave starches, snack foods, and sweets and find the more you eat, the more you want to eat? Is your snacking out of control? In this workshop, we will discuss a two-week plan that will STOP your cravings (no kidding!), help you lose weight and help keep your insulin levels balanced. Overcoming carb cravings is not a matter of willpower but a matter of biology. Learn how you can stop the vicious cycle of food craving and weight gain. No hype – just the facts.

W-240: Thursday, February 23

6:00pm-7:30pm Janice Novak Virtual (Zoom) Fee: \$25

Min 1 / Max 20

Register By: February 16



## Hips, Thighs & Otherwise (Virtual)

If you've noticed hip/thigh/butt spread, you are not alone. We have become a nation of professional sitters, causing lower body muscles to weaken and sag. In this workshop, you will learn: my famous '10 Minute Miracle Exercise' series to strengthen lower body muscles quickly and, in the process, increase metabolism and bone density; decrease 2 inches off saddlebag area in 2 weeks; trim inches off lower body by getting rid of excess water weight; breathing technique to stimulate fat metabolism; acupressure points for lymph circulation and drainage. If you don't have time, money, or inclination to haul yourself to a gym, you will love these powerful and effective techniques. You will need a resistance band, tied in a loop for some of the exercises.

W-241: Tuesday, March 21 6:00pm-7:30pm Janice Novak Virtual (Zoom)

Fee: \$25 Min 1 / Max 20

Register By: March 14



## Soothe Those Achy Joints (Virtual)

Do you have joints that ache – a knee or hip or back? Whether you have arthritis, bursitis or just creaky joints, this workshop is for you. Joint lubrication exercises are quite simple and easy to do yet produce rather remarkable results by helping to free your joints of pain. We'll also discuss which nutrients are needed to help keep your joints healthy.

W-242: Thursday, April 27 Janice Novak Fee: \$25 Register By: April 20 6:oopm-7:3opm Virtual (Zoom) Min 1 / Max 20



# Barn Quilt Workshop - Bittersweet Barn Quilt Company

Painting barn quilts is a popular, lively and rewarding 4 hour class of guided instruction which will take you through the process of barn quilt painting from beginning to completion. You will learn how to create a barn quilt that looks professional. You will leave with your own masterpiece, ready for hanging and unequivocal admiration. \$60 materials fee due at beginning of class. This includes all of the materials needed to complete a barn quilt. Materials included for class: 2' x 2' Aluminum Composite. It is a premium grade material that professional sign makers use. It will never rust or rot. It is lightweight and easy to hang but very sturdy and great to work on. 60 plus fabulous paint colors to choose from. I use the highest quality Behr 3M tape, rulers, pencils, aprons, hair dryers and yardsticks Many quilt block patterns to choose from that have been previously drawn out to scale. Pictures of Barn Quilts from previous classes (to get ideas) can be found on my FB, Instagram or Pinterest . Bittersweet Barn Quilt Company. Questions? - bittersweetbarnquiltco@gmail.com

W-243: Thursday, February 2 5:30pm-9:30pm

Waconia MS Commons/Cafe Cynthia Buchholz

Fee: \$44 (+ materials fee)

Min: 10 / Max: 18 Register By: January 26





## **Defensive Driving 8 Hour Course**

(Virtual) If you are 55 years or older you can save money and become a better driver. Minnesota law requires insurance companies to offer a 10% reduction for 3 years if you complete a National Safety Council's course taught by certified instructors. This course is 2 sessions of classroom training. No driving test is required. You will receive a certificate of completion to provide to your insurance company. Registrations for Defensive Driving may be done by phone with a credit card by calling 952-442-0610. Registrations must be completed with name, address and payment. Registration deadline is 7 days prior to the class.

W-244: January 10 & 11 1:30pm — 5:30pm W-245: January 25 & 26 5:30pm — 9:30pm W-246: February 7 & 8 5:30pm — 9:30pm W-247: February 16 & 17 1:30pm — 5:30pm W-248: March 14 & 15 1:30pm — 5:30pm W-249: March 29 & 30 5:30pm — 9:30pm

Register By: One Week Prior

Fee: \$30

MN Safety Council Min: 2 / Max: 30 Virtual - Zoom



## Defensive Driving - 4 Hour Refresher

If you have taken the 8-hour course in the past you can renew your 3 year, 10% discount by taking this state approved 4-hour course. There is no driving test required

W-250: Tuesday, January 17 9:00am-1:00pm W-251: Tuesday, February 7 9:00am-1:00pm \*Jan/Feb class held at Waconia Community Education Office Conference Room A

W-252: Thursday, March 23 5:30pm-9:30pm
\*March class held at Waconia Middle School D-110

Minimum: 15 / Maximum: 50

Fee: \$30

MN Safety Council

Register By: January 10 / January 31 / March 16

## **Adult Sewing Basics**

Want to learn to sew? This basic sewing class is designed for adults who would like to learn to sew or freshen up on sewing skills. Week one you will learn how to operate a machine, thread the needle, load the bobbin, adjust tension, change needles, and learn all the different functions of a sewing machine. You will learn to sew straight lines, turn back stitch and how to adjust the settings on a machine. Week two is all about seams! Some of the seams we will cover are plain seams, French seams, flat felled seams and more. Week three is a buttonhole and zipper workshop, where you will learn how to install a zipper, and how to stitch a buttonhole with ease. Week four we will cover basic hemming. If you bring your own machine, please make sure it is in good working condition, has thread and bobbins and extra needles that are for your machine. If you are not sure how to operate your machine, please touch base with me, so I am able to review the manual before you attend class. Please indicate at the time of registration if you can bring your own machine. Please bring your own all-purpose white thread, scissors, 1/4 yard cotton fabric.

W-253: Tues, Jan. 3, 10, 17, & 24 Waconia MS FACS F160

Fee: \$140

Register By: December 27

6:30pm — 8:00pm Beverly Huggett Min: 2 / Max: 4



MINNESOTA

SAFETY

# American Heart Association Heartsaver First Aid CPR/AED Training

HEARTSAVER First Aid CPR Training. Would you know what to do in a cardiac, breathing or first aid emergency? The right action could help you save a life! With an emphasis on hands-on learning, this First Aid/CPR/AED course gives you the skills to save a life. Training meets OSHA's Best Practices for Workplace First Aid Training for the infant, child and adult. 2 year certification. Skills include how to respond to cardiac and breathing emergencies in all ages. CPR, use of Automated External Defibrillators (AED) and choking. First Aid will include wounds and bandaging, burns, head, muscle, bone and joint injuries, heat and cold emergencies, poisonings and sudden illnesses.

#### Certified - First Aid CPR/AED Training:

W-254: Wednesday, January 11 W-255: Wednesday, March 15 W-256: Wednesday, May 17 Bayview Media Center 6:00pm-8:30pm

6:00pm-6:30 Fee: \$60

Shelly Nahan RN, PHN Register By: 1/4, 3/8, 5/10

Min: 6 / Max: 20



## Non Certification - First Aid CPR/AED Training

Would you know what to do in a cardiac, breathing or first aid emergency? The right action could help you save a life! With an emphasis on hands-on learning, this CPR course gives you the skills to save a life. A great class to learn how to respond to emergencies without the cost and need of certification!

W-257: Wednesday, January 11 W-258: Wednesday, March 15 W-259: Wednesday, May 17 Bayview Media Center 6:00pm-8:30pm

Fee: \$32

Shelly Nahan RN, PHN Register By: 1/4, 3/8, 5/10

Min: 6 / Max: 20



## Family Maple Syrup Tour

Experience a true northern tradition through tour and taste! Our informational walking tour through Baylor Regional Park's maple forest provides an in-depth history of this seasonal tradition. Experience the entire maple syruping process, from tapping the tree to boiling down the syrup. Participants even get to take home a sample bottle of syrup made in the park!

W-227: Thursday, April 6
Ages 5+
Min: 4 / Max :8
CCP Instructor
Baylor Regional Park in
Norwood Young America
Register By: March 30

5:30pm-7:00pm Fee: \$10



## Introduction to Fly Fish Tying

A great opportunity to explore a lifetime hobby of fly tying. All you need to do is bring your sense of adventure! A great class for individuals, couples, parent/child, etc. We will be tying different fly patterns each date we meet covering multi species fish from bass to trout. Instructor Paul is a locally respected tyer and passionate to share is hobby with you. Paul's ready to help you catch the big one with your own custom flies! All tools and materials will be provided. Check out his many fly videos on youtube: pauljohnsonflytying

W-261: Mondays, January 23, 30, February 6 & 13 6:30pm-8:00pm Ages 12+ Waconia Middle School D-110 Fee: \$100 Min: 6 / Max: 10 Paul Johnson Register By: January 17





## Adult Trips

#### Rockin' Around the Christmas Tree Trip

I have a couple of Christmas lights tours, but there's no Christmas tour available. There is now! Our destination is the Ives Auditorium in Bloomington where we'll begin with an included lunch of cranberry roast chicken served with cheesy hash browns, vegetable du jour, winter salad, dinner rolls, assorted dessert - chef's choice, coffee, decaffeinated coffee and hot tea. (Special dietary meals available by request ahead of time.) Then we'll head to the theater for Rockin' Around the Christmas Tree. Get into the holiday groove with a rocking selection of some of the season's best music and favorites such as The Beach Boys' "Little Saint Nick" Mariah Carey's "All I Want For Christmas Is You," Celine Dion's "O Holy Night" and the Eagles "Please Come Home For Christmas." Featuring fabulous vocalists and a band headed up by Brian Pekol, this holiday show promises to leave you feeling merry and bright!

W-262: Thursday, December 8
Fee: \$88 per person
Pick up: 10:30am /
Drop off: 4:00pm
Mackenthun's parking lot,
by Hometown Bank
Register by: November 23
(may fill prior)



#### All You Need is Love Trip

Happy Valentine's Day! Our destination is the Ives Auditorium in Bloomington where we'll begin with an included lunch of honey garlic chicken, served with cheesy potatoes, roasted veggie blend, winter salad, dinner rolls, assorted dessert - chef's choice, coffee, decaffeinated coffee and hot tea. (Special dietary meals available by request ahead of time.) Then we'll head to the theatre for All You Need Is Love, a celebration of the incredible music of the Fab Four. You'll hear early hits such as "She Love You", "I Want to Hold Your Hand", and "Yesterday", and later releases from the Beatles' studio years including "When I'm Sixty-Four" and "Something". Enjoy an atmosphere of fun, romance and BEATLEMANIA from Sidekick Theatre this Valentine's Day!

W-264: Tuesday, February 14
Fee: \$92 per person
Pick up: 10:30am / Drop off: 4:00pm
Mackenthun's parking lot
the far end by Hometown Bank
Register by: January 31 (may fill prior)



\*\*Adult Trip Registration/Cancellation Guidelines:\*\*

If you cancel late, you must find a replacement. You may lose entire payment if the tour has been finalized. If a replacement can't be found, participants will not be able to get a refund. Your paid registration acknowledges that you agree to all listed terms which includes responsibility and liability.

## Incident at Our Lady of Perpetual Help Trip

Tim Stolz laughed out loud when he read the script! Our destination is the Ives Auditorium in Bloomington where we'll begin with an included lunch of creamy chicken breast, served with roasted red potatoes, glazed carrots, coleslaw, dinner rolls, assorted dessert - chef's choice, coffee, decaffeinated coffee and hot tea. (Special dietary meals available by request ahead of time.) Then we'll head to the theatre for the Incident at Our Lady of Perpetual Help. Take a trip back to 1973 with the Irish Catholic O'Shea family in this hilarious and moving new memory play which introduces us to 19 year old Linda, as she recalls a week she'll never forget. When Linda's mother instructs her to tell her sister about the birds and the bees, things quickly snowball into a potential crisis after the conversation is overheard by the parish priest. Secrets are unintentionally revealed, and a quick-witted group of women realize what really matters as they work to protect their family reputation and each other.



W-263: Wednesday, May 3 Fee: \$92 per person Pick up: 10:30 am / Drop off: 4:00 pm Mackenthun's parking lot, by Hometown Bank Register by: April 19 (may fill prior)

## For Your Information

#### Is your family included on the School District Census?

Has there been a birth in your family? Have you recentlymoved into your neighborhood? Is there a new family in your neighborhood? District 110 wants all families to know about the programs and activities it has to offer. Being on the School District Census insures that you will automatically receive information about Early Childhood Screening, Preschool, Kindergarten and all of the opportunities offered by Community Education. To be added to the census, please call the School District Census office at 952-442-0607. Thank you

Waconia School District #110 School Locations

WEC	Waconia Community Education Waconia Enrichment Center 516 Industrial Blvd., Waconia
BV	Bayview Elementary School 24 South Walnut Street, Waconia
SV	Southview Elementary School 225 4th Street West, Waconia
WHS	Waconia High School 1650 Community Drive, Waconia
WMS	Waconia Middle School

## Volunteering

1400 Community Drive, Waconia

Laketown Elementary School

960 Airport Road, Waconia

Volunteers are needed throughout the year for several Waconia Community Education camps, classes, events and activities. Email Holly at hwortz@isd110. org to be put on the volunteer email list. When we are in need of volunteers for something specific you will receive a short note asking if you would be willing to volunteer. We hope that you'll take advantage of these opportunities to help the community. Please contact the Community Education office at 952-442-0610 or Holly at 952-442-0612 if you are interested in contributing your time and effort. Thank you.

# Wanted! Community Education Advisory Council Members

Community Education is looking for individuals to serve on the Advisory Council. The Advisory Council helps direct the growth and development of the Community Education and Recreation program along with suggest, advocate, encourage and recommend the Community Education concept to neighbors, friends and the community. If you are interested in becoming part of this council contact:

#110 Community Education & Recreation 516 Industrial Blvd. Waconia, MN 55387 952-442-0610 tnelson@isd110.org

#### Scholarship Information

Individuals or families who live in School District #110 and meet certain income eligibility guidelines may qualify for a fee reduction on ECFE, Waconia Wildcat Preschool and team recreation programs. Scholarship requests must be made at the time of registration. Scholarship forms are available at the Community Education office.



Community members and organizations are invited to use the district facilities. The following guidelines must be followed before facility use will be available. All facility rental must be made 10 days in advance.

- 1) Contact the Community Education office to obtain a facility use application or to see if an area is open for you to use.
- 2) Fill out, sign and return the application to the Community Education office.
- 3) Community Education will verify dates and fees with the user.
- 4) All changes must be made one week prior to the date of use.

LT

# Registration Information

## How to Register

#### By Mail

Complete a registration form and mail it with your check,

money order or credit card number and expiration date to:

ISD #110 Community Education 516 Industrial Blvd.

Waconia, MN 55387

#### Walk-in

Visit the Community Education office located at 516 Industrial Blvd. in Waconia.

#### Office Hours:

Monday-Friday: 7:30 am - 4:00 pm

#### Online Registration:

Registrations are now accepted online at www.waconiacommunityed.org

#### By Fax:

Fill out a registration form including your credit card number, expiration date and signature and fax it to 952-442-0619.

#### 24 Hour Drop Box Locations:

> 516 Industrial Blvd., Waconia (outside of Education Center building near CE office entrance)

> 24 South Walnut Street, Waconia (north end of Bayview Elementary School building)

> 225 4th Street West, Waconia (outside main entrance doors of Southview Elementary School)

Sorry, we are unable to accept registrations or reserve spots by phone.

Checks Payable To:
Dist. #110 Community Education

A Commitment to Community and Lifelong Learning

## Registration Policies

## Register Early

Classesfillup quickly. Please register at least one week in advance so we can make class enrollment decisions. We will accept registrations as

long as there is space available in the class. Are you registered?

Assume the course will be held at the time and place indicated. Assume that you are enrolled unless you hear differently. We would call you if the class is cancelled or if the dates, times or locations have changed.

## Refunds/Cancellations

Notification to the Community Education office at least 6 working days or more prior to the start of the class/program is necessary to receive a full refund/credit (less a \$10 processing fee). No refunds or credits will be issued for vacation, illness or injury. Classes are not prorated.

- ECFE Same as above.
- Kids' Company The registration fee is nonrefundable.

For more information see the Kids' Company handbook.

- Waconia Wildcat Preschool The registration fee is non-refundable.
- Behind the Wheel A \$25 fee is assessed for cancelling out of this program.

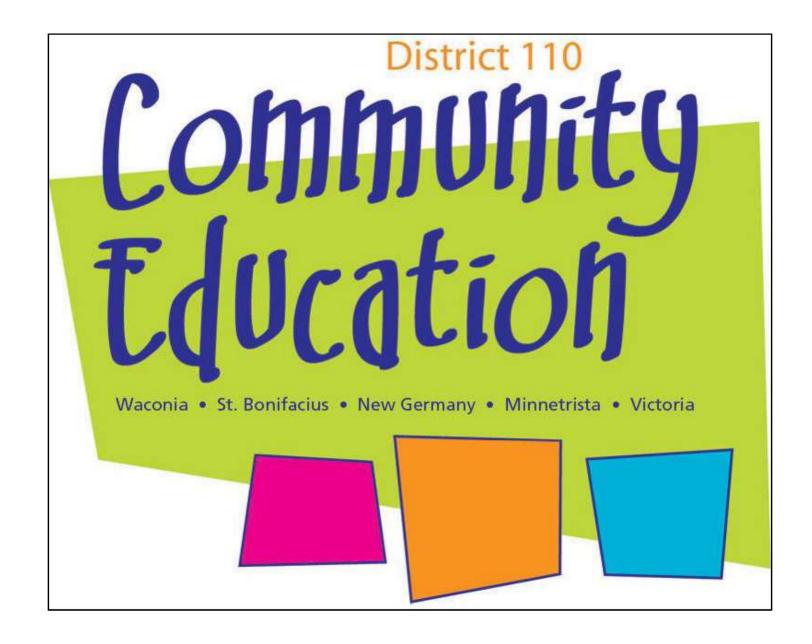
## School Closings

If school is canceled or closes during the day due to bad weather, Community Education must cancel all youth activities. Adult activities may or may not be canceled. Kids' Company families should view the handbook. The CE office will call all adults if classes are to be canceled. Cancelation information will be posted on the Community

Education website, www.waconiacommunityed.org

## Satisfaction Guarantee

If you are not satisfied with a Community Education class, program or event, please call and let us know. We also like to hear from you if you had a wonderful experience!



# WaconiaCommunityEd.org

952.442.0610