

WINTER-SPRING 2018

District 110

# Community Education

Brochure

Waconia | St. Bonifacius | New Germany | Minnetrista | Victoria



A Commitment to Community and Lifelong Learning

# Waconia Community Education & Recreation

## Waconia Community Education & Recreation

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Bayview Kids' Co Site 952.442.0614  
St. Boni Kids' Co Site 952.446.9572  
Clearwater Kids' Co Site 952.442.0617  
Laketown Kids' Co Site 952.442.0690  
Waconia Enrichment Center 952.442.0649  
Wildcat Enrichment Center SB TBA



[www.waconiacommunityed.org](http://www.waconiacommunityed.org)

952.442.0610

## *Advisory Councils*

### **Waconia Community Education Advisory Council**

Barb Kalthoff, Lindsay Schmidt, Mike Bullis, Mary Bishop, John Weinand, Angie Cruzen, Lauren McQuillan, Paul Ericsson & Tiffany Nelson

### **ECFE Advisory Council**

Nick Armstrong, Erin Foss-Beerling, Melanie Hagen, Erin Jensen, Mindy Mayer, Jillian Means, Lauren McQuillan, Tiffany Nelson, Sue Forster & Sarah Norton

### **Baseball Advisory Board**

Chad Backes, Steve Fleck, Mark Grundhofer, Mike Herman, Bill Koppi, Wade Marsh, Mark Mernick, Chris Ohm, Troy Simonson, Staffan Swanson, Tony Wischnack, Jason Wadsley, Tom Middagh & Tiffany Nelson

### **Fastpitch Softball Advisory Board**

Brad Heyer, Audra Lehrke, Jake Saulsbury, Maria Saulsbury, Kurt Schutte, Jason Smith, Holly Wortz, Tom Middagh, Jason Wadsley & Tiffany Nelson

### **Soccer Advisory Board**

Ivan Woyno, Tyrel Seim, Fred Burmann, Just Pozega, Jason Engkjer, Jason Wadsley & Tiffany Nelson

## *ISD #110*

## *Waconia Community Education & Recreation Mission Statement*

The purpose of this program shall be to bring together community residents of St. Bonifacius, New Germany, and Waconia along with District #110 Community Education staff to plan and direct programs that meet the needs of residents of all ages. These programs offer: enrichment, recreational, academic, family support and service activities. The program utilizes school district community and private resources and facilities to promote lifelong learning.

# Table of Contents

## *For Your Information*

#2 Advisory Councils

## *ECFE*

#5-14 Early Childhood Family Education

## *Early Childhood Registration Information*

#14 Registration Form

## *Preschool*

#9 ECFE Waconia Family Preschool

#16 Waconia Preschool - District #110

## *School Age Child Care*

#17 Kids' Company

## *Youth Activities*

#19-26 Youth Enrichment

#27-51 Youth Recreation

## *Adult Classes*

#53-58 Adult Enrichment

#59 Carver-Scott Educational Cooperative

## *Registration Information*

#60-61 Registration Information

#62 Community Education Registration Form

### *Waconia District #110 Locations*

WEC	Waconia Community Education Waconia Enrichment Center 516 Industrial Blvd., Waconia
BV	Bayview Elementary School 24 South Walnut Street, Waconia
SV	Southview Elementary School 225 4th Street West, Waconia
WHS	*NEW* Waconia High School 1650 Community Drive, Waconia
WMS	*NEW* Waconia Middle School 1400 Community Drive, Waconia
LT	Laketown Elementary School 960 Airport Road, Waconia
WECSB	Wildcat Enrichment Center 8808 Wildwood Ave, St. Bonifacius

# 2018 Winter/Spring Offerings

## *ECFE*

- Infant and Toddler Classes
- 2 - 5 Year Old Classes
- Special Events
- Early Childhood Screening

## *Youth Enrichment*

- Not Me! Kids Safety Classes
- Homeward Bound Theatre Company
- Abrakadoodle
- Youth Enrichment League
- Chess Club
- Kidcreate studio
- Babysitters Training
- Father-Daughter Dance
- ACT Workshop
- Kids Fun Night Out (Parents Date Night!)
- Sewing

## *Youth Recreation*

- Big West Fastpitch Softball
- Metro Baseball
- PreK-6th Grade Soccer
- PreK & Kindergarten Basketball Camps
- Fastpitch Softball Pitching Clinic
- Tae-Kwon-Do Karate
- Shooting Stars Gymnastics
- Diamond Softball Camps
- Baseball Hitting Clinic
- Basketball Camp
- Kung Fu
- Yoga
- Dance Xcess
- Lacrosse Camps
- Carlson Tennis Lessons
- Firearms Safety Training
- Flag Football Camp

## *Adult Enrichment Classes*

- Defensive Driving
- Adult Trips
- Insurance 101
- First Aid / AED / CPR Training
- Good Samaritan Workshops
- Sewing
- Mike Lynch MN Star Watch Party
- Good Samaritan & Westview Acres



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**Early Childhood Family Center**  
520 Industrial Blvd. Waconia, MN  
952-442-0613  
[www.waconiacommunityed.org](http://www.waconiacommunityed.org)



District 110 Early Childhood Family Education

## Welcome to Dist. 110 ECFE

Early Childhood Family Education (ECFE) is a District 110 Community Education program of Waconia Public Schools. All families with children ages birth to kindergarten are welcome. Our mission is to strengthen families through education and support of all parents as their child's first and most important teacher.

ECFE offers classes, special events and other programs designed to give parents information, resources and skills that support their child's growth and development. Most classes meet once a week for 1.5-2 hours at a time. Quality childcare is provided for siblings not enrolled in class.

A sliding fee scale is provided to make classes affordable for all families. No one will be denied participation for inability to pay.

# ECFE Infants and Toddlers

## Baby and Me

Having a new baby is both exciting and challenging. This relaxing and informative class helps you to get off to a great start with your baby. You will learn simple songs and games, including infant massage. You will meet with other parents to discuss common concerns such as adjusting to parenthood, sleep and feeding issues, calming techniques and infant development.

**Parents and children will stay together the entire class.** You are welcome to join an infant class at any time during the session as space allows. Sibling care is provided for \$18.00/child. Registration required. ECFE Room 114



ECW01	0-6 months	Wed. Jan. 24-March 7	11:15-12:30 pm	\$21.00
ECS01	0-6 months	Wed. April 11-May 9	11:15-12:30 pm	\$15.00
ECW02	6-12 months	Tue. Jan. 9-March 20	11:15-12:30 pm	\$33.00
ECS02	6-12 months	Tue. April 3-May 15	11:15-12:30 pm	\$21.00

## Toddler Time

A whole new world begins once your child becomes mobile--a toddling little bundle of energy just looking to touch, taste, and test out the world and you! Spend time enjoying music, movement, and lots of exploratory activities with your child. During the parent discussion, we'll share ideas for separation anxiety, setting limits, safety, and other joys and concerns of parenthood. Join us for this special time with your busy toddler. **Class fees can be found on page 12.** Sibling care is available.

Registration required. ECFE Room 114 **Ages as of January 1, 2018**

ECW09	8-18 months	Mon. Jan. 8-March 19 (No class Jan. 15, Feb. 19)	11:15-12:30 pm
ECS09	8-18 months	Mon. April 2-May 14	11:00-12:30 pm
ECW10	12-24 months	Wed. Jan. 10-March 21	9:00-10:30 am
ECS10	12-24 months	Wed. April 4-May 16	9:00-10:30 am
ECW11	15-28 months	Thur. Jan. 11-March 22	8:45-10:15 am
ECS11	15-28 months	Thur. April 5-May 17 (No class April 12)	8:45-10:15 am
ECW12	15-30 months	Mon. Jan. 8-March 19 (No class Jan. 15, Feb. 19)	9:00-10:30 am
ECS12	15-30 months	Mon. April 2-May 14	9:00-10:30 am
ECW13	18-30 months	Thur. Jan. 11-March 22	10:45-12:15 pm
ECS13	18-30 months	Thur. April 5-May 17 (No class April 12)	10:45-12:15 pm
ECW14	22-30 months	Tue. Jan. 9-March 20	9:00-10:30 am
ECS14	22-30 months	Tue. April 3-May 15	9:00-10:30 am



## Wee Ones Playtime

Discover art and sensory play, movement activities, songs and fingerplays with your young toddler in this non-separating class. Come and explore our classroom and meet new friends. This class has no parent discussion time. ECFE Room 114

ECW15	14-30 months	Mon. Jan. 8-March 19 (No class Jan. 15, Feb. 19)	6:00-7:00 pm	\$45.00
ECS15	14-30 months	Mon. April 2-May 14	6:00-7:00 pm	\$35.00



# ECFE 2 1/2 - 5 year olds

## A Typical ECFE Class includes:

- [Parent/Child Time](#) - Parents and children explore age-appropriate activities designed to enhance learning. Parents gain new ideas for things to do together at home with their children. This time includes a group "Circle Time" of songs and games.
- [Parent Education](#) - Licensed parent educators provide resources and guide group discussions about child development, parenting techniques and current issues concerning today's families.
- [Children's Classroom](#) - During parent discussion, children play in a stimulating and caring environment with licensed early childhood teachers. They enjoy music, stories, group games and creative play as they interact with other children their age.
- [Sibling Care](#) - Quality childcare is available to provide a safe, caring and fun atmosphere for siblings not enrolled in daytime classes. ECFE Room 108 **Ages as of January 1, 2018**

## Discovery Time

ECW20	2 1/2-3 years	Wed. Jan. 10-March 21	8:30-10:00 am
ECS20	2 1/2-3 years	Wed. April 4-May 16	8:30-10:00 am
ECW21	2 1/2-3 years	Thur. Jan. 11-March 22	11:00-12:30 pm
ECS21	2 1/2-3 years	Thur. April 5-May 17 (No class April 12)	11:00-12:30 pm
ECW22	2 1/2-5 years	Mon. Jan. 8-March 19 (No class Jan. 15, Feb. 19)	10:30-12:00 pm
ECS22	2 1/2-5 years	Mon. April 2-May 14	10:30-12:00 pm

## Discovery Plus

This class offers a longer parent/child interaction time and parent discussion time.

**2 hour class fee--Waive/\$26/\$51/\$77/\$102 Sibling care fee--\$36.00**

ECW24	2 1/2-5 years	Thur. Jan. 11-March 22	8:30-10:30 am
ECS24	2 1/2-5 years	Thur. April 5-May 17 (No class April 12)	8:30-10:30 am

## Coming Back for More

Are you returning to ECFE as a second, third or fourth time parent? This class is designed for parents with multiple-age children. Topics will focus on information and support to parent all of your children.

**2 hour class fee--Waive/\$26/\$51/\$77/\$102 Sibling care fee--\$36.00**

ECW25	2 1/2-5 years	Wed. Jan. 10-March 21	10:30-12:30 pm
ECS25	2 1/2-5 years	Wed. April 4-May 16	10:30-12:30 pm
ECW26	2 1/2-5 years	Fri. Jan. 5-March 23 (No class Feb. 2, Mar. 9)	8:45-10:45 am
ECS26	2 1/2-5 years	Fri. April 6-May 18	8:45-10:45 am

## Play 'n Learn

If you want a shorter classtime or if you just want to spend some "together time" without separation from your child, this class is for you. You and your child can explore creative learning activities, enjoy large muscle play and participate in circle time together. This class has no parent discussion time or sibling care. Registration required. ECFE Room 108

ECW27	2 1/2-5 years	Mon. Jan. 8-March 19 (No class Jan. 15, Feb. 19)	8:45-9:45 am	\$45.00
ECS27	2 1/2-5 years	Mon. April 2-May 14	8:45-9:45 am	\$35.00
ECW28	2 1/2-5 years	Mon. Jan. 8-March 19 (No class Jan. 15, Feb. 19)	6:00-7:00 pm	\$45.00
ECS28	2 1/2-5 years	Mon. April 2-May 14	6:00-7:00 pm	\$35.00

Class fees  
can be found  
on page 12.

Register  
online or use  
the ECFE  
registration  
form found  
on page 13.





# Parent-Only Classes

## It's OK Not to Share and Other Renegade Rules for Raising Competent and Compassionate Kids - Parent Focused Book Study

Parenting can be such an overwhelming job that it's easy to lose track of where you stand on some of the more controversial subjects at the playground (What if my kid likes to rough house— isn't this ok as long as no one gets hurt? And what if my kid just doesn't feel like sharing?). In this inspiring and enlightening book, Heather Shumaker describes her quest to nail down "the rules" to raising smart, sensitive, and self-sufficient kids. Drawing on her own experiences as the mother of two small children, as well as on the work of child psychologists, pediatricians, educators and so on, in this book Shumaker gets to the heart of the matter on a host of important questions. Hint: many of the rules aren't what you think they are!

The "rules" in this book focus on the toddler and preschool years—an important time for laying the foundation for competent and compassionate older kids and then adults.

Christine Pedretti, licensed parent educator, will lead group discussions on this intriguing book. Copies of the book are available at [Amazon.com](http://Amazon.com). CEU's will be available.



EC30    Sundays, January 28, February 25, March 18 & April 15    3:00-4:30 pm    \$20.00/adult  
Mocha Monkey - 115 S. Olive Street, Waconia    Registration Required

## Development, Sensory Integration and Joint Attention, Oh My!

Please join us to explore and learn simple techniques and strategies to help enhance and optimize child development, attention, focus, communication, and participation within the school and home environments. Occupational Therapists and Speech and Language Pathologists from SunnyDays Therapy will discuss general activities to encourage development, how to overcome challenges with Sensory Processing



Disorder and the importance of joint attention in daily activities. Each participant will leave with a "tool kit" for methods targeting each of the body's senses and simple strategies that can be implemented in the home and school environments.

EC40    Thursday, February 22    6:00-8:00 pm  
FREE  
Bayview Elementary Multi-Purpose Room  
(enter north door)

## The Bully, the Bullied and the Bystander    From preschool to high school how parents and teachers can help break the cycle of violence

District 110 Parent Educator Christine Pedretti explores the works and ideas of Barbara Coloroso. Presentation provides information on what bullying is and is not; the three kinds of bullying and how contempt not anger drives bullying.

You will become familiar with:

- Signs that a child is being bullied
- Four abilities that protect your child
- Seven steps to take if your child is a bully
- How to help a bullied child heal and take positive actions
- Why a code of compassion is a more powerful antidote than conflict resolution strategies

EC50    Thursday, April 5    6:00-8:00 pm  
FREE  
Bayview Elementary Multi-Purpose Room  
(enter north door)

For planning purposes, please register online at [www.waconiacommunityed.org](http://www.waconiacommunityed.org) (go to Online Registration - Course Catalog - Early Childhood Family Education - Parent Only Classes) or by phone 952-442-0613. (CEU's available)

**Both of these events are co-sponsored by the PTO groups from Bayview, Laketown and Southview. Childcare is available for \$6.00/child/night. Please register for childcare by Feb. 16 or March 30.**

# ECFE Waconia Family Preschool

## Waconia Family Preschool Open House Tuesday, January 23 5:00-7:00 pm for the 2018-19 school year

Registration information will be mailed in December.  
Children must be 3 years old by Sept. 1, 2018.



- Meet our staff • Explore and play in the classroom • Learn about our curriculum • Meet other families
- Register for Preschool at this event

Session 1  
Tue/Thur  
8:30-11:00 am  
Parent attends with  
child on Tuesdays

Session 2  
Mon/Wed/Fri  
8:30-11:00 am  
Parent attends first Monday  
and parent engagement activities

Session 3  
Tue/Wed/Thur/Fri  
11:45-2:15 pm  
Child-only class w/ home visits  
and parent engagement activities



Waconia Family Preschool has been approved as a **4-star rated program** through the MN Department of Human Services Parent Aware Program. To earn a Four Star Rating, programs demonstrate high quality and excel in the use of best practices in preparing children for kindergarten.

## Early Childhood Screening

### Is your child 3½ years old?

The early childhood years are an important time of rapid learning and growth. Early Childhood Screening is a FREE service offered by District 110 that will check a child's overall development and health. Children are screened by a licensed early childhood teacher and a school nurse. Results of the screening help identify any learning or health concerns that may require attention before a child enters kindergarten. **In Minnesota all children are required to complete Early Childhood Screening before kindergarten entrance, however, it is not a test for kindergarten.** The preferred age to screen is between the ages of 3 1/2 and 4 years old.

#### Early Childhood Screening includes:

- \* A look at your child's development
- \* Vision and hearing checks
- \* Height and weight measurements
- \* Immunization and health history review



Screenings take place at the Early Childhood Family Center, 520 Industrial Blvd.

Please call **442-0613** to receive more information and to schedule an appointment for your child.



Fridays 8:00-1:15 pm			Tuesday 12:00-5:00 pm	Thursdays 2:30-5:00 pm	
Jan. 12	Feb. 23	April 6	May 29	Jan. 25	March 22
Jan. 26	March 2	April 27		Feb. 22	April 26
Feb. 9	March 23	May 18			

If your child has been screened by another school district, Early Childhood Special Education or Headstart, your child does not need to be screened again, but a summary copy must be on file with the current school district your child will be attending. Contact the ECS office at 952-442-0613 for information on how to have screening records forwarded to the school district.

# ECFE Special Events

(Special events include 5 year olds who are not in Kindergarten)

## Indoor Gym Playtime

(1-5 years)

Looking for an indoor space to run and play? Come to the indoor playground at the Waconia Enrichment Center and ride a trike, play basketball and climb the gym play structure. Enter the ECFE entrance at 520 Industrial Blvd. Sign up for one or more sessions. Registration Required

Fridays, 12:15-1:00 pm

\$2.00/child/day

ECSP21 January 12

ECSP23 February 9

ECSP25 March 16

ECSP22 January 26

ECSP24 February 23



## Daddy & Me Science Night

(2 1/2-5 years)

Kids, bring your dad, uncle or grandpa for a night of winter science. Learn through hands on play! "Tinkering stations" will be set up for children and adults to build ice castles, try snow experiments, discover magnets, explore color mixing and melting, and investigate snow slime together.

ECSP26 Thursday, Jan. 18

6:00-7:30 pm

\$5.00/child

ECFE Room 108

Registration Required

## Pajama Storytime

(2-5 years)

February is "I Love to Read" month. Put on your pajamas, bring your blankie and come listen to some favorite bedtime stories. Kindergarten teachers, Stacy Gustafson and Doug Sayles, and Carver County Children's Librarian, Kristin Jones will be our guest storytellers. We will also watch a DVD story and have a bedtime snack.

ECSP27 Tuesday, Feb. 6

6:00-7:00 pm

\$3.00/child

ECFE Rooms

Registration Required

## Circle of Parents

This class strengthens families experiencing stress through mutual self-help parent support. Please contact Sue at 952-442-0664 or [sforster@isd110.org](mailto:sforster@isd110.org) for more details.

## Valentine's Sweetheart Dance

(1-5 years)

Find your dancing shoes and join us for this special Valentine event with your little sweethearts. You will get to do the Chicken Dance, Hokey Pokey, YMCA, Bunny Hop and other fun dances with your family and friends. Making a glittery valentine and decorating a heart cookie will also be part of this holiday celebration. This event has been a family favorite for many years!

ECSP28 Thursday, Feb. 8

6:00-7:30 pm

\$5.00/child

Laketown Elementary Cafeteria

Registration Required



## Wild Rumpus Bookstore/Edinborough Park

(18 months-5 years)

Hop on board for an adventure - first to the Wild Rumpus Bookstore in South Minneapolis for a storytime and tour of this unique children's setting, which includes live animals. Then we'll go to an indoor playground at Edinborough Park in Edina to run, climb and play. Pack a lunch for you and your child to eat at an indoor picnic area there.

ECSP29 Friday, Feb. 16

9:30-2:00 pm

\$7.50/child

\$4.50/adult

Meet in the ECFE parking lot to load the bus

Registration Required

**Register online or use the ECFE registration form found on page 13.**



# ECFE Special Events

(Special events include 5 year olds who are not in Kindergarten)

## Disney Frozen On Ice

(3-5 years)

Enter a fantastical Winter Wonderland at Disney On Ice presents Frozen! The Academy Award winning movie is LIVE and coming to Minneapolis Target Center with dazzling special effects, astonishing skating and inspiring songs like "Let It GO!". Join Elsa and Anna, Olaf, Kristoff, his reindeer Sven, host Mickey Mouse and Minnie Mouse and many more of your favorite Disney characters for this unforgettable celebration of love and friendship! Bring a bag lunch to eat on the bus as we return home.

ECSP30 Thursday, March 1 9:15-1:30 pm  
\$18.50/person  
Meet in the ECFE parking lot to load the bus  
Registration Required



## Children's Museum of Southern MN

(1-5 years)

Experience hands-on play and learning at this new children's museum in Mankato. Indoor exhibits invite children to explore Coughlan Quarry, Tree of Forts Climber, water play, Grow It Gallery and the Infant/Toddler Play Patch. Check it out at [www.cmsouthernmn.org](http://www.cmsouthernmn.org). Pack a lunch to eat at the museum.

ECSP31 Thursday, March 15 9:00-1:30 pm  
\$6.00/person  
Meet in the ECFE parking lot to load the bus  
Registration Required

## Wendy's Wiggle, Jiggle and Jam!

Bring the whole family to celebrate "Week of the Young Child". Wiggle, Jiggle and Jam! is tons of fun! The concert is a totally interactive music program. Alligator Snap, Turtle Wiggle, New Shoes, and Going Buggy are just some of the fun songs that Wendy performs during the show. 45 minutes of non-stop fun, every child at the show gets an opportunity to dance, jump, move, and be a part of the concert. Wendy makes sure that every child will feel special at a Wiggle, Jiggle and Jam! show.

ECSP32 Monday, April 23 6:00-7:00 pm  
\$5.00/child (max of \$10/family)  
Laketown Cafeteria Registration Required

## Grandparents' Day

(14 months-2 years)

We invite children and their grandparents to share a morning together in the ECFE classroom. Art and sensory play, music, a story and a snack will provide a fun experience with your "Grand" person. Enjoy this special time together!

ECSP33 Friday, May 11 9:00-10:00 am  
\$3.00/child ECFE Room 114  
Registration Required

## Wild and Wacky Olympics

(2-5 years)

Join us for this end-of-year event with wheelbarrow races, water balloon toss, piggyback relays, a 25-yard dash and sack races. An Olympic walk around the track is the grand finale event. There will be prizes and treats for everyone! In case of bad weather, this event will be held in the Bayview Elementary Gym.

ECSP34 Thursday, May 17 6:00-7:30 pm  
\$5.00/child  
Bayview Elementary Track  
Registration Required

Some children need extra help to learn and grow. *Help Me Grow* is a Minnesota state initiative that connects children with developmental delays and disabilities and their families to free, local early intervention services. To refer a child, visit [helpmegrownmn.org](http://helpmegrownmn.org) or call 866-693-GROW (4769).



# ECFE Fee Schedule & Calendar

## ECFE Class Fee Schedule

Use this table to determine your fee for classes. Choose the category based on your annual gross income. The information you provide will be treated confidentially. All families are welcome at ECFE. **No one will be denied participation due to inability to pay fees.**

### Annual Income

1. under \$35,000
2. \$35,000-\$49,999
3. \$50,000-\$74,999
4. \$75,000-\$99,999
5. \$100,000 and above

### Sliding Fee Scale

- Waived fees,  
call 442-0664  
to register
- \$23.00
- \$45.00
- \$68.00
- \$90.00

### Sibling Care

- Level 2-3 \$18.00/child
- Level 4-5 \$36.00/child



Find us on  
**Facebook**

## District 110 Early Childhood Family Education

Clip and Save Calendar -- Please keep for future reference.

Early Childhood Family Center Winter/Spring 2018 Calendar

952-442-0613 - Parent/Child Classes run January 5-May 18

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<u>8:30-11:00 am</u> Preschool II	<u>8:30-11:00 am</u> Preschool I	<u>8:30-11:00 am</u> Preschool II	<u>8:30-11:00 am</u> Preschool I	<u>8:30-11:00 am</u> Preschool II	<b>•Parent Book Study</b> Sundays Jan. 28, Feb. 25, March 18, April 15 3:00-4:30 pm
<u>8:45-9:45 am</u> 2 1/2-5 years P/L	<u>9:00-10:30 am</u> 22-30 months	<u>8:30-10:00 am</u> 2 1/2-3 years	<u>8:30-10:30 am</u> 2 1/2-5 years	<u>8:45-10:45 am</u> 2 1/2-5 years	
<u>9:00-10:30 am</u> 15-30 months	<u>11:15-12:30 pm</u> 6-12 months	<u>9:00-10:30 am</u> 12-24 months	<u>8:45-10:15 am</u> 15-28 months	<u>11:45-2:15 pm</u> Preschool III	
<u>10:30-12:00 pm</u> 2 1/2-5 years	<u>11:45-2:15 pm</u> Preschool III	<u>10:30-12:30 pm</u> 2 1/2-5 years	<u>10:45-12:15 pm</u> 18-30 months		
<u>11:15-12:30 pm</u> 8-18 months		<u>11:15-12:30 pm</u> 0-6 months	<u>11:00-12:30 pm</u> 2 1/2-3 years		
<u>6:00-7:00 pm</u> 14-30 months 2 1/2-5 years		<u>11:45-2:15 pm</u> Preschool III	<u>11:45-2:15 pm</u> Preschool III		<b>•Special Events</b>
<b>•Wendy's Wiggle, Jiggle and Jam!</b> April 23 6:00-7:00 pm	<b>•Preschool Open House</b> January 23 5:00-7:00 pm <b>•Pajama Storytime</b> February 6 6:00-7:00 pm	<b>THURSDAY</b> <b>•Children's Museum of Southern MN</b> March 15 9:00-1:30 pm <b>•The Bully, the Bullied and the Bystander</b> April 5 6:00-8:00 pm <b>•Wild and Wacky Olympics</b> May 17 6:00-7:30 pm	<b>•Daddy &amp; Me Science Night</b> January 18 6:00-7:30 pm <b>•Valentines' Sweetheart Dance</b> February 8 6:00-7:30 pm <b>•Development, Sensory Integration</b> February 22 6:00-8:00 pm <b>•Disney Frozen On Ice</b> March 1 9:15-1:30 pm	<b>•Indoor Gym Playtime</b> January 12 & 26 February 9 & 23 March 16 12:15-1:00 pm <b>•Wild Rumpus/Edinborough Park</b> Feb. 16 9:30-2:00 pm <b>•Grandparents' Day</b> May 11 9:00-10:00 am	

# ECFE Registration

## 4 Easy Ways to Register:

1. **Online** Register online at [www.waconiacommunityed.org](http://www.waconiacommunityed.org)
2. **Mail** Registration form and payment to:  
District 110 ECFE  
520 Industrial Blvd.  
Waconia, MN 55387
3. **Drop off** Registration form and payment at:
  - ECFE Office - 520 Industrial Blvd.
  - Community Education Office - 516 Industrial Blvd.
  - 24-hour Drop Box - located outside Bayview & Southview
4. **Fax** Registration form with credit card number, expiration date and signature to: 952-442-0619

Unless the fee is stated, use the sliding fee scale on page 12 to determine class fee. Make checks payable to Dist. 110 Community Education. We accept Visa, MasterCard, Discover and AmExpress.

Registration begins on Tuesday, Nov. 28 at 8:00 am.

Questions? Call 952-442-0613

## REGISTRATION POLICIES

• The online shopping cart will be available on **Tuesday, Nov. 28 at 8:00 am**. If you are new to ECFE or Community Ed, create an account at [www.waconiacommunityed.org](http://www.waconiacommunityed.org). Click on Registration at the top of the page. Register for **one** class per child. Call ECFE on Tuesday, Dec. 19 for availability on a second class for the same child. You will receive an e-mail confirming your registration or a phone call if the class is full.

• If you are registering for both Winter and Spring sessions, plan to stay in the same class.

• **ECFE will waive** one class fee for income-eligible families per session. Please call 952-442-0664 to register. Fees for special events will not be waived.

• **Refund Policy** - A full refund is issued for cancellations before the session begins, minus a \$10.00 processing fee. After the first week, refunds are prorated. There are no refunds midway through a session or for missed class days. Special Event refunds will only be given with a 5-day advance notice.



## ECFE WINTER/SPRING REGISTRATION 2018

PARENT NAME: \_\_\_\_\_ HOME PHONE: \_\_\_\_\_  
 ADDRESS: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_  
 SCHOOL DISTRICT: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

### FAMILY CLASSES

CLASS NUMBER winter & spring	DAY/TIME	CHILD NAME IN CLASS	DATE OF BIRTH	CHILD NAME SIBLING CARE	DATE OF BIRTH	CLASS FEE

Sibling care fee is \$18.00/child/session for Baby and Me 0-12 mo. classes  
 Other classes per child/session \$18 Level 2-3 \$36 Level 4-5 \$36 Two Hour Class SIBLING CARE FEE \_\_\_\_\_

### SPECIAL EVENTS

EVENT - NUMBER & TITLE	PARENT(S) ATTENDING	CHILDREN'S NAME	EVENT FEE

Payment: ☐ Cash ☐ Check # \_\_\_\_\_ ☐ Waived Fee Date Rec'd \_\_\_\_\_ **TOTAL FEE** \_\_\_\_\_  
 Credit Card # \_\_\_\_\_ ☐ Credit Card (Visa, MC, Discover, AE)  
 Signature \_\_\_\_\_ Expiration Date \_\_\_\_\_



## COMMUNITY RESOURCES

<b>Arc-Hennepin/Carver</b> <i>Development Disabilities</i>	952-920-0855
<b>Carver County Public Health Services</b>	952-361-1329
<b>Carver County Social Services</b>	952-361-1600
<b>Child Care Aware of MN</b>	952-402-9824
<b>Crisis Nursery</b> <i>Temporary childcare during a crisis</i>	612-839-5101
<b>Dist. 110 Special Education Services</b> <i>Information on 3-5 yr overall growth and development</i>	952-442-0637
<b>Double Talk - Mothers of Multiples</b>	952-442-8694
<b>ECFE Home Visit</b> <i>Discussions may include care of newborns, activities for young children, child development, parenting issues, community resources.</i>	952-442-0664
<b>Early Childhood Screening</b> <i>Required health and developmental screening for 3 1/2-4 year old children prior to kindergarten entrance. Call for an appointment.</i>	952-442-0613
<b>First Street Center</b> <i>Offers a comprehensive range of mental health services</i>	952-442-4437
<b>Head Start</b>	952-496-2125
<b>Help Me Grow - Early Intervention</b> <i>Information on Birth-3 yr overall growth and development</i>	952-567-8210
<b>LaLeche League</b> <i>Support for breastfeeding</i>	650-810-5233
<b>Library</b> - call for storytimes • Waconia • St. Bonifacius	952-442-4714 952-446-1418
<b>MN Sure</b> <i>Health Insurance for income eligible families</i>	952-361-1600
<b>Parents Forever - Divorce Education Workshop</b>	952-466-5300
<b>Ridgeview Medical Center</b> <i>Education - Breastfeeding, sibling preparation</i> Birthing Center Pediatrics Pediatric Rehab Services	952-442-2191
<b>Sexual Violence Center 24-hour helpline</b>	952-448-5425
<b>Southern Valley Alliance for Battered Women</b>	952-873-4214
<b>Waconia United Food Shelf</b>	952-442-3878
<b>WIC</b> <i>Free nutrition program for women, infants and children at East Creek Family Center, Chaska</i>	952-496-2125

### Early Childhood Family Education Staff

Tiffany Nelson, Community Education Director  
Sue Forster, Early Childhood Supervisor  
Brenda Buesgens, Secretary

#### Teachers

Heather Carlson  
Rita Iverson  
Kristie Niebeling  
Cheri Parkinson  
Christine Pedretti

#### Teacher Assistants

Susan Dertinger  
Andrea Mathwig  
Megumi Thomson  
Karen Whalen  
Deb Willsey

### ECFE Advisory Council

The ECFE Advisory Council meets five times throughout the school year to develop goals, help plan and volunteer at events and provide feedback for the ECFE program. Free childcare is offered during the meetings which are scheduled for Wednesdays, January 17, March 14, April 18 and May 23 at 3:30-5:00 pm.

Nick Armstrong  
Erin Foss-Berling  
Melanie Hagen  
Erin Jensen  
Mindy Mayer

Lauren McQuillan  
Jillian Means  
Tiffany Nelson  
Sarah Norton

### Is your family included on the School District Census?

Has there been a birth in your family? Have you recently moved into the area? Is there a new family in your neighborhood? District 110 wants all families to know about the programs and activities that are offered.

Being on the School District Census insures that you will automatically receive information about Early Childhood Screening, preschool and kindergarten.

To be added to the census, please call the School District Census Office at 952-442-0607.

### HAS YOUR CHILD HAD IMMUNIZATIONS?

Minnesota law requires that all children attending ECFE classes have their immunizations up to date. Proof of immunization must be presented. If you need information on low cost or free immunizations for your child, call Carver County Public Health Services at 952-361-1329.

### WEATHER EMERGENCY POLICY

When District 110 K-12 classes are cancelled due to inclement weather, ECFE classes/events are also cancelled. If there is a late start, the 8:30, 8:45 and 9:00 am ECFE classes will not be held, but the classes later in the day will be in session. District Weather Line 952-442-0640.

# Rising Star Dance Academy

## Dance for Fun 5-Week Classes - Winter 2018

January 13 - February 12

Ages 3-5

### Preschool Dancemix

Saturday 10:50 - 11:20 am  
\$60 fee

Young children love to move to our non-stop energy filled classes. They will learn fun short song & dance routines as they build motor skills. There will be plenty of exercise as they hop, skip, jump and twirl their way through class.

Ages 2-4

### Mom & Me

Saturday 11:30 - 12:00 pm  
\$60 fee

This is a magical class for both you and your child as you explore the world of dance together. Each class is filled with theme inspired songs that will have you skipping and jumping and dancing together.

Ages 4-6

### Frozen Adventure

Monday 5:10 - 5:40 pm  
\$60 fee

This class is a must for every Frozen lover. Each class is filled with all their favorite Frozen music and dancers will learn a short routine to "Let It Go".

Ages 5-7

### Jazz Mania

Monday 7:15 - 7:45 pm  
\$60 fee

This intro to jazz class teaches kids the basics of jazz. They will leap, turn and learn fun dance moves to their favorite Kidz Bop songs.

Ages 5-7

### Princess Ballet

Saturday 10:00 - 10:30 am  
\$60 fee

Dancers will have a royal ball as they dance and twirl to our favorite princess music. Come dressed in your favorite princess dress!

Register Online [www.rising-star-dance.com](http://www.rising-star-dance.com) (952) 442-1350

# Waconia Preschool - Dist. 110

The Waconia Preschool (formerly named Rainbow Preschool) is a part of Waconia Public Schools and is a place where children are inspired to wonder, create, learn and dream in a warm and welcoming environment. We have high quality instructors and teaching assistants as well as standardized curriculum and assessments. We will be adopting a social emotional framework, called pyramid model. This framework sets the stage for developing friendships, solving problems and understanding emotions for self regulation skills. We know that every child is unique, and we differentiate our instruction to meet each child's individual needs. Our preschool is an inclusion program open to all 3, 4, & 5 year old children. Transportation is available for an additional charge. The following offerings are available to families for the 2018-2019 school year.

## Session 1 & 2

Waconia Enrichment Center  
Tuesday & Thursday  
8:30 am - 10:45 am  
Fee: \$115 per month

**Watch for a new  
payment plan for  
2018-2019**

We have created a classroom environment to meet students who are three and early four year olds through hands on engaged learning while paving a road for academic growth.

## Session 3 & 4

Waconia Enrichment Center  
Monday, Wednesday & Friday  
8:30 am - 11:00 am  
Fee: \$150 per month

This classroom was created for children that are late three and early four year olds. We will concentrate on building your child's self confidence in a learning environment.

## Session 5

Waconia Enrichment Center  
Monday, Tuesday, Wednesday & Thursday  
11:45 am - 2:15 pm  
Fee: \$185 per month

This offering is best suited for children who are four or five years old, but may not be attending kindergarten in the fall of 2018. Kindergarten Readiness skills will be a priority as well as problem solving and making friends.



## Session 6

Waconia Enrichment Center  
Monday, Tuesday, Wednesday, Thursday & Friday  
11:45 pm-2:15 pm  
Fee: \$220 per month

Let's get your child prepared for their kindergarten experience. For this class we look forward to working with children that will start kindergarten in the following fall.

## Session 7

Wildcat Enrichment Center (St. Bonifacius location)  
Monday, Tuesday, Wednesday, Thursday & Friday  
8:30 am-11:00 am  
Fee: \$220 per month

The class is geared towards four and five year olds with emphasis on Kindergarten Readiness.

## Waconia Preschool Scholarships

Limited scholarships are offered to families qualifying for Free and Reduced Lunch.

## Waconia Preschool & Kids' Company Registration Information for the 2018-2019 School Year.

Information will become available in December 2017 regarding Waconia Preschool & Kids' Company registrations for the 2018-2019 school year.

**Open House:** Early childhood district preschools & Kids' Company will be held on Tuesday, January 23, 2018 at the Waconia Enrichment Center and the St. Bonifacius Wildcat Enrichment Center from 5:00 pm - 7:00 pm.

**Current families may register:**  
Monday, January 8 through Friday, January 12.

**New families may register:**  
Starting Tuesday, January 23 at Open House and will remain open until classes are full in the Waconia Community Education office located at 516 Industrial Blvd. in Waconia.



# Kids' Company Childcare

*Kids' Company Childcare* - If you are looking for quality child care in a school setting - look no further. Kids' Company offers children the opportunity to thrive in an atmosphere that supports positive growth. Children are given this opportunity starting at the age of three (must be toilet trained) through fifth grade. Kids' Company is open at 6:00 am and our last pick up time is 6:15pm. We are located at Bayview Elementary School, Southview Elementary School, Laketown Elementary School, Waconia Enrichment Center and Wildcat Enrichment Center (St.Boni.) Children may attend Kids' Company at the school they attend which means a peace of mind for parents. Kids' Company is available on most school release days.

Our belief at Kids' Company is that children need to be in an environment that will enhance their social, academic and positive self image. We accomplish these goals through exposure to new experiences, freedom of choice and building new friendships. Children are always placed in age appropriate classes. Please see below for our specific site locations and for more details. Please note that times and locations may change due to registration numbers.

## Kids' Company Registration Information for the 2018-2019 School Year

Information will become available in December 2017 regarding Kids' Company registrations for the 2018-2019 school year. Please note that Kids' Company will be available for all preschoolers as well. Early Childhood Program open house will be on January 23, 2018 at the Waconia Enrichment Center from 5pm-7pm.

### *Our Sites Include:*

#### Bayview Elementary School

952-442-0614 or [bvkidsco@isd110.org](mailto:bvkidsco@isd110.org)  
Hours: 6:00am - 8:00am / 2:40pm - 6:15pm  
Grades: Kindergarten - 5th grade

#### Southview Elementary School

952-442-0627 or [svkidsco@isd110.org](mailto:svkidsco@isd110.org)  
Hours: 6:00am - 8:00am / 2:40pm - 6:15pm  
Grades: Kindergarten - 5th grade

#### Laketown Elementary School

952-442-0667 or [ltkidsco@isd110.org](mailto:ltkidsco@isd110.org)  
Hours: 6:00am - 8:00am / 2:40pm - 6:15pm  
Grades: Kindergarten - 5th grade

#### Waconia Enrichment Center

952-442-0610 or [dokidsco@isd110.org](mailto:dokidsco@isd110.org)  
Hours: 6:00am - 6:15pm  
Grades: Pre-K

#### Wildcat Enrichment Center - St. Bonifacius

Located in St. Bonifacius  
763-458-5217 or [sbkidsco@isd110.org](mailto:sbkidsco@isd110.org)  
Hours: 3:00pm - 6:15pm \*Contact Jenny for preschool extended hours.  
Grades: Pre-K - 5th

#### Waconia Middle School

See The Verge student hangout information on page 21.

For more information about the Kids' Company please contact Jenny Merritt at 952-442-0618 or [jmerritt@isd110.org](mailto:jmerritt@isd110.org)

### Kids' Company Preschool Age Childcare Option

Kids' Company enrolls children that are 3 years of age and older at our Waconia Enrichment Center site. This program is available to all children in the area and is also a collaborative effort between Early Childhood District Preschools and Kids' Company. Our preschools and Kids' Company are in the Waconia Enrichment Center therefore, transitions between programs will be safe and supervised. We offer a school based atmosphere for children that is safe, enriching and fun!



**Kids' Company**  
2018 Summer Parent Meeting on  
Thursday, June 14th  
Location Bayview GYM.  
Childcare will be provided.  
Parent Information Meeting  
from 6:30pm-7:00pm  
Meet & Greet / Contract  
Verification from  
7:00pm-7:30pm



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952-797-7463

Monday–Friday 6:30 a.m.–6:30 p.m. (*Last Ride Request at 6:00 p.m.*)

For more information and to see schedules: 952-949-2287 • [SWTransit.org](http://SWTransit.org) • [CustomerService@SWTransit.org](mailto:CustomerService@SWTransit.org)



# Youth Enrichment

## *Kids Fun Night Out (Parent's Date Night!)*

Ages 3-12. Do your kids want a fun place to go when you are out for a Friday evening? The night begins with the kids having free time in the Southview Elementary Kids' Company Room playing with a variety of games, coloring sheets and toys! Then we go either outdoors to the gym/playground for more games and free time. Finally we will finish the evening with a kids movie. Please pack a snack and labeled water bottle. You may also want to bring a pillow, sleeping bag and pajamas. You may sign up for as many dates as you would like but register early as there are a maximum number of children per session. Children must be toilet trained. Please complete your registration form at least one week before each date. Please note that once you register you may not transfer /cancel from that date without 6 business days' notice. This program is supervised by Community Education Staff, Holly Wortz. Please enter the building through the front office at Southview, Kids Company will be on your left.

6:30pm-10:30pm - Fridays

W-100: Jan. 5	W-101: Jan. 19	W-102: Feb. 2
W-103: Feb. 23	W-104: March 2	W-105: March 23
W-106: April 6	W-107: April 27	W-108: May 18

Minimum: 10 / Maximum: 30

Fee: \$14 per child per night and \$6 for each additional child per family per night

Register By: One week before the date you register for.

## *SafeKids 101*

**Preparing Kids to Stay Safe at Home and in the Community!** Does your child ages 8 - 12 want to stay home alone after school? Get your children trained with SafeKids 101 and both of you will feel more confident about their safety at home and in the community. This program is chocked-full of important safety principles. This program teaches what all parents want their children to know about safety! Topics include: Staying home alone, answering the door or the telephone, basic First Aid; burns, wounds & bandaging, poisonings, and choking emergencies, storm and fire emergency training, dog emergencies... Four steps to staying safe, stranger danger...straight talk with honest answers, fun, safe activities to do while home alone, create fun, healthy – safe snacks! (Please indicate any food allergies!)

W-109: Tuesday, January 30 3:00pm-5:30pm  
Laketown Elementary Media Center Fee: \$30  
Register By: January 23  
Shelly Nahan  
Minimum: 4 Maximum: 20



## *Babysitters Training*

When you get your students certified with Babysitting 101, you'll know they've been trained by the best! It gives 11 year olds and older everything they need to know, from getting started, to dealing with parents and children, to key safety, caregiving, and first aid tips. Course highlights include: Fundamental information about Babysitting and creating your business, Leadership: You're in charge, but not the parent and conflict resolution, Basic Caregiving Skills: Feeding, Diapering, Holding, Safe sleep practices, Play Time: Keeping children entertained and active safely, Safety and Injury Prevention: Telephone safety, SIDs awareness, Environmental, weather and preventable hazards, First Aid and CPR: Recognizing an emergency, Caring for an ill or injured victim, wounds and burn care, Choking and CPR. Please pack pen, paper, snacks and beverages. Guide book included! Must be 11 years of age at start of class!

W-110: Thursday, February 1

3:00pm-7:00pm

Waconia MS D-110

Fee: \$52

Register By: January 25

Shelly Nahan

Minimum: 4 / Maximum: 20



## *Drivers Education: Behind the Wheel*

Participants who have successfully completed classroom training sessions and have been issued a permit, are eligible for 6 hours of behind the wheel training. This is an opportunity for students to receive additional driving experience with a certified driving instructor. To register for Behind the Wheel Training, the registration form should be submitted, in person, along with payment and the letter verifying completion of the 30 hours of classroom instruction at the Community Ed office. The blue card will then be issued. Students will need this card in order to complete computerized permit test at the DMV. The date of their 16th birthday, along with the date of registration, will determine their priority on the waiting list. We encourage students to register early. Please do not schedule your driver's test before you start your 6 hours of Behind the Wheel. If you are participating in an after school activity, please be aware that this limits your scheduling availability with the instructors.

Fee: \$335

Payment Options:

1. The entire fee paid at the time of registration.
2. \$167.50 at the time of registration and \$167.50 prior to your last Behind the Wheel lesson.





# Youth Enrichment

*Kidcreate Studio*— Kidcreate Studio's award-winning art classes allow kids to explore art in an environment full of giggles and grins. Kids create fridge worthy masterpieces while learning art concepts and experimenting with different art materials. Curriculum is age appropriate and designed to inspire. Classes provide a fun, self-esteem building atmosphere full of "I did it" moments. Making a mess is the best with Kidcreate Studio! For more information about Kidcreate Studio visit [www.kidcreatestudio.com](http://www.kidcreatestudio.com).

## *Glow Art Camp with Kidcreate*

These art projects will light up your child's world long after the lights go out at night. You guessed it, all the projects your child creates will glow-in-the-dark! We will work with a variety of art supplies including clay, paint, and many luminescent materials to create masterpieces your child will be excited to show off in the dark! Please pack a nut free snack and drink for your child.

W-111: March 27 & 28 (Spring Break Camp!)

9:00am-12:00pm

Ages 3-6

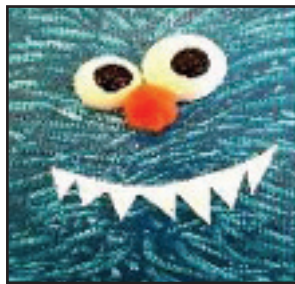
Waconia Community Education -  
Rainbow Room CS118

Minimum: 7 / Maximum: 10

Fee: \$68

Register By: March 20

Kidcreate Studio



## *Shopkins Cute with Kidcreate Studio*

Those collectibles with the adorable faces and the unique names sure are cute! Come and create the cutest sweet treats around. We will be making Berry Smoothie and Lolli Poppins out of air-dry clay and paint. Grab your shopping carts and let's get creating! Please pack a nut free snack and drink for your child.

W-120: February 2 (Non-School Day)

W-121: March 29 (Non-School Day)

9:00am-12:00pm

Grades K-5

Waconia Community Education -  
Rainbow Room CS118

Minimum: 7 / Maximum: 10

Fee: \$34

Register By: January 26/ March 22

Kidcreate Studio



## *Beginning Drawing with Kidcreate Studio*

This beginning level drawing class is far from ordinary! It's playful, imaginative and energetic. We will work with paint, glitter, bubbles and more magnificent materials as we introduce your young artist to basic art terms and drawing techniques. The kids will even receive their very own sketchbook that they will get to keep. Please bring a nut-free snack to have after school before the class begins at 3pm.

W-117: Bayview 2nd Grade Commons

Tuesdays, January 30, February 6, 13 & 20

W-118: Southview Room C241

Wednesdays, January 31, February 7, 14 & 21

W-119: Laketown 1st Grade Commons - Rivers Wing

Thursdays, February 1, 8, 15 & 22

3:00pm-4:00pm

Grades K-5

Minimum: 7 / Maximum: 20

Fee: \$58

Register By: January 23

Kidcreate Studio



## *Sparkle Love with Kidcreate Studio*

Kids LOVE sparkles. They just can't get enough of them! In this class, the kids will go sparkle crazy! They'll create multiple projects all covered with sparkles galore! They'll "tie dye," play with clay, create sun catchers and more as they work with different types of clay, paint and other spectacularly, sparkly art supplies. Please bring a nut-free snack to have after school before the class begins at 3pm.

W-114: Southview Art Room

Mondays, February 26, March 5, 12 & 19

W-115: Laketown 1st Grade Commons - Rivers Wing

Tuesdays, February 27, March 6, 13 & 20

W-116: Bayview 2nd Grade Commons

Wednesdays, February 28, March 7, 14 & 21

3:00pm-4:00pm

Grades K-5

Minimum: 7 / Maximum: 20

Fee: \$58

Register By: February 16

Kidcreate Studio



# Youth Enrichment

## *The Verge Hang Out - Grades 6th - 8th*

The Verge Student Hang Out is a place for 6th - 8th grade students to hang out after school or if they need a place to go before or after an activity. This is a supervised option for Waconia Middle School students from 3:00pm - 6:30pm on school days. Students are welcome to drop in anytime during the open time frame and use their punch card (20 times for \$60) or pay a daily rate of \$5. Daily free time will consist of hanging out with friends, playing the Wii, study time, open gym time, playing games, etc, the choice is up to the students. This area has been created to give students the opportunity to spend supervised time hanging out. Punch cards are available for purchase at Waconia Community Ed and The Verge Student Hang Out. Students may also attend by paying a daily rate in cash or check. Punch cards may be kept by the students or at The Verge. For more information about The Verge Student Hang Out policies and programming please contact Jenny Merritt at 952-442-0618 or [jmerritt@isd110.org](mailto:jmerritt@isd110.org)

## *Chess Club*

Whether you have never played chess and want to learn the basics or if you have played some and want to improve your skills, Waconia Chess Club is a fun, learning experience. Research shows that kids who play chess often see increases in scholastic performance, especially in math and reading. Best of all, kids love it! Students will learn: value of pieces, the difference between check, check mate, and stalemate; basic checkmate patterns, opening principles and general strategic concepts. There will be instruction given, but also open play time where kids can try out their own strategies - plus a tournament with trophies and medals. Chess sets will be provided; kids do not need to bring their own. Pat has been teaching chess for 2 decades, including 13 in Waconia, was voted SCA chess coach of the year and coached Eden Prairie High School to the Minnesota State Scholastic Championship.

W-123: Thursdays- April 12, 19, 26, May 3, 10, 17 & 24  
Waconia Middle School Media Center  
6:30pm-7:45pm  
Grades K-12  
Minimum: 16 / Maximum: 30  
Fee: \$60  
Pat Lavone  
Register By: April 5



## *Super Hero Kids Assault Prevention*

Statistics tell us about 1 in 7 children will face some form of sexual abuse or assault. We don't realize the problem is this great because 80% of assaults are committed by people kids know, and the events are too difficult for kids to discuss...they don't tell. The consequences are emotional problems which manifest as alcohol/drug abuse, eating disorders, emotional dysfunctions, and violent behaviors which persist until later in life when the pain is addressed and healed. And too Dysfunctional behaviors often pass from generation to generation. This class is FUN and uses NON SCARY language. Endorsed by Girl Scouts of America, Clergy, Pediatricians and Teachers. A parent is required to join your child as we talk about how to recognize when safety rules are being broken, how/who to tell, and how to get away from groomed and stranger assaults.

W-124: Grades 5-6 Monday, Feb. 5 7:00pm-8:00pm \$60

W-125: Grades K-4 Tuesday, Feb. 6 7:00pm-7:35pm \$40

Heidi Nauman

Southview Media Center

Min: 10 / Max: 30

Fee: Per Family \*Children must be accompanied by adult.

Register By: January 29

[www.notmetraining.com](http://www.notmetraining.com)

## *NOT ME! Safer Daughters & Sons-Safety & Assault Prevention*

Middle schoolers have a lot of freedom with sports, activities, new friends, public places, phones and social media. Groomed assaults are 1:7 at this age, but stranger attacks also increase with freedom. The consequences are emotional problems which manifest as alcohol/drug abuse, eating disorders, emotional dysfunctions, and violent behaviors which persist until later in life when the pain is addressed and healed. And too Dysfunctional behaviors often pass from generation to generation. This class is age appropriate, endorsed and hosted by Girl Scouts of America, Clergy, Pediatricians and Teachers. A parent is strongly encouraged to join your child to gain a new language of safety as we learn how to avoid danger, and how to get away if the worst happens.

W-126: Girls 7th-8th Monday, Feb. 26 7:00pm-8:15pm

W-127: Boys 7th-8th Tuesday, Feb. 27 7:00pm-8:15pm

NOT ME Training Team

Southview Media Center

Minimum: 10 / Maximum: 30

Fee: \$60 per family

\*Children must be accompanied by adult.



# Youth Enrichment

## {YEL!} Grandmaster of Chess

Each {YEL!} Chess class follows four basic components:

- Teach It!...Each class students are taught different chess concepts and coached to implement those concepts into their chess games
- Practice It!...Students practice positions set by the coach to improve their understanding of the concept.
- Puzzle It!... Students are given chess puzzles (constructed by WIM Serafima Sokolovskaya) and work with coach guidance to solve them.
- Play It!...Each class ends with students playing 20-30 minutes of chess. Coaches often feature in-class tournaments during the session. Fee includes ChessKid.com membership (\$49 annual value). Sign up today to THINK, LEARN and PLAY WELL with {YEL!}. Visit [www.YouthEnrichmentLeague.com](http://www.YouthEnrichmentLeague.com).

## Winter Chess Sessions - Register by: January 31

W-128: Southview Elementary Media Center  
Tuesdays: February 6, 13, 20, 27, March 6 & 13

W-129: Laketown Elementary Media Center  
Wednesdays: February 7, 14, 21, 28, March 7 & 14

W-130: Bayview Elementary 3rd Grade Commons  
Thurs: February 8, 15, 22, March 1, 8, (Skip 15) & 22

## Spring Chess Sessions - Register By: April 3

W-131: Southview Elementary Room C241  
Tuesdays: April 10, 17, 24, May 1, 8 & 15

W-132: Laketown Elementary Media Center  
Wednesdays: April 11, 18, 25, May 2, 9 & 16

W-133: Bayview Elementary 3rd Grade Commons  
Thursdays: April 12, 19, 26, May 3, 10, & 17

2:45pm-3:45pm

Grades: K-5th

Min: 6 / Max: 20

Fee: \$86

Youth Enrichment League



## Family Movie Night - Epic

Join us at the Waconia Enrichment Center Gym as we project the movie Epic! The whole family is welcome to join in the fun. Please bring your own chairs or blankets to watch. Pre-registration by the deadline is required to attend. Popcorn will be served.

W-134 - Friday, February 9 6:30pm-8:15pm

Enter 516 Industrial Blvd CE Doors

Registration Popcorn Fee: \$2 per person or \$5 per family

Register By: February 2

Min: 10 / Max 25 Families

## {YEL!} Master Architects

STEM Enrichment using LEGO® bricks for the 21st Century learner. Each {YEL!} STEM class follows four basic components

- Teach It!...Each class students are taught the basic STEM engineering concepts behind each project.
- Build It!... Students use LEGO® bricks to build a crane and design their own bridge and watchtower.
- Explore It!... Then they use that project to explore the basic engineering concepts - this session is focused on structural concepts.
- Play It!...Finally they play with their project, modify it, create extensions and have fun working with it. Sign up today to THINK, LEARN and PLAY WELL with {YEL!}.

W-135: Southview Elementary Media Center

Wednesdays: April 4, 11, 18 & 25

W-136: Laketown Elementary Media Center

Thursdays, April 5, 12, 19 & 26

W-137: Bayview Elementary 3rd Grade Commons

Wednesday, May 2, 9, 16 & 23

2:45pm -3:45pm

Grades: 1st-5th

Min: 6 / Max: 16

Fee: \$49

Youth Enrichment League

Register by: March 29 / March 29 / April 25



## {YEL!} Wheels & Racers

STEM Enrichment using LEGO® bricks for the 21st Century learner. Each {YEL!} LEGO STEM class follows four basic components:

- Teach It!...Each class students are taught the basic STEM engineering concepts behind each project.
- Build It!...Students use LEGO® bricks to build a land yacht, Formula 1 racer and design their own race cars.
- Explore It!...Then they use that project to explore the basic engineering concepts - this session is focused on wheels and axles concepts.
- Play It!...Finally they play with their project, modify it, create extensions and have fun working with it. Sign up today to THINK, LEARN and PLAY WELL with {YEL!}.

W-138: Southview Elementary Media Center

Wednesdays: February 7, 14, 21 & 28

W-139: Laketown Elementary Media Center

Thursdays, February 1, 8, 15 & 22

W-140: Bayview Elementary 4th Grade Commons

Thurs, March 1, 8, (skip 15), 22, (skip 29) & April 5

2:45pm -3:45pm

Grades: 1st-5th

Min: 6 / Max: 16

Fee: \$49

Youth Enrichment League

Register by: March 29 / March 29 / April 25





# Youth Enrichment

## *Abakadoodle Art Splash*

Let's splash some color all about and create some awesome art. In this colorful spring art class, we'll sculpt clay coil pots or baskets, create colorful jumbo hot air balloons, paint a spring garden on canvas board and we'll even draw bunnies. In this fun session, we'll explore lots of medium and create some fabulous art. Abakadoodle is the leader in children's art education bringing art programs to over 1 million students throughout the world!

W-141: Laketown Elementary Art Room

Tuesdays, April 17, 24, May 1 & May 8

W-142: Bayview Elementary 2nd Grade Commons

Wednesdays, April 18, 25, May 2 & 9

W-143: Southview Elementary Art Room

Fridays, April 13, 20, 27 & May 4

2:50pm-3:50pm Grades K-5

Minimum: 6 / Maximum: 20

Fee: \$60

Abakadoodle

Register By: April 6



## *The Sneetches - Acting Class*

Learn the basics of acting and theatre: movement, the mirror game, pantomime, conflict resolution, character development, monologue, dialogue and group dynamics. Focusing on the natural ability of children to pretend, we will play out children's literature such as "Jack and the Beanstalk", "Peter Pan" and other favorite stories as well as creating our own improvisation plays.

W-144: Laketown Elementary Media Center

Tuesdays: February 6, 13, 20 & 27

W-145: Bayview Elementary Little Theatre (Multi-Purpose)

Wednesdays: February 7, 14, 21 & 28

W-146: Southview Elementary Room C241

Thursdays: February 8, 15, 22 & March 1

Grades 3-6

2:45pm-4:15pm

Min/Max: 8/15

Fee: \$46

Homeward Bound Theatre Company

Register By: January 30



## *ZAPPING the ACT Test*

ACT Test Preparation. Provider: Doorway to College. ZAPS test-preparation seminars are carefully designed to help each student do his or her personal best on the ACT. Students who complete the ZAPS seminar—and practice our tips and strategies at home—typically raise their ACT scores by 2 to 4 points. In the five-hour ZAPS seminar, students will learn strategies for improving in all four subtests, take shortened practice tests that mirror the actual testing experience, and get suggestions for individualized study in the days leading up to the ACT test. Attendees receive a comprehensive Study Guide and 24 practice test workouts with detailed answer explanations. Students should bring a calculator and two pencils to the seminar.

W-147: Monday, March 19th & Tuesday, March 20th

6:30pm-9:00pm

Waconia HS Media Center

Fee \$89

ZAPS

Minimum 20 / Maximum 60

Register By: March 12



## *Firearms Safety Training*

This course is open to all interested youth at least 11 years old at the start of the class date. This course includes all aspects of gun training, bow hunting, first aid and more. Minnesota Firearms Safety Certification will be issued upon successful completion of the course. A parent or guardian must attend the first class. This class is sponsored by the Carver County Sportmen's Club. Space is limited at 60 participants. Registration begins on Tuesday, January 30th at 7:30am in the Waconia Community Education office located at 516 Industrial Blvd. **Parents/guardians MUST register in person, there is a specific DNR form that needs to be filled out and signed which cannot leave our office.** Sorry, there are NO REFUNDS/CREDITS/Transfers once you register for this training.

W-148: March 1,6,8,13,20,22 & Field day March 24.

6:30pm-8:30pm

Bayview Cafeteria

Field Trip & Test: March 24

Carver County Sportsmen Club

Fee: \$5 payable to Waconia Community Education at the time of registration. An additional payment of \$7.50 will be collected by the Minnesota DNR.



# Youth Enrichment

## *Father-Daughter Dance!*

You're invited to the 10th Annual - Saturday, May 19, 2018. Show her how special she really is! Fathers, Grandfathers, Uncles or anyone with a special girl is invited to spend a semi-formal evening full of music, dancing, refreshments, cake, professional photo & more! Pizza by the slice will be available for purchase. Our D.J. is sure to keep you entertained and on the dance floor! This event is for girls age 3 to 8th grade. Pre-registration for this event is required. The dance will be held at Waconia Middle School in the Cafeteria from 5:30pm-8:00pm. If your last name begins with the letter A-M please arrive at 5:00pm to have your complimentary photo taken, if your last name begins with the letter N-Z please arrive at 5:15pm to have your photo taken. Photos will be taken by Taylor Hubbard Studio of Photography and will be available for pick-up by 7pm the night of the dance. Registration for the Dance is \$25 per couple (\$5 for each additional daughter per family for the evening.)

W-149: Please register with Waconia Community Education on or before May 4th to attend the Father-Daughter Dance.



## *Sewing Basics for kids*

This basic sewing class is designed just for kids ages 8 and up! Please review the adult sewing class (page 56) as we will follow the same class outline (no week 4.) You may bring your own sewing machine, or use one that is provided for you. If you bring your machine please make sure to bring all cords and manual. Make sure machine is in good working condition, and has a bobbins and extra needles. Supplies needed (1 spool white thread, 1/4 yard fabric) Please indicate at the time of registration if you are able to bring your own sewing machine.

W-150: Thursdays – February 22, March 1, 8, 15  
5:00pm– 6:30pm

Fee: \$95

Waconia Middle School FACS Room

Beverly Huggett

Minimum: 3 / Maximum: 6

Register By: February 15



## *Sewing 101 Mini Class*

This two hour class is great for learning the ins and outs of your machine, straight out of box. Must bring sewing machine manual, and all cords. Supplies needed (1 spool of thread, Bobbin for machine)

W-151: Tuesday, February 20 5:00pm- 7:00pm

Ages 8+

Beverly Huggett

Waconia MS FACS Room

Fee \$40

Min: 3 / Max: 3

Register By: February 13



## *Sew Quilted Cosmetic / Travel Bag*

W-152: Thursday, April 26 5:00pm- 8:00pm

Grades 5th-12th

Beverly Huggett

Fee: \$35

Waconia MS FACS Room

Min: 4 / Max: 6

Sewing experience needed

Register By: April 19



## *Sew 18 inch Doll Sundress*

Sew a beautiful sundress for your 18 inch doll.

W-153: Tuesday, March 13 5:00pm-8:00pm

Ages 8+

Beverly Huggett

Waconia MS FACS Room

Fee: \$35

Min: 4 / Max: 6

Register By: March 6



## *Mommy & Me- Sew Heart to Heart quilted pillow*

Back by popular demand this Mommy and Me sewing class is the perfect setting to form a bond between mother and daughter. Sign up EARLY!!!

W-154: Tuesday, January 30 5:00pm- 8:00pm  
Ages 8+ & Mom/Adult Beverly Huggett

Fee: \$45

Waconia MS FACS Room

Beverly Huggett

Min: 4 / Max: 4 pairs

Register By: January 23



# Waconia Ski & Snowboard Club

W-155 - Waconia Ski and Snowboard Club is a non-profit co-ed group that is fun and affordable. We ski and snowboard on Sunday afternoons beginning January 14, 2018 through March 4, 2018. All boys and girls in grades 7-12 are eligible and welcome to join. This club is for all levels of skiers and snowboarders, beginners to expert! Lessons and rental equipment are available at the resort areas at our significantly reduced group rate. Helmets are MANDATORY for all participants and chaperones. For more information please contact Karen Ring at krring518@gmail.com or 612-554-0708.

## *Local Trip Schedule January-March 2018*

January 14 - Wild Mountain  
January 21 - Afton Alps  
January 28 - Welch Village  
February 4 - Off (Super Bowl Sunday)  
February 11 - Afton Alps  
February 18 - TBD  
February 25 - Afton Alps  
March 4 - Make-up date if needed

\*This is a preliminary schedule. Although the dates and ski resorts we go to will remain the same, the destinations may vary from the above schedule. The February 18 trip location will be determined once we receive our confirmations from the ski resorts.



## *Registration Minimum & Maximum*

**PLEASE NOTE!** There is a minimum signup requirement is 32 with a maximum of 40. Registrations over 40 will be put on a waiting list until/if we get enough registrations to add a second bus. Registrations are on a first-come first-serve basis. This club could fill fast! Registration materials must be received at the Community Education office not later than **Monday, December 18** in order to be eligible for the first trip.

## Information & Sign-Up Meeting

**Monday, December 4th**

**WHS B107 Group Space**

Detailed information on the ski and snowboard club will be discussed and additional registration materials will be handed out at this meeting.

## *Registration fee for all six trips:*

1-2 Children from the same family = \$140 each  
3+ Children from the same family = \$130 each

### **Additional Fees:**

Lift Ticket Each Sunday = \$25\*\*

**Rentals:** Ski and snowboard rentals are available at the resort areas with our group discount. Typically prices range from \$20-\$25 for ski and snowboard packages.

\*Due to rising costs and shortage of chaperones, we have reduced the number for trips to 6 and pushed back the start date to mid January.

\*\*Lift ticket fees are collected on the bus the day of the trip and are due only if you participate on that trip. Our registration fees are reasonable because they are based upon members missing the occasional trip.

## *Waconia Community Education & Recreation*

*"A Commitment to Lifelong Learning"*

[www.waconiacommunityed.org](http://www.waconiacommunityed.org)  
[www.waconiaareaathletics.com](http://www.waconiaareaathletics.com)

# 952-442-0610





# Youth Enrichment & Recreation

## *Fun Ways to Practice Multiplication Math Facts*

What's  $7 \times 8$ ? Arghh. Don't sweat learning math facts. Come and get idea for fun ways to practice multiplication math facts including: skip counting songs, dice games, and flashcard games. Leave with skip counting props, a number line, a set of flashcards you made, a deck of cards of your choice plus lots of fun ideas to practice. **\*Adult expected to attend with student**

W-156: Monday, January 29

Grades 2nd-8th

6:00pm-7:30pm

Laketown Media Center

Fee: \$20

Min: 5 / Max: 15

The FUN Tutor MN - Shannon Truempi

Register By: January 19



## *Make your own Geoboards!*

All supplies provided. Come and draw out a 10" x 10" grid on a board provided and nail 100 nails to make your square geoboard. Draw a 10" circle on a second board. How many nails will you pound in? Colorful box of rubberbands included to make endless fun designs with your geoboards.\* **Adult or older sibling expected to attend with younger students who would need help measuring with a ruler or hammering small nails.**

W-157: Monday, February 26

Grades 1st-6th

6:00pm-7:30pm

Laketown Media Center

Fee: \$20

Min: 5 / Max: 15

The FUN Tutor MN - Shannon Truempi

Register By: February 16



Waconia Community Education & Recreation  
Registration/Payment  
24 Hour Accessible Drop Box locations:

- > 516 Industrial Blvd., Waconia (outside of Education Center building near CE office entrance)
- > 24 South Walnut Street, Waconia (north end of Bayview Elementary School building)
- > 225 4th Street West, Waconia (outside main entrance doors of Southview Elementary School)

## *Awesome Geometric Drawing 1*

Grab your graph paper and new drafting kit and start drawing! Learn basics of geometric drawing, practice making circles with a compass, and work your way up to drawing the 7 circle pattern. This class is about drawing – not math terms! (Math terminology might make a lot of sense later though!) Supplies of large graph paper, pencils, small drafting kit with compass included. \* Younger students should be accompanied by someone if need help drawing with a compass.

W-158: Monday, March 19

Grades 3rd-6th

6:00pm-7:30pm

Laketown Media Center

Fee: \$20

Min 5/Max 15

The FUN Tutor MN -

Shannon Truempi

Register By: March 9



## *Flag Football Camp After School*

Get ready to dash to the end zone with our high-octane Flag Football course. Develop your basic passing, catching, defending, and teamwork skills. Safety and sportsmanship are emphasized. Each week we do basic skill-building exercises followed by action-packed games to cement those skills. Sure to energize young athletes!

**W-159: Bayview Elementary Outfield #3** - Meet in BV gym after school. Tuesdays, May 1, 8, 15, & 22 \*RAIN DATE for this location is 5/29. If inclement weather we will cancel by noon as their is not a back-up indoor space.)

**W-160: Southview Elementary Fields** - Meet in SV Green Gym after school. Wednesdays, May 2, 9, 16 & 23. Rain site is the Southview Green Gym.

**W-161: Laketown Elementary Fields** - Meet in LT Gym after school. Thursdays, May 3, 10, 17 & 24. Rain site is the Laketown Gym.

2:45pm-3:45pm Grades: 2-5

Minimum: 8 / Maximum: 16

Fee: \$49

Youth Enrichment League

Register By: April 24



# Youth Recreation

## *Shooting Stars Gymnastics*

Shooting star gymnastics is for girls and boys ages 3 and up. Class level descriptions can be found on our website at [www.waconiacommunityed.org](http://www.waconiacommunityed.org). Our recreational gymnastics program consists of educational training on floor, beam, bars, and vault, in a fun atmosphere. Every child is instructed within a safe environment with trained coaches. Gymnastics helps build a strong foundation for athletic achievement, self-esteem, and improves social skills. Our preschool gymnastics program incorporates early aspects of physical motor development, hand and eye coordination, strength, and flexibility. Please use activities door D at Waconia High School to enter the gymnastics facility. Leotards are suggested for girls, shorts and t-shirt for boys. Hair pulled back away from their face. All children must be toilet trained in order to register for class.

### **Saturdays: January 6, 13, 20 & 27**

W-162: Preschool	10am-11am	\$40
W-163: Level 1 & 2	11am-12pm	\$40
W-164: Level 3 & 4	12pm-1pm	\$40

### **Saturdays: February 3, 10, 24, (skip 17), March 3, 10 & 17**

W-165: Preschoolers	10am-11am	\$60
W-166: Level 1 & 2	11am-12pm	\$60
W-167: Level 3 & 4	12pm-1pm	\$60

### **Tuesdays: April 10, 17, 24, May 1, 8 & 15**

W-168: Preschoolers	4pm-5pm	\$60
W-169: Level 1 & 2	5pm-6pm	\$60
W-170: Level 3 & 4	6pm-7pm	\$60



Minimum 6 / Maximum 12

Register early, at least one week prior before session begins.

Instructor : Beverly Huggett

## *Dance Xcess!*

Dance Xcess gives children in District 110 the opportunity to experience the art and joy of dance. Instructor Kris Lamkin has been a dance instructor for 17 years. This dance program specializes in basic ballet technique and jazz. Dance Xcess is dedicated to providing a fun learning environment while experiencing the art of dance. This is a great way to give your child a taste of dance. Classes are Monday nights. Preschool 1 is for first year students (at least 3 years old by first class date please.) Preschool 2 is for second year students or 4's/5's. Black dance shoes are recommended and form fitting dance wear is encouraged. There will be a recital (**free to attend!**) on Friday, May 18th in the Waconia Middle School Auditorium. More information will follow. There will be an additional costume fee of \$65 payable to the instructor.

W-171: Preschool 1 (Age 3 & 4)	5:30pm-6:00pm	\$75
W-172: Preschool 2 (Age 4 & 5)	6:00pm-6:30pm	\$75
W-173: Grades K-2	6:30pm-7:15pm	\$112
W-174: Grades 3-6	7:15pm-8:00pm	\$112
W-175: Grades 7th-12th	8:00pm-9:00pm	\$150

Mondays: January 8, (skip 15), 22, 29, February 5, 12, (skip 19), 26, March 5, 12, 19, (skip 26), April 2, 9, 16, 23, 30, May 7, 14, 17\* & 18\*

**Dress Rehearsal:** Thursday, May 17th - Waconia MS Auditorium

**Recital:** Friday, May 18th – Waconia Middle School Auditorium 7pm

Min Per Session: 2/ Max Per session: 15

Laketown Elementary School Music Room B115

Register By: January 2 \*May fill prior!

Instructor: Kris Lamkin





**MUSIC LESSONS  
FOR ALL AGES!**



Offering affordable lessons for piano, voice, drums, guitar, band and orchestra instruments.

Early-childhood music classes also available for children 0-6 yrs.

[WaconiaMusicStudios.com](http://WaconiaMusicStudios.com)  
[JoyfulNoiseMusicMinistry.com](http://JoyfulNoiseMusicMinistry.com)

 **Holy Family Catholic High School**



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--	--

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**Spread fun.  
Not flu.**

Even healthy children can get seriously sick from the flu, and they can spread it to family, friends, and others.

Everyone 6 months of age & older should get a flu vaccine every year.

If you do not have insurance for the flu vaccine, call Carver County Public Health at 952-361-1329.

 **CARVER COUNTY**  
 **Public Health**  
 Healthy Carver for a Lifetime



# Youth Recreation

## *Yoga - Mary McCarthy Bio:*

Mary McCarthy, owner of BodyWisdom, has been in the health and wellness industry as a personal trainer and group instructor for all ages for over 25 years. She understands the importance of yoga practice for everyone but especially children. She believes establishing yoga in young lives paths the way to a healthier centered lifestyle. All classes are unique and content age appropriate.

## *Parent/Child Yoga - Ages 4-7*

Parent and child will learn yoga poses and relaxation techniques to keep their bodies strong and flexible through stories linked with traditional (and not so traditional) poses. Children will explore their creativity and intuition through body movement. Partner poses with parent and child will deepen their bond of trust and nurturing. A truly positive and fun experience between parent and child. If possible, please bring a yoga mat; there will be mats available if you cannot. Light tummy is advised and please bring a water bottle.

Thursdays: 6:00pm-6:45pm

W-176: January 11, 18, 25 & February 1

W-177: February 8, 15, 22 & March 1

W-178: March \*8\*, 15, 22, (skip 29) & April 5

Laketown Elementary B115

\*\*March 8th class will be at

Southview 1st grade commons

Fee: \$32 for pair

(\$48 w/ second child attending)

Register By: One week prior

Minimum:10 / Maximum:30



## *Family & Group Yoga*

This class is for children that are ages 8-14 (boys and girls) and parents. Family yoga is dance, gymnastics, meditating, acting and visualization rolled up in a 45 minute practice of fun. It will build stamina and self confidence thru games of self regulation and focus, traditional and not so traditional yoga poses and breathing exercises as well as enhancing strength, flexibility and balance. All family members feel invigorated and calm at the same time. Families increase their dialog by sharing in this time together as well as all the other benefits. Light tummy is advised. We go upside down.

Thursdays: 6:45pm-7:30pm

W-179: January 11, 18, 25 & February 1

W-180: February 8, 15, 22 & March 1

W-181: March \*8\*, 15, 22, (skip 29) & April 5

Laketown Elementary B115 -\*\*March 8th class at Southview 1st grade commons

Single Fee: \$16

Pair Fee: \$32

Family Fee: \$48 (3 or 4 people) Register By: One week prior

Minimum:10 Maximum:30

## *Tae-Kwon-Do Korean Karate- Ages 6 - Adult*

Students of all ranks and levels will learn self-defense techniques and the history of Tae-Kwon-Do. Lessons are for students Kindergarten (2017-2018) and older. No prior experience is necessary. Beginning students on up to green belts should register for Level B. Green Belts on up should register for Level A. Classes will be held in the Bayview Cafeteria. Enter thru the loading dock doors in back of Bayview, the door has a few steps leading into it and they face the football field. Please register BEFORE attending your first class.

### **Mondays**

**December 18, (skip 25 & January 1), 8, 15, 22, 29, Feb \*5**

W-182: Level B (Beginners) 6:30pm - 7:30pm

W-183: Level A (Advanced) 7:30pm - 8:30pm

**February 12, 19, 26, March 5, 12 & 19**

W-184: Level B (Beginners) 6:30pm - 7:30pm

W-185: Level A (Advanced) 7:30pm - 8:30pm

**March 26, April 2, 9, 16, 23 & 30**

W-186: Level B (Beginners) 6:30pm - 7:30pm

W-187: Level A (Advanced) 7:30pm - 8:30pm

**May 7, 14, 21, (skip 28), June 4, 11 & 18**

W-188: Level B (Beginners) 6:30pm - 7:30pm

W-189: Level A (Advanced) 7:30pm - 8:30pm

Minimum: 6 / Maximum: 40

Linda Kroells

Bayview Cafeteria (2/5 in LT Cafeteria)

Fee: \$39

Register By: One week prior to start



# Youth Recreation

## February Youth One-Day Basketball Camp

The exciting sport of basketball is growing in Waconia for both boys and girls! During the camp your child will have fun learning the fundamental skills of basketball. Instructions on shooting, dribbling, passing, and various skills will be given along with fun games and drills. Come join the fun! There will be an opportunity after camp for you to snap a photo of your child with a basketball by the Wildcat logo if you choose. **Parents/adults/12+ siblings are encouraged to be out on the floor with their PreK age student for this camp.**

Sunday, February 25

W-190: Kindergarten & 1st	3:30pm-4:30pm
W-191: 1st & 2nd Grade	3:30pm-4:30pm
W-192: PreK Ages 3-4 (w/ helper)	4:45pm-5:45pm
W-193: PreK Ages 4-5 (w/ helper)	4:45pm-5:45pm

Fee: \$8

Register By: February 16

Minimum: 10 / Maximum: 25

Holly & Tyler Wortz

Waconia Middle School Gym



## December Baseball Clinic

Coach Bender and other Waconia Schools baseball coaches will teach players the proper fundamentals of hitting, fielding, and throwing. Participants should wear athletic clothing (including gym shoes) AND bring their glove, bat, and helmet. If you do not have a bat and/or helmet, one will be provided for you.

December 26, 27, and 28

W-194: Ages 9 and 10:	9:00am-10:15am
W-195: Ages 11 and 12:	10:30am-11:45am

Waconia HS Field House Gym/Batting Cages

Collin Bender and other Waconia HS Baseball Coaches

Minimum: 12/Maximum: 24

Register By: December 15

Fee: \$60



## Baseball Pitching Camp

Coach Bender is the Waconia High School varsity pitching coach. Participants should bring their baseball fielder's glove and wear athletic clothing, including gym shoes. All participants need to have their own capable catcher with them each Sunday.

Sundays: February 4, 11, 25, and March 4.

W-196: 12:00pm-1:00pm: Ages 9 & 10

W-197: 1:00pm-2:00pm: Ages 10, 11, & 12

Bayview Gym

Minimum 6 / Maximum 12

Fee: \$60

Register by: January 26

Collin Bender



## How to Register

\*Online @ [www.waconiacommunityed.org](http://www.waconiacommunityed.org)

\*In person Monday-Friday 7:30am-4pm

\*Fax 952-442-0619 at our office

\*Drop Box - 24 hour accessible drop box located outside our office doors

\*Mail in your registration to Waconia Community Education, 516 Industrial Blvd., Waconia, MN 55387

## Baseball Hitting Camp

This camp will help you improve your swing mechanics and mental approach to hitting, in preparation for the baseball season. Join Waconia High School baseball coaches Mark Grundhofer, Collin Bender, and Josh Sell for three lessons of quality baseball hitting instruction. Participants should bring their own baseball bat and batting helmet (if you do not have a batting helmet, one will be provided for you.) Gym/tennis shoes are required and athletic clothing is recommended.

March 5, 6, and 7

W-198: Grades 4 & 5 4:00pm-4:45pm

W-199: Grades 4 & 5 5:00pm-5:45pm

W-200: Grades 6 & 7 6:00pm-6:45pm

Waconia HS Field House Gym/Batting Cages

\*Enter WHS Main Doors

Fee: \$45

Register By: February 16

Minimum: 9 / Maximum: 18



# Youth Recreation

## Carlson Tennis

This is our 3rd year with indoor tennis for kids ages 4-11! Our mission with Junior Tennis is to provide a tennis pathway for kids from learning how to play to applying it in match play. Our Stars Program is for both beginner and those that have played. Please contact Dan Carlson with any questions. dan@carlsontennis.com or check out their website: www.carlsontennis.com - Register for these classes with Waconia Community Education & Recreation.



## Tennis Little Stars (Ages 4-6)

This class is for our youngest players. We emphasize agility, balance, and coordination. Movement and tracking skills will give the kids the ability to properly handle a racquet and ball. We feel that this foundation will be instrumental in their long term success playing tennis. FUN and SUCCESS is our goal!

W-201: Thurs: January 4, 11 & 18 (3 dates \$34)  
W-202: Thurs: February 15, 22, March 1 & 8 (\$45)  
W-203: Thurs: March 22, (skip 29), April 5, 12 & 19 (\$45)

Minimum: 4 / Maximum: 12  
5:30pm-6:00pm  
Southview Green Gym  
Register By: One week before  
each start date (could fill prior)



## Tennis Rising Stars (Ages 7-8)

The goal of this class is control. We will split this group into two levels, past players and beginners. The kids will enjoy playing games and rallying the ball back and forth while working on technique and tactics. These kids will play games with rallying by the 2nd lesson and the final day will be full of games and competitions.

W-204: Thurs: January 4, 11 & 18 (3 dates \$49)  
W-205: Thurs: February 15, 22, March 1 & 8 (\$64)  
W-206: Thurs: March 22, (skip 29), April 5, 12 & 19 (\$65)

Minimum: 4 / Maximum: 12  
6:00pm-7:00pm  
Southview Green Gym  
Register By: One week before each start date  
(could fill prior)



## Tennis Future Stars (Ages 9-11)

We will split this group into two levels based on ability; however everyone will be rallying from the first day. Our emphasis for these kids is to get them to rally the ball and understand the fundamentals of the forehand and backhand groundstrokes, volleys, and serve. If you have any questions about Carlson Tennis programs please contact Dan Carlson.

W-207: Thurs: January 4, 11 & 18 (3 dates \$49)  
W-208: Thurs: February 15, 22, March 1 & 8 (\$64)  
W-209: Thurs: March 22, (skip 29), April 5, 12 & 19 (\$65)

Minimum: 4 / Maximum: 8  
7:00pm-8:00pm  
Southview Green Gym  
Register By: One week before  
each start date (could fill prior)



## Waconia Family Kung Fu

Come join our Waconia Kung Fu Club! The Waconia Kung Fu club welcomes you to join in the study of Chinese Character Fist. Learn self defense, personal protection, and even find out what animal style you are (is it Tiger, Dragon....Panther?). The first hour of class is for basic movements and self defense, while the second hour is for more advanced topics and traditional forms. There is always something new to learn. The club is organized by Rodney Golden an instructor with 26+ years experience. Families are encouraged to attend together.

### Sunday Session 1

W-210: January 7, 14, 21, 28, February 4 & 11

### Sunday Session 2

W-211: Feb. 18, 25, March 4, 11, 18 (Skip 25 & April 1) & 8

### Sunday Session 3

W-212: April 15, 22, 29, May 6, 13 & 20

Ages 8+  
2:00pm-4:00pm  
Bayview Cafeteria (Park & enter the doors behind Bayview Elementary school near loading dock doors.)  
Minimum: 6 Maximum:: 20  
Fee: \$25 per person  
Rodney Golden





# Youth Recreation

## HappyFeet Soccer

HappyFeet is a new and exciting soccer clinic for children ages 2 - 5. Using our proven, fun "Story Time With A Soccer Ball" approach, HappyFeet will surely be your child's favorite weekly activity. We are committed to helping children form healthy exercise habits using the world's most popular game, soccer! The HappyFeet goal is that each and every child has fun, improves their fitness, increases their enjoyment of fitness activities, achieves a higher self concept, and gains advance skill! Register now, and let your little one meet the HappyFeet soccer ball called "Bob the Bobcat"! Please enter the Waconia Community Education doors located at 516 Industrial Blvd. in Waconia. January-March Sessions will take place in the Waconia Enrichment Center Gym. April-June Session will take place outdoors at Southview Elementary School with the gym as the rain site. Check us out! <http://www.tchappyfeetlegends.com/>

**Little Toes:** Ages 2 & 3 act out nursery rhymes and songs.

**Big Toes:** Ages 4 & 5 have a blast with stories and fun games.

### THURSDAYS

**January 4, 11, (skip 18), 25 & February 1 @ WEC GYM**

W-213: Ages 2/3 - 6:00pm-6:30pm

W-214: Ages 4/5 - 6:30pm-7:00pm

**February 8, 15, 22 & March 1 @ WEC GYM**

W-215: Ages 2/3 - 6:00pm-6:30pm

W-216: Ages 4/5 - 6:30pm-7:00pm

**March 15, 22, 29 & April 5 @ WEC GYM**

W-217: Ages 2/3 - 6:00pm-6:30pm

W-218: Ages 4/5 - 6:30pm-7:00pm

**April 12, 19, 26 & May 3 @ Southview Fields**

W-219: Ages 2/3 - 6:00pm-6:30pm

W-220: Ages 4/5 - 6:30pm-7:00pm

**May 10, 17, 24 & 31 @ Southview Fields**

W-221: Ages 2/3 - 6:00pm-6:30pm

W-222: Ages 4/5 - 6:30pm-7:00pm

January-March = Waconia Enrichment Center Gym. (WEC)  
April-June = SV Elementary / Gym/Dining as the rain site.

Fee: \$45

Register By: One week prior to start date, classes may fill sooner than that so please register early!

Minimum: 5 / Maximum: 12



## Ridgeview Teen Strength Camp

Ridgeview Teen Strength camp is designed to introduce strength training and body mechanics to teens, Grades 6th-9th. Learn the fundamentals of resistance training and its importance in maintaining a healthy weight, strengthening muscles and bones, improving body mechanics and boosting confidence and self-esteem. Camp sessions are instructed by Ridgeview's Sports Performance Specialists and have a favorable staff to participant ratio (Approximately 1:15), ensuring adequate attention is given to each participant in respect to proper technique and education. This group will meet in the WMS Weight Room.

Winter Mondays - January 22, 29, February 5, 12, (skip 19), 26, March 5, 12 & 19

W-223: Girls Only - 6:15pm-7:00pm

W-224: Boys Only - 7:00pm-7:45pm

Spring Mondays - April 2, 9, 16, 23, 30, May 7, 14 & 21

W-225: Girls Only - 6:15pm-7:00pm

W-226: Boys Only - 7:00pm-7:45pm

6th-9th Graders

Minimum: 12 / Maximum: 18

Fee: \$55

Register By: January 12 / March 23

Ridgeview Sports Performance Instructors

Waconia Middle School Weight Room



## Floor Hockey

This league is for those of you looking for an opportunity to play pick-up style floor hockey after school. Each day we meet new teams will be formed for floor hockey fun. Both boys and girls are welcome to register. Come to the gym after school, have a snack and we'll start at 3pm. Students from other schools are welcome to attend. Floor hockey sticks are provided.

Bayview Gym Floor Hockey

W-227.55: Tue/Thurs February 6, 8, 13, 15, 20 & 22

Laketown Gym Floor Hockey

W-227: Tue/Thur - March 1, 6, (skip 8), 13, 15, 20 & 22

W-228: Mon/Wed - April 2, 4, 9, 11, 16 & 18

3:00pm-4:00pm

Fee: \$24

Supervisor: Holly Wortz Register By: February 22

Grades 3rd-5th

Min: 8 / Max: 20



# Youth Recreation

## Waconia Girls Diamond Softball Camps

Sundays – April 8, 15, 22 & 29

Register by: March 30 (may fill prior!)

Southview Softball Fields (rain site is Southview Gym)

Instructor: Holly Wortz

To be guaranteed a camp T-shirt please register on time.

Bring your glove, a bat if you have one and a water bottle

## Sparkles Softball Camp K-2nd

Girls will have fun learning fundamentals of softball including correct throwing, fielding, base running, sliding and correct swinging/hitting techniques. The most exciting part of camp will be learning to slide correctly into a base.

W-229: Kindergarten-2nd

4:30pm-5:30pm

Fee: \$35 (Includes T-shirt)

Minimum: 6 Maximum: 16



## January One Day Fastpitch Softball Camp

Join us for a one day camp to prepare for the upcoming fastpitch softball evaluations. The girls will have an opportunity to field grounders, hit whiffle balls, base run and either be introduced to or reminded on how to bunt. Space is limited so please register early. (Information on page 26 if you are interested in registering and being evaluated for the BigWest Fastpitch Softball League 2018 Season.)

### Sunday, January 7th

W-232: 6:00pm-7:00pm 3rd - 5th Grade

W-233: 7:00pm-8:00pm 5th - 8th Grade

W-234: 8:00pm-9:00pm 8th - 12th Grade

Bayview Gym Fee: \$10

Register by: January 3

Holly Wortz

Minimum: 6 / Maximum: 14



## Gems Softball Camp 2nd-4th

For this softball camp, we will have fun while beginning to incorporate a competitive side to the game of fastpitch softball. The girls will learn proper infield/outfield throwing, baserunning, correct hitting mechanics and specific positions will be covered. Please be prepared to try sliding by wearing softball pants or bring sweatpants to throw on over shorts.

W-230: Grades 2nd-4th

5:30pm-6:30pm

Fee: \$35 (Includes T-shirt)

Minimum: 6

Maximum: 16



## Brilliance Fastpitch Softball Camp 3rd-6th

Are you ready to bring your softball game to the next level? If you love the game of Fastpitch softball and want to have fun learning advanced skills then this camp is for you! Get ready to challenge yourself with infield and outfield diving progressions. Several bunting and hitting techniques will be covered such as sacrifice bunting, slap bunting, drag bunting, etc. The girls will be introduced to aggressive base running techniques like delayed stealing and hook sliding. Many more advanced skills will be covered as well as fundamentals.

W-231: Grades 3rd-6th

6:30pm-7:45pm

Fee: \$45 (Includes T-shirt)

Minimum: 6 Maximum: 16



## Fastpitch Softball Pitching Clinic

This pitching clinic will help softball players develop their pitching skills. We will be focusing on proper pitching technique. Participants must provide their own catcher (parent/sibling, etc). Bring your softball glove, tennis shoes and your smile! We may move outdoors if the weather is nice!

W-235: Tuesdays, April 3, 10 & 24

5:30pm-6:30pm

Girls Grades 3rd-8th

Fee: \$25

Southview Dining/ Gym -

Enter Door #12

Minimum: 4 / Maximum: 12

Terri Bessire

Register by: March 23



# Boys Metro Baseball

#509	9 Year Olds	Evaluation for a 9 year old team if your birthday is on or between May 1, 2008 & April 30, 2009.
#510	10 Year Olds	Evaluation for a 10 year old team if your birthdate is on or between May 1, 2007 & April 30, 2008.
#511	11 Year Olds	Evaluation for a 11 year old team if your birthdate is on or between May 1, 2006 & April 30, 2007.
#512	12 Year Olds	Evaluation for a 12 year old team if your birthdate is on or between May 1, 2005 & April 30, 2006.
#513	13 Year Olds	Evaluation for a 13 year old team if your birthdate is on or between May 1, 2004 & April 30, 2005.
#514	14 Year Olds	Evaluation for a 14 year old team if your birthdate is on or between May 1, 2003 & April 30, 2004.
#515	15 Year Olds	Evaluation for a 15 year old team if your birthdate is on or between May 1, 2002 & April 30, 2003.

## *Metro Baseball Information:*

**\*Please note that first round evaluations for U10-U15 league took place in August 2017.**

- 1) This is a competitive, skills based traveling league and an evaluation is used. Participants MUST attend their age appropriate evaluation time in August 2017 (U10-U15) and January 2018 (U9-U15). There is a risk that cuts will be made, and no player is guaranteed a spot on any team regardless of team placement in 2016. For those who wish to skip the evaluation process for baseball there is an opportunity to play local league this coming summer. Please look for this information in our next brochure that is available in November.
- 2) In the event you were evaluated and not selected to a Metro Baseball team, you will receive a full refund minus the \$25 evaluation and processing fee. An email will be sent after evaluations to explain additional baseball options.
- 3) Registrations for "playing up with your grade" need to be pre-approved by contacting Tom. 952-442-0610
- 4) Games run from mid May through July. Typically twice per week on any night of the week. Coaches pick practice dates.
- 5) Players are unable to play in both the Metro League and Pee Wee, Local League Baseball & Crow River Baseball.
- 6) The # of teams is based on tryout scores/strength of team, not by the number of participants that tryout. This will be determined after tryouts.
- 7) There is no guarantee that there will be enough players to fill out any team. If there are enough boys for multiple teams that could be created as well. WAA/Baseball Advisory Council has the right to move boys up a level or shift to another team as it seems fit based on tryouts and numbers.
- 8) Players must live in District 110 or attend District 110 schools to be eligible to play in this league.
- 9) Coaches, players and parents will have to sign a code of conduct form before the child is allowed to play.
- 10) All U9-U15 Baseball teams will be announced after the January 2018 evaluations.

*U9-U15 Baseball: Register by January 3rd*

*Evaluation Times: Sunday, January 14th, 2018*

Evaluations held at Waconia HS Field House/Safari Gym on January 14, 2018. Bring your glove, bat & indoor shoes.

15U: 9:00 am  
 14U: 10:45 am  
 13U: 12:15 pm  
 12U: 2:00 pm  
 11U: 3:30 pm  
 10U: 5:00 pm\*\* Parent Meeting  
 9U: 6:30 pm\*\* Parent Meeting  
 \*\*Parent meeting for 9's and 10's during your athlete's evaluation session.



## *Metro Baseball Fees*

10U-15U: \$390 (Includes late fee)  
 9U: \$340 (there was not an August evaluation for the 9's)  
 \*\*Other fees may apply based on if the team/coaches decide to play/qualify for additional tournaments and/or have paid coaches.

**Metro Baseball Opening Pitch & Coaches Meeting- Sunday, March 18th - 12pm-4pm - WMS GYM**



# 2018 Boys Metro Baseball Registration Form

*Evaluation Teams: (evaluation necessary)*

#509	9 Yr. Old Metro Baseball	#510	10 Yr. Old Metro Baseball	#511	11 Yr. Old Metro Baseball
#512	12 Yr. Old Metro Baseball	#513	13 Yr. Old Metro Baseball	#514	14 Yr. Old Metro Baseball
#515	15 Yr. Old Metro Baseball				

Name: \_\_\_\_\_ Class #: \_\_\_\_\_

Grade (2017-2018 school year): \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

**Jersey Information:** All participants will receive 2 uniform tops and hat with participation fee.

**Jersey Sizing:** All uniforms will be available at evaluations in January for participants to try on so the correct size is ordered. A parent/guardian should come into tryouts with their player and have the child try on the jersey for them. Parents/guardians will be asked to initial that they have tried on the uniforms and the correct size was selected. Waconia Area Athletics is not liable if the uniform was not tried on and the correct size wasn't selected.



**Metro Baseball Refunds:** A full refund will be given minus \$25 processing fee and tryout fee through January 14, 2018. After January 14, 2018 no refunds will be given.

**Would you like to be considered for COACHING? (Please Circle):** Yes-Head Coach Yes-Assistant Yes-Manager No  
\*A background check will be completed. Coaches will not be determined until after tryouts.

Coach Name & Shirt Size: \_\_\_\_\_ Mens Shirt Size: MM ML MXL MXXL MXXXL  
Womens Shirt Size: WS WM WL WXL WXXL WXXXL

Coach Phone #: \_\_\_\_\_ Coach E-Mail Address: \_\_\_\_\_

U9 Metro Baseball Fee is: \$340 U10-U15 Metro Baseball Fee is: \$390

Returning Metro Baseball athlete my 2017 number was: \_\_\_\_\_

New to Metro Baseball? I would like this uniform number: \_\_\_\_\_ or \_\_\_\_\_

Fee includes a \$15 non-refundable evaluation fee/\$10 processing fee. Fees also includes: two uniform tops (**which you will need to be fitted for at evaluations**), fitted cap, umpires, league fee, two tournament entry fees, balls, game and field supplies, evaluations, administration. Payment options are available, please call Waconia Community Education & Recreation for details.

Method of Payment: (circle one) Cash Check Credit Card (Master Card - Visa - Discover - American Express)

Credit Card #: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

I understand that there may be certain liabilities associated with these activities, and I agree not to pursue Dist. #110 Community Education, or the cities of New Germany, St. Bonifacius or Waconia in the event of an injury.

Dist. #110 Community Education & Recreation

516 Industrial Blvd ~ Waconia, MN 55387 ~ 952-442-0610 ~ FAX: 952-442-0619

Waconia Community Education & Recreation 952.442.0610

# 2018 Girls Big West Fastpitch Softball

## *Girls Big West Fastpitch Softball League: Register by Wednesday, January 3, 2018*

- 1) This is a competitive, skills based traveling league and an evaluation is used. There is a risk that cuts will be made, and no player is guaranteed a spot on any team regardless of team placement in 2017. For those who wish to skip the evaluation process, play in the recreation league and have equal playing time. You will find more information about these other leagues on pages 39 & 42.
- 2) Suburban league teams: U10-U18 play in the suburban League and 2 local tournaments.
- 3) Your age on January 1, 2018 determines where you play in the Suburban Fastpitch league. If you are in 3rd grade and are 8 or 9, you are eligible to play.
- 4) There is no guarantee that there will be enough players to fill out any team. If there are enough girls multiple teams could be created as well. CE and the Softball Advisory Council will evaluate and have the right to move girls up a level or shift to another team as it seems fit based on tryouts and numbers.
- 5) In the event you were evaluated and not selected to the Big West Fastpitch League team or the tournament based team you will receive a full refund minus the \$15 evaluation fee/\$10 processing fee. An email will be sent after evaluations to explain additional softball options.
- 6) League games will be played one or two nights per week, Mon-Thursday. The league plays double headers on game nights. Tournaments will be on weekends. These will conflict with other programs, i.e Waconia Marching Band, MYSA Soccer.
- 7) 3rd & 4th grade players are able to play in the Pee Wee Softball Season #2 if age/grade eligible
- 8) Payment & Registration must be turned in PRIOR to evaluations. If registered between Jan 4-21, please add \$20. There is a payment option available, contact Community Education for details.
- 9) The # of teams will be determined after tryouts and is based on tryout scores/strength of team, not by number of kids that tryout.
- 10) Coaches, players and parents will have to sign a code of conduct form before the child is allowed to play.

## Evaluations will take place on Sunday, January 14 and Sunday, January 21

Bring your glove, bat & wear tennis shoes - this is an indoor evaluation. Evaluation will take place at Waconia MS.

### U10, U12, U14, U16, U18 Teams

Birth year 2006, 2007, 2008, 2009..... Evaluations 3:00pm-5:00pm

Birth year 2000, 2001, 2002, 2003, 2004, 2005 .... Evaluations 5:00pm-7:00pm

### Sunday, January 14

Evaluations 3:00pm-5:00pm

Evaluations 5:00pm-7:00pm

### Sunday, January 21

Evaluations 3:00pm-5:00pm

Evaluations 5:00pm-7:00pm

Players must attend one or both evaluation dates. The highest score from one or both of the evaluation dates will be used.

**Please Note:** Players may be assigned to a higher level of play by WAA/Softball Advisory board pending registration numbers, skill level and team needs.

## *Big West Fastpitch Softball League Fee \$340 (January 4th-21st 2018 fee is \$360)*

\*Register with your birth year. Teams will be coordinated accordingly U10-U18.

**Fee Includes:** A uniform top to keep, two tournaments, game and field supplies, administration and a \$15 non-refundable evaluation fee/\$10 processing fee. **\*\*Other fees may apply based on if the team/coaches decide to play/qualify for additional tournaments and/or have paid coaches.**

### *CAR DECALS!*

Exterior car decals are available for \$5 at the Waconia Community Education Office  
Black team pants can be purchased in our online apparel store along with other club apparel:

<https://waconiafp18.itemorder.com>



# 2018 Big West Fastpitch Registration Form

## Evaluation Teams: (evaluation necessary)

Register class number birth year: #SOFTBALL #2000 #2001 #2002 #2003 #2004 #2005 #2006 #2007 #2008

Name: \_\_\_\_\_ Class #: \_\_\_\_\_

Current Grade (2017-18 school year): \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

**Jersey Sizing:** All uniforms will be available at tryouts for participants to try on so the correct size is ordered. A parent/guardian should come in to tryouts with their player and have the child try on the jersey. Parents/guardians will be asked to initial that they have tried on the uniforms and the correct size was selected. CE is not liable if the uniform was not tried on and the correct size wasn't selected.

**Big West Softball Refunds:** A full refund will be given minus \$25 (processing fee and tryout fee) from January 4 - January 21, 2018. After January 21, 2018 we cannot offer a refund.

**Would you like to be considered for COACHING? (Please Circle):** Yes-Head Coach Yes-Assistant Yes-Manager No  
\*\*A background check will be completed. Coaches will not be determined until after the tryout process.

Coach Name & Shirt Size: \_\_\_\_\_ Mens Shirt Size?: MM ML MXL MXXL MXXXL  
Womens Shirt Size: WS WM WL WXL WXXL WXXXL

Coach Phone #: \_\_\_\_\_ Coach E-Mail Address: \_\_\_\_\_

*Big West Softball League Fee: \$340 (January 4th-21st 2017 fee is \$360)*

**Fee Includes:** Uniform top, two tournaments, game and field supplies, administration and a \$25 non-refundable evaluation fee and processing fee. Payment options are available. Call CE for details.

Returning Suburban Fastpitch athlete my 2017 number was: \_\_\_\_\_

New to Suburban Fastpitch? I would like this uniform number: \_\_\_\_\_ or \_\_\_\_\_



Method of Payment: (circle one) Cash Check Credit Card (Master Card - Visa - Discover - American Express)

Credit Card #: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

I understand that there may be certain liabilities associated with these activities, and I agree not to pursue Dist. #110 Community Education, or the cities of New Germany, St. Bonifacius or Waconia in the event of an injury.

Dist. #110 Community Education & Recreation  
516 Industrial Blvd - Waconia, MN 55387 - 952-442-0610 - FAX: 952-442-0619  
www.waconiacommunityed.org



# GIVE & WIN!

Win a Prize **AND** an extra \$4,000 for  
your school?

Here's how it works:

✓ **Donate** to your school when you purchase \$1 Mackenthun's 100  
Year Anniversary Car Window Decal

*(Mack's matches donations for Top 3 Schools - up to \$2,000 each)*

✓ **Display** your decal in your car window - Every time you shop Mackenthun's  
Fine Foods you have a chance to win a prize! Listen for your vehicle  
description when you're in shopping!

✓ **Win** - Mackenthun's Fine Foods chooses **350 Winners**  
through December 31, 2017, **over \$17,000 in prizes!**  
(sample prizes include \$50 Gift Card, Free Pizza for a year, etc.)

**How does your school rank?**  
Visit [www.mackenthuns.com](http://www.mackenthuns.com)  
Click 100th Anniversary



More than just a church or school

A Community of Faith and Learning

Engages, Equips, & Empowers | Individuals & Families | Spiritually & Educationally



School Preview Night

Preschool—8<sup>th</sup> Grade

(Students, Parents & Siblings)

Thursday, January 25, 2018

6:30 - 8 pm



601 EAST SECOND STREET | WACONIA MN 55387 | 952-442-4165 | [TRINITYWACONIA.ORG](http://TRINITYWACONIA.ORG)

## Pee Wee Baseball & Softball Leagues / Grades 3 & 4

Players will be called by their coach for their first practice day. Coaches needed: 2-3 per team, if you sign up to coach and pass a background check please plan on attending the coaches meeting. Registration deadline is Wednesday, March 21 / Late Fee: \$10 after March 21 if there is space available. More information will be available in the Summer Brochure which comes out the week of March 5. All dates and locations are subject to change based on registration numbers. Sorry, we cannot offer a refund after the coaches meeting. 2nd Graders may play up in this league if a parent coaches.

### *#300 Boys Pee Wee Baseball*

#### **Season #1 - Pitching Machine**

Ages: Grades 3 & 4 / 2017-2018 school year

Nights: Tuesday & Thursday night

Practice Dates: May 15, 17, 22, 24

Game Dates: May 29, 31, June 5, 7, 12, 14, 19, 21, 26, 28, July 10. Rain Dates: July 12 & 17

Game Time: Between 6:00 pm - 10:00 pm

Sites: Waconia / St. Boni / Watertown / Carver / Winsted / NYA / Lester Prairie / Silver Lake (more could be added)

Fee: \$75 (Includes T-shirt, cap, balls, game & field supplies & administration.)

Coaches Meeting: Tuesday, May 1 @ 6pm in CE Office - A

Season 2 Player Pitch information will be in our summer brochure. New teams will be created.

### *#350 Girls Pee Wee Softball*

#### **Season #1 - Pitching Machine**

Ages: Gr. 3 & 4 / 2017-2018 school year

Nights: Monday & Wednesday night

Practice Dates: May 14, 16, 21 & 23

Game Dates: May 30, June 4, 6, 11, 13, 18, 20, 25, 27 and July 9. Rain Dates: July 11 & 16

Game Time: Between 6:00 pm - 10:00 pm

Sites: Waconia / St. Boni / Watertown / Carver / Winsted / NYA / Cologne / Silver Lake / Belle Plaine / Jordan + others

Fee: \$75 (Includes T-shirt, visor, balls, game & field supplies & administration.)

Coaches Meeting: Tuesday, May 1 @ 6pm CE Office - A

Season 2 Player Pitch information will be in our summer brochure. New teams will be created.

## Local League Baseball & Softball League / Grade 5 & 6

In the 5th & 6th Local League there are no cuts. Coaches needed: 2-3 per team., if you sign up to coach and pass a background check please plan on attending the coaches meeting and player review. Players will be called by their coach for their first practice date. Registration Deadline is Wednesday, March 21 / Late Fee: \$10 after March 21 if there is space available. All dates and locations are subject to change based on registration numbers. Sorry, we cannot offer a refund after the coaches meeting. 4th Graders may play up in this league if a parent coaches.

### *#400 Boys 5th & 6th Grade Baseball*

Ages: Gr. 5 & 6 / 2017-2018 school year

# of Dates: 11 game dates plus a tournament.

Nights: Tuesday & Thursday nights (Coaches may hold practice on other dates) ✓ All dates and locations are subject to change based on registration numbers.

Dates: June 5, 7, 12, 14, 19, 21, 26, 28, July 10, 12 & 17.

Rain Dates: July 19 & 24. Tournament: July 26 & 28 Waconia

Times: 6:00pm, 6:30pm or 8:00pm

Sites: St. Boni / Waconia / Watertown / NYA / Hamburg / Cologne / GSL / Lester Prairie / Mayer / Carver / Belle Plaine / Jordan

\*additional teams could be added.

Fee: \$95 (Includes T-shirt, cap, balls, umpires game & field supplies & administration.)

Player Review: Players and coaches must attend the player review on Monday, April 30, 5:45-6:45 pm at the Waconia High School Softball fields 1 & 2 (purple dugouts.) Bring your glove and cleats. If inclement weather the player review will be moved into the HS gym, bring your tennis shoes.

Coaches Meetings: (attendance required at all meetings please)

1) Monday, April 30, 5:45pm - 8:00pm @ WHS Fields

### *#450 Girls 5th & 6th Grade Fastpitch Softball*

Ages: Gr. 5 & 6 / 2017-2018 school year

# of Dates: 11 game dates plus a tournament.

Nights: Mostly Monday & Wednesday nights (Coaches may hold practice on other dates) ✓ All dates and locations are subject to change based on registration numbers.

Dates: June 4, 6, 11, 13, 18, 20, 25, 27, July 9 & 11 \*Dates TBD\*

Rain Dates: July 16 & 18. Tournament July 25 & 28

Times: 6:00pm-10:00pm

Sites: Waconia, St. Boni, Shakopee, Chanhassen, Eden Prairie, Chaska, Carver, Belle Plaine & New Market. \* additional teams could be added.

Fee: \$95 (Includes T-shirt, visor, balls, umpires game & field supplies & administration.)

Player Review: Players must attend the player review on Monday, April 30, 6:45pm-7:45pm at the Waconia High School fields 1 & 2. (Purple Dugouts). Bring your glove and cleats. If inclement weather the player review will be moved into the MS gym, bring your tennis shoes.

Coaches Meetings: (attendance required at all meetings please)

1) TBD Summer Brochure

2) Rules Meeting TBD Summer Brochure

# Crow River Boys Baseball League

**Formerly Sandy Koufax/Mickey Mantle Baseball League.** If there are enough participants for 2 or 3 teams, then an evaluation/draft will separate the teams, date TBA April/May, however, there is no guarantee that there will be enough players to fill out any team. The Crow River teams may play at a Triple A or Double A level depending on registration numbers and strength and skill of team.

## *#600 Crow River Boys U14 Ages: Register By: January 3, 2018*

Your age on April 30, 2018 determines where you play. If you are 13 or 14 on that date OR 12 yrs. old but in the 7th grade, then you are eligible to play U14.

## *#650 Crow River Boys U16 Ages: Register By: January 3, 2018*

Your age on April 30, 2018 determines where you play. If you are 15 or 16 on that date OR 14 yrs. old but in the 9th grade, then you are eligible to play U16.

**Nights:** Monday - Thursday (2 per week) # of Games: 11-16 games per year, pending playoff success

**Season:** Begins mid- May through mid-July

**Playoffs:** TBA, throughout the month of July

**Fee:** \$180 Fee includes a cap, jersey, umpires, league fee, balls, game and field supplies and administration) The team white pants are available through our apparel options on page 42. You can purchase your own white pants as well.

**Register By:** Wednesday, January 3, 2018

Late Fee: \$10 (if space is available)

\*This league may conflict. Marching Band, MYSA Soccer, etc.

Check out the Waconia Baseball Apparel on this website:

<https://waconiabb18.itemorder.com>

**Volunteer Coaches and team managers are Needed!**



Information  
regarding boys and girls  
PreK and Kindergarten T-Ball &  
1st/2nd Grade Instructional League  
Baseball/Softball will be available in our  
Summer Brochure that arrives around  
March 5th!

[www.waconiacommunityed.org](http://www.waconiacommunityed.org)  
[www.waconiaareaathletics.com](http://www.waconiaareaathletics.com)

952.442.0610

## #WeareONE10

Explore Your Passions, Create Your Success.

Waconia Public Schools

Go Wildcats!





## Crow River Boys Baseball & Crow River Girls Fastpitch Softball League

Registration Deadline is March 21, 2018- Sorry, a refund will not be available if you register and cancel.

Circle Child's League: One registration form per child, per sport. Please read carefully!

- #600: Crow River U14 Baseball \$180  
#650: Crow River U16 Baseball \$180  
#714: 14 & Under Crow River Fastpitch Softball \$190 (\$130 + \$60 uniform deposit)  
#716: 16 & Under Crow River Fastpitch Softball \$190 (\$130 + \$60 uniform deposit)



### Volunteer Coaches Needed!

**Would you like to be considered for COACHING? (Please Circle):** Yes-Head Coach    Yes-Assistant    Yes-Manager    No

Coach Name: \_\_\_\_\_ Coach Shirt Size: \_\_\_\_\_ Coach Phone: \_\_\_\_\_

Coach E-Mail: \_\_\_\_\_

Notes: \_\_\_\_\_

**Please Note:** All volunteer coaches are required to complete a background check prior to the first practice. There is no fee for this background check. There are no guarantees that a coach will be able to be paired with another particular coach. Ideally, we hope to have a minimum of two coaches per team with a maximum of three coaches per team granted that enough coaches sign up.

## Waconia Community Education & Recreation

Payable to: District #110 Community Education  
516 Industrial Blvd., Waconia, MN 55387  
Phone: 952.442.0610 / Fax: 952.442.0619

Participant Name: \_\_\_\_\_ Parent/Guardian Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Gender: M    F    Grade (2017-2018 School Year): \_\_\_\_\_

Email: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Class #: \_\_\_\_\_ League Title: \_\_\_\_\_ Fee: \_\_\_\_\_

### Boys Crow River Baseball Uniform Sizing

Baseball Jersey Top Size:    Youth M    Youth L    Adult S    Adult M    Adult L    Adult XL    Adult XXL

**\*White Baseball Pants can be purchased online through our apparel line: <https://waconiabb18.itemorder.com>**

### Girls Crow River Fastpitch Softball Uniform Sizing

Fastpitch Softball Jersey Top Size:    Youth M    Youth L    Adult S    Adult M    Adult L    Adult XL    Adult XXL

**\*Black Fastpitch Softball Pants can be purchased online through our apparel line: <https://waconiafp18.itemorder.com>**

***\* While we guarantee everyone a uniform, if you register after the deadline, this decreases the chance that you will get the exact size uniform you have requested. If you have questions about sizing information please stop in our office to try on a sample size before the registration deadline. Once uniforms are ordered exchanges may not be made.***

Payment Method: Cash    Check    Credit Card: \_\_\_\_\_ Exp. Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Parent/Guardian Permission: I fully recognize that certain risks are involved when participating in these activities. In case of injury, I will not hold ISD #110 Community Education or its employees liable. By signing this registration form, I/we agree to uphold the standards of the "Youth Activities Manual."

# Crow River Girls Fastpitch Softball League

## *Crow River Girls Fastpitch Softball League: Register by January 3*

This is a non evaluation team. There is no guarantee that there will be enough players to fill out any team.

**The Crow River teams will be made up of:**

- Those who choose to sign up for Crow River and want to skip the Big West Fastpitch League evaluation process.
- Those who do not make the 14 & Under and 16 & Under Suburban Fastpitch League evaluation.

### *#714 Crow River Girls 14 & Under Softball*

**Ages:** Your age on January 1, 2018 determines where you play. If you are 13 or 14 years old on that date, then you are eligible to play 14 & Under. (If you are in the 7th grade and are 12 years old you are also eligible.)

**Nights:** Monday & Wednesday (typically play 1 game/night)

**Season:** Begins the end of May

**League Playoffs:** Mid-July / State: TBA

**Register By:** January 3 / Late fee if space available add \$10

**Fee:** \$165 - Fee includes a jersey to keep, umpires, league fees, balls, game and field supplies and administration.

### *#716 Crow River Girls 16 & Under Softball*

**Ages:** Your age on January 1, 2018 determines where you play. If you are 15 or 16 on that date you are eligible to play 16 & Under. If there are enough participants for two teams, then a draft will separate the teams.

**Nights:** Monday & Wednesday (typically play 1 game/night)

**Season:** Begins the end of May

**Playoffs:** Mid-July / State: TBA

**Register By:** January 3 / Late fee if space available add \$10

**Fee:** \$165 - Fee includes a jersey to keep, umpires, league fees, balls, game and field supplies and administration.



## Volunteer Coaches Needed!

A background check will be completed on all volunteers coaches. Thank you.

## Team Sports Apparel 2018

Waconia Area Athletics (Waconia Community Education) partners with Universal Athletics to offer apparel for; Soccer, Baseball, Fastpitch Softball players, parents and fans! Items include team bags, hats, jackets, sweatshirts, shorts, shirts and much more! To check out all of the items available for purchase please go to the sites listed below. All ordering must be done online and by the specific deadlines. The deadline to order for Soccer, Baseball & Fastpitch/Softball is Sunday, February 25 at 11:59pm with items arriving to our office by March 26th. There will be a 2nd and FINAL order for Soccer, Baseball & Fastpitch/Softball on Sunday, April 8th at 11:59pm with items arriving to our office on May 7th. Please view the sites for all the apparel options, arrival dates, sizing charts and more details.

**EXTERIOR CAR DECALS ARE AVAILABLE FOR PURCHASE AT OUR OFFICE FOR \$5!**

Online ordering can be done here:

**BASEBALL-** <https://waconiabb18.itemorder.com>

**FASTPITCH-** <https://waconiafp18.itemorder.com>

**SOCCKER-** <https://waconias18.itemorder.com>



# Youth Soccer

All players will be called by your coach with your first game site and time after the coaches meeting. Shin guards are required. Soccer cleats are not required but preferred. Each player will receive a team T-shirt to keep. Coaches Needed: 2-3 per team, if you sign up to coach and pass a background check please plan on attending the coaches meeting. Registration deadline is Wednesday, February 7 / Late Fee: \$10 after February 7 if space is available. Sorry, we cannot offer a refund after the coaches meeting has been held. The registration form is on page 47 or register online. Boys and girls must play in their age appropriate group and may not "play-up" into Prek or Kindergarten soccer.

## *#800: First Kicks League - PreK Soccer Boys & girls ages 3.5-4 years old*

Ages 3.5 & 4 \*Must have turned 3 by August 31, 2017. Kindergarten class of Fall 2019-2020.

## *#801: Mini Kicks League - PreK Soccer Boys and girls ages 4-5 years old*

Age 4 and age 5, not in kindergarten. \*Must have turned 4 years old by August 31, 2017) Kindergarten class of Fall 2018-2019.



**Division:** Co-Rec (boys & girls on the same team)

**Roster Size:** 7-9 players per team (pending registration numbers)

**Photo Day/First Game:** Saturday, April 7 at Waconia Middle School Cafeteria

**A coach will email with time after the coaches meeting has been held.**

**Days of Play:** Monday and Saturday OR Tuesday and Saturday.

**Dates:** April 7, 9 or 10, 14, 16 or 17, 21, 23 or 24, 28, 30 or May 1, 5, 7 or 8 & 12

**Times:** During the week times vary between 5:30pm-8:00pm / Saturday morning or afternoon.

**Length of Season:** May play until May 22 depending on weather cancellations. CE will reschedule up to 3 games for make-ups due to weather cancellations.

**Coaches Meeting:** Monday, March 19 from 6:30pm - 8:00pm in the Bayview Gym.

**Sites:** St. Bonifacius, Crown College or Waconia

**Fee:** \$60

**Register By:** Wednesday, February 7 / Late Fee: \$10 (if space is available)

Volunteer coaches are needed for these soccer leagues!



## *#802 - Kindergarten Soccer*

**Ages:** For boys and girls currently in Kindergarten the 2017-2018 school year.

**Division:** Co-Rec (boys & girls on the same team)

**Roster Size:** 7-9 players per team (pending registration numbers)

**Photo Day/First Game:** Saturday, April 7 at Waconia Middle School Cafeteria. **A coach will email you with time after the coaches meeting has been held.**

**Days of Play:** Monday and Saturday OR Tuesday and Saturday

**Dates:** April 7, 9 or 10, 14, 16 or 17, 21, 23 or 24, 28, 30 or May 1, 5, 7 or 8 & 12

**Times:** During the week times vary between 5:30pm-8:00pm / Saturday morning or afternoon.

**Length of Season:** May play until May 20 depending on weather cancellations. CE will reschedule up to 3 games for make-ups due to weather cancellations.

**Coaches Meeting:** Monday, March 19 from 6:30pm - 8:00pm in the Bayview Gym.

**Sites:** St. Bonifacius, Crown College or Waconia

**Fee:** \$60

**Register By:** Wednesday, February 7 / Late Fee: \$10 (if space is available)



## *MYSA Youth Module for Soccer Coaches.*

This certification course focuses on the cognitive, physical, and psychological development of children and what that means for coaching them. You can expect to take away a greater confidence and enthusiasm for coaching as well as an improved ability to provide a great learning experience for the children.

**Sunday, March 11th at Laketown Cafeteria and gym from 12:30pm-4:30pm**



# Youth Spring Soccer

All players will be called by your coach with your first game site and time after the coaches meeting. Shin guards are required. Soccer cleats are not required but preferred. Each player will receive a team T-shirt to keep. Coaches Needed: 2-3 per team, if you sign up to coach and pass a background check please plan on attending the coaches meeting. Registration deadline is Wednesday, February 7 / Late Fee: \$10 after February 7 if space is available. Sorry, we cannot offer a refund after the coaches meeting has been held. Boys and girls must play in their age appropriate group and may not "play-up" in to 1st & 2nd grade soccer. The registration form is on page 47 or register online.

## #810 - 1st & 2nd Grade Boys Soccer

**Ages:** Grades 1 & 2 (2017-2018 school year)

**Roster Size:** 7-9 players per team (pending registration numbers)

**Photo Day/First Game:** Saturday, April 8 at Waconia Middle School Cafeteria

A coach will email with time after the coaches meeting has been held

**Days of Play:** Tuesday and Saturday OR Thursday and Saturday

**Dates:** April 7, 10 or 12, 14, 17 or 19, 21, 24 or 26, 28, May 1 or 3, 5, 8 or 10 & 12

**Time:** During the week times vary between 5:30pm-8:00pm \ Saturday morning or afternoon

**Length of Season:** May play until May 24 depending on weather cancellations. CE will reschedule up to 3 games for make-ups due to weather cancellations.

**Site:** St. Bonifacius, Crown College or Waconia

**Coaches Meeting:** Monday, March 19 , 6:30pm- 8:00pm Bayview Gym

**Fee:** \$60

**Register By:** Wednesday, February 7 / Late Fee: \$10 (if space is available)

## #820 - 1st & 2nd Grade Girls Soccer

**Ages:** Grades 1 & 2 (2017-2018 school year)

**Roster Size:** 7-9 players per team (pending registration numbers)

**Photo Day/First Game:** Saturday, April 7 at Waconia Middle School Cafeteria

A coach will email with time after the coaches meeting has been held

**Days of Play:** Tuesday and Saturday OR Thursday and Saturday

**Dates:** April 7, 10 or 12, 14, 17 or 19, 21, 24 or 26, 28, May 1 or 3, 5, 8 or 10 & 12

**Time:** During the week times vary between 5:30pm-8:00pm \ Saturday morning or afternoon

**Length of Season:** May play until May 24 depending on weather cancellations. CE will reschedule up to 3 games for make-ups due to weather cancellations.

**Site:** St. Bonifacius, Crown College or Waconia

**Coaches Meeting:** Monday, March 19 , 6:30pm- 8:00pm Bayview Gym

**Fee:** \$60

**Register By:** Wednesday, February 7 / Late Fee: \$10 (if space is available)



## Soccer Referees Needed!

If you are interested in learning the game of soccer from an officiating standpoint - this is for you! Waconia Area Athletics supplies soccer referees for all games 5th grade on up.

We will make sure you are trained and ready to go for the season. Your help is needed with the many games that will be played from early April through the end of July.

Referees are paid for officiating. Please call or email Jason if you are interested.

Jason Wadsley - [jwadsley@isd110.org](mailto:jwadsley@isd110.org) or 952.442.0616

# Youth Spring Soccer

All players will be called by your coach with your first game site and time after the coaches meeting. Shin guards are required. Soccer cleats are not required but preferred. Each player will receive a team T-shirt to keep. Coaches Needed: 2-3 per team, if you sign up to coach and pass a background check please plan on attending the coaches meeting. Registration deadline is Wednesday, February 7 / Late Fee: \$10 after February 7 if space is available. Sorry, we cannot offer a refund after the coaches meeting has been held. A 2nd Grader may play up in to the 3rd/4th grade league if a parent coaches. The registration form is on page 47 or register online.

## #830 - 3rd & 4th Grade Boys Soccer

**Ages:** Grades 3 & 4 (2017-2018 school year)

**Roster Size:** 9-12 players per team (pending registration numbers)

**Meet Coach and Team/Photo Day:** Thursday, April 5th in the Waconia Middle School Cafeteria

A coach will email with time after coaches meeting has been held

**Days of Play:** Monday and Saturday

**Dates:** April 7, 9, 14, 16, 21, 23, 28, 30, May 5, 7, 12

**Time:** During the week times vary between 5:30pm-8:00pm / Saturday morning or afternoon

**Length of Season:** May play until May 21 depending on weather cancellations. CE will reschedule up to 3 games for make-ups due to weather cancellations.

Tuesday nights may be used depending on registration numbers

**Sites:** Southview, Bayview or Crown College

\*This league could conflict with Waconia MYSA Soccer and Waconia Metro Baseball scheduling.

**Coaches Meeting:** Monday, March 19 from 6:30pm - 8:00pm in the Bayview Gym

**Fee:** \$68

**Register By:** Wednesday, February 7 / Late Fee: \$10 (if space is available)



Waconia Community Education &  
Recreation Activities Weather Hotline  
Number 952.442.0675



## #840 - 3rd & 4th Grade Girls Soccer

**Ages:** Grades 3 & 4 (2017-2018 school year)

**Roster Size:** 9-12 players per team (pending registration numbers)

**Meet Coach and Team/Photo Day:** Thursday, April 5th in the Waconia Middle School Cafeteria

A coach will email with time after coaches meeting has been held

**Days of Play:** Thursday and Saturday

**Dates:** April 7, 12, 14, 19, 21, 26, 28, May 3, 5, 10 & 12

**Time:** During the week times vary between 5:30pm-8:00pm / Saturday morning or afternoon

**Length of Season:** May play until May 24 depending on weather cancellations. CE will reschedule up to 3 games for make-ups due to weather cancellations.

Tuesday nights may be used depending on registration numbers

**Sites:** Southview, Bayview or Crown College

\*This league could conflict with Waconia MYSA Soccer and Waconia Big West softball scheduling.

**Coaches Meeting:** Monday, March 19 from 6:30pm - 8:00pm in the Bayview Gym

**Fee:** \$68

**Register By:** Wednesday, February 7 / Late Fee: \$10 (if space is available)



# Youth Spring Soccer

## *Local League Soccer General Information:*

This league will focus on competition with local communities: Glencoe, Hutchinson, NYA, Sibley East, McLeod West and Lester Prairie. This is a grade level league - no age restrictions. Local League Soccer is not affiliated with MYSA. Players may also participate in the MYSA U-12 league, however, you would be responsible for both participation fees. Coaches Needed: 2-3 per team, if you sign up to coach and pass a background check please plan on attending the coaches meeting and player review. Note, players may be able to play both baseball/softball and this local Soccer League if they choose, but there IS overlap of the leagues. Registration deadline is Wednesday, February 7 / Late Fee: \$10 after February 7. Sorry, we cannot offer a refund after the coaches meeting has been held. A 4th grader may play up in to this league if a parent coaches. The registration form is on page 47 or register online.

## *#850 5th & 6th Grade Girls Soccer*

**Ages:** Grades 5 & 6 Girls (2017-2018 school year.) Open to girls only.

**Roster Size:** 11-13 players per team (pending registration numbers)

**Practice Times:** Will be scheduled by coach based on team availability.  
Will be Monday, Tuesday or Thursday nights 1-2 nights per week.

**Number of Games:** 6 game dates which will include 6-7 games.

**Game Dates will be 6 of the following dates :** April 14, 21, 28 , May 5, 12 & 19

\*Rain out rescheduled games could be scheduled during the week.

\*This league could conflict with Waconia MYSA Soccer and Big West softball scheduling.

**Sites:** Bayview, Clearwater, Fairgrounds & communities listed above

**Fee:** \$80 (fee includes administration, equipment, referees & team T-shirt to keep)

**Register By:** Wednesday, February 7 / Late Fee: \$10

**Player Review & Coaches Meeting: Tuesday, March 13th** at Laketown Elementary School Gym

Player review is from 5:30pm-6:30pm. Coaches Meeting is from 6:30pm-7:30pm in the Laketown Elementary Cafeteria

**Meet Coach/Photo Night:** Thursday, April 5 in the Waconia Middle School Cafeteria



## *#860 5th & 6th Grade Boys Soccer*

**Ages:** Grades 5 & 6 Boys (2017-2018 school year.) Open to boys only.

**Roster Size:** 11-13 players per team (pending registration numbers)

**Practice Times:** Will be scheduled by coach based on team availability.  
Will be Monday, Tuesday or Thursday nights 1-2 nights per week.

**Game Dates will be 6 of the following dates :** April 14, 21, 28 , May 5, 12 & 19

\*Rain out rescheduled games could be scheduled during the week.

\*This league could conflict with Waconia MYSA Soccer, Metro Baseball & Lacrosse

**Sites:** Bayview, Clearwater, Fairgrounds & communities listed above

**Fee:** \$80 (fee includes administration, equipment, referees & team T-shirt to keep.)

**Register By:** Wednesday, February 7 / Late Fee: \$10

**Player Review & Coaches Meeting: Tuesday, March 13th** at Laketown Elementary School Gym

Player review is from 6:30pm-7:30pm. Coaches Meeting is from 7:30-8:30 pm in the Laketown Elementary Cafeteria

**Photo Night:** Thursday, April 5 in the Waconia Middle School Cafeteria

**Volunteer Coaches are needed for these soccer leagues! Parents and community friends, high school students please consider volunteering your time to coach youth soccer for this season!**



## *Soccer Apparel*

If you would like to purchase CE Waconia Wildcat Apparel more information can be found on page 42.

SOC CER- <https://waconias18.itemorder.com>



# Soccer & Lacrosse Registration Form

**Child's League: One registration form per child, per sport. Please read carefully!**

**800:** Pre-K Soccer 3/4 \$60

**801:** Pre-K 4/5 Soccer \$60

**802:** Kindergarten Soccer \$60

**810:** 1st/2nd Grade Boys Soccer \$60

**820:** 1st/2nd Grade Girls Soccer \$60

**830:** 3rd & 4th Boys Soccer \$68

**840:** 3rd & 4th Girls Soccer \$68

**850:** 5th & 6th Girls Soccer \$80

**860:** 5th & 6th Boys Soccer \$80

**625:** U-8 Boys Lacrosse \$230

**630:** U-10 Boys Lacrosse \$260

**635:** U-12 Boys Lacrosse \$310

**640:** U-14 Boys Lacrosse \$310

**LAXBoys912:** 9th-12th Boys Lacrosse \$475

**LAXG38:** 3rd-8th Girls Lacrosse \$250

**LAXGirls912:** 9th-12th Girls Lacrosse \$300

## Volunteer Coaches Needed!!

I would like to coach (please circle): YES NO Coach Request: \_\_\_\_\_

Coach Name: \_\_\_\_\_ Coach Phone: \_\_\_\_\_

Coach E-Mail: \_\_\_\_\_ Coach T-shirt Size: \_\_\_\_\_

Please Note: All volunteer coaches are required to complete a background check prior to the first practice. There is no fee for this background check. There are no guarantees that a coach will be able to be paired with another particular coach. Ideally, we hope to have a minimum of two coaches per team with a maximum of three coaches per team, granted that enough coaches sign up.

## Waconia Community Education & Recreation

Payable to: District #110 Community Education

516 Industrial Blvd., Waconia, MN 55387

Phone: 952.442.0610 / Fax: 952.442.0619



Participant Name: \_\_\_\_\_ Parent/Guardian Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

E-mail: \_\_\_\_\_

Gender: M F Grade (2017-2018 School Year): \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

**YLM Number for 2018** (Boys Lacrosse Only, a NEW number is needed each year): \_\_\_\_\_

Payment Method: Cash Check Credit Card: \_\_\_\_\_ Exp. Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Class #: \_\_\_\_\_ League Title: \_\_\_\_\_ Fee: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Parent/Guardian Permission: I fully recognize that certain risks are involved when participating in these activities. In case of injury, I will not hold ISD #110 Community Education or its employees liable. By signing this registration form, I/we agree to uphold the standards of the "Youth Activities Manual."

Teammate Requests: There are no guarantees that all requests will be granted. Please list top priority. Your first request must be reciprocated by another child's first request. If there are too many children linked together, the link will be broken. **This is for Prek-4 grade soccer leagues only. 5th/6th graders are drafted for soccer.**

1. \_\_\_\_\_ 2. \_\_\_\_\_

*Soccer & Lacrosse Registration Deadline is Wednesday, February 7*

Waconia Community Education & Recreation 952.442.0610

# Lacrosse

## Lacrosse Registration Deadline: Wednesday, February 7

The participation fee includes league fees, uniforms, referees, goals, balls coaches & administrative costs. High School teams include bussing to away games. Player equipment is not included. **Girls:** Will need to purchase a girls lacrosse stick, goggles, and a mouthguard. The registration fee includes two t-shirt tops to keep.

**Boys:** Will need to purchase a mouthguard, lacrosse stick, helmet, gloves, shoulder and arm pads,. Boys fee will include a reversible jersey and shorts. Upon the return of the jersey top at the end of the season and before 8-24-17, you will be refunded \$40. If the jersey is not returned to the CE office by August 24 the \$40 will be voided. The shorts are yours to keep.

## Boys Lacrosse: U8 - U14 (Summer 2018)

Waconia Boys Lacrosse U8 – U14 teams will be playing in the Youth Lacrosse Minnesota (YLM) League

**Ages:** Boys ranging U8 – U14 – born on or before 8-31-2011.

**NOTE:** 9th graders are not allowed to play on a 14U team in YLM.

**Roster Size:** 18 – 22 players per team (could be more or less depending on registration numbers)

**Play Nights:** 2 to 4 nights per week. Could include weekend games

**Length of Season:** Early May through July. Starting date could be earlier or later depending on weather. Post-Season Tournaments may follow regular season for individual teams.

**Registration and information night:** Sunday, January 28th @ 6:00pm in Middle School Cafeteria

**Team & Participation Fee:** (\$10 late fee or non-acceptance after February 7.)

**U8 (9-1-2009 - 8-31-2011) \$230**

**U10 (9-1-2007 - 8-31-2009) \$260**

**U12 (9-1-2005 - 8-31-2007) & U14 (6-1-2003-8-31-2005) - \$310**



Boys and Girls  
Coaches & Managers Needed!  
Online Training Available

## Boys Lacrosse: Grades 9 - 12 (2017-2018)

Waconia Boys Lacrosse grades 9 – 12 will be playing in the Minnesota Boys Scholastic Lacrosse Association (MBSLA)

**Roster Size:** 25 – 33 players per team (pending registration numbers)

**Play Nights:** practice will be during the week with weeknight and weekend games.

**Length of Season:** Mid-March through May. Starting date may vary depending on the weather

**Registration and information night:** Sunday, January 28th @ 6:00pm in Middle School Cafeteria

**Team & Participation Fee: Grades 9th – 12th (2017-2018) - \$475** (\$10 late fee or non-acceptance after February, 7.)

**Important:** PRIOR to registering with Waconia Community Education & Recreation, each boy MUST obtain a member # from US Lacrosse and provide that number on the CE registration form for EACH YEAR. A US Lacrosse membership fee is \$25 for U8-U15 (students not currently in high school) or \$35 for current 9th – 12th grade students which provides the player with insurance coverage and is required by YLM & MSSLAX to participate. Go to USLacrosse.org to get your member number. This fee is not-refundable. \*\*Girls lacrosse will need a US Lacrosse member number, but please wait to purchase until rosters are final February 10.

## Girls Lacrosse: Grade 3-8 & Grades 9-12 (2017-2018)

Grades 3-8 is LAX13 & Grades 9-12 is LAX14

Minnesota School Girls Lacrosse Association (MSLAX)

**Roster Size:** 20 – 30 players per team (pending registration numbers)

**Play Nights:** Practice will be during the week in the evenings, and may include some weekends.

**Length of Season:** May-July

**Registration and information night:** Sunday, January 28th @ 6:00pm in Middle School Cafeteria. No registration or commitment required to attend.

**Team & Participation Fee: Grades 3rd–8th (2017-2018) - \$250 & Grades 9th-12th (2017-2018) - \$300** (\$10 late fee or non-acceptance after February, 7th.)



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# Adult Enrichment

*Living Well Series* Presented by Good Samaritan Society—Home Care Community Liaison, Cynthia Curryhedberg

## Friday, January 12, 10am—Fall Prevention

Let's face it, no one likes to fall. Falls can be embarrassing. Falls can be life changing. But we can reduce the risk of falls, while continuing to enjoy life. This unique presentation will focus on things you should avoid, and activities you should start, to reduce your risk of falling, with the goal of maintaining an active lifestyle as you age. Please note this presentation qualifies for 1 CEU credit. Certificates will be handed out to those attendees that would like the CEU's. Friday, April 13, 10am--Vital Signs & Home Care 101 In this program, you will learn about your vital signs, what they mean, and which ones are most important. We will also discuss home health care and private duty home care services.

## *Chords are Key for Piano*

Some music teachers may not want you to know this, but you don't need years of weekly lessons to learn piano. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. How do we do it? While regular piano teachers teach note reading, piano professionals use chords. And you can learn all the chords you'll need to play any song in this one session. Any song. Any style. Any key. If you can find middle C and know the meaning of Every Good Boy Does Fine, you already know enough to enroll in this workshop. Fee includes an online book and online video instruction.

Topics include:

- How chords work in a song
- How to get more out of sheet music by reading less of it
- How to form the three main types of chords
- How to handle different keys and time signatures
- How to avoid "counting"
- How to simplify over 12,000 complex chords

W-257: April 2

6:30pm-9:30pm

Bayview Little Theatre (Enter North doors near castle playground and the room will be on your left before the bathrooms.)

(Enter North Doors)

Fee: \$59

Register By: March 26

Chords are Key for Piano-

Jim Anderson

Minimum: 6/Maximum: 20



## *Wellness Series Presented by Aegis Therapies*

Aegis Therapies offers a monthly Wellness Series at Good Samaritan Society, Waconia Westview Acres on the third Wednesday each month at 10:00am in the Westview Acres Fireside Room. Through these seminars an Aegis Therapist will present topics that impact your health and well-being.

Wednesday, January 17, 10:00am-

Balance: Identifying Problems and How to Help

Wednesday, February 21, 10:00am-

Keeping a Healthy Memory

Wednesday, March 21, 10:00am-

Fun adaptations- Adaptive equipment and strategies

Wednesday, April 18, 10:00am-

OT Month- How OT can help you or a loved one.

Wednesday, May 16, 10:00am-

ST Month- How ST can help you or a loved one

Westview Acres is located at 433 5th Street West Waconia. Visitor parking is available at the West-end of our parking lot or on the street. For information on the above programs or for directions please contact Westview Acres at 952-442-7132.

## *Waconia High School Performing Arts Center*

The new performing arts center, located in Waconia High School, is launching a new volunteer service program. We need help in staffing the center during performances, concerts, rehearsals, etc. Positions available include ushers, greeters, concessions persons, tour guides, audio/video technicians, lighting technicians, and stage managers. If you are interested in helping the school district promote education as well as entertainment in the new 1000-seat performing arts center, please contact Doug Lakes at [dlakes@isd110.org](mailto:dlakes@isd110.org).

## How to Register

\*Online @ [www.waconiacommunityed.org](http://www.waconiacommunityed.org)

\*In person Monday-Friday 7:30am-4pm

\*Fax 952-442-0619 at our office

\*Drop Box - 24 hour accessible drop box located outside our office doors

\*Mail in your registration to Waconia Community Education, 516 Industrial Blvd., Waconia, MN 55387

# Adult Enrichment

## *Good Samaritan Society & Westview Acres Waconia Educational Series*

These educational programs are presented by Full Bloom of St. Paul and hosted at Westview Acres in our Chapel/Multi-purpose Room. Full Bloom presentations are interactive, humorous and historical. Westview Acres is located at 433 5th Street West Waconia. Visitor parking is available at the West-end of our parking lot or on the street. For information on the above programs or for directions please contact Westview Acres at 952-442-7132.



## *Grand Ole Opry - Tuesday, January 23rd*

11:00am ~ The Grand Ole Opry was created in 1925 by station manager George Dewey Hay. It began as a weekly radio program that featured traditional "country" music, including folk songs and classic mountain tunes. In 1939, the show moved to NBC radio where it reached tens of thousands of listeners across the country. During the 1950s, the Opry was one of the nation's favorite radio programs, and with every song played on the Opry stage broadcast to America, Nashville solidified its spot as the country music capital of the world. Which star is remembered for her familiar greeting, "How-dee!"? Who was known as the "King of Country Music"? What Opry star has her own theme park? Which group was known as the "First Family of Country Music"? Who was known as the "Coal Miner's Daughter"? Discover the stories behind some of The Grand Ole Opry's memorable stars.

## *New York, New York! - Tuesday, February 27*

11:00am- A city that never sleeps and is full of famous attractions – Wall Street, the Empire State Building, the Statue of Liberty, Central Park... We all know it as "The Big Apple," but, surprisingly, this internationally known nickname wasn't introduced until 1909. Its original meaning may surprise you, it wasn't meant to be particularly complimentary. Did you know that sheep were grazing in Central Park until 1934 and that there really was a wall on Wall Street? We'll give you the inside scoop on the history and trivia of this fascinating city. "Twenty-three skidoo!" Yep, that expression came from here and we'll tell you how and why.

## Waconia Community Education & Recreation

*"A Commitment to Lifelong Learning"*

[www.waconiacommunityed.org](http://www.waconiacommunityed.org)

[www.waconiaareaathletics.com](http://www.waconiaareaathletics.com)

**952-442-0610**



*Mackenthuns Healthy Living Series* - Monthly education opportunities presented by Mackenthuns Beck Pharmacy and Mackenthuns Dietitian Courses are held on the first Wednesday of each month at 2:00pm (unless noted otherwise) in our Chapel/Multi-purpose Room.

Wednesday, January 3 at 2pm-

Glaucoma: Learn what it is, how it is diagnosed and medications used to treat it

Wednesday, February 7 at 3pm-

February is Heart Health Month! We will learn ways to keep your heart healthy with diet and exercise!

Wednesday, March 7 at 3pm-

March is National Nutrition Month-Dietary recommendations for adults as they mature will be presented

Wednesday, April 4 at 2pm-

Parkinson's Disease-This progressive disease affects not just patients but their caregivers as well. We will discuss diagnosis and available medication therapies

Wednesday, May 2 at 2pm-

May is Stroke Awareness Month-Learn the signs and symptoms of stroke, what your risk factors are for having a stroke, and what you can do to lower that risk.



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Tuesday, January 23  
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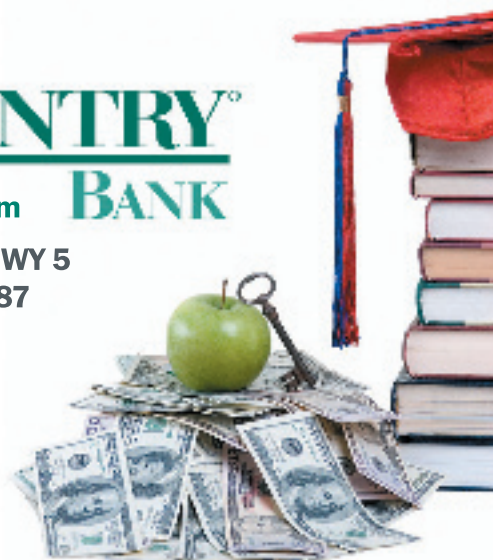
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# Adult Enrichment

*Music Education Series* presented by Jenna Simpson, MT-BC, Music Therapist for Good Samaritan Society, Waconia & Westview Acres. Courses are held on the second Thursday of each month at 10:15am in the Westview Acres Fireside Room.

Thursday, January 18th, 10:15am

Orchestral evolution: how we got to modern day string instruments.

Thursday, February 15th, 10:15am

Love is in the air: Courting and music through the ages

Thursday, March 15th, 10:15am

Hymnology: Histories of popular Easter Hymns. (Chapel)

Thursday, April 19th, 10:15am

Instrumental evolution: how we got to modern day rock and roll instruments.

Thursday, May 17th, 10:15am

Using Music to Relax and Unwind



## Stay in touch with us by...

\*Reading our hard copy brochure that's mailed out three times a year! Each District #110 resident should receive our brochure in the mail.

\*Reading our brochure on our website:  
[www.waconiacommunityed.org](http://www.waconiacommunityed.org)

\*Joining us on FACEBOOK for important events and deadlines. We also do gift certificate drawings on Facebook!

\*Joining our E-mailed Tuesday Updates & Flyers- Email [hwortz@isd110.org](mailto:hwortz@isd110.org) and ask to be added to the list or go to our website and subscribe at the bottom.

\*Stop in the Waconia Community Education Office located at 516 Industrial Blvd in Waconia.

## *Certified American Heart Association Heartsaver First Aid CPR/AED Training*

HEARTSAVER First Aid CPR Training. Would you know what to do in a cardiac, breathing or first aid emergency? The right action could help you save a life! With an emphasis on hands-on learning, this First Aid/CPR/AED course gives you the skills to save a life. Training meets OSHA's Best Practices for Workplace First Aid Training for the infant, child and adult. 2 year certification. Skills include how to respond to cardiac and breathing emergencies in all ages. CPR, use of Automated External Defibrillators (AED) and choking. First Aid will include wounds and bandaging, burns, head, muscle, bone and joint injuries, heat and cold emergencies, poisonings and sudden illnesses.

### Certified - First Aid CPR/AED Training:

W-236: Wednesday, February 7 @ WHS Media Center

6:00pm-9:00pm

Fee: \$60

Register By: January 31

Minimum: 4 / Maximum: 20

Shelly Nahan



## *Non Certification - American Heart Association Heartsaver First Aid CPR/AED Training*

Would you know what to do in a cardiac, breathing or first aid emergency? The right action could help you save a life! With an emphasis on hands-on learning, this CPR course gives you the skills to save a life. A great class to learn how to respond to emergencies without the cost and need of certification!

W-237: Wednesday, February 7 @ WHS Media Center

6:00pm-8:30pm

Fee: \$30

Register By: January 31

Min: 4 / Max: 20

Shelly Nahan

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# Adult Enrichment

## *Janice Novak Biography*

Janice Novak has a Masters Degree in Health Education. She is an author, speaker and wellness consultant who teaches seminars for hospitals, schools, corporations and professional organizations. Janice empowers people to take action toward attaining better health with her easy-to-use tips and techniques. She gives simple steps that lead to huge changes in how you look and feel.



## *Women, Weight & Hormones*

Is fat collecting around your mid-section and no matter how well you watch what you eat or how much you exercise that weight is not budging? Until you discover and correct any imbalances between several sets of hormones, trying to lose weight will be like shoveling sand against the tide. In this workshop you will learn 7 key strategies for balancing hormones and losing weight, including concrete solutions (not tricks, not using your will power) for controlling appetite and cravings; ten simple things you can do every day to keep your metabolism burning brightly; how to tell if your thyroid is creating weight problems for you and what to do about it; major sources of hormone mimicking chemicals and how to get rid of them; what HRT or birth control pills have to do with weight gain; what steps need to be taken to safely break the vicious cycle of hormone related weight gain; and how to help your body begin to lose weight again.

W-238: Tuesday, January 30

6:00pm-7:30pm

Fee: \$25

Minimum 7 / Maximum 40

Janice Novak

Bayview Multi Purpose Room  
(Enter North Doors near the castle playground and the room will be on your left.)

Register By: January 23



## *Instructors Wanted!*

We are always looking to offer new classes and camps! If you have the skill set to coach or teach a class or camp please email Holly Wortz at [hwortz@isd110.org](mailto:hwortz@isd110.org) with your proposal.

## *Thyroid Things You Need To Know*

If you currently take thyroid medication but are still gaining weight and still have a variety of symptoms, there's more you need to know. Fatigue, weight gain, depression, anxiety, rising cholesterol levels, inability to focus, thinning hair, digestive problems, abnormal blood pressure, reduced sex drive, and heart palpitations are only some of the symptoms. In this workshop, we'll discuss: how thyroid function can make any illness worse; the 5 things that need to be measured, but usually aren't; why the #1 thyroid replacement may not be helping you; connection between thyroid, fibromyalgia and arthritis; foods that help or hinder; commonly misunderstood rules of how and when to take thyroid meds; environmental triggers and info you need to discuss with your doctor. This workshop is a source of information only and should by no means be considered a substitute for the advice of a qualified medical professional.

W-239: Monday, February 26th

6:00pm-7:30pm

Fee: \$25

Minimum 7 / Maximum 40

Janice Novak

Bayview Elementary Multi Purpose Room (Enter North Doors near the castle playground and the room will be on your left.)

Register By: February 16

Check out Janice's wonderful testimonials @ [improveyourposture.com](http://improveyourposture.com)

## *Insurance 101*

Deductibles? Limits of liability? Insurance can be confusing. Many people buy insurance unaware of exactly what they are paying for in their policies, or worse, choose an insurance plan that's not right for their needs due to a lack of understanding. Life events such as purchasing a new home, birth of a child and adding children to an auto plan can raise numerous questions. This informational/Q&A course is open to all to gain an understanding of auto, home/renters, umbrella and life insurance policies

W-240: Thursday, January 4 @ WMS - Media Center

W-241: Thursday, March 1 @ WMS - Room D110

6:30pm-8:00pm

Fee: \$20

Register By: December 22 / February 22

Jason Lueth Agency

Minimum: 5 / Maximum: 25



# Adult Enrichment



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**Wednesday, May 16 | 4:00-7:30 p.m.**

**Waconia Middle School | 1400 Community Drive, Waconia**

## *Defensive Driving - 8 Hour Course*

If you are 55 years or older you can save money and become a better driver. Minnesota law requires insurance companies to offer a 10% reduction for 3 years if you complete a National Safety Council's course taught by certified instructors. This course is 2 sessions of classroom training. No driving test is required. You will receive a certificate of completion to provide to your insurance company. Registrations for Defensive Driving may be done by phone with a credit card by calling 952-442-0610. Registrations must be completed with name, address, license number and payment.

W-242: Tuesday, February 6 & Thursday, February 8

W-243: Monday, April 23 & Wednesday, April 25

5:30pm-9:30pm

Waconia Middle School D-110

Fee: \$26

Register By: February 13 / April 15

MN Safety Council

Minimum: 20 / Maximum: 30



## *Defensive Driving - 4 Hour Refresher Course*

If you have taken the 8-hour course in the past you can renew your 3 year, 10% discount by taking this state approved 4-hour course. There is no driving test required. You will receive a certificate of completion to provide to your insurance company. Registrations for Defensive Driving may be done by phone with a credit card by calling 952-442-0610. Registrations must be completed with name, address, license number and payment.

W-244: Mon, January 8 5:30pm-9:30pm @ WMS D-110

W-245: Tues, Feb. 13 8:30am-12:30pm @ Comm Ed.

W-246: Wed, March 21 5:30pm-9:30pm @ WMS D-110

W-247: Thurs, April 19 8:30am-12:30pm @ Comm Ed.

W-248: Mon, May 14 5:30pm-9:30pm @ WMS D-110

Fee: \$24

MN Safety Council

Register By: One week prior.

Class Min: 15 / Max: 50





# Adult Enrichment

## *Waconia Area Gaming Society*

For information please go to our registration information page on our website: [www.waconiacommunityed.org](http://www.waconiacommunityed.org)

F-115: September 2017-August 2018

Fee: \$15 per person for the year. (Ages 10-Adult)

Bayview Cafeteria (Enter loading dock doors in back of the school) 3pm-9pm first Saturday of each month.

Leader: Rodney Golden

## *Mike Lynch Minnesota Star Watch Party!*

Make the stars your old friends as we watch the great celestial show in the skies over Waconia. We start off with an indoor orientation followed by quality time outside under the heavens. Get to know the constellations like The Big Bear, Orion the Hunter, Leo the Lion, and some of their great stories behind them. We'll also use large reflecting telescopes, including two giant twenty inch wide reflector telescopes that are among the biggest mobile telescopes in the upper Midwest, for close up views of planets, the moon, star clusters, nebulae, galaxies and other wonders in our winter skies. Learn about basic celestial photography. Weather permitting we'll also use a new astronomical camera-telescope system for extra special views of our more distant universe. You'll also get a great big handout package with user-friendly star maps and constellation charts, apps, websites, a telescope-buying guide, and more! Mike Lynch has been a meteorologist and broadcaster at WCCO Radio for near nearly 40 years and has been hosting star watching and astronomy programs for well over 45 years. He also writes a weekly stargazing column for the St. Paul Pioneer Press and is the author of the book; "Stars, a Month by Month Tour of the Constellations" that'll be available for purchase. Glow in the dark star and constellation shirts will also be available for purchase. Even if it's the cloudy you'll learn a lot, have a great time and get a Mike Lynch "Cloud Check" for a future Minnesota Star-watch Class. Your universe is waiting! Make the Stars Your Old Friends. Families are encouraged to attend together

W-249: Friday, January 26

6:30pm-8:30pm

Ages Kindergarten-Adult

Bayview Cafeteria & Field

Fee: \$8

Register By: January 18

Mike Lynch

Min: 40 / Max: 200



## *Sewing Basics for Adults*

Want to learn to sew? Week one you will learn how to operate a sewing machine, thread the needle, load the bobbin, adjust tension, change needles and troubleshoot. You will learn to sew straight lines, turn, back stitch and how to adjust the setting on the machine. Week two is all about seams! Some of the seams we will cover in class are plain seams, French seam, flat felled seams and more. Week three is a zipper and buttonhole workshop, where you will learn how to install a zipper and how to stitch buttonholes with ease. Week four is all about hems, we will cover basic hemming and learn how to shorten pants with keeping the original hem. Sewing machines are provided for this class but please bring 1 spool of white thread, ¼ yard fabric and a 14 inch all-purpose zipper. Please indicate if you can bring your own machine at the time of registration.

W-250: January 18, 25, February 1, 8

6:30pm- 8:00pm

Fee: \$95

Min 3 / Max 6

Register By: January 11

Beverly Huggett

NEW Waconia Middle School FACS Room



## *Sewing - European Hem*

Hem jeans without removing the original hem! Sewing machines are provided. Supplies needed – old pair of jeans to practice with.

W-251: January 16

6:00pm- 7:00pm

Fee: \$15

Min 4/ Max 8

Register By: January 9

Beverly Huggett

NEW Waconia Middle School FACS Room

## *Sewing Zippers (centered zipper & lapped zipper)*

This is a 2 hour class to introduce you to two different types of zipper installation techniques. Sewing machines are provided. \*\* Supplies needed – ¼ yard of fabric or scrap & 1 all-purpose zipper size 7 inch

W-252: February 6

6:00pm- 8:00pm

Fee: \$25

Min/4 Max 8

Beverly Huggett

Register By: January 30

NEW Waconia Middle

School FACS Room



# Adult Trips

## *From Ava to Eternity - Trip*

Brand new venue! We're going to **The Ives Auditorium** in Bloomington where we'll begin with an included lunch of chicken breast with cream sauce, parsley potatoes and vegetable du jour, dinner rolls, dessert, and coffee or hot tea. Then it's time for *From Ava to Eternity*. Before he was "Chairman of the Board," he was simply Francis Albert Sinatra, a man whose humble beginnings in Hoboken, New Jersey, led to his becoming the best-known entertainer of the 20th century. With timeless songs sure to evoke memories from decades past, this musical experience is a tribute to the complex psyche and unforgettable voice of Frank Sinatra.

W-253: Wednesday, March 21

Fee: \$69 per person

Pick up - 10:30 am

Drop off - 4:00 pm

Mackenthun's parking lot.

The far end by Hometown Bank

Register by: March 7 (May fill prior)



## *Don't Hug Me, We're Family - Trip*

We're going to the St. Croix Off Broadway Theatre at the **Hudson House** once again where we'll begin with an included dinner. Then it's time for *Don't Hug Me, We're Family*, the sixth in the *Don't Hug Me* series of musical comedies. Gunnar and Clara Johnson are owners of a little northwoods Minnesota bar call The Bunyan. Things are tight so, to make ends meet, they rent out a little radio station, KOLD Radio, in the bar for extra money. Gunner hosts a radio show called "Crappie Talk" devoted entirely to ice fishing for crappies. Because of its narrow subject, Gunner has no listeners, and he loses his only advertiser Kanute's Bait Mart and Deer Petting Farm. His wife Clara hosts "Book Beat." She has all the listeners and all the advertisers. This doesn't sit well with Gunner, who has been competitive with Clara ever since she beat him in the County Fair fishing contest. Things get turned upside down when two fish-out-of-water Brooklyn Italians come to town and threaten the existence of the radio station, promoting Clara and firing Gunner. Gunner has his work cut out for him. He needs his radio station job, he needs his dignity, but most important, he needs Clara.

W-254: Saturday, April 14

Fee: \$79

Pick up - 11:00 am

Drop off - 4:15 pm

Mackenthun's parking lot. The far end by Hometown Bank

Register by: March 29 (May fill prior)

## *Forever Elvis: The Spirit Lives - Trip*

Happy Valentines Day! I considered doing this tour as a mystery, but how does one make Elvis a mystery? We'll begin with an included lunch (site TBD) and then head for the **St. Cloud Paramount Theatre** for *Forever Elvis: The Spirit Lives*. Elvis tribute artist Art Kistler and the EP Boulevard Show Band have catapulted this classic, popular entertainment genre to an entirely new level in a performance titled "Forever Elvis: The Spirit Lives!" complete with dazzling, authentic costumes and a wide variety of timeless, classic tunes. Art Kistler is a formally trained vocalist and recording artist and has performed all over the USA and internationally. With heart and with the soul of a true entertainer, the entire room becomes Art's stage as he interacts with members of the audience, respectfully recreating illusions of the look, signature moves, energy and powerful sounds of the King of Rock 'n' Roll.

W-255: Wednesday, February 14

Fee: \$72

Pick up - 9:30 am

Drop off - 5:30 pm

Norwood Young America in the High School Parking lot

Register by: January 31 (May fill prior)

## *Pam Tillis - Trip*

We'll begin with an included lunch (site TBD) and then for the **St. Cloud Paramount Theatre** for Pam Tillis. Pam Tillis is, after all, a superstar as well as a survivor. A child of Music City royalty and a former rebel, she was determined to find her own way as a singer and songwriter - and she succeeded. A CMA Female Vocalist of the Year, she has written songs for some of the top singers in and beyond Nashville, including more than a few of her own hits. With more than 30 singles charting on U.S. Billboard charts and 10 studio albums, Tillis has performed on the stages of Broadway, modeled on the pages of fashion magazines, and is a proud member of The Grand Ole Opry. When you see her perform you will experience that feeling of delight that comes from Pam Tillis singing exactly what she is meant to sing at that moment.

W-256: Friday, March 9

Fee: \$72

Pick up - 9:30 am

Drop off - 5:30 pm

Norwood Young America in the High School Parking lot

Register by: February 23

(May fill prior to deadline)









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# Adult Basic Education

- ▶ Reading and Mathematics Basics
- ▶ English Language Classes
- ▶ Family Literacy
- ▶ GED Preparation
- ▶ GED Testing
- ▶ Citizenship
- ▶ Workplace Education
- ▶ Distance Learning
- ▶ Adult Career Pathways -  
Child Care, Computers, Food Service,  
Health Care and more

## ABE Services are Offered in Partnership with the Following Community Education Programs:

- ▶ Norwood Young America,  
District 108
- ▶ Waconia, District 110
- ▶ Eastern Carver County,  
District 112
- ▶ Belle Plaine, District 716
- ▶ Jordan, District 717
- ▶ Prior Lake-Savage, District 719
- ▶ Shakopee, District 720
- ▶ New Prague, District 721

## Enrollment Information:

**Jennifer Hennes**, ABE Supervisor  
[jhennes@swmetro.k12.mn.us](mailto:jhennes@swmetro.k12.mn.us)  
952.567.8128

 /SWMetro  @SWMetro [www.swmetro.k12.mn.us](http://www.swmetro.k12.mn.us)



# For Your Information

## *Is your family included on the School District Census?*

Has there been a birth in your family? Have you recently moved into your neighborhood? Is there a new family in your neighborhood? District 110 wants all families to know about the programs and activities it has to offer. Being on the School District Census insures that you will automatically receive information about Early Childhood Screening, Preschool, Kindergarten and all of the opportunities offered by Community Education. To be added to the census, please call the School District Census office at 952-442-0607. Thank you

### **Waconia School District #110 School Locations**

WEC	Waconia Community Education Waconia Enrichment Center 516 Industrial Blvd., Waconia
BV	Bayview Elementary School 24 South Walnut Street, Waconia
SV	Southview Elementary School 225 4th Street West, Waconia
WHS	*NEW '17-'18* Waconia High School 1650 Community Drive, Waconia
WMS	*NEW '17-'18* Waconia Middle School 1400 Community Drive, Waconia
LT	Laketown Elementary School 960 Airport Road, Waconia
WECSB	Wildcat Enrichment Center 8808 Wildwood Ave, St. Bonifacius

## *Volunteering*

Volunteers are needed throughout the year for several Waconia Community Education camps, classes, events and activities. Email Holly at [hwortz@isd110.org](mailto:hwortz@isd110.org) to be put on the volunteer email list. When we are in need of volunteers for something specific you will receive a short note asking if you would be willing to volunteer. Typically our volunteers are aged from Grade 5 - adult. This is perfect if you are a Waconia High School National Honor Society member! We hope that you'll take advantage of these opportunities to help the community. Please contact the Community Education office at 952-442-0610 or Holly at 952-442-0612 if you are interested in contributing your time and effort. Thank you.

## *Wanted! Community Education*

### *Advisory Council Members*

Community Education is looking for individuals to serve on the Advisory Council. The Advisory Council helps direct the growth and development of the Community Education and Recreation program along with suggest, advocate, encourage and recommend the Community Education concept to neighbors, friends and the community. If you are interested in becoming part of this council contact:

#110 Community Education & Recreation  
516 Industrial Blvd.  
Waconia, MN 55387  
952-442-0610  
[tnelson@isd110.org](mailto:tnelson@isd110.org)

## *Scholarship Information*

Individuals or families who live in School District #110 and meet certain income eligibility guidelines may qualify for a fee reduction on ECFE, Rainbow Preschool and team recreation programs. Scholarship requests must be made at the time of registration. Scholarship forms are available at the Community Education office.



## *Facility Use*

Community members and organizations are invited to use the district facilities. The following guidelines must be followed before facility use will be available. All facility rental must be made 10 days in advance.

- 1) Contact the Community Education office to obtain a facility use application or to see if an area is open for you to use.
- 2) Fill out, sign and return the application to the Community Education office.
- 3) Community Education will verify dates and fees with the user.
- 4) All changes must be made one week prior to the date of use.

# Registration Information

## *How to Register*

### **By Mail**

Complete a registration form and mail it with your check, money order or credit card number and expiration date to:  
ISD #110 Community Education  
516 Industrial Blvd.  
Waconia, MN 55387

### **Walk-in**

Visit the Community Education office located at 516 Industrial Blvd. in Waconia.

### **Office Hours:**

Monday-Friday: 7:30 am - 4:00 pm

### **Online Registration:**

Registrations are now accepted online at  
[www.waconiacommunityed.org](http://www.waconiacommunityed.org)

### **By Fax:**

Fill out a registration form including your credit card number, expiration date and signature and fax it to 952-442-0619.

### **24 Hour Drop Box Locations:**

> 516 Industrial Blvd., Waconia  
(outside of Education Center building near CE office entrance)

> 24 South Walnut Street, Waconia  
(north end of Bayview Elementary School building)

> 225 4th Street West, Waconia  
(outside main entrance doors of Southview Elementary School)

**Sorry, we are unable to accept registrations or reserve spots by phone.**

**Checks Payable To:  
Dist. #110 Community Education**

**A Commitment to Community  
and Lifelong Learning**

## *Registration Policies*

### *Register Early*

Classes fill up quickly. Please register at least one week in advance so we can make class enrollment decisions. We will accept registrations as long as there is space available in the class.

### *Are you registered?*

Assume the course will be held at the time and place indicated. Assume that you are enrolled unless you hear differently. We would call you if the class is cancelled or if the dates, times or locations have changed.

### *Refunds/Cancellations*

Notification to the Community Education office at least 6 working days or more prior to the start of the class/program is necessary to receive a full refund/credit (less a \$10 processing fee). No refunds or credits will be issued for vacation, illness or injury. Classes are not prorated.

- ECCE - Same as above.
- Kids' Company - The registration fee is nonrefundable. For more information see the Kids' Company handbook.
- Rainbow Preschool - The registration deposit is non-refundable. The supply fee is non-refundable after July 31. Class cancellations need to be received in the CE office two weeks prior to withdrawal or participant will be required to pay the difference.
- Behind the Wheel - A \$25 fee is assessed for cancelling out of this program.

### *School Closings*

If school is canceled or closes during the day due to bad weather, Community Education must cancel all youth activities. Adult activities may or may not be canceled. Kids' Company families should view the handbook. The CE office will call all adults if classes are to be canceled. Cancellation information will be posted on the Community Education website, [www.waconiacommunityed.org](http://www.waconiacommunityed.org) or call the activities hotline at 952-442-0675.

### *Satisfaction Guarantee*

If you are not satisfied with a Community Education class, program or event, please call and let us know. We also like to hear from you if you had a wonderful experience!



**ISD #110 Waconia Community Education & Recreation Registration Form**  
**Mail/Make Checks Payable To: District #110 Community Education, 516 Industrial Blvd., Waconia, MN 55387**  
**Phone: 952-442-0610 / Fax: 952-442-0619**

Participant Name: \_\_\_\_\_ Parent/Guardian Name: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender: M F Age: \_\_\_\_\_ Grade: \_\_\_\_\_

Driver's License # (for Defensive Driving class registrations only): \_\_\_\_\_

Credit Card #: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Method of Payment (please circle):      Cash              Check              Credit Card (Visa - Mastercard - Discover)

Class #: \_\_\_\_\_ Class Title: \_\_\_\_\_ Fee: \_\_\_\_\_

Class #: \_\_\_\_\_ Class Title: \_\_\_\_\_ Fee: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Permission: I fully recognize that certain risks are involved when participating in these activities. In case of injury, I will not hold ISD #110 Community Education or its employees liable.

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**ISD #110 Waconia Community Education & Recreation Registration Form**  
**Mail/Make Checks Payable To: District #110 Community Education, 516 Industrial Blvd., Waconia, MN 55387**  
**Phone: 952-442-0610 / Fax: 952-442-0619**

Participant Name: \_\_\_\_\_ Parent/Guardian Name: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender: M F Age: \_\_\_\_\_ Grade: \_\_\_\_\_

Driver's License # (for Defensive Driving class registrations only): \_\_\_\_\_

Credit Card #: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

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Class #: \_\_\_\_\_ Class Title: \_\_\_\_\_ Fee: \_\_\_\_\_

Class #: \_\_\_\_\_ Class Title: \_\_\_\_\_ Fee: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Permission: I fully recognize that certain risks are involved when participating in these activities. In case of injury, I will not hold ISD #110 Community Education or its employees liable.

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at enrollment.

Not valid for current Ladybug families.

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952-448-7202

**WACONIA**  
859 Vista Boulevard  
952-442-5057

**SHAKOPEE**  
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“I just want to thank you for teaching Aaron how to count, his colors, sing songs, read books, play inside and out, encourage his creative side and make Ladybug a place where we love to come to!”

-Mary Gosse, Toddler & Preschool Parent

Community Education - Winter-Spring 2018  
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(952) 442-0610  
www.waconiacommunityed.org  
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ECRWSS

# It's a sure sign that Spring is Coming...

When it's time to register for Girls Big West Fastpitch Softball League.



**U10, U12, U14, U16 & U18 Teams**  
**Evaluations on Sunday, January 14 & Sunday, January 21**  
**Register By Wednesday, January 3, 2018**