

District 110  
**Community Education**

Waconia • St. Bonifacius • New Germany • Minnetrista • Victoria

Winter/Spring 2022



*A Commitment to Community and Lifelong Learning*

WaconiaCommunityEd.org | 952.442.0610

# Waconia Community Education & Recreation

## Waconia Community Education & Recreation

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### Kids' Company Program Supervisor

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### Youth & Adult Program Coordinator

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### Main Phone Line

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### Early Childhood Supervisor

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### Early Childhood Administrative Assistant

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### Waconia Wildcat Preschool -

952.442.0613

### School Age Child Care

Southview Kids' Co Site 952.442.0627  
 Bayview Kids' Co Site 952.442.0614  
 WMS Kids' Co Site 952.442.0617  
 Laketown Kids' Co Site 952.442.0690

## Advisory Councils

### Waconia Community Education Advisory Council

Luke DeBoer, Jackie Johnson, Barb Kalthoff, Lindsay Schmidt, Paul Ericsson & Tiffany Nelson

### ECFE Advisory Council

Kara Anderson, Brianna Ballard, Erin Foss-Berling, Lynn Irrgang, Taylor Muhlenbruch, Tiffany Nelson, Rachelle Schaust, Stephanie Schnedler & Amanda Vesta

### Baseball Advisory Board

Chris Baso, Brian Crane, Jon Deming, Joe Duffy, Steve Fleck, Jeremy Graves, Mark Grundhofer, Mike Herman, Wade Marsh, Ryan Naughton, Tiffany Nelson, Chris Ohm, Erik Olson & Troy Simonson

### Softball Advisory Board

Joe Duffy, Garren Hamby, Ashley Johnson, Jake Saulsbury, Audra Lehrke, Tiffany Nelson, Maria Saulsbury, Kurt Schutte, Jason Smith, Todd Stejskal & Holly Wortz

### Soccer Advisory Board

Anthony Bell, Brian Elliot, Kevin Keegan, Tiffany Nelson, Trevor Paulson, Justin Pozega, Cary Sommer & Ivan Woyno

### Lacrosse Advisory Board

Jared DeWold, Elisabeth Doran, Chris Marten, Nicole Meyer, Tiffany Nelson, Crystal Roberts, Christy Willis & Ivan Woyno

[www.waconiacommunityed.org](http://www.waconiacommunityed.org)

952.442.0610



# Waconia 2022

ISD #110

## Waconia Community Education & Recreation Mission Statement

The purpose of this program shall be to bring together community residents of St. Bonifacius, New Germany, and Waconia along with District #110 Community Education staff to plan and direct programs that meet the needs of residents of all ages. These programs offer: enrichment, recreational, academic, family support and service activities. The program utilizes school district community and private resources and facilities to promote lifelong learning.



## Waconia District #110 Locations

WEC	Waconia Community Education & Waconia Enrichment Center 516 Industrial Blvd., Waconia
BV	Bayview Elementary School 24 South Walnut Street, Waconia
SV	Southview Elementary School 225 4th Street West, Waconia
WHS	Waconia High School 1650 Community Drive, Waconia
WMS	Waconia Middle School 1400 Community Drive, Waconia
LT	Laketown Elementary School 960 Airport Road, Waconia

# Winter/Spring

## ECFE

- Infant and Toddler Classes
- 2-5 Year Old Classes
- Parent-Only Classes
- Kindergarten Lunch and Learn
- Elementary Age Parent Education
- Special Events
- Early Childhood Screening

## Youth Enrichment

- Abrakadoodle
- Chess Club
- Kidcreate studio
- Babysitters Training
- Father-Daughter Dance
- ACT Workshop
- Kids Fun Night Out (Parents Date Night!)

## Youth Recreation

- Big West Fastpitch Softball
- Metro Baseball
- PreK-6th Grade Soccer
- PreK & Kindergarten Basketball Camps
- Fastpitch Softball Pitching Clinic
- Tae-Kwon-Do Karate
- Bowling
- Softball Camps
- Baseball Camps
- Basketball Camp
- Floor Hockey
- Dance Xcess
- Carlson Tennis Lessons
- Firearms Safety Training

## Adult Enrichment Classes

- Defensive Driving
- Adult Trips
- Adult Wellness
- First Aid / AED / CPR Training
- Chords are Key for Piano
- Waconia Area Gaming Society
- Computer Support
- Technology

# Kids' Company Childcare

## Kids' Company Childcare -

If you are looking for quality child care in a school setting - look no further. Kids' Company offers children the opportunity to thrive in an atmosphere that supports positive growth. Children are given this opportunity starting at the age of three (must be toilet trained) through fifth grade. Kids' Company is open at 6:00 am and our last pick up time is 6:15pm. We are located at Bayview Elementary School, Southview Elementary School, Laketown Elementary School & Waconia Enrichment Center. Children may attend Kids' Company at the school they attend which means a peace of mind for parents. Kids' Company is available on most school release days.

Our belief at Kids' Company is that children need to be in an environment that will enhance their social, academic and positive self image. We accomplish these goals through exposure to new experiences, freedom of choice and building new friendships. Children are always placed in age appropriate classes. Please see below for our specific site locations and for more details. Please note that times and locations may change due to registration numbers.

### Important registration dates for 2022 Summer and 2022-23 School Year Kids' Company

February 15, 2022:

Early Childhood Preschool and Kids'  
Company Virtual Open House and  
Informational meeting

February 28 - March 11, 2022:

Current Early Childhood Preschool and  
Kids' Company families may start to register

March 22, 2022:

Registration opens to everyone for  
Preschool, Summer and School  
Year Kids' Company

May 27, 2022: 2022

Summer Kids' Company registration closes

Registration may close earlier than dates  
listed due to capacity and staffing

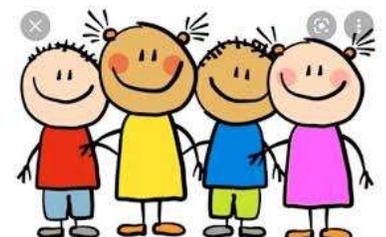
Reopening registration will be dependent on  
capacity and staffing

Please view our website for more  
information on important dates.

For more information about the Kids' Company  
please contact Jenny Merritt at  
952-442-0618 or [jmerritt@isd110.org](mailto:jmerritt@isd110.org)

## Kids' Company Preschool Age Childcare Option

Kids' Company enrolls children that are 3 years of age and older at our Waconia Enrichment Center site. This program is available to all children in the area and is also a collaborative effort between Early Childhood District Preschools and Kids' Company. Our preschools and Kids' Company are in the Waconia Enrichment Center therefore, transitions between programs will be safe and supervised. We offer a school based atmosphere for children that is safe, enriching and fun!





District 110 Early Childhood Family Education

Early Childhood Family Center  
520 Industrial Blvd. Waconia, MN  
952-442-0613  
[www.waconiacommunityed.org](http://www.waconiacommunityed.org)



REGISTRATION  
BEGINS  
Tuesday, Nov. 30



District 110 Early Childhood Family Education

## Welcome to Dist. 110 ECFE

Early Childhood Family Education (ECFE) is a District 110 Community Education program of Waconia Public Schools. All families with children ages birth to kindergarten are welcome. Our mission is to strengthen families through education, and support all parents toward healthy growth and development of their children.

Early Childhood Family Education offers classes, events and other programs designed by highly qualified teachers, specifically for families with young children. Most classes meet once a week for 1.5-2 hours. Quality child care is provided for siblings not enrolled in class.

A sliding fee scale is provided to make classes affordable for all families. No one will be denied participation for inability to pay.

# ECFE 0 - 28 months / Mixed Ages

## Incredible Infants

Having a baby is both exciting and challenging. This informative class helps you to get off to a great start with your baby. You will meet with other parents to discuss common concerns such as sleep, feeding, adjusting to parenthood, infant development and more. Spend time enjoying music, playing, and bonding with your child. **Parents and children will stay together the entire class.** You are welcome to join an infant class at any time during the session as space allows. Sibling care is provided for \$15.00/child. Registration required. ECFE Room 114 **Ages as of January 1, 2022**

ECWS02 0-12 months Mon. Jan. 10-May 9 (No class Jan. 17, Feb. 21, March 7, April 18) 10:45-12:15 pm \$30.00

## Terrific Toddlers

A whole new world begins once your child becomes mobile--a toddling little bundle of energy just looking to touch, taste, and test out the world and you! Spend time enjoying music, movement, and lots of exploratory activities with your child. During the parent discussion, we'll share ideas for separation anxiety, setting limits, safety, and other joys and concerns of parenthood. Toddler classes will gradually separate based on age and development of children. Join us for this special time with your busy toddler. **Class fees can be found on page 7.** Sibling care is available. Registration required. ECFE Room 114



**Ages as of January 1, 2022**

ECWS10	14-22 months	Tue. Jan. 11-May 10 (No class Mar. 8)	8:45-10:15 am
ECWS11	14-22 months	Wed. Jan. 12-May 11 (No class Mar. 9)	8:45-10:15 am
ECWS12	22-28 months	Tue. Jan. 11-May 10 (No class Mar. 8)	10:45-12:15 pm
ECWS13	22-28 months	Thur. Jan. 13-May 12 (No class March 10, April 7)	8:45-10:15 am

## Mixed Age Pop-in and Play 0-5 years



If you are not quite ready for the commitment of a class or would just like something extra during the week, come join us at Pop-in and Play! This will be self-guided exploration and play with an ECFE teacher present for conversation and answering questions. Come at the beginning and stay until the end or pop-in and out when it's convenient for you. Sensory and art experiences will vary each week. Parents and children can make social connections in a casual, fun setting.

No pre-registration is necessary. ECFE Room 108

**Ages as of January 1, 2022**

ECWS14	0-5 years	Tue. Jan. 11-May 10 (No class Mar. 8)	8:30-10:00 am
			\$2.00/child/class (children under 1 year are free)

## STEAM Evening Class



STEAM is an educational approach to learning that uses Science, Technology, Engineering, the Arts and Mathematics as access points for guiding student inquiry, dialogue, and critical thinking. During parent ed, parents will discuss their child's learning and development as it relates to curiosity and exploration. Come join us as we invent, create and explore!

This is a family class for children ages 2-8 years, however it is an early childhood offering, so one child must be between the ages of 2-5 years. All children attending must be registered. Select the payment level for the 2-5 year old child and select \$0 for the sibling(s). This class has no separate sibling care. ECFE Room 108 **Ages as of January 1, 2022**

**Class will meet 2 times per month on the following dates:**

Jan. 10 & 24, Feb. 7 & 28, Mar. 14 & 28, Apr. 11 & 25, May 9

ECWS25 2-5 years Mondays 6:00-7:30 pm

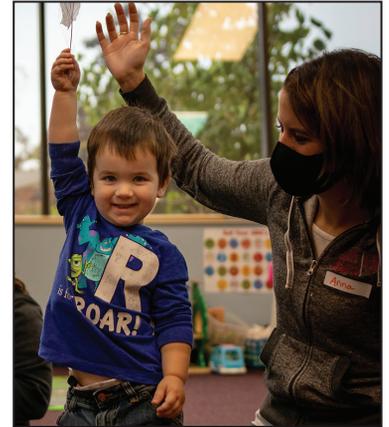
**Class fee for one 2-5 year old--Waive/\$30/\$46/\$62/\$78**

# ECFE 29 months - 5 years

Check out the next page for more class options!

## A Typical ECFE Class includes:

- **Parent/Child Time** - Parents and children explore age-appropriate activities designed to enhance learning. Parents gain new ideas for things to do together at home with their children. This time includes a group "Circle Time" of songs and games.
- **Parent Education** - Licensed parent educators provide resources and guide group discussions about child development, parenting techniques and current issues concerning today's families.
- **Children's Classroom** - During parent discussion, children play in a stimulating and caring environment with licensed early childhood teachers. They enjoy music, stories, group games and creative play as they interact with other children their age. Registration Required. ECFE Room 108 **Ages as of January 1, 2022**
- **Sibling Care** - Quality childcare is available to provide a safe, caring and fun atmosphere for siblings not enrolled in daytime classes.



## Discovery Time

ECWS20 29 mo-3 years Mon. Jan. 10-May 9 8:30-10:00 am  
(No class Jan. 17, Feb. 21, March 7, April 18)

## Learning with Nature



We will explore, investigate, and unearth nature's secrets that lie beyond the classroom doors! Children will learn about Minnesota's great outdoors through sensory exploration, books, building and more. During parent ed, parents will discuss their child's learning and development as it relates to exploring our natural world.

ECWS21 29 mo-5 years Wed. Jan. 12-May 11 8:30-10:00 am  
(No class Mar. 9)

## Discovery Extended

This class offers a longer parent/child interaction time and parent discussion time.

**2 hour class fee--Waive/\$84/\$133/\$175/\$210 Sibling care fee--\$70/\$98**

ECWS22 29 mo-5 years Mon. Jan. 10-May 9 10:30-12:30 pm  
(No class Jan. 17, Feb. 21, March 7, April 18)

## Coming Back for More

Are you returning to ECFE as a second, third or fourth time parent? This class is designed for parents with multiple-age children. Topics will focus on information and support to parent **all** of your children.

**2 hour class fee--Waive/\$84/\$133/\$175/\$210 Sibling care fee--\$70/\$98**

ECWS23 29 mo-5 years Wed. Jan. 12-May 11 10:30-12:30 pm  
(No class Mar. 9)

ECWS24 29 mo-5 years Thur. Jan. 13-May 12 8:30-10:30 am  
(No class Mar. 10, Apr. 7)

## ECFE Class Fee Schedule

Use the table below to determine your fee category for classes. Choose the category based on your annual gross income. The information you provide will be treated confidentially. All families are welcome at ECFE. **No one will be denied participation due to inability to pay fees.**

Annual Income	Jan. - May 1.5 hour classes Sliding Fee Scale
1. under \$35,000	Waived fees, call 442-0664 to register
2. \$35,000-\$49,999	\$63.00
3. \$50,000-\$74,999	\$98.00
4. \$75,000-\$99,999	\$133.00
5. \$100,000-above	\$168.00

### Sibling Care

Level 2-3	\$56.00/child
Level 4-5	\$84.00/child

**Registration begins Tuesday, Nov. 30 8:00 am**

**Register online or use the ECFE registration form found on page 13.**

# ECFE 33 months - 5 year olds

## ECFE Bridge to Preschool

A unique blend of parent-child time and peer group interaction offering an introductory preschool experience. Fall session started with a Thursday parent/child class, a Tuesday child only day is added for the winter and spring sessions. **Families registered for fall session will be given priority registration for winter/spring session.**



**Thursdays 11:00-1:00 pm** - Parent-Child Day: This day each week is a parent-child playtime together followed by a separated parent discussion. Sibling care is available for this day each week.

**Tuesdays 11:00-1:00 pm** - Child-Only Day Begins Winter Term: The second day each week is just for your child to interact with peers, led by a licensed early childhood teacher and an assistant. An introduction to basic skills, along with music, a story and gym time are included each day.

Parents **must** attend the parent-child class on Thursdays in order to have their child attend the Tuesday child-only day beginning winter session. Children working towards toilet training are welcomed to attend. Parents must send a bag lunch to eat during class. Class fees are payable in two equal payments. **Child must be 33 months by January 1, 2022 in order to attend this class.**

ECWS27 33 mo-5 years Tuesdays & Thursdays Jan. 11-May 12 (No class March 8 & 10, April 7)

**Payment 1 class fee due at registration--Waive/\$96/\$148/\$181/\$214**

**Thursday Sibling care fee--\$32/\$56**

**Payment 2 class fee will be processed on March 1--Waive/\$96/\$148/\$181/\$214**

**Thursday Sibling care fee--\$32/\$56**

# Elementary Age Parent Education

## Next Steps

The elementary years are an exciting time for parents and children alike. Trying new opportunities, learning, exploring, and going through changes. We get to applaud their accomplishments and help them work through frustrations or disappointments.

Growth like success is not a direct path. There will be starts and stops, challenges and successes. Join other parents from our community to celebrate, problem solve and learn how to support our elementary aged children. Discussions are facilitated by a licensed Parent Educator. This is a fun time to focus on how we want to raise our children.

We meet 1.5 hours every other week. Childcare is available for younger siblings who are not in school so that parents can focus without distraction. Topics are selected by group request. Popular topics have been: problem solving daily life, teaching skills of independence, friendships and social conflicts, bullying, and teaching children to be organized.

ECE20 Tuesdays, Jan 11 & 25, Feb. 8 & 22, March 15 & 29, April 12 & 26, May 10  
\$63.00/adult \$36.00/child/childcare  
Early Childhood Family Center Room 103

8:45-10:15 am  
Registration Required



Please register online at [www.waconiacommunityed.org](http://www.waconiacommunityed.org) (go to Community Ed - Registration - Online Registration - Browse Catalog - Early Childhood Family Education - School Age Offerings).

# Kindergarten/1st-3rd Grade Parent Connect

An offering for parents of Kindergarten and 1st - 3rd grade children. The Elementary Schools of District 110 invite you to Parents Connect!

Parent connection and support is a unique opportunity for parents. Parents will gather together in-person or on Zoom for a group discussion facilitated by our District 110 Parent Educators. Parents have found this to be a great place to build connections with other parents and share information and ideas. Join us to learn ways of supporting your students as they make their way through a milestone school year.



Registration is **FREE** through Early Childhood Family Education/School Age Offerings. Sibling care provided \$5.00/child. Registration Required. An adult snack will be provided.

## KINDERGARTEN SAVE THE DATES

ECKLL60 Friday, Feb. 25 ECFE Room 103	11:00 am - 12:30 pm	<b>Building Social Competence &amp; Friendships</b> Supporting Positive Social Skills, Conflict Resolution & Communication. We will discuss how to collaboratively and proactively manage challenges of social situations. Get your questions answered.
ECKLL90 Friday, April 22 ECFE Room 103	11:0 am - 12:30 pm	<b>Executive Functioning</b> Allows us to access information, think about solutions & implement those solutions. It requires Working Memory, Flexible Thinking & Inhibitory Control. These skills help in school and in everyday life--let's learn how to build these!

## 1ST - 3rd GRADE SAVE THE DATES

EC1LL60 Thursday, Jan. 20 ECFE Room 115	11:00 am - 12:30 pm	Help your child foster healthy friendships, navigate growing independence, and manage effective communication with your child's expanding school, activity, and social circles.
EC1LL80 Thursday, April 21 ECFE Room 115	11:00 am - 12:30 pm	Learn how to support your child as their responsibilities expand. Help them with tools to manage these expectations at home and school. We will address functions such as self-regulation, motivation, self-awareness, and working memory.

# One on One Parent Coaching

Register online at ECFE  
Parent Only Classes

Do you have parenting questions or need resources? Maybe you want to develop some specific strategies for parenting your child and need some support. This is a wonderful opportunity for parents to meet with a licensed parent educator either in person or virtually to gain insight, strategies and support, while becoming the best version of yourself as parents. Fill out the linked form and one of our friendly, knowledgeable parent educators will be in touch to set up a meeting. Each session is up to one hour in length. [Parent Coaching Form](#)

Cost: Free to Parents enrolled at ISD110 ECFE and Waconia Wildcat Preschool. No registration required

\$20 a session for other community members.

Registration and payment is required before the meeting is set up. Class Code: EC40

**What a great deal for some professional coaching!**

# ECFE Special Events

(Special events include 5 year olds who are not in Kindergarten)

## Open Gym

(1-5 years)

Looking for an indoor space to run and play? Come to the indoor playground at the Waconia Enrichment Center and ride a trike, play basketball and climb the gym play structure. **Enter the ECFE entrance at 520 Industrial Blvd.** Sign up for one or more sessions. Registration Required \$2.00/child/day

Fridays, 11:00-12:00 pm

ECSP19 January 21 ECSP20 February 18 ECSP21 March 18



## Valentines Dance

Find your dancing shoes and join us for this special Valentine event with your little sweethearts! You will get to pull out all your favorite dance moves with your family and friends. A photo booth and decorating a heart cookie will also be part of this holiday celebration. **Concessions, including pizza, will be for sale by the Early Childhood Advisory Council.** This event is a true family favorite!

This is a family event, however it is an early childhood offering, so one child must be between the ages of 0-5 years. All children attending must be registered.

ECSP27 Thursday, Feb. 10 5:30-7:30 pm  
\$5.00/child (Children under 1 year of age are free)  
Laketown Elementary Cafeteria  
Registration Required

## Children's Garage Sale



The Early Childhood Advisory Council is hosting a Garage Sale as their spring fundraiser!

You will have the option of selling your items at the sale or donating your items to be sold for fundraiser profit. You

can sell or donate these types of items: children's clothing (newborn – size 16), children's toys and books (NO stuffed animals), baby equipment and maternity clothing.

If you are **selling** your items, you will purchase a sale spot for \$25 by registering on the ECFE registration site. The spot will come with one table. You may purchase additional tables for \$5 each on the day of the event. If you are **donating** items, you may drop off at the ISD 110 Early Childhood Building from March 24th - April 7th.

Gather all your friends and family and come shop the sale at the Early Childhood Center 520 Industrial Blvd. Waconia on **Saturday, April 9th 9:00 AM - 1:00 PM!**

ECSP29 Table Registration Only

## Power-of-Play Packs



(18 months-5 years)

Create a special play-based ECFE experience to try at home. Connect with your child and encourage their development with fun themed activity bags. Included in the bags will be tools and strategies to support early learning from a licensed Parent Educator. Bags can be picked up at ECFE.

ECSP22	The week of Jan. 24	Snow Much Fun
ECSP23	The week of Feb. 14	Kids in the Kitchen
ECSP24	The week of March 21	Marching into Spring
ECSP25	The week of April 25	Big Earth Little Me
ECSP26	The week of May 16	Under the Stars

\$10.00/pack Registration Required

## Community Baby Shower

Expecting parents and parents of newborns up to 12 months are invited to the Community Baby Shower. Area businesses and community vendors will be present to share resources and ECFE staff will be onsite to showcase their classrooms. This is a great opportunity to connect with other parents, visit our building, meet the staff and learn about all the wonderful resources here in our community!

**Goodie bags for the first 40 new parents!**

ECSP28 Saturday, March 19 9:00-12:00 pm  
FREE  
Early Childhood Center  
Registration not required, but appreciated

**Register online or use the ECFE registration form found on page 13.**

# ECFE Special Events

(Special events include 5 year olds who are not in Kindergarten)

## Wild about Wheels

The whole family is invited to meet us at the Laketown Elementary parking lot for an up close look at the vehicles we see at work in our community. Imagine a fire engine, school bus, street sweeper and more. You will be able to explore the vehicles, learn safety tips from our various community helpers and learn what each vehicle is used for.

**Get dinner from the food truck and enjoy the evening with friends and family!** In case of inclement weather, this event will be cancelled.

ECSP30 Tuesday, April 26 5:30-7:30 pm  
**FREE** - registration not required  
Laketown Elementary Parking Lot



## Create a Fairy Garden

(2 1/2-5 years)

Fairy gardens are such a whimsical addition to your outdoor space! They spark imagination, creativity and responsibility. The idea of a fairy garden is to add small plants, structures and flowers to create a magical place for fairies to bring good luck to your home. During this event we will create a container fairy garden, listen to a story and have a magical snack. Weather permitting this will be held at our outdoor playground. Sibling care is available during **daytime** classes.

ECSP31 Thursday, April 28 6:00-7:15 pm  
ECSP32 Friday, April 29 9:00-10:15 am  
\$10.00/child Early Childhood Center  
\$4.00/child/sibling care Registration Required

## End-of-Year Picnic

**Bring the whole family** to celebrate a year filled with learning, friendship and so much fun! All participants in ISD 110 Early Childhood Programs (Waconia Wildcat Preschool and Early Childhood Family Education) are invited to a picnic. **Please bring your own picnic food and a blanket or chairs** to sit on while enjoying one last fun filled event for the 2021-2022 school year. You will enjoy music, games, crafts and the playground! In the case of inclement weather, this event will be cancelled.

ECSP33 Tuesday, May 10 5:30-7:00 pm  
Southview Elementary Playground **FREE**  
No Registration Required



## Help Me Grow MN

Some children need extra help to learn and grow. Help Me Grow is a Minnesota state initiative that connects children with developmental delays and disabilities and their families to free, local early intervention services.

Is your child on track?



HelpMeGrowMN.org  
1-866-693-4769



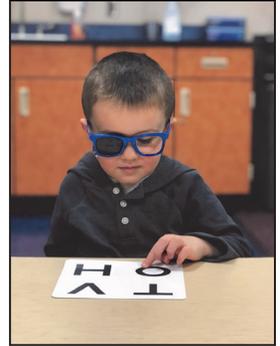
If you have a concern about a child's development, you can refer the child through Help Me Grow for a free screening or evaluation. Services are free to eligible children ages birth-5, regardless of income or immigrant status.

Help Me Grow's website, [helpmegrowmn.org](http://helpmegrowmn.org), offers valuable information to help parents and caregivers understand a child's development. Resources include developmental milestones, strategies to encourage development and information about referrals. To refer a child, visit [helpmegrowmn.org](http://helpmegrowmn.org) or call 866-693-GROW (4769).

# Early Childhood Screening

## Is your child 3 years old?

The early childhood years are an important time of rapid learning and growth. Early Childhood Screening is a **FREE** service offered by District 110 that will check a child's overall development and health. Children are screened by a licensed early childhood teacher and a school nurse. Results of the screening help identify any learning or health concerns that may require attention before a child enters kindergarten. **In Minnesota all children are required to complete Early Childhood Screening before kindergarten entrance, however, it is not a test for kindergarten.** The preferred age to screen is between the ages of 3 and 4 years old.



### Early Childhood Screening includes:

- \* A look at your child's development
- \* Vision and hearing checks
- \* Height and weight measurements
- \* Immunization and health history review

Screenings take place at the Early Childhood Family Center, 520 Industrial Blvd. **Register online at [www.waconiacommunityed.org](http://www.waconiacommunityed.org).** Click on Community Ed, go to Programs and scroll down to Early Childhood Screening. Please call **952-442-0613** to receive more information.



Fridays 8:00-1:15 pm			Tuesday 12:00-5:00 pm		Thursdays 2:30-5:00 pm	
Jan. 7	Feb. 25	April 22	May 17		Jan. 27	April 21
Jan. 28	March 25	May 6			Feb. 24	May 5
Feb. 11	April 1				March 24	

If your child has been screened by another school district, Early Childhood Special Education or Headstart, your child does not need to be screened again, but a summary copy must be on file with the current school district your child will be attending. Contact the ECS office at 952-442-0613 for information on how to have screening records forwarded to the school district.

## Early Childhood Family Center Winter/Spring 2022 classes at a glance January 10-May 12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<b>8:30-10:00 am</b> 29 mo-3 years	<b>8:30-10:00 am</b> Pop-in and Play 0-5 years	<b>8:30-10:00 am</b> 29 mo-5 years	<b>8:30-10:30 am</b> 29 mo-5 years		
<b>10:30-12:30 pm</b> 29 mo-5 years	<b>8:45-10:15 am</b> 14-22 months	<b>8:45-10:15 am</b> 14-22 months	<b>8:45-10:15 am</b> 22-28 months		
<b>10:45-12:15 pm</b> 0-12 months	<b>10:45-12:15 pm</b> 22-28 months	<b>10:30-12:30 pm</b> 29 mo-5 years	<b>11:00-1:00 pm</b> 33 mo-5 years		
<b>6:00-7:30 pm</b> STEAM 2-5 years	<b>11:00-1:00 pm</b> 33 mo-5 years				



Find us on  
**Facebook**

**District 110 Early Childhood Family Education**

# ECFE Registration

## 4 Easy Ways to Register:

1. **Online** Register online at [www.waconiacommunityed.org](http://www.waconiacommunityed.org)
2. **Mail** Registration form and payment to:  
District 110 ECFE  
520 Industrial Blvd.  
Waconia, MN 55387
3. **Drop off** Registration form and payment at:
  - ECFE Office - 520 Industrial Blvd.
  - Community Education Office - 516 Industrial Blvd.
  - 24-hour Drop Box - located outside Bayview & Southview
4. **Fax** Registration form with credit card number, expiration date and signature to: 952-442-0619

**Unless the fee is stated**, use the sliding fee scale on page 7 to determine class fee. Make checks payable to Dist. 110 Community Education. We accept Visa, MasterCard, Discover and AmExpress.

**Registration begins on Tuesday, Nov. 30 at 8:00 am**

Questions? Call 952-442-0613

## REGISTRATION POLICIES

- The online shopping cart will be available on **Tuesday, Nov. 30 at 8:00 am**. If you are new to ECFE or Community Ed, create an account at [waconiacommunityed.org](http://waconiacommunityed.org). Click on Community Ed at the top of the page then go to Registration. Register for **one** class per child. Registration for a second class for the same child opens on Monday, Jan. 3. You will receive an e-mail confirming your registration.

- **ECFE will waive** one class fee for income-eligible families per session. Please call 952-442-0664 to register. Fees for special events will not be waived.

- **Refund Policy** - A full refund is issued for cancellations before the session begins, minus a \$10.00 processing fee. After the first week, refunds are prorated. There are no refunds midway through a session or for missed class days. Special Event refunds will only be given with a 5-day advance notice.



## ECFE WINTER/SPRING REGISTRATION 2022

PARENT NAME: \_\_\_\_\_ HOME PHONE: \_\_\_\_\_  
 ADDRESS: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_  
 SCHOOL DISTRICT: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

### FAMILY CLASSES

CLASS NUMBER	DAY/TIME	CHILD NAME IN CLASS	DATE OF BIRTH	CHILD NAME SIBLING CARE	DATE OF BIRTH	CLASS FEE

SIBLING CARE FEE \_\_\_\_\_

### SPECIAL EVENTS

EVENT - NUMBER & TITLE	PARENT(S) ATTENDING	CHILDREN'S NAME	EVENT FEE

Payment:  Cash  Check # \_\_\_\_\_  Waived Fee Date Rec'd \_\_\_\_\_ **TOTAL FEE** \_\_\_\_\_  
 Credit Card # \_\_\_\_\_  Credit Card (Visa, MC, Discover, AE)  
 Signature \_\_\_\_\_ Expiration Date \_\_\_\_\_

# COMMUNITY RESOURCES

<b>Arc-Hennepin/Carver</b> <i>Development Disabilities</i>	952-920-0855
<b>Carver County Public Health Services</b>	952-361-1329
<b>Carver County Social Services</b>	952-361-1600
<b>Child Care Aware of MN</b>	952-402-9824
<b>Crisis Nursery</b> <i>Temporary childcare during a crisis</i>	612-839-5101
<b>Dist. 110 Special Education Services</b> <i>Information on 3-5 yr overall growth and development</i>	952-442-0637
<b>ECFE Home Visit</b> <i>Discussions may include care of newborns, activities for young children, child development, parenting issues, community resources.</i>	952-442-0664
<b>Early Childhood Screening</b> <i>Required health and developmental screening for 3-4 year old children prior to kindergarten entrance. Go to <a href="http://www.isd110.org/community-ed/programs">www.isd110.org/community-ed/programs</a> to schedule an appointment</i>	952-442-0613
<b>First Street Center</b> <i>Offers a comprehensive range of mental health services</i>	952-442-4437
<b>Head Start/CAPP Agency</b>	952-496-2125
<b>Help Me Grow - Early Intervention</b> <i>Information on Birth-3 yr overall growth and development</i>	952-567-8210
<b>LaLeche League</b> <i>Support for breastfeeding</i>	952-472-6493
<b>Library - call for storytimes</b>	
• Waconia	952-442-4714
• St. Bonifacius	952-446-1418
<b>Macaroni Kid Carver County</b> <i><a href="http://carver.macaronikid.com">http://carver.macaronikid.com</a></i>	952-201-0429
<b>MN Sure</b> <i>Health Insurance for income eligible families</i>	952-361-1600
<b>Ridgeview Medical Center</b> Education - <i>Breastfeeding, sibling preparation</i> Birthing Center Pediatrics Pediatric Rehab Services	952-442-2191
<b>Sexual Violence Center 24-hour helpline</b>	952-448-5425
<b>Southern Valley Alliance for Battered Women</b>	952-873-4214
<b>Waconia United Food Shelf</b>	952-442-3878
<b>WIC</b> <i>Free nutrition program for women, infants and children at East Creek Family Center, Chaska</i>	952-496-2125

## Early Childhood Family Education Staff

Tiffany Nelson, Community Education Director  
Amanda Vesta, Early Childhood Supervisor  
Brenda Buesgens, Administrative Assistant

### ECFE Teachers

Heather Carlson - EC  
Lauren McQuillan - PE  
Christine Pedretti - PE  
Vanessa Schultz - EC

### Preschool Teachers

Lindsay Hackman  
Laura Jaede  
Jenny Jensen  
Mary Weber

### ECFE Teacher Assistants

Amie Hunt  
Alicia Piotter  
Karen Whalen

### Preschool Assistants

Andrea Mathwig  
Trisha Molinari  
Melissa Rabe  
Megumi Thompson

## Early Childhood Advisory Council

The Advisory Council meets five times throughout the school year to develop goals, help plan and volunteer at events and provide feedback for the program. Free child-care is offered during the meetings.

Kara Anderson	Taylor Muhlenbruch
Brianna Ballard	Tiffany Nelson
Erin Foss-Berling	Amanda Vesta
Lynn Irrgang	

## Is your family included on the School District Census?

Has there been a birth in your family? Have you recently moved into the area? Is there a new family in your neighborhood? District 110 wants all families to know about the programs and activities that are offered.

Being on the School District Census insures that you will automatically receive information about Early Childhood Screening, preschool and kindergarten.

To be added to the census, please call the School District Census Office at 952-442-0607.

## HAS YOUR CHILD HAD IMMUNIZATIONS?

Minnesota law requires that all children attending District 110 Early Childhood classes have their immunizations up to date. Proof of immunization must be presented. If you need information on low cost or free immunizations for your child, call Carver County Public Health Services at 952-361-1329.

## WEATHER EMERGENCY POLICY

When District 110 K-12 classes are cancelled due to inclement weather, all Early Childhood classes/events are also cancelled. If there is a late start, the 8:30 and 8:45 am classes will not be held, but the classes later in the day will be in session. District Weather Line 952-442-0640.

# Early Childhood Preschool Program



## Welcome to District 110 Waconia Wildcat Preschool

Waconia Community Education connects, empowers, and enriches lives through lifelong learning and service to our community. Early Childhood Education is a core component of Community Education where families and young children begin their relationship with Waconia Schools. We recognize that every student has unique needs. It is our goal to offer the best learning environment for your child. Academic and support specialists collaborate with classroom teachers to deliver classroom instruction. This collaboration is designed to support each child who comes through our door to reach his/her full potential.

Waconia Wildcat Preschool provides innovative classrooms where creativity and imagination flourish. Our inclusive program helps all children discover a joy of learning. Your child will be immersed in a stimulating environment that encourages physical, intellectual, and emotional development through play based investigation, purposeful questioning and exploration for deep learning and a seamless transition to kindergarten.

Waconia Wildcat Preschool is an ISD 110 program. We work closely with Early Childhood Special Education and kindergarten teachers to foster a successful transition from preschool to kindergarten. Call 952-442-0613 with questions or go to our website for more detailed information about each session.



### Goals of District 110 Preschool

At ISD110, our mission is to allow students to explore their passions and create success. In early childhood we give children a high quality preschool experience in partnership with parents. We strive to educate, collaborate, challenge, empower and support families, nurture development and treat all with respect.

We believe:

- Parents are children's first and most important teachers
- Licensed teachers nurture and provide structure to support young learners and parents
- Research based curriculum embedded with standardized goals will provide learning to ensure kindergarten readiness
- Classroom environments should be carefully designed to support developmentally appropriate exploration for preschool children
- Play opens the world of learning for the preschool child

### We are a Pyramid Model School and Parent Aware Certified



### Calling all cubs who want to be a wildcat in 2022-2023!

Waconia Wildcat Preschool offers 2, 3, 4 and 5 day a week class options for children who are ages 3-5 years of age as of Sept. 1. Join us for a **Virtual Open House** on Tuesday, Feb. 15 at 6 pm. Registration for **NEW** families begins online Tuesday, March 22. **CURRENT** families who will be returning for another year of preschool can register online Mon. Feb. 28 - Fri. March 11. **More preschool registration information will be shared in February.**



### Current 2021-22 Preschool Parents Connect

Would you like to get to know other parents who have preschool age children? Wildcat Preschool parents are invited to a virtual preschool parents connect opportunity that will meet once a month. Parents of preschoolers will come together to share joys, concerns and learn in a fun and relaxing atmosphere. The group will be led by our parent liaison and the Early Childhood Program Supervisor will join in the fun too. Register under District 110 Preschool Programs.

Fridays 8:45-10:15 am Dec. 17, Jan. 28, Feb. 25, March 25, April 29, May 13

Tuesdays 12:00-1:30 pm Dec. 14, Jan. 25, Feb. 22, March 29, April 26, May 10

**FREE - Childcare \$5/child per class - Registration Required**

# Youth Enrichment

## SafeKids 101

**Preparing Kids to Stay Safe at Home and in the Community!** Does your child ages 8 - 12 want to stay home alone after school? Get your children trained with SafeKids 101 and both of you will feel more confident about their safety at home and in the community. This program is full of important safety principles. This program teaches what all parents want their children to know about safety! Topics include: Staying home alone, answering the door or the telephone, basic First Aid; burns, wounds & bandaging, poisonings, and choking emergencies, storm and fire emergency training, dog emergencies... Four steps to staying safe, stranger danger...straight talk with honest answers, fun, safe activities to do while home alone, create fun, healthy – safe snacks! (Please indicate any food allergies!)

W-100: Mon, January 10 Laketown Innovation A218  
W-101: Mon, April 11 Bayview Media Center

Ages 8-12

2:30pm-5:00pm

Fee: \$30

Shelly Nahan

Minimum: 4 / Maximum: 20

Register By: January 4 / April 5



## Babysitters Training

When you get your students certified with Babysitting 101, you'll know they've been trained by the best! It gives 11 year olds and older everything they need to know, from getting started, to dealing with parents and children, to key safety, caregiving, and first aid tips. Course highlights include: Fundamental information about Babysitting and creating your business, Leadership: You're in charge, but not the parent and conflict resolution, Basic Caregiving Skills: Feeding, Diapering, Holding, Safe sleep practices, Play Time: Keeping children entertained and active safely, Safety and Injury Prevention: Telephone safety, SIDs awareness, Environmental, weather and preventable hazards, First Aid and CPR: Recognizing an emergency, Caring for an ill or injured victim, wounds and burn care, Choking and CPR. Please pack pen, paper, snacks and beverages. Guide book included! Must be 11 years of age at start of class!

W-102: Monday, February 28  
Waconia MS Room D-110  
3:05-6:05pm  
Fee: \$52  
Shelly Nahan  
Minimum: 4 / Maximum: 20  
Register By: February 21



## The Verge Student Hang Out | Waconia Middle School Grades 6th - 8th

The Verge Student Hang Out is a place for 6th - 8th grade students to hang out after school or if they need a place to go before or after an activity. This is a supervised option for Waconia Middle School students from 3:00pm - 6:30pm on school days. Students are welcome to drop in anytime during the open time frame and use their punch card. Daily free time will consist of hanging out with friends, playing the Wii, study time, open gym time, playing games, etc, the choice is up to the students. This area has been created to give students the opportunity to spend supervised time hanging out. Punch cards are available for purchase at Waconia Community Ed and The Verge Student Hang Out. Students may also attend by paying a daily rate in cash or check. Punch cards may be kept by the students or at The Verge. For more information about The Verge Student Hang Out policies and programming please contact Jenny Merritt at 952-442-0618 or [jmerritt@isd110.org](mailto:jmerritt@isd110.org)



# Youth Enrichment

## Parent & Child Create Night Valentine's Day Mosaic Heart

Looking for a new Valentine's Day tradition? Why not feel the love as you create amazing art together with your child! In this class, we will design our own glittery heart mosaics using clay, beads, and more. These mosaics are great to keep, or they're the perfect Valentine's Day gift for a friend or loved one. Get ready for some messy fun, as each parent and child will create their own craft.

W-103: Monday, February 14

6:00pm-7:30pm

Ages 5-12 + Adult

Fee: \$46 (per pair)

Bayview Art Room

Kidcreate

Min 7 / Max 10

Register By: February 7



KIDCREATE™  
STUDIO 

## Fabulous Fun Art Camp

Join us to make some fun and beautiful art! We'll sculpt, paint, decoupage, and draw. We'll paint a colorful landscape on canvas board, sculpt some cool owls and decoupage a picture frame! We'll develop artistic skills through fun and creative art activities. Pack a nut free snack and bring a water bottle.

W-105: Friday, February 4 (Non-School Day)

W-106: Friday, March 4 (Non-School Day)

9:30am-12:00pm

Grades K-5

Fee: \$45

Waconia Community Ed

Room CS-118

Abrakadoodle

Min 7 / Max 20

Register By: Jan 28 / Feb 25



## Parent & Child Create-Mother's Day with Kidcreate Studio (5-12 years)

Mother's Day is just around the corner. What better way to celebrate than creating masterpieces with your child? Prepare for an evening filled with fun! You and your child will follow easy step-by-step instructions as you create matching floral paintings. Each parent and child will create their own masterpiece on a real canvas board.

W-107: Thursday, May 5th

6:00pm-7:30pm

Ages 5-12 + Adult

Fee: \$46 (per pair)

Bayview Art Room

Kidcreate

Min 7 / Max 10

Register By: April 28



## Waconia Wildcat Sports Apparel

Waconia Area Athletics (Waconia Community Education) partners with Universal Athletics to offer apparel for; Soccer, Baseball, Fastpitch Softball players, parents and fans! Items include team bags, hats, jackets, sweatshirts, shorts, shirts and much more! To check out all of the items available for purchase please go to the sites listed below. All ordering must be done online and by the specific deadlines. The deadline to order for Soccer, Baseball & Fastpitch/Softball is Sunday, February 20th at 11:59pm with items arriving to our office by March 22nd. There will be a 2nd and FINAL order for Soccer, Baseball & Fastpitch/Softball on Sunday, April 3rd at 11:59pm with items arriving to our office on May 3rd. Please view the sites for all the apparel options, arrival dates, sizing charts and more details.

ORDER HERE

<https://wcedathletics22.itemorder.com/>



# Youth Enrichment

## Waconia Area Gaming Society

48+ members strong in 2018-2019, come join the fun! Have you ever piloted a spaceship in a desperate battle to save humanity? Hunted orcs in the wild? Built a railroad empire? Visited the third moon of Zantos, or held the hot gates against the Persians with a small band of Spartans? We have! Join us for a monthly dose of fun, dice rolling, and adventure! The Waconia Area Gaming Society (WAGs) offers a once-a-month opportunity to do something different! We are a group of local board and strategy game fans who enjoy any excuse to break out our tabletop, role-playing, and miniature games with friends old and new. Some of the games we have played in the past: Risk, Pathfinder, Firefly, HeroClix, Settlers of Catan, FUDGE, Battletech, Axis and Allies, Agricola, and Arkham. We meet the first Saturday of the month and usually decide a month ahead of time what we will play on game day. Due to the complexity of some of the games we may play, we ask that attendees be at least ten years old. Our only other requirements are that you abide by our three simple rules: 1) All attendees will bring a drink and snack to share. 2) The judge appointed for the game has the final say--no arguments. 3) Have fun! We hope that you will come and join us on our grand adventures through time, space, and... pizza! Caution: Getting involved in this group may cause you to laugh, smile and have a good time. Your spirits may be raised. You may make new friends. Please note, the Waconia Area Gaming Society is not responsible for spaceship crashes, goblin invasions, or outbreaks of Munchkinitis. No helmets necessary.

W-110: January 2022-December 2022

Ages 10-Adult

Fee: \$25 per person for the year.

Bayview Cafeteria (Enter loading dock doors in back of the school)

3pm-9pm first Saturday of each month.

Register By: January 4

Group Leader: Rodney Golden



## Drivers Education: Behind the Wheel

Participants who have successfully completed classroom training sessions are eligible for 6 hours of behind the wheel training. This is an opportunity for students to receive additional driving experience with a certified driving instructor. To register for Behind the Wheel Training, the registration form should be submitted, in person, along with payment, parent signature and the letter verifying completion of the 30 hours of classroom instruction at the Community Ed office. The blue card will then be issued. Students will need this card in order to complete computerized permit test at the DMV. The date of their 16th birthday, along with the date of registration, will determine their priority on the waiting list. We encourage students to register early. Please do not schedule your driver's test before you start your 6 hours of Behind the Wheel. If you are participating in an after school activity, please be aware that this limits your scheduling availability with the instructors.

Fee: \$348

Payment Options:

1. The entire fee paid at the time of registration.
2. \$174 at the time of registration and \$174 prior to your last Behind the Wheel lesson.



# Youth Enrichment

## Chess Club

Whether you have never played chess and want to learn the basics or if you have played some and want to improve your skills, Waconia Chess Club is a fun, learning experience. Research shows that kids who play chess often see increases in scholastic performance, especially in math and reading. Best of all, kids love it! Students will learn: value of pieces, the difference between check, check mate, and stalemate; basic checkmate patterns, opening principles and general strategic concepts. There will be instruction given, but also open play time where kids can try out their own strategies - plus a tournament with trophies and medals. Chess sets will be provided; kids do not need to bring their own. Pat has been teaching chess for 2 decades, including 15 in Waconia, was voted SCA chess coach of the year and coached Eden Prairie High School to the Minnesota State Scholastic Championship.

W-111: Thursdays- April 7, 14, 21, 28, May 5, 12 & 19  
Waconia Middle School Media Center

6:30pm-7:45pm

Grades K-12

Minimum: 16 / Maximum: 30

Fee: \$64

Pat Lavone

Register By: March 31



## Beyond the Queens Gambit Half Day Waconia December Chess Camp

Did you know that playing chess can help strengthen a student's memory, increases a child's decision making skills, and help instill an understanding of actions and consequences? Kids who play chess regularly see increases in math skills as well as reading comprehension. Plus – it's fun – kids love it! Waconia Community Education will be offering "Beyond the Queens Gambit" a half day chess camp December 27-28, 2021 directed by Pat LaVone. Pat has been teaching chess for over 23 years, including more 15 in Waconia. Chess camp will consist of lectures/lessons, chess puzzles, practice games, tournament games, blitz chess (speed chess), chess variations and a look at chess history. Campers will learn basic tactics, strategies and concepts. Chess sets and other materials will be provided. There will also be time for some physical activity as well. Camp will conclude with a tournament and the awarding of trophies and medals.

W-119: December 27 & 28

1:00pm-4:30pm

WHS Group Space C107

Pat LaVone

Fee: \$79

Minimum: 10 / Maximum: 28

Register By: December 17



## Kids' Fun Night Out (Parents Night Out!)

Do your kids ages 3-12 want a fun place to go when you are out for a Friday evening? Drop your kids off at Laketown Elementary School gym on Friday night! We'll have free time in the gym (or on the playground April-Aug) to begin, then break for a snack and finish with a projected movie. Please pack a snack and labeled water bottle. You may also want to bring a pillow, sleeping bag and pajamas for the movie. Children must be toilet trained to attend. Please note that once you register we are not able to transfer/refund/credit from that date without six business days' notice. This program is supervised by Community Education Staff, Holly Wortz. Please enter and exit door #5 at Laketown each night.

Friday Nights: 6:00pm-9:30pm

F-504: January 7

W-112: January 21

W-113: February 4

W-114: February 25

W-115: March 25

W-116: April 1

W-117: April 22

W-118: May 6

Minimum: 10 / Maximum: 40

Fee: \$14 per child per night and \$8 for each additional child per family per night.

For staffing purposes please complete your registration at least one week before each date. May fill prior.





# Youth Enrichment

## ZAPPING the ACT Test

ACT Test Preparation. Provider: Doorway to College. ZAPS test-preparation seminars are carefully designed to help each student do his or her personal best on the ACT. Students who complete the ZAPS seminar—and practice our tips and strategies at home—typically raise their ACT scores by 2 to 4 points. In the five-hour ZAPS seminar, students will learn strategies for improving in all four subtests, take shortened practice tests that mirror the actual testing experience, and get suggestions for individualized study in the days leading up to the ACT test. Attendees receive a comprehensive Study Guide and 24 practice test workouts with detailed answer explanations. Students should bring a calculator and two pencils to the seminar.

W-122: Monday, March 14 & Tuesday, March 15

6:30pm-9:00pm

Waconia HS Media Center

Fee: \$105

ZAPS

Minimum 20 / Maximum 60

Register By: March 2



## Code Championship Tournament Series | Virtual Computer Coding Competition

Build a computer bot to play head-to-head against other coders! Whether this is your first Code Championship event, or if you've been competing for years, this is the perfect way to explore the competitive coding world of Code Championship. No previous coding experience necessary. The Spring 2022 Code Championship Series is a series of six tournaments in six weeks (it's ok to miss one or two). These tournaments will be hosted online using Google Meet and the Code Championship website. If you have a modern browser like Chrome or Firefox, no additional download is required. Please come knowing how to navigate the internet (basic typing and mouse control). The link to the Google Meet event will be emailed two days before the tournament. Promotional Videos/Pictures: <https://www.codechampionship.com/gallery/>

W-124: Saturdays: April 2, April 9, April 16, April 23, April 30, May 7

9:00am-11:00am

Grades: 3-9th Grade

Fee: \$118

Minimum: 2 / Maximum: 8

Code Championship

Online (Virtual - Google Meet)

Register By: March 25

## How to Register

\*Online @ [www.waconiacommunityed.org](http://www.waconiacommunityed.org)

\*In person Monday-Friday 7:30am-4pm

\*Fax 952-442-0619 at our office

\*Drop Box - 24 hour accessible drop box located outside our office doors

\*Mail in your registration to Waconia Community Education, 516 Industrial Blvd., Waconia, MN 55387



# Youth Enrichment

## Sewing basics for Kids

Want to learn to sew? This basic sewing class is designed for kids ages 9 and up! Week one you will learn how to operate a sewing machine, thread the needle, load the bobbin, adjust tension, change needles and learn all the different functions of a sewing machine. You will learn to sew straight lines, turn, back stitch and how to adjust the settings on a machine. Week two is all about seams! Some of the seams we will cover in class are plain seams, French seam, flat felled seams and more. Week three is a buttonhole and zipper workshop, where you will learn how to install a zipper, and how to stitch a buttonhole with ease. Week four you will be working on finishing your class project

If you bring your own machine, please make sure it is in good working condition, has thread and bobbins and extra needles that are for your machine. If you are not sure how to operate your machine, please touch base with me, so I am able to review the Manuel before your child attends class. Please indicate at the time of registration if you are able to bring your own machine.

Advanced classes are for kids who have already taken basic sewing and are interested in learning how to improve sewing skills. In this class students will use all class time in making an easy breezy tote bag by combining different fabrics and stitches!

(Supply package \$20) This packet is mandatory, includes all supplies needed for class project. Please bring your cash/check payment on the first day of class.

W-125: January 4, 11, 18 & 25 (Beginner)

W-126: January 6, 13, 20 & 27 (Advanced)

W-127: February 3, 10, 17 & 24 (Beginner)

Fee: \$130

Beverly Huggett

Min 2 / Max 4

Waconia MS FACS Room F160

5:30pm - 7:00pm

Register By: 12/28, 12/30, 1/27



## Sewing For Kids - Reading Pocket Pillow

Reading pocket pillow, perfect for all levels, beginner to advanced! Keep it on your bed, bring along when traveling! All supplies included.

W-128: January 10

5:00pm-8:00pm

Fee: \$85

Waconia Middle School FACS Room F160

Min 2 / Max 4

Beverly Huggett

Register By: January 3



## Sewing for Kids - Heart Mug Rugs

Heart mug rugs, have fun quilting as you go making adorable mug rugs, perfect for Valentines Day! This class is sew much fun! All levels welcomed! All supplies included.

W-129: February 1

5:00pm-8:00pm

Waconia MS FACS

Room F-160

Fee: \$85

Min 2 / Max 4

Beverly Huggett

Register By: January 25



# Youth Recreation

## After School Recreation Club

Boys and girls! Join us after school as we get our energy out playing games in the gym such as battle ball, ships across the ocean, big base, parachute games like "shark attack" and other favorites! Bayview students may stay after school and meet in the gym. Please bring an after school snack if you prefer. Students from other schools are welcome to make arrangements to attend!

W-130: Wednesdays, January 12, 19, 26 & February 2  
 2:30pm-4:00pm Grades K-5  
 Bayview Gym Min: 8 / Max: 20  
 Holly Wortz / CE Staff Fee: \$30  
 Register By: January 3



## After School Recreation Games at WMS

Meet after school in the gym and we'll decide on what games to play for the day. Dodgeball? Big Base? Spikeball? Floor Hockey? Invite friends and classmates to register and the choice is yours! Participants will be released from the program at 4:15pm and will need to have their own transportation arrangements.

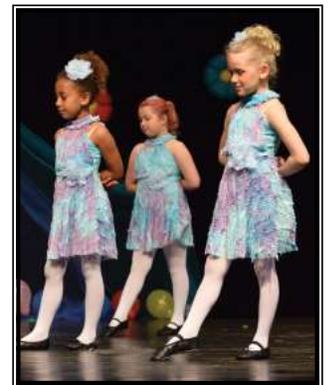
W-130.5: Thursdays: January 20, 27, February 3 & 10  
 3:15pm-4:15pm Grades 6th-8th  
 MS GYM Min 12 / Max 40  
 CE Staff: Holly Wortz Fee: \$20  
 Register By: January 13



## Dance Xcess!

Dance Xcess gives children the opportunity to experience the art and joy of dance. Instructor Kris Lamkin has been a dance instructor for 19 years. This dance program specializes in basic ballet technique and jazz. Dance Xcess is dedicated to providing a fun learning environment while experiencing the art of dance. This is a great way to give your child a taste of dance. Classes are Monday nights. Preschool 1 is for first year students (at least 3 years old by first class date please.) Preschool 2 is for second year students or 4's/5's. Black dance shoes are recommended and form fitting dance wear is encouraged. There will be a recital free to attend! More information will follow. There will be an additional costume fee of \$65 payable to the instructor.

W-131: Preschool 1 (Age 3 & 4)	5:30pm-6:00pm	\$75
W-132: Preschool 2 (Age 4 & 5)	6:00pm-6:30pm	\$75
W-133: Grades K-2	6:30pm-7:15pm	\$112
W-134: Grades 3-6	7:15pm-8:00pm	\$112
W-135: Grades 7th-12th	8:00pm-9:00pm	\$150



January 3, 10, (skip 17), 24, 31, February 7, 14, (skip 21), 28, March (Skip 7), 14, 21, 28, April 4, 11, (skip 18), 25, May 2, 9, 10 & 13.

Dress Rehearsal: Tuesday, May 10th - Waconia MS Auditorium

Recital: Friday, May 13th - Waconia Middle School Auditorium 7pm

Min Per Session: 2/ Max Per session: 15

Laketown Elementary School Cafeteria

Register By: December 17th \*May fill prior!

Instructor: Kris Lamkin



# Youth Recreation

## Waconia High School Gymnastics Day Camp | Saturday, January 15th

Come experience a day of FUN with the Waconia High School Gymnastics Team! Coaches will encourage gymnast to work towards goals through a series of stations and drills set up at each event rotation. This camp is designed for all levels of experience! Rotate through multiple event stations throughout the day. Where we will work on improving skills or trying something new, with our Wildcat Gymnastics Team Coaches! Craft Activity: Picture Frames will be provided to decorate with puff paint and glitter for a craft break after lunch. Each participant will have a posed photo taken that will be available at the end of the day during pick up that can be put in the decorated frame! We will break into groups based on skill level. Assigned groups will be provided at check in, please arrive by 9:15am.

What to wear: Leotard or Tank top/shorts, anything tight fitting for spotting purposes and no jewelry  
What to bring: Water bottle, packed lunch, grips (if you wear them.)

At the time of registration please let us know if your child is a: Beginner, Has had some gymnastics experience or Taking classes and what level.

W-136: Saturday, January 15th, 2022  
10:00am-3:00pm  
Girls Ages 5+  
Fee: \$55  
Waconia High School Gymnastics Facility  
Register by: January 7



## Firearms Safety Training

This course is open to all interested youth at least 11 years old at the start of the class date. This course includes all aspects of gun training, bow hunting, first aid and more. Minnesota Firearms Safety Certification will be issued upon successful completion of the course. A parent or guardian must attend the first class. This class is sponsored by the Carver County Sportmen's Club. Space is limited at 60 participants. Registration begins on Tuesday, January 25th at 7:30am in the Waconia Community Education office located at 516 Industrial Blvd. **Parents/guardians MUST register in person, there is a specific DNR form that needs to be filled out and signed which cannot leave our office.** Sorry, there are NO REFUNDS/CREDITS/Transfers once you register for this training.

W-137: March 15, 18, 22, 25, 29 & April 1  
6:30pm-8:30pm  
Bayview Cafeteria  
Field day on April 2. Alternate date April 9  
Carver County Sportsmen Club  
Fee: \$5 payable to Waconia Community Education at the time of registration. An additional payment of \$7.50 will be collected by the Minnesota DNR.



# Youth Recreation

## Tae-Kwon-Do Korean Karate - Ages 6+

Ages 6 & up! Students of all ranks and levels will learn self-defense techniques and the history of Tae-KwonDo. Lessons are for students Kindergarten (2021-2022) and older. No prior experience is necessary. Beginning students on up to green belts should register for Level B. Green Belts on up should register for Level A. Classes will be held in the Bayview Cafeteria. Enter through the loading dock doors in back of Bayview, the door has a few steps leading into it and they face the football field. Please register BEFORE attending your first class.

December 6, 13, 20, (Skip 27) January 3, 10 & 17

F-547: Level B (Beginners) 6:30pm - 7:30pm F-548: Level A (Advanced) 7:35pm - 8:35pm

January 24, 31, February 7, 14, 21 & 28

W-138: Level B (Beginners) 6:30pm - 7:30pm W-139: Level A (Advanced) 7:35pm - 8:35pm

March 7, 14, 21, 28, April 4 & 11

W-140: Level B (Beginners) 6:30pm - 7:30pm W-141: Level A (Advanced) 7:35pm - 8:35pm

April 18, 25, May 2, 9, 16 & 23

W-142: Level B (Beginners) 6:30pm - 7:30pm W-143: Level A (Advanced) 7:35pm - 8:35pm

Minimum: 6 / Maximum: 24

Linda Kroells

Fee: \$42

Register By: One week prior to start

Bayview Cafeteria (enter loading dock doors)

## Amazing Athletes

Let's get active while learning new sports and skills! Develop your child's motor skills, hand-eye coordination, cardiovascular fitness and more through Amazing Athletes. In this course we will cover 10 sports: baseball, volleyball, lacrosse, football, basketball, soccer, golf, hockey, tennis and track and field. Each class encompasses two different developmental sports, muscle identification and nutrition lessons, using fun activities so they can build their skills, at their own pace, in a non-competitive atmosphere. Parent participation is needed to help enforce the social distance rules with the coaches.

W-144: Tues., January 11, 18, 25, February 8 & 15

W-145: Tues., March 1, (skip 8), 15, 22, 29 & April 5

W-146: Tues., April 12, 19, 26, May 3 & 10

6:15pm - 6:45pm

Ages 3-5 (preschool)

Southview Green Gym

Fee: \$81

Register By: 1/4, 2/22 & 4/5



## Amazing Athletes Tots

Get moving with Amazing Athletes Tots! This discovery-based program is designed to get your toddler moving. Enjoy physical challenges and organized exploration activities that increase major motor development. Explore and learn 10 sports: baseball, volleyball, lacrosse, football, basketball, soccer, golf, hockey, tennis and track and field. Each 30-minute class encompasses a developmental sport, muscle identification and nutrition lessons, using fun activities that highlight motor-development skill building.

W-147: Tues., January 11, 18, 25, February 8 & 15

W-148: Tues., March 1, (skip 8), 15, 22, 29 & April 5

W-149: Tues., April 12, 19, 26, May 3 & 10

5:30pm-6:00pm

Ages 18m-2 years

Southview Green Gym

Fee: \$81

Register By: 1/4, 2/22 & 4/5



# Youth Recreation

## Sledding After School

Sledding is one of the most popular activities during the Winter time! Both boys and girls are welcome to register to enjoy this wonderful activity. Please bring an after school snack to have in the gym from 2:30-2:40pm, then we'll bundle up in our winter gear and head out to the Bayview hills from 2:45pm-4:00pm! We'll return to the Bayview Blacktop for pick-up at 4pm. Students from other schools are welcome to attend! Sleds are provided or you may bring your own.

W-150: Thursdays, January 6, 13, (skip 20) & 27

W-151: Thursdays, February 3, 10 & 17

Bayview Elementary

Grades: 1st-5th

2:30pm-4:00pm

Fee: \$21

Minimum: 12 / Maximum: 20

CE Staff: Joe Duffy

Register by: December 30 / January 27



## Open Skate Outdoors After School (w/ sticks and pucks)

Ice Hockey is one of the most popular sports of all time! Both boys and girls are welcome to register to enjoy this wonderful sport! Each day we will meet at the ice rink for an afternoon of fun!. Students who do not play hockey are welcome to come try it out as well! Goalies are welcome and encouraged to bring their equipment. Please note: \*Students must bring their own helmets, sticks, and skates. Equipment WILL NOT be provided.\*This is not a learn to skate program.

W-154: Wednesdays January 5, 12, 19 & 26

W-155: Wednesdays February 2, 9, 16 & 23

Grades 6th-8th

3:15pm-4:15pm

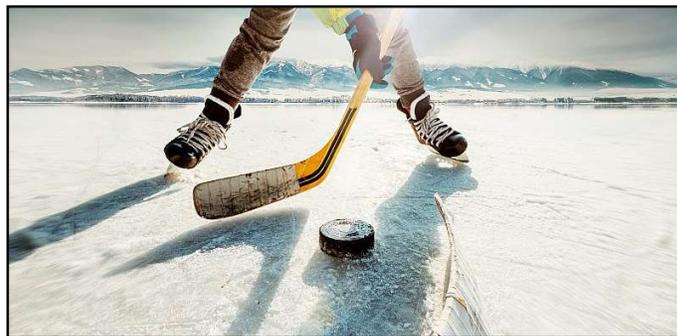
Fee: \$37

Outdoor Rink at WHS East

Min: 12 / Max: 20

CE Staff: Joe Duffy

Register by: December 30 / January 27



## Open Skate Outside After School (w/o sticks & pucks)

Ice skating is one of the most popular activities during the winter time! Both boys and girls are welcome to register to enjoy this wonderful activity! Each day we will meet at the ice rink for an afternoon of fun. Middle School students may walk out to the outdoor rink between WMS & WHS near the tennis courts after school to join. Students attending from other schools are welcome to arrange transportation and meet us at the rink. This program is supervised by CE Staff, Joe Duffy. Please note: \*This is not a learn how to skate program. \*Participants must bring their own skates and helmets. Equipment WILL NOT be provided. \*There will not be sticks/pucks allowed in this program.

W-152: Tuesdays, January 4, 11, 18 & 25

W-153: Tuesdays, February 1, 8, 15 & 22

Grades: 1st-8th

Fee: \$28

Min: 12 / Max: 20

Register by: December 28 / January 25

3:15pm-4:15pm

Outdoor Rink at WHS East

CE Staff: Joe Duffy



# Youth Recreation

## Baseball Hitting Camp

Join Waconia High School and Legion baseball Coach Erik Olson for # hitting sessions. Coach Olson will draw from his experiences as a player and coach to teach about the 5 components that make up a good hitter: 1) Vision 2) Timing 3) Mechanics 4) Approach 5) Situational Hitting. Players will get swings while working with Coach Olson and some of the current Waconia High School players.

February 22, 23 & 24

W-400: Ages: 9 & 10 - 5:00 - 6:00 pm

W-401: Ages: 11 & 12 - 6:15 - 7:15 pm

W-402: Ages: 13 & 14 - 7:30 - 8:30 pm

Minimum 8 Maximum 15

Erik Olson

Fee: \$60

WHS Batting Cage -  
(In the Gymnastics Room)



## Baseball Pitching Camp

In baseball, pitching is arguably the most important part of the game. Join Waconia High School and Legion Coach Erik Olson for 3 pitching sessions. Coach Olson will draw from his experiences as a college pitcher at the University of St. Thomas, a high school baseball coach, and a youth baseball instructor to teach participants the proper pitching fundamentals, focusing on the mechanics, arm care, and mental side of pitching. Participants should bring their baseball fielder's glove and wear athletic clothing including gym shoes. \*9-10-year-old participants need to have their own capable catcher with them each Sunday.

February 6, (skip 13), 20, 27

W-157: Ages: 9 & 10 1:00pm - 2:00pm

W-158: Ages: 11 & 12 2:15pm - 3:15pm

W-159: Ages: 13 & 14 3:30pm - 4:30pm

Bayview Gym

Minimum 8 Maximum 20

Fee: \$60

Register By: January 31



## Baseball Throwing/Fielding Camp

Join Waconia High School and Legion baseball Coach Erik Olson for 4 sessions of throwing/fielding practice. Coach Olson will draw from his experiences as a player and coach to teach proper throwing and fielding techniques as an infielder or an outfielder. Players will work with current Waconia High School players doing many of the same drills that players do

January 9, 16, 23, 30

W-160: Ages: 9 & 10 1:00pm - 2:00pm

W-161: Ages: 11 & 12 2:15pm - 3:15pm

W-162: Ages: 13 & 14 3:30pm - 4:30pm

Bayview Gym

Minimum 8 Maximum 20

Fee: \$75

Register By: January 3



## December Baseball Clinic

Coach Olson and former Waconia High School Baseball players will teach participants the proper fundamentals of hitting, fielding, and throwing. Participants should wear athletic clothing (including gym shoes) AND bring their glove, bat, and helmet.

December 27, 28, 29

W-163: 9/10 year olds 8:00am-9:30am

W-164: 11/12 year olds 9:45am-11:15am

W-165: 13/14 year olds 11:30am-1:00pm

WHS Field House Gym Courts 3 & 4

Fee: \$55

Minimum: 12 / Maximum: 30

Register By: December 16



# Youth Recreation

## Waconia Wildcats Sports Performance Middle School: Winter Session

Training HAUS sports performance training is the platform for athletic achievement. Our strength and conditioning team is committed to building a total athlete, while reducing the risk of injury through individualized evaluation and program design. Every athlete is challenged and empowered to identify, pursue, and achieve their personal goals. Questions: JoshAnderson@TrainingHAUS.com

**BENEFITS:** Training Haus sports performance programs are so much more than weightlifting. Using dynamic exercises and drills, we cultivate performance qualities beyond foundational strength. The result is a more complete athlete with district competitive advantages that apply to any sport.

**TRAINING:** Training HAUS coaches will provide the most cutting edge training methods and techniques available. Workouts are designed to build character and strengthen a team's core values. Training HAUS believes that a winning team foundation includes speed, strength, power, endurance, injury prevention, mental toughness, accountability and dedication. Training HAUS Team Training program utilizes sports specific training techniques and team-building methods to ensure teams maximize their full team athletic potential.

### 7:00am - 7:45am Strength/Weight Room

W-166: Tuesdays - January 11, 18, 25, February 1, 8, 15, 22 & March 1 (8 dates) \$50

W-167: Thursdays - January 13, 20, 27, February 3, 10, 17, 24 & March 3 (8 dates) \$50

### 3:15pm -4:00pm Speed Training/ Gym

F-168: Mondays - January 10, (skip 17), 24, 31, February 7, 14, (skip 21) & 28 (6 dates) \$38

F-169: Wednesdays - January 12, 19, 26, February 2, 9, 16, 23 & March 2 (8 dates) \$50

Grades 6th-8th

Minimum: 10 / Maximum 35

Waconia Middle School Weight Room / GYM

Register By: January 4



## Friday Night Girls Winter Volleyball Skills & Scrimmage Sessions

Join us to develop or improve your volleyball skills this winter! We will have fun while working on passing, setting and attacking the volleyball. We will play fun volleyball games and scrimmage each date. The 5:45 session is for 4th graders and 5th/6th graders new(er) to the sport of volleyball. The 6:50pm session is for 5th/6th graders who have participated in other camps or volleyball leagues and have more volleyball experience.

January 28, February 11 & 18

W-170: 5:45pm-6:45pm 4th-6th Grade

W-171: 6:50pm-7:50pm 5th-6th Grade

Laketown Gym

Fee: \$24

Holly Wortz

Min: 10 / Max: 16

Register by: January 21





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# Youth Recreation

## {YEL} Junior Basketball March Madness

MARCH MADNESS IS HERE! Time for some round-ball! Join this fast-paced, inclusive (everyone plays) class. YEL's Teach It, Practice It, Play It® approach teaches players new skills each class, practices those skills in kid-friendly games, and then encourages students to use those skills in introductory basketball games. Emphasis is placed on basic skills development of dribbling, shooting, passing, sportsmanship and teamwork. Sign up soon...the shot-clock is running down!

**W-172: Southview Elementary Green Gym**  
Mondays, March 14, 21, 28, April 4 & 11

**W-173: Laketown Elementary Gym**  
Wednesdays, March 16, 23, 30, April 6 & 13

**W-174: Bayview Elementary Gym**  
Fridays, March 18, 25, April 1, 8, 15 & 22

2:45pm-3:45pm  
Grades: K - 3  
Minimum: 6 / Maximum: 16  
Fee: \$50  
Youth Enrichment League  
Register By: March 3



Basketball

## After School Pickleball WMS

Middle School boys and girls are welcome to join us after school for pick-up style pickleball. New teams will be created each date. This program is supervised by Waconia Community Education staff. Participants will be released from the program at 4:15pm and will need to have their own transportation arrangements.

W-175: Tuesdays, January 11, 18, 25 & February 1

W-175.5: Tuesdays, February 8, 15, 22 & March 1

3:15pm-4:15pm

Grades 6th-8th

MS Gym

Min 12 / Max 40

CE Staff: Ivan Woyno

Fee: \$20

Register By: Jan. 4 / Feb. 1



## {YEL} Flag Football Camp After School

Get ready to dash to the end zone with our high-octane, inclusive (everyone plays) Flag Football course. YEL's Teach It, Practice It, Play It® approach teaches players new skills each class, practices those skills in kid-friendly games, and then encourages students to use those skills in non-contact flag football games. SAFETY & SPORTSMANSHIP are emphasized! We focus on basic skills development in passing, catching, defending, and teamwork. Sign up before the two minute warning!

**W-176: Mondays, May 2, 9, 16 & 23**

**Southview Elementary Fields** - Meet in SV Green Gym after school.

**W-177: Wednesdays, May 4, 11, 18 & 25**

**Bayview Elementary Outfield #3** - Meet in BV gym after school.

**W-178: Fridays, May 6, 13, 20 & 27**

**Laketown Elementary Fields** - Meet in LT Gym after school.

2:45pm-3:45pm  
Grades: 2-5  
Minimum: 8 / Maximum: 16  
Fee: \$40  
Youth Enrichment League  
Register By: April 25



## Umpiring Clinic

Anyone 9th grade through adult interested in umpiring baseball/softball for Community Education this spring or summer must attend this clinic. This hands-on course will cover the basics and how to's of baseball and softball umpiring, as well as recommended techniques applicable to both new and experienced umpires. Registrations will be accepted at Community Education. Ball pouches, indicators and brushes can be purchased by request, please let staff know.

W-183: Sunday, March 20

Bayview Gym

Fee: \$12

Register By: March 11

6:00pm-8:30pm

Bill Koppi



# Youth Recreation

## February One-Day Youth Basketball Camp

The exciting sport of basketball is growing in Waconia for both boys and girls! During this camp your child will have fun learning the fundamental skills of basketball. Instructions on shooting, dribbling, passing, and various skills will be given along with fun games and drills. Come join the fun! **PreK Parents/adults/12+ siblings are expected to be their participants helper and out on the floor during this camp.** Please enter and exit Door 5 (East of the main school doors.)

Sunday, February 13

W-179: Kindergarten & 1st	1:45pm-2:45pm
W-180: 1st & 2nd Grade	1:45pm-2:45pm
W-181: PreK Ages 3-4 (w/ helper)	3:00pm-4:00pm
W-182: PreK Ages 4-5 (w/ helper)	3:00pm-4:00pm

Fee: \$10  
 Laketown Elementary Gym  
 Register By: February 15

Holly & Tyler Wertz  
 Min: 10 / Max: 25



## PreK Basketball Camp (w/ adult helper)

Join the fun at this basketball camp for boys and girls age 3–5 years old. Kids will learn and practice the fundamental skills of basketball! Instructions on shooting, dribbling and passing will be taught skills along with fun games and basketball drills. We invite participants that have turned 3 years old by August 31st. A parent/guardian/adult or older sibling (12+) must attend camp with their student each session.

W-184: Thursdays, January 27, February 3, 10 & 17  
 5:45pm-6:15pm

Laketown Gym  
 Fee: \$24  
 Register by: January 21  
 Min: 15 / Max: 24  
 Holly & Tyler Wertz



## Kindergarten Basketball Camp

Join the fun at this popular basketball camp for Kindergarten boys and girls! Kids will learn and practice the fundamental skills of basketball! Instructions on shooting, dribbling and passing will be taught skills along with fun games and basketball drills. Come join the fun in this popular camp for kindergartners!

Thursdays, January 27, February 3, 10 & 17

W-185: 6:20pm-7:05pm  
 W-186: 7:10pm-7:55pm

Laketown Gym  
 Register by: January 21  
 Holly & Tyler Wertz

Fee: \$36  
 Min: 15 Max: 24



District 110

# Community Education

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# Youth Recreation

## Carlson Tennis

Our mission with Junior Tennis is to provide a tennis pathway for kids from learning how to play to applying it in match play. Our Stars Program is for both beginner and those that have played. Please contact Dan Carlson with any questions. dan@carlsontennis.com or check out their website: www.carlsontennis.com Register with Waconia Community Education & Recreation. Lessons will take place in the Southview Elementary Green Gym.



## Tennis Little Stars (Ages 4-6)

This class is for our youngest players. We emphasize agility, balance, and coordination. Movement and tracking skills will give the kids the ability to properly handle a racquet and ball. We feel that this foundation will be instrumental in their long term success playing tennis. FUN and SUCCESS is our goal!

W-197: Thurs: January 6, 13, 20, (skip 27), February 3  
W-198: Thurs: February 10, 17, 24 & March 3  
W-199: Thurs: March 17, 24, 31 & April 7  
W-200: Thurs: April 14, 21, 28, May (skip 5 & 12) & 19

5:30pm-6:00pm  
Minimum :4 / Maximum: 12  
Register By: One week prior

Fee: \$49



## Tennis Rising Stars (Ages 7-8)

The goal of this class is control. We will split this group into two levels, past players and beginners. The kids will enjoy playing games and rallying the ball back and forth while working on technique and tactics. These kids will play games with rallying by the 2nd lesson and the final day will be full of games and competitions.

W-201: Thurs: January 6, 13, 20, (skip 27), February 3  
W-202: Thurs: February 10, 17, 24 & March 3  
W-203: Thurs: March 17, 24, 31 & April 7  
W-204: Thurs: April 14, 21, 28, May (skip 5 & 12) & 19

6:00pm-7:00pm  
Minimum: 4 / Maximum: 12  
Register By: One week prior

Fee: \$69



## Tennis Future Stars (Ages 9-11)

We will split this group into two levels based on ability; however everyone will be rallying from the first day. Our emphasis for these kids is to get them to rally the ball and understand the fundamentals of the forehand and backhand groundstrokes, volleys, and serve. If you have any questions about Carlson Tennis programs please contact Dan Carlson.

W-205: Thurs: January 6, 13, 20, (skip 27), February 3  
W-206: Thurs: February 10, 17, 24 & March 3  
W-207: Thurs: March 17, 24, 31 & April 7  
W-208: Thurs: April 14, 21, 28, May (skip 5 & 12) & 19

7:00pm-8:00pm  
Minimum: 4 / Maximum: 12  
Register By: One week prior

Fee: \$69



# Youth Recreation

## Floor Hockey After School

After school floor hockey is a very popular after school program! Both boys and girls are welcome to register and play pick-up style floor hockey after school. Each day we meet new teams will be formed for floor hockey fun. Younger and older kids will be split up. Come to the gym after school, bring a snack to have from 2:30-2:45pm and we'll start at Floor Hockey at 2:45pm. Students from other schools are welcome to attend. Register for as many sessions as you'd like! Floor hockey sticks are provided.

W-209: Mondays, January 10, (skip 17), January 24, 31 & February 7  
 W-210: Mondays, February 14, (skip 21), 28, March (skip 7), 21 & 28  
 W-211: Tuesdays, January 11, 18, 25 & February 1  
 W-212: Tuesdays, February 8, 15, 22 & March 1  
 W-213: Tuesdays March 15, 22, 29 & April 5  
 W-214: Thursdays, February 10, 17, 24 & March 3

WMS	3:15pm-4:15pm	\$20
Bayview	2:30pm-4:00pm	\$28
Southview	2:30pm-4:00pm	\$28
WMS	3:15pm-4:15pm	\$20
Laketown	2:30pm-4:00pm	\$28
Bayview	2:30pm-4:00pm	\$28

Grades 1st-5th at Elementaries / Grade 6th-8th at WMS  
 Minimum: 12 / Maximum: 20  
 CE Staff: Holly Wertz / Joe Duffy / Ivan Woyno  
 Register by: One week prior to start date



## Minnesota Sword Play

Come learn real fencing skills while having fun in our special Musketeers Fencing class! Our new program introduces children to the fundamentals of fencing with the foil weapon. This class is performed in a non-threatening environment with an emphasis on skill building, concentration, self-discipline and fun. Classes are designed to enhance motor skills, social and perceptual growth by teaching safe, age appropriate foil fencing skills to each child. Fencing may help improve concentration while developing self-control through fun and organized activities that are developmentally correct. We provide everything needed to fence (mask, jacket, glove and weapon). The fencer need only to come dressed comfortably (for freedom of movement) including long sweat pants and running shoes.

W-215: January 3, 10 (skip 17), 24, 31, February 7 & 14  
 W-216: April 4, 11, (skip 18), 25, May 2, 9 & 16  
 6:30pm-7:30pm  
 Fee: \$88  
 MN Sword Play  
 Southview Dining/Gym  
 Min: 8 / Max: 20  
 Register By: December 27 / March 28



## Sunday Night Girls Basketball Scrimmage Sessions

Scrimmage, scrimmage, scrimmage, let's play basketball! Join us to develop or improve your basketball skills this spring! Instruction will be given within the scrimmaging. Pinnies will be provided daily. If you have your own basketball please bring it with each date. This program will first open up to 4th/5th grade girls, if by March 3rd it has not filled, 3rd graders will be welcome to register. \*Please note this is a drop off activity and parents do not need to remain in the building. Contact Holly Wertz at least 1 week in advance if you would like to volunteer to help coach on a court. hwertz@isd110.org. Please bring your own basketball with if you have one, we will have a few extra basketballs if you don't have your own.

W-187: Sun, March 20, 27, April 3, 10, (skip 17) & 24  
 6:30pm-7:45pm  
 3rd-6th Grade Girls  
 Fee: \$25  
 Waconia Middle School Gym  
 Holly & Tyler Wertz  
 Register by: March 3



# Youth Recreation

## 10U-14U Girls Winter Softball Sessions

Join us to develop or improve your softball skills this winter! We will have fun while working on fielding progressions, hitting, base running and much more! Please bring your glove, bat and a water bottle. Join us to prepare for upcoming January evaluations or just for the fun of it! This camp only allows 12 girls to register for each time slot so there will be lots of attention given to each participant.

Tuesdays, December 21, (skip 28) January 4, 11 & 18  
 W-223: Grades 3rd-5th (10U) 5:00pm-6:00pm  
 W-224: Grades 4th-7th (10U/12U) 6:05pm-7:05pm  
 W-225: Grades 5th-8th (12U/14U) 7:10pm-8:10pm

Bayview Gym (Enter North Doors) Fee: \$32  
 Holly Wortz Min: 5 / Max: 12  
 Register by: December 14



## Softball Winter Hitting Sessions

These sessions are for 10U, 12U & 14U. \*Please note that if you participated in the WHS school ball season in 2021 you are NOT eligible to register for these sessions per the MSHSL off season coaches contact policy. Eligible birth years include 2007, 2008, 2009, 2010, 2011, 2012 & 2013 and in the 3rd grade. Sorry, no 2nd graders.

W-228: Thur, December 9 & 16 5:45pm-6:45pm  
 W-229: Thur, December 9 & 16 7:00pm-8:00pm  
 W-230: Thur, January 13 & 20 5:45pm-6:45pm  
 W-231: Thur, January 13 & 20 7:00pm-8:00pm

WHS Field House Batting Cages  
 Min: 8 / Max 20  
 Fee: \$20 per 2 date session  
 WHS Coaching Staff  
 Register By: Dec 2 / Jan 6



## Waconia Girls Diamond Softball Camp

Join us as we practice the fundamentals of softball including correct throwing, fielding, base running, sliding and correct swinging/hitting techniques. Be prepared to try sliding by wearing softball pants or bring sweat-pants to throw on over shorts. The older girls will be introduced to advanced skills like diving progressions, stealing, hook sliding and various bunting techniques. To be guaranteed a camp T-shirt please register on time. Bring your glove, a bat if you have one and a water bottle. Please bring both cleats and tennis shoes each date for the option to be indoors or outdoors for this camp! Fee includes a T-shirt.

Sundays – March 20, 27, April 3 & 10  
 W-226: 2nd-4th Grade 3:30pm - 4:30pm  
 W-227: 3rd-6th Grade 4:35pm - 5:35pm  
 Fee: \$48 (Includes T-shirt)  
 Waconia HS East Diamond #2 (Purple Dugout) /  
 Rain/cold site is the WMS Gym.  
 Holly Wortz  
 Minimum: 12 / Maximum: 18  
 Register by: March 11 (may fill prior!)



# Youth Recreation

## HappyFeet Soccer

HappyFeet is a new and exciting soccer clinic for children ages 2 - 5. Using our proven, fun "Story Time With A Soccer Ball" approach, HappyFeet will surely be your child's favorite weekly activity. We are committed to helping children form healthy exercise habits using the world's most popular game, soccer! The HappyFeet goal is that each and every child has fun, improves their fitness, increases their enjoyment of fitness activities, achieves a higher self concept, and gains advance skill! Register now, and let your little one meet the HappyFeet soccer ball called "Bob the Bobcat"! Check us out! <http://www.tchappyfeetlegends.com/>  
Little Toes: Ages 2 & 3 act out nursery rhymes and songs. Big Toes: Ages 4 & 5 have a blast with stories and fun games.

### THURSDAYS

January 6, 13, 20 & 27 (\*1/27 Bayview Gym)

W-232: Ages 2/3 - 6:00pm-6:30pm

W-233: Ages 4/5 - 6:30pm-7:00pm

February 10, 17, 24 & March 3

W-234: Ages 2/3 - 6:00pm-6:30pm

W-235: Ages 4/5 - 6:30pm-7:00pm

March 17, 24, 31 & April 7 \*Potentially Outside

W-236: Ages 2/3 - 6:00pm-6:30pm

W-237: Ages 4/5 - 6:30pm-7:00pm

April 14, 21, 28 & May 5 \*Potentially Outside

W-238: Ages 2/3 - 6:00pm-6:30pm

W-239: Ages 4/5 - 6:30pm-7:00pm

Southview Gym/Dining (Winter) / Fields (Spring)

Fee: \$45

Register By: One week before start, may fill sooner!

Minimum: 5 / Maximum: 12



## After School Bowling in Waconia

Join us after school at The Garage & Bowl in Waconia for supervised open bowling. Both boys and girls are welcome to register. Basic instruction, bowling etiquette and safety will be discussed, however, the majority of the time will be spent bowling. Busing to St.Joes school (one block away from the Bowling Alley) may be available depending on the school your child attends. Please call Koch Busing for more information on this option, otherwise plan on arranging your own transportation. The fee includes Community Education staff supervision, bowling shoe rental and use of bowling balls for one hour each date.

W-240: Wednesdays, January 5, 12, 19 & 26

W-241: Wednesdays, February 2, 9, 16 & 23

Grades 2nd-5th

3:00pm - 4:00pm

Waconia Garage & Bowl

Fee: \$35

Minimum: 12 / Maximum: 24

Ivan Woyno

Register by: December 29 / January 26



District 110

# Community Education

Waconia • St. Bonifacius • New Germany • Minnetrista • Victoria



# Youth Recreation

## Girls Futsal (Small Sided Soccer)

Futsal is an exciting, fast-paced small sided soccer game that is played across the world and is officially recognized by both FIFA and UEFA. Why play Futsal? Futsal is played in an environment that motivates players and is conducive to learning. The small sided format allows players to have lots of touches on the ball and learn and use different soccer moves to attack and defend. Because Futsal is played with a low bouncing ball, players develop great footwork and can transition what they learn to both recreational and competitive soccer programs. Format: Players spend the first ½ of the session learning and mastering soccer skills. The second ½ of the session is spent playing the game of Futsal. The Futsal skills practiced and learned are very similar to those taught at Coerver or Pura Vida but offered locally and at a fraction of the cost.

Futsal: Allows players to frequently touch the ball, Presents many opportunities to score goals and score goals often, Maximizes active participation and minimizes inactivity and boredom, Focused on individual player development & Focus on the game by eliminating complicated rules

Girls Ages: 7, 8, 9 and 10 Year Old's | Session Times: 6:00pm - 7:00pm

F-588: Session II: 7 Mondays, Jan. 3, 10 (Skip 17), 24, Feb. (skip 7), 14, (Skip 21), 28, March (Skip 7) 14 & 21

Girls Ages: 11 and 12 Year Old's | Session Times: 7:10pm - 8:10pm

F-591: Session II: 7 Mondays, Jan. 3, 10 (Skip 17), 24, Feb. (skip 7), 14, (Skip 21), 28, March (Skip 7) 14 & 21

Girls Ages: 13 and 14 Year Old's | Session Times: 6:00 pm - 7:00 pm

F-594: Session II: 7 Friday's January 21 and 28, February 4, 11, 18 and 25, March 18

Girls Ages: 15 and Older | Session Times: 7:10pm - 8:10pm

F-597: Session II: 7 Friday's January 21 and 28, February 4, 11, 18 and 25, March 18



Bayview Elementary Gym

Register by: November 5, 2021

Instructor: Ivan Woyno

Fee includes a dry fit futsal shirt:

Sessions II - \$105 (7 weeks) Mid January - March

## Waconia Dodgeball Tournament

### Non School Day Friday, February 4th!

Join us for the first ever non school day Waconia Dodgeball tournament! 10 participants make up a team that of which are no more than 5 boys and 5 girls. Teams will be assigned a color and you will need to create your own team T-shirts. The shirts MUST be numbered #1-#10 on the FRONT of the shirt. Rules and information will be emailed after the registration deadline. Dodge, Duck, Dip, Dive & Dodge! Champions earn a T-shirt!

Friday, February 4th

9:00am-12:30pm

W-576: 6th-8th Grade Division

W-576.5: 9th-12th Grade Division

Waconia Middle School Gyms

Fee: \$100 per team

(\$10 per person for team of 10)

Register by: January 14



# Youth Recreation

## Snowshoe Nature Hike

Embrace adventure and the snow by snowshoeing across the winter snowscape! No need to worry about inexperience—we have the equipment and expertise to get you adventuring in the wintry landscape. Our seasoned instructors provide history and technique advice during your snowy excursion, ensuring for a fun outdoor adventure. This program is offered in partnership with Carver County Parks.

W-242: Saturday, January 22  
1:00pm-2:00pm  
Lake Waconia Regional Park  
Ages 10+  
Fee: \$10  
Min: 6 / Max 8  
CCP Instructor  
Register By: January 14



## Snow Day at the Park

Don't hide from the snow this winter, embrace it! Take on the winter by trying a variety of new snow activities, including Cross-Country ski, snowshoe hike, snow shelter building, kick-sledding, and more! Our trained instructors will get your young winter adventurer on the path to winter fun! This program is offered in partnership with Carver County Parks.

W-243: Friday, February 4 (non school day!)  
10:00am-3:00pm  
Baylor Regional Park in Norwood Young America  
Ages 10+  
Fee: \$45  
Min: 6 / Max 8  
CCP Instructor  
Register By: January 28



## Beginner Cross Country Ski Lesson

Learn how to glide across the snow in basic lessons for all ages and ability levels! Our instructors provide an interactive ski lesson covering equipment and basic drills for balance, form, and agility. Once trained, master your skills by striding the groomed trails of Baylor Regional Park. This program is offered in partnership with Carver County Parks. Participants under the age of 12 should register with a participating adult.

W-244: Saturday, February 5 10:30am-12:00pm  
W-245: Saturday, February 5 12:30pm-2:00pm  
Baylor Regional Park in Norwood Young America

Ages 8+ Fee: \$15  
Min: 4 / Max 7 CCP Instructor  
Register By: January 28



## Outdoor Rec Day

Day off of school? Get the kids outside and active with a variety of activities! Depending on the weather, activities could include snowshoeing, kick-sledding, geocaching, outdoor cooking, archery slackline, disc golf or shelter building! This program is offered in partnership with Carver County Parks. All equipment is provided.

W-246: Friday, March 4 (non school day!)  
12:30pm-2:00pm  
Victoria Rec Center  
Ages 8-12  
Fee: \$45  
Min: 4 / Max :8  
CCP Instructor  
Register By: February 25



# Youth Recreation

## Family Maple Syrup Tour

Experience a true northern tradition through tour and taste! Our informational walking tour through Baylor Regional Park's maple forest provides an in-depth history of this seasonal tradition. Experience the entire maple syruping process, from tapping the tree to boiling down the syrup. Participants even get to take home a little extra!

W-247: Saturday, March 12 1:00pm-3:00pm  
Ages 8-12 Fee: \$8  
Min: 4 / Max :8 CCP Instructor  
Baylor Regional Park in Norwood Young America  
Register By: March 4



## Spring in the Park

Get the kids outside and enjoying spring with a variety of activities! Depending on the weather, activities could include archery, slackline, disc golfing, outdoor cooking, geocaching, shelter building, or kayaking! This program is offered in partnership with Carver County Parks. All equipment is provided.

W-248: Monday, April 18 (non school day!)  
10:00am-3:00pm  
Baylor Regional Park in Norwood Young America  
Ages 8-12  
Fee: \$45  
Min: 8 / Max :16  
CCP Instructor  
Register By: April 11



## Waconia Apparel Order

Waconia Area Athletics (Waconia Community Education) partners with Universal Athletics to offer apparel for; Soccer, Baseball, Fastpitch Softball players, parents and fans! Items include team bags, hats, jackets, sweatshirts, shorts, shirts and much more! To check out all of the items available for purchase please go to the sites listed below. All ordering must be done online and by the specific deadlines. The deadline to order for Soccer, Baseball & Fastpitch/Softball is Sunday, February 20th at 11:59pm with items arriving to our office by March 22nd. There will be a 2nd and FINAL order for Soccer, Baseball & Fastpitch/Softball on Sunday, April 3rd at 11:59pm with items arriving to our office on May 3rd. Please view the sites for all the apparel options, arrival dates, sizing charts and more details.

**EXTERIOR CAR DECALS ARE AVAILABLE FOR PURCHASE AT OUR OFFICE FOR \$5!**

Online ordering for Wildcat General, Baseball, Soccer & Softball can be done here:  
<https://wcedathletics22.itemorder.com/>



# Waconia Wildcats 10U & 12U Girls

## Waconia Wildcats Girls BigWest Softball - Register by Wednesday, January 12, 2022

This is a Spring/Summer competitive, skills based, player pitch, traveling league and an evaluation is used. There is a risk that cuts will be made, and no player is guaranteed a spot on any team regardless of team placement in previous leagues/seasons. For those who wish to skip the evaluation process and have equal playing time please register and play in our recreation league next spring/summer.

U10-U12 play in the Big West Softball league, 2 local tournaments, State Qualifiers tournament and potentially the State Tournament if they qualify. Teams could also qualify and opt to participate in Nationals.

League games will be played one or two nights per week, Mon-Thursday, however, if games are rescheduled due to weather you could potentially play Fri/Sat/Sun. The league plays double headers on game nights. Tournaments will be on weekends.

Your age on December 31, 2021 determines where you play in the Big West league. Girls in 3rd grade born after December 31, 2012 are eligible to participate in the 10U League. 2nd Graders (2021-2022 school year) are NOT eligible to participate.



10U/12U - Must attend ISD #110 Waconia Schools or reside in Waconia District Boundaries.

There is no guarantee that there will be enough players to fill out a team. If there are enough girls, multiple teams could be created. Independent evaluators will be used. WAA and the Softball Advisory Board will also consider previous season coaches evaluations to create teams. In the event you were evaluated and not selected to the Big West Softball League you will receive a full refund minus the \$15 evaluation fee/\$10 processing fee (\$25 total.) An email will be sent after evaluations to explain additional softball options.

All uniforms will be available at the January evaluation for participants to try on so the correct size is ordered. A parent/guardian must come in to tryouts with their player and have the child try on the jersey. Parents/guardians will be asked to initial that they have tried on the uniforms and the correct size was selected. WAA is not liable if the uniform was not tried on and the correct size wasn't selected.

Payment & registration must be turned in PRIOR to evaluations. Register and pay \$25 by August 16, 2021 to attend the August 23 evaluation. There is a payment option available for the remaining fee or you can choose to pay in full. On October 1, 2021 your card will be charged \$187.50 with the remaining balance of \$187.50 charged on December 17, 2021. After December 17, 2021 a payment plan is no longer offered and you'll need to pay the full fee. If you register after January 12, 2022 add \$30.

**Big West Softball Refunds:** A full refund will be given minus \$25 (processing fee and evaluation fee) from August 25, 2021 - January 23, 2022. After January 23, 2022 we cannot offer a refund.

**\$400 Fee Includes:** 1 Uniform top, two tournaments, State Qualifier Tournament, State Tournament(if earned), game and field supplies, administration and a \$25 non-refundable evaluation fee and processing fee.\*\*Other fees may apply based on if the team/coaches decide to play/qualify for additional tournaments. Coaches, players and parents will have to sign a code of conduct form before the child is allowed to play.

# Big West Fastpitch Softball League

Evaluations will take place on **Monday, August 23, 2021 (Outdoors)** & **Sunday, January 23, 2022 (Indoors)**  
 You must attend one evaluation, however, we strongly recommend attending both evaluation dates. The August eval will be held at the WHS Varsity Softball Fields (purple dugouts) and WHS East Diamonds #3 & #4. Bring your glove, bat & wear your cleats. The January evaluation will take place in the Waconia Middle School Gym. (Wear gym shoes.) The Spring/Summer 2022 teams will be decided by February 4th, 2022.

## 10U & 12U Evaluations

**Monday, August 23**

**Sunday, January 23**

12U | Birth year 2010, 2009.....5:00pm-6:30pm

3:00pm-5:00pm

10U | Birth year 2012, 2011, 3rd+.....6:45pm-8:15pm

5:00pm-7:00pm

A 3rd grader(2021-2022) with a 2013 birth year is eligible to register.



# West Metro Prowlers 14U, 16U & 18U

## West Metro Prowlers Girls BigWest Fastpitch League - 14U | 16U | 18U Summer 2022 Teams

This is a competitive, skills, community based traveling league and an evaluation is used. Ideal team roster size is 12 players and no player is guaranteed a spot on any team regardless of team placement in previous leagues/seasons. The teams will be formed with players with the experience and skill level to compete in the MN Softball.

14U-18U play in the Big West Softball league, 2 local tournaments, State Qualifiers tournament, potentially State Tournament & potentially Nationals (pending team agreement and if they qualify.)

The top team in each age group will have a paid/non-parent head coach. We will rely on 2 additional volunteer parent or non-parent assistant coaches and potentially a team manager for the top team. The 2nd tier team in each age group will consist of all volunteer coaches.

**14U|16U|18U** - Anyone interested regardless of where you live or go to school can register for the West Metro Prowlers Fastpitch league. Currently our program participants reside in Waconia, Cologne, Mayer, Minnetrista, New Germany, Excelsior, Chaska, Glencoe, St. Bonifacius & Victoria.

There is no guarantee that there will be enough players to fill out a team. There could also be an opportunity to form more than one team. Independent evaluators will be used. WAA and the Softball Advisory Board will also consider previous season coaches evaluations to create teams. In the event you were evaluated and not selected to the Big West Softball League you will receive a full refund minus the \$15 evaluation fee/\$10 processing fee (\$25 total.)

League games will be played one or two nights per week, Mon-Thursday, however, if games are rescheduled due to weather you could potentially play Fri/Sat/Sun. The league plays double headers on game nights. Tournaments will be on weekends. Home games will be played at the Waconia High School East Varsity & JV Field Complex in Waconia. In season practices will take place in Waconia 2 evenings a week.

All uniforms will be available at the January evaluation for participants to try on so the correct size is ordered. A parent/guardian must come in to tryouts with their player and have the child try on the jersey. Parents/guardians will be asked to initial that they have tried on the uniforms and the correct size was selected. WAA is not liable if the uniform was not tried on and the correct size wasn't selected.

Other off season training and player development opportunities will be communicated via email as they are coordinated beginning fall of 2021 and will be "à la carte." We support multi-sport athletes so please pick and choose what position specific, hitting, pitching and catching training opportunities work into your schedule as they are presented locally or at nearby facilities. We are a different softball club in that we ask for your team softball commitment beginning spring/summer 2022 (Summer only if you are playing softball in the MSHSL.) During the primary softball season players are expected to make softball their priority sport and attend 95%-all practices and games.



# BigWest Fastpitch Softball League

Prowlers Payment & registration must be turned in PRIOR to evaluations. Register and pay \$25 by August 16, 2021 to attend the August 23 evaluation. There is a payment option available for the remaining fee or you can choose to pay in full. On October 1, 2021 your card will be charged \$325 with the remaining balance of \$325 charged on December 17, 2021. After December 17, 2021 a payment plan is no longer offered and you'll need to pay the full fee. If you register after January 12, 2022 add \$30.

**Refunds:** A full refund will be given minus \$25 (processing fee and evaluation fee) from August 25, 2021 - January 23, 2022. Once teams are posted you will have 48 hours to accept or decline. We cannot offer a refund after the 48 hours of the teams being posted.

**\$650 Fee Includes:** 1 Uniform top, 3 player/family club t-shirts, 4-8 team pitching/catching/hitting trainers sessions (TBD), two Minnesota tournaments, State Qualifier Tournament, State Tournament(if earned), February-March open gym/batting cage opportunities in Waconia or at other possible nearby locations, equipment, game and field supplies, umpire fees, administration and a \$25 non-refundable evaluation fee and processing fee. The top team in each age group will have a paid/non-parent head coach \*\*Other fees may apply based on if the team/coaches decide to play/qualify for additional tournaments including Nationals.

**Team Apparel & Swag:** Team pants, socks, belts and other fan gear and swag will be available for purchase after the 2nd evaluation date. This information will be sent out via email.

Coaches, players and parents will have to sign a code of conduct form before the participant is allowed to play.

## West Metro Prowlers Evaluations will take place on Monday, August 23 (Outdoors) & Sunday, January 23 (Indoors)

You must attend at least one evaluation, however, we strongly recommend attending both evaluation dates. The August eval will be held at the Waconia High School Varsity Softball Fields (purple dugouts located between Waconia HS and Waconia MS) and Waconia High School East Diamonds #3 & #4. Bring your glove, bat & wear your cleats. The January evaluation will take place in the Waconia Middle School Gym (1400 Community Dr, Waconia, MN 55387.) (Wear gym shoes.) The Spring/Summer 2022 teams will be decided by February 4th, 2022.

### 14U, 16U & 18U Evaluations

Birth year 2008/2007(14U), 2006/2005(16U), 2004/2003(18U)..6:45pm-8:15pm

Mon., August 23, 2021 Sun., January 23, 2022

5:00pm-7:00pm

*\*Pitchers and catchers will be evaluated at the end of the time slot.*



# Metro Baseball

## Team Formation Birthday Information

- #509 9YO/3rd gr.+ team if your birthday is on or between May 1, 2012 & April 30, 2013.
- #510 10 year old team if your birthdate is on or between May 1, 2011 & April 30, 2013.
- #511 11 year old team if your birthdate is on or between May 1, 2010 & April 30, 2011.
- #512 12 year old team if your birthdate is on or between May 1, 2009 & April 30, 2010.
- #513 13 year old team if your birthdate is on or between May 1, 2008 & April 30, 2009.
- #514 14 year old team if your birthdate is on or between May 1, 2007 & April 30, 2008.
- #515 15 year old team if your birthdate is on or between May 1, 2006 & April 30, 2007



## Evaluations Saturday, January 29th

### at the Chaska Dome

- 9U.....5:15pm-6:00pm
- 11U.....6:00pm-7:00pm
- 12U.....7:00pm-8:00pm
- 13U.....8:00pm-9:00pm
- 14U/ 15U.....9:00pm-10:00pm

Registration Deadline is Tuesday, September 21, 2021

This is a competitive, skills based traveling league and an evaluation is used. Participants MUST attend their age appropriate evaluation time. The fall evaluation date was on Saturday, September 25. The next evaluation date will be on January 29, 2022. There is a risk that cuts will be made, and no player is guaranteed a spot on any team regardless of team placement in 2021. For those who wish to skip the evaluation process for baseball there is an opportunity to play local league this coming summer. In the event you were evaluated and not selected to a Metro Baseball team, you will receive a full refund minus the \$15 evaluation fee and \$10 processing fee. An email will be sent after evaluations to explain additional baseball options for spring/summer 2022. Teams will be formed after the winter 2022 evaluation date.



# Metro Baseball

Registrations for "playing up with your grade" need to be pre-approved by contacting Community Education at 952-442-0610. Games could be from late April - July. Typically twice per week on any night of the week. Coaches pick practice dates. Players are unable to play in both the Metro League and Pee Wee, Local League Baseball & Crow River Baseball. The number of teams are based on tryout scores/strength of team, not by the number of participants that tryout. There is no guarantee that there will be enough players to fill out any team. If there are enough skilled participants for multiple teams that could be created as well. WAA and the Baseball Advisory Board has the right to move boys up a level or shift to another team as it seems fit based on tryouts and numbers. The winter evaluation date/ location is TBD. Teams will be decided after the 2nd evaluation.

Baseball Fees: Payment of \$450 is due on or before September 21 2021. Other fees may apply based on if the team/coaches decide to play/qualify for additional tournaments and/or have paid coaches.

\*\*Payment Option Available - \$50 down payment before the registration deadline of September 21. On Friday, October 15 2021 your card will be charged \$200 with the remaining balance of \$200 will be charged on December 10, 2021. Fee includes a \$15 non-refundable evaluation fee. After December 10, 2021, a payment plan is no longer offered and you will need to pay the full fee. If you register after January 5, 2022 add \$30.

Fee includes 2 uniform tops, hat, two tournaments, equipment, game and field supplies, umpire fees, administration, coaching training/clinics, indoor batting cage/gym time, more practices run by high school coaches/board members. Other off season training and player development opportunities will be communicated via email as they are coordinated beginning fall of 2021. These will be a separate fee and registration.

\*New Uniforms & hats for 2022 will be available to try on for sizing at the winter evaluation.

Refunds: A program refund will be given minus \$25 processing fee and tryout fee through the date before the winter 2022 evaluation. After the winter evaluation date, no refunds will be given. No refunds will be given after the deadline or after the teams have been announced.

NEW - Metro 9 year old Option

#509 9YO/3rd gr.+ team if your birthday is on or between May 1, 2012 & April 30, 2013



New this year! This age group will not be placed in the Metro League for league play. There will still be a tryout in case there are enough kids for multiple teams. It will focus on player fundamentals. There will still be a team of 12 players and 2 -3 volunteer coaches. Board Members or Varsity coaches will also help at various practices to help with the fundamentals. A couple of scrimmages will be set up with different communities throughout the season along with one to two tournaments throughout the season.

Baseball Fees: Payment of \$225 is due on or before September 21 2021. Other fees may apply based on if the team/coaches decide to play/qualify for additional tournaments and/or have paid coaches.\*\*Payment Option Available - \$50 down payment before the registration deadline of September 21. On Friday, October 15, 2021 your card will be charged \$87.50 with the remaining balance of \$87.50 will be charged on December 10, 2021.

Fee includes a \$15 non-refundable evaluation fee. After December 10, 2021, a payment plan is no longer offered and you will need to pay the full fee. If you register after January 5, 2022 add \$30. Fee includes one uniform top, hat, one to two tournaments, equipment, administration, coaching training/clinics, indoor batting cage/gym time, more practices run by high school coaches/board members.

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Everyone in your family who is 6 months and older should get the flu vaccine.

If you need help getting the flu vaccine, call Carver County Public Health at 952-361-1329.

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## Pee Wee Baseball & Softball Leagues / Grades 3 & 4

New for 2022, we have combined the machine pitch to player pitch leagues into one succession program! Players will be called by their coach for their first practice day. Coaches needed: 2-3 per team, if you sign up to coach and pass a background check please plan on attending the coaches meeting. Registration deadline is Wednesday, March 16 / Late Fee: \$10 after March 16 if there is space available. More information will be available in the Summer Brochure which comes out the week of March 2. All dates and locations are subject to change based on registration numbers. Sorry, we cannot offer a refund after the coaches meeting. 2nd Graders may play up in this league if a parent coaches.

### #300 Boys Pee Wee Baseball

\*\*NEW for 2022 Machine pitch to player pitch combination league

Ages: Grades 3 & 4 / 2021-2022 school year

Nights: Tuesday & Thursday night

Practice Dates: May 17, 19, 24 & 26

Photo Day: TBD with one of the practice dates

Pitching Machine Game Dates: May 31, June 2,

7, 9, 14, 16, 21, 23, 28, (skip 30, July 5) & July 7

Learn to Pitch / Practices: July 12 & 14 (Seperate fee/ registration)

Player Pitch/Umpired Game Dates: July 19, 21, 26 & 28

Rain Dates: August 2 & 4

Game Time: Between 6:00 pm - 10:00 pm

Sites: Waconia / St. Boni / Watertown / Carver /

Winsted / NYA / Lester Prairie / Silver Lake + others.

Fee: \$90 (Includes T-shirt, cap, balls, game & field supplies, administration and umpires for player pitch games.)

Coaches Meeting: Monday, April 25 @ 6pm in CE Office in Conference Room A



### #350 Girls Pee Wee Softball

\*\*NEW for 2022 Machine pitch to player pitch combination league

Ages: Gr. 3 & 4 / 2021-2022 school year

Nights: Monday & Wednesday night

Practice Dates: May 16, 18, 23 & 25

Pitching Machine Game Dates: June 1, 6, 8, 13,

15, 20, 22, 27, 29,

July (skip 4), 6

Learn to Pitch / Practices: July 11 & 13 (Seperate fee/ registration)

Player Pitch/Umpired Game Dates: July 18, 20, 25 & 27

Rain Dates: August 1 & 3

Game Time: Between 6:00 pm - 10:00 pm

Sites: Waconia / St. Boni / Watertown / Carver / Winsted / NYA / Cologne / Silver Lake / Belle Plaine / Jordan +

Fee: \$90 (Includes T-shirt, balls, game & field supplies, administration and umpires for player pitch games.)

Coaches Meeting: Monday, April 25 @ 6pm CE Office in conference Room A



## Local League Baseball & Softball League / Grade 5 & 6

In the 5th & 6th Local League there are no cuts. Coaches needed: 2-3 per team., if you sign up to coach and pass a background check please plan on attending the coaches meeting and player review. Players will be called by their coach for their first practice date. Registration Deadline is Wednesday, March 16 / Late Fee: \$10 after March 16 if there is space available. All dates and locations are subject to change based on registration numbers. Sorry, we cannot offer a refund after the coaches meeting. 4th Graders may play up in this league if a parent coaches.

### #400 Boys 5th & 6th Grade Baseball

Ages: Gr. 5 & 6 / 2021-2022 school year

# of Dates: 11 game dates plus a tournament.

Nights: Tuesday & Thursday nights (Coaches may hold practice on other dates) All dates and locations are subject to change based on registration numbers.

Photo day TBD

Dates: May 31, June 2, 7, 9, 14, 16, 21, 23, 28, (skip 30 & July 5), 7 & 12

Rain Dates: July 14 & 19

Waconia Tournament: July 21 & 23

Times: 6:00pm, 6:30pm or 8:00pm

Sites: St. Boni / Waconia / Watertown / NYA / Hamburg / Lester Prairie / Mayer / Carver / Belle Plaine / Jordan, etc.

Fee: \$105 (Includes T-shirt, cap, balls, umpires game & field supplies & administration.)

Player Review: Players and coaches attend the player review on Monday, May 2, 5:45-6:45 pm at the Waconia High School East Diamonds 3 & 4 (near the tennis courts.) Bring your glove and cleats. If inclement weather the player review will move in to the Middle School gym, bring gym shoes.

Coaches Meetings: Monday, May 2, 5:45pm - 7:15pm @ WHS Fields (purple dugouts.)

### #450 Girls 5th & 6th Grade Softball

Ages: Gr. 5 & 6 / 2021-2022 school year

# of Dates: 11 game dates plus a tournament.

Nights: Monday & Wednesday nights (Coaches may hold practice on other dates) All dates and locations are subject to change based on registration numbers.

Photo Day TBD.

Dates: June 1, 6, 8, 13, 15, 20, 22, 27, 29, July (skip 4), 6 & 11

Rain Dates: July 13 & 18

Waconia Tournament: July 20 & 23

Times: 6:00pm-10:00pm

Sites: Waconia, St. Boni, Shakopee, Chaska, Carver, Belle Plaine & New Market, etc.

Fee: \$105 (Includes T-shirt, visor, balls, umpires game & field supplies & administration.)

Player Review: Players and coaches attend the player review on Monday, May 2, 6:45pm-7:45pm at the Waconia High School East Diamonds 3 & 4 (near the tennis courts.) Bring your glove and cleats. If inclement weather the player review will be moved in to the Middle School gym, bring your gym shoes.

Coaches Meetings: Monday, May 2, 6:45pm - 8:00pm @ WHS Fields (purple dugouts.)



# Crow River Baseball League

If there are enough participants for 2 or 3 teams, then an evaluation/draft will separate the teams: Date TBA April/May, however, there is no guarantee that there will be enough players to fill out any team. Triple A or Double A level depending on registration numbers and strength and skill of the team. Register By: January 5, 2022

**#600 Crow River Boys 14U** | Your age on April 30, 2022 determines where you play. If you are 13 or 14 on that date OR 12 yrs. old but in the 7th grade, then you are eligible to play U14.

**#650 Crow River Boys 16U** | Your age on April 30, 2022 determines where you play. If you are 15 or 16 on that date OR 14 yrs. old but in the 9th grade, then you are eligible to play U16.

Nights: Monday - Thursday (2 per week) # of Games: 11-16 games per year, pending playoff success

Season: Begins mid- May through mid-July

Playoffs: TBA, throughout the month of July

Fee: \$200 Fee includes a cap, jersey, umpires, league fee, balls, game and field supplies and administration.

\*This league may conflict with Marching Band, MYSA Soccer, etc.

Volunteer Coaches and team managers are Needed



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Once your child has completed or advanced to the upper levels of youth swim lessons and would like to explore competitive swimming, we invite you to try **Velocity Aquatics Swim Club!**

Practices for our swim club are held at Safari Island Community Center, Watertown-Mayer High School and Delano High School. Please reach out to the coaches with questions or to schedule time during the season to stop by for a tryout, to learn more about **VELOCITY AQUATICS** and see some of our swimmers in action!



**For more information, you can visit our:**

**Website:** [velocityaquatics.org](http://velocityaquatics.org)

**Facebook page:**

[www.facebook.com/VELOCITYAquatics](http://www.facebook.com/VELOCITYAquatics)

Or feel free to contact our coaches!

[linda.velocityaquatics@gmail.com](mailto:linda.velocityaquatics@gmail.com)

[vctyheadcoach@gmail.com](mailto:vctyheadcoach@gmail.com)

[www.waconiacommunityed.org](http://www.waconiacommunityed.org)

# Team Sports Apparel 2022

Waconia Area Athletics (Waconia Community Education) partners with Universal Athletics to offer apparel for; Soccer, Baseball, Fastpitch Softball players, parents and fans! Items include team bags, hats, jackets, sweatshirts, shorts, shirts and much more! To check out all of the items available for purchase please go to the sites listed below. All ordering must be done online and by the specific deadlines. The deadline to order for Soccer, Baseball & Fastpitch/Softball is Sunday, February 20th at 11:59pm with items arriving to our office by March 22nd. There will be a 2nd and FINAL order for Soccer, Baseball & Fastpitch/Softball on Sunday, April 3rd at 11:59pm with items arriving to our office on May 3rd. Please view the sites for all the apparel options, arrival dates, sizing charts and more details.

**EXTERIOR CAR DECALS ARE AVAILABLE FOR PURCHASE AT OUR OFFICE FOR \$5!**

Online ordering for Wildcat General, Baseball, Soccer & Softball can be done here:  
<https://wcedathletics22.itemorder.com/>



## Check out our Short Session Dance Classes!

Lots of fun themes to choose from like this Unicorn & Rainbows class!



### Winter Session Classes Start January 3

Session classes are a great way to try dance with a shorter time commitment.

30 Minute Classes - \$85 per session

#### Mini & Me - Age 2.5 - 4

Monday 5:00 pm

Monday 5:40 pm

#### Preschool Dancemix - Age 3-5

Wednesday 5:00 pm

#### Frozen Ballet - Age 3-6

Tuesday 4:30 pm (Age 3-5)

Wednesday 6:20 pm (Age 4-6)

#### Hip Hop Dance Party - Age 5-8

Wednesday 6:55 pm

**Rising Star**  
DANCE ACADEMY

[www.rising-star-dance.com](http://www.rising-star-dance.com)

(952) 442-1350

# Lacrosse

## Lacrosse Registration Deadline: Wednesday, February 9

The participation fee includes league fees, referees, goals, balls & administrative costs. Player equipment and uniform is not included. Female athletes will need to purchase a girl's lacrosse stick, goggles, and a mouth guard. Male athletes will need to purchase a mouth guard, lacrosse stick, helmet, gloves, shoulder and arm pads.

Important: Once teams are formed, participants will be required to purchase a US Lacrosse membership @ USLacrosse.org. This fee is not-refundable, so WCE will let you know once teams are confirmed and the US Lacrosse # is needed. A US Lacrosse membership fee is \$35 for youth and \$55 for adults/coaches, this membership provides the player and coach with insurance coverage and is required by YLM & MSSLAX to participate.

Boys Lacrosse: U8 – U14 (Spring/Summer 2022)

Waconia Boys Lacrosse U8 – U14 teams will be playing in the Youth Lacrosse Minnesota (YLM) League

Ages: Boys ranging U8 – U14 – born on or before 8-31-2013. **\*\*Note\*\*** - 9th graders are not allowed to play on a 14U team in YLM.

Roster Size: 18 – 22 players per team (could be more or less depending on registration numbers)



Play Nights: 2 to 4 nights per week. Could include weekend games

Length of Season: April through July. Starting date could be earlier or later depending on weather. Post-Season Tournaments may follow regular season for individual teams.

Registration and information night: Monday, February 7 at 6pm in the Waconia Middle School Cafeteria. No registration or commitment required to attend.

Team & Participation Fee:

U08 / U10: \$300      U12 / U14: \$350

(\$10 late fee or non-acceptance after February 9.)

Uniform Kit Cost (includes reversible jersey and shorts) \$100

\*The program will continue to utilize the uniforms purchased by families in 2021. Any player new to the program will need to purchase a uniform. The cost of the uniform is approximately \$100 and is not included in the participation fee. Link to order a new uniform will be made available after registration is completed.



## Girls Lacrosse: Grade 3-8 (2022)

Minnesota School Girls Lacrosse Association (MSLAX)

Roster Size: 20 – 30 players per team (pending registration numbers)

Play Nights: Practice will be during the week in the evenings, and may include some weekends.

Length of Season: April through July

Registration and information night: Monday, February 7th at 6pm in the Waconia Middle School Cafeteria. No registration or commitment required to attend.

Participation Fee: \$300 (\$10 late fee or non-acceptance after February 9.)



# Youth Soccer

All players will be called by your coach with your first game site and time after the coaches meeting. Shin guards are required. Soccer cleats are not required but preferred. Each player will receive a team T-shirt to keep. Coaches Needed: 2-3 per team, if you sign up to coach and pass a background check please plan on attending the coaches meeting. Registration deadline is Wednesday, February 9 / Late Fee: \$10 after February 9 if space is available. Sorry, we cannot offer a refund after the coaches meeting has been held. Boys and girls must play in their age appropriate group and may not "play-up" into Pre-K or Kindergarten soccer.

## #800: First Kicks League - Pre-K Soccer Boys & girls ages 3.5–4 years old

Ages 3.5 & 4 \*Must have turned 3 by August 31, 2021. Kindergarten class of Fall 2023-2024.

## #801: Mini Kicks League - Pre-K Soccer Boys and girls ages 4-5 years old

Age 4-5 - 5, (5's who are not in Kindergarten.) \*Must have turned 4 years old by August 31, 2021) Kindergarten class of Fall 2022-2023.

Division: Co-Rec (boys & girls on the same team)

Roster Size: 7-9 players per team (pending registration numbers)

Photo Day: April 9

Days of Play: Monday and Saturday OR Tuesday and Saturday.

Mon/Sat Dates: April 9, 11, (skip 16 & 18), 23, 25, 30, May 2, 7, 9, 14, 16, 21 & 23 \*3 rainedates built in the schedule.

Tues/Sat Dates: April 9, 12, (skip 16), 19, 23, 26, 30, May 3, 7, 10, 14, 17 & 21 \*3 rainedates are built into the schedule.

Times: During the week, times vary weekly between 5:30pm-8:00pm / Saturdays 9am-3pm.

Coaches Meeting & Training: Monday, March 28 from 6:30pm - 7:30pm in the Bayview Gym

Sites: Waconia

Fee: \$70

Volunteer coaches are needed for these soccer leagues!

## #802 - Kindergarten Soccer

Ages: For boys and girls currently in Kindergarten the 2021-2022 school year.

Division: Co-Rec (boys & girls on the same team)

Roster Size: 7-9 players per team

(pending registration numbers)

Photo Day: April 9

Days of Play: Monday and Saturday OR Tuesday and Saturday.

Mon/Sat Dates: April 9, 11, (skip 16 & 18), 23, 25, 30,

May 2, 7, 9, 14, 16, 21 & 23 \*3 rainedates built in the schedule.

Tues/Sat Dates: April 9, 12, (skip 16), 19, 23, 26, 30,

May 3, 7, 10, 14, 17 & 21 \*3 rainedates are built into the schedule.

Times: During the week, times vary weekly between

5:30pm-8:00pm / Saturdays 9am-3pm..

Coaches Meeting & Training: Monday, March 28 from

6:30pm - 7:30pm in the Bayview Gym

Sites: Waconia

Fee: \$70



# Youth Spring Soccer

All players will be called by your coach with your first game site and time after the coaches meeting. Shin guards are required. Soccer cleats are not required but preferred. Each player will receive a team T-shirt to keep. Coaches Needed: 2-3 per team, if you sign up to coach and pass a background check please plan on attending the coaches meeting. Registration deadline is Wednesday, February 9 / Late Fee: \$10 after February 9 if space is available. Sorry, we cannot offer a refund after the coaches meeting has been held. Boys and girls must play in their age appropriate group and may not "play-up" in to 1st & 2nd grade soccer, a 2nd Grader may play up in to the 3rd/4th grade league if a parent coaches.

## #810 - 1st & 2nd Grade Boys Soccer

## #820 - 1st & 2nd Grade Girls Soccer

Ages: Grades 1 & 2 (2021-2022 school year)

Roster Size: 7-9 players per team (pending registration numbers).

Photo Day: April 9

Days of Play: Tuesday and Saturday OR Thursday and Saturday.

Tues/Sat Dates: April 9, 12, (skip 16), 19, 23, 26, 30, May 3, 7, 10, 14, 17 & 21 \*3 raindates are built in the schedule.

Thurs/Sat Dates: April 9, 14, (skip 16), 21, 23, 28, 30, May 5, 7, 12, 14, 19 & 21 \*3 raindates are built in the schedule.

Time: During the week times vary weekly between 5:30pm-8:00pm \ Saturday 9am-3pm

Length of Season: May play until May 21 depending on weather cancellations.

Sites: Waconia

Coaches Meeting & Training: Monday, March 28 from 6:30pm - 7:30pm in the Bayview Gym

Fee: \$70

## #830 - 3rd & 4th Grade Boys Soccer

Ages: Grades 3 & 4 (2021-2022 school year)

Roster Size: 9-12 players per team (pending registration numbers)

Photo Day: April 9

Days of Play: Monday and Saturday

Dates: April 9, 11, (skip 16, 18) 23, 25, 30, May 2, 7, 9, 14, 16, 21 & 23 \*3 raindates are built into the schedule.

Times: During the week, times vary weekly between 5:30pm-8:00pm / Saturdays 9am-3pm.

Sites: Waconia

Coaches Meeting & Training: Monday, March 28 from 6:30pm - 7:30pm in the Bayview Gym

Fee: \$75

## #840 - 3rd & 4th Grade Girls Soccer

Ages: Grades 3 & 4 (2021-2022 school year)

Roster Size: 9-12 players per team (pending registration numbers)

Photo Day: April 9

Days of Play: Thursday and Saturday

Dates: April 9, 14, (skip 16) 21, 23, 28, 30, May 5, 7, 12, 14, 19 & 21 \*3 raindates are built into the schedule.

Times: During the week, times vary weekly between 5:30pm-8:00pm / Saturdays 9am-3pm.

Sites: Waconia

Coaches Meeting & Training: Monday, March 28 from 6:30pm - 7:30pm in the Bayview Gym

Fee: \$75



# Youth Spring Soccer

## Local League Soccer Information:

This league will focus on competition with local communities: Glencoe, Hutchinson, NYA, Sibley East, McLeod West and Lester Prairie. This is a grade level league - no age restrictions. Local League Soccer is not affiliated with MYSA/TSL. Each player will receive a team T-shirt to keep. This league has game officials. Coaches Needed: 2-3 per team, if you sign up to coach and pass a background check please plan on attending the coaches meeting and player review. Registration deadline is Wednesday, February 9 / Late Fee: \$10 after February 9 if space is available. Sorry, we cannot offer a refund after the coaches meeting has been held. Sorry, we cannot offer a refund after the coaches meeting has been held. A 4th grader may play up in this league if a parent coaches

## #850 5th & 6th Grade Girls Soccer

Ages: Grades 5 & 6 Girls (2021-2022 school year.)

Roster Size: 11-16 players per team (pending registration numbers)

Photo Day: TBD w/ a practice

Practice Times: Tuesday and/or Thursday nights 1-2 nights per week.

Number of Games: 6 game dates which will include 6-7 games.

Game Dates: April 9, 23, 30, May 7, 14 and 21. No rain dates scheduled for 2022.

Sites: Waconia and Communities listed above.

Fee: \$95

Coaches Meeting & Training: Monday, April 4 from 6:30pm - 7:15pm in the Bayview Gym



*Volunteer Coaches are needed for these soccer leagues! Parents and community friends, high school students please consider volunteering your time to coach youth soccer for this season!*



## #860 5th & 6th Grade Boys Soccer

Ages: Grades 5 & 6 Boys (2021-2022 school year.)

Roster Size: 11-16 players per team (pending registration numbers)

Photo Day: TBD w/ a practice

Practice Times: Tuesday and/or Thursday nights 1-2 nights per week.

Game Dates: April 9, 23, 30, May 7, 14 and 21. No rain dates scheduled for 2022.

Sites: Waconia and Communities listed above.

Fee: \$90

Coaches Meeting & Training: Monday, April 4 from 6:30pm - 7:15pm in the Bayview Gym



# TRINITY WACONIA CHURCH & SCHOOL



**Sundays**

- 8:15 am | Traditional service featuring liturgy and hymns
- 10:45 am | Contemporary service featuring band-led music
- 5:30 pm | Interactive message and weekly communion

*Live stream 8:15 & 10:45 am services on our website  
Nursery available during 10:45 am service*

**Sundays, 9:30-10:30**

Sunday School (18 mo-4th), Youth Study (5<sup>th</sup>-HS)  
& Pastor-led Adult Bible Studies

**Throughout the Week**

Adult Small Groups & Bible Studies, Middle School Ministry,  
& High School Ministry

*Visit our website to get connected!*



**Trinity Waconia School**

Preschool-Grade 8

**Trinity Waconia Child Care**

33 months-first day of Kindergarten

*Guiding each child to be all that God intended them to be.*

**Early Childhood  
Open House**  
Thurs, Jan. 27

**Journey to Bethlehem**

Sun, Dec 5 | 11:30 am-4:00 pm

*A live, walk-through experience centered around the birth of Christ!*

**Worship With Us This Christmas!**

Fri, Dec 24 | 2:00, 4:00, & 6:00 pm & Sat, Dec 25 | 10:00 am



*Making disciples of Jesus Christ in our  
homes, church, community, and world.*

601 E 2<sup>ND</sup> STREET, WACONIA  
952.442.4165 | TRINITYWACONIA.ORG

SOUTHWEST METRO INTERMEDIATE DISTRICT 288

# ADULT EDUCATION CENTER

## We have a NEW location in Shakopee!

Classes are available online AND in-person!



### REGISTER ONLINE

Scan the square above using the camera app on your smartphone to be directed to the form.



### DEAN LAKES EDUCATION CENTER

4601 DEAN LAKES BOULEVARD, SHAKOPEE will be the new location for SouthWest Metro's in-person ABE classes in Shakopee, replacing the Valley Green location.

### 2021-2022 Courses

GED Preparation

Online | Prior Lake | Shakopee

Family Literacy & PACE

*English for parents & children*

Chaska | Shakopee

English as a Learned Language (ELL)

Chaska | Prior Lake | Shakopee

Citizenship Conversations

Shakopee

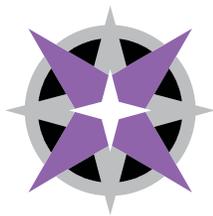
Digital Skills & Workplace English

Shakopee

For class locations & times, visit [swmetro.k12.mn.us](http://swmetro.k12.mn.us)

CONTACT **JENNIFER HENNES**  
(952) 567-8128 | [JHENNES@SWMETRO.K12.MN.US](mailto:JHENNES@SWMETRO.K12.MN.US)

  | [@SWMETRO](https://twitter.com/SWMETRO)  
VISIT | [SWMETRO.K12.MN.US](http://SWMETRO.K12.MN.US)



**SOUTHWEST METRO**  
INTERMEDIATE DISTRICT 288

Adult Basic Education Services are offered through SouthWest Metro Intermediate District 288 whose members include Community Education programs from the following school districts: District 108 Central, District 716 Belle Plaine, District 720 Shakopee, District 110 Waconia, District 717 Jordan, District 721 New Prague, District 112 Eastern Carver County Schools, and District 719 Prior Lake-Savage.

# Adult Enrichment

## Instant Piano for Hopelessly Busy People

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do—using chords. Since this class is being held online with ZOOM you will be able to sit at your piano or keyboard at home and take this course with no pressure at all. And since this course includes an online book and online follow up video lessons, you will be able to continue your practice and study on your own. An optional periodic online question and answer session is also included. You will also receive a recording of the class for your review whenever needed. The course is partly lecture/demonstration and partly hands on instruction.

Topics include:

How chords work in a song

How to get more out of sheet music by reading less of it

How to form the three main types of chords

How to handle different keys and time signatures

How to avoid “counting”

How to simplify over 12,000 complex chords

W-250: Monday, January 31

6:30pm-9:30pm

Register By: January 24

Fee: \$59

Chords are Key for Piano-

Craig Coffman

Virtual via Zoom

Minimum: 6 / Maximum: 20



I have been teaching the "Instant Piano" classes since 1993 and it has been one of the most enjoyable and rewarding things I have ever done. I teach something that I know is very valuable to my students and I make a good living at the same time. I can't think of anything else I could do where I could make hundreds of dollars in a single evening and have so much fun at the same time. It is extremely gratifying to teach people who are so eager to learn what I have to offer.

- Craig Coffman, Phoenix, AZ

## Instant Guitar for Hopelessly Busy People

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Since this class is being held online with ZOOM, you will be able to sit at home with your guitar and take this class without any pressure at all. And since the class includes an online book and online follow-up video lessons, you will be able to continue your practice and study on your own. An optional periodic online question and answer session is also included. You will also receive a recording of the class for review whenever needed. Class limited to 15 students. For ages 13+.

Topics include:

How chords work in a song

How to form the three main types of chords

How to tune your guitar

Basic strumming patterns

How to buy a good guitar (things to avoid)

How to play along with simple tunes

W-251: Tuesday, February 1

6:30pm-9:00pm

Fee: \$59

Register By: January 25

Chords are Key for Piano-

Craig Coffman

Virtual via Zoom

Minimum: 6 / Maximum: 20



# Adult Enrichment

## Waconia Area Gaming Society

48+ members strong in 2018-2019, come join the fun! Have you ever piloted a spaceship in a desperate battle to save humanity? Hunted orcs in the wild? Built a railroad empire? Visited the third moon of Zantos, or held the hot gates against the Persians with a small band of Spartans? We have! Join us for a monthly dose of fun, dice rolling, and adventure! The Waconia Area Gaming Society (WAGs) offers a once-a-month opportunity to do something different! We are a group of local board and strategy game fans who enjoy any excuse to break out our tabletop, role-playing, and miniature games with friends old and new. Some of the games we have played in the past: Risk, Pathfinder, Firefly, HeroClix, Settlers of Catan, FUDGE, Battletech, Axis and Allies, Agricola, and Arkham. We meet the first Saturday of the month and usually decide a month ahead of time what we will play on game day. Due to the complexity of some of the games we may play, we ask that attendees be at least ten years old. Our only other requirements are that you abide by our three simple rules: 1) All attendees will bring a drink and snack to share. 2) The judge appointed for the game has the final say--no arguments. 3) Have fun! We hope that you will come and join us on our grand adventures through time, space, and... pizza! Caution: Getting involved in this group may cause you to laugh, smile and have a good time. Your spirits may be raised. You may make new friends. Please note, the Waconia Area Gaming Society is not responsible for spaceship crashes, goblin invasions, or outbreaks of Munchkinitis. No helmets necessary.

January 2022-December 2022

Ages 10-Adult

Fee: \$25 per person for the year.

Bayview Cafeteria (Enter loading dock doors in back of the school)

3pm-9pm first Saturday of each month.

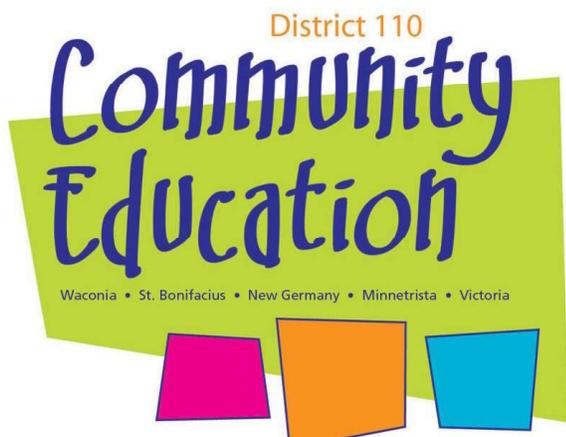
Register By: January 7

Group Leader: Rodney Golden



## Instructors Wanted!

We are seeking new classes and camps!  
If you have the skill set to coach or teach  
a class or camp please email Holly Wertz at  
[hwertz@isd110.org](mailto:hwertz@isd110.org) with your proposal.



## Posture, Get it Straight: Look Younger, Thinner & Feel Better (Virtual)

Ever caught your own reflection to see that your head hangs too far forward or your shoulders are too rounded, or you slump too much? You will learn how to correct common posture problems and learn an 'Instant Alignment Technique' that will have you standing straighter immediately. We'll discuss easy to implement tips when at a computer, in a car or working out. There are many benefits to improving posture. The good news is no matter how long you may have had poor posture. Your clothes will fit and look better, too!

W-252: Tuesday, February 22

Janice Novak

Fee: \$25

Register By: February 15

6:00pm-7:30pm

Virtual (Zoom)

Min 1 / Max 20

# Adult Enrichment

## Janice Novak Biography

Janice Novak has a Masters Degree in Health Education. She is an author, speaker and wellness consultant who teaches seminars for hospitals, schools, corporations and professional organizations. Janice empowers people to take action toward attaining better health with her easy-to-use tips and techniques. She gives simple steps that lead to huge changes in how you look and feel.



## The Art of De-Aging: Peel Years Off Your Bio Age (Virtual)

Your chronological age is the number of years you have been alive. It is a fixed number and cannot be changed. Your biological or body age, however, is measured by how well all of your organs and body systems work. And there are many things you can do to affect your biological age. You have more control over how your body ages than you may think. Research has shown us that you can peel years off your bio age. In this workshop, you will learn simple, scientifically proven things you can do right now to decrease your body age. Also, you will learn facial acupressure points to help erase years from your face naturally by increasing muscle tone, decreasing puffiness and eye bag. Reduce lines and prevent new lines from forming. Help yourself look better, feel younger and age with health and vigor.

W-253: Tuesday, January 25  
Janice Novak  
Fee: \$25  
Register By: January 18

6:00pm-7:30pm  
Virtual (Zoom)  
Min 1 / Max 20

Check out Janice's testimonials @  
[improveyourposture.com](http://improveyourposture.com)

## Is Your Waistband Too Tight Today? Strategies to Win The Battle Of A Bulging Belly (Virtual)

Have you ever found that in the a.m. your pants fit fine but by mid-afternoon, the waistband squeezes you like a tourniquet? Or that no matter how many crunches you do, your stomach still hangs out? Getting rid of a potbelly is much more than just doing abdominal exercises. In this workshop, you will learn the main causes and 6 strategies for getting rid of belly bloat. We will do a few exercises designed to strengthen the deepest layer of abdominal muscle - the layer that is responsible for flattening your stomach, shaping your waistline and supporting your lower back. And we will do this without getting on the floor.

W-254: Tuesday, February 1  
6:00pm-7:30pm  
Janice Novak  
Virtual (Zoom)  
Fee: \$25  
Min 1 / Max 20  
Register By: January 25



## Overcome Your Carbohydrate Craving (Virtual)

Ever had a day where you can't stop eating? Do you crave starches, snack foods, and sweets and find the more you eat, the more you want to eat? Is your snacking out of control? In this workshop, we will discuss a two-week plan that will STOP your cravings (no kidding!), help you lose weight and help keep your insulin levels balanced. Overcoming carb cravings is not a matter of willpower but a matter of biology. Learn how you can stop the vicious cycle of food craving and weight gain. No hype – just the facts.

W-255: Thursday, February 10  
6:00pm-7:30pm  
Janice Novak  
Virtual (Zoom)  
Fee: \$25  
Min 1 / Max 20  
Register By: February 3



# Adult Enrichment

## Women, Weight & Hormones (Virtual)

Are you finding that fat is collecting around your mid-section and no matter how well you watch what you eat or how much you exercise that weight is not budging? If this is your story, your inability to lose weight probably has more to do with your hormone levels than anything else. Until you discover and correct any imbalances, trying to lose weight will be like shoveling sand against the tide. In this workshop you will learn 7 key strategies for fighting fat and losing weight, including: concrete solutions (not tricks, not using your will power) for controlling appetite and cravings; ten simple things you can do every day to keep your metabolism burning brightly; how to tell if your thyroid is creating weight problems for you and what to do about it; major sources of hormone mimicking chemicals and how to get rid of them; what HRT or birth control pills have to do with weight gain; how to have your hormone levels checked reliably; what steps need to be taken to safely break the vicious cycle of hormone related weight gain; and how to help your body begin to lose weight again.

W-256: Thursday, March 10  
6:00pm-7:30pm  
Janice Novak  
Virtual (Zoom)  
Fee: \$25  
Min 1 / Max 20  
Register By: March 3



## Thyroid Things You Need to Know (Virtual)

If you currently take thyroid medication but are still gaining weight and still have a variety of symptoms, there's more you need to know. Fatigue, weight gain, depression, anxiety, rising cholesterol levels, inability to focus, thinning hair, digestive problems, abnormal blood pressure, reduced sex drive, and heart palpitations are only some of the symptoms. In this workshop, we'll discuss: how thyroid function can make any illness worse; the 5 things that need to be measured, but usually aren't; why the #1 thyroid replacement may not be helping you; connection between thyroid, fibromyalgia and arthritis; foods that help or hinder; commonly misunderstood rules of how and when to take thyroid meds; environmental triggers and info you need to discuss with your doctor. This workshop is a source of information only and should by no means be considered a substitute for the advice of a qualified medical professional.

W-257: Tuesday, April 5  
6:00pm-7:30pm  
Janice Novak  
Virtual (Zoom)  
Fee: \$25  
Min 1 / Max 20  
Register By: March 29



## Stress Busting Strategies For Busy People (Virtual)

Do you have too much stress in your life? Stress not only causes a multitude of physical and emotional problems, but it will age you quicker and more efficiently than time itself. In this workshop you will learn: the damaging effects of stress on your nervous system; how to keep stress from ageing you; one minute stress busting techniques that can easily fit into your busy day; breathing techniques to calm the nervous system; ways to decrease stress hormone levels; how different types of foods, colors, surroundings, and even music can increase or decrease stress.

W-257.5: Wednesday, April 13  
6:00pm-7:30pm  
Janice Novak  
Virtual (Zoom)  
Fee: \$25  
Min 1 / Max 20  
Register By: April 6



# Adult Enrichment

## Defensive Driving 8 Hour Course (Virtual)

If you are 55 years or older you can save money and become a better driver. Minnesota law requires insurance companies to offer a 10% reduction for 3 years if you complete a National Safety Council's course taught by certified instructors. This course is 2 sessions of classroom training. No driving test is required. You will receive a certificate of completion to provide to your insurance company. Registrations for Defensive Driving may be done by phone with a credit card by calling 952-442-0610. Registrations must be completed with name, address and payment. Registration deadline is 7 days prior to the class.

W-258: January 18 & 25	5:30pm - 9:30pm
W-259: February 9 & 10	5:30pm - 9:30pm
W-260: February 15 & 22	9:00am - 1:00pm
W-261: March 17 & 24	1:00pm - 5:00pm
W-262: April 12 & 13	12:00pm - 4:00pm
W-263: April 26 & May 3	5:30pm - 9:30pm
W-264: May 12 & 19	12:00pm - 4:00pm
W-265: May 24 & 25	5:30pm - 9:30pm

Fee: \$30  
MN Safety Council

Register By: One Week Prior  
Minimum: 2 / Maximum: 30



## Defensive Driving - 4 Hour Refresher

If you have taken the 8-hour course in the past you can renew your 3 year, 10% discount by taking this state approved 4-hour course. There is no driving test required

W-266: January 12 9:00am-1:00pm  
W-267: April 13 9:00am-1:00pm

Minimum: 15 / Maximum: 50

Fee: \$30

MN Safety Council

Waconia Community Education - Room A

Register By: January 5 / April 6



## How to Register

\*Online @ [www.waconiacommunityed.org](http://www.waconiacommunityed.org)

\*In person Monday-Friday 7:30am-4pm

\*Fax 952-442-0619 at our office

\*Drop Box -  
24 hour accessible drop box located  
outside our office doors

\*Mail in your registration to  
Waconia Community Education,  
516 Industrial Blvd.,  
Waconia, MN 55387

# Adult Enrichment

## American Heart Association Heartsaver First Aid CPR/AED Training

HEARTSAVER First Aid CPR Training. Would you know what to do in a cardiac, breathing or first aid emergency? The right action could help you save a life! With an emphasis on hands-on learning, this First Aid/CPR/AED course gives you the skills to save a life. Training meets OSHA's Best Practices for Workplace First Aid Training for the infant, child and adult. 2 year certification. Skills include how to respond to cardiac and breathing emergencies in all ages. CPR, use of Automated External Defibrillators (AED) and choking. First Aid will include wounds and bandaging, burns, head, muscle, bone and joint injuries, heat and cold emergencies, poisonings and sudden illnesses.

### Certified - First Aid CPR/AED Training:

W-268: Wednesday, January 5

W-269: Wednesday, March 2

Bayview Media Center

6:00pm-9:00pm

Fee: \$60

Register By: 12/29 & 2/23

Min: 4 / Max: 20

### Non Certification - First Aid CPR/AED Training

Would you know what to do in a cardiac, breathing or first aid emergency? The right action could help you save a life! With an emphasis on hands-on learning, this CPR course gives you the skills to save a life. A great class to learn how to respond to emergencies without the cost and need of certification!

W-270: Wednesday, January 5

W-271: Wednesday, March 2

Bayview Media Center

6:00pm-8:30pm

Fee: \$30

Register By: 12/29 & 2/23

Min: 4 / Max: 20

Shelly Nahan



## Retirement Income Planning

Will Your Retirement Income Last? Don't Leave It to Chance. During this event, we will explore growing your income through retirement, getting the most out of social security, not letting healthcare costs disrupt your lifestyle, how sequence of returns can impact retirement income and strategies for effective portfolio design.

W-272: Wednesday, February 23

6:30pm-7:30pm

Fee: \$10

Waconia Middle School D-110

Min 1 / Max 10

Thomas Scheck / Financial Advisor

Register By: February 16



## Planning for the Future: Balancing Today and Tomorrow

In this course we will learn about ways to make the most of the resources available to you today to help you live your best life now and prepare for the future. We will discuss strategies to balance short and long term financial goals such as managing your lifestyle and preparing for retirement. Your situation is complex, increase your likelihood of success and plan for it.

W-273: Wednesday, April 20th

6:30pm-7:30pm

Fee: \$10

Waconia Middle School D-110

Min 1 / Max 10

Thomas Scheck / Financial Advisor

Register By: February 16



# Adult Trips

## Fools Fall in Love Trip

Happy Valentine's Day! Our destination is the Ives Auditorium in Bloomington where we'll begin with an included lunch of roast beef in gravy, roadside potatoes, veggie du jour, winter salad, dinner roll, desserts, and coffee/tea and water. (You're invited to join me for a brief tour of the facility after lunch.) Then we'll head for the theatre for Fools Fall in Love. Experience the signature love songs of the 50's and 60's with Sidekick Theatre's acclaimed harmonies of the ear to tunes such as "My Girl", "To Love Somebody", "Stand By Me", "Pretty Woman" and "Hooked on a Feeling"! It's a perfect way to celebrate Valentine's Day.

W-274: Monday, February 14

Fee: \$87

Pick up: 10:30 am

Drop off: 4:00 pm

Mackenthun's parking lot

The far end by Hometown Bank

Register by: January 31 (May fill prior)



## Stag and Doe Tour Trip

Winter should be over, and it's time for some fun, and I think everyone can relate to a small town wedding... or two! After an included buffet lunch at DayTrippers Dinner Theatre, it's time for Stag and Doe. Two brides-to-be and only one Community Hall. What could possibly go wrong in this hilarious look at small town weddings gone wrong?! Two brides cut a deal to share the same Community Hall and marital mayhem erupts in a clash of wedding parties. One of the bridesmaids still isn't over getting dumped at the altar by one of the grooms, and the caterer's staff ends up in jail! Stag and Doe is an absolute riot befitting its title. An endearing comedy to brighten your day. The plot, dialog and humor are so amusing because they are so true to life.

W-275: Wednesday, March 30

Fee: \$81

Pick up: 11:15 am

Drop off: 4:15 pm

Mackenthun's parking lot

The far end by Hometown Bank

Register by: March 16 (may fill prior)



## Every Christmas Story Ever Told (And Then Some!) Trip

With Christmas just days away, here's one final show to get us into the spirit. After an included buffet lunch at DayTrippers Dinner Theatre, it's time for Every Christmas Story Ever Told (And Then Some!). Many of us enjoy the Christmas movies during the holiday season - but who has the time? The actors in this production play over 30 characters throughout the performance, incorporating every single Christmas story they can think of into a single afternoon of seasonal fun...Santa Claus, Rudolph, The Grinch, Ralph and more plus many Christmas carols.

W-276: Thursday, December 16

Fee: \$81

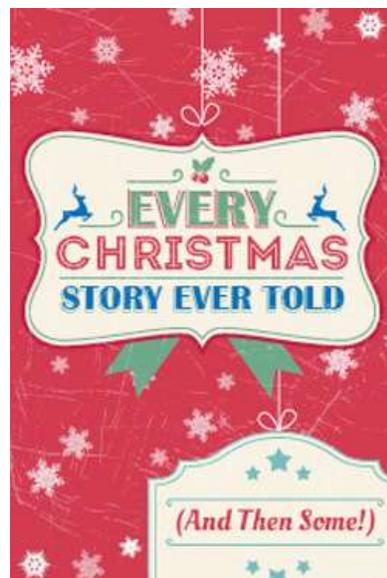
Pick up: 11:15 am

Drop off: 4:15 pm

Mackenthun's parking lot

The far end by Hometown Bank

Register by: December 2 (may fill prior)



### **\*\*Adult Trip Registration/Cancellation Guidelines:\*\***

If you cancel late, you must find a replacement. You may lose entire payment if the tour has been finalized. If a replacement can't be found, participants will not be able to get a refund. Your paid registration acknowledges that you agree to all listed terms which includes responsibility and liability.

# For Your Information

Is your family included on the School District Census? Has there been a birth in your family? Have you recently moved into your neighborhood? Is there a new family in your neighborhood? District 110 wants all families to know about the programs and activities it has to offer. Being on the School District Census insures that you will automatically receive information about Early Childhood Screening, Preschool, Kindergarten and all of the opportunities offered by Community Education. To be added to the census, please call the School District Census office at 952-442-0607. Thank you

## Waconia School District #110 School Locations

WEC	Waconia Community Education Waconia Enrichment Center 516 Industrial Blvd., Waconia
BV	Bayview Elementary School 24 South Walnut Street, Waconia
SV	Southview Elementary School 225 4th Street West, Waconia
WHS	Waconia High School 1650 Community Drive, Waconia
WMS	Waconia Middle School 1400 Community Drive, Waconia
LT	Laketown Elementary School 960 Airport Road, Waconia

## Volunteering

Volunteers are needed throughout the year for several Waconia Community Education camps, classes, events and activities. Email Holly at [hwortz@isd110.org](mailto:hwortz@isd110.org) to be put on the volunteer email list. When we are in need of volunteers for something specific you will receive a short note asking if you would be willing to volunteer. We hope that you'll take advantage of these opportunities to help the community. Please contact the Community Education office at 952-442-0610 or Holly at 952-442-0612 if you are interested in contributing your time and effort. Thank you.

## Wanted! Community Education Advisory Council Members

Community Education is looking for individuals to serve on the Advisory Council. The Advisory Council helps direct the growth and development of the Community Education and Recreation program along with suggest, advocate, encourage and recommend the Community Education concept to neighbors, friends and the community. If you are interested in becoming part of this council contact:

#110 Community Education & Recreation  
516 Industrial Blvd.  
Waconia, MN 55387  
952-442-0610  
[tnelson@isd110.org](mailto:tnelson@isd110.org)

## Scholarship Information

Individuals or families who live in School District #110 and meet certain income eligibility guidelines may qualify



## Facility Use

Community members and organizations are invited to use the district facilities. The following guidelines must be followed before facility use will be available. All facility rental must be made 10 days in advance.

- 1) Contact the Community Education office to obtain a facility use application or to see if an area is open for you to use.
- 2) Fill out, sign and return the application to the Community Education office.
- 3) Community Education will verify dates and fees with the user.
- 4) All changes must be made one week prior to the date of use.

# Registration Information

## How to Register

### By Mail

Complete a registration form and mail it with your check, money order or credit card number and expiration date to:

ISD #110 Community Education  
516 Industrial Blvd.  
Waconia, MN 55387

### Walk-in

Visit the Community Education office located at 516 Industrial Blvd. in Waconia.

### Office Hours:

Monday-Friday: 7:30 am - 4:00 pm

### Online Registration:

Registrations are now accepted online at [www.waconiacommunityed.org](http://www.waconiacommunityed.org)

### By Fax:

Fill out a registration form including your credit card number, expiration date and signature and fax it to 952-442-0619.

### 24 Hour Drop Box Locations:

> 516 Industrial Blvd., Waconia  
(outside of Education Center building near CE office entrance)

> 24 South Walnut Street, Waconia  
(north end of Bayview Elementary School building)

> 225 4th Street West, Waconia  
(outside main entrance doors of Southview Elementary School)

Sorry, we are unable to accept registrations or reserve spots by phone.

Checks Payable To:  
Dist. #110 Community Education

A Commitment to Community  
and Lifelong Learning

## Registration Policies

### Register Early

Classes fill up quickly. Please register at least one week in advance so we can make class enrollment decisions. We will accept registrations as long as there is space available in the class.

### Are you registered?

Assume the course will be held at the time and place indicated. Assume that you are enrolled unless you hear differently. We would call you if the class is cancelled or if the dates, times or locations have changed.

### Refunds/Cancellations

Notification to the Community Education office at least 6 working days or more prior to the start of the class/program is necessary to receive a full refund/credit (less a \$10 processing fee). No refunds or credits will be issued for vacation, illness or injury. Classes are not prorated.

- ECFE - Same as above.
- Kids' Company - The registration fee is nonrefundable.

For more information see the Kids' Company handbook.

- Waconia Wildcat Preschool - The registration fee is non-refundable.
- Behind the Wheel - A \$25 fee is assessed for cancelling out of this program.

### School Closings

If school is canceled or closes during the day due to bad weather, Community Education must cancel all youth activities. Adult activities may or may not be canceled. Kids' Company families should view the handbook. The CE office will call all adults if classes are to be canceled. Cancellation information will be posted on the Community Education website, [www.waconiacommunityed.org](http://www.waconiacommunityed.org)

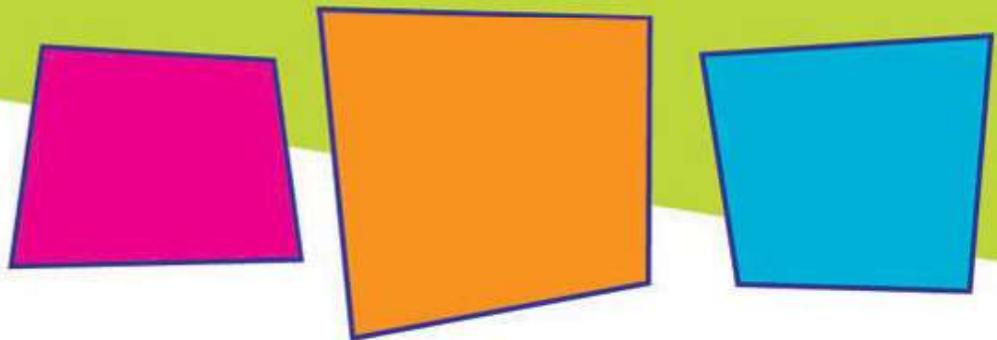
### Satisfaction Guarantee

If you are not satisfied with a Community Education class, program or event, please call and let us know. We also like to hear from you if you had a wonderful experience!

District 110

# Community Education

Waconia • St. Bonifacius • New Germany • Minnetrista • Victoria



[WaconiaCommunityEd.org](http://WaconiaCommunityEd.org)

952.442.0610