

RECIPES FOR PLAY



PLAYDOUGH

2 c. water
2 T. vegetable oil
1 c. salt
4 tsp. cream of tartar

food coloring
extracts – peppermint, cherry, orange, etc.
2 c. flour

In large microwave bowl bring water to a boil. Add oil, salt and cream of tartar; mix well. Add food coloring – more or less drops depending on color desired. Extracts (peppermint, cherry, orange, etc.) can also be added at this time. Stir in flour; mix and knead until well blended. Store in plastic bag or container.

SILLY PUTTY - “GLURCH”

Liquid Starch Liquid white glue

Mix equal parts of glue and starch together. Mix by hand for 10 minutes. Let stand and pour off extra starch. Store in covered container in refrigerator.

FINGER PAINTS

Use freezer wrap or shelf paper, or fingerprint in a large tray.

Mix together Ivory Snow and water. Beat well with mixer or by hand. Add tempera paint or food coloring. This makes a very clean fingerprint.

Simple & Quick fingerpaints:

Chocolate syrup
Add food coloring to the following:
Shaving cream
Instant pudding
Whipped topping
Light Karo syrup



SLIME/FLUBBER

Bowl 1 2 cups water
 4 T Borax laundry booster
 Dissolve Borax in water with fingertips. Add food coloring to this bowl.

Bowl 2 2 cups water
 1 cup glue

After it's completely dissolved, pour the Borax mixture slowly and a little at a time into the glue and water mixture. Pour a little, mix it a little, pour a little, mix a little. Mix with your hands or a sturdy wooden spoon. As you mix, it will become a flubber ball! *Note: You might NOT need to use all of this Borax and water solution.* Store it in an airtight container or Ziploc bag for a few weeks. When it begins to flick apart or when it gets too hard, it is time to make a new batch. Play with it, explore it, try to get it to blow a bubble with a straw. Watch it stretch as you hold it. Vinegar takes it out of clothes, carpet and fabric. Mayo will take it out of hair.

“MAGIC MIXTURE”

1 part cornstarch
1 part baking soda
food coloring
water

Mix cornstarch and baking soda together. Add water until mixture looks like thick gravy. Add food coloring. Use in a tray or bowl—it is solid, but melts when you try to hold it.

HOMEMADE PAINTS

evaporated milk
food coloring
muffin tin or ice cube tray
paint brushes or Q-tips
paper

Pour small amount of evaporated milk in muffin tin. Add food coloring to get desired colors.



KOOL AID PLAYDOUGH

2 1/2 c. flour
1 T alum
Mix ingredients together, then add:
3 T vegetable oil
2 c. boiling water

1/2 c. salt
2 pkgs. unsweetened Kool-Aid

Knead until well mixed. Add a little cornstarch if it appears too sticky. Store in a covered container.

BUBBLES

3/4 c. liquid soap (Joy or Dawn)
1/4 c. glycerin
2 quarts of water



Place mixture in a large pan and have children dip large bubble makers into the liquid and wave them in the air.

MICROWAVE PLAYDOUGH

1 c. flour
1/2 t salt
2 t. cream of tarter

1 c. water
1 T baby oil & little more
Add food coloring

Mix well with wire whisk. Microwave 2 minutes, stir, microwave 1 minute. (May need longer than 1 minute.)
Knead together.

SENSORY TUBS

Fill large tub with any of the following:

rice	cornmeal	beans	corn
cotton balls	packing chips	water	snow
sand	confetti	cooked spaghetti	dirt
sugar	shaving cream	cream of wheat	shredded paper
birdseed	shells	aquarium rocks	
balls	oatmeal	whipping cream (pressurized is best)	



Keep in mind the safety factor and the ages of the children using it. Edibles are best for babies 16 months and younger.

SHAVING CREAM AND WATER

Fill a clear large container with water. On top of the water put shaving cream. Drip drop primary colors onto the shaving cream. What happens when you put two primary colors on top??



KNOX GELATIN MOLD

The ratio is 3/4 cup water to 1 packet of Knox. In a sauce pan, heat the water over low heat, add the packets of gelatin. After it dissolves pour it into a clear container. Let set over night. "BE SURE TO SPRAY YOUR CONTAINER WITH PAM FIRST! Allow children to inject the knox mold with eyedroppers filled with colored water.

COFFEE FILTER ART

Drip drop liquid colors onto the big coffee filter. Science and art at the same time!



SHAVING CREAM AND BLOCK BUILDING

Put some small blocks on the table along with some craft sticks and a can of shaving cream. See what happens!

SCRIBBLE COOKIES

Gather all your broken crayons. Put them in a muffin tin. Melt on low heat (150°) for about 15 minutes. Once melted, turn the oven off and let the crayons cool IN the oven before popping them out and using them. Hint: non-stick coated tins will work best. Did they stick? Pop them in the freezer for a few minutes. They will pop right out.

