Community Education

Waconia • St. Bonifacius • New Germany • Minnetrista • Victoria







Spring / Summer 2021













A Commitment to Community and Lifelong Learning

WaconiaCommunityEd.org | 952.442.0610

Waconia Community Education & Recreation

Directory

Waconia Community Education & Recreation

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Waconia Wildcat Preschool 952.442.0613

School Age Child Care

 Southview Kids' Co Site
 952.442.0627

 Bayview Kids' Co Site
 952.442.0614

 WMS The Verge Site
 952.442.0617

 Laketown Kids' Co Site
 952.442.0690

 WEC Kid's Co Site
 952.442.0649

Advisory Councils

Waconia Community Education Advisory Council

Mary Bishop, Mike Bullis, Paul Ericsson, Jackie Johnson, Barb Kalthoff, Tiffany Nelson & Lindsay Schmidt

Early Childhood Advisory Council

Kara Anderson, Brianna Ballard, Erin Foss-Beerling, Lynn Irrgang, Taylor Muhlenbruch & Tiffany Nelson

Baseball Advisory Board

Brian Crane, Jon Deming, Steve Fleck, Mark Grundhofer, Mike Herman, Bill Koppi, Wade Marsh, Matt Means, Tiffany Nelson, Chris Ohm, Erik Olson & Troy Simonson

Softball Advisory Board

Garren Hamby, Brad Heyer, Audra Lehrke, Tiffany Nelson, Jake Saulsbury, Maria Saulsbury, Kurt Schutte, Jason Smith, Todd Stejskal & Holly Wortz

Soccer Advisory Board

Anthony Bell, Brian Elliott, Kevin Keegan, Tiffany Nelson, Trevor Paulson, Justin Pozega, Cary Sommer & Ivan Woyno

Lacrosse Advisory Board

Jared DeWolf, Elisabeth Doran, Larry Doran, Chris Marten, Nicole Meyer, Tiffany Nelson, Crystal Roberts, Rusty Stockinger, Christy Willis & Ivan Woyno

ISD #110 Waconia Community Education & Recreation Mission Statement

The purpose of this program shall be to bring together community residents of St. Bonifacious, New Germany, and Waconia along with District #110 Community Education staff to plan and direct programs that meet the needs of residents of all ages. These programs offer: enrichment, recreational, academic, family support and service activities. The program utilizes school district community and private resources and facilities to promote lifelong learning.

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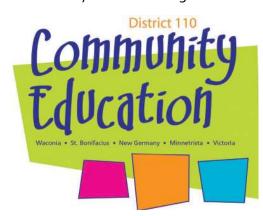
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Waconia District #110 School Locations

WEC Waconia Community Education /
Waconia Enrichment Center
516 Industrial Blvd., Waconia
BV Bayview Elementary School

24 South Walnut Street, Waconia

SV Southview Elementary School 225 4th Street West, Waconia

WMS Waconia Middle School

1400 Community Drive, Waconia

WHS Waconia High School

1650 Community Drive, Waconia

LT Laketown Elementary School

960 Airport Road, Waconia

2021

ECFE

- Infant and Toddler Classes
- 2-5 Year Old Classes
- Parent-Only Classes
- Private Group Classes
- One on One Parent Coaching
- Special Events
- Early Childhood Screening

Youth Enrichment

- KidCreate Studio
- Youth Enrichment League
- Abrakadoodle Art
- Sewing Basics for Kids
- Virtual Coding Club
- Chess Club
- Babysitters Training /Safe Kids
- Kids' Fun Night Out (Parents Night Out!)
- Virtual Tech Adademy
- ... Plus much more!

Youth Recreation

- Tennis
- Baseball
- Soccer
- Lacrosse
- Sports Unlimited
- Skyhawks Sports
- Tball
- Softball
- Volleyball
- ... Plus much more!

Adult Enrichment Classes

- Voice Overs, Now it your time!
- First Aid / AED / CPR Training
- Janice Novak Self Improvement Courses
- ... Plus more!

Community Education Office Hours

Mondays - 7:30 am- 4:00 pm Tuesdays - 7:30 am- 1:00 pm Wednesdays - 12:00 pm- 4:00 pm Thursdays - 7:30 am- 1:00 pm

Kids' Company Childcare & The Verge

2021 Summer Kids' Company Do your kids ever complain they get bored in the summer? If so, Kids' Company may be your summer solution! The summer program is designed around the kids having fun through experiments, outside games, and cooking up all kinds of concoctions while not forgetting about reading. Each activity is geared to make sure each child no matter what age is having fun. Our summer site is at Southview Elementary. Some of the summer activities the kids will enjoy include fishing, tennis, local parks, nature walks and outdoor games. We will be able to get your child to camps located at Bayview, Southview & Lake Waconia The summer program hours are 6:00 am to 6:15 pm. Care will be offered from June 14th --August 18th. The Summer virtual parent meeting will be June 10th at 7:00 pm. Children who are eligible are 3 years olds who are toilet trained through children that finished 4th grade. We will be having the Summer Verge student hangout for students who have finished 5th -6th grade for all day fun!

2021-2022 School Year Kids' Company Kids' Company school age child care offers a unique choice for parents/guardians who would like extended interactions and socialization for their children.

Who: Kindergarten - 5th grade **Location options:** Southview, Bayview & Laketown Schools

Hours: 6:00am - 8:00am & 2:40pm - 6:15pm Contract options: 3, 4, or 5 day a week

Preschool option:

We provide care as a wrap around program to Wildcat Preschool and for families that are not attending Wildcat Preschool.

Who: 3-5 year olds that are toilet trained Location options: Waconia Enrichment Center

Hours: 6:00 am - 6:15 pm Contract options: 2,3,4,5 day a week as either non school/school day.

The Verge | 2021 Summer Program Calling all students that no longer need childcare but staying at home all day gets long and boring. The Verge is a program designed to support children's independence and choice. During the first week we get to know the students and what they would like their summer to look like. Once we know that we plan our activities based off of this information. This is for students who have just completed 5th grade through students just completing 6th grade. This is a drop in program where families do not hold contracts. There is a registration fee and a supply fee. Kids need to sign up before the deadline of May 28th.

2021-2022 School Year Program

The Verge for 6th-8th Grade 2021-2022 School Year Program at Waconia Middle School

Who: 6th - 8th grade students to hang out after school or if they need a place to go before or after an activity. When & Cost: 3:00pm - 6:30pm on regular school days. Students are welcome to drop in any time during the open time frame and use their punch card (15 times for \$75) or pay a daily rate of \$7.

How to get signed up: Fill out Verge Contact form. Punch cards are available for purchase at Waconia Community Education and The Verge Student Hang Out. Students may also attend by paying a daily rate in cash or check. Punch cards may be kept by the students or at The Verge.

Behavior Expectations: See website for policy.

Registration Information for 2021 summer and 2021-22 school year: All registration is done online.

All registration is done offline.

Current families that hold a contract will receive a link to register starting March 1st-12th

Registration will open for everyone on March 17th



For more information about the Kids' Company program please contact: Jenny Merritt at 952-442-0618



Early Childhood Family Center 520 Industrial Blvd. Waconia, MN 952-442-0613

www.waconiacommunityed.org



Welcome to Dist. 110 ECFE

Early Childhood Family Education (ECFE) is a District 110 Community Education program of Waconia Public Schools. All families with children ages birth to kindergarten are welcome. Our mission is to strengthen families through education and support of all parents as their child's first and most important teacher.

ECFE offers classes, special events and other programs designed to give parents information, resources and skills that support their child's growth and development. Most classes meet once a week for 1.5-2 hours at a time.

A sliding fee scale is provided to make classes affordable for all families. No one will be denied participation for inability to pay.

ECFE 0 - 28 months

ECFE Registration-COVID-19 Procedures

Our spring registration will begin on Monday, March 15. Due to COVID-19 we may need to make changes to our offerings based on COVID-19 safety protocols for our school and community. Rest assured we will continue to offer high quality programs that take into account safety measures of health screens for staff and families as well as rigorous cleaning and sanitization. Class sizes have been reduced for safety measures. Register for classes at a \$0 fee and select the recurring fee level from the drop down menu to choose your payment amount. Payments will be processed the first week of class. Please be sure you have an up to date credit card on your account. You will receive a receipt when your card is charged. Sibling Care will not be offered due to safety measures, unless the sibling is a young infant and needs to be with the caregiver.

Incredible Infants

o-6 months - Virtual Parenting Education

Having a new baby is both exciting and challenging. This virtual class helps you to get off to a great start with your baby in the comfort of your own home. Our licensed parent educator will connect you with other parents in a virtual format called ZOOM. You can expect discussions about common concerns such as adjusting to parenthood, sleep and feeding issues, calming techniques and infant development. Guest specialists will join the ZOOM sessions and may include a public health nurse, a lactation consultant, a yoga instructor, infant massage therapist or a nutritionist. You are welcome to join an infant class at any time during the session as space allows. Registration required.

ECSo1 o-6 months Thur. April 1-May 13 (No class April 15) 10:30-11:45 am \$18.00

6-12 months

Your baby is growing and changing, which takes different parenting strategies. This supportive and informative in person class helps you confidently parent your older infant. You will discuss common concerns such as safety now that the baby is moving, nutrition as solid foods are introduced, confident parenting, sleep patterns and much more. **Parents and children will stay together the entire class.** You are welcome to join an infant class at any time during the session as space allows. Registration required. ECFE Room 114 **Ages as of January 1, 2021**

ECWSo2 6-12 months Wed. March 31-May 12 10:45-12:15 pm \$20.00

Terrific Toddlers

A whole new world begins once your child becomes mobile--a toddling little bundle of energy just looking to touch, taste, and test out the world and you! Spend time enjoying music, movement, and lots of exploratory activities with your child. During the parent discussion, we'll share ideas for separation anxiety, setting limits, safety, and other joys and concerns of parent-hood. Toddler classes will gradually separate based on age and development of children. Join us for this special time with your busy toddler. Class fees can be found on page 7. Registration required. ECFE Room 114

Ages as of January 1, 2021

ECWSo ₃	10-16 months	Mon. March 29-May 17 (No class Apr. 5)	10:45-12:15 pm
ECWS10	14-22 months	Tue. March 30-May 11	10:45-12:15 pm
ECWS12	22-28 months	Mon. March 29-May 17 (No class Apr. 5)	8:45-10:15 am



ECFE 29 months - 5 years

Check out the next page for more class options!

A Typical ECFE Class includes:

- Parent/Child Time Parents and children explore age-appropriate activities designed to enhance learning. Parents gain new ideas for things to do together at home with their children. This time includes a group "Circle Time" of songs and games.
- Parent Education Licensed parent educators provide resources and guide group discussions about child development, parenting techniques and current issues concerning today's families.
- Children's Classroom During parent discussion, children play in a stimulating and caring environment with licensed early childhood teachers. They enjoy music, stories, group games and creative play as they interact with other children their age. Registration Required. ECFE Room 108 Ages as of January 1, 2021



Coming Back for More

Are you returning to ECFE as a second, third or fourth time parent? This class is designed for parents with multiple-age children. Topics will focus on information and support to parent <u>all</u> of your children.

ECWS₂₃ Wed. March 31-May 12 29 mo-5 years 11:00-12:30 pm





ECFE Class Fee Schedule

Use the table below to determine your fee category for classes. Choose the category based on your annual gross income. The information you provide will be treated confidentially. All families are welcome at ECFE. No one will be denied participation due to inability to pay fees.

	1.5 hour classes
Annual Income	Sliding Fee Scale
1. under \$35,000	Waived fees, call
	442-0664 to register
2. \$35,000-\$49,999	\$31.50
3. \$50,000-\$74,999	\$49.00
4. \$75,000-\$99,999	\$66.50
5. \$100,000-above	\$84.00

March - May

Covid Related Information **Face Covering**

Staff are required to wear face coverings and/or shields when providing direct service. Caregivers are required to wear face coverings within the building. Children under the age of 5 are not required to wear a mask when attending class.

Tuition

Tuition reimbursements will not be given in the event that your child or family becomes ill or a class is required to enter distance learning for a short period of time. In-person classes will resume when it is safe. If our school is required to enter in distance learning for a period longer than two weeks, a prorated tuition reduction of 50% will be issued at the end of the session.

ECFE Virtual Classes

Virtual Distant Learning ECFE Classes

Distant learning through Zoom is a unique way to enter the ECFE classroom without in-person interaction. In this class you will be provided a Zoom link to join the live class. As a virtual participant you will see what is happening in the class, while learning at home. Chat box and an audio microphone in the Zoom app will allow you to join in circle time and parent discussions. Video within the Zoom app provides a sense of connection to the group. Activity packets for the children, provided by your classroom teacher, will enrich your child's growth at home and keep you learning alongside the in-person class. This class is for you if you are looking for parent connection and fun learning activities/circle time for your child while at home. Teachers will be in touch with more specific details about the appropriate time to join in the class.

Class days and times could change depending on in person enrollments. Virtual class offered with a 50% reduction in tuition.

Infants/Toddlers

V ECWS ₀₂	6-12 months	Wed. March 31-May 12	10:45-12:15 pm	
V ECWSo ₃	10-16 months	Mon. March 29-May 17 (No class Apr. 5)	10:45-12:15 pm	
V ECWS10	14-22 months	Tue. March 30-May 11	10:45-12:15 pm	
V ECWS ₁₃	22-28 months	Tue. March 30-May 11	8:45-10:15 am	
Discovery T V ECWS20	ime 29 mo-3 years	Mon. March 29-May 17 (No class Apr. 5)	8:30-10:00 am	
Bridge to Preschool				
V ECWS ₂ 8	33 mo-5 years	Tuesdays & Thursdays March 30-May 13 (No class April 15)	8:30-10:30 am	

Outdoor Summer Preschool



This 4-week child-only program is designed for 3-5 year old children. Children will explore a variety of learning centers and activities in our outdoor classroom, Wildcat Discovery Park. This preschool class will focus on literacy and school readiness skills along with nature topics in an outdoor learning environment. Children will spend the majority of the school day outdoors so dress accordingly. In case of inclement weather, we will move indoors. This class has no parent discussion day or sibling care. Register for this class at a \$o fee and select the recurring fee from the drop down menu to choose your payment amount. Payments will be processed the first week of class. You will receive a receipt when your card is charged.

Wildcat Discovery Park or ECFE Room 108 Ages as of June 1, 2021

ECo5 June 1 - 24 (12 days) Tue/Wed/Thur 8:30-11:00 am Instructors: Christine/Andrea

Fee Based on Annual Income:

Under \$65,000 call to arrange

a modified

payment

\$65,000 - above \$150.00

Please register online at www.waconiacommunityed.org (go to Community Ed - Registration - Online Registration - Browse Catalog - Early Childhood Family Education -Summer (June) Preschool.

Parent/Child Private Group Class

Private Group One Time ECFE Classes

Calling all MOMS club, MOPS, homeschool groups and other friend pods! Do you feel more comfortable attending a class with a group of people you frequently socialize with? We are offering one time classes for small groups, following our safe learning plan. This is an opportunity to join together in an ECFE format with a parent educator and an early childhood teacher leading your small, mixed age groups. Class sizes are limited to 7 children with 1 adult per child. Have a spokesperson sign up your group with a so registration fee and select the recurring fee that will be charged to the credit card the week your class meets. The children's names and birthdates along with adult names in your group will be required at the time of registration. This is a separating class with a parent component. Register under Special Events for one or more sessions.

\$90.00/group ECFE Room 108 Registration Required

Friday, April 2 ECGroup6o ECGroup40 9:00-10:30 am Friday, May 14 9:00-10:30 am

ECGroup50 Friday, April 30 9:00-10:30 am







One on One Parent Coaching



Do you have parenting questions or need resources? Maybe you want to develop some specific strategies for parenting your child and need some support. This is a wonderful opportunity for parents to meet with a licensed parent educator either in person or virtually to gain insight, strategies and support, while becoming the best version of yourself as parents. Fill out the linked form and one of our friendly, knowledgeable parent educators will be in touch to set up a meeting. Each session is up to one hour in length. Parent Coaching Form

Cost: Free to Parents enrolled at ISD110 ECFE and Waconia Wildcat Preschool. No registration required

\$20 a session for other community members.

Registration and payment is required before the meeting is set up. Class Code: EC40

What a great deal for some professional coaching!

ECFE Special Events with take home kits or in person

(Special events include 5 year olds who are not in Kindergarten)

<u>Learning with Books Activity Kit -</u> <u>Pete the Cat</u>

(2 1/2-5 years)

A take home kit of fun for children ages 2-5 yrs, containing creative projects and learning activities fueled by the popular Pete the Cat children's books by Eric Litwin. A link to the on-line book will be provided, if you do not have the hard copy to read at home.



This kit will contain art projects and/or activities with directions and supplies provided. Email us pictures of the completed activities and we will post them on our Facebook page.

Kit Pick Up Days: contactless kit pick up in the vestibule at the ECFE entrance beginning Tuesday, March 30 from 9:00 - 4:00 pm weekdays.

ECSP24 \$5.00/kit \$10.00/family maximum Registration Required

Plant a Fairy or Dinosaur Garden

(3-5 years)

Join us in person for a planting date at Wildcat Discovery Park. Our outdoor classroom will be set up for planting fun. We will provide containers, plants, soil and accessories to create a live fairy or dinosaur garden. Children can use their imagination to play in their gardens at home and learn about how to keep gardens growing strong and healthy. In case of inclement weather, we will package up kits for you to take home.

ECSP26 Friday, May 21 \$15.00/kit 9:00-10:00 am Registration Required



Register online or use the ECFE registration form found on page 12.

Build a Wooden Treasure Chest

(2 1/2-5 years)

Children love treasure chests and making their very own is sure to be a memory that lasts forever! A super cool wooden treasure chest building kit will be provided for families to assemble at home. A list of suggested activities prepared by our expert Early Childhood staff will be included in this kit and will provide ways to extend this project for more fun and learning! Email us pictures of the completed activities and we will post them on our Facebook page. Registration closes April 15.

Kit Pick Up Days: contactless kit pick up in the vestibule at the ECFE entrance beginning Friday, April 23 from 9:00 - 4:00 pm weekdays.

ECSP25 \$15.00/kit
Registration Required



Help Me Grow MN

Some children need extra help to learn and grow. Help Me Grow is a Minnesota state initiative that connects children with developmental delays and disabilities and their families to free, local early intervention services.

If you have a concern about a child's development, you can refer the child through Help Me Grow for a free screening or evaluation. Services are free to eligible children ages birth-5, regardless of income or immigrant status.

Help Me Grow's website, helpmegrowmn.org, offers valuable information to help parents and caregivers understand a child's development. Resources include

developmental milestones, strategies to encourage development and information about referrals. To refer a child, visit helpmegrownmn. org or call 866-693-GROW (4769).



Early Childhood Screening

Is your child 3 years old?

The early childhood years are an important time of rapid learning and growth. Early Childhood Screening is a FREE service offered by District 110 that will check a child's overall development and health. Children are screened by a licensed early childhood teacher

and a school nurse. Results of the screening help identify any learning or health concerns that may require attention before a child enters kindergarten. In Minnesota all children are required to complete Early Childhood Screening before kindergarten entrance, however, it is not a test for kindergarten. The preferred age to screen is between the ages of 3 and 4 years old.

Early Childhood Screening includes:

- * A look at your child's development
- *Vision and hearing checks
- * Height and weight measurements
- * Immunization and health history review

Screenings take place at the Early Childhood Family Center, 520 Industrial Blvd. Register online at www.waconiacommunityed.org. Click on Community Ed, go to Programs and scroll down to Early Childhood Screening. Please call 952-442-0613 to receive more information.



Friday	s 8:00-1:1	ւ5 pm	Tuesday 12:00-5:00 pm
March 26	April 9	April 23	May 18
May 7			

Thursdays 2:30-5:00 pm March 25 April 22 May 6

If your child has been screened by another school district, Early Childhood Special Education or Headstart, your child does not need to be screened again, but a summary copy must be on file with the current school district your child will be attending. Contact the ECS office at 952-442-0613 for information on how to have screening records forwarded to the school district.

Early Childhood Family Center Spring 2021 classes at a glance March 29-May 17

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
8:30-10:00 am 29 mo-3 years	8:30-10:30 am 33 mo-5 years	8:30-10:00 am 29 mo-3 years	8:30-10:30 am 33 mo-5 years		
8:45-10:15 am 22-28 months	8:45-10:15 am 22-28 months	8:45-10:15 am 14-22 months	10:30-11:45 am o-6 months		
11:00-12:30 pm 29 mo-5 years	10:45-12:15 pm 14-22 months	11:00-12:30 pm 29 mo-5 years	11:00-1:00 pm 33 mo-5 years		
10:45-12:15 pm 10-16 months	11:00-1:00 pm 33 mo-5 years	10:45-12:15 pm 6-12 months			



ECFE Registration

4 Easy Ways to Register:

- 1. Online Register online at www.waconiacommunityed.org
- 2. Mail Registration form and payment to:

District 110 ECFE 520 Industrial Blvd. Waconia, MN 55387

- 3. **Drop off** Registration form and payment at:
 - ECFE Office 520 Industrial Blvd.
 - Community Education Office 516 Industrial Blvd.
 - 24-hour Drop Box located outside Bayview & Southview
- 4. Fax Registration form with credit card number, expiration date and signature to: 952-442-0619

Unless the fee is stated, use the sliding fee scale on page 7 to determine class fee. Make checks payable to Dist. 110 Community Education. We accept Visa, MasterCard, Discover and AmExpress. Registration begins on Monday, March 15 at 8:30 am

Questions? Call 952-442-0613

REGISTRATION POLICIES

- The online shopping cart will be available on Monday, March 15 at 8:30 am. If you are new to ECFE or Community Ed, create an account at waconiacommunityed.org. Click on Community Ed at the top of the page then go to Registration. Register for one class per child. Registration for a second class for the same child opens on Monday, March 22. You will receive an e-mail confirming your registration.
- ECFE will waive one class fee for income-eligible families per session. Please call 952-442-0664 to register. Fees for special events will not be waived.
- Refund Policy A full refund is issued for cancellations before the session begins, minus a \$10.00 processing fee. After the first week, refunds are prorated. There are no refunds midway through a session or for missed class days. Special Event refunds will only be given with a 5-day advance notice.









ECFE SPRING/SUMMER REGISTRATION 2021 PARENT NAME: ______ HOME PHONE: _____ ADDRESS: _____ CELL PHONE: _____ E-MAIL: SCHOOL DISTRICT: **FAMILY CLASSES** CLASS NUMBER DAY/TIME CHILD NAME DATE OF CLASS CHILD NAME DATE OF IN CLASS BIRTH SIBLING CARE BIRTH FEE SIBLING CARE FEE SPECIAL EVENTS **EVENT - NUMBER & TITLE** PARENT(S) ATTENDING CHILDREN'S NAME **EVENT FEE** Payment: Cash Check # ____ Waived Fee Date Rec'd ____ TOTAL FEE _____ Credit Card # Credit Card (Visa, MC, Discover, AE)

COMMUNITY RESOURCES

Arc-Hennepin/Carver Development Disabilities	952-920-0855		
Carver County Public Health Services	952-361-1329		
Carver County Social Services	952-361-1600		
Child Care Aware of MN	952-402-9824		
Crisis Nursery Temporary childcare during a crisis	612-839-5101		
Dist. 110 Special Education Services Information on 3-5 yr overall growth and dev	952-442-0637 Velopment		
ECFE Home Visit Discussions may include care of newborns, a for young children, child development, parel community resources.			
Early Childhood Screening Required health and developmental screenir 3-4 year old children prior to kindergarten en Go to www.isd110.org/community-ed/progran appointment	trance.		
First Street Center Offers a comprehensive range of mental hea	952-442-4437 alth services		
Head Start/CAPP Agency	952-496-2125		
Help Me Grow - Early Intervention Information on Birth-3 yr overall growth and	952-567-8210 I development		
LaLeche League Support for breastfeeding	952-472-6493		
Library - call for storytimes • Waconia • St. Bonifacius	952-442-4714 952-446-1418		
Macaroni Kid Carver County http://carver.macaronikid.com	952-201-0429		
MN Sure Health Insurance for income eligible families	952-361-1600		
Ridgeview Medical Center 952-442-2191 Education - Breastfeeding, sibling preparation Birthing Center Pediatrics Pediatric Rehab Services			
Sexual Violence Center 24-hour helpline	952-448-5425		
Southern Valley Alliance for Battered Women	952- 873-4214		
Waconia United Food Shelf	952-442-3878		
WIC 952-496-2125 Free nutrition program for women, infants and children at East Creek Family Center, Chaska			

Early Childhood Family Education Staff

Tiffany Nelson, Community Education Director TBD, Early Childhood Supervisor Brenda Buesgens, Secretary

ECFE Teachers	ECFE Teacher Assistants
Heather Carlson - EC	Amie Hunt
Lauren McQuillan - PE	MegumiThomson
Kristie Niebeling - EC	Karen Whalen
Christine Pedretti - PE	
Preschool Teachers	Preschool Assistants
Melissa Otto	Andrea Mathwig
Michelle Rist	Trisha Molinari
Michelle Rist Mary Weber	3

Early Childhood Advisory Council

The Advisory Council meets five times throughout the school year to develop goals, help plan and volunteer at events and provide feedback for the program. Free childcare is offered during the meetings.

Kara Anderson	Lynn Irrgang
Brianna Ballard	Taylor Muhlenbruch
Erin Foss-Beerling	Tiffany Nelson

Is your family included on the School District Census?

Has there been a birth in your family? Have you recently moved into the area? Is there a new family in your neighborhood? District 110 wants all families to know about the programs and activities that are offered.

Being on the School District Census insures that you will automatically receive information about Early Childhood Screening, preschool and kindergarten.

To be added to the census, please call the School District Census Office at 952-442-0607.

HASYOUR CHILD HAD IMMUNIZATIONS?

Minnesota law requires that all children attending District 110 Early Childhood classes have their immunizations up to date. Proof of immunization must be presented. If you need information on low cost or free immunizations for your child, call Carver County Public Health Services at 952-361-1329.

WEATHER EMERGENCY POLICY

When District 110 K-12 classes are cancelled due to inclement weather, all Early Childhood classes/events are also cancelled. If there is a late start, the 8:30 and 8:45 am classes will not be held, but the classes later in the day will be in session. District Weather Line 952-442-0640.

Early Childhood Preschool Program



Welcome to District 110 Waconia Wildcat Preschool



Waconia Community Education connects, empowers, and enriches lives through lifelong learning and service to our community. Early Childhood Education is a core component of Community Education where families and young children begin their relationship with Waconia Schools. We rec-

ognize that every student has unique needs. It is our goal to offer the best learning environment for your child. Academic and support specialists collaborate with classroom teachers to deliver classroom instruction. This collaboration is designed to support each child who comes through our door to reach his/her full potential.



Waconia Wildcat Preschool provides innovative classrooms where creativity and imagination flourish. Our inclusive program helps all children discover a joy of learning. Your child will be immersed in a stimulating environment that encourages physical, intellectual, and emotional development through play based investigation, purposeful questioning and exploration for deep learning and a seamless transition to kindergarten.

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Early Childhood Family Center 520 Industrial Blvd. Waconia, MN 952-442-0613

www.waconiacommunityed.org



Welcome to Dist. 110 ECFE

Early Childhood Family Education (ECFE) is a District 110 Community Education program of Waconia Public Schools. All families with children ages birth to kindergarten are welcome. Our mission is to strengthen families through education and support of all parents as their child's first and most important teacher.

ECFE offers classes, special events and other programs designed to give parents information, resources and skills that support their child's growth and development. Most classes meet once a week for 1.5-2 hours at a time.

A sliding fee scale is provided to make classes affordable for all families. No one will be denied participation for inability to pay.

ECFE 0 - 28 months

ECFE Registration-COVID-19 Procedures

Our spring registration will begin on Monday, March 15. Due to COVID-19 we may need to make changes to our offerings based on COVID-19 safety protocols for our school and community. Rest assured we will continue to offer high quality programs that take into account safety measures of health screens for staff and families as well as rigorous cleaning and sanitization. Class sizes have been reduced for safety measures. Register for classes at a \$0 fee and select the recurring fee level from the drop down menu to choose your payment amount. Payments will be processed the first week of class. Please be sure you have an up to date credit card on your account. You will receive a receipt when your card is charged. Sibling Care will not be offered due to safety measures, unless the sibling is a young infant and needs to be with the caregiver.

Incredible Infants

o-6 months - Virtual Parenting Education

Having a new baby is both exciting and challenging. This virtual class helps you to get off to a great start with your baby in the comfort of your own home. Our licensed parent educator will connect you with other parents in a virtual format called ZOOM. You can expect discussions about common concerns such as adjusting to parenthood, sleep and feeding issues, calming techniques and infant development. Guest specialists will join the ZOOM sessions and may include a public health nurse, a lactation consultant, a yoga instructor, infant massage therapist or a nutritionist. You are welcome to join an infant class at any time during the session as space allows. Registration required.

ECSo1 o-6 months Thur. April 1-May 13 (No class April 15) 10:30-11:45 am \$18.00

6-12 months

Your baby is growing and changing, which takes different parenting strategies. This supportive and informative in person class helps you confidently parent your older infant. You will discuss common concerns such as safety now that the baby is moving, nutrition as solid foods are introduced, confident parenting, sleep patterns and much more. **Parents and children will stay together the entire class.** You are welcome to join an infant class at any time during the session as space allows. Registration required. ECFE Room 114 **Ages as of January 1, 2021**

ECWSo2 6-12 months Wed. March 31-May 12 10:45-12:15 pm \$20.00

Terrific Toddlers

A whole new world begins once your child becomes mobile--a toddling little bundle of energy just looking to touch, taste, and test out the world and you! Spend time enjoying music, movement, and lots of exploratory activities with your child. During the parent discussion, we'll share ideas for separation anxiety, setting limits, safety, and other joys and concerns of parent-hood. Toddler classes will gradually separate based on age and development of children. Join us for this special time with your busy toddler. Class fees can be found on page 7. Registration required. ECFE Room 114

Ages as of January 1, 2021

ECWSo ₃	10-16 months	Mon. March 29-May 17 (No class Apr. 5)	10:45-12:15 pm
ECWS10	14-22 months	Tue. March 30-May 11	10:45-12:15 pm
ECWS12	22-28 months	Mon. March 29-May 17 (No class Apr. 5)	8:45-10:15 am



ECFE 29 months - 5 years

Check out the next page for more class options!

A Typical ECFE Class includes:

- Parent/Child Time Parents and children explore age-appropriate activities designed to enhance learning. Parents gain new ideas for things to do together at home with their children. This time includes a group "Circle Time" of songs and games.
- Parent Education Licensed parent educators provide resources and guide group discussions about child development, parenting techniques and current issues concerning today's families.
- Children's Classroom During parent discussion, children play in a stimulating and caring environment with licensed early childhood teachers. They enjoy music, stories, group games and creative play as they interact with other children their age. Registration Required. ECFE Room 108 Ages as of January 1, 2021



Coming Back for More

Are you returning to ECFE as a second, third or fourth time parent? This class is designed for parents with multiple-age children. Topics will focus on information and support to parent <u>all</u> of your children.

ECWS₂₃ Wed. March 31-May 12 29 mo-5 years 11:00-12:30 pm





ECFE Class Fee Schedule

Use the table below to determine your fee category for classes. Choose the category based on your annual gross income. The information you provide will be treated confidentially. All families are welcome at ECFE. No one will be denied participation due to inability to pay fees.

		1.5 hour classes
	Annual Income	Sliding Fee Scale
	1. under \$35,000	Waived fees, call
		442-0664 to register
	2. \$35,000-\$49,999	\$31.50
	3. \$50,000-\$74,999	\$49.00
	4. \$75,000-\$99,999	\$66.50
	5. \$100,000-above	\$84.00
V		

March - May

Covid Related Information **Face Covering**

Staff are required to wear face coverings and/or shields when providing direct service. Caregivers are required to wear face coverings within the building. Children under the age of 5 are not required to wear a mask when attending class.

Tuition

Tuition reimbursements will not be given in the event that your child or family becomes ill or a class is required to enter distance learning for a short period of time. In-person classes will resume when it is safe. If our school is required to enter in distance learning for a period longer than two weeks, a prorated tuition reduction of 50% will be issued at the end of the session.

ECFE Virtual Classes

Virtual Distant Learning ECFE Classes

Distant learning through Zoom is a unique way to enter the ECFE classroom without in-person interaction. In this class you will be provided a Zoom link to join the live class. As a virtual participant you will see what is happening in the class, while learning at home. Chat box and an audio microphone in the Zoom app will allow you to join in circle time and parent discussions. Video within the Zoom app provides a sense of connection to the group. Activity packets for the children, provided by your classroom teacher, will enrich your child's growth at home and keep you learning alongside the in-person class. This class is for you if you are looking for parent connection and fun learning activities/circle time for your child while at home. Teachers will be in touch with more specific details about the appropriate time to join in the class.

Class days and times could change depending on in person enrollments. Virtual class offered with a 50% reduction in tuition.

Infants/Toddlers

V ECWS02	6-12 months	Wed. March 31-May 12	10:45-12:15 pm		
V ECWSo ₃	10-16 months	Mon. March 29-May 17 (No class Apr. 5)	10:45-12:15 pm		
V ECWS ₁₀	14-22 months	Tue. March 30-May 11	10:45-12:15 pm		
V ECWS ₁₃	22-28 months	Tue. March 30-May 11	8:45-10:15 am		
Discovery T V ECWS20	ime 29 mo-3 years	Mon. March 29-May 17 (No class Apr. 5)	8:30-10:00 am		
Bridge to Preschool					
V ECWS ₂ 8	33 mo-5 years	Tuesdays & Thursdays March 30-May 13 (No class April 15)	8:30-10:30 am		

Outdoor Summer Preschool



This 4-week child-only program is designed for 3-5 year old children. Children will explore a variety of learning centers and activities in our outdoor classroom, Wildcat Discovery Park. This preschool class will focus on literacy and school readiness skills along with nature topics in an outdoor learning environment. Children will spend the majority of the school day outdoors so dress accordingly. In case of inclement weather, we will move indoors. This class has no parent discussion day or sibling care. Register for this class at a \$o fee and select the recurring fee from the drop down menu to choose your payment amount. Payments will be processed the first week of class. You will receive a receipt when your card is charged.

Wildcat Discovery Park or ECFE Room 108 Ages as of June 1, 2021

ECo5 June 1 - 24 (12 days) Tue/Wed/Thur 8:30-11:00 am Instructors: Christine/Andrea

Fee Based on Annual Income:

Under \$65,000 call to arrange

a modified payment

\$65,000 - above \$150.00

Please register online at www.waconiacommunityed.org (go to Community Ed - Registration - Online Registration - Browse Catalog - Early Childhood Family Education -Summer (June) Preschool.

Parent/Child Private Group Class

Private Group One Time ECFE Classes

Calling all MOMS club, MOPS, homeschool groups and other friend pods! Do you feel more comfortable attending a class with a group of people you frequently socialize with? We are offering one time classes for small groups, following our safe learning plan. This is an opportunity to join together in an ECFE format with a parent educator and an early childhood teacher leading your small, mixed age groups. Class sizes are limited to 7 children with 1 adult per child. Have a spokesperson sign up your group with a so registration fee and select the recurring fee that will be charged to the credit card the week your class meets. The children's names and birthdates along with adult names in your group will be required at the time of registration. This is a separating class with a parent component. Register under Special Events for one or more sessions.

\$90.00/group ECFE Room 108 Registration Required

Friday, April 2 ECGroup6o ECGroup40 9:00-10:30 am Friday, May 14 9:00-10:30 am

ECGroup50 Friday, April 30 9:00-10:30 am







One on One Parent Coaching

Register online at ECFE Parent Only Classes

Do you have parenting questions or need resources? Maybe you want to develop some specific strategies for parenting your child and need some support. This is a wonderful opportunity for parents to meet with a licensed parent educator either in person or virtually to gain insight, strategies and support, while becoming the best version of yourself as parents. Fill out the linked form and one of our friendly, knowledgeable parent educators will be in touch to set up a meeting. Each session is up to one hour in length. Parent Coaching Form

Cost: Free to Parents enrolled at ISD110 ECFE and Waconia Wildcat Preschool. No registration required

\$20 a session for other community members.

Registration and payment is required before the meeting is set up. Class Code: EC40

What a great deal for some professional coaching!

ECFE Special Events with take home kits or in person

(Special events include 5 year olds who are not in Kindergarten)

<u>Learning with Books Activity Kit -</u> <u>Pete the Cat</u>

(2 1/2-5 years)

A take home kit of fun for children ages 2-5 yrs, containing creative projects and learning activities fueled by the popular Pete the Cat children's books by Eric Litwin. A link to the on-line book will be provided, if you do not have the hard copy to read at home.



This kit will contain art projects and/or activities with directions and supplies provided. Email us pictures of the completed activities and we will post them on our Facebook page.

Kit Pick Up Days: contactless kit pick up in the vestibule at the ECFE entrance beginning Tuesday, March 30 from 9:00 - 4:00 pm weekdays.

ECSP24 \$5.00/kit \$10.00/family maximum Registration Required

Plant a Fairy or Dinosaur Garden

(3-5 years)

Join us in person for a planting date at Wildcat Discovery Park. Our outdoor classroom will be set up for planting fun. We will provide containers, plants, soil and accessories to create a live fairy or dinosaur garden. Children can use their imagination to play in their gardens at home and learn about how to keep gardens growing strong and healthy. In case of inclement weather, we will package up kits for you to take home.

ECSP26 Friday, May 21 \$15.00/kit 9:00-10:00 am Registration Required



Register online or use the ECFE registration form found on page 12.

Build a Wooden Treasure Chest

(2 1/2-5 years)

Children love treasure chests and making their very own is sure to be a memory that lasts forever! A super cool wooden treasure chest building kit will be provided for families to assemble at home. A list of suggested activities prepared by our expert Early Childhood staff will be included in this kit and will provide ways to extend this project for more fun and learning! Email us pictures of the completed activities and we will post them on our Facebook page. Registration closes April 15.

Kit Pick Up Days: contactless kit pick up in the vestibule at the ECFE entrance beginning Friday, April 23 from 9:00 - 4:00 pm weekdays.

ECSP25 \$15.00/kit
Registration Required



Help Me Grow MN

Some children need extra help to learn and grow. Help Me Grow is a Minnesota state initiative that connects children with developmental delays and disabilities and their families to free, local early intervention services.

If you have a concern about a child's development, you can refer the child through Help Me Grow for a free screening or evaluation. Services are free to eligible children ages birth-5, regardless of income or immigrant status.

Help Me Grow's website, helpmegrowmn.org, offers valuable information to help parents and caregivers understand a child's development. Resources include

developmental milestones, strategies to encourage development and information about referrals. To refer a child, visit helpmegrownmn. org or call 866-693-GROW (4769).



Early Childhood Screening

Is your child 3 years old?

The early childhood years are an important time of rapid learning and growth. Early Childhood Screening is a FREE service offered by District 110 that will check a child's overall development and health. Children are screened by a licensed early childhood teacher

and a school nurse. Results of the screening help identify any learning or health concerns that may require attention before a child enters kindergarten. In Minnesota all children are required to complete Early Childhood Screening before kindergarten entrance, however, it is not a test for kindergarten. The preferred age to screen is between the ages of 3 and 4 years old.

Early Childhood Screening includes:

- * A look at your child's development
- *Vision and hearing checks
- * Height and weight measurements
- * Immunization and health history review

Screenings take place at the Early Childhood Family Center, 520 Industrial Blvd. Register online at www.waconiacommunityed.org. Click on Community Ed, go to Programs and scroll down to Early Childhood Screening. Please call 952-442-0613 to receive more information.



Friday	s 8:00-1:1	ւ5 pm	Tuesday 12:00-5:00 pm
March 26	April 9	April 23	May 18
May 7			

Thursdays 2:30-5:00 pm March 25 April 22 May 6

If your child has been screened by another school district, Early Childhood Special Education or Headstart, your child does not need to be screened again, but a summary copy must be on file with the current school district your child will be attending. Contact the ECS office at 952-442-0613 for information on how to have screening records forwarded to the school district.

Early Childhood Family Center Spring 2021 classes at a glance March 29-May 17

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
8:30-10:00 am 29 mo-3 years	8:30-10:30 am 33 mo-5 years	8:30-10:00 am 29 mo-3 years	8:30-10:30 am 33 mo-5 years		
8:45-10:15 am 22-28 months	8:45-10:15 am 22-28 months	8:45-10:15 am 14-22 months	10:30-11:45 am o-6 months		
11:00-12:30 pm 29 mo-5 years	10:45-12:15 pm 14-22 months	11:00-12:30 pm 29 mo-5 years	11:00-1:00 pm 33 mo-5 years		
10:45-12:15 pm 10-16 months	11:00-1:00 pm 33 mo-5 years	10:45-12:15 pm 6-12 months			



ECFE Registration

4 Easy Ways to Register:

- 1. Online Register online at www.waconiacommunityed.org
- 2. Mail Registration form and payment to:

District 110 ECFE 520 Industrial Blvd. Waconia, MN 55387

- 3. **Drop off** Registration form and payment at:
 - ECFE Office 520 Industrial Blvd.
 - Community Education Office 516 Industrial Blvd.
 - 24-hour Drop Box located outside Bayview & Southview
- 4. Fax Registration form with credit card number, expiration date and signature to: 952-442-0619

Unless the fee is stated, use the sliding fee scale on page 7 to determine class fee. Make checks payable to Dist. 110 Community Education. We accept Visa, MasterCard, Discover and AmExpress. Registration begins on Monday, March 15 at 8:30 am

Questions? Call 952-442-0613

REGISTRATION POLICIES

- The online shopping cart will be available on Monday, March 15 at 8:30 am. If you are new to ECFE or Community Ed, create an account at waconiacommunityed.org. Click on Community Ed at the top of the page then go to Registration. Register for one class per child. Registration for a second class for the same child opens on Monday, March 22. You will receive an e-mail confirming your registration.
- ECFE will waive one class fee for income-eligible families per session. Please call 952-442-0664 to register. Fees for special events will not be waived.
- Refund Policy A full refund is issued for cancellations before the session begins, minus a \$10.00 processing fee. After the first week, refunds are prorated. There are no refunds midway through a session or for missed class days. Special Event refunds will only be given with a 5-day advance notice.









ECFE SPRING/SUMMER REGISTRATION 2021 PARENT NAME: ______ HOME PHONE: _____ ADDRESS: _____ CELL PHONE: _____ E-MAIL: SCHOOL DISTRICT: **FAMILY CLASSES** CLASS NUMBER DAY/TIME CHILD NAME DATE OF CLASS CHILD NAME DATE OF IN CLASS BIRTH SIBLING CARE BIRTH FEE SIBLING CARE FEE SPECIAL EVENTS **EVENT - NUMBER & TITLE** PARENT(S) ATTENDING CHILDREN'S NAME **EVENT FEE** Payment: Cash Check # ____ Waived Fee Date Rec'd ____ TOTAL FEE _____ Credit Card # Credit Card (Visa, MC, Discover, AE)

COMMUNITY RESOURCES

Arc-Hennepin/Carver Development Disabilities	952-920-0855			
Carver County Public Health Services	952-361-1329			
Carver County Social Services	952-361-1600			
Child Care Aware of MN	952-402-9824			
Crisis Nursery Temporary childcare during a crisis	612-839-5101			
Dist. 110 Special Education Services Information on 3-5 yr overall growth and dev	952-442-0637 Velopment			
ECFE Home Visit 952-442-0664 Discussions may include care of newborns, activities for young children, child development, parenting issues, community resources.				
Early Childhood Screening 952-442-0613 Required health and developmental screening for 3-4 year old children prior to kindergarten entrance. Go to www.isd110.org/community-ed/programs to schedule an appointment				
First Street Center 952-442-4437 Offers a comprehensive range of mental health services				
Head Start/CAPP Agency	952-496-2125			
Help Me Grow - Early Intervention Information on Birth-3 yr overall growth and	952-567-8210 I development			
LaLeche League Support for breastfeeding	952-472-6493			
Library - call for storytimes • Waconia • St. Bonifacius	952-442-4714 952-446-1418			
Macaroni Kid Carver County http://carver.macaronikid.com	952-201-0429			
MN Sure Health Insurance for income eligible families	952-361-1600			
Ridgeview Medical Center 952-442-2191 Education - Breastfeeding, sibling preparation Birthing Center Pediatrics Pediatric Rehab Services				
Sexual Violence Center 24-hour helpline	952-448-5425			
Southern Valley Alliance for Battered Women	952- 873-4214			
Waconia United Food Shelf	952-442-3878			
WIC 952-496-2125 Free nutrition program for women, infants and children at East Creek Family Center, Chaska				

Early Childhood Family Education Staff

Tiffany Nelson, Community Education Director TBD, Early Childhood Supervisor Brenda Buesgens, Secretary

ECFE Teachers	ECFE Teacher Assistants
Heather Carlson - EC	Amie Hunt
Lauren McQuillan - PE	MegumiThomson
Kristie Niebeling - EC	Karen Whalen
Christine Pedretti - PE	
Preschool Teachers	Preschool Assistants
Melissa Otto	Andrea Mathwig
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Michelle Rist	Trisha Molinari
Michelle Rist Mary Weber	Trisha Molinari Melissa Rabe

Early Childhood Advisory Council

The Advisory Council meets five times throughout the school year to develop goals, help plan and volunteer at events and provide feedback for the program. Free childcare is offered during the meetings.

Kara Anderson	Lynn Irrgang
Brianna Ballard	Taylor Muhlenbruch
Erin Foss-Beerling	Tiffany Nelson

Is your family included on the School District Census?

Has there been a birth in your family? Have you recently moved into the area? Is there a new family in your neighborhood? District 110 wants all families to know about the programs and activities that are offered.

Being on the School District Census insures that you will automatically receive information about Early Childhood Screening, preschool and kindergarten.

To be added to the census, please call the School District Census Office at 952-442-0607.

HASYOUR CHILD HAD IMMUNIZATIONS?

Minnesota law requires that all children attending District 110 Early Childhood classes have their immunizations up to date. Proof of immunization must be presented. If you need information on low cost or free immunizations for your child, call Carver County Public Health Services at 952-361-1329.

WEATHER EMERGENCY POLICY

When District 110 K-12 classes are cancelled due to inclement weather, all Early Childhood classes/events are also cancelled. If there is a late start, the 8:30 and 8:45 am classes will not be held, but the classes later in the day will be in session. District Weather Line 952-442-0640.

Early Childhood Preschool Program



Welcome to District 110 Waconia Wildcat Preschool



Waconia Community Education connects, empowers, and enriches lives through lifelong learning and service to our community. Early Childhood Education is a core component of Community Education where families and young children begin their relationship with Waconia Schools. We rec-

ognize that every student has unique needs. It is our goal to offer the best learning environment for your child. Academic and support specialists collaborate with classroom teachers to deliver classroom instruction. This collaboration is designed to support each child who comes through our door to reach his/her full potential.



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Calling all cubs who want to be a wildcat!

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Kids' Fun Night Out (Parents' Night Out!)

Do your kids ages 3-12 want a fun place to go when you are out for a Friday evening? Drop your kids off at Laketown Elementary School gym on Friday night! We'll have free time in the gym(or on the playground April-Aug) to begin, then break for a snack and finish with a projected movie. Please pack a snack and labeled water bottle. You may also want to bring a pillow, sleeping bag and pajamas for the movie. Children must be toilet trained to attend. Please note that once you register we are not able to transfer/refund/credit from that date without six business days' notice. This program is supervised by Community Education Staff, Holly Wortz. Please enter and exit door #5 at Laketown each night.

Friday Nights: 6:00pm-9:30pm

W-604: March 19 SU-100: April 9 SU-101: April 23 SU-102: May 14 SU-103: August 20



Minimum: 10 / Maximum: 40

Fee: \$14 per child per night and \$6 for each additional child per family per night. Please complete your registration at least one week before each date for staffing purposes. May fill prior!

Drivers Education: Classroom Instruction

Participants need to complete 30 hours of classroom training before being issued a permit. Students must be 14 years of age to take the classroom instruction. Upon successful completion of the required 30 hours of classroom training a "Completion Slip" is issued. This Completion Slip must be presented in order to receive a "Blue Card". The "Blue Card" allows the student to take the Minnesota State Permit test. There is no course credit given to students who take this class during the summer thru Community Education. Online registration for classroom only.

SU-104: June 7-11 & 14-18 8:00am-11:00am Virtual | Zoom

Derek Myhre

Register by: May 28 Min: 12 / Max: 35

IVIII: 12 / IVIAX: 35

Classroom Instruction Only: \$110 (paid in full at time of

registration)

Behind the Wheel Fee: \$348 (full or half payment due

at the time of registration) Combo Fee: \$418, Save \$40

The combo fee is for only people that have taken the summer classroom class. If participants register for both the classroom and the behind the wheel portion

at the same time you can save \$40.

Drivers Education Behind the Wheel

Drivers Education Behind the Wheel Drivers Education: Behind the Wheel Participants who have successfully completed classroom training sessions and have been issued a permit, are eligible for 6 hours of behind the wheel training. To register for behind the wheel training, the registration form should be submitted, in person, along with payment and the letter verifying completion of the 30 hours of classroom instruction to the CE office. The blue card will then be issued. Students need this card in order to complete a computerized permit test at the DMV. The date of their 16th birthday, along with the date of registration, will determine their priority on the waiting list. Please do not schedule your driver's test before you start your 6 hours of Behind the Wheel. If you are in an after school activity, please be aware that this limits your scheduling availability with the instructors. Fee: \$348 Fee Payment Options: 1. The entire fee paid at the time of registration. 2. \$174 at the time of registration and \$174 prior to your last behind the wheel lesson.

*Please note that at this time Community Education is extremely backed up with our Behind the Wheel driving hours with students due to COVID-19. We can accept your registration and give you a blue card so your child can get his/her permit. However, we do want to make families aware before they sign up with us, that Community Education WILL NOT be able to guarantee that your child will have their 6 hours of Behind the Wheel training done by their 16th birthday. It will take us at least 9 - 12 months to catch up. There is a \$45 cancellation fee if you choose to get a blue card from us and then decide down the road to cancel your registration with us.

Power Company Show Choir Camp

Calling all boys & girls who love to perform, sing and dance! Come and spend the week with the members and directors of Power Company! You will spend this exciting and fun week learning the basic elements of proper vocal and dance techniques by preparing an actual show choir show. You will then get to perform this show for your friends, family and adoring fans under the lights and on stage in the Waconia High School PAC Auditorium. We will also learn about stage presence, poise, teamwork and the benefi ts of hard work. Everyone is welcome regardless of ability. Some solo opportunities may be available. To be guaranteed a camp T-shirt you must register by the deadline. Select a T-shirt size upon registering! YS, YM, YL, AS, AM, AL, AXL, AXXL.

June 28, 29, 30, July 1 & 2

SU-105: Shooting Stars Camp Grades 3-6 (2021-2022) 9:00am-12:00pm - Performance on Friday @ 11:30am

SU-106: Bright Stars Camp Grades 7-9 (2021-2022) 1:00pm-4:00pm - Performance on Friday at 3:30pm

Waconia HS Performing Arts Center & Choir Room Aaron Olson & Staff

Min: 20 / Max: 45

Fee: \$120 (Includes T-shirt)

Register By: June 14



Waconia Junior Marching Band Camp

Do you love to play music and entertain audiences? Would you like to get a glimpse of what it's like to be in the champion caliber WHS Marching Band? If your answer is "yes", then this is the camp for you! Come to Junior Marching Band Camp, and you will Spend 4 days in the sun with Waconia Marching Band members and staff. Prepare and perform an actual marching band show for family and friends (pending CoVid-19 restrictions). Learn about and practice musical and marching techniques which are essential to an exciting marching band show. Learn about teamwork and the awesome benefits of working together! NEW THIS YEAR: Students interested in Colorguard (think of the students in bright, colorful costumes spinning flags in a marching band!) are able to participate this year!



Students must bring their own instrument (Percussion instruments and Colorguard Equipment will be provided). When registering you MUST list the instrument you play AND your T-shirt size! Please make sure you provide a current email address. To receive a camp T-shirt, you must register on time. The final performance will be on the Thursday of camp at 12:30pm at WHS.

SU-107: June 14, 15, 16 and 17

Band Students ENTERING grades 6th- 8th (2021-2022)

10:00am-1:00pmWHS Band Room / TurfFee: \$120 (Includes T-shirt)Min: 20 / Maximum: 50

Register by: May 28

Prairie Fire Children's Theatre

PFCT has thrilled local youth with drama offerings for the past 24 summers here in Waconia! This summer we will once again be off ering 2 different theatre productions! Registration is on a first come first serve basis. These plays are for boys and girls grades 2-8 (2021-2022 school year). The registration fee is \$60 per play. LIMITED (COVID-19) Admission for the shows are: Adults; \$6, Seniors 65+ \$3, Students K-12 \$2, 5 and under are FREE. We will sell tickets prior to the show each date on site. We are also looking for two volunteers age 12-Adult to help with lights and sound Wed-Saturday for the rehearsals and both shows. Please call us in the spring/prior to the show week if you are able to volunteer at 952-442-0612. PLEASE NOTE: Once you register for PFCT we cannot offer a refund/transfer/cancellation without 3 weeks notice to the start date.

Check them out HERE: www.prairiefirechildrenstheatre.com Register at: www.waconiacommunityed.org

SU-108: The Wizard of OZ Waconia MS Auditorium | June 7-12

A beloved classic, with some of the most memorable music PFCT has produced. Directors roles include The Scarecrow & the Wicked Witch. The cast Includes, Dorothy, the Tinman, the Lion, Toto, the Munchkins, Glinda, the Yellow Brick Road, the Monkeys, the Winkies, the Green Guard, the Traders of the Emerald City, the Wizard of Oz, Aunt Em & Uncle Henry.

Auditions will begin on Monday, June 7 at 12:15pm in the Middle School Auditorium. Everyone registered is guaranteed a part! Rehearsals will be held on Tuesday-Thursday from 12:15pm-4:30pm. Rehearsal times vary depending on roles. Friday is the dress rehearsal beginning at 3:30pm. There will be two performances, one on Friday, June 11 at 7:00pm and Saturday, June 12 at 1:00pm. There are 80 spots available for this play.

We are also looking for two people age 12+ to help with lights and sound Wed-Saturday for the rehearsals and show. Please call 952-442-0612 if you are willing to volunteer.

Registration OPENS on April 15th Register By: May 20 (Expected to fill prior!)



SU-109: Beauty & The Beast Waconia MS Auditorum | July 12-17

An unjust prince, a gypsy curse, and a young girl who sees beyond appearances. Directors roles include Poppa/The Beast (dual role) and Serafina the Queen of the Gypsies. Cast includes Beauty, her Sisters & Brothers, the Prince, his Servants Major & Minor Domo, the Painter, the Gardener, the Cook, the Maid, and the Doctor, the Gypsies, the Madrigals, the Gargoyles, and the Roses.

Auditions will begin on Monday, July 12 at 12:15pm in the Middle School Auditorium. Everyone registered is guaranteed a part! Rehearsals will be held on Tuesday-Thursday from 12:15pm-4:30pm. Rehearsal times vary depending on roles. Friday is the dress rehearsal beginning at 3:30pm. There will be two performances, one on Friday, July 16 at 7:00pm and Saturday, July 17 at 1:00pm. There are 80 spots available for this play.

We are also looking for two people age 12+ to help with lights and sound Wed-Saturday for the rehearsals and show. Please call 952-442-0612 if you are willing to volunteer.

Registration OPENS on April 15th Register By: June 29 (Expected to fill prior!)

More Than Pink

More Than Pink is back for it's 11th year! More Than Pink is a program to inspire third through sixth grade girls to stay true to themselves and live from societal stereotypes. This 8 week program curriculum innovatively weaves training for a 5K run with lessons that empower girls to celebrate their bodies, honor their voices and embrace their gifts. All athletic types are welcome. Space is limited, so please register early. For returning students there will be new lessons and activities done each day. The More Than Pink run will take place on Thursday, August 5 at 6:30 pm. More Than Pink works around summer schedules, camps and vacations. Even if participants are going to miss a day or a week they are still able to participate in the program. Information that is missed on certain topics will be handed out to the girls.

June 14 - August 5 (No class on July 5) 8:30am-10:30am

SU-111: 3rd & 4th Girls (2020-2021) Mon & Wed SU-112: 5th & 6th Grade (2020-2021) Mon & Wed

SU-113: 3rd & 4th Girls (2020-2021) Tues & Thurs SU-114: 5th & 6th Grade (2020-2021) Tues & Thurs

Bayview Elementary School Room Art Room (Enter the bus lane doors) Fee: \$90, includes binder, supplies, MTP Shirt, 5K entry fee and run T-shirt Minimum: 12 per age group / Maximum: 25 per age group Registration: Priority registrations will be given to girls who have never been in the More Than Pink program. From March 15 - 21 - registration is open to first time MTP participants. On March 22 registration is open to anyone until the program is full. Registration deadline is May 21. May fill prior.





More Than Pink Mentors

Would you like to share your More Than Pink skills and join in the fun? Here is the opportunity to empower young girls and help them succeed through the program. This is a great opportunity for you to mentor and be a leader and help inspire girls to celebrate their bodies, honor their voices and embrace their gifts. The registration deadline to be considered is May 3.

Who: Girls in 7th grade (2010-2021) and up who have been through the More Than Pink program.

When: Mon/Wed or Tue/Thursday 8:30am - 10:30am

Where: Bayview Elementary School Art Room (Enter the bus lane doors daily.)

Fee: Free, spots are limited. If interested please contact Lauren Hackbarth at lhackbarth@isd110.org to set up an interview to be a mentor.

Online Safety for Grade Schoolers and Parents - Virtual Class

Led by Youth Program Educators from A.C.T. United for elementary students and their parent(s) or caregiver(s). An engaging interactive class to give kids the tools they need to stay safe while e-learning, gaming, and enjoying online activities. Topics include personal info sharing, photo sharing, online conversations, and identifying online friends or foes. Access to our colorful S-A-F-E-T-Y tips poster for print provided. Together we will strengthen our parent - child online safety awareness and conversations.

Session includes: child conversation on an important topic; Age appropriate, fun, and interactive resources for kids and families; Building skills for avoiding harm and making healthy, safe decisions.

Instructor: Jessica is an engaging, motivational speaker to both youth and professional audiences. She is the author and lead presenter of YOUTH AWARE: Teen Exploitation Prevention and the Online SA-F-E-T-Y for Kids programs reaching thousands of students annually. She also provides professional CEU's and community education classes to connect and engage everyone in creating safe environments for youth. With 25 years of experience in youth outreach, youth ministry, and 12 years in law enforcement, Jessica brings first-hand experience and knowledge to the issues of youth online and personal safety.

SU-115: Thursday April 29 Virtual Class | Zoom

Min: 8 / Max: 30

6:30pm to 7:30pm

Fee: \$29

ACT United Register By: April 22

ZAPPING the ACT Test

ACT Test Preparation. Provider: Doorway to College. ZAPS test-preparation seminars are carefully designed to help each student do his or her personal best on the ACT. Students who complete the ZAPS seminar—and practice our tips and strategies at home—typically raise their ACT scores by 2 to 4 points. In the five-hour ZAPS seminar, students will learn strategies for improving in all four subtests, take shortened practice tests that mirror the actual testing experience, and get suggestions for individualized study in the days leading up to the ACT test. Attendees receive a comprehensive Study Guide and 24 practice test workouts with detailed answer explanations. Students should bring a calculator and two pencils to the seminar.

S-110: Monday, March 15 & Tuesday, March 16

6:30pm-9:00pm

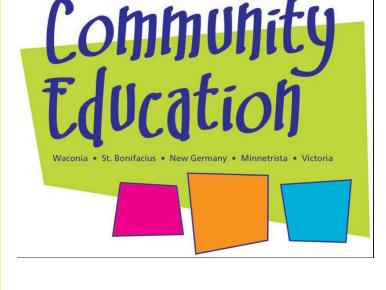
Waconia HS Media Center

Fee: \$95

Doorway to College Foundation

Minimum 20 / Maximum 60

Register By: March 2



952.442.0610

WaconiaCommunityEd.org

Kidcreate Studio's award-winning art classes allow kids to explore art in an environment full of giggles and grins. Kids create fridge worthy masterpieces while learning art concepts and experimenting with different art materials. The curriculum is age appropriate and designed to inspire. Classes provide a fun, self-esteem building atmosphere full of "I did it" moments. Making a mess is the best with Kidcreate Studio! For more information about Kidcreate Studio visit www. kidcreatestudio.com.

Insane Slime Camp Kidcreate

Sign up early for this popular class! It's silly and slimy and insanely fun. Messy Time is one of our most popular activities, and that's exactly what we'll be doing all class long! We'll get silly with slime, messy with muck and so much more! This is going to be a messy one, so please dress your child appropriately. Please pack a nut free snack and drink for your child.

SU-116: Thursday, June 10 9:00am-12:00pm SU-117: Thursday, July 15 1:00pm-4:00pm SU-118: Thursday, August 12 1:00pm-4:00pm

Ages 4-9 years Bayview A-101 Kidcreate Fee: \$35

Min: 7 / Max: 10

Register By: 5/27**,** 7/1**,** 7/29



Baby Mystical Creatures Camp Kidcreate

Unicorns, dragons, mermaids, and more! In this camp, we'll create art inspired by adorable mystical creatures when they're at their cutest and tiniest... when they're babies! Your little artist's imagination will sparkle and soar as they create these magical projects. Painting, drawing, playing with clay, scribbling and giggle, we'll do it all in this darling camp! Please pack a nut free snack and a drink for your child.

SU-119: July 26, 27, 28 & 29 9:00am-12:00pm Ages: 3-6 Bayview A-101

Kidcreate Fee: \$120 Min: 7 / Max: 10 Register By: July 12



Mess Fest Camp Kidcreate

Big mess means big fun! We'll make clay lions with magnificent manes, birds snuggled down in their nests, a silly green frog, and more! Your little one will love exploring and creating with clay, paint, and more at our best mess fest ever! Please pack a nut free lunch, snack and drink for your child.

SU-120: August 9, 10, 11 & 12 9:00am-12:00pm Ages: 3-6 Bayview D-109 Kidcreate Fee: \$120

Min: 7 / Max: 10 Register By: July 26

I "Heart" Sparkles Camp Kidcreate

Come to this camp and get your sparkle on! The kids will go crazy as they create multiple projects that shimmer and glimmer with sparkles and glitter! Throughout the camp, the kids will learn basic art techniques and work with many different art supplies including (of course) lots and lots of glitter! Please pack a nut free snack and drink for your child.

SU-121: August 9, 10, 11 & 12

Ages: 4-9
Bayview D-109
Kidcreate
Fee: \$120
Min: 7 / May: 15

Min: 7 / Max: 15 Register By: July 26 1:00pm-4:00pm



Magical Mud Mosaics Camp Kidcreate

Clay by itself makes great art, but adding beads and sequins makes it even better! Air-dry clay will be used to create fun and funky mosaics. Please pack a nut free snack and drink for your child.

SU-122: Thursday, June 10 SU-123: Thursday, July 15 SU-124: Thursday, August 12

Ages 4-9 Bayview A-101 Kidcreate

Fee: \$35

Min: 7 / Max: 10

Register By: 5/27, 7/1, 7/29

1:00pm-4:00pm 9:00am-12:00pm 9:00am-12:00pm



How to Draw Cartoons Camp Kidcreate

Kids, have you ever wished you were better at drawing cartoons? During this camp, we'll teach stepby-step techniques that will help you draw super cool (and cute!) cartoons! From cute, cuddly puppy dogs to kooky cool characters – we'll do it all at this camp. You will be impressed with how great your drawings turn out! Each child will receive their own How to Draw Cartoons booklet to take home! Please pack a nut free snack and drink for your child.

SU-125: July 26, 27, 28 & 29

Ages 5-12 Kidcreate Fee: \$120

Min: 7 / Max: 18 Register By: July 12 1:00pm-4:00pm Bayview A-101



Pinch, Slab, Coil Clay Camp Kidcreate

It's time for your young artist to roll up their sleeves, make a mess and play with some clay! The children will use a variety of tools and techniques to make animals, castles, bowls and much more. We will work with a variety of different types of clay throughout the camp, including both Model Magic® and air-dry clay. The children will use their fingers to pinch, assemble a slab, and create coils as they learn the basics of working with clay. Please pack a nut free snack and drink for your child.

SU-128: July 12, 13, 14 & 15 9:00am-12:00pm

Ages: 4-9 Bayview D-109 Kidcreate Fee: \$120 Min: 7 / Max: 15

Register By: June 28



Beyond Pinch Pots Camp Kidcreate

Every kid loves making pinch pots! But let's go beyond that and learn super cool techniques to transform pinch pots into puppy pals, silly rabbits, playful penguins and much more. Not only will the kids learn the basics of working with clay but they will create amazing clay creations that are way cooler than a plain old ordinary pinch pot! Shhhh, don't tell anyone, but this camp is our best-kept secret! Register early before it fills up! Please pack a nut free snack and drink for your child.

SU-126: June 21, 22, 23 & 24 9:00am-12:00pm Kidcreate Fee: \$120

9:00am-12:00pm Ages: 4-9 Fee: \$120 Min: 7 / Max: 15 Bayview A-101 Register By: July 12



The Best Ever Art Camp Kidcreate

This camp is packed full of fan favorites! From snow globes, projects that glow-in-the-dark, and messy clay masterpieces, these are the most requested Kidcreate projects of all time! All of them put together in one highly-anticipated camp. This is the stuff the kids can't get enough of and guaranteed to be an artsy good time! Please pack a nut free snack and drink for your child.

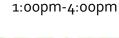
SU-127: July 12, 13, 14 & 15

Ages 5-12

Bayview D-109 Kidcreate

Fee: \$120 Min: 7 / Max: 18

Register By: June 28





Art Academy Camp Kidcreate

Does your child love art? Painting, drawing, clay- it's all awesome! Then this is the camp for them! We will experiment with many techniques, materials, and styles as we make snow globes, paint on canvas, create clay characters and more. Come ready to have an artsy good time in this highly anticipated camp! Please pack a nut free snack and drink for your child.

SU-129: June 21, 22, 23 & 24

Ages 5-12 Bayview A-101 Kidcreate Fee: \$120

Min: 7 / Max: 18 Register By: June 7



Abrakadoodle art education offers creative and fun art classes, camps and parties for children ages 2 - 12 years. Students are introduced to a wide variety of mediums from watercolor to sculpture, paint, clay, collage, drawing, pastels, paper mâché, mosaics and more in a fun and supportive environment where kids are encouraged to make the art their own. Lessons are colorful, engaging, fun and exceed the state standards. Best of all, you get to leave the mess with us! Voted best art program in the Twin Cities by GoCityKids.com. 12+ years of providing you the best kids art programs in the Twin Cities. www.abrakadoodle.com



Art Explorers Camp Abrakadoodle

Want to explore all kinds of different ways to create art? If the answer is yes then you will love this camp. Paint with fish, make slime, paint a colorful canvas using paint squishing, use slimy Paper Mache to make colorful ice cream cones and more messy and colorful projects. Create amazing pieces of art while having big, messy fun. It is sure to be a good time. Please bring a beverage and nut-free snack.

SU-130: July 19, 20, 21 & 22

12:30pm-2:30pm

Ages 5-11 Bayview A-101 Abrakadoodle

Fee: \$116 Min: 6 / Max: 16 Register By: July 5



Art from the Heart Camp Abradoodle

For kids that love art. Create super cool and colorful creations from Paper mâché pigs to painted seahorse on canvas. We'll sculpt an elephant pot, paint on canvas, make a cute cutout lama with a woven blanket, play with Paper mâché and more. This camp is filled with fabulous creations. Bring a beverage and a nut free snack.

SU-131: August 2, 3, 4 & 5

10:00am-12:00pm Ages 5-11 Bayview A-101 Abrakadoodle Fee: \$116

Min: 6 / Max: 16 Register By: July 19



Design Fashionista Art Camp Abrakadoodle

Design your own unique fashions using paper mâché, tissue paper, beads, yarn, and more. Create a colorful batik bag, a paper mache heart, weave a butterfly, make a fancy visor, and a beaded bracelet and paint a colorful canvas for your room. Invite your family to a fashion show on the last day to show off your creations. Bring a beverage and nut free snack.

SU-132: June 21, 22, 23 & 24

Ages 5-11 Bayview D-109 Abrakadoodle

Fee: \$116

Min: 6 / Max: 16 Register By: June 7



12:30pm-2:30pm

American the Beautiful Art Camp Abrakadoodle

From the coasts of Florida to the mountains of Colorado, each state has its own unique traits. Make art inspired by Midwest landscapes, California redwoods, Washington, DC monuments and more. Create art inspired by our many states. Begin your journey across America by exploring the United States! Bring a beverage and a nut free snack.

SU-133: June 21, 22, 23 & 24

10:00am-12:00pm

Ages 5-11 Bayview D-109 Abrakadoodle Fee: \$116

Min: 6 / Max: 16 Register By: June 7



Drawing Dynamos Art Camp Abrakadoodle

Learn to be a creative and confident drawer with this 2 day camp. This is a short version of our popular 4 day drawing camp. Make drawing easier by using shapes and other drawing techniques that bring your art to life. We'll draw cartoons, 3D shapes, animals and more. Bring a nut-free snack and beverage.

SU-134: July 21 & 22 9:30am-12:00pm Ages 6-11 Bayview A-101 Abrakadoodle Fee: \$75

ree: \$75 Min: 6 / Max: 16 Register By: July 7

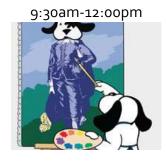


Pets & Puppies Art Camp Abrakadoodle

Hop, pounce, meow or bark your way into these cute, fun creations of Pets and Puppies! Our little artists will explore projects inspired by innovative artists and pets! These colorful pets will soar into your hearts and homes as you have a PET-tastictime experimenting with painting, collage, sculpting and more! We'll make a silly puppy collage, create a colorful fish bowl and more! Bring a beverage and nut free snack.

SU-135: July 19 & 20 Ages 3-6 Bayview A-101 Abrakadoodle Fee: \$75

Min: 6 / Max: 16 Register By: July 7





Red, White & Blue Tye Dye Art

Let's get ready for the 4th of July by tie-dying red white and blue shirts, shorts, masks or socks! Bring up to four 100% cotton white items to create your tie-dye masterpeices. If it's a nice day we'll plan to play at the Bayview park after we tie-dye.

SU-137: Tuesday, June 29

10:30am-12:00pm

Ages 5-12

Bayview Cafeteria Holly Wortz

Fee: \$8

Min: 6 / Max: 20 Register By: June 22



Sharks & Sea Creatures Fun Friday Art Day Camp Abrakadoodle

Make a big splash and dive in to this fun camp. Learn about Sharks and other creatures who live under the sea. We'll use our imagination to sculpt crazy sea creatures, and create translucent jelly fish and scary sharks. Join us for a fun and messy morning.

SU-136: Friday, July 23 Bayview A-101

, Min: 6 / Max: 16 9:30am-12:00pm Abrakadoodle Register By: July 7

Ages 5-11 Fee: \$45

Babysitters Training

When your student is certified with Babysitting 101, you'll know they've been trained by the best! Training designed to engage and inform the aspiring babysitter. It gives 11 year olds and older everything they need to know, from getting started, to dealing with parents and children, to key safety, caregiving, and first aid tips. Course highlights include: Fundamental information about Babysitting and creating your business, Leadership: You're in charge, but not the parent and conflict resolution, Basic Caregiving Skills: Feeding, Diapering, Holding, Safe sleep practices, Play Time: Keeping children entertained and active safely, Safety and Injury Prevention: Telephone safety, SIDs awareness, Environmental, weather and preventable hazards, First Aid and CPR: Recognizing an emergency, Caring for an ill or injured victim, Wounds and Burn care, Choking and CPR Please pack pen, paper and snack/meal. Guide book included! Must be 11 years of age at start of class.

SU-138: Tuesday, April 13 3:00pm-7:00pm Waconia MS Media Center

SU-139: Friday, June 4 8:00am-12:00pm Bayview Media Center

SU-140: Tuesday, July 27 8:00am-12:00pm Bayview Media Center

Fee: \$52 Shelly Nahan

Minimum: 6 / Maximum: 20

Register By: April 16 / May 28 / July 20





SafeKids 101

Preparing Kids to Stay Safe at Home and in the Community! Does your child ages 8 - 12 want to stay home alone after school? Get your children trained with SafeKids 101 and both of you will feel more confident about their safety at home and in the community. This program is full of important safety principles. This program teaches what all parents want their children to know about safety! Topics include: Staying home alone, Answering the door or the telephone, Basic First Aid; burns, wounds & bandaging, poisonings, and choking emergencies, Storm and fire emergency training, Dog emergencies... Four steps to staying safe, Stranger danger...straight talk with honest answers, Fun, safe activities to do while home alone, Create fun, healthy safe snacks! (Please indicate any food allergies!)

SU-141: Tuesday, April 20 2:30pm-5:00pm Bayview Media Center

SU-142: Friday, June 4 12:15pm-2:45pm Bayview Media Center

SU-143: Tuesday, July 27 12:15pm-2:45pm Bayview Media Center

Fee: \$30 Shelly Nahan

Min: 6 / Max: 20

Register By: April 13 / May 28 / July 20



Code Championship Tournament | Virtual Computer Coding Competition

Students can register for any 1, 2, 3, or 4 tournaments, each one will be a little different! Build a computer bot to play head-to-head against other coders! Players will be broken into pools based on age for competitive and fair play. Whether this is your first Code Championship event, or if you've been competing for years, this is the perfect way to explore the competitive coding world of Code Championship. No previous coding experience necessary. This event will be hosted online using Google Meet and the Code Championship website. If you have a modern browser like Chrome or Firefox, no additional download is required. Please come knowing how to navigate the internet (basic typing and mouse control). The link to the Google Meet event will be emailed two days before the tournament. Promotional Videos/Pictures: https://www.codechampionship.com/gallery/

SU-144: June 15 SU-145: July 13 SU-146: August 17
SU-147: September 14 7:00pm-8:30pm Grades 3rd-9th
Fee: \$27 Virtual | Google Meet Abamath

Minimum: 4 / Maximum: 8 Register By: June 8 / July 6 / August 10 / Sept 7



Chess Club with Pat LaVone

Whether you have never played chess and want to learn the basics or if you have played some and want to improve your skills, Waconia Chess Club is a fun, learning experience. Research shows that kids who play chess often see increases in scholastic performance, especially in math and reading, and benefit from increases in concentration, problem solving skills and more. Best of all, kids love it! Students will learn: value of pieces, the difference between check, check mate, and stalemate; basic checkmate patterns, opening principles and general strategic concepts. There will be instruction given, but also open play time where kids can try out their own strategies - plus a tournament with medals. Chess sets will be provided; kids do not need to bring their own. Pat LaVone has been teaching chess for more than 2 decades, including 15 in Waconia, was voted SCA chess coach of the year, was former President of the Chess Club of Minnesota and the West Suburban Chess Club and coached Breck and Eden Prairie High School to the Minnesota State Scholastic Championship.

Thursdays - April 8, 15, 22, 29, May 6, 13 & 20

S-921: K-6th (2020-2021) S-922: 7th-12th (2020-2021 6:30pm-7:45pm

Fee: \$59 Pat LaVone Min: 10 / Max: 16

Waconia Middle School Media Center

Register By: April 1



For full District #110 COVID-19 information please visit our website: isd110.org

Know Before You Go









Check for symptoms

Wear a Mask

Stay 6 feet from others

Wash or sanitize hands often

Eureka Engineering

Eureka introduces students to the core skills of robotics and other STEM areas through engaging, hands-on learning opportunities. Student groups will work with Lego Mindstorm kits, which include both programming and mechanical components. The small groups will be mentored by experienced and passionate instructors. A snack will be provided and parents are welcome to watch their child's robotic creations come to life in exciting and competitive challenges. For those interested in getting involved in FIRST Robotics, Eureka serves as a marvelous transition into a FIRST Lego League team!

SU-148: June 7, 8, 9 & 10 9:00am-12:00pm Grades 3-8 (2021-2022) Bayview B-126, (Enter Main Doors)

Fee: \$99 COR Robotics Min: 8 / Max: 20 Register By: May 24



Tech Trek

Tech Trek provides students with opportunities to create and apply knowledge of STEM topics in a group setting. Students will work with robotics kits which integrate electrical, programming, and mechanical concepts. Enthusiastic instructors will guide students as they navigate through engineering challenges. Tech Trek builds a concrete foundation of robotics concepts, which will especially benefit those looking into joining a FIRST Tech Challenge team.

SU-149: June 7, 8, 9 & 10 1:00pm-4:00pm Grades 5-10 (2021-2022)

Bayview B-126,

(Enter Main Doors)

Fee: \$99 COR Robotics Min: 8 / Max: 20 Register By: May 24



Battle Drones

Students will learn to program and fly at the same time! The drone can be programmed using entry level block based coding, or more advanced text based coding to perform various challenges throughout the camp. The fun and excitement of flying drones makes it easy to forget students will be learning valuable 21st century programming skills in the process. A snack will be provided each day and parents are welcome to stop in at the end of each day to see what their child has learned.

SU-150: June 28, 29, 30 & July 1

9:00am-12:00pm Grades 3-8 (2021-2022)

Bayview B-126,

(Enter Main Doors)

Fee: \$99 COR Robotics

Minimum: 8 / Maximum: 20

Register By: June 14



Drone Programming

Students will learn to program and fly at the same time! The drone can be programmed using entry level block based coding, or more advanced text based coding to perform various challenges throughout the camp. The fun and excitement of flying drones makes it easy to forget students will be learning valuable 21st century programming skills in the process. A snack will be provided each day and parents are welcome to stop in at the end of each day to see what their child has learned.

SU-151: June 28, 29, 30 & July 1

1:00pm-4:00pm

Grades 4-9 (2021-2022)

Bayview B-126, (Enter Main Doors)

Fee: \$99 COR Robotics

Min: 8 / Max: 20 Register By: June 14



Youth Enrichment

Tech Tac Toe Technological literacy is becoming as important as knowing how to read and write. At Tech Tac Toe it is our mission to spread this knowledge through high-quality, kid-friendly classes that motivate and get young minds excited about technology, computers and science. Our classes are designed to engage children multiple ways: from conceptualization to design, ultimately building life-skills such as problem solving, logic, and creativity. Programs are presented in a kid-friendly way and tailored to their abilities. We make great use of video game programming and other fun computer-based programs, as this allows children to learn the way they learn best: playing!



The AMAZING stem RACE

Pack your bags and get ready to explore the world as you and your team race to solve fun STEM challenges inspired by different countries' landmarks and engineering marvels. Reach the next Pit Stop as you solve fun problems, then receive the clue for the next challenge in a "different country." Which team will finish each leg first, and most importantly, which team will win in the final leg and cross the finish line first to win the "grand prize"? Join us to find out! Please bring a peanut-free snack and beverage.

SU-152: July 6, 7, 8 & 9 (Tue-Fri)

Grades 1-4 (2021-2022)

Bayview B-126 (Enter Main Doors)

Fee: \$114 Tec Tac Toe

Minimum: 8 / Maximum: 20

Register By: June 21

9:00am-11:55am



Best Summer Fungineering using

LEGO® Bricks It's time to take your LEGO® skills to the next level as you engineer simple machines using advanced LEGO® Technic® bricks. You'll explore mechanics and physical forces as you build machines that will surprise you. Then, have a blast taking the machines to the next level. This program is sure to spark a lot of aha! moments and their love for engineering. "LEGO® is a trademark of the LEGO Group of companies which does not sponsor, authorize or endorse this site".

SU-153: June 28 29, 30 & July 1

Grades 1-4 (2021-2022)

Bayview B-127 (Enter Main Doors)

Fee: \$114 Tec Tac Toe

Minimum: 8 / Maximum: 20

Register By: June 14

1:00pm-4:00pm



Glam Lab - Stunning Science for Girls!

Back by popular demand! Join us at this glitz and glam camp and make your own Fizzy Bath Bombs, Shimmering Lip Balm, Soaps, Shower Dough, Glam Goo, Exfoliating Salt Scrub, and many more fun science experiments! In this camp where science meets glam, you and your Besties will have a blast concocting all type of beauty and bath products and more while you learn the science behind them all. Add a pinch of imagination as you create super cool packages and more to take home your very personal creations. Please bring a peanutfree snack, beverage, towel and use quick dry clothing.

SU-154: June 14, 15, 16 & 17

Grades 1-4 (2021-2022)

Bayview B-126 (Enter Main Doors)

Fee: \$114 Tec Tac Toe

Minimum: 8 / Maximum: 20

Register By: May 28



Kids vs. Wild

Do you have what it takes to survive in the Wild? In this cool camp you and your team will get challenged to create cool gadgets to survive in the Wild! From engineering a cool periscope, harness the power of the sun to cook (marshmallows! - yummy), engineer a device for drinkable water, engineer a shelter, and so much more, you'll return transformed from this cool adventure! Please bring a peanut-free snack and beverage.

SU-155: June 14, 15, 16 & 17

Grades 1-4 (2021-2022)

Bayview B-127 (Enter Main Doors)

Fee: \$114 Tec Tac Toe

Minimum: 8 / Maximum: 20

Register By: May 28



1:00pm-4:00pm

Youth Enrichment

Tech Academy of Minnesota provides research-proven technology and summer STEM day camps for kids and teens ages 4-15. We believe learning should be fun, innovative, challenging and hands-on. We host over 300 camps annually throughout Minnesota and Wisconsin. We offer 30 different classes/camps in Minecraft, Video Game Design, Programming, Engineering, Robotics, Computers and Film Making.

Java Minecraft Modding

In this camp, we will be creating custom armor, items, and blocks. Learn to mod Minecraft using Java and the Forge API and customize your gaming experience. Students will be introduced to coding concepts and learn how to use MCreator. Students should be comfortable with keyboarding and, of course, playing Minecraft! At the end of the class, take home your Mods to share with family and friends.

SU-156: June 7, 8, 9 & 10 9:00am-12:00pm Grades 3rd-6th (2021-2022) Bayview Media Center

Fee: \$130 Tech Academy Min: 6 / Max: 18 Register By: May 24



Extreme Robotics: EV₃ Battlebots

Combining the versatility of the LEGO building system and the Mindstorms EV₃ (the most sophisticated microcomputer brick ever made by LEGO), this camp will energize and excite students. Working each day in teams, students will construct fun LEGO models, experiment with programs, and compete in robotic challenges. Robot building, block programming, and teamwork will be part of each day's activities. Final challenges will be centered around hitting targets and a sumo battle. Please bring a drink and snack daily.

SU-157: June 7, 8, 9 & 10 1:00pm-4:00pm

Grades 3rd-7th (2021-2022) Bayview Media Center

Fee: \$130 Tech Academy Min: 6 / Max: 18 Register By: May 24



Extreme Coding: Artificial Intelligence & Augmented Reality

Dive into more advanced computer science topics that include artificial intelligence, and augmented reality coding. Computers are getting smarter every day due to advances in machine learning algorithms. Coders can teach computers to recognize faces, play games, and find patterns. In our class, we will create a chatbot, Rock, Paper, Scissors game, and more. We'll then expand our knowledge and code an augmented reality game.

SU-159: June 21, 22, 23 & 24

9:00am-12:00pm

Grades 3rd-7th (2021-2022) Bayview Media Center

Fee: \$130 Tech Academy Min: 6 / Max: 18 Register By: June 7



Robotic Builders: Battlebots

Let the battles begin! Designed by the experts at MIT, LEGO® WeDo Robotics' unique system teaches students about simple machines, engineering, programming, and so much more. In this camp, students may construct a Catapult, Ninja Star, Tank, Battle Axe, Crossbow, and more! Please bring a drink and snack daily

SU-160: June 21, 22, 23 & 24

1:00pm-4:00pm

Grades 1st-5th (2021-2022)

Bayview Media Center

Fee: \$124 Tech Academy Min: 6 / Max: 18 Register By: June 7



Youth Enrichment

Multiplayer Minecraft: World Builder

Unleash your creativity as you work collaboratively! Create a world with others in four unique, themed quadrants. Build different biomes, or base a section on your favorite movie or video game! Meld your quadrants together with bridges, and separate them with moats of water, lava, or even the void! Students will get a copy of the world map to take home and expand on. We will be using the PC/Java Edition of Minecraft.

SU-161: July 19, 20, 21 & 22

9:00am-12:00pm

Grades 1st-5th (2021-2022) Bayview Media Center

Fee: \$130 Tech Academy Min: 6 / Max: 18

Register By: July 5



Hogwarts Magical Robotics Builders

Let the battles begin! Designed by the experts at MIT, LEGO® WeDo Robotics' unique system teaches students about simple machines, engineering, programming, and so much more. In this camp, students may construct a Catapult, Ninja Star, Tank, Battle Axe, Crossbow, and more! Please bring a drink and snack daily & a snack.

SU-163: August 9, 10, 11 & 12

9:00am-12:00pm

Grades 2nd-6th (2021-2022)

Bayview Media Center

Fee: \$130 Tech Academy Min: 6 / Max: 18 Register By: July 26





Tech Academy

Intro to Coding: Platform Games

Create YOUR OWN VIDEO GAME! New projects! Students as young as five years old can create their platform video games in this cool class! Add challenges and levels of difficulty, then share your game by email or post it on the web to challenge family and friends. Now 5-8-year-olds can practice math, logic, and programming and put their video game talents to work! The game will be in an animated Flash format, viewable in most internet browsers. Bring a jump drive to the last day of class or files can be emailed to parents. Bring a USB drive, snacks and drink each day.

SU-162: July 19, 20, 21 & 22

1:00pm-4:00pm

Grades 1st-3rd (2021-2022)

Bayview Media Center

Fee: \$130 Tech Academy Min: 6 / Max: 18 Register By: July 5







Robotic Builders: Battlebots

Let the battles begin! Designed by the experts at MIT, LEGO® WeDo Robotics' unique system teaches students about simple machines, engineering, programming, and so much more. In this camp, students may construct a Catapult, Ninja Star, Tank, Battle Axe, Crossbow, and more! Please bring a drink and snack daily

SU-164: August 9, 10, 11 & 12

1:00pm-4:00pm

Grades K-3rd (2021-2022)

Bayview Media Center

Fee: \$124 Tech Academy Min: 6 / Max: 18 Register By: July 26



Basketball March Madness - YEL

MARCH MADNESS IS HERE! Time for some round-ball! Take your skills to the next level in this fun, fast-paced 4 week session of Junior Basketball. Emphasis is placed on basic skills development of dribbling, shooting, passing, sportsmanship and teamwork. We then use engaging and dynamic games to cement students' growth including our unique three-on-three style game. This is a high-octane class with an inclusive atmosphere. But hurry! The shot-clock is running down!"

S-900: Mondays - March 22, 29, April (skip 5), 12 & 19 Bayview Elementary Gym

S-901: Wednesdays - March 24, 31, April 7 & 14 Laketown Elementary Gym

S-902: Fridays - March 26, April (skip 2), 9, 16 & 23 Bayview Elementary Gym

2:30pm-3:30pm Grades K-3 Fee: \$50

Youth Enrichment League

Min: 8 / Max: 16 Register By: March 15



Flag Football - YEL

Get ready to dash to the end zone with our high-octane Flag Football course. Develop your basic passing, catching, defending, and teamwork skills. Safety and sportsmanship are emphasized. Each week we do basic skill-building exercises followed by action-packed games to cement those skills. Sure to energize young athletes!

S-903: Mondays - May 3, 10, 17 & 24 Southview Elementary Fields / Rain site Green Gym

S-904: Wednesdays - May 5, 12, 19 & 26 Laketown Elementary Gym North Field / Rain Site Gym

S-905: Fridays - May 7, 14, 21 & 28 Bayview Field 2 / Rain site Gym

2:30pm-3:30pm Grades K-3 Fee: \$50

Youth Enrichment League

Min: 8 / Max: 16 Register By: April 26



Waconia Online Apparel Order

WaconiaAreaAthletics (WaconiaCommunityEducation) partners with Universal Athletics to offer apparel for; Soccer, Baseball, Softball, lacrosse & Waconia Wildcat participants, parents and fans! Items include team bags, hats, jackets, sweatshirts, shorts, shirts and much more! To check out all of the items available for purchase please go to the sites listed below. All ordering must be done online and by the specific deadlines.

The deadline to order for Soccer, Baseball, Softball, Lacrosse & General Wildcat apparel is Sunday, February 21 at 11:59pm with items arriving to our office by March 22nd. There will be a 2nd and FINAL order on Sunday, April 4th at 11:59pm with items arriving to our office on May 3rd. Please view the sites for all the apparel options, arrival dates, sizing charts and more details.

ORDER HERE:

https://wcedathletics21.itemorder.com

Skyhawks provides a wide variety of fun, safe and positive programs that emphasize critical lessons in sports and life, such as teamwork, respect and sportsmanship. Our programs are designed to give each child a positive introduction into sports while fostering a lifelong love for an active, healthy lifestyle. Our patient and knowledgeable staff use a variety of skill-building games and activities to give each athlete a complete understanding and overview of the sport. Since 1979 Skyhawks has taught over two million boys and girls life lessons through sports. Please view our website at www.skyhawks.com for further information.

Skyhawks Flag Football

Skyhawks flag football is the perfect program for your young athletes who want a complete introduction to America's Game or for those who simply want to brush up on their skills in preparation for league play. Through our 'skill of the day' campers will learn skills on both sides of the ball including the core components of passing, catching, and de-flagging or defensive positioning all presented in a fun & positive environment. The camp ends with the Skyhawks Sports Bowl, giving participants a chance to showcase their skills on the gridiron!

Sundays, April 25, May 2, 9 & 16 *Rain date 23

SU-166: 1:45pm-2:45pm Ages 5-7 SU-167: 3:00pm-4:00pm Ages 8-11

Laketown Elementary

North Fields Fee: \$69 Skyhawks Min: 8 / Max: 24 Register By: April 16



Skyhawks 1stDown Tots (SuperTots)

This flag football class uses a variety of fun drills and games to introduce players to basic concepts of football fundamentals including passing, running/rushing, receiving, and defense (de-flagging). Fundamental techniques are taught and emphasized, very active and fun!

SU-170: Sundays, April 25, May 2, 9 & 16 *Rain date 23

1:00pm-1:30pm

Ages 3 & 4

Laketown Elementary North Fields

Fee: \$55 Skyhawks Min: 8 / Max: 16 Register By: April 16



Multi Sport Camp Skyhawks

Our multi-sport camp is designed to introduce young athletes to a variety of different sports in one setting. For this program we combine baseball, basketball and soccer into one fun-filled week. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of multiple sports along with vital life lessons such as respect, teamwork, and self-discipline.

SU-171: June 7, 8, 9 & 10 1:00pm-4:00pm SU-172: June 28, 29, 30 & July 1 1:00pm-4:00pm

Ages 6-9

BV Field #2 / Rain Site Gym

Fee: \$129 Skyhawks Min: 12 / Max: 24

Register By: May 24 / June 14



Mini-Hawk Camp Skyhawks

This multi-sport program was developed to give children a positive first step into athletics. The essentials of baseball, basketball and soccer are taught in a safe, structured environment with lots of encouragement and a big focus on fun. Our Mini-Hawk games and activities were designed to allow campers to explore balance, movement, hand/eye coordination, and skill development at their own pace. Skyhawks staff are trained to handle the specific needs of young athletes.

Ages 4-6 Skyhawks

Min: 15 / Max: 30 Register By: May 24

Bayview Field 2 / Rain Site Gym Fee: \$129 Bayview Field 2 / Rain Site Gym Fee: \$97

Track & Field Camp Skyhawks

Skyhawks Track & Field was developed to introduce young athletes to a sport rich in tradition and history. These programs combine technical development and fundamental techniques with safety while keeping a major focus on fun! Using special equipment, our staff teach the standard track & field events: long distance, sprints, soft hurdles, relays, shot put, discus, and standing long-jump. Our exercises and drills prepare athletes for a future in cross-country, track & field events, and distance running while inspiring a love for running and being active. The fundamentals of body positioning, stride, proper stretching, and cool-down techniques are covered in this unique program. Participants will put it all together for one fun-filled day at the end-of-the-week track meet!

SU-173: June 7, 8, 9 & 10 (M-Th) 1:00pm-4:00pm \$129 SU-174: July 6, 7 & 8 (Tue-Th) 1:00pm-4:00pm \$97

Ages 6-12

Bayview Track / Rain Site Gym

Skyhawks

Min: 15 / Max: 30

Register By: May 24 / June 22



Soccer Camp Skyhawks

Skyhawks was founded as a soccer club in 1979. Thirty years later, we are still the number one choice for parents looking to introduce their children to the fundamentals of the world's most popular sport. Using our progressional curriculum, our sport-specific staff will ensure your young athlete will gain the technical skills and sport knowledge required for their next step into soccer. Designed for beginner and intermediate players, this camp focuses on dribbling, passing, shooting, and ball control. By the end of the camp your child will have learned new life skills such as teamwork and sportsmanship, made new friends, and improved his or her sport skills.

SU-175: June 21, 22, 23 & 24 SU-176: August 2, 3, 4 & 5

Ages 6-12 Fee: \$129

Min: 15 / Max: 30

Register By: June 7 / July 19

1:00pm-4:00pm 9:00am-12:00pm BV Field 2 / Rain Gym Skyhawks

Beginning Golf Camp Skyhawks

Skyhawks Golf focuses on building the confidence of young athletes by teaching proper technique to refine essential skills of the game. Golf is a challenging and lifelong sport, so young athletes need proper focus on the fundamentals of form, swinging, putting, and body positioning. To assist in this training, Skyhawks has adopted the SNAG (Starting New At Golf) system to its curriculum. SNAG utilizes a set of equipment designed for beginning golfers, including oversized plastic club heads and "mini tennis balls" to help build confidence and to have fun. Developed by PGA professionals, SNAG is specifically designed for the entry-level player; SNAG simplifies instruction so that young players can make an easy and effective transition onto the golf course. No need to bring your own clubs--all equipment is provided.

SU-177: June 14, 15, 16 & 17 SU-178: August 9, 10, 11 & 12 9:00am-12:00pm

Ages 5-8 Fee: \$129

Skyhawks

Min: 12 / Max: 24

Register By: May 28 / July 26

9:00am-12:00pm BV Field 2 / Rain Gym



Volleyball Camp Skyhawks

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it together into one fun-filled camp. All aspects of the game are taught through drills and exercises that focus on passing, setting, hitting and serving. This co-ed program is designed for the beginning and intermediate player and will incorporate essential life lessons such as teamwork and sportsmanship. Our volleyball staff will assist each athlete in developing fundamental skills of the game through game-speed drills and daily scrimmages aimed at developing the whole player.

SU-179: June 14, 15, 16 & 17 1:00pm-4:00pm @ LT Gym SU-180: July 26, 27, 28 & 29 9:00am-12:00pm @ BV Gym

Ages 6-12 Skyhawks

Fee: \$129 Min: 15 / Max: 30

Register By: May 28 / July 12

Basketball Camp Skyhawks

This fun, skill-intensive program is designed with the beginning to intermediate player in mind. Using our progressional curriculum and focusing on the whole player, we teach your child the skills needed both on and off the court to be a better athlete. Our basketball staff will focus on respect, teamwork, and responsibility, starting each day with a "skill of the day" and progressing into drills and games. The result is an unforgettable camp experience for your young athlete. After a week of passing, shooting, dribbling, and rebounding, your child will show you why this is one of our most popular programs.

SU-181: June 21, 22, 23 & 24 9:00am-12:00pm SU-182: July 26, 27, 28 & 29 1:00pm-4:00pm Ages 6-12 Bayview Gym Fee: \$129 Skyhawks

Min: 15 / Max: 30

Register By: June 7 / July 12

Flag Football Camp Skyhawks

Skyhawks Flag Football is the perfect program for young athletes who want a complete introduction to "America's Game" or for those who simply want to brush up on their skills in preparation for league play. Through our "skill of the day" activities, campers will learn skills on both sides of the ball including the core components of passing, catching, and de-flagging or defensive positioning – all presented in a fun and positive environment. Skyhawks Flag Football is recommended for beginning to intermediate athletes. The week ends with the Skyhawks Super Bowl, giving participants a chance to showcase their skills on the gridiron!

SU-183: June 28, 29, 30 & July 1 9:00am-12:00pm @ BV SU-184: July 19, 20, 21 & 22 1:00pm-4:00pm @ LT SU-185: August 9, 10, 11 & 12 1:00pm-4:00pm @ BV Ages 6-12 Skyhawks

June/Aug Camps Bayview Field 2 / Rain Site Gym July Camp Laketown North Field / Rain Site Gym

Fee: \$129

Min: 15 / Max: 30

Register By: June 14 / July 5 / July 26



Tennis Camp Skyhawks

Grab your tennis racquet and get ready to play! Whether you're a beginning, an intermediate or an advanced player, this program will improve your game and help you get more enjoyment from tennis. Our tennis programs focus on skill refinement as well as practice and match play to develop consistent, wellrounded tennis players. Each player is given personal attention and taught through repetition in an enjoyable, lively atmosphere. Skyhawks tennis breaks down the fundamental skills of tennis through easily understood games and exercises to help improve the athlete's overall coordination and technique. Players learn proper grips, footwork, strokes, volleys and serves during a series of drills designed to teach skills in a fun and dynamic way. In addition to developing a love for tennis, athletes will learn the rules and etiquette that make tennis such an exciting game to play.

SU-186: August 2, 3, 4 & 5 1:00pm-4:00pm

Ages 5-8

WHS Tennis Courts / Rain Site WHS FH Gym

Fee: \$129 Skyhawks Min: 12 / Max: 24 Register By: July 19

Cheerleading Camp Skyhawks

Skyhawks Cheerleading teaches young athletes the essential skills to lead crowds and support the home team! This entry-level cheer program ensures that each camper learns cheers, proper hand and body movements, and jumping techniques. There is no stunting—just a big focus on fun while each cheerleader learns important life skills such as teambuilding and leadership. The week concludes with a choreographed performance and, when available, a chance to cheer at a Skyhawks football or basketball camp!

SU-187: July 19, 20, 21 & 22 1:00pm-4:00pm

Ages 6-12

Bayview Track / Rain Site Gym

Fee: \$129 Skyhawks

Min: 15 / Max: 30 Register By: July 5



Sports Unlimited programs are designed for boys and girls of all ages regardless of skill or ability. The camps are based on the philosophy of providing all children with the opportunity to develop sport skills in a safe, fun and non-competitive setting. SU coaches' will teach the fundamental skills of lacrosse using small group activities, scrimmages and fun games. They will focus on helping kids learn the rules of lacrosse while working on team play and sportsmanship.

Ninja/Game On Camp Sports Unlimited

Get ready for a challenge! This exciting camp is three hours each day for boys and girls ages 4-6. This new class will give participants an opportunity to have fun testing their skills and abilities while going through various obstacles: Tunnel crawl, Cones weave, Noodles crawl, Mat rolls, Parachute run, Fitness ladders, Hula hoop jump and Hurdles. Different course set-up each day: Who will be Ninja Warrior of the day? These fun activities will help your child develop coordination, flexibility and benefit for each child's physical and mental development. The staff are trained to meet the special needs of young children. Youth to staff ratio is 8:1. Campers will receive a Sportsmanship award, water-bottle. All equipment provided. Tag games are all about GAMES for boys and girls ages 4-6. We will introduce campers to all their favorite playground games: Ships Across the Ocean, Animal Tag, Freeze Tag, Red Light-Green Light, Kick ball, Capture the Flag, Duck-Duck-Grey Duck, Dodge Ball (with soft sponge balls), 500, Sharks and Minnows, Simon Says and Steal the Bacon, Castle ball These fun activities will help your child develop coordination, flexibility and also, beneficial for each child's physical and mental development. Our staff are trained to meet the special needs of young children. Rain site is the gym.

Soccer Camp Sports Unlimited

Sports Unlimited Camps provide fundamental skill development for boys and girls ages 5-10 with the emphasis on FUN! The camp helps players learn and practice the core skills and techniques used in each sport and then allow them to practice these skills in a number of games and scrimmages. This camp is designed to introduce the young athlete to the sport of soccer through skill development and small group games. Sports unlimited staff will focus on helping the children learn the rules of soccer while working on team play and sportsmanship. Individual skills taught: shooting, passing, dribbling along with learning the strategies of offense and defense. Children will be divided by age and skill level. Staff to camper ratio 10:1. Please bring shin guards, water bottle, sunscreen, snacks and a great attitude!

SU-191: June 14, 15, 16 & 17 WHS East Field 1 / Rain site WMS Gym

SU-192: July 19, 20, 21 & 22 Bayview Stadium / Rain site Bayview Gym

9:00am-12:00pm Ages 5-10 Sports Unlimited Fee: \$94 Min: 8 / Max: 40 Register By: May 28

/ July 5



SU-188: June 14, 15, 16 & 17 @ LT North Field / Gym SU-189: July 12, 13, 14 & 15 @ BV Field 2 / Gym SU-190: August 2, 3, 4, & 5 @ LT North Field / Gym 9:00am-12:00pm

Ages 4-6

Sports Unlimited

Fee: \$94

Min: 8 / Max: 32

Register By: May 28 / June 28 / July 19





Cheer/Dance Camp Sports Unlimited

An introductory program designed for children ages 4-6 years old. This camp helps children explore cheerleading, dance and tumbling in a fun and non-competitive setting. No pressure, just lots of fun while these young children participate in learning: motion/jump technique and sideline/performance cheers, dance routines. The final day participants will perform a cheerleading program in front of their friends and loved ones. Our cheerleading staff is trained to meet the special needs of young children.

SU-193 June 21, 22, 23 & 24 SU-194: July 26, 27, 28 & 29

9:00am-12:00pm

Ages 4-6

Laketown North Field/Rain Site Cafe

Sports Unlimited

Fee: \$101 (Includes Pom Poms)

Min: 8 / Max: 24

Register By: June 7 / July 12





Badminton Camp Sports Unlimited

Designed to provide beginner and intermediate level players ages 5-10 with the fundamental skills of a sport that is growing in popularity. Participants are taught proper grip, footwork, strokes, volleys, overheads and serves. We will also cover the basic rules and etiquette of the game. The camps are based on the philosophy of providing all children with the opportunity to develop sports skills in a fun, safe and non-competitive environment. Children will be divided by age and skill level. Please bring sunscreen, water bottle, snack and appropriate dress. Staff to camper ratio 1-10.

SU-197: July 6, 7, 8 & 9 (Tue-Fri)

1:00pm-4:00pm

Ages 5-10

Laketown North Field / Gym

Sports Unlimited

Fee: \$94

Min: 8 / Max: 16 Register By: June 21



Coach Pitch Baseball Camp Sports Unlimited

This camp is designed to introduce the young athlete ages 7-10 to the sport of baseball through skill development and small group games. Sports Unlimited staff will focus on helping the children learn the rules of baseball while working on team play and sportsmanship. Individual skills taught: throwing, catching, hitting, base running and fielding. Children will be divided by age and skill level. Staff to camper ratio 8-1. Please bring baseball glove, water bottle, sunscreen, snack and a great attitude!

SU-195: June 21, 22, 23 & 24 1:00pm-4:00pm Ages 7-10 Laketown North Field / Gym Sports Unlimited Fee: \$94 Min: 8 / Max: 24 Register By: June 7

Kickball/Dodgeball Camp Sports Unlimited

Played with soft Nerf Balls. This is the most popular Gym game by far for the last 75 years. Variations include: Trench ball, Bombardment, Dodge Football, Ga-Ga ball and Mushrooms and Aliens. Sports Unlimited Camps provide fundamental skill development for boys and girls ages 5-10 with the emphasis on FUN! The camp helps players learn and practice the core skills and techniques used in each sport and then allow them to practice these skills in a number of games and scrimmages. Campers will be divided by age and skill level. Staff to camper ratio 10:1.is all about the FUN! Kickball: Similar to baseball, this playground favorite is played with traditional baseball rules and a few extra quirky rules mixed in. Instead of a bat and ball, kids kick, catch, throw and dodge an 8" playground ball, meaning that anyone can join in and have a great time.

SU-196: July 6, 7, 8 & 9 (Tue-Fri) Laketown North Field / Gym

Min: 8 / Max: 32

9:00am-12:00pm Sports Unlimited

Ages 5-10 Fee: \$94

Register By: June 21

Ultimate Frisbee Camp Sports Unlimited

Seven-player squads with a high-tech plastic disc on a field similar to football. The object of the game is to score by catching a pass in the opponent's end zone. Ultimate is the fastest growing sport on high school and college campuses. Combining the non-stop movement and athletic endurance of soccer with the aerial passing skills of football, a game of Ultimate is played by two, DISC GOLF CAMP: This camp is designed to introduce the young athlete to the sport of Disc golf. through skill development and small group games. Sports unlimited staff will focus on helping the children learn the rules of DG, types of discs, types of shots, types of grips with learning the strategies of DG. Campers will be divided by age and skill level. Staff to camper ratio 10:1. Please bring shin guards, water bottle, sunscreen, snack and a great attitude! Discs are provided for all campers.

SU-198: July 6, 7, 8 & 9 (Tue-Fri)

SU-199: July 26, 27, 28 & 29

9:00am-12:00pm

Ages 8-14

WHS East Field #1 / Rain Site WMS Gym

Sports Unlimited

Fee: \$94

Min: 8 / Max: 24

Register By: June 21 / July 12

Backyard Games Camp Sports Unlimited

Wiffle ball- camp is all about playing the exciting game of Wiffle ball for boys and girls ages 5-10. We will introduce your child to America's favorite backyard games. These fun activities will help your child develop coordination, flexibility and also, beneficial for each child's physical and mental development. Our staff are trained to meet the special needs of young children. Youth to staff ratio is 10:1. Campers will receive a water-bottle and sportsmanship award. All equipment provided. Bocce ball-was first played in 5200 B.C. by the Romans. It's easy to learn by kids of all ages and skill levels. Larger balls are rolled and players try to get close to the smaller ball which was rolled first. Croquet-is a sport that involves hitting wooden or plastic balls with a mallet through hoops embedded in grass.

SU-200: July 12, 13, 14 & 15 1:00pm-4:00pm

Ages 5-10 Laketown North Field/Gym

Sports Unlimited Fee: \$94

Min: 8 / Max: 16 Register By: June 28



Snag Golf Camp Sports Unlimited

This Sports Unlimited golf program was created to meet the growing needs of the new generation of young golfers. Sports Unlimited uses SNAG (Starting New At Golf) equipment which involves golf clubs with oversized plastic heads and (tennis size) velcro golf balls to help kids develop the skills of hitting the ball. This special equipment is specifically designed for the entry level player. The camps are based on the philosophy of providing children ages 5-10 with the opportunity to develop. Equipment is provided. Please bring sunscreen, water bottle, snack and appropriate sports skills in a fun, safe and non-competitive environment. We will instruct the fundamentals of grip, stance, swing, ball contact, putting, chipping and driving. Children will be divided by age and skill level. No prior golf experience is necessary. Staff to camper ratio 1-10.

SU-201: June 28, 29, 30 & July 1 SU-202: July 26, 27, 28 & 29

1:00pm-4:00pm

Ages 5-10

Laketown North Field / Rain Site Gym

Sports Unlimited

Fee: \$94 Min: 8 / Max: 16 Register By: June 14 /

July 12



T-Ball Camp Sports Unlimited

This camp is designed to introduce the young athlete ages 4-6 to the sport of T-ball through skill development and small group games. Sports Unlimited staff will focus on helping the children learn the rules of baseball while working on team play and sportsmanship. Individual skills taught: throwing, catching, hitting, base running and fielding. Children will be divided by age and skill level. Staff to camper ratio 8-1. Please bring baseball glove, water bottle, sunscreen, snack and a great attitude!

SU-203: June 21, 22, 23 & 24 9:00am-12:00pm Ages 5-10 Laketown South Field/ Rain SiteGym Sports Unlimited

Fee: \$94 Min: 8 / Max: 24 Register By: June 7



Mini-Sport Camp Sports Unlimited

An introductory program designed for young children ages 4-6 years old. Mini-Sport helps children explore baseball, soccer, lacrosse, flag football and in a fun and non-competitive setting. No pressure, just lots of fun while these young children participate in all three activities every day; through unique Sports Unlimited games. Our Mini-Sport staff are trained to meet the special needs of young children. The coaches are committed to helping the young athletes start off on the right foot, as they take their first steps into sports.

SU-204: June 28, 29, 30 & July 1 SU-205: July 19, 20, 21 & 22 SU-206: August 9, 10, 11 & 12

9:00am-12:00pm Ages 4-6 Laketown North Field / Gym Sports Unlimited Fee: \$94

Min: 8 / Max: 32

Register By: June 14 / July 5 / July 26

Flag Football Camp Sports Unlimited

This camp is designed to introduce the young athlete ages 5-10 to the sport of flag football through skill development and small group games. Sports Unlimited staff will focus on helping the campers learn the rules of flag football while working on team play and sportsmanship. Individual skills taught: passing, catching, kicking along with learning the strategies of offense and defense. Children will be divided by age and skill level. Staff to camper ratio 1-10. Please bring water, sunscreen and a great attitude!

SU-207: July 12, 13, 14 & 15 SU-208: August 2, 3, 4 & 5

9:00am-12:00pm

Ages 5-10

Laketown South Field/ Rain Site Gym

Sports Unlimited

Fee: \$94

Min: 8 / Max: 40

Register By: June 28 / July 19





Pickleball Camp Sports Unlimited

The Sports Unlimited Pickle Ball program is designed to provide beginner and intermediate level players ages 6-12 with the fundamental skills of a sport that is growing in popularity. Participants are taught proper grip, footwork, ground- strokes, volleys, overheads and serves. We will also cover the basic rules and etiquette of the game. The camps are based on the philosophy of providing all children with the opportunity to develop sports skills in a fun, safe and non-competitive environment. Children will be divided by age and skill level. Please bring sunscreen, water bottle, snack and appropriate dress. Staff to camper ratio 1-10.

SU-209: July 19, 20, 21 & 22

1:00pm-4:00pm Ages 6-12

Ages 6-12

Laketown South Field/ Rain Site Gym Sports Unlimited

Fee: \$94

Min: 8 / Max: 16 Register By: July 5



Soft Lacrosse Camp Sports Unlimited

Lacrosse: The fastest growing team sport in America! This camp is designed for both girls and boys ages 5-10. Non-contact lacrosse, also known as "Soft Lacrosse" is played. Individual skills taught: catching, throwing, scooping and cradling. Campers will be divided by age and skill level. Please bring sunscreen, water bottle and a snack. Sports Unlimited provides all equipment. Staff ratio 1-10.

SU-210: June 28, 29, 30 & July 1 9:00am-12:00pm SU-211: August 2, 3, 4 & 5 1:00pm-4:00pm

Ages 5-10

WHS East Lacrosse Field 5 / Rain Site WMS Gym

Sports Unlimited

Fee: \$94 Min 8 / Max 32

Register By: June 14 / July 19



Floor Hockey Camp Sports Unlimited

Sports Unlimited programs are designed for boys and girls ages 5-10 regardless of skill or ability. The camps are based on the philosophy of providing all children with the opportunity to develop sport skills in a fun, safe and non-competitive environment. Sports Unlimited coaches will teach the fundamental skills of Floor Hockey using small group activities, scrimmages and fun games. Floor Hockey combines the stick handling, passing and shooting skills of the game of Ice Hockey. They will also focus on helping the kids learn the rules of Floor Hockey while working on team play and sportsmanship. The speed of play and the excitement of the sport assures that the experience will be one a child will not soon forget. Children will be divided by age and skill level. Sports Unlimited will provide hockey sticks. Staff to camper ratio 10:1 Please bring sunscreen, water bottle and a snack.

SU-213: June 14, 15, 16 & 17 1:00pm-4:00pm

Ages 5-10

WHS East Outdoor Rink / Rain site WMS Gym Sports Unlimited

Fee: \$94 Min: 8 / Max: 24 Register By: May 28



Boys Lacrosse Pre-season Skills & Drills Camp Waconia High School Lacrosse coaches Jared DeWolf and Bradey Kamish are offering a boys lacrosse camp for ages U8 to U14. This camp will consist of high intensity skills and drills for athletes to continue their growth in lacrosse. 1st year players are welcome and encouraged to sign up for camp. Community Ed will provide a stick for athletes that want to try lacrosse for the first time. A lacrosse/hockey helmet is highly recommended for first time players. Goalie gear will also be provided for any athletes that want to try goalie. Help us grow the sport of lacrosse right here in Waconia. This is a great opportunity for your athlete to learn and excel in the sport of boys lacrosse. Recommended Equipment; helmet (Lacrosse/Hockey)gloves, elbow pads, shoulder pads, lacrosse stick, athletic cup & cleats. **If you don't have all the equipment please ask around because families often have extras.**

SU-212: June 14, 15, 16 & 17 (Make-up rain date June 18th) 6:30pm to 8:00pm Jared DeWolf

Fee: \$100 *Includes Camp T-Shirt!

WHS East Fields 5 & 6 Register By: May 28



SOUTHWEST METRO INTERMEDIATE DISTRICT 288

ADULT EDUCATION CENTER

Registration is OPEN for adult classes

You MUST call ahead for an appointment: (952) 567-8128



NOW AVAILABLE
REGISTER ONLINE

Scan the square above using the camera app on your smartphone to be directed to the form.

PLEASE ADHERE TO THE FOLLOWING WHEN REGISTERING AND TESTING:



A mask must be worn at all times when in the building



You must be in good health and be willing to answer health screening questions upon entering



Limit to only you and one other person

SOUTHWEST METRO INTERMEDIATE DISTRICT 288 CENTRO DE EDUCACIÓN DE ADULTOS

La inscripción está ABIERTA para clases de adultos.

DEBE llamar con anticipación para hacer una cita: (952) 567-8128



YA DISPONIBLE REGISTRO EN LÍNEA

Escanee el cuadrado de arriba usondo la aplicación de la cámara en su teléfono inteligente para ser dirigida al formulario.

CUMPLA CON LO SIGUIENTE CUANDO SE REGISTRE Y PRUEBE:



Se debe usar una máscara en todo momento cuando esté en el edificio



Debe gozar de buena salud y estar dispuesto a responder preguntas de detección de salud al ingresar



Límite solo para usted y otra persona

Amazing Athletes Tots Ages 18m-2 years

Get moving with Amazing Athletes Tots! This discovery-based program is designed to get your toddler moving. Enjoy physical challenges and organized exploration activities that increase major motor development. Explore and learn 10 sports: baseball, volleyball, lacrosse, football, basketball, soccer, golf, hockey, tennis and track and field. Each 30-minute class encompasses a developmental sport, muscle identification and nutrition lessons, using fun activities that highlight motor-development skill building. Parent participation is needed to help enforce the social distance rules with the coaches. Check them out here: https://amazingathletes.com/author/centralmn/

SU-214: Tuesdays - June 8, 15, 22, 29 & July 6 SU-215: Tuesdays - July 27, August 3, 10, 17 & 24

Ages 18m -2 years 5:00pm-5:30pm Amazing Athletes-Central MN Southview Fields / Rain Site Gym

Fee: \$82 Min 6 / Max 12

Register By: May 25 / July 13





9th-12th Wildcat Football Camp

This camp will provide fundamental skills and a progression of our schemes for football players to prepare for this coming fall season. This is a contact camp with helmet and shoulder pads which will be handed out on June 4. Wear shorts and cleats. If the weather does not permit Coach Shea will notify you when there will be a makeup date. To be guaranteed a camp T-shirt you must register on time.

SU-218: June 7, 8, 9 , 10, & 11 Grades 9-12 (`21-'22) June 4th: Equipment Check Out @ 9:00am-11:00am Camp Days: 9:00am — 11:00am WHS Turf Field

WHS Coaches

Fee: \$50 (includes T-shirt) Register By: May 24

Minimum: 20 / Maximum: 120



4th-8th Wildcat Football Camp

This camp will provide fundamental skills for football players to prepare for this coming fall season. This is a non-contact camp, so dress in a t-shirt, shorts and wear your cleats. If the weather does not permit we will move inside to the Waconia HS Main Gym (you will need gym shoes!) To be guaranteed a camp T-shirt you must register on time.

SU-219: July 19, 20 & *21 Grades 4th-8th (2021-2022) Fee: \$40 (Includes T-shirt)

Min: 20 /Max: 250

6:oopm-7:3opm WHS Turf Field Corey Shea Register By: July 5

Amazing Athletes Ages 3-5 Let's get active while learning new sports and skills! Develop your child's motor skills, hand-eye coordination, cardiovascular fitness and more through Amazing Athletes. In this course we will cover 10 sports: baseball, volleyball, lacrosse, football, basketball, soccer, golf, hockey, tennis and track and field. Each class encompasses two different developmental sports, muscle identification and nutrition lessons, using fun activities so they can build their skills, at their own pace, in a non-competitive atmosphere. Parent participation is needed to help enforce the social distance rules with the coaches. Check them out here: https://amazingathletes.com/author/centralmn/

SU-216: Tuesdays - June 8, 15, 22, 29 & July 6 SU-217: Tuesdays - July 27, August 3, 10, 17 & 24

Ages 3-5 5:50pm-6:20pm

Amazing Athletes - Central MN Southview Fields / Rain Site Gym

Fee: \$82 Min 6 / Max 12

Register By: May 25 / July 13



T-Ball for Boys & Girls

T-ball Weeknights

Volunteer coaches needed: 2-3 per team. If you sign up to coach and pass a background check please plan on attending the coaches meeting. You will receive an email from your volunteer coach after the coaches meeting has been held. Registration deadline is Wednesday, March 24 / late fee after if there is space. A child may NOT play up in T-Ball, please read birthdate guidelines. Kindergartners (2020-2021) may play up into Instructional league if a parent coaches. Sorry, we cannot offer a refund after the coaches meeting. Participants may register for one or both of their age appropriate T-ball leagues. Please bring your own glove with each date.

#110: Minor League T-Ball - Wednesdays

Ages: Going into Kindergarten the Fall of 2022. Must have turned 3 years old by August 31, 2020. Born between 8/31/16-8/31/17.

Days of Play: June 2, 9, 16, 23, (skip 30), July 7, 14 & 21

Rain Dates: July 28

of Dates: 7 / Each day is both a game & a practice

Game Times: 5:45pm or 7:00pm

Sites: Waconia

Fee: \$45 (Includes T-shirt to keep)

Virtual Coaches Meeting:

Monday, May 17,

7:00pm-7:45pm via Zoom.



#150: Major League T-Ball - Mon./Thurs.

Ages: Current Kindergartner 2020-2021 or Fall 2021-2022. A child born after August 31, 2015 is not eligible. Nights: Each Monday & every other Thursday night Dates: June 7, 10, 14, 21, 24, 28, July (skip 5), 8, 12, 19

& 22

Rain date: July 26

of Dates: 10 / Each night is both a game and a

practice

Game Times: 5:45pm or 7:00pm

Site: Waconia & St. Boni

Fee: \$60 (Includes T-shirt to keep)

Virtual Coaches Meeting: Monday, May 17, 7:00pm-

7:45pm via Zoom

T-Ball Friday Mornings

Join your Community Education & Recreation Staff on Friday mornings for T-Ball! Depending on registration numbers we may need volunteer coaches to work along side staff. If you sign up to coach and pass a background check please plan on attending the coaches meeting. The registration deadline is Wednesday, March 24 / late fee: \$10 after if there is space. A child may NOT play up in T-Ball, please read birthdate guidelines below. Kindergartners (2020-2021) may play up into Instructional league if a parent coaches. Sorry, we cannot offer a refund after the coaches meeting. Participants may register for one or both of their age appropriate T-ball leagues. Please bring your own glove with each date.

#130: Minor League T-Ball - Fridays

Ages: Going into Kindergarten the fall of 2022. Must have turned 3 years old by August 31, 2020. Born between 8/31/16-8/31/17.

Dates: June 4, 11, 18, 25, July (skip 2), 9, 16 & 23.

Rain Dates: July 30

of Dates: 7 / Each day is both a practice & a game.

Game Times: 9:00am or 10:15am

Sites: Waconia

Fee: \$45 (Includes T-shirt to keep)

Virtual Coaches Meeting: Monday, May 17, 7:00pm-

7:45pm via Zoom



#140: Major League T-Ball - Fridays

Ages: Current Kindergartner 2020-2021 or Fall 2021-2022. A child born after August 31, 2015 is not eligible.

Dates: June 4, 11, 18, 25, July (skip 2), 9, 16 & 23.

Rain Date: July 30

of Dates: 7 / Each day is both a practice & a game.

Game Time: 9:00am or 10:15am

Site: Waconia

Fee: \$45 (Includes T-shirt to keep)

Virtual Coaches Meeting: Monday, May 17, 7:00pm-

7:45pm via Zoom

Instructional Boys Baseball & Girls Softball Grades 1 & 2

Instructional league is a coach pitch league. Players will get an information email from their coach after the coaches meeting has been held. Volunteers coaches needed: 2-3 per team. If you sign up to coach and pass a background check please plan on attending the coaches meeting. Registration deadline is Wednesday, March 24 / late Fee: \$10 after if there is space available. All dates and locations are subject to change based on registration numbers. Kindergartners may play up into Instructional League if a parent is coaches. Sorry, we cannot offer a refund after the coaches meeting.

#200: Boys Instructional League Baseball

Coach Pitch League

Ages: Grades 1 & 2 / 2020-2021 school year

Nights: Each Tuesday and every other Thursday night Dates: June 3, 8, 15, 17, 22, 29, July (skip 1) 6, 13, 15 &

20

Rain Dates: July 27 & 29

of Dates: 10 / Each night is both a game and a

practice

Game Time: 6:00pm or 7:15pm Sites: Waconia & St.Boni

Fee: \$60 (Includes team T-shirt & hat)

Virtual Coaches Meeting: Monday, May 17, 7:00pm-

7:45pm via Zoom

#250: Girls Instructional League Softball

Coach Pitch League

Ages: Grades 1 & 2 / 2020-2021 school year

Dates: June 3, 8, 15, 17, 22, 29, July (skip 1) 6, 13, 15 &

20

Rain Dates: July 27 & 29

of Dates: 10 / Each night is both a game and a

practice

Game Time: 6:00pm or 7:15pm Sites: Waconia & St.Boni

Fee: \$60 (Includes team T-shirt & hat)

Virtual Coaches Meeting: Monday, May 17, 7:00pm-

7:45pm via Zoom

Sports Apparel Online Order

Waconia Area Athletics (Waconia Community Education) partners with Universal Athletics to offer apparel for; Soccer, Baseball, Softball, lacrosse & Waconia Wildcat participants, parents and fans! Items include team bags, hats, jackets, sweatshirts, shorts, shirts and much more! To check out all of the items available for purchase please go to the sites listed below. All ordering must be done online and by the specific deadlines.

The deadline to order for Soccer, Baseball, Softball, Lacrosse & General Wildcat apparel is Sunday, February 21 at 11:59pm with items arriving to our office by March 22nd. There will be a 2nd and FINAL order on Sunday, April 4th at 11:59pm with items arriving to our office on May 3rd. Please view the sites for all the apparel options, arrival dates, sizing charts and more details.

ORDER HERE: https://wcedathletics21.itemorder.com











Pee Wee Baseball & Softball League Gr. 3rd/4th

Players will be called by their coach for their fi rst practice day. Coaches needed: 2-3 per team, if you sign up to coach and pass a background check please plan on attending the coaches meeting. Season 1 registration deadline is Wednesday, March 24, Season 2 registration deadline is June 16 / Late Fee: \$10 after if there is space available. All dates and locations are subject to change based on registration numbers. Sorry, we cannot offer a refund after the coaches meeting. 2nd Graders may play up in this league if a parent coaches.

#300 Boys Pee Wee Baseball Season 1

Season #1 - Pitching Machine

Ages: Grades 3 & 4 / 2020-2021 school year

Nights: Tuesday & Thursday night Practice Dates: May 18, 20, 25 & 27

Game Dates: June 1, 3, 8, 10, 15, 17, 22, 24, 29, July (skip

1,6)&8

Rain Dates: July 13, 15 & 20

Game Time: Between 6:00pm - 9:45pm Sites: Waconia / St. Boni / Watertown / Carver / Winsted / NYA / Lester Prairie / Silver Lake + Fee: \$85 (Includes T-shirt & hat to keep)

Virtual Coaches Meeting: Monday, April 26 @

7:00pm-7:45pm

#350 Girls Pee Wee Softball Season 1

Season #1 - Pitching Machine

Ages: Gr. 3 & 4 / 2020-2021 school year Nights: Monday & Wednesday night Practice Dates: May 17, 19, 24 & 26

Game Dates: June 2, 7, 9, 14, 16, 21, 23, 28, 30, July

(skip 5) & 7

Rain Dates: July 12, 14 & 19

Game Time: Between 6:00pm - 9:45pm

Sites: Waconia / St. Boni / Watertown / Carver / Winsted /NYA / Cologne / Silver Lake / Belle Plaine +

Fee: \$80 (Includes T-shirt to keep)

Virtual Coaches Meeting: Monday, April 26 @

7:00pm-7:45pm



Check out learning to pitch camps for boys baseball & girls softball on page 51!



#325 Boys Pee Wee Baseball Season 2

Season #2 - Player Pitch w/ Umpire

Ages: Gr. 3 & 4 / 2020-2021 school year Nights: Tuesday & Thursday nights

Game Dates: July 22, 27, 29, August 3, 5 & 10

Rain Date: August 12 & 17

of Dates: 6 dates

Game Time: Between 6:00pm - 9:45pm

Sites: Waconia / St. Boni / Watertown / Winsted / NYA

Lester Prairie / Silver Lake / Carver / Belle Plaine +

Fee: \$70 (Includes T-shirt to keep)
Coaches Information: Sent via email

√ New teams will be created after Season #1.

#375 Girls Pee Wee Softball Season 2

Season #2- Player Pitch w/ Umpire

Ages: Gr. 3 & 4 / 2020-2021 school year Nights: Monday & Wednesday nights

Game Dates: July 21, 26, 28, August 2, 4 & 9

Rain Date: August 11 & 16

of Dates: 6 dates

Game Time: Between 6:00pm - 9:45pm

Sites: Waconia / St. Boni / Watertown / Winsted / NYA Lester Prairie / Silver Lake / Carver / Belle Plaine +

Fee: \$70 (Includes T-shirt to keep)
Coaches Information: Sent via email

√ New teams will be created after Season #1.

Local League Baseball & Softball League Gr. 5th/6th

In the 5th & 6th Local League there are no cuts. Coaches needed: 2-3 per team., if you sign up to coach and pass a background check please plan on attending the coaches meeting and player review. Players will be called by their coach for their first practice date. Registration Deadline is Wednesday, March 24 / Late Fee: \$10 after if there is space available. All dates and locations are subject to change based on registration numbers. Sorry, we cannot offer a refund after the coaches meeting. 4th Graders may play up in this league if a parent coaches.

#400 Boys 5th & 6th Grade Baseball

Player Pitch League w/ Umpire

Ages: Gr. 5 & 6 / 2020-2021 school year # of Dates: 11 game dates plus a tournament.

Nights: Tuesday & Thursday nights (Coaches may hold practice on other dates) All dates and locations are subject to change based on registration numbers.

Dates: June 1, 3, 8, 10, 15, 17, 22, 24, 29, July (skip 1 &

6)July 8 & 13

Rain Dates: July 15 & 20

Waconia Tournament: July 22 (evening) & 24 (day)

Times: 6:00pm - 9:45pm

Sites: St. Boni / Waconia / Watertown / NYA / Hamburg /Lester Prairie / Mayer / Carver / Belle Plaine / Jordan +

Fee: \$110 (Includes T-shirt & hat to keep)

Player Review: Players and coaches attend the player review on Monday, May 3, 5:45-6:45 pm at the Waconia High School East Softball fields 3 & 4. Bring your glove and cleats. If inclement weather the player review will move in to the Waconia Middle School gym, bring shoes for the gym.

Coaches Meeting & Player Draft: Monday, May 3, 5:45pm - 7:15pm

#450 Girls 5th & 6th Grade Softball

Player Pitch League w/ Umpire

Ages: Gr. 5 & 6 / 2020-2021 school year # of Dates: 11 game dates plus a tournament. Nights: Monday & Wednesday nights (Coaches may hold practice on other dates) All dates and locations are subject to change based on registration numbers. Dates: June 2, 7, 9, 14, 16, 21, 23, 28, 30, July (skip 5) &

7 & 12

Rain Dates: July 14 & 19

Waconia Tournament: July 21 (evening) & 24 (day)

Times: 6:00pm-9:45pm

Sites: Waconia, St. Boni, Shakopee, Chaska, Carver,

Belle Plaine & New Market + Fee: \$105(Includes T-shirt to keep)

Player Review: Players and coaches attend the player review on Monday, May 3, 6:45pm-7:45pm at the Waconia High School East Softball fields 3 & 4. Bring your glove and cleats. If inclement weather the player review will move in to the Waconia Middle School gym, bring shoes for the gym.

Coaches Meeting & Player Draft: Monday, May 3, 6:45pm - 8:15pm



Crow River Baseball League

Formerly Sandy Koufax/Mickey Mantle Baseball League. If there are enough participants for 2 or 3 teams, then an evaluation/draft will separate the teams, date TBA April/May, however, there is no guarantee that there will be enough players to fill out any team. Triple A or Double A level depending on registration numbers and strength and skill of the team.

#600 Crow River Boys U14

Your age on April 30, 2021 determines where you play. If you are 13 or 14 on that date OR 12 yrs. old but in the 7th grade, then you are eligible to play U14.

#650 Crow River Boys U16

Your age on April 30, 2021 determines where you play. If you are 15 or 16 on that date OR 14 yrs. old but in the 9th grade, then you are eligible to play U16.

Nights: Monday - Thursday (2 per week) # of Games: 11-16 games per year, pending playoff success

Season: Begins mid-May through mid-July

Playoffs: TBA, throughout the month of July

Fee: \$210 Fee includes a cap, jersey, umpires, league fee, balls, game and field supplies and administration. The team white pants are available through our apparel options on page 42. You can purchase your own white pants as well.

League starts May 11 with a 14 game schedule. Qualifier Tournament June 25-27 (location TBD) State Tournament July 23-25

13/14A (A and B have been combined this year) May 18 with a 12 game season. Tournament July 16-18.

There will be a mandatory coaches meeting on April 26 at the Hutchinson Event Center.

All coaches will have to go through Trusted Coaches for a bgc at the cost of \$18 per coach, no substitutions.

Register By: Wednesday, March 24, 2021 Late Fee: \$10 (if space is available) Volunteer coaches and team managers are needed!





Youth Lacrosse

Boys Lacrosse - Lacrosse Registration Deadline: Wednesday, March 7

The participation fee includes league fees, a uniform kit (shirt/shorts), referees, goals, balls coaches & administrative costs. Player equipment listed below is not included. Boys will need to purchase a mouthguard, lacrosse stick, helmet, gloves, shoulder and arm pads.

Important: Once teams are formed, participants will be required to purchase a US Lacrosse membership @ USLacrosse.org. This fee is not-refundable, so WCE will let you know once teams are confirmed and the USLacrosse # is needed. A US Lacrosse membership fee is \$30 for youth and \$55 for adults/coaches, this membership provides the player and coach with insurance coverage and is required by YLM & MSSLAX to participate.

Boys Lacrosse: U8 – U14 (Summer 2021)

Waconia Boys Lacrosse U8 – U14 teams will be playing in the Youth Lacrosse Minnesota (YLM) League

Ages: Boys ranging U8 – U14 – born on or before 8-31-2014. NOTE: 9th graders are not allowed to play on a 14U team in YLM.

Roster Size: 18 – 22 players per team (could be more or less depending on registration numbers)

Play Nights: 2 to 4 nights per week. Could include weekend games

Length of Season: Early May through July. Starting date could be earlier or later depending on the weather.

Post-Season Tournaments may follow the regular season for individual teams.

Registration and information night: Monday, February 11 at 7pm via zoom. No registration or commitment required to attend but you must request an invitation from Ivan Woyno @ iwoyno@isd110.org.

Team & Participation Fee: (\$10 late fee or non-acceptance after March 7, 2021.)

625: U8 Boys (9-1-2012 - 8-31-2014) \$370 630: U10 Boys (9-1-2010 - 8-31-2012) \$400 635: U12 Boys (9-1-2008 - 8-31-2010) \$450 640: U14 Boys (6-1-2006-8-31-2008) \$450

Girls Lacrosse - Lacrosse Registration Deadline: Wednesday, March 7

The participation fee includes league fees, a uniform kit (shirt/shorts), referees, goals, balls coaches & administrative costs. Player equipment listed below is not included. Girls will need to purchase a girls lacrosse stick, goggles, and a mouthguard.

Important: Once teams are formed, participants will be required to purchase a US Lacrosse membership @ USLacrosse.org. This fee is not-refundable, so WCE will let you know once teams are confirmed and the USLacrosse # is needed. A US Lacrosse membership fee is \$30 for youth and \$55 for adults/coaches, this membership provides the player and coach with insurance coverage and is required by YLM & MSSLAX to participate.

Girls Lacrosse: Grade 3-8 (Spring/Summer 2021)

Minnesota School Girls Lacrosse Association (MSLAX)

Roster Size: 20 – 30 players per team (pending registration numbers)

Play Nights: Practice will be during the week in the evenings, and may

include some weekends. Length of Season: May-July

Registration and information night: February 11th, 2021 at 6pm via Zoom. No registration or commitment required to attend but you must request an invitation to the meeting from Ivan Woyno @ iwoyno@isd110.org if you did not register online.

Team & Participation Fee(\$10 late fee or non-acceptance after March 7, 2021)

LAX13: Girls U8 - U14 \$333

Youth Soccer

All players will be called by your coach with your first game site and time after the coaches meeting. Shin guards are required. Soccer cleats are not required but preferred. Each player will receive a team T-shirt to keep. Coaches Needed: 2-3 per team, if you sign up to coach and pass a background check please plan on attending the virtual coaches meeting. Sorry, we cannot offer a refund after the coaches meeting has been held. Boys and girls must play in their age appropriate group and may not "play-up" into Pre-K or Kindergarten soccer.

#800.1: First Kicks League - Pre-K Soccer Boys & girls ages 3.5-4 years old

Ages 3.5 & 4 *Must have turned 3 by August 31, 2020.

Kindergarten class of Fall 2022-2023

#801: Mini Kicks League - Pre-K Soccer Boys and girls ages 4-5 years old

Age 4.5 and age 5, not in Kindergarten. *Must have turned 4 years old by August 31, 2020.

Kindergarten class of Fall 2021-2022

Division: Co-Rec (boys & girls on the same team)

Roster Size: 7-9 players per team (pending registration numbers)

Days of Play: Monday and Saturday OR Tuesday and Saturday.

Monday Dates: April 12, 17, 19, 24, 26, May 1, 3, 8, 10, 15, 17, 22 & 24. *4 raindates are built into the schedule.

Tuesday Dates: April 13, 17, 20, 24, 27, May 1,4, 8, 11, 15, 18, 22 & 25. *4 raindates are built into the schedule.

Times: During the week, times vary between 5:30pm-8:00pm / Saturdays 9am-3pm.

Virtual Coaches Meeting: Monday, March 29 from 6:30pm - 7:15pm via Zoom.

Sites: Waconia or St. Bonifacius

Fee: \$65

Register By: Wednesday, February 24 / Late Fee: \$10 (if space is available)



#802 - Kindergarten Soccer

Ages: For boys and girls currently in Kindergarten the 2020-2021 school year.

Division: Co-Rec (boys & girls on the same team)

Roster Size: 7-9 players per team (pending registration numbers)

Days of Play: Monday and Saturday OR Tuesday and Saturday.

Monday Dates: April 12, 17, 19, 24, 26, May 1, 3, 8, 10, 15, 17, 22 & 24. *4 raindates are built into the schedule.

Tuesday Dates: April 13, 17, 20, 24, 27, May 1,4, 8, 11, 15, 18, 22 & 25. *4 raindates are built into the schedule.

Times: During the week, times vary between 5:30pm-8:00pm / Saturdays 9am-3pm...

Virtual Coaches Meeting: Monday, March 29 from 6:30pm - 7:15pm via Zoom.

Sites: Waconia or St. Bonifacius

Fee: \$65

Register By: Wednesday, February 24 / Late Fee: \$10 (if space is available)

Youth Soccer

All players will be called by your coach with your first game site and time after the coaches meeting. Shin guards are required. Soccer cleats are not required but preferred. Each player will receive a team T-shirt to keep. Coaches Needed: 2-3 per team, if you sign up to coach and pass a background check please plan on attending the coaches meeting. Registration deadline is Wednesday, February 5 / Late Fee: \$10 after February 5 if space is available. Sorry, we cannot off er a refund after the coaches meeting has been held. Boys and girls must play in their age appropriate group and may not "play-up" in to 1st & 2nd grade soccer, a 2nd Grader may play up in to the 3rd/4th grade league if a parent coaches.

#810 - 1st & 2nd Grade Boys Soccer

#820 - 1st & 2nd Grade Girls Soccer

Ages: Grades 1 & 2 (2020-2021 school year)

Roster Size: 7-9 players per team (pending registration numbers). Days of Play: Tuesday and Saturday OR Thursday and Saturday.

Tuesday Dates: April 13, 17, 20, 24, 27, May 1, 4, 8, 11, 15, 18, 22 & 25. *4 raindates are built into the schedule. Thursday Dates: April 15, 17, 22, 24, 29, May 1, 6, 8, 13, 15, 20, 22 & 27. *4 raindates are built into the schedule.

Time: During the week times vary between 5:30pm-8:00pm \ Saturday 9am-3pm Length of Season: May play until May 21 depending on weather cancellations.

Sites: Waconia or St. Bonifacius

Virtual Coaches Meeting: Monday, March 29 from 7:30pm - 8:15pm via Zoom.

Fee: \$65

Register By: Wednesday, February 24 / Late Fee: \$10 (if space is available)

#830 - 3rd & 4th Grade Boys Soccer

Ages: Grades 3 & 4 (2020-2021 school year)

Roster Size: 9-12 players per team (pending registration numbers)

Days of Play: Monday and Saturday

Dates: April 12, 17, 19, 24, 26, May 1, 3, 8, 10, 15, 17, 22 & 24

*4 raindates are built into the schedule.

Times: During the week, times vary between 5:30pm-8:00pm/

Saturdays 9am-3pm.

Sites: Waconia or St. Bonifacius

Virtual Coaches Meeting: Monday, March 29 from 7:30pm - 8:15pm via Zoom.

Fee: \$70

Register By: Wednesday, February 24 / Late Fee: \$10 (if space is available)

#840 - 3rd & 4th Grade Girls Soccer

Ages: Grades 3 & 4 (2020-2021 school year)

Roster Size: 9-12 players per team (pending registration numbers)

Days of Play: Thursday and Saturday

Dates: April 15, 17, 22, 24, 29 & May 1, 6, 8, 13, 15, 20, 22 & 27 *4 raindates are built into the schedule.

Times: During the week, times vary between 5:30pm-8:00pm / Saturdays 9am-3pm.

Sites: Waconia or St. Bonifacius

Virtual Coaches Meeting: Monday, March 29 from 7:30pm - 8:15pm via Zoom.

Fee: \$70

Register By: Wednesday, February 24 / Late Fee: \$10 (if space is available)



Youth Soccer

Local League Soccer Information:

This league will focus on competition with local communities: Glencoe, Hutchinson, NYA, Sibley East, McLeod West and Lester Prairie. This is a grade level league - no age restrictions. Local League Soccer is not affiliated with MYSA/TSL. Each player will receive a team T-shirt to keep. This league has game officials. Coaches Needed: 2-3 per team, if you sign up to coach and pass a background check please plan on attending the coaches meeting and player review. Sorry, we cannot offer a refund after the coaches meeting has been held. A 4th grader may play up in this league if a parent coaches

#850 5th & 6th Grade Girls Soccer

Ages: Grades 5 & 6 Girls (2020-2021 school year.)

Roster Size: 11-16 players per team (pending registration numbers)

Practice Times: Tuesday and/or Thursday nights 1-2 nights per week.

Number of Games: 6 game dates which will include 6-7 games.

Game Dates will be 6 of the following dates: April 10, 17, 24, May 1 8 & 15

*Rain Dates: May 22 or could be scheduled during the week if needed.

Sites: Waconia and Communities listed above.

Fee: \$90

Register By: Wednesday, February 24 / Late Fee: \$10

Virtual Coaches Meeting is from 8:00pm-8:300pm via Zoom



Soccer Referees Needed!

If you are interested in learning the game of soccer from an officiating standpoint - this is for you! Waconia Area Athletics supplies soccer referees for all games 5th grade on up. We will make sure you are trained and ready to go for the season. Your help is needed with the many games that will be played from early April through the end of July. Referees are paid for officiating. Please call or email Ivan if you are interested.

Ivan Woyno @ iwoyno@isd110.org or 952.442.0616

Volunteer Coaches are needed for these soccer leagues! Parents and community friends, high school studentsplease consider volunteering your time tocoach youth soccer for this season!

#860 5th & 6th Grade Boys Soccer

Ages: Grades 5 & 6 Boys (2020-2021 school year.)

Roster Size: 11-16 players per team (pending registration numbers)

Practice Times: Tuesday and/or Thursday nights 1-2 nights per week.

Game Dates will be 6 of the following dates: April 10, 17, 24, May 18 & 15

*Rain Dates: May 22 or could be scheduled during the week if needed.

Sites: Waconia and Communities listed above.

Fee: \$90

Register By: Wednesday, February 24 / Late Fee: \$10 (if space is available)

Virtual Coaches Meeting is from 8:00pm-8:300pm via Zoom



Intro to Baseball Pitching Clinic

Join the Waconia High School Varsity coaching staff Mark Grundhofer for this intro to baseball pitching clinic to prepare for the Pee Wee Baseball Season 2! Rain site is the WMS Gym. Participants should wear athletic clothing, cleats, bring a glove and provide their own adult/older sibling catcher.

SU-221: July 12 & 14 7:00pm-8:00pm WHS West Diamonds 3rd & 4th Grade (2020-2021) Varsity Baseball Coaches

Fee: \$20

Register By: July 5

Minimum: 10 / Maximum: 20



Intro to Softball Pitching Clinic

Are you ready to learn how to pitch in a real softball game? Come and learn how! We will meet at the WHS East Diamond 3. (next to the outdoor rink.) In the event of rain, we will cancel for the evening. Participants should wear athletic clothing, cleats, bring a glove and provide their own adult/older sibling catcher.

SU-222: July 13 & 15 6:30pm-7:30pm 3rd & 4th Grade (2020-2021)

Fee: \$20

Mackenzie Merritt Min: 4 / Max: 10 Register By: July 6



Waconia Girls Diamond Softball Sessions

Join us as we practice the fundamentals of softball in-cluding correct throwing, fielding, base running, sliding and correct swinging/hitting techniques. Be prepared to try sliding by wearing softball pants or bring sweat-pants to throw on over shorts. The older girls will be introduced to advanced skills like diving progressions, stealing, hook sliding and various bunting techniques. To be guaranteed a camp T-shirt please register on time. Bring your glove, a bat if you have one and a water bottle. Fee includes a T-shirt!

Sundays — March 28, April (skip 4), 11, 18 & 25 SU-224: 2nd-4th Grade 3:40pm - 4:40pm SU-225: 3rd-6th Grade 4:45pm - 5:45pm

Fee: \$45 (Includes T-shirt) Waconia HS East Diamond #2 (Purple Dugout) / Rain site

is the WMS Gym. Holly Wortz

Minimum: 12 / Maximum: 18

Register by: March 19 (may fill prior!)



Umpiring Clinic

Anyone 9th grade through adult interested in umpiring baseball/softball for Community Education this spring or summer must attend this clinic. This course will cover the basics, how to's and hands-on learning. Registrations will be accepted at Community Education. Ball pouches, indicators and brushes can be purchased by request, please let staff know.

SU-223: April 18 6:00pm-8:30pm Bayview Gym Umpire Trainer Fee: \$12 Register by: April 11



Soccer Striker School

Want to score lots of goals? Come learn all the techniques to master different soccer shots and finishing techniques.

SU-226: April 23, 30, May 7 & 14 5:45pm-6:45pm *Rain Date May 6 & 9 Ages 9-12

SU-227: June 4, 11, 18 & 25 9:00am-10:00am *Rain Date TBD Ages 13-18

Fee: \$80 Ivan Woyno Waconia HS East Field 4

Min: 8/ Max: 20

Register By: April 16 / May 21



Soccer Free Kick Academy

Want to learn how to bend the ball around the wall? Hit a knuckleball into the upper 90? Learn how to take and score from corner kicks and free kicks in this highly challenging clinic.

SU-228: July 10, 17, 24 & 28 *Rain Date July 26 8:00am-9:15am Ages 13-18 Fee: \$100 Ivan Woyno Waconia HS East Field 4 Min: 4 / Max: 12

Register By: June 25

Soccer Champions League

Champions league is designed to get you to play and learn from as many soccer players as possible in the community! Space is limited and the league fills up quickly! Do not hesitate to sign up!

SU-229: Saturdays June 5, 12, 19, 26 *Rain Date June 6 & 20 9:00am-10:00am

7th-12th Grade (2021-2022)

Fee: \$75 Ivan Woyno Waconia HS East Field 5/6

Min: 16/ Max: 60 Register By: May 21



Goal Keeper Soccer Academy w/ Ivan

All sessions will take place on WHS East Field 4. Register two weeks prior to each start date.

GK 1: Introduction to Soccer Goalkeeping - For young players interested in playing goalie. Topics include: Catching technique, footwork, shot blocking mechanics, punting, goal kicks.

SU-230: April 26, 28 & 30 *Rain TBD 5:30pm-6:15pm Ages 7 - 10 Fee: \$50 Min: 6 / Max: 12

GK 1 Introduction to Soccer Goalkeeping - For existing soccer players looking to start playing goalie on their team. Topics include: Catching technique, footwork, shot blocking mechanics, punting, goal kicks.

SU-231: April 26, 28 & 30 *RainTBD 6:30pm-7:15pm Ages 11 - 13 Fee: \$50 Min: 4 / Max: 12

GK 2: Intermediate Soccer Goalkeeping - For existing goalkeepers or those who have completed the GK 1 level. Topics include: Collapse diving technique, Introduction to dive extension technique. Breakaway saves.

SU-232: June 5, 12 & 19 *Rain TBD 10:30-11:30am Ages 11-12 Fee: \$75 Min: 4 / Max: 12

GK 2: Intermediate Soccer Goalkeeping - For existing goalkeepers with average experience or those who have completed GK 1 level. Topics include: collapse diving technique. Introduction to dive extension technique. Breakaway Saves and Dealing with free kicks and corner kicks. SU-233: June 5, 12 & 19 *Rain TBD 11:45am-12:45pm Ages 13 - 18 Fee: \$75 Min: 4 / Max: 12

GK 3: Advanced Soccer Goalkeeping For goalkeepers with previous training or who have completed the GK 2 session. Topics include: Ball distribution (throw/punt/kick), Advanced diving technique. Advanced Shot blocking technique, dealing with high pressure situations. Multi-save footwork and mechanics. SU-234: June 26, July *7, 10 & 17 *Rain TBD

9:30am-10:30am (July 7th 6:30pm-7:30pm

Ages 13-18 Fee: \$100

Min: 6 / Max: 12

Challenger International Soccer Camp Our iconic half-day and full-day camps utilize over 30 years of coaching experience, and when presented by our international coaching staff, truly bring a global training experience to our campers. The curriculum is filled with sessions from the world's top soccer countries (Brazil, France, Spain, UK and the US) and will focus on developing the technical, tactical, and physical aspects of each player in a fun and educational way. Please select a T-shirt size when you register YS-AXL. Full-day campers should bring a lunch each day. Check us out at www.challengersports.com. Rain site Waconia Middle School Gym.

SU-235: TinyTykes International Ages 3 -4 9:00am-10:00am Fee: \$99 (Includes ball & T-shirt) An introduction to soccer focusing on motor skill development and delivery of fun & interactive games/adventures. Parents get to work directly with their children and the Challenger Coach while sharing the success of learning new skills and building player confidence

SU-236: Mighty Tykes Lions International Ages 5 - 6 10:30am-12:00pm Fee: \$138 (Includes ball & T-shirt) The TinyTykes Lion age group focuses on the core soccer technical foundations of: Receiving the Ball, Passing, Dribbling and Turning with the Ball. These core foundations will be delivered through fun games and journeys.

SU-237: Half-Day International Ages 6 - 11 9:00am-12:00pm Fee: \$175 (Includes ball & T-shirt) All-around player development through our new International camp curriculum & digital platform.

SU-238: Full-Day International Ages 8 - 11 9:00am-4:00pm Fee: \$222 (Includes ball & T-shirt) Combining the half-day camp program with developmental practices, games, competitions and challenges. Afternoon Players will work on additional skills, fakes and moves and Full-day campers should bring a lunch each day.

SU-239: Advanced Half-Day International Ages 6 - 11 1:00pm-4:00pm Fee: \$222 (Includes ball & T-shirt) Targeted towards older players and stages of development, this player-centered session uses our International camp curriculum & digital platform to enhance and develop their core skills, including more technical based skills.

July 12, 13, 14, 15 & 16 Register By: June 7 to receive FREE JERSEY! WHS East Field 4 / Rain Site WMS Gym

Minimum: 20 / Maximum: 100

Waconia Sunday Soccer Clinic

This six week youth clinic is offered for PreK-5th graders who want to improve their soccer skills this summer! Learn proper technique, improve individual ball skills, and gain confidence on the ball at this boys and girls U6-U12 Sunday night training! Please bring your own water bottle and inflated soccer ball (size 3 ball - PreK/K/1st, size 4 ball - 2nd/3rd/4th/5th grade) with you each week. Skills training will be provided by a USSF National License coach following current MDH guidance. Two rain dates are built into the schedule and will be cancelled if not used. See you on the field!

SU-922: June 6, 13, 20, 27, July 11, (July 18 rain date) SU-923: July 25, August 1, 8, 15, 22 (August 29 rain date)

Grades PreK-5th (2021-2022) 7:00pm-7:45pm
Fee: \$70 for 1 session or \$120 for both sessions Min: 20 / Max: 100

WHS East Field #4 Register By: May 21 / July 9

WHS Boys Soccer Coach Ty Seim

Wildcat Soccer Camp Learn proper technique, improve individual ball skills, and gain confidence on the ball at this boys and girls PreK-4th(minimum age 4 at time of registration) grade soccer camp! Please bring your own water bottle and inflated soccer ball (size 3 or 4) with you to camp each day. Skills training will be provided by a USSF National License coach wearing a mask (when needed) and following current MDH guidance. Join the fun! In the event of inclement weather, we will need to cancel and offer a make-up date/time.

SU-924: June 7-11 SU-925: July 19-23 10:00am - 11:00am

Grades PreK-4 (2021-2022) Fee: \$65

Register By: May 18 Min: 20/Max: 100

Waconia HS East Field #4 Lindsey Seim & Ty Seim



HappyFeet Soccer Spring Sessions

HappyFeet is an exciting soccer clinic for children ages 2 - 5. Using our proven, fun "Story Time With A Soccer Ball" approach, HappyFeet will surely be your child's favorite weekly activity. We are committed to helping children form healthy exercise habits using the world's most popular game, soccer! The HappyFeet goal is that each and every child has fun, improves their fitness, increases their enjoyment of fitness activities, achieves a higher self concept, and gains advance skill! Register now, and let your little one meet the HappyFeet soccer ball called "Bob the Bobcat"!

HappyFeet Little Toes: Two and three year olds 6:oopm - 6:30pm



S-907: Thursdays - March 25, April 1, 8 & 15 S-908: Thursdays - April 22, 29, May 6 & 13 S-909: Thursdays - May 20, 27, June 3 & 10

HappyFeet Big Toes: Four and five year olds 6:35pm - 7:05pm

S-910: Thursdays - March 25, April 1, 8 & 15 S-911: Thursdays - April 22, 29, May 6 & 13 S-912: Thursdays - May 20, 27, June 3 & 10

Southview Dining Gym / *Southview Fields April-June Sessions (gym if inclement weather.)

Fee: \$48

Minimum: 5 / Maximum: 12

Register By: March 18 / April 15 / May 13

HappyFeet Soccer Summer Camps

HappyFeet is an exciting soccer clinic for boys and girls ages 2 - 5. Using our proven, fun "Story Time with a Soccer Ball" approach, HappyFeet is committed to helping children form healthy exercise habits using the world's most popular game, soccer! The HappyFeet goal is that each and every child has fun, improves their fitness, increases their enjoyment of fitness activities, achieves a higher self concept, and gains advance skill! Your little one will enjoy a fun skills session followed by a transition into the game aspect of the sport giving him/her a great opportunity to focus on skill building and team work. Register now, and let your little one meet the HappyFeet soccer ball called "Bob the Bobcat!" We will move indoors to the Southview Gym in the event of inclement weather.

June 14, 15, 16 & 17

SU-240: Ages 2-3: 5:30pm - 6:15pm SU-241: Ages 4-5: 6:15pm - 7:00pm

July 12, 13, 14 & 15

SU-242: Ages 2-3: 5:30pm - 6:15pm SU-243: Ages 4-5: 6:15pm - 7:00pm

August 9, 10, 11 & 12

SU-244: Ages 2-3: 5:30pm - 6:15pm SU-245: Ages 4-5: 6:15pm - 7:00pm

Fee: \$48

Minimum: 8/ Maximum: 24

Southview Elementary Fields / Rain Site Green Gym Register By: May 28 / June 28 / July 26 (may fill prior)

Wildcat Boys Basketball Skills Training

Designed to foster individual and team basketball skills throughout the summer. The main focus of the skills training is to enable consistent development of the fundamentals through skill training, drill work and proper shooting mechanics to compliment each players overall basketball summer improvement. Team offense and defensive philosophies will also be introduced and implemented throughout the summer training. Each session will include Waconia Varsity basketball coaching staff.

SU-246: Weds., June 9, 16, 23, 30, July 7, *14, 21 & 28.

7:00am-8:30am

Grades 10th-12th (2021-2022)

Fee: \$60

WHS Coach Pat Hayes

WHS Main Gym (7/14 WMS Gym)

Minimum: 15 / Maximum: 40

Register By: May 26



Wildcat Girls Basketball Camp

Join the Wildcat Girls Varsity team and coaching staff for a week of games, contests, and prizes! Each two hour session will be jam packed with key fundamental concepts designed to help give players an edge over their competition. Learn how to become a better shooter, passer, ball handler, and defender from the Wildcat varsity players and coaches. Each day will feature a "contest of the day" and every player that attends will receive a camp prize. Players will be divided up by grade level to ensure balanced competition. To be guaranteed a camp T-shirt please register on time and note your preferred T-shirt size YS, YM, YL, YXL, AS, AM, AL, AXL.

June 14, 15, 16 & 17

SU-247: K-1st (2021-2022)

SU-248: 2nd-4th (2021-2022)

SU-249: 5th-8th (2021-2022)

WHS Main Gym

WHS Coach Dusty Neibauer

Register By: May 28

Fee: \$60 (Includes T-shirt)

Minimum: 15 Maximum: 45

9:00am-11:00am 9:00am-11:00am 12:00pm-2:00pm



Wildcat Boys Basketball Camp

Join the 8 time WCC Champions & 4 time AAA Section Champions this summer! This camp is for any youth basketball player looking to improve on individual skills and defensive team concepts. Camp is run by Waconia Boys Basketball coaching staff and current players. Camp includes instruction of the basic fundamentals of basketball, shooting, passing and dribbling. There will be 3-on-3 drills and live action with up to 2 games played per day.

June 7, 8, 9 & 10

June 14, 15, 16 & 17

SU-252: Grades 1-3 (2021-2022) 9:00am-10:30am Register By: May 28 Waconia MS Gym

Fee: \$75 (includes water bottle)

WHS Coach Pat Hayes Minimum: 10 / Maximum: 50

Wildcat Girls Basketball Summer

Improvement Program This summer long program will be focused on improving position specific skills through a series of individual drills and stations. Skill work will comprise about 60 minutes of each session. 20 to 30 minutes will be devoted to familiarizing players with team offensive and defensive concepts and with the goal of preparing players and the Wildcat High School teams for success during the winter season. The final 20-30 minutes of each session will feature scrimmaging.

SU-253: Tues/Thur - June *8, *10, 15, 17, 22, 24, 29,

July 1, 13, 15, 20 & 22

8th-12th (2021-2022) *If space allows 7th graders

(2021-2022) can register after May 14th.

7:00am-8:45am

Waconia HS Main Gym (June 8 & 10 WHS Field House)

WHS Coaches

Fee: \$50 Register By: May 25 Minimum: 15 / Maximum: 60

Sunday Night Girls Basketball Scrimmage Sessions

Scrimmage, scrimmage, scrimmage, let's play basket-ball! Join us to develop or improve your basketball skills this spring! Instruction will be given within the scrimmaging. Pinnies will be provided daily. If you have your own basketball please bring it with each date. This program will first open up to 4th/5th grade girls, if by March 3rd it has not filled, 3rd graders will be welcome to register.

S-906: Sundays, March 14, 21, 28, April (skip 4) 11 & 18

6:3opm-7:45pm 4th/5th Grade Girls (If not filled, 3rd graders may register)

Fee: \$25

Waconia MS Gym Holly & Tyler Wortz Min: 10 / Max: 25

Register by: March 3



K-2nd Grade Spring Basketball Camp

Join the fun at this popular basketball camp for boys and girls! Participants will learn and practice the fundamental skills of basketball! Instructions on shooting, dribbling and passing will be taught skills along with fun games and basketball drills. Come join the fun in this popular camp!

Thursdays, March 18, 25, April 1, 8

S-913: 5:45pm-6:30pm S-914: 6:40pm-7:25pm

Laketown Elementary Gym Fee: \$36

Register by: March 11 Min: 15 / Max: 24
Holly & Tyler Wortz



Kevin Lynch Basketball Camp

This camp is run by former NBA and Gopher basketball player Kevin Lynch who has been organizing and running summer basketball camps for over 20 years! Kevin's goal in running a great camp is simple: learn, and have a lot of fun! All skills will be focused upon, including shooting/ shooting mechanics, ball handling, passing, rebounding, one on one moves, position specific skills, free throws, shot fakes, amongst others. Also, he'll be teaching basic team instruction such as defense, pick n' roll and give n' go. Every camper will be placed on a team, and 5 on 5 games will be played on a daily basis — which allows each player to work on the skills that are being taught. Kevin runs an organized, competitive and challenging camp. And remember - the skills that he learned going to summer basketball camps as a kid, helped him get to the highest level of basketball in the world. So come join the FUN! Please bring a bag lunch and snack with you each day.

SU-254: July 19, 20, 21, 22 & 23 SU-255: August 16, 17, 18, 19 & 20 Waconia Middle School Gym Boys & Girls Grades 3-8 (2021-2022) 9:00am-3:00pm

Kevin Lynch

Fee: \$190 *Includes T-shirt Register by: July 5 / August 2 Minimum: 20 / Maximum: 75



Wildcat Tennis Camps

Participants should bring their own age appropriate tennis racket and water bottle with them each day. Sign up for as many sessions as you wish! If weather does not permit, the back-up location will be the WHS Field House Gym. Please be sure of the session you register for as there are no refunds/credits/transfers without 6 business days notice to the camp start date. **Please note**: 9th-12th Advanced Sessions are for participants who have tennis match experience or have participated on the boys/girls tennis teams. All other 9th-12th graders should enter the Beginner/Intermediate session please.

June 14, 15, 16 & 17

SU-256: Ages 5-6	8:30am-9:00am	SU-257: 1st-2nd Grade(2021-2022)	9:00am-9:30am
SU-258: 3rd-5th (2021-2022)	9:30am-10:00am	SU-259: 6th-8th Grade (2021-2022)	10:00am-10:45am
SU-260: 9th-12th ('21-22) Beg/Inter	10:45am-12:00pm	SU-261: 9th-12th ('21-22) Advanced	10:45am-12:00pm

June 21, 22, 23 & 24

SU-262: Ages 5-6	8:30am-9:00am	SU-263: 1st-2nd Grade(2021-2022)	9:00am-9:30am
SU-264: 3rd-5th (2021-2022)	9:30am-10:00am	SU-265: 6th-8th Grade (2021-2022)	10:00am-10:45am
SU-266: 9th-12th (`21-22) Beg/Inter	10:45am-12:00pm	SU-267: 9th-12th ('21-22) Advanced	10:45am-12:00pm

July 12, 13, 14 & 15 (Please note there is NOT a rain site on 7/14. If weather is bad we will cancel and play Friday.)

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SU-268: Ages 5-6	8:30am-9:00am	SU-269: 1st-2nd Grade(2021-2022)	9:00am-9:30am
SU-270: 3rd-5th (2021-2022)	9:30am-10:00am	SU-271: 6th-8th Grade (2021-2022)	10:00am-10:45am
SU-272: 9th-12th (\21-22) Bea/Inter	10:45am-12:00pm	SU-273: 9th-12th ('21-22) Advanced	10:45am-12:00pm

July 19, 20, 21 & 22

SU-274: Ages 5-6	8:30am-9:00am	SU-275: 1st-2nd Grade(2021-2022)	9:00am-9:30am
SU-276: 3rd-5th (2021-2022)	9:30am-10:00am	SU-277: 6th-8th Grade (2021-2022)	10:00am-10:45am
SU-278: 9th-12th (`21-22) Beg/Inter	10:45am-12:00pm	SU-279: 9th-12th ('21-22) Advanced	10:45am-12:00pm

Jeff Bessire

WHS Tennis Courts #3 & #4
Rain Site WHS Field House Gym
Ages 5 - 5th Grade(2021-2021) Fee: \$30
6th - 8th Grade (2021-2022) Fee: \$35

9th-12th Grade Beginner/Intermediate (2021-2022) Fee: \$40

9th-12th Grade Advanced (2021-2022) Fee: \$45

Minimum: 6 /Maximum: 20

Register By: May 28 / June 7 / June 28 / July 5



MAGNIFYING ABILITIES is a social/recreational program for persons with cognitive and physical disabilities. The program is designed to enhance community involvement and lifelong learning for adult individuals who need assistance when participating in classes, community outings and trips. Activities include sporting events, craft classes, dances, bingo parties, bowling, and more. Events are held throughout Carver and Scott Counties and are available to Carver and Scott County residents.

The Magnifying Abilities newsletter is mailed three times per year. To join the mailing list, please call 952.556.6400 and leave your full name, address, phone number, and e-mail address.

https://ce4all.org/programs/adults/magnifying-abilities

Carlson Tennis Spring Lessons

Our mission with Junior Tennis is to provide a tennis pathway for kids from learning how to play to applying it in match play. Our Stars Program is for both beginner and those that have played. Please contact Dan Carlson with any questions dan@carlsontennis.com or check out their website at carlsontennis.com for more details.

Tennis Little Stars (Ages 4-6)

This class is for our youngest players. We emphasize agility, balance, and coordination. Movement and tracking skills will give the kids the ability to properly handle a racquet and ball. We feel that this foundation will be instrumental in their long term success playing tennis. FUN and SUCCESS is our goal!

SU-280: March 25, April 1, 8 & 15 SU-281: April 22, 29, May 6 & 13

Minimum: 4 / Maximum: 12 5:30pm-6:00pm Fee: \$45 Southview Green Gym

Register By: March 18 / April 22



Tennis Rising Stars (Ages 7-8)

The goal of this class is control. We will split this group into two levels, past players and beginners. The kids will enjoy playing games and rallying the ball back and forth while working on technique and tactics. These kids will play games with rallying by the 2nd lesson and the final day will be full of games and competitions.

SU-282: March 25, April 1, 8 & 15 SU-283: April 22, 29, May 6 & 13

Minimum: 4 / Maximum: 12 6:05pm-7:05pm

Fee: \$65 Southview Green Gym

Register By: March 18 / April 22

Tennis Future Stars (Ages 9-11)

We will split this group into two levels based on ability; however everyone will be rallying from the first day. Our emphasis for these kids is to get them to rally the ball and understand the fundamentals of the forehand and backhand groundstrokes, volleys, and serve. If you have any questions about Carlson Tennis programs please contact Dan Carlson.

SU-284: March 25, April 1, 8 & 15 SU-285: April 22, 29, May 6 & 13 Minimum: 4 / Maximum: 8

7:10pm-8:10pm

Fee: \$65

Southview Green Gym

Register By: March 18 / April 22



Carlson Tennis Stars Program - At Waconia High School East Tennis Courts

Rain make ups will be on the Friday of the same week. For questions on placement into each level, contact Dan Carlson at 612.875.5507 or dan@carlsontennis.com Program descriptions are the same as the Carlson Tennis Holy Family program.

Tennis Little Stars (ages 4-6)

5:15pm-6:00pm @ Waconia HS Courts - Fee: \$55

SU-286: June 7-10 (M-TH) SU-287: July 19-22 (M-TH) SU-288: Aug 9-12 (M-TH)

Tennis Rising Stars (ages 7-8)

6:00pm-7:00pm @ Waconia HS Courts - Fee: \$69

SU-289: June 7-10 (M-TH) SU-290: July 19-22 (M-TH) SU-291: Aug 9-12 (M-TH)

Tennis Future Stars (ages 9-11)

7:00pm-8:00pm Waconia HS Courts - Fee: \$69

SU-292: June 7-10 (M-TH) SU-293: July 19-22 (M-TH) SU-294: Aug 9-12 (M-TH)

Carlson Tennis Stars Program - at Holy Family School, Victoria

For participants 11 & under! Our goal is development, fun, & success. We use low compression balls, smaller rackets, and shorter courts to get the kids playing right away. Lessons will be held at the Victoria/ Holy Family Tennis Center. Daytime Sessions run for 2 weeks on Tuesday, Wednesday, Thursday. Rain make ups will be on the Friday of the same week unless indoor back up is available. For questions on placement into each level, contact Dan Carlson at 612.875.5507 or dan@carlsontennis.com

Little Stars Tennis (ages 4-6) - This class is for our youngest players. We emphasize agility, balance, and coordination. These kids are in the Pre-Rally Stage of their development. We will focus on developing the skills that will get them to the rally stage. At the end of each session we will have a Skills Festival where the kids will compete as teams on their skills. FUN and SUCCESS is our goal!

9:00am-9:45am SU-295: June 15-17 & 22-24 (T, W,TH) SU-296: July 6-8 & July 13-15 (T,W,TH) Fee: \$80 SU-297: July 27-29 & Aug. 3-5 (T,W,TH) SU-298: Aug. 17-19 & Aug 24-26 (T,W,TH)

Rising Stars Tennis(ages 7-8) - This class is about control and is the first Rally Stage. These kids will play rally games by the 2nd lesson and the final day will be full of games and competitions. We split this group up by ability so that everyone can learn at their correct pace. The kids will enjoy playing games and rallying the ball back and forth while working on technique and tactics.

9:45am-10:45am SU-299: June 15-17 & 22-24 (T, W,TH) SU-300: July 6-8 & July 13-15 (T,W,TH) Fee: \$95 SU-301: July 27-29 & Aug. 3-5 (T,W,TH) SU-302: Aug. 17-19 & Aug 24-26 (T,W,TH)

Future Stars Tennis(ages 9-11) - This group will be rallying from the beginning. We split this group into levels based on ability; however everyone will be rallying from the first day. Our emphasis for these kids is to get them to play and understand the fundamentals of the forehand and backhand groundstrokes, volleys, and serve. Point play is introduced in the 2nd week so the kids will be ready for our weekly Match Play.

10:45am-11:45am SU-303: June 15-17 & 22-24 (T, W,TH) SU-304: July 6-8 & July 13-15 (T,W,TH) Fee: \$95 SU-305: July 27-29 & Aug. 3-5 (T,W,TH) SU-306: Aug. 17-19 & Aug 24-26 (T,W,TH)

Carlson Competitive Program

The Competitive Program is the next step after our Stars Program. While our Stars Program introduces tennis the Competitive Program focuses on match play, tactics, and technique. Most kids advancing into this program consider themselves tennis players and tennis as one of their sports. Classes will be held at the Victoria/Holy Family Tennis Courts. Class descriptions are available at www.carlsontennis.com. Please contact Dan Carlson at 612.875.5507 or dan@carlsontennis.com for placement questions.

Competitive 3 & 4 Tennis | Ages 12-15 (Middle School - Freshman) Mon/Wed 1:00pm-2:30pm Fee: \$150 SU-307: June 14 – June 30 SU-308: July 12 – July 28 SU-309: Aug 2 – Aug 18

Competitive 5 & 6 Tennis | Ages 8-12 (Orange Ball & Green Dot) Mon/Wed 2:30pm-4:00pm Fee: \$150 SU-310: June 14 – June 30 SU-311: July 12 – July 28 SU-312: Aug 2 – Aug 18

RISING STAR SUMMER CLASSES Dance, Tumbling, Music & Camps



30 Minute Classes - \$60 per 4-Week Session Spend some precious time with your Mini as you explore the world of dance or music together. Grandparents are welcome too!

Mini & Me Dance - Age 2.5-3 Tuesdays 6:10-6:40 pm (June)

Mini & Me Music - Age 2.5-3

Tuesdays 6:10-6:40 pm (July)

Class **BOGO**

Register for one summer session class, get the second class 50% off. Does not apply to camps or prep classes. May not be combined with other offers. **Expires 4-30-21**

Boys Classes

30 Minute Classes -\$60 per 4-Week Session All classes are open to boys, but these classes are designed specifically for boys!



Ninja Tumbling - Age 4-8

Wednesdays 6:55-7:25 pm (June) - Age 4-6 Wednesdays 6:55-7:25 pm (July) - Age 4-6 Mondays 6:15-6:45 pm (June) - Age 5-8 Mondays 6:15-6:45 pm (July) - Age 5-8

Boys Only Hip Hop - Age 5-8

Mondays 6:55-7:25 pm (June) Mondays 6:55-7:25 pm (July)

Check out some of these other great class options for boys! Preschool Dancemix, Musikgarten, Under the Sea, Jazz & Tap, Dance Party & more!

Preschool Classes

30 Minute Classes - \$60 per 4-Week Session

Young children love to move to our non-stop energy filed classes. They will learn fun short routines as they build music and motor skills.

Preschool Dancemix- Age 3-4

Mondays 5:30-6:00 pm (June) Wednesdays 6:35-7:05 pm (June) Mondays 5:30-6:00 pm (July) Wednesdays 6:35-7:05 pm (July)



Musikgarten - Ages 3-5 Wednesdays 4:55-5:25 pm (June)

Wednesdays 4:55-5:25 pm (July)

Ages 4-6
30 Minute Classes - \$60 per 4-Week Session

Choose from a variety of fun theme based dance or tumbling classes. Each is uniquely themed so no two classes are the same. Class will learn a short theme inspired routine while working on basics and flexibility.



Mermaid Tumbling

Mondays 5:35-6:05 pm (June) Wednesdays 5:35-6:05 pm (June) Mondays 5:35-6:05 pm (July) Wednesdays 5:35-6:05 pm (July)

Under The Sea Musical

Wednesdays 6:15-6:45 pm (June) Wednesdays 6:15-6:45 pm (July)

Island Princess

Mondays 6:10-6:40 pm (June) Mondays 6:10-6:40 pm (July)



Unicorn & Rainbows

Mondays 6:50-7:20 pm (June) Tuesdays 5:30-6:00 pm (July)

Fairy Garden Ballet

Tuesdays 5:30-6:00 pm (June) Mondays 6:50-7:20 pm (July)



Hip Hop Dance Party

Tuesdays 4:50-5:20 pm (June)

Tuesdays 4:50-5:20 pm (July)

Ages 5 & Up

30 Minute Classes - \$60 per 4-Week Session No previous experience is needed for these session classes.

Power Pom

Come shake it up in this fun class where students will learn the fundamentals pom which places an emphasis on sharp, clean poin motions and formations.

Wednesdays 5:55-6:25 pm (June) - Ages 5-8 Wednesdays 5:55-6:25 pm (July) - Ages 5-8 Wednesdays 7:05-7:45 pm (June) - Ages 9-12 Wednesdays 7:05-7:45 pm (July) - Ages 9-12

Hip Hop

Students will learn urban style, a combination of popping and locking mixed with Jazz steps. This class is popular with parents since we prescreen to ensure appropriate music.

Wednesdays 5:15-5:45 pm (June) - Ages 5-8 Wednesdays 5:15-5:45 pm (July) - Ages 5-8 Wednesdays 6:35-7:05 pm (June) - Ages 9-12 Wednesdays 6:35-7:05 pm (July) - Ages 9-12

Combo Classes - Ages 5 & l

40 Minute Classes - \$75 per 4-Week Session Combo classes are great for experienced dancers who want to improve their skills over the summer or want to try new styles of dance.

Ballet & Tap - Age 5-8

Tuesdays 6:50-7:30 pm (June) Tuesdays 6:50-7:30 pm (July)

Dance & Tumble - Age 5-8

Mondays 7:35-8:15 pm (June) Mondays 7:35-8:15 pm (July)

Jazz & Tap - Age 8-11 Mondays 7:30-8:10 pm (June)

Mondays 7:30-8:10 pm (July)

Jazz/Lyrical - Age 12 & Up Wednesdays 7:15-7:55 pm (June)

Wednesdays 7:15-7:55 pm (July)



New



Visit website for

more details!

Come explore the basics of jazz as we build your dance vocabulary and learn steps to a fun jazz dance.

Tuesdays 7:30-8:00 pm (June) - Ages 5-8 Tuesdays 7:30-8:00 pm (July) - Ages 5-8

Call for Competitive Team Info (952) 442-1350

Session 1: June 7-30 Session 2: July 5-28

www.rising-star-dance.com

Fall Registration Begins May 1



WHS Volleyball Open Gym

The Waconia High School Volleyball Coaching Staff invites any interested players who will be 9th-12th grade students in the 2021-2022 school year to register for our weekly open gyms. During this 1.5 hours, coaches will guide players through a variety of skill-specific training as well as scrimmage-style games to help players develop both individual and team skills. Players should come ready to work hard, learn, and compete!

SU-313: June 10, 17, 24, July 1, 15, 22, 29

9th-12th Grade Girls (2021-2022)

5:00pm- 6:30pm

Waconia HS Main Gym

WHS Coaches

Fee: \$30

Register By: May 27

Minimum: 15 / Maximum: 60



Youth Fishing Night on Lake Waconia

Prepare your fishing pole and join us on Lake Waconia! You'll learn to bait your hook, cast your line and have lots of fun catchin' fish with your friends! We will explore different baits and techniques to help us catch fish. For the new and the experienced anglers... Even if you're already familiar with fishing, take it to the next step and see who can land the biggest fish between you and your friends. We'll meet down at the Cedar Pointe Park Dock on Lake Waconia (near the tennis courts). All fishing will be from the safety of the dock and all fish will be released back into the lake. Bait will be provided, however, you must bring your own age appropriate rod and reel, and bobber. Parents are welcome to stay and assist their child but it is not necessary. Space is limited on the pier, so casting room is appreciated!

Friday, June 4

SU-314: 5:30pm-6:15pm SU-315: 6:20pm-7:05pm

SU-316: 7:10pm-7:55pm



Grades K-8 (2021-2022)

Fee: \$12 (Includes bait & small pan fish lure)

Tyler Wortz Min: 6 /Max: 10 Register By: May 28

Wildcat Volleyball Camp

Join the Waconia Wildcat high school volleyball players and staff for a three-day camp!

July 19, 20 & 21 Register By: July 5

WHS Main Gym Minimum: 10 / Maximum: 40

Waconia High School Coaching Staff

SU-317: Grades 1–4 (2021-2022)

12:30pm-1:30pm Fee: \$25 (Includes bag tag)
Campers will be introduced to and practice the most important volleyball skills: passing, setting, serving, movement and fun! The high school players do a phenomenal job helping the young volleyball players of the community learn to play our sport with fun, fast-paced games that keep all participants engaged from start to finish.

SU-318: Grades 5-6 (2021-2022)

2:00pm-4:00pm Fee: \$45 (Includes bag tag)
Participants will have an opportunity to practice and develop a variety of fundamental volleyball skills including passing, setting, serving, digging, hitting and blocking. Players will also participate in a variety of drills and games to help them show their new skills and learn to play in rotations and systems with other players.

SU-319: Grades 7-8 (2021-2022)

g:ooam-11:ooam Fee: \$45 (Includes bag tag)
Players will develop a variety of fundamental volleyball skills including passing, setting, serving, digging, hitting and blocking. Players will also participate in a variety of competitive drills and games to help them to compete at a higher level in various offensive and defensive systems.



MN Sword Play - Fencing

Whatever you are looking for in the sport of fencing there is something for everyone! Fencing is a vigorous sport that develops stamina, quick reactions, speed, accuracy of movement and excellent coordination. More than a game fencing requires a mental attitude of selfdiscipline involving total manipulation of mind and body in perfect harmony. It utilizes natural body movement to create simple and effective self-protection techniques with the sword. All participants are encouraged to have fun no matter what their ability. Attacking, defense, timing and intense tactics are all integrated into this beginning class. Whether you're fencing for a good work out, or gaining points for the Olympics, fencing is fun for the whole family. We provide everything needed to fence (mask, jacket, glove, and weapon). Fencers need only to come dressed comfortably (for freedom of movement) including long sweat pants and running shoes. Check us out here: minnesotaswordplay.com

SU-320: July 26, 27, 28, 29 & 30 1:00pm-2:30pm SU-321: August 9, 10, 11, 12 & 13 1:00pm-2:30pm

Laketown Elementary Cafeteria MN Sword Play - Maria Benford

Fee: \$100

Register By: July 12 / July 26 Minimum: 6 / Maxium: 14



Tae-Kwon-Do Korean Karate - Ages 6+

Ages 6 & up! Students of all ranks and levels will learn self-defense techniques and the history of Tae-KwonDo. Lessons are for students Kindergarten (2021-2022) and older. No prior experience is necessary. Beginning students on up to green belts should register for Level B. Green Belts on up should register for Level A. Classes will be held in the Bayview Cafeteria. Enter thru the loading dock doors in back of Bayview, the door has a few steps leading into it and they face the football field. Please register BEFORE attending your first class.

Mondays

April 26, May 3, 10, 17 & 24, June 7

S-915: Level B (Beginners) 6:30pm - 7:30pm S-916: Level A (Advanced) 7:35pm - 8:35pm

June 14, 21, 28, July 5, 12 & 19

S-917: Level B (Beginners) 6:30pm - 7:30pm S-918: Level A (Advanced) 7:35pm - 8:35pm

July 26, August 2, 9, 16, 23 & 30

S-919: Level B (Beginners) 6:30pm - 7:30pm S-920: Level A (Advanced) 7:35pm - 8:35pm

Bayview Cafeteria (enter loading dock doors)

Linda Kroells

Bayview Cafeteria

Fee: \$42

Register By: One week prior to start

Minimum: 6 / Maximum: 24



For full District #110 COVID-19 information please visit our website: isd110.org

Know Before You Go









Check for symptoms

Wear a Mask

Stay 6 feet from others

Wash or sanitize hands often

Free! Maple Syrup Open House

Experience the maple syruping process from start to finish including tapping a tree, tasting the sap and boiling it down to syrup! Free event, no registration required! Event runs from 11am-2pm at Baylor Regional Park on March 20th. Offered in partnership with Carver County Parks.

S-323: March 20 11:00am-2:00pm Baylor Regional Park All Ages Free!



After School Archery

Calling all archers! This archery class is an opportunity for students of all ability levels to try something new! Proper techniques for stance, aim and release are taught by trained instructors who utilize experiential learning and creative games to ensure that all archers grow in their abilities—and have fun! Students can go straight to this program after school. All equipment provided. Offered in partnership with Carver County Parks. Meet in the cafeteria at 2:55pm.

SU-324: May 11th 3:00pm-4:30pm Ages 8-13 Waconia Middle School

Fee: \$15 Min: 5 / Max 16 Register By: May 4



Drop-In Archery At Baylor Regional Park

Drop-in and join us for archery outside the Baylor campground office for \$5! Beginner or expert, all archers ages 8+ are invited to shoot and get valuable tips from our instructors. 10am to 10pm every Saturday Memorial Day through Labor Day. No registration required; all equipment provided. Offered in partnership with Carver County Parks.

Saturdays, May 29 - September 4 10:00am-12:00pm \$5 (Payable at Baylor Regional Park) No Registration Required!

Waconia Adventure Camp

If your child loves playing the outdoors, this camp is for them! Your adventurous camper will get to hone their aim with archery, balance their best on the slackline, learn how to cook outdoors, play a variety of group field games and get out geocaching for s'mores with our funloving instructors. This camp is based around experiential learning in the outdoors! Instructors will cover activity basics, safety procedures, history of the activity, tips for future success and more! All equipment will be provided. Offered in partnership with Carver County Parks.

SU-325: June 8, 9 & 10 9:00am-3:00pm Ages 8-13

Bayview Cafeteria/Fields

Fee: \$75

Min: 10 / Max: 30 Register By: May 25



Sunset Kayak Cruise

Paddletranquilwaters as the sky turns or ange in this kayaking adventure! Learn water safety and paddling tips from our trained instructors before exploring the lake. Tour the waters of this historic lake and catch the great views of Waconia at sunset. All equipment will be provided. Offered in partnership with Carver County Parks.

SU-326: June 4 7:30pm-9:00pm SU-327: September 1 7:00pm-8:30pm

Ages 8+

Waconia Regional Park/ Backup Location: Lake Parley

Fee: \$15

Min: 2 / Max: 6

Register By: May 21 / August 18



Coney Island Kayak

Paddle out to the Coney Island via kayak to explore the beautiful natural and historical location. Guided by Carver County Parks instructors, no paddle experience is needed! Find out the truth about local legends and archeological findings while walking under the shade of beautiful old maple trees. All equipment provided. Offered in partnership with Carver County Parks.

SU-330: Saturday, June 19 SU-331: Monday, July 12 SU-332: Friday, August 6 10:00am-12:00pm 6:00pm-8:00pm 6:00pm-8:00pm

Ages 10+

Waconia Regional Park/ Backup Location: North Orange Street Boat Launch

Fee: \$15 Min: 2 / Max: 6

Register By: June 4 / July 28 / July 23



Youth Stand-Up Paddleboarding

Paddleboarding is an excellent way to enjoy the summer sun while working on balance and coordination. Instruction starts on land with brief water safety, balance tips, and paddling strokes before giving participants time to explore the lake. All equipment provided. Offered in partnership with Carver County Parks.

SU-333: Friday, June 25 1:00pm-3:00pm Ages 8-14

Waconia Regional Park (Backup Location: Lake Parley)

Fee: \$20 Min: 2 / Max: 6 Register By: June 11



Intro to Fishing Day Camp

Intended for those looking to experience fishing for the first time or kids that just want to do some fishing with friends! This half-day camp will introduce skills like drop casting, overhead casting practice, hooking bait, setting hooks and removing fish as well as ethical fishing practices. All equipment provided. Offered in partnership with Carver County Parks.

SU-334: Wednesday, June 30

9:00am-12:00pm

Ages 7-12

Cedar Point Park Waconia

Fee: \$20

Min: 5 / Max: 12 Register By: June 4



Minnesota River Canoe Trip

Join an adventure straight out of a Mark Twain story—complete with canoes and a sandbar picnic! Our talented instructors guide canoers from Jordan to Chaska on a serene, 10-mile stretch of the Minnesota River. Expect a diverse offering of riverway wildlife as while eating a packed lunch on a sandbar. No previous paddle experience needed! All equipment provided. Children under 16 must register with a participating adult. This program is offered in partnership with Carver County Parks.

SU-335: Saturday, July 17 Ages 8+

Fee: \$20

Register By: June 4

10:00am-2:00pm Winkel Park Chaska Min: 8 / Max: 16



Youth Log Rolling

Experience Minnesota History firsthand! Hop on a log and get those feet moving for a fun exercise in balance, agility and core strength. Our Minnesotamade Key Logs are made of plastic, filled with water and have training equipment that help keep the roll-speed appropriate for people of all ages and abilities. Log rolling is sport that is growing in popularity and is great for kids who want to try something new and splash in the water! Come prepared to get wet; water shoes or secure sandals recommended.

SU-336: Thursday, August 5 5:30pm-7:00pm

Ages 6-14

Waconia Regional Park/

Fee: \$10 Min: 2 / Max: 8 Register By: July 22



Voyageur Camp

This 3 day camp will take your child around the community of Waconia to experience the outdoors through the lenses of science and history like never before. Inspired by the Voyageurs of the 18th century who traveled northern Minnesota and Canada as part of the fur trade, this camp provides activities and experiences that reflect the adventurous life style of Minnesota's past. Embark on a canoe excursion to Coney Island, fish the lake with a genuine bamboo cane pole and shoot arrows like a primitive hunter! Spend the day at the Andrew Peterson Historical Farm learning to churn butter, make homemade ice cream, tap a maple tree, play historical Native American games and cook a snack over an open flame. Explore the natural world while walking from Bayview Elementary, to the library and historical society! Offered in partnership with the Carver County Parks Department, Historical Society and Libraries.

SU-337: August 17, 18 & 19

Ages 8-13

Waconia Regional Park+

Fee: \$70

Min: 10 / Max: 20 Register By: August 3 9:00am-3:00pm



Waconia Online Apparel Order

Waconia Area Athletics (Waconia Community Education) partners with Universal Athletics to offer apparel for; Soccer, Baseball, Softball, lacrosse & Waconia Wildcat participants, parents and fans! Items include team bags, hats, jackets, sweatshirts, shorts, shirts and much more! To check out all of the items available for purchase please go to the sites listed below. All ordering must be done online and by the specific deadlines.

The deadline to order for Soccer, Baseball, Softball, Lacrosse & General Wildcat apparel is Sunday, February 21 at 11:59pm with items arriving to our office by March 22nd. There will be a 2nd and FINAL order on Sunday, April 4th at 11:59pm with items arriving to our office on May 3rd. Please view the sites for all the apparel options, arrival dates, sizing charts and more details.

ORDER HERE: https://wcedathletics21.itemorder.com



Waconia Youth Running Camp 1st-5th

Join us this summer and learn how fun fitness can be! Bring your friends and make lots of new ones as we learn the benefits of a healthy, active lifestyle. Race into summer and prepare for an exciting and challenging camp experience that will include; Experienced, professional instructional staff including high school athletes. FUN and exciting individual and group activities each day. Team-building, challenge courses and GAMES! Personal fitness measurements to chart individual progress. Instruction and discussion of proper nutritional health and dietary choices. A FUN RUN and recognition ceremony on the final day of camp. It weather does not permit, camp will move indoors to Bayview Cafeteria.

S-338: June 28, 29, 30 & July 1

Grades 1st-5th ('21-'22)

9:00am-10:30am

Fee: \$50 (Includes T-shirt)

Bayview Track / Rain Site Cafe

Kirstin Weinzierl Min: 20 / Max: 40 Register By: June 14





Summer Distance Running Camp

Daily practice sessions will begin with a large group warm-up on the Bayview track followed by a specifically designed distance driven workout. Runners of all abilities are welcome as each workout will be segmented into a variety of ability levels. Athletes will find their place within this camp and will improve their personal fitness levels. Camp Participants Goals: Gain a deeper understanding of proper distance running training; Make training fun and show benefits of group training atmosphere; Improved and Balanced Personal Fitness; Encourage athletes to train and prepare for upcoming sport seasons. The basic training and team building philosophy for these camps is based on current tactics used within both the Waconia Cross Country and Track & Field Distance Teams.

June 22, 24, 29, July 1, 13, 15, 20 & 22

S-343: Grades 9th-12th (2021-2022) 7:55am-9:25am S-344: Grades 6th-8th (2021-2022) 9:30am-11:00am

Bayview Track Fee: \$50 * Includes Dri-Fit Tee Megan Genz - MS Coach Mark Bullis - HSCoach Minimum: 15 / Maximum: 40

Register By: June 8



Wildcat Track & Field League Participants will learn the diff erent events & races of Track and Field throughout the weeks. They will compete against the other athletes during the duration of the program. On the final 2 days we will have a full track meet with all of the events learned throughout the weeks including long distance races, relays, long jump, discuss(Frisbee) throw, shot put(ball toss) & mini hurdles. Participants will have an opportunity to earn ribbons at the final Track Meet in the 4th-8th grade program. This league is for ANY skill level. Please come wearing appropriate shoes, running apparel and bring a water bottle.

Monday & Thursday Nights: July 12, 15, 19, 22, 26, 29, August 2, 5, 9, 12, 16 & 19

S-339: Grades K-1 (2021-2022) 6:00pm-7:00pm S-340: Grades 2-3 (2021-2022) 6:00pm-7:00pm S-341: Grades 4-6 (2021-2022) 7:05pm-8:05pm S-342: Grades 7-8 (2021-2022) 7:05pm-8:05pm Bayview Elementary Track (Rain Site is Bayview Gym) Fee: \$55 (Includes T-Shirt) Min: 10 / Max 40

Registration Deadline: June 28

Jeff Bessire



Waconia Speed & Strength Summer Program

Speed and Strength is a comprehensive sports performance program open to all Waconia High School athletes! Provided by Training HAUS powered by TCO, the Official Sports Performance Provider at Waconia High School, Wildcat Speed and Strength will focus on improving athlete acceleration, speed, agility, mobility, and injury prevention. For additional information, please contact Josh Anderson at JoshAnderson@TrainingHAUS.com; in addition, all participants will receive a Wildcat Speed and Strength T-Shirt. Please select your t-shirt size upon registration.

June 7 - August 13 - no sessions held July 2-5

Waconia High School Speed & Strength Sessions

Registration will begin for grades 9th-12th(2021-2022) on April 30th at 8am. Registration for graduating seniors (class of 2021) will begin May 7 at 8am. Meet in the Waconia High School Weight Room on first date.

Session A: Mon/Tues/Thurs 6:30am-7:30am HS Weight Room Wed/Fri 7:00am-8:00am Turf or Gym Space

Session B: Mon/Tues/Thurs 7:30am-8:30am HS Weight Room Wed/Fri 7:00am-8:00am Turf or Gym Space

Session C: Mon/Tues/Thurs 8:30am-9:30am HS Weight Room Wed/Fri 8:00am-9:00am Turf or Gym Space

Session D: Mon/Tues/Thurs 9:30am-10:30am HS Weight Room Wed/Fri 8:00am-9:00am Turf or Gym Space

Session E: Mon/Tues/Thurs 10:30am-11:30am HS Weight Room Wed/Fri 9:00am-10:00 am Turf or Gym Space

Session F: Mon/Tues/Thurs 11:30am-12:30pm HS Weight Room Wed/Fri 9:00am-10:00am Turf or Gym Space

Min: 12 / Max 45 per session Fee: \$240 Register By: May 14 (\$15 late fee after)

Waconia Middle School Speed & Strength Sessions

Registration will begin for grades 6th-8th(2021-2022) on April 30th at 8am. Please meet in the Waconia Middle School Gym on the first date.

Session G: Monday/ Tuesday/ Thursday 7:15am-8:15am MS Weight Room/ Gym / WHS East Field 2 Session H: Monday/ Tuesday/ Thursday 8:20am-9:20am MS Weight Room/ Gym / WHS East Field 2 Session I: Monday/ Tuesday/ Thursday 9:25am-10:25am MS Weight Room/ Gym / WHS East Field 2 Session J: Monday/ Tuesday/ Thursday 10:25am-11:25am MS Weight Room/ Gym / WHS East Field 2

Min: 12 / Max 25 Per Session Fee: \$175 Register By: May 14 (\$15 late fee after)





Pioneer Creek Golf - Maple Plain, MN

Lessons at Pioneer Creek Golf Course (Only 18 Minutes from Waconia.) 705 Copeland Road, Maple Plain, MN. 55359 Questions about the program? 952-955-3982 Check us out here: www.pioneercreek.com

Pioneer Creek Junior Golf School

Open to all levels from beginners to advanced boys and girls ages 8-15. This four week program will teach the full swing as well as the short game (chipping, pitching and putting). Range balls are included and clubs are available if needed.

Our Golf Instructor and Professional – Tom Peterson Tom has 26 years' experience teaching numerous men, women, and juniors. He is dedicated to thesuccess of his students. Whether you are a beginner or a seasoned player, Tom will help you attain yourgoals. He has an easy to understand style of teaching and his main objective is to not only make youbetter, but to help you enjoy the game while you play it. Tom started his career at The Pointe Hilton Lookout Mountain course in Phoenix, AZ and has also taught at the Chaska Town Course in Chaska, MN. He holds a degree in Golf and Turfgrass Management from Mundus Institute in Phoenix, AZ.

Weather Policy – All leagues and lessons will be held if possible. Please dress for the weather. In theevent of heavy rain or storms on a scheduled day, the class will be made up if possible.

Wednesdays - June 16, 23, 30, July 7 SU-343: 8:00am-9:00am Ages 8-9 SU-344: 9:00am-10:00am Ages 10-11 S-345: 10:00am-11:00am Ages 12-15

Wednesdays - July 14, 21, 28, Aug 4 SU-346: 8:00am-9:00am Ages 8-9 SU-347: 9:00am-10:00am Ages 10-11 SU-348: 10:00am-11:00am Ages 12-15

Tom Peterson Register By: May 26 / June 16 Fee: \$100 Pioneer Creek Golf Course

Min: 2 / Max 10

Pioneer Creek Compete Junior Golf League

For golfers looking to take the next step and learn to be a competitive golfer. Format: Choose any 4, 5 or 6 dates that work for you. A session includes, 1 hour of competitive golf instruction, 2 hours of oncourse competitive golf formats. (1 hour of instruction with 9 hole tee times starting at 3pm - 4:10pm)

Instructors:

John Coatta - Head Boy's Golf Coach Minnetonka High School (2004 - 2017),

Sam Coatta - Professional Hockey Player, Manglerud Stars (Norway)

Dates: June 15, 22, 29, July 6,13, 20

Tuesdays 2pm

Fees: SU-349: Any 4 Dates: \$260 SU-350: Any 5 Dates: \$310

SU-351: All 6 Dates: \$350

Pioneer Creek Golf Course

Register By: May 25 Min: 2 / Max: 15



For full District #110 COVID-19 information please visit our website: isd110.org

Know Before You Go







Wear a Mask



Stay 6 feet from others



Wash or sanitize hands often

Janice Novak Janice has a Masters degree in Health Education. She is a author, speaker and wellness consultant who teaches seminars for hospitals, schools, corporations and professional organizations. Janice empowers people to take action toward attaining better heath with her easy-to-use tips and techniques. She gives simple steps that lead to huge changes in how you look and feel.

Abdominal Strengtheners That Won't Make You Get On The Floor

Abdominal muscles weaken and lose shape due to past pregnancies, surgeries, sitting at a desk all day, being sedentary and poor posture. Learn a series of extremely effective exercises to quickly strengthen all four layers of abdominal, WITHOUT stressing back or neck joints and WITHOUT getting on the floor. Common abdominal exercises like crunches can place too much stress on back and neck joints. Learn a series of effective exercises to strengthen all four layers of abdominal WITHOUT stressing back/neck joints and WITHOUT getting on the floor.

S-352: Tuesday, April 6 Fee: \$25 Virtual | Zoom Janice Novak Min: 2 / Max: 20 Register By: March 30 6:00pm-7:30pm



Metabolism Boosters & Busters

In the past you probably could drop weight by cutting back on calories or exercising a bit more. But then suddenly the scale stops moving and you just can't seem to lose weight. THE GOOD NEWS - You could lose up to 20 pounds in a year — without eating less. Just by revving up your metabolism, you can burn more calories every day, lose fat, boost energy, feel stronger and more fit. In this class, you will learn 20 SIMPLE things you can do every day to boost your metabolism and burn as much as 30% more calories every day.

S-353: Wednesday, April 7 Fee: \$25 Janice Novak 6:oopm-7:3opm Virtual | Zoom Min: 2 / Max: 20

Register By: March 31

Acupressure to Relieve Stress, Anxiety, Insomnia & More

Acupressure is an ancient healing art and self-help tool. It can offer great relief with no side effects and help you feel your best. Along with the specific points to help relieve stress, insomnia, anxiety, irritability and even weight gain, learn the Nine Master Pressure Points which are the most helpful and most frequently prescribed to help and assist every system in your body.

S-354: Thursday, April 8 S-355: Wednesday, June 16

6:00pm-7:30pm

Fee: \$25 Virtual | Zoom Janice Novak Min: 2 / Max: 20 Register By: April 1



The Art of De-Aging: Peel Years Off Your Biological Age

Your chronological age is the number of years you have been alive. It is a fixed number and cannot be changed. Your biological or body age, however, is measured by how well all of your organs and body systems work. And there are many things you can do to affect your biological age. You have more control over how your body ages than you may think. Research has shown us that you can peel years off your bio age. In this workshop, you will learn simple, scientifically proven things you can do right now to decrease your body age. Also, you will learn facial acupressure points to help erase years from your face naturally by increasing muscle tone, decreasing puffiness and eye bag. Reduce lines and prevent new lines from forming. Help yourself look better, feel younger and age with health and vigor.

S-356: Monday, April 12 6:00pm-7:30pm

Fee: \$25 Virtual | Zoom Janice Novak Min: 2 / Max: 20 Register By: April 5



Posture & Osteoporosis Workshop: Building Better Bones

Have you ever caught sight of your reflection in a window or mirror to see that your head leads the way? Or noticed that your shoulders and upper back are too rounded forward? You'll learn simple techniques to improve posture and stand straighter. We'll do exercises to help flatten the upper back, un-round shoulders and flatten your midsection. We'll talk about how to reduce the risk of osteoporosis and related injuries and how to re-gain bone mass. We'll discuss the latest research findings on nutrition and talk about the importance of minerals and trace minerals for bone health; foods that help and/or harm your bones and more. Wear loose, comfortable clothing.

S-357: Tuesday, April 13 6:00pm-7:30pm

Fee: \$25 Virtual | Zoom Janice Novak Min: 2 / Max: 20

Register By: April 6



Vitamins & Herbs: Facts & Fallacies

Confusion abounds about vitamin supplements. Do you need them? Which ones are best? How do you choose? In this workshop, you will learn the 7 guidelines that determine if a supplement is well balanced or a waste of money. (The instructor DOES NOT sell any supplements). Also, we'll discuss what current research says about: antioxidants, phytochemicals, anti-aging nutrients, colloidal minerals, chelated minerals, sustained release formulas, and herbal preparations such as Glucosamine Chondroitin, Melatonin, St. John's Wort, Ginkgo, Ginseng, Echinacea, & DHEA.

S-358: Wednesday, April 14

6:00pm-7:30pm Fee: \$25

Virtual | Zoom Janice Novak Min: 2 / Max: 20 Register By: April 7



Acupressure to Assist Weight Loss

Acupressure is a Chinese healing technique that involves pressing or massaging key points on the body to stimulate energy flow through pathways called meridians. When the points that regulate metabolism, digestion and thyroid function are blocked or out of balance, losing weight will seem like an impossible task. In this workshop, you will learn the main pressure points that help strengthen thyroid function, boost metabolism, control appetite, decrease food cravings, reduce stress eating and strengthen the entire digestive system.

S-359: Tuesday, April 20

Fee: \$25 Virtual | Zoom Janice Novak Min: 2 / Max: 20 Register By: April 13 6:00pm-7:30pm



Women, Weight & Hormones

Is fat collecting around your mid-section and no matter how well you watch what you eat or how much you exercise that weight is not budging? If this is your story, your inability to lose weight probably has more to do with your hormone levels than anything else. Until you discover and correct any imbalances, trying to lose weight will be like shoveling sand against the tide. You will learn key strategies for fighting fat and losing weight including: concrete solutions (not tricks, not using your will power) for controlling appetite and cravings; boosters to keep your metabolism burning brightly; how to tell if your thyroid is creating weight problems and what to do about it; hormone mimicking chemicals; what HRT or birth control pills have to do with weight gain; hormone levels checked reliably; steps needed to safely break the vicious cycle of hormone related weight gain to help your body begin to lose weight again.

W-695: Thursday, April 22

Fee: \$25 Virtual | Zoom Janice Novak

Min: 2 / Max: 20 Register By: April 15 6:00pm-7:30pm

Overcome Your Carbohydrate Cravings

Ever had a day where you can't stop eating? Do you crave starches, snack foods, and sweets and find the more you eat, the more you want to eat? Is your snacking out of control? In this workshop, we will discuss a two week plan that will STOP your cravings (no kidding!), help you lose weight and help keep your insulin levels balanced. Overcoming carb cravings is not a matter of willpower but a matter of biology. Learn how you can stop the vicious cycle of food craving and weight gain. No hype – just the facts.

S-361: Monday, April 26 Virtual | Zoom

Register By: April 19

6:00pm-7:30pm Janice Novak

Fee: \$25 Min: 2 / Max: 20



The Ancient Art of Hand Yoga

Mudras, or 'yoga of the hands' has been recognized for centuries as a simple yet effective healing tool. In ancient India, mudras were believed to be the key to spiritual, mental and physical wellbeing and that regular practice of the hand positions can rejuvenate body and mind. The hand positions are easy to do, take minutes to perform and can be done almost anywhere at any time. Mudras can also be used to help relieve numerous conditions such as anxiety, stress, digestive issues, weight loss, bloating, insomnia and so many more.

S-362: Tuesday, April 27 6:00pm-7:30pm Virtual | Zoom Fee: \$25 Min: 2 / Max: 20 Janice Novak

Register By: April 13

Posture, Get it Straight: Look Younger, Thinner & Feel Better

Ever caught your own reflection to see that your head hangs too far forward or your shoulders are too rounded, or you slump too much? You will learn how to correct common posture problems and learn an 'Instant Alignment Technique' that will have you standing straighter immediately. We'll discuss easy to implement tips when at a computer, in a car or working out. There are many benefits to improving posture. And, the good news is no matter how long you may have had poor posture. Your clothes will fit and look better, too!

S-363: Thursday, April 29 6:00pm-7:30pm Virtual | Zoom Fee: \$25 Min: 2 / Max: 20 Janice Novak

Register By: April 13

Acupressure Face Lift & Skin Saavy

Here's a facelift you can do at home. Acupressure is an ancient Eastern healing method that works with the energy that flows through your body. Stimulating facial acupressure points can help erase years from your face naturally, bring a healthy glow to your skin; increase muscle tone; decrease puffiness and eye bags; reduce lines and prevent new lines from forming; even decrease headaches, relieve eye strain, soothe nerves and increase relaxation. Learn how to make your skin as healthy as possible from the inside out.

S-364: Monday, May 3 S-360: Tuesday, June 8

6:00pm-7:30pm Fee: \$25 Virtual | Zoom Janice Novak

Min: 2 / Max: 20 Register By: April 26

Metabolism Boosters & Busters

In the past you probably could drop weight by cutting back on calories or exercising a bit more. But then suddenly the scale stops moving and you just can't seem to lose weight. THE GOOD NEWS - You could lose up to 20 pounds in a year – without eating less. Just by revving up your metabolism, you can burn more calories every day, lose fat, boost energy, feel stronger and more fit. In this class, you will learn 20 SIMPLE things you can do every day to boost your metabolism and burn as much as 30% more calories every day.

S-365: Wednesday, May 12 6:00pm-7:30pm Fee: \$25

Janice Novak Min: 2 / Max: 20 Register By: May 5 Virtual | Zoom

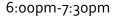


Thyroid Information You Need to Know

If you currently take thyroid medication but are still gaining weight and still have a variety of symptoms, there's more you need to know. Fatigue, weight gain, depression, anxiety, rising cholesterol levels, inability to focus, thinning hair, digestive problems, abnormal blood pressure, reduced sex drive, and heart palpitations are only some of the symptoms. In this workshop, we'll discuss: how thyroid function can make any illness worse; the 5 things that need to be measured, but usually aren't; why the #1 thyroid replacement may not be helping you; connection between thyroid, fibromyalgia and arthritis; foods that help or hinder; commonly misunderstood rules of how and when to take thyroid meds; environmental triggers and info you need to discuss with your doctor. This workshop is a source of information only and should by no means be considered a substitute for the advice of a qualified medical professional.

S-366: Thursday, May 6

Fee: \$25 Virtual | Zoom Janice Novak Min: 2 / Max: 20 Register By: April 13





Mudras: The Acient Art of Hand Yoga

Mudras, or 'yoga of the hands' has been recognized for centuries as a simple yet effective healing tool. In ancient India, mudras were believed to be the key to spiritual, mental and physical wellbeing and that regular practice of the hand positions can rejuvenate body and mind. The hand positions are easy to do, take minutes to perform and can be done almost anywhere at any time. Mudras can also be used to help relieve numerous conditions such as anxiety, stress, digestive issues, weight loss, bloating, insomnia and so many more.

S-367: Wednesday, June 2

6:00pm-7:30pm

Fee: \$25 Virtual | Zoom Janice Novak Min: 2 / Max: 20 Register By: May 26



Avoid the Pitfalls (and Weight Gain) of Perimenopause & Menopause

Perimenopause starts around the age of 35 for most women and can last 10-15 years. Common symptoms include fatigue, migraines, weight gain, water retention, depression, sleep disturbances, joint aches, hot flashes, anger flashes, migraines, fibroids, exaggerated PMS and more. Once you understand exactly what is causing all the troublesome symptoms, they are much easier to correct. We'll discuss how to get hormone levels measured - blood test vs. saliva test and what to do with the results; traditional HRT vs. bio-identical; acupressure points to assist in symptom relief and nutritional musts. You'll leave with multiple tools and techniques for restoring health and well-being.

S-368: Monday, May 10 6:00pm-7:30pm

Fee: \$25 Virtual | Zoom Janice Novak Min: 2 / Max: 20 Register By: May 3



Just Breathe! Techniques to Calm, Center & Balance

Breathing in specific ways can have amazing and powerful healing benefits on mind and body. Breath work is the single most powerful thing you can practice for improving energy levels, health and well-being. In this workshop, you will learn ancient breathing exercises that will: neutralize stress by reprogramming your nervous system; increase energy and vitality; increase brain function; improve immune response; decrease depression and anxiety; and actually help strengthen your back and abs from the inside out. The simplest and most powerful technique for optimum health of mind and body is absolutely free and literally right under your nose.

S-369: Thursday, June 10 6:00pm-7:30pm

Fee: \$25 Virtual | Zoom Janice Novak Min: 2 / Max: 20

Register By: June 3



Certified First Aid CPR/AED Training

HEARTSAVER First Aid CPR Training. Would you know what to do in a cardiac, breathing or first aid emergency? The right action could help you save a life! With an emphasis on hands-on learning, this First Aid/CPR/AED course gives you the skills to save a life. Training meets OSHA's Best Practices for Workplace First Aid Training for the infant, child and adult. 2 year certification. Skills include how to respond to cardiac and breathing emergencies in all ages. CPR, use of Automated External Defibrillators (AED) and choking. First Aid will include wounds and bandaging, burns, head, muscle, bone and joint injuries, heat and cold emergencies, poisonings and sudden illnesses.

S-374: Wednesday, May 5 S-375: Wednesday, July 14 Bayview Media Center 6:00pm-9:00pm

Fee: \$55 Min: 4 / Max: 20 Shelly Nahan

Register By: April 28 / July 7



Non Certification - First Aid CPR/AED Training:

Would you know what to do in a cardiac, breathing or first aid emergency? The right action could help you save a life! With an emphasis on hands-on learning, this CPR course gives you the skills to save a life. A great class to learn how to respond to emergencies without the cost and need of certification!

S-376: Wednesday, May 5 S-377: Wednesday, July 14

6:oopm-8:3opm Bayview Media Center

Fee: \$30 Min: 4 / Max: 20 Shelly Nahan

Register By: April 28 / July 7



Voice-Overs: Now Is Your Time!

In what could be the most enlightening 2 hours you've ever spent, this webinar will show you how you can actually begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. In this introductory webinar, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for.

Instructor Bio: Cathi Colas has been doing voiceover work for years now and is founder and CEO of VocStories | Voice Over by Cathi Colas. She has been highly successful in the Audio-book arena with over 45 audio-books on Audible and Itunes. She recently completed a 10-Book Classics Project for Findaway Voices to include Anne of Green Gables, Anne of Avonlea, Grimm's Fairytales, The Yellow Wallpaper, and more. She also writes and narrates children's books.

S-378: Tuesday, May 11 Virtual | Webinar class Cathi Colas w/ Such a Voice Register By: May 4

Minimum: 4 / Maximum: 20

6:30pm-8:30pm Fee: \$24



Seasoned Driver Training Programs

If you are 55 years or older you can save money and become a better driver. Minnesota law requires insurance companies to offer a 10% reduction for 3 years if you complete a National Safety Council's course taught by certified instructors. This course is 2 sessions of classroom training. No driving test is required. You will receive a certificate of completion to provide to your insurance company. At this time the **Minnesota Safety Council** is offering virtual classes. Please check out their website for

upcoming opportunities at: minnesotasafetycouncil.org/

For Your Information

Is your family included on the School District Census?

Has there been a birth in your family? Have you recently moved into your neighborhood? Is there a new family in your neighborhood? District 110 wants all families to know about the programs and activities it has to offer. Being on the School District Census insures that you will automatically receive information about Early Childhood Screening, Preschool, Kindergarten and all of the opportunities offered by Community Education. To be added to the census, please call the School District Census office at 952-442-0607. Thank you

Waconia School District #110 School Locations

WEC	Waconia Community Education /
	Waconia Enrichment Center
	516 Industrial Blvd., Waconia
BV	Bayview Elementary School
	24 South Walnut Street, Waconia
SV	Southview Elementary School
	225 4th Street West, Waconia
WMS	Waconia Middle School
	1400 Community Drive, Waconia
WHS	Waconia High School
	1650 Community Drive, Waconia
LT	Laketown Elementary School
	96o Airport Road, Waconia

Volunteering

Volunteers are needed throughout the year for several Waconia Community Education camps, classes, events and activities. Email Holly at hwortz@isd110. org to be put on the volunteer email list. When we are in need of volunteers for something specific you will receive a short note asking if you would be willing to volunteer. Typically our volunteers are aged from Grade 5 - adult. This is perfect if you are a Waconia High School National Honor Society member! We hope that you'll take advantage of these opportunities to help the community. Please contact the Community Education office at 952.442.0610 or Holly Wortz at 952.442.0612 if you are interested in contributing your time and effort. Thank you.

Wanted! Community Education Advisory Council Members

Community Education is looking for individuals to serve onthe Advisory Council. The Advisory Council helps direct thegrowth and development of the Community Education and Recreation program along with suggest, advocate, encourage and recommend the Community Education concept to neighbors, friends and the community. If you are interested in becoming part of this council contact: Tiffany Nelson - tnelson@isd110.org

Scholarship Information

Individuals or families who live in School District #110 and meet certain income eligibility guidelines may qualify for a fee reduction on ECFE, Waconia Wildcat Preschool and team recreation programs. Scholarship requests must be made at the time of registration. Scholarship forms are available at the Community Education office.



Facility Use

At this time, November 2020, the District #110 is not renting out our facilities to outside groups. Please check back in July 2021 if this policy has changed.

Community members and organizations are invited to use the district facilities. The following guidelines must be followed before facility use will be available. All facility rental must be made 10 days in advance.

- Contact the Community Education office to obtain a facility use application or to see if an area is open for you to use.
- Fill out, sign and return the application to the Community

Education office.

- 3) Community Education will verify dates and fees with the user.
- 4) All changes must be made one week prior to the date of use.

Registration Information

How to Register

By Mail

Complete a registration form and mail it with your check, money order or credit card number and expiration date to:

ISD #110 Community Education 516 Industrial Blvd. Waconia, MN 55387

Walk-in

Visit the Community Education office located at 516 Industrial Blvd. in Waconia.

Office Hours:

Mondays - 7:30 am - 4:00 pm Tuesdays - 7:30 am - 1:00 pm Wednesdays - 12:00 pm - 4:00 pm Thursdays - 7:30 pm- 1:00 pm

Online Registration:

www.waconiacommunityed.org

By Fax:

Fill out a registration form including your credit card number, expiration date and signature and fax it to 952.442.0619.

24 Hour Drop Box Locations:

> 516 Industrial Blvd., Waconia (outside of Education Center building near CE office entrance)

> 24 South Walnut Street, Waconia (north end of Bayview Elementary School building)

> 225 4th Street West, Waconia (outside main entrance doors of Southview Elementary School)

We are unable to accept registrations or reserve spots by phone.

Checks Payable To:

Dist. #110 Community Education A Commitment to Community and Lifelong Learning

Registration Policies

Register Early

Classes fill up quickly. Please register at least one week in advance so we can make class enrollment decisions. We will accept registrations as long as there is space available in the class.

Are you registered?

Assume the course will be held at the time and place indicated. Assume that you are enrolled unless you hear differently. We would call you if the class is cancelled or if the dates, times or locations have changed.

Refunds/Cancellations

Notification to the Community Education office at least 6 working days or more prior to the start of the class/program is necessary to receive a full refund/credit (less a \$10 processing fee). No refunds, transfers or credits will be issued for vacation, illness or injury. Classes are not prorated.

- ECFE Same as above.
- Kids' Company registration fee is nonrefundable. For more information see the Kids' Company handbook.
- Waconia Wildcat Preschool The registration deposit and supply fee is non-refundable. Class cancellations need to be received in the Community Education office two weeks prior to withdrawal or participant will be required to pay the difference.
- Behind the Wheel A \$45 fee is assessed for cancellingout of this program.
- COVID-19 cancellations will be assessed on a case to case basis.

School Closings

If school is canceled or closes during the day due to bad weather, Community Education must cancel all youth activities. Adult activities may or may not be canceled. The CE office will call all adults if classes are to be canceled. Cancelation information will be posted on the Community Education website, www.waconiacommunityed.org

Satisfaction Guarantee

If you are not satisfied with a Community Education class, program or event, please call and let us know.















A Commitment to Community and Lifelong Learning

WaconiaCommunityEd.org | 952.442.0610