

# HEALTH AND SAFETY EDUCATION

<b>HEALTH</b>				
<b>Grade Level:</b> 9-12	<b>Credits:</b> 1	<b>College Credit:</b> No	<b>Fine Arts Credit:</b> No	<b>Prerequisite:</b> None
<p>This required course includes discussion of physical, emotional, social and personal health. This class takes a more comprehensive look at the following units:</p> <ul style="list-style-type: none"> <li>● Mental and Emotional Health</li> <li>● Family and Social Issues             <ul style="list-style-type: none"> <li>○ Violence Prevention</li> <li>○ Relationships</li> <li>○ Human Development</li> <li>○ Reproductive System</li> <li>○ Endocrine System</li> </ul> </li> <li>● STI's</li> <li>● Nutrition</li> <li>● Alcohol, Tobacco, and other Drugs</li> </ul> <p><b>This course is recommended for students in grade 9 or 10.</b></p>				

<b>HEALTH CAREERS INVESTIGATION</b>				
<b>Grade Level:</b> 10-12	<b>Credits:</b> 1	<b>College Credit:</b> No	<b>Fine Arts Credit:</b> No	<b>Prerequisite:</b> None
<p>Students have the opportunity in this course to investigate and learn about careers related to the healthcare industry. Being a doctor or nurse are not your only career options in health care. This course will provide an opportunity to explore over 30 health-related careers through classroom speakers and visits to health care providers and job shadowing opportunities. Students interested in pursuing a possible health career would find this experience valuable and informative. <b>This course does not meet the PE requirements for graduation.</b></p>				

<b>SAFETY EDUCATION</b>				
<b>Grade Level:</b> 9-12	<b>Credits:</b> 1	<b>College Credit:</b> No	<b>Fine Arts Credit:</b> No	<b>Prerequisite:</b> None
<p>Students will receive classroom driver education necessary to complete the Minnesota driver's test and obtain a driver's permit. This course exceeds the state requirements for Classroom Driver's Education and is intended to help the student become a more capable driver by understanding those factors which influence decision making. Safety Education also includes updated information on recreational safety, weather safety, personal safety, power tool and equipment safety, alcohol education and traffic safety. First aid topics will also be covered. The student is responsible for arranging the behind-the-wheel education either after school, on weekends or during the summer. <b>This course does not meet the PE requirements for graduation.</b></p>				