Waconia High School 2012 ExCEL Candidates

Amy Parkinson is active in soccer and track & field, earning letters in both sports. On the fine arts side, Amy is three-year member of the instrumental band, the pep band and the marching band. She currently serves as a commander/leader for the WHS Marching Band. Amy has also been involved with Show Choir and with the WHS Spring Play. Amy demonstrates her excellence in education and leadership by being an active member of the National Honor Society, Students Against Destructive Decisions, FCCLA and Student Council. She has been on the Waconia High School 'A' Honor Roll every trimester since starting her 9th grade year, maintaining an impressive 4.0 GPA. In her "spare time", Amy volunteers at many different organizations/functions including: Sunday School Teacher Assistant; Waconia's Relay for Life; Tour de Tonka; America Reads; Community Theatre; as well as providing assistance to a variety of band related service projects. Amy's parents are Cheri & Doug Parkinson.

Matt Rachey is active in basketball and golf where he has earned two letters in basketball and four letters in golf. In basketball, Matt was a member of the varsity team that has won the Wright County Conference Championship the past two years. The team also won a section championship and earned a state tournament berth during his sophomore year. Matt's golf accomplishments are impressive, including: Team Captain; WCC All-Conference (2X); State Tournament Qualifier as a 9th grader; Minnesota State Golf Coaches Academic Team (2X); and Minnesota State Golf Coaches Association All-State Honors. He has also earned academic honors in both sports, maintaining an impressive 4.0 GPA throughout his high school career. Matt is a member of the WHS National Honor Society and is also involved with Peer Mentors & Peer Helpers at WHS. In his "spare time", Matt volunteers at many different organizations/functions including: Sunday School Teacher Assistant; Feed My Starving Children, Waconia Food Drive; Kelsey & Kelly Short Memorial; Dollars for Scholars and Toys for Tots; as well as volunteering at a variety of Waconia youth basketball camps. Matt's parents are LuAnn & Keith Rachey.