Waconia High School 2009 ExCEL Award Candidates

Becky Boughten is active in cross-country, basketball and golf where she has earned letters in each sport, as well as academic honors. On the fine arts side, Becky is a soloist and first chair in the concert band, a section leader in the wind ensemble and is a member of the marching band, pep band and show choir. Becky demonstrates her excellence in education and leadership by being a member of the National Honor Society, Student Council, Conservation Club, Peer Helpers, SADD, Prom Committee (head), as well as being on the Waconia High School 'A' Honor Roll. In her "spare time", Becky volunteers at many different organizations/functions including: teaching Sunday school at church; serving as a summer camp coach in basketball & volleyball; working at Operation Christmas Child; and serving meals at Our Saviors Residence Homeless Residence. Becky's parents are Jean & Robert Boughten.

Meredith Proulx is active in cross-country and track & field where she has earned letters in each sport, as well as academic honors. On the fine arts side, Meredith was a member of the past two fall musicals and last year's spring play. She also has participated in speech, visual arts and has taken private piano lessons for the past 9 years. Meredith demonstrates her excellence in education and leadership by being a member of the National Honor Society, Student Council, Conservation Club (fundraiser chair), International Club, America Reads, Prom Committee, as well as being on the Waconia High School 'A' Honor Roll. In her "spare time", Meredith volunteers at many different organizations/functions including: lectoring and working in the nursery at church; serving as a youth soccer coach; Teen Council Activities, working on the MS Challenge Walk Teen Crew; and serving meals at Feed My Sheep Community Dinner. Meredith's parents are Marilyn and Greg Proulx.