

District 110
Community Education

Waconia • St. Bonifacius • New Germany • Minnetrista • Victoria

Fall 2022



A Commitment to Community and Lifelong Learning

WaconiaCommunityEd.org | 952.442.0610

www.waconiacommunityed.org / www.waconiaareaathletics.com

Waconia Community Education & Recreation

Waconia Community Education & Recreation

Phone 952.442.0610
Fax 952.442.0619
Activities Hotline 952.442.0675

Director

Tiffany Nelson 952.442.0615
tnelson@isd110.org

Kids' Company Program Supervisor

Jennifer Merritt 952.442.0618
jmerritt@isd110.org

Recreation Coordinators

Ivan Woyno 952.442.0616
iwoyno@isd110.org

TBD 952.856.4520
TBD

Youth & Adult Program Coordinator

Holly Wortz 952.442.0612
hwortz@isd110.org

Administrative Assistant

Shar Husfeldt 952.442.0608
shusfeldt@isd110.org

Main Phone Line 952.442.0610

Early Childhood Supervisor

Sara Linsley 952.442.0664
slinsley@isd110.org

Early Childhood Administrative Assistant

Brenda Buesgens 952.442.0613
bbuesgens@isd110.org

Waconia Wildcat Preschool 952.442.0613

School Age Child Care

Southview Kids' Co Site 952.442.0627
Bayview Kids' Co Site 952.442.0614
WMS Kids' Co Site 952.442.0617
Laketown Kids' Co Site 952.442.0690

Advisory Councils

Waconia Community Education Advisory Council

Barb Kalthoff, Alycia Myers, Brian Rothstein, Lindsay Schmidt, Paul Ericsson & Tiffany Nelson

ECFE Advisory Council

Kara Anderson, Brianna Ballard, Erin Foss-Beerling, Lynn Irrgang, Lisa Melsha, Tiffany Nelson, Rachelle Schaust & Stephanie Schnedler

Baseball Advisory Board

Peter Brown, Brian Crane, Jon Deming, Steve Fleck, Adam Gregg, Mike Herman, Wade Marsh, Tiffany Nelson, Erik Olson & Troy Simonson

Softball Advisory Board

Garren Hamby, Jake Saulsbury, Audra Lehrke, Tiffany Nelson, Maria Saulsbury, Kurt Schutte, Jason Smith, Todd Stejskal & Holly Wortz

Soccer Advisory Board

Anthony Bell, Brian Elliot, Kevin Keegan, Tiffany Nelson, Trevor Paulson, Justin Pozega, Cary Sommer & Ivan Woyno

Lacrosse Advisory Board

Jared DeWold, Elisabeth Doran, Larry Doran, Chris Marten, Nicole Meyer, Tiffany Nelson, Crystal Roberts, Rusty Stockinger, Christy Willis & Ivan Woyno



Table of Contents

For Your Information

Advisory Councils

ECFE

Early Childhood Family Education

Preschool Options

Waconia Wildcat Preschool

School Age Child Care

Kids' Company & The Verge

Youth Activities

Youth Enrichment

Youth Recreation

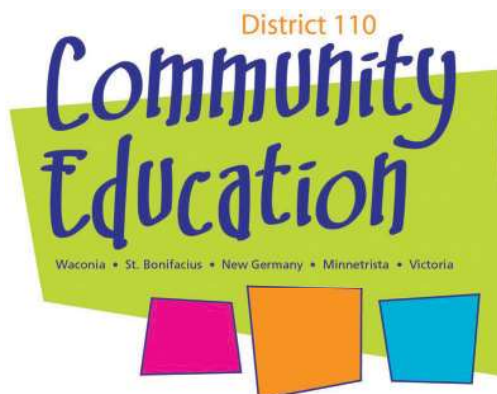
Adult Classes

Adult Enrichment

Registration Information

Registration Information

Community Education Registration Form



Waconia District #110 School Locations

WEC	Waconia Community Education 516 Industrial Blvd., Waconia
BV	Bayview Elementary School 24 South Walnut Street, Waconia
SV	Southview Elementary School 225 4th Street West, Waconia
WMS	Waconia Middle School 1400 Community Drive, Waconia
WHS	Waconia High School 1650 Community Drive, Waconia
LT	Laketown Elementary School 960 Airport Road, Waconia
WEC	Waconia Enrichment Center 520 Industrial Blvd. Waconia

Fall 2022

ISD #110

Waconia Community Education & Recreation Mission Statement

The purpose of this program shall be to bring together community residents of St. Bonifacius, New Germany, and Waconia along with District #110 Community Education staff to plan and direct programs that meet the needs of residents of all ages. These programs offer: enrichment, recreational, academic, family support and service activities. The program utilizes school district community and private resources and facilities to promote lifelong learning.



Nickle Dickle Day 10K, 10K Relay,
5K Run/Walk &
Youth ½ Mile Tickle Run

Saturday, September 17, 2022

Fast Results! Chip Timed!
The best shirts, entertainment, treats and
volunteers in the area!

The run starts and ends at
Bayview Elementary School.

Register online or print off a registration form at
WaconiaCommunityEd.Org

10K Run & Relay starts at 8:00 am
5K Run/Walk starts at 8:10 am
1/2 Mile Youth Tickle 10:15am
all @ Bayview Elementary School

Kids' Company & The Verge

Kids' Company Childcare If you are looking for quality child care in a school setting, look no further. Kids' Company offers children the opportunity to thrive in an atmosphere that supports positive growth. Children are given this opportunity starting at the age of three (must be toilet trained) through 5th grade. Kids' Company is open at 6:00 am and our last pick up time is 6:15 pm. We are located at Bayview Elementary School, Southview Elementary School, Laketown Elementary, and Waconia Enrichment Center. Children may attend Kids' Company at the school they attend which means a peace of mind for parents. Kids' Company is available on most school early release days and non-school days. Our belief at Kids' Company is that children need to be in an environment that will enhance their social, academic and positive self image. We accomplish this through exposure to new experiences, freedom of choice and building new friendships. Children are always placed in age appropriate classes. Please see below for our specific site locations and for more details. Please note that times and locations may change due to registration numbers. Please visit our website at www.waconiacommunityed.org for more information.

Bayview, Southview & Laketown Elementary Schools

Hours: 6:00am-8:00am & 2:30pm 6:15pm | K-5th grade

Kids' Company 2022-2023
Virtual Parent Meeting
Thursday, August 25 at 6pm

Waconia Enrichment Center

(504 Industrial Blvd. Waconia)
Hours: 6:00am-6:15pm | Pre-K



For more information about the
Kids' Company or The Verge program please
contact Jenny Merritt. jmerritt@isd110.org
952-442-0618



The Verge - at Waconia Middle School for 6th-8th Graders. The Verge Student Hang Out is a place for 6th - 8th grade students to hang out after school or if they need a place to go before or after an activity. This is a supervised option for Waconia Middle School students from 3:10pm - 6:30pm on school days. Students are welcome to drop in anytime during the open time frame and use their punch card (15 times for \$75) or pay a daily rate of \$7. Daily free time will consist of hanging out with friends, playing the Wii, study time, open gym time, playing games, etc, the choice is up to the students. This area has been created to give students the opportunity to spend supervised time hanging out. Punch cards are available for purchase at the Waconia Community Ed office and The Verge Student Hang Out. Students may also attend by paying a daily rate in cash or check. Punch cards may be kept by the students or at The Verge.

Calling All Preschoolers!

Kids' Company enrolls children that are 3 years of age and older at our Waconia Enrichment Center. This program is available to all children in the area and is also a collaborative effort between Waconia Wildcat Preschool and Kids' Company. Therefore, transitions between programs will be safe and supervised. We offer a school based atmosphere for children that is both safe and enriching.

Registration Information:

Registration is online. If you are placed on a waiting list please email Jenny Merritt @ jmerritt@isd110.org and let her know.



Early Childhood Family Center
520 Industrial Blvd. Waconia, MN
952-442-0613
www.waconiacommunityed.org

ECFE OPEN HOUSE
Thursday, August 25
5:30-7:00 pm



Welcome to Dist. 110 ECFE

Early Childhood Family Education (ECFE) is a District 110 Community Education program of Waconia Public Schools. All families with children ages birth to kindergarten are welcome. Our mission is to strengthen families through education and support of all parents toward healthy growth and development of their children.

Early Childhood Family Education offers classes, events and other programs designed by highly qualified teachers, specifically for families with young children. Most classes meet once a week for 1.5-2 hours. Quality child care is provided for siblings not enrolled in class

A sliding fee scale is provided to make classes affordable for all families. No one will be denied participation for inability to pay.

ECFE 0 - 24 months

Incredible Infants

0-12 months

Having a baby is both exciting and challenging. This informative class helps you to get off to a great start with your baby. You will meet with other parents to discuss common concerns such as sleep, feeding, adjusting to parenthood, infant development and more. Spend time enjoying music, playing, and bonding with your child.



Parents and children will stay together the entire class. Sibling care is provided for \$15.00/child. Registration required. ECFE Room 114 **Ages as of September 1, 2022**

You are welcome to join an infant class at any time during the session as space allows. If you are on maternity/paternity leave for a limited time and only able to attend a few classes, let us know and we will prorate your fee.

ECF01	0-12 months	Mon. Sept. 12-Dec. 19	10:45-12:15 pm	\$30.00
		No class Oct. 17, Nov. 21		
ECF02	0-12 months	Wed. Sept. 14-Dec. 21	10:45-12:15 pm	\$30.00
		No class Oct. 19, Nov. 23		

Terrific Toddlers

A whole new world begins once your child becomes mobile--a toddling little bundle of energy just looking to touch, taste, and test out the world and you! Spend time enjoying music, movement, and lots of exploratory activities with your child. During the parent discussion, we'll share ideas for separation anxiety, setting limits, safety and other joys and concerns of parenthood. Toddler classes will gradually separate based on age and development of children.

Join us for this special time with your busy toddler. Sibling care is available.

Class fees can be found on page 7. Registration required. ECFE Room 114
Ages as of September 1, 2022

ECF10	10-18 months	Tue. Sept. 13-Dec. 20	8:45-10:15 am
		No class Oct. 18, Nov. 22	
ECF11	10-18 months	Wed. Sept. 14-Dec. 21	8:45-10:15 am
		No class Oct. 19, Nov. 23	
ECF12	18-24 months	Mon. Sept. 12-Dec. 19	8:45-10:15 am
		No class Oct. 17, Nov. 21	
ECF13	18-24 months	Tue. Sept. 13-Dec. 20	10:45-12:15 pm
		No class Oct. 18, Nov. 22	



Baby Connect & Play 0-2 years

Explore, play and learn together in a clean, safe classroom designed just for little ones! This will be self-guided with an ECFE teacher present for conversation and answering questions. Plus a Licensed Parent Educator will visit the first Thursday each month with resources to share. Parents and children can make social connections in a casual, fun setting. Come at the beginning and stay until the end or pop-in and out when it's convenient for you. No pre-registration is necessary. **Sibling care is only available to those who register ahead of time.** ECFE Room 114

PPF01	0-2 years	Thur. Sept. 15-Dec. 22
	11:00-12:00 pm	No class Oct. 20, Nov. 24
	\$5.00/child/class	\$5.00/child/sibling care

View and plan your class selections when you receive the brochure. If you are new to ECFE or Community Education, go to www.waconiacommunityed.org and click on the Community Ed tab then go to Registration and Online Registration to view the online catalog and to create an account. The online shopping cart will be available on Wednesday, August 17 at 8:00 am. Mailed or faxed registrations will be processed beginning August 17 also.

ECFE 2 - 5 year olds

Check out the next page for more class options!



A Typical ECFE Class includes:

- Parent/Child Time - Parents and children explore age-appropriate activities designed to enhance learning. Parents gain new ideas for things to do together at home with their children. This time includes a group "Circle Time" of songs and games.
- Parent Education - Licensed parent educators provide resources and guide group discussions about child development, parenting techniques and current issues concerning today's families.
- Children's Classroom - During parent discussion, children play in a stimulating and caring environment with licensed early childhood teachers. They enjoy music, stories, group games and creative play as they interact with other children their age. Registration Required.

ECFE Room 108 **Ages as of September 1, 2022**

- Sibling Care - Quality childcare is available to provide a safe, caring and fun atmosphere for siblings not enrolled in daytime classes.

Discovery Time

ECF20	2 years/Room 108 (Ms. Vanessa)	Mon. Sept. 12-Dec. 19 (No class Oct. 17, Nov. 21)	8:30-10:30 am
ECF21	2 years/Room 114 (Ms. Heather)	Thur. Sept. 15-Dec. 22 (No class Oct. 20, Nov. 24)	8:30-10:30 am

Nature Play (STEAM)

This class utilizes our newly updated outdoor classroom and our indoor ECFE classroom. Children will learn, explore and engage with nature and science through a variety of activities and settings. As the weather gets colder, we will move inside and focus on STEAM (Science, Technology, Engineering, Arts, Math) exploration and bringing nature indoors. Parent Time will focus on children's learning and development as it relates to our natural world and all of the ways we can support growth. Your child can bring a nut free lunch or snack from home to eat during the end of class. ECFE Room 108

ECF22	2-5 years	Tue. Sept. 13-Dec. 20 (No class Oct. 18, Nov. 22)	11:00-1:00 pm
-------	-----------	---	---------------

Coming Back for More

Are you returning to ECFE as a second, third or fourth time parent? This class is designed for parents with multiple-age children. Topics will focus on information and support to parent all of your children. ECFE Room 108

ECF23	2-5 years	Wed. Sept. 14-Dec. 21 (No class Oct. 19, Nov. 23)	8:30-10:30 am
ECF24	2-5 years	Thur. Sept. 15-Dec. 22 (No class Oct. 20, Nov. 24)	11:00-1:00 pm

ECFE Class Fee Schedule

Use the table below to determine your fee category for classes. Choose the category based on your annual gross income. The information you provide will be treated confidentially. All families are welcome at ECFE.

No one will be denied participation due to inability to pay fees.

Annual Income	1.5 hour classes	2 hour classes
	Sliding Fee Scale	Sliding Fee Scale
1. under \$35,000	Waived fees, call 442-0664 to register	
2. \$35,000-\$49,999	\$59.00	\$78.00
3. \$50,000-\$74,999	\$91.00	\$108.00
4. \$75,000-\$99,999	\$124.00	\$163.00
5. \$100,000-above	\$156.00	\$208.00

ECFE Sibling Care Fee

1.5 hour classes

2 hour classes

Level 2-3	\$52/child	Level 2-3	\$65/child
Level 4-5	\$78/child	Level 4-5	\$91/child

Registration begins Wednesday,
August 17 at 8:00 am
Register online or use the ECFE
registration form found on page 13.

ECFE 29 months - 4 year olds

ECFE Bridge to Preschool

A unique blend of parent-child time and peer group interaction offering an introductory preschool experience. **Families registered for fall session will be given priority registration for winter/spring session. We are offering two sessions, Monday/Wednesday and Tuesday/Thursday.**

Monday/Tuesday is Parent-Child Day: On this day parents must attend with their child. The first hour is an opportunity for play, modeling social interactions, and participating in your child's learning. The second hour we separate for a fun, educational parent discussion around supporting development. Sibling care is available for this day each week.

Wednesday/Thursday is Child-Only Day: The second day each week is a drop off day where your child will interact with peers, led by a licensed early childhood teacher and an assistant. An introduction to basic skills, along with music, a story and gym/outdoor time are included each day. Children will follow a typical preschool schedule and learn basic routines and expectations in preparation for preschool. Children working towards toilet training are welcomed to attend. Parents must send a nut free bag lunch to eat during the Monday/Wednesday class. The Tuesday/Thursday class will need to bring a nut free snack.

Child must be 29 months by September 1, 2022. Fall class fees are payable in two equal payments. ECFE Room 108.

Payment 1 class fee due at registration--Waive/\$72/\$104/\$147/\$189
Sibling care fee--\$32/\$46

Payment 2 class fee will be processed on Oct. 24--Waive/\$72/\$104/\$147/\$189
Sibling care fee--\$32/\$46



ECF27 29 mo-4 years Mon. & Wed. Sept. 12-Dec. 21 (No class Oct. 17 & 19, Nov. 21 & 23) 11:00-1:00 pm
 (Monday is Parent Day / Wednesday is Child Only Day)

ECF28 29 mo-4 years Tue. & Thur. Sept. 13-Dec. 22 (No class Oct. 18 & 20, Nov. 22 & 24) 8:30-10:30 am
 (Tuesday is Parent Day / Thursday is Child Only Day)

ECFE Mixed Age Evenings and Fridays

Pop-in and Play 1-5 years

If you are not quite ready for the commitment of a class or would just like something extra during the week, come join us at Pop-in and Play! This will be self-guided exploration and play with an ECFE teacher present for conversation and answering questions. Come at the beginning and stay until the end or pop-in and out when it's convenient for you. Sensory and art experiences will vary each week. Parents and children can make social connections in a casual, fun setting. No pre-registration is necessary. ECFE Room 108

PPF02 1-5 years Mon. Sept. 19, Oct. 24, Nov. 28, Dec. 19 6:00-7:30 pm

PPF03 1-5 years Fri. Sept. 9, 16 & 30, Oct. 14 Dec. 2 & 16 11:00-12:30 pm



\$5.00/child/class (children under 1 year are free)

Elementary Parent Offerings

Kindergarten Lunch and Learn is Back!

An offering for parents of Kindergarten age children. The Elementary Schools of District 110 invite you to have lunch with your Kindergarten child and learn with us!

Join your child for a school lunch or bring your own. When children join their friends for recess you join other kindergarten parents for a supportive discussion about raising our children. Bring your parenting questions and your ideas to share. Discussion is facilitated by a Licensed Parent Educator. Each elementary building hosts this event 3 times per year; join us once or throughout the year.



Registration is **FREE** through Early Childhood Family Education/School Age Offerings. Sibling care provided \$6.00/child. **Registration Required.** School lunch is an extra cost for adults who choose this option. Lunch costs will be added to the students lunch account.

SAVE THE DATES

ECKLL10 Friday, Oct. 14 - Laketown ECKLL20 Friday, Nov. 4 - Southview ECKLL30 Friday, Nov. 18 - Bayview	10:50 am - 12:30 pm	Social Skills and Friendship Setting Children Up for Social Success
ECKLL40 Friday, Jan. 6 - Bayview ECKLL50 Friday, Jan. 20 - Southview ECKLL60 Friday, Jan. 27 - Laketown	10:50 am - 12:30 pm	Setting Expectations and Helping Children Build the Skills Needed to Meet Them
ECKLL70 Friday, March 17 - Bayview ECKLL80 Friday, March 24 - Laketown ECKLL90 Friday, March 31 - Southview	10:50 am - 12:30 pm	Executive Functioning and Cognitive Growth Supporting our Childrens Development

Next Steps Kindergarten - 3rd Grade



The elementary years are an exciting time for parents and children alike. Trying new opportunities, learning, exploring, and going through changes. We get to applaud their accomplishments and help them work through frustrations or disappointments.

Growth like success is not a direct path. There will be starts and stops, challenges and successes. Join other parents from our community to celebrate, problem solve and learn how to support our elementary aged children. Discussions are facilitated by a licensed Parent Educator. This is a fun time to focus on how we want to raise our children.

We meet 1.5 hours every other week. Childcare is available for younger siblings who are not in school so that parents can focus without distraction. Topics are selected by group request. Popular topics have been: problem solving daily life, teaching skills of independence, friendships and social conflicts, bullying, and teaching children to be organized.

ECE10 Thursdays, Sept. 15, Sept. 29, Oct. 13, Oct. 27, Nov. 10, Dec. 1 & Dec. 15
\$49.00/adult \$42.00/child/childcare
Early Childhood Family Center Room 103

8:45-10:15 am
Registration Required

Please register for these classes online at www.waconiacommunityed.org (go to Community Ed - Registration - Online Registration - Browse Catalog - Early Childhood Family Education - School Age Offerings).

Parent-Only with Childcare

Expecting Baby

Expecting a new baby in the coming year? Babies bring joy and big changes to families. Taking part in our classes will give you the support you need to navigate this new period in your life. You'll find a whole new community you never knew you needed! Join us for this one time parent only class to learn what services we offer at ECFE, ways to connect with the community, and obtain parenting resources, all with a licensed parent educator. Registration is required and sibling care is available.

PE10 Thursday, Oct. 13 11:00-12:00 pm **FREE** \$5.00/child/childcare
Registration Required Early Childhood Family Center Room 115

Managing Multiples

Twins, Triplets & More, Oh my! A family with multiples brings two, three, or more times the fun... and the effort. Sibling relationships, time management, and fostering the unique qualities of each child, will be addressed. Join this one time parent only class for support, and to find your people with a licensed parent educator. Registration is required and sibling care is available.

PE11 Thursday, Nov. 10 11:00-12:00 pm **FREE** \$5.00/child/childcare
Registration Required Early Childhood Family Center Room 115



Please register online at www.waconiacommunityed.org (go to Community Ed - Registration - Online Registration - Browse Catalog - Early Childhood Family Education - Parent Only).

Parent Support

One on One Parent Coaching

Do you have parenting questions or need resources? Maybe you want to develop some specific strategies for parenting your child and need some support. This is a wonderful opportunity for parents to meet with a licensed parent educator either in person or virtually to gain insight, strategies and support, while becoming the best version of yourself as parents. Fill out the linked form and one of our friendly, knowledgeable parent educators will be in touch to set up a meeting. Each session is up to one hour in length. [Parent Coaching Form](#)

Cost: Free to Parents enrolled at ISD110 ECFE and Waconia Wildcat Preschool. No registration required

\$20 a session for other community members.
Registration and payment is required before the meeting is set up. Register online at ECFE Parent Only Classes
Class Code: EC40

What a great deal for some professional coaching!

Parents Helping Parents

We welcome you to join us for Parents Helping Parents group meeting with your children. Come share your challenges and successes of parenting in a friendly, supportive environment for you and your children. Bi-weekly groups provide opportunities for you to exchange ideas, connect with other parents, learn that you are not alone in this journey and to talk about your feelings in a safe and supportive environment.

Parents Helping Parents offers a children's program as well. Parents and children begin the time together in the children's room, then separate from each other allowing parents to talk with other parents while their children play, learn and have snack. The children are cared for by professionally trained teachers in a safe, nurturing and educational environment.

Dinner will be provided.

Tuesdays, Sept. 20, Oct. 4 & 18, Nov. 15 & 29, Dec. 13
5:30-7:00 pm Early Childhood Family Center
FREE for Parents & free childcare provided
Call 952-442-0664 for more information

ECFE Special Events

Register online or use the ECFE registration form found on page 13

(Special events include 5 year olds who are not in Kindergarten)

ECFE Open House

You are invited to celebrate the beginning of the school year at this ECFE kick-off event! You can meet the ECFE staff, play in the classrooms and explore the outdoors at Wildcat Discovery Park, our nature-based playground. Join us to see old friends and meet new ones!

ECSP1 Thursday, August 25 5:30-7:00 pm FREE ECFE Center
Pre-registration not required



Pumpkin Fun

(2-5 years)

Bring a pumpkin to decorate and we'll provide the paint and other art materials. Pumpkin songs, stories, face-painting and games will also be part of the fun. You can enjoy a pumpkin cookie for a treat, too. Come in costume if you want. Sibling care is available during **daytime** classes.



ECSP2 Thursday, Oct. 13 6:00-7:00 pm
ECSP3 Friday, Oct. 14 9:00-10:00 am
\$7.00/child ECFE Room 108
\$5.00/child/sibling care Registration Required

Gingerbread House

(2-5 years)

Make a holiday gingerbread house using frosting for glue, holiday candies for decorations and each other for fun! There will be building and nibbling, talking and giggling, a story and a song. Make it a holiday tradition with your child. Sibling care is available during **daytime** classes.

ECSP4 Thursday, Dec. 15 6:00-7:00 pm
ECSP5 Friday, Dec. 16 9:00-10:00 am
\$10.00/child ECFE Room 108
\$5.00/child/sibling care Registration Required

Power-of-Play Packs

(18 months-5 years)

Create a special play-based ECFE experience to try at home. Connect with your child and encourage their development with fun themed activity bags. Included in the bags will be tools and strategies to support early learning from a licensed Parent Educator. Bags can be picked up at ECFE.

ECSP6 The week of Sept. 26 I Like Me
ECSP7 The week of Oct. 24 Welcome to the Jungle
ECSP8 The week of Nov. 14 Beep Beep Vroom
Vroom Things That Go
ECSP9 The week of Dec. 19 Sing, Play, Learn with ECFE

\$10.00/pack Registration Required



Some children need extra help to learn and grow. *Help Me Grow* is a Minnesota state initiative that connects children with developmental delays and disabilities and their families to free, local early intervention services.

If you have a concern about a child's development, you can refer the child through *Help Me Grow* for a free screening or evaluation. Services are free to eligible children ages birth-5, regardless of income or immigrant status.

Help Me Grow's website, helpmegrowmn.org, offers valuable information to help parents and caregivers understand a child's development. Resources include developmental milestones, strategies to encourage development and information about referrals. To refer a child, visit helpmegrowmn.org or call 866-693-GROW (4769).



Early Childhood Screening

Is your child 3 years old?

The early childhood years are an important time of rapid learning and growth. Early Childhood Screening is a **FREE** service offered by District 110 that will check a child's overall development and health. Children are screened by a licensed early childhood teacher and a school nurse. Results of the screening help identify any learning or health concerns that may require attention before a child enters kindergarten. **In Minnesota all children are required to complete Early Childhood Screening before kindergarten entrance, however, it is not a test for kindergarten.** The preferred age to screen is between the ages of 3 and 4 years old.

Early Childhood Screening includes:

- * A look at your child's development
- * Vision and hearing checks
- * Height and weight measurements
- * Immunization and health history review



Screenings take place at the Early Childhood Family Center, 520 Industrial Blvd. **Register online at www.waconiacommunityed.org.** Click on Community Ed, go to Programs and scroll down to Early Childhood Screening. Please call 952-442-0613 to receive more information.



8:00-1:15 pm		2:30-5:00 pm
Tue. Aug. 16 8 am-2:30 pm	Fri. Sept. 23	Fri. Nov. 4
Wed. Aug. 17 10 am-5 pm	Fri. Oct. 7	Fri. Nov. 18
Thurs. Aug. 18 12pm-5 pm	Fri. Oct. 28	Fri. Dec. 9
		Thurs. Sept. 22
		Thurs. Oct. 27
		Thurs. Nov. 17
		Thurs. Dec. 8

If your child has been screened by another school district, Early Childhood Special Education or Headstart, your child does not need to be screened again, but a summary copy must be on file with the current school district your child will be attending. Contact the ECS office at 952-442-0613 for information on how to have screening records forwarded to the school district.

Early Childhood Family Center Fall 2022 classes at a glance September 12-December 22

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:30-10:30 am 2 years	8:30-10:30 am Bridge Parent Day 29 mo-4 years	8:30-10:30 am 2-5 years	8:30-10:30 am 2 years	11:00-12:30 pm Pop-in & Play 1-5 years	
8:45-10:15 am 18-24 months	8:45-10:15 am 10-18 months	8:45-10:15 am 10-18 months	8:30-10:30 am Bridge Child Only 29 mo-4 years		
10:45-12:15 pm 0-12 months	10:45-12:15 pm 18-24 months	10:45-12:00 pm 0-12 months	11:00-1:00 pm 2-5 years		
11:00-1:00 pm Bridge Parent Day 29 mo-4 years	11:00-1:00 pm 2-5 years	11:00-1:00 pm Bridge Child Only 29 mo-4 years	11:00-12:00 pm Baby Connect & Play 0-2 years		
6:00-7:30 pm Pop-in & Play 1-5 years					



District 110 Waconia Early Childhood Programs

ECFE Registration

4 Easy Ways to Register:

1. **Online** Register online at www.waconiacommunityed.org
2. **Mail** Registration form and payment to:
District 110 ECFE
520 Industrial Blvd.
Waconia, MN 55387
3. **Drop off** Registration form and payment at:
 - ECFE Office - 520 Industrial Blvd.
 - Community Education Office - 516 Industrial Blvd.
 - 24-hour Drop Box - located outside Bayview & Southview
4. **Fax** Registration form with credit card number, expiration date and signature to: 952-442-0619

Unless the fee is stated, use the sliding fee scale on page 7 to determine class fee. Make checks payable to Dist. 110 Community Education. We accept Visa, MasterCard, Discover and AmExpress.

Registration begins on Wednesday, August 17 at 8:00 am.

Questions? Call 952-442-0613

REGISTRATION POLICIES

• The online shopping cart will be available on **Wednesday, Aug. 17 at 8:00 am**. If you are new to ECFE or Community Ed, create an account at waconiacommunityed.org. Click on Community Ed at the top of the page then go to Registration. Register for **one** class per child. Registration for a second class for the same child opens on Tuesday, September 6. You will receive an e-mail confirming your registration.

• **ECFE will waive** one class fee for income-eligible families per session. Please call 952-442-0664 to register. Fees for special events will not be waived.

• **Refund Policy** - A full refund is issued for cancellations before the session begins, minus a \$10.00 processing fee. After the first week, refunds are prorated. There are no refunds midway through a session or for missed class days. Special Event refunds will only be given with a 5-day advance notice.



ECFE FALL REGISTRATION 2022

PARENTS NAME: _____ HOME PHONE: _____
 ADDRESS: _____ CELL PHONE: _____
 SCHOOL DISTRICT: _____ E-MAIL: _____

FAMILY CLASSES

CLASS NUMBER	DAY/TIME	CHILD NAME IN CLASS	DATE OF BIRTH	CHILD NAME SIBLING CARE	DATE OF BIRTH	CLASS FEE

SIBLING CARE FEE _____

SPECIAL EVENTS

EVENT - NUMBER & TITLE	PARENT(S) ATTENDING	CHILDREN'S NAME	EVENT FEE

Payment: ☐ Cash ☐ Check # _____ ☐ Waived Fee Date Rec'd _____ **TOTAL FEE** _____
 Credit Card # _____ ☐ Credit Card (Visa, MC, Discover, AE)
 Signature _____ Expiration Date _____

COMMUNITY RESOURCES

Arc-Hennepin/Carver <i>Development Disabilities</i>	952-920-0855
Carver County Public Health Services	952-361-1329
Carver County Social Services	952-361-1600
Child Care Aware of MN	952-402-9824
Crisis Nursery <i>Temporary childcare during a crisis</i>	612-839-5101
Dist. 110 Special Education Services <i>Information on 3-5 yr overall growth and development</i>	952-442-0637
ECFE Home Visit <i>Discussions may include care of newborns, activities for young children, child development, parenting issues, community resources.</i>	952-442-0664
Early Childhood Screening <i>Required health and developmental screening for 3-4 year old children prior to kindergarten entrance. Go to www.isd110.org/community-ed/programs to schedule an appointment</i>	952-442-0613
First Street Center <i>Offers a comprehensive range of mental health services</i>	952-442-4437
Head Start/CAPP Agency	952-496-2125
Help Me Grow - Early Intervention <i>Information on Birth-3 yr overall growth and development</i>	952-567-8210
LaLeche League <i>Support for breastfeeding</i>	952-472-6493
Library - call for storytimes <ul style="list-style-type: none"> • Waconia • St. Bonifacius 	952-442-4714 952-446-1418
Macaroni Kid Carver County http://carver.macaronikid.com	952-201-0429
MN Sure <i>Health Insurance for income eligible families</i>	952-361-1600
Ridgeview Medical Center <i>Education - Breastfeeding, sibling preparation</i> <i>Birth Center</i> <i>Pediatrics</i> <i>Pediatric Rehab Services</i>	952-442-2191
Sexual Violence Center 24-hour helpline	952-448-5425
Southern Valley Alliance for Battered Women	952-873-4214
Waconia United Food Shelf	952-442-3878
WIC <i>Free nutrition program for women, infants and children at East Creek Family Center, Chaska</i>	952-496-2125

Early Childhood Education Staff

Tiffany Nelson, Community Education Director
Sara Linsley, Early Childhood Supervisor
Brenda Buesgens, Administrative Assistant

ECFE Teachers

Heather Carlson - EC
Lauren McQuillan - PE
Christine Pedretti - PE
Vanessa Schultz - EC

ECFE Teacher Assistants

Amie Hunt
Alicia Piotter
Karen Whalen

Preschool Teachers

Lindsay Hackman
Laura Jaede
Jenny Jensen
Mary Weber

Preschool Assistants

Andrea Mathwig
Trisha Molinari
Michelle Rabe
Megumi Thompson

(EC=Early Childhood Teacher, PE=Parent Educator)

Early Childhood Advisory Council

The Advisory Council meets five times throughout the school year to develop goals, help plan and volunteer at events and provide feedback for the program. Free childcare is offered during the meetings.

Kara Anderson	Lynn Irrgang	Rachelle Schaust
Brianna Ballard	Lisa Melsha	Stephanie Schnedler
Erin Foss-Berling	Tiffany Nelson	

Is your family included on the School District Census?

Has there been a birth in your family? Have you recently moved into the area? Is there a new family in your neighborhood? District 110 wants all families to know about the programs and activities that are offered.

Being on the School District Census insures that you will automatically receive information about Early Childhood Screening, preschool and kindergarten.

To be added to the census, please call the School District Census Office at 952-442-0607.

HAS YOUR CHILD HAD IMMUNIZATIONS?

Minnesota law requires that all children attending District 110 Early Childhood classes have their immunizations up to date. Proof of immunization must be presented. If you need information on low cost or free immunizations for your child, call Carver County Public Health Services at 952-361-1329.

WEATHER EMERGENCY POLICY

When District 110 K-12 classes are cancelled due to inclement weather, all Early Childhood classes/events are also cancelled. If there is a late start, the 8:30 and 8:45 am classes will not be held, but the classes later in the day will be in session. District Weather Line 952-442-0640.

Early Childhood Preschool Programs

At ISD110, our mission is to allow students to explore their passions and create success. In early childhood we give children a high quality preschool experience in partnership with parents. We strive to educate, collaborate, challenge, empower and support families, nurture development and treat all with respect.

Wildcat Preschool uses a combination of Creative Curriculum, Second Step and Foundations to create a well-rounded educational experience for the youngest learners.

Wildcat Discovery Park offers children a nature-based outdoor playground experience.

Waconia Preschool programs are an inclusion preschool and open to all children.



2022 - 2023 Waconia Wildcat Preschool Sessions

Tuesdays/Thursdays
Sept. 6, 2022-May 25, 2023
Ages 3 and early 4
8:30-11:00 am
WWP Session 1 & 2

Mon/Tues/Wed/Thur/Fri
Sept. 6, 2022-May 26, 2023
Ages 4 & 5
8:30-11:00 am & 12:00-2:30 pm
WWP Session 7 & 8

Mondays/Wednesdays/Fridays
Sept. 7 2022-May 26, 2023
Ages 3 and 4
8:30-11:00 am
WWP Session 3 & 4

Mon/Tue/Wed/Thur
Sept. 6, 2022-May 25, 2023
Ages Kindergarten Readiness
8:30-1:30 pm
WWP Session 9

Mon/Tue/Wed/Thur
Sept. 6, 2022-May 25, 2023
Ages 4 and 5
12:00-2:30 pm
WWP Session 5 & 6



Preschool Family Connection

Join other Wildcat Preschool Families at Family Connection Night. Play based learning for parents and children; parents and children gather in a preschool classroom for games, stories, and exploratory play. These evenings are hosted by a licensed Parent Educator who will be available to answer questions and offer resources for parents.

Mondays 6:00-7:30 pm

FREE - Registration Required for planning purposes



PFC01 Sept. 12 Super Friends Night
PFC03 Nov. 14 Yes Day

PFC02 Oct. 10 Science & Engineering Night
PFC04 Dec. 12 Social Thinking Skills

Preschool Parents Connection

Join other Wildcat Preschool Parents for a lunch time discussion. Bring your lunch, meet other parents, get support for your parenting. These discussions are facilitated by a licensed Parent Educator who will respond to your questions and offer resources. There will be topics of interest to discuss and learn about, but mostly this will be a time for open sharing to get to know each other. Childcare is offered for a fee. Register under District 110 Preschool Programs.

Wednesdays 12:15-1:45 pm **FREE - Registration Required** Childcare: \$6.00 per class/child ECCE Room 103

PPC01 Sept. 14 Navigating the Social World of Preschool Children
PPC02 Oct. 12 Teaching Children To Be Problem Solvers
PPC03 Nov. 16 How Structure, Routine & Skill Building Create Independent Children
PPC04 Dec. 14 Supporting Cooperation & Good Listening Skills



RISING STAR DANCE



Recreational Dance Classes

Classes start September 12 and run through May with a holiday performance and spring dance recital. Classes meet one day a week, choose your class day and time from the list below.

Ballet & Basics - Ages 3-4

30 Minute Class - \$49 per month

Monday 5:30 pm
Tuesday 5:05 pm
Thursday 4:45 pm



Ballet & Tap - Ages 3-5

40 Minute Class - \$53 per month

Tuesday 5:00 pm
Tuesday 5:50 pm
Wednesday 5:35 pm
Thursday 6:00 pm

Jazz, Tap & Ballet - Ages 5-7

40 Minute Class - \$53 per month

Tuesday 6:20 pm
Tuesday 6:35 pm
Wednesday 5:05 pm
Thursday 6:00 pm

Jazz, Tap & Ballet - Ages 6 & Up

50 Minute Class - \$62 per month

Monday 7:05 pm (Ages 6-10)
Tuesday 7:05 pm (Ages 6-10)
Tuesday 7:20 pm (Ages 8-14)
Thursday 5:05 pm (Ages 6-10)



Hip Hop - Ages 6 & Up

40 Minute Class - \$53 per month

Monday 7:15 pm (Ages 6-10)
Thursday 6:10 pm (Ages 10-14)

Jazz & Pom - Ages 6 & Up

40 Minute Class - \$53 per month

Thursday 5:25 pm (Ages 6-9)
Thursday 6:50 pm (Ages 10-14)



All Stars - Pom Team - Ages 8 & Up

55 Minute Class - \$79 per month

Thursday 6:55 pm

Lyrical Contemporary - Ages 10 & Up

40 Minute Class - \$53 per month

Thursday 7:35 pm

Tumbling Classes

30 Minute Class - \$49 per month (Sept - May)

Monday 5:00 pm (Ages 3-5)
Thursday 5:25 pm (Ages 3-5)
Tuesday 5:45 pm (Ages 4-7)
Monday 6:10 pm (Ages 6-11)
Thursday 4:30 pm (Ages 6-11)



Session Classes

Session classes are a great way to try dance without a long commitment.

Visit our website for a list of our fun themed classes for all ages.
Fall Session Dates 9/12-11/4



Inclusive Dance

A Dance Program For Those With Individual Learning Differences And Special Needs

Monday 4:25 pm
Ages 6-17
\$53 per month



Register Online Today
www.rising-star-dance.com
(952) 442-1350

\$15 Off Dancewear

When you register for a Fall Class starting in September



*New Students Only. May not be combined with other offers. Expires 8/23/2022

Youth Enrichment

Kids' Fun Night Out (Parents' Night Out!)

Do your kids ages 3-12 want a fun place to go when you are out for a Friday evening? Drop your kids off at Laketown Elementary School gym on Friday night! To begin we'll have free time in the gym(or on the playground), then break for a snack and finish with a projected movie. Please pack a snack and labeled water bottle. You may also want to bring a pillow, sleeping bag and pajamas for the movie. Children must be toilet trained to attend. Please note that once you register we are not able to transfer/refund/credit from that date without six business days' notice. This program is supervised by Community Education Staff, Holly Wortz. Please enter and exit door #5 at Laketown each night.

Friday Nights: 6:00pm-9:30pm

F-100: August 19	F-101: September 23
F-102: October 28	F-103: November 18
F-104: December 16	F-105: January 6

Minimum: 10 / Maximum: 40

Fee: \$14 per child per night and \$8 for each additional child per family per night. Please complete your registration at least one week before each date for staffing purposes. May fill prior.



5th Grade Beginning Band Startup Camp

Bands will have their annual beginning start up camp. This 3-day camp is the beginning of instruction for 5th Grade Band Students - ALL first year Band Students should attend this camp. Students will receive a one hour class in like-instrument groups each day for 3 days. District 110 Band Directors will teach each class, assisted by WHS Band Students. 5th Graders will learn how to assemble and care for their instruments, correctly hold the instrument, produce a characteristic sound & play several notes. At the end of the camp, students will be able to take their instruments home and practice to be ready for Band when School starts. If your student does not already have an instrument lined up, please contact Mr. Esterberg so he can help you do that!

***PLEASE NOTE:** The class number will depend on the instrument chosen, so please wait to register until after 4th graders have tried instruments and made their choices (in May). If you have questions about the Beginning Band Startup Camp, please email Mr. Esterberg: jesterberg@isd110.org

Monday, Tuesday & Thursday - August 22, 23 and 25
S-109: 3:00 - 3:50pm Alto Sax, Oboe, Trumpet
S-110: 4:00 - 4:50pm Clarinet, Trombone, Percussion
S-111: 5:00 - 5:50pm French Horn, Baritone/Tuba, Flute

Laketown Music Rooms, lunch room & gym
5th grade (2022-2023)

Fee: \$30

Ms. Wilmes, Mr. Snyder, Mr. Hansberry, Mr. Esterberg

Minimum: open / Maximum: open

Register By: July 29



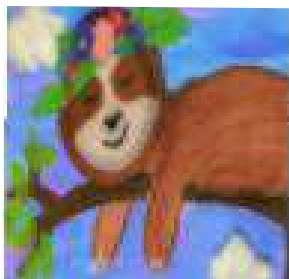
Youth Enrichment

Kidcreate Studio's award-winning art classes allow kids to explore art in an environment full of giggles and grins. Kids create fridge worthy masterpieces while learning art concepts and experimenting with different art materials. The curriculum is age appropriate and designed to inspire. Classes provide a fun, self-esteem building atmosphere full of "I did it" moments. Making a mess is the best with Kidcreate Studio! For more information about Kidcreate Studio visit www.kidcreatestudio.com.

Party with a Sloth w/ Kidcreate Studio

It's a sloth-eriffic soiree! If you love cute, cuddly, super-slow sloths, we've got the perfect class for you. Join us as we learn to paint an adorable sloth on a real canvas board. Please pack a nut free snack and drink for your child. Please pack a nut free snack and drink for your child.

F-106: Monday, December 5
6:30pm-7:30pm
Laketown Art Room
Age 5-12
Kidcreate Studio
Fee: \$23
Min 7 / Max 15
Register By: November 28



Holiday Ornament Making Party w/ Kidcreate Studio

Join us for an ornament making party. We will set up 4 stations, each with a different ornament to make. Your child will be creating an adorable snowman ornament, an ornament inspired by that famous reindeer with the red nose, and so much more! Please pack a nut free snack and drink for your child.

F-107: Tuesday, November 29
Laketown Art Room
Kidcreate Studio
Register By: November 22
6:30pm-7:30pm
Age 5-12
Fee: \$23
Min 7 / Max 20



Parent & Child- Holiday Create Night with Kidcreate Studio (5-99 years)

Christmas is just around the corner. What better way to celebrate than creating masterpieces with your child? Prepare for an evening filled with holiday fun! You and your child will follow easy step-by-step instructions as you create matching portraits of the most famous reindeer of all-Rudolph the Red-Nosed Reindeer! Each parent and child will create their own masterpiece on a real canvas board.

F-108: Thursday, December 1
6:30pm-8:00pm
Laketown Art Room
Age 5-99
Kidcreate Studio
Fee: \$45
Min 7 / Max 10
Register By: November 22



Nickle Dickle Day 10K, 10K Relay,
5K Run/Walk &
Youth 1/2 Mile Tickle Run
Saturday, September 17, 2022
Fast Results! Chip Timed! The best shirts, entertainment, treats and volunteers in the area! The run starts and ends at Bayview Elementary School.

Register online or print off a registration form at
WaconiaCommunityEd.Org
10K Run & Relay starts at 8:00 am
5K Run/Walk starts at 8:10 am
1/2 Mile Youth Tickle 10:15am
all @ Bayview Elementary School

Youth Enrichment

CLINIC DATES

August 24
9-11:30 am

August 31
11 am-6 pm

September 7
11 am-6 pm

September 12
11 am-6 pm

CLINIC LOCATION

Carver County
Government Center
Public Health, 2nd Floor
600 East 4th Street
Chaska, MN 55318


**BACK-TO-SCHOOL
VACCINE
CLINICS**


Minnesota requires all students enrolled in early childhood programs, school, and college settings to show they have received immunizations or show an exemption to vaccination.

WALK-INS WELCOME BUT APPOINTMENTS PREFERRED.

PLEASE CALL (952) 361-1329
to schedule your child's appointment.

Carver County Public Health offers low-cost immunizations for children who do not have insurance, or whose insurance does not cover immunizations.


CARVER COUNTY
Public Health
Healthy Carver for a Lifetime



Abrakadoodle Art education offers creative and fun art classes and camps! Students are introduced to a wide variety of mediums from watercolor to sculpture, paint, clay, collage, drawing, pastels, paper mache, mosaics and more in a fun and supportive environment where kids are encouraged to make art their own. Lessons, taught by professional and caring art teachers, are colorful, engaging, and fun. And, best of all, you get to leave the mess with us! Voted best art program in the Twin Cities by GoCityKids.com and Minnesota Monthly.

Homemade Gifts with Abrakadoodle

Homemade Holiday Gifts with Abrakadoodle (grades K-5). All new gifts! – Parents, do you want some time alone to shop or prepare for the holiday or just get some work done? Leave your kids with us on and get your errands done. Your kids will love our fun gift making class. Get a head start on the holidays with this fun gift making class. This year we'll paint birds in a snowy pine tree on canvas board, sculpt a silly elf, create a painted and blinged up picture frame with rhinestones and glitter and more. These projects are perfect gifts for your friends and family or keep them for yourself! Our most popular class of the year! All new gifts for 2022.

Bring a beverage and nut free snack to class.

F-109: Friday, November 11th (Non-School Day)
Waconia Community Education Room #CS118 (Hall)
Abrakadoodle
Min 7 / Max 20

9:30am-12:00pm
Grades K-5
Fee: \$45
Register By: November 4



Youth Enrichment

Babysitters Training

When your student is certified with Babysitting 101, you'll know they've been trained by the best! Training designed to engage and inform the aspiring babysitter. It gives 11 year olds and older everything they need to know, from getting started, to dealing with parents and children, to key safety, caregiving, and first aid tips. Course highlights include: Fundamental information about Babysitting and creating your business, Leadership: You're in charge, but not the parent and conflict resolution, Basic Caregiving Skills: Feeding, Diapering, Holding, Safe sleep practices, Play Time: Keeping children entertained and active safely, Safety and Injury Prevention: Telephone safety, SIDs awareness, Environmental, weather and preventable hazards, First Aid and CPR: Recognizing an emergency, Caring for an ill or injured victim, Wounds and Burn care, Choking and CPR Please pack pen, paper and snack/meal. Guide book included! Must be 11 years of age at start of class.

F-110: Friday, November 11 (Non School Day)

8:00am-11:15am

Community Ed. Conference Room C

Fee: \$52

Register By: November 4

Shelly Nahan - RN, BSN, PHN

Minimum: 6 / Maximum: 30



SafeKids 101

Preparing Kids to Stay Safe at Home and in the Community! Does your child ages 8 - 12 want to stay home alone after school? Get your children trained with SafeKids 101 and both of you will feel more confident about their safety at home and in the community. This program is full of important safety principles. This program teaches what all parents want their children to know about safety! Topics include: Staying home alone, Answering the door or the telephone, Basic First Aid; burns, wounds & bandaging, poisonings, and choking emergencies, Storm and fire emergency training, Dog emergencies... Four steps to staying safe, Stranger danger...straight talk with honest answers, Fun, safe activities to do while home alone, Create fun, healthy – safe snacks! (Please indicate any food allergies!)

F-113: Monday, September 12

Bayview Media Center 2:30pm-5:00pm

F-114: Friday, November 11 (Non School Day)

Community Ed. Conference Room C

11:30am-2:00pm

Fee: \$30

Register By: Sept 2 / Nov. 4

Minimum: 4 / Maximum: 30

Shelly Nahan - RN, BSN, PHN



Chess Club with Pat LaVone

Whether you've never played chess and want to learn the basics or if you've played some and want to improve your skills, this is the place to be. Research shows that kids who play chess often see increases in scholastic performance especially in math and reading. Best of all, kids love it! Students will learn: value of pieces, the difference between check, check mate; and stalemate; basic checkmate patterns, opening principles and general strategic concepts. There will be instruction given, but also open play time where kids can try out their own strategies. Chess sets will be provided. Pat has been teaching chess for about 23 years, was voted SCA chess coach of the year and led Eden Prairie High School to State Championship.

Tuesdays - October 4, 11, (skip 18), 25, November 1, (skip 8), 15, (skip 22), 29, December 6 & 13

F-111: K-6th

F-112: 7th-12th

Waconia Middle School Media Center

6:30pm-7:45pm

Fee: \$64

Pat LaVone

Min: 12 / Max: 30

Register By: September 29



Mother-Son Superhero Dance

You are invited to the 8th Annual Mother-Son Superhero Dance!! Calling all super moms and their superhero sons! (If mom cannot attend then bring your Grandma, Aunt or another special lady!) This awesome night will include dancing to your favorite songs, cupcakes and fun! Casual attire is recommended for moms, though in years past several choose to wear some type of superhero apparel or costume too. Boys are encouraged to wear their non-violent superhero costume. Pre-registration is required to attend.

F-115: Friday, November 11

6:15pm-8:00pm

Ages 3 - Grade 5 (with Mom)

Bayview Gym (Enter the North Doors)

\$15 per couple (\$5 for each additional son)

Register By: October 28



Party Crashers RC Racing Event

Interested in RC Cars? Want to try racing them on a track? Then come join us as we explore what makes them work and get to try them out. Participants will leave with a better understanding and get some time testing out their driving skills on a few different types of RC Cars. Participants can use the RC Cars provided or their own on approval.

Thursday, November 17

F-116: 6:00pm-7:10pm Grades K-5th

F-117: 7:20pm-8:30pm Grades 4th-8th

Bayview Gym

Fee: \$18

Party Crashers RC Racing

Minimum: 10 / Maximum: 12

Register By: November 10



Youth Enrichment

Drivers Education Behind the Wheel

Participants who have successfully completed classroom training sessions are eligible for 6 hours of behind the wheel training. This is an opportunity for students to receive additional driving experience with a certified driving instructor.

To register for Behind the Wheel Training, the registration form should be submitted, in person, along with payment, parent signature and the letter verifying completion of the 30 hours of classroom instruction at the Community Ed office. The blue card will then be issued. Students will need this card in order to complete computerized permit test at the DMV. The date of their 16th birthday, along with the date of registration, will determine their priority on the waiting list.

We encourage students to register early. Please do not schedule your driver's test before you start your 6 hours of Behind the Wheel. If you are participating in an after school activity, please be aware that this limits your scheduling availability with the instructors.

Fee: \$348

Payment Options:

1. The entire fee paid at the time of registration.
2. \$174 at the time of registration and \$174 prior to your last Behind the Wheel lesson.



ZAPPING the ACT Test

ACT Test Preparation. Provider: Doorway to College. ZAPS test-preparation seminars are carefully designed to help each student do his or her personal best on the ACT. Students who complete the ZAPS seminar—and practice our tips and strategies at home—typically raise their ACT scores by 2 to 4 points. In the five-hour ZAPS seminar, students will learn strategies for improving in all four subtests, take shortened practice tests that mirror the actual testing experience, and get suggestions for individualized study in the days leading up to the ACT test. Attendees receive a comprehensive Study Guide and 24 practice test workouts with detailed answer explanations. Students should bring a calculator and two pencils to the seminar.

F-119: Mon., November 14 & Tue., November 15

6:30pm-9:00pm

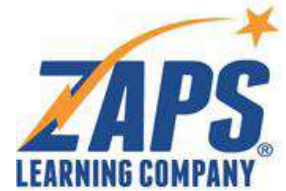
Waconia HS Media Center

Fee: \$105

ZAPS

Minimum 20 / Maximum 60

Register By: November 7



District 110

Community Education

Waconia • St. Bonifacius • New Germany • Minnetrista • Victoria



Youth Recreation

HappyFeet Soccer

HappyFeet is an exciting soccer clinic for children ages 2 - 7. Using our proven, fun "Story Time With A Soccer Ball" approach, HappyFeet will surely be your child's favorite weekly activity. We are committed to helping children form healthy exercise habits using the world's most popular game, soccer! The HappyFeet goal is that each and every child has fun, improves their fitness, increases their enjoyment of fitness activities, achieves a higher self concept, and gains advance skill! Register now, and let your little one meet the HappyFeet soccer ball called "Bob the Bobcat"! ***Shin guards required for ages 6/7.**

HappyFeet Ages 2/3 6:00pm - 6:30pm

F-120: Thurs, September 8, 15, 22 & 29
F-121: Thurs, October 6, 13, (skip 20), 27 & Nov. 3
F-122: Thurs, November 10, 17, (skip 24), Dec 1 & 8

HappyFeet Ages 4/5 6:30pm-7:00pm

F-123: Thurs, September 8, 15, 22 & 29
F-124: Thurs, October 6, 13, (skip 20), 27 & Nov. 3
F-125: Thurs, November 10, 17, (skip 24), Dec 1 & 8

HappyFeet Ages 6/7 7:00pm-7:30pm

F-126: Thurs, September 8, 15, 22 & 29
F-127: Thurs, October 6, 13, (skip 20), 27 & Nov. 3
F-128: Thurs, November 10, 17, (skip 24), Dec 1 & 8

Southview Elementary Fields/Dining Gym

*Outdoors at Southview in the fall weather pending.

*No cleats in the gym!

Fee: \$45

Minimum: 5 / Maximum: 12

Register By: Sept. 1 / Sept. 29 / Nov. 3



Amazing Athletes

Let's get active while learning new sports and skills! Develop your child's motor skills, hand-eye coordination, cardiovascular fitness and more through Amazing Athletes. In this course we will cover 10 sports: baseball, volleyball, lacrosse, football, basketball, soccer, golf, hockey, tennis and track and field. Each class encompasses two different developmental sports, muscle identification and nutrition lessons, using fun activities so they can build their skills, at their own pace, in a non-competitive atmosphere.

F-129: Tuesdays, September 13, 20, 27, October 4 & 11

F-130: Tuesday, October 25, November 1, (skip 8), 15, (skip 22), 29 & December 6

6:15pm - 6:45pm

Ages 3-5 (preschool)

Southview Green Gym

Fee: \$81

Register By: Sept 6 / Oct 18



Amazing Athletes Tots

Get moving with Amazing Athletes Tots! This discovery-based program is designed to get your toddler moving. Enjoy physical challenges and organized exploration activities that increase major motor development. Explore and learn 10 sports: baseball, volleyball, lacrosse, football, basketball, soccer, golf, hockey, tennis and track and field. Each 30-minute class encompasses a developmental sport, muscle identification and nutrition lessons, using fun activities that highlight motor-development skill building.

F-131: Tuesdays, September 13, 20, 27, October 4 & 11

F-132: Tuesday, October 25, November 1, (skip 8), 15, (skip 22), 29 & December 6

5:30pm-6:00pm

Ages 18m-2 years

Southview Green Gym

Fee: \$81

Register By: Sept 6 / Oct 18



Waconia Nickle Dickle Day

10K, 10K Relay, 5K Run/Walk & Youth ½ Mile Tickle Run *Saturday, September 17, 2022*

Fast Results! Chip Timed!

The best shirts, entertainment, treats and volunteers in the area.

The run begins and ends at Bayview Elementary School.

A registration form can be found at www.waconiacommunityed.org

Run Entry Information:

*10K Run/Relay starts at 8:00 am @ Bayview Elementary School

*5K Run/Walk starts at 8:10 am @ Bayview Elementary

5K & 10K Run Fees:

T-Shirt choices include

\$26 with shirt on/before August 31 - \$31 after August 31

\$16 No T-shirt on/before August 31 - \$21 after August 31

10K Relay Run Fees:

\$46 Both people with T-shirt on/before August 31 - \$51 after August 31

\$26 Both people without T-shirt on/before August 31 - \$31 after August 31

*Register by 8.31.22 to be guaranteed your T-shirt size!

½ Mile Tickle Youth Entry Information:

Race Starts at 10:15am @ Bayview Elementary School

\$18 with T-shirt / \$10 without T-shirt

After August 31 is \$20 with T-shirt / \$12 without T-shirt

Three Easy Ways to Register:

1. Mail registration to:

ISD #110 Waconia Community Education

516 Industrial Blvd, Waconia, MN 55387

2. Fax with credit card info to: 952-442-0619

3. Register online at www.waconiacommunityed.org

Online registration & shirt
samples will be available
the week of July 25th!



Youth Recreation

Dance Xcess

Dance Xcess gives children the opportunity to experience the art and joy of dance. This dance program specializes in basic ballet technique and jazz. Dance Xcess is dedicated to providing a fun learning environment while experiencing the art of dance. This is a great way to give your child a taste of dance. Instructor Kris Lamkin has been a dance instructor for 23 years. All classes are Monday nights listed below. Preschool 1 is for first year students (at least 3 years old by first class date please.) Preschool 2 is for second year students. There will be a mini dance showcase on the last day for family and friends to watch the dances the girls have learned. (There is a formal recital in the spring session.) Black dance shoes are recommended and form fitting dance wear is encouraged.

F-133: Preschool 1 (Age 3 & 4)	5:30pm-6:00pm	\$40
F-134: Preschool 2 (Age 4 & 5)	6:00pm-6:30pm	\$40
F-135: Grades K-2	6:30pm-7:15pm	\$60
F-136: Grades 3-6	7:15pm-8:00pm	\$60
F-137: Teens	8:00pm-9:00pm	\$80



Mondays, September 19, 26, October 3, 10, 17, 24, (Skip 31), November 7, 14, (skip 21), 28 & December 5
Min: 4 / Max: 14 Laketown School Cafeteria Register By: September 2 Kris Lamkin

Tae-Kwon-Do Korean Karate - Ages 6+

Ages 6 & up! Students of all ranks and levels will learn self-defense techniques and the history of Tae-KwonDo. No prior experience is necessary. Beginning students on up to green belts should register for Level B. Green Belts on up should register for Level A. Classes will be held in the Bayview Cafeteria. Enter through the loading dock doors in back of Bayview, the door has a few steps leading into it and they face the football field. Please register BEFORE attending your first class.

July 25, August 1, 8, 15, 22 & 29

F-138: Level B (Beginners)	6:30pm - 7:30pm
F-139: Level A (Advanced)	7:35pm - 8:35pm

September 5, 12, 19, 26, October 3 & 10

F-140: Level B (Beginners)	6:30pm - 7:30pm
F-141: Level A (Advanced)	7:35pm - 8:35pm

October 17, 24, (skip 31), November 7, 14, 21 & 28

F-142: Level B (Beginners)	6:30pm - 7:30pm
F-143: Level A (Advanced)	7:35pm - 8:35pm

December 5, 12, 19, (skip 26), January 2, 9 & 16

F-144: Level B (Beginners)	6:30pm - 7:30pm
F-145: Level A (Advanced)	7:35pm - 8:35pm

Minimum: 6 / Maximum: 40 Linda Kroells
Register By: One week prior to start Fee: \$54
Bayview Cafeteria (enter loading dock doors)
Linda Kroells Master / Tessa Kroells 3rd Degree Blackbelt



Youth Recreation

Waconia Wildcats Sports Performance Middle School: Fall Session

Training HAUS sports performance training is the platform for athletic achievement. Our strength and conditioning team is committed to building a total athlete, while reducing the risk of injury through individualized evaluation and program design. Every athlete is challenged and empowered to identify, pursue, and achieve their personal goals. Questions: JoshAnderson@TrainingHAUS.com BENEFITS: Training Haus sports performance programs are so much more than weightlifting. Using dynamic exercises and drills, we cultivate performance qualities beyond foundational strength. The result is a more complete athlete with district competitive advantages that apply to any sport. TRAINING: Training HAUS coaches will provide the most cutting edge training methods and techniques available. Workouts are designed to build character and strengthen a team's core values. Training HAUS believes that a winning team foundation includes speed, strength, power, endurance, injury prevention, mental toughness, accountability and dedication. Training HAUS Team Training program utilizes sports specific training techniques and team-building methods to ensure teams maximize their full team athletic potential.

F-146: Strength/Weight Room - Tue/Thurs

September 13, 15, 20, 22, 27, 29, October 4, 6, 11, 13, 18, (skip 20), 25, 27, November 1, 3, 8, 10, 15, 17, (skip 20, 24), 29, December 1, 6, 8, 13 & 15 7:00am - 7:45am Fee: \$185

F-147: Speed Training/ Gym - Mondays September 12, 19, 26, October 3, 10, 17, 24, 31, November 7, 14, (skip 21), 28, December 5 & 12 7:00am- 7:45am Fee: \$90

F-148: BOTH Strength/Speed

Sign up for both Strength Training and Speed Training at the same time and SAVE \$55! Fee: \$220

Grades 6th-8th

Min: 10 / Max 25

WMSWeight Room / GYM

Register By: September 6



Magnifying Abilities

A partnership of the SWMetro Community Education Consortium



Magnifying Abilities is a social/recreational program for persons with intellectual and physical disabilities. The program is designed to enhance community involvement and lifelong learning of adults with disabilities.

A sample of activities include: parties, game night, crafts, yoga, dance, book club, bingo, bowling, sporting events, tours and many more!

social engagement

**creative
expression**

physical fitness

**educational
enrichment**

ce4all.org/programs/adults/magnifying-abilities

Youth Recreation

Girls Fall Softball Sessions

Join us to develop or improve your softball skills this fall! These two sessions will be jam packed with fundamental softball drills. We will have fun while working on fielding progressions, hitting, base running and much more! Please bring your glove, water bottle and if you have your own bat bring it with.

Sundays, November 6 & 13

F-149: Grades 2nd-3rd 5:30pm-6:45pm

F-150: Grades 3rd-5th 6:45pm-8:00pm

Waconia Middle School Gym

Fee: \$30

Holly Wortz

Minimum: 8 / Maximum: 18

Register by: October 28



Waconia Youth Fall Sunday Soccer Clinic

This youth clinic is offered for K-4th graders who want to play soccer this fall. Several USSF nationally licensed coaches, including HS Coaches, run this clinic to keep youth players involved after the spring/summer seasons have ended. The clinic follows the play-practice-play model incorporated by US Youth Soccer. Equipment needed: Soccer ball (size 3 ball - PreK/K/1st, size 4 ball - 2nd-4th grade), water bottle, cleats and shin guards. 10/30/22 is a rain date and will be cancelled if not used.

F-151: Sundays (7 weeks) September 11, 18, 25

October 2, 9, 16, 23, (rain date if needed Oct. 30)

First four sessions will be: 6:00pm-7:00pm

Starting October 9th sessions will be: 5:00pm-6:00pm

Fee: \$95

Waconia HS East Field 4 (by outdoor tennis courts)

Minimum: 12 / Maximum: 100

Ty Seim & Lindsey Seim

Register By: September 2



Minnesota Sword Play

Come learn real fencing skills while having fun in our special Musketeers Fencing class! Our new program introduces children to the fundamentals of fencing with the foil weapon. This class is performed in a non-threatening environment with an emphasis on skill building, concentration, self-discipline and fun. Classes are designed to enhance motor skills, social and perceptual growth by teaching safe, age appropriate foil fencing skills to each child. Fencing may help improve concentration while developing self-control through fun and organized activities that are developmentally correct. We provide everything needed to fence (mask, jacket, glove and weapon). The fencer need only to come dressed comfortably (for freedom of movement) including long sweat pants and running shoes.

F-152: Mondays, November 7, 14, (skip 21), 28, December 5, 12 & 19

6:30pm-7:30pm

Fee: \$88

MN Sword Play

Southview Dining/Gym

Min: 8 / Max: 20

Register By: October 31



Youth Recreation

Floor Hockey After School 1st-5th Grade

After school floor hockey is a very popular after school program! Both boys and girls are welcome to register and play pick-up style floor hockey after school. Each day we meet new teams will be formed for floor hockey fun. Younger and older kids will be split up if numbers allow. Come to the gym after school, have a snack from 2:30-2:45pm and we'll start at Floor Hockey at 2:45pm. Students from other schools are encouraged to attend. If you would like to ride the bus over, please contact Koch Bus on what bus to ride. 952-442-3370. Register for as many sessions as you'd like! Floor hockey sticks are provided.

F-153: Tuesdays, September 20, 27, October 4 & 11 @ Laketown Elementary Gym - Holly

F-154: Tuesdays, October 25, November 1, 8 & 15 @ Bayview Elementary Gym - Holly

F-155: Mondays, November 7, 14, (skip 21) & 28 & December 5 @ Bayview Elementary Gym - Holly

F-156: Thursdays, November 10, 17, (skip 24), December 1 & 8 @ Bayview Elementary Gym - Ivan

F-157: Tuesdays, November 29, December 6, 13 & 20 @ Bayview Elementary Gym - Ivan

Grades 1st-5th

2:45pm-4:00pm

Fee: \$30

Minimum: 12 / Maximum: 20

CE Staff: Holly Wortz / Ivan Woyno / TBD

Register by: One week prior to start date (may fill prior)



Floor Hockey After School 6th-8th Grade

After school floor hockey is a very popular after school program! Both boys and girls are welcome to register and play pick-up style floor hockey after school. Each day we meet new teams will be formed for floor hockey fun. Students from other schools are welcome to attend. If you would like to ride the bus over, please contact Koch Bus on what bus to ride. 952-442-3370. Register for as many sessions as you'd like! Floor hockey sticks are provided.

F-158: Wednesdays, September 21, 28, October 5 & 12 @ Waconia Middle School Gym

F-159: Wednesdays, November 9, 16, (skip 23), 30 & December 7 @ Waconia Middle School Gym

Grades 6th-8th

3:05pm - 4:15pm

Fee: \$30

Minimum: 12 / Maximum: 20

CE Staff: Holly Wortz / Ivan Woyno / TBD

Register by: One week prior to start date (may fill prior)



Athletic Apparel Online Order

Soccer, Football, Volleyball and General Waconia Wildcat Apparel

Waconia Area Athletics / Waconia Community Education & Recreation partners with Universal Athletic to offer apparel for; football, soccer, volleyball and basketball players, parents and fans! Items include team bags, hats, jackets, sweatshirts, shorts, shirts and much more! View all of the items available for purchase by going to the website listed below. All ordering must be done online and by the specific deadlines. Please view the sites for all the apparel options, sizing, personalization information and more details. Please provide a reliable email when you order as you will receive confirmation once the items arrive to the Waconia Community Education & Recreation office.

Football, Volleyball, Soccer & General Ordering deadline is July 24 at 11:59pm, with items arriving to the CE office around August 22. There will be a 2nd and FINAL order on August 7 at 11:59pm with items arriving to the CE office around September 6. **Order HERE:** <https://wcedathletics22.itemorder.com/>

Basketball & General: Ordering deadline is September 25 at 11:59pm, with items arriving to the CE office around October 24. There will be a 2nd and FINAL order for basketball apparel around October 30 at 11:59pm with items arriving to the CE office on November 28

Basketball & General **Order HERE:** <https://wcedathletics22.itemorder.com/>



TRINITY WACONIA
CHURCH & SCHOOL

601 E 2ND STREET, WACONIA | 952.442.4165 | TRINITYWACONIA.ORG
Find us on Facebook & Instagram

Youth Recreation

Flag Football Skyhawks

Is the perfect introduction to "America's Game" or a great refresher those who want to brush up on their skills preparing for league play. Through our "skill of the day" exercises, campers will learn skills on both sides of the ball including the core components of passing, catching, and de-flagging or defensive positioning – all presented in a fun and positive environment. The week ends with the Skyhawks Super Bowl, giving participants a chance to showcase their skills on the gridiron! Go to www.skyhawks.com for more detailed information and sample schedules.

F-400: Mondays, September 12, 19, 26 & October 3

2:30pm-4:00pm

Bayview Gym / Field #2

Fee: \$89

Min 10 / Max 20

Register By: September 2



Flag Football 1st Down Tots Skyhawks

In this parent participation class we use a variety of fun games to teach basic football techniques including running control, passing, receiving and defense.

F-401: Mondays, September 12, 19, 26 & October 3

4:10pm-4:40pm

Bayview Gym / Field #2

Fee: \$69

Min 10 / Max 20

Register By: September 2

Soccer Skyhawks

Skyhawks was founded as a soccer club in 1979. Thirty years later, we are still the number one choice for parents looking to introduce their children to the fundamentals of the world's most popular sport. Using our progression curriculum, your young athlete will gain the technical skills and sport knowledge required for the next step into soccer. Designed for beginner and intermediate players, this camp focuses on dribbling, passing, shooting, and ball control. Go to www.skyhawks.com for more detailed information and sample schedules.

F-404: Mondays, October 10, 17, 24 & 31

2:30pm-4:00pm

Bayview Gym / Field #2

Fee: \$89

Min 10 / Max 20

Register By: October 3



Soccer Tots Skyhawks

In this parent participation class we use a variety of fun games to teach basic football techniques including running control, passing, receiving and defense.

F-405: Mondays, October 10, 17, 24 & 31

4:10pm-4:40pm

Bayview Gym / Field #2

Fee: \$69

Min 10 / Max 20

Register By: October 3

Basketball Skyhawks This fun, skill-intensive program is designed with the beginning to intermediate player in mind. Using our progression curriculum, our basketball staff focus on the whole player, teaching your child the skills needed both on and off the court to be a better athlete. Each day will start with a "skill of the day" and progress into drills and games. After a week of passing, shooting, dribbling, and rebounding, your child will show you why this is one of our most popular programs.

F-402: Mon, November 7, 14, (skip 21), 28, December 5

Bayview Gym

2:30pm-4:00pm

Min: 10 / Max: 20

Fee: \$89

Register By: October 31

Hoopster Tots Basketball Skyhawks In this parent participation class we use a variety of fun games to develop balance, movement, and basketball skills as well as listening to instructions. Very active and fun.

F-403: Mon, November 7, 14, (skip 21), 28, December 5

Bayview Gym

4:10pm-4:40pm

Min: 10 / Max: 20

Fee: \$69

Register By: October 31

West Metro Prowlers Fall Softball

Fall Ball Softball 14U & High School Leagues

Eligible birth years; 2009, 2008, 2007, 2006, 2005 & 2004.

This is a competitive, skills, community based traveling league and an evaluation is used. Ideal team roster size is 12 players and no player is guaranteed a spot on any team regardless of team placement in previous leagues/seasons.

At the time of registration please note if you are trying out for:

> Fall 2022 only

> Summer 2023 only

> Fall 2022 AND Summer 2023

**Separate teams could/will be formed for each season.*

**Each season has a separate registration and fee.*



Register By - July 27, 2022

There is no guarantee that there will be enough players to fill out a team. There could also be an opportunity to form more than one team. If you are age eligible 14's and willing to play-up please note that on your registration for consideration. Independent evaluators, board members and/or coaches evaluations could/will be used.

Practices will take place in August & September 1-2 nights a week in Waconia.

2-3 volunteer coaches are needed! Please indicate volunteer coaching interest at the time of registration. If needed, a more thorough application will be used to identify coaches.

Games will be played on Sundays at neutral host sites on August 21, 28, September 11, 18 & 25. The Fall Ball State Tournament is Sunday, September 25th.

\$110 Fee Includes: 1 Uniform t-shirt top and a \$25 non-refundable evaluation fee and processing fee.

Refunds: Once teams are posted you will have 24 hours to accept your roster spot. A full refund will be given minus \$25 (processing fee and evaluation fee) if you decide not to proceed with playing for Fall 2022. We cannot offer a refund/credit/transfer after August 4th once you have committed to the team.

West Metro Prowlers Fall Ball Evaluations 2022

Evaluations will be held at the Waconia High School Varsity Softball Fields (purple dugouts located between Waconia HS and Waconia MS.) Bring your glove, bat & wear your cleats. Teams will be posted on our website WaconiaAreaAthletics.com by 4pm on Wednesday, August 3rd at which time you will have 24 hours to accept your roster spot.

14U & High School League Evaluations Mon., August 1, 2022 | 6:30pm-8:00pm

**Pitchers and catchers will be evaluated at the end of the time slot.*

**By request, a 4:00pm-5:30pm evaluation time slot may also be used if needed on August 1st, this would need to be pre-arranged with staff by July 26th. Please reach out to Holly Wortz with questions.*

hwortz@isd110.org / 952.442.0612

**Evaluation Rain Date is Tuesday, August 2, 2022 - Only if needed.*

Waconia Wildcats 10U & 12U Summer

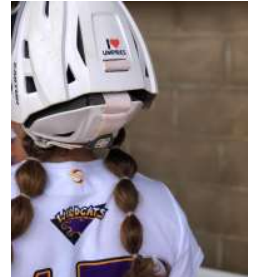
Waconia Wildcats Girls BigWest Softball - Register by Wednesday, August 17, 2022

This is a competitive, skills based traveling league and an evaluation is used. There is a risk that cuts will be made, and no player is guaranteed a spot on any team regardless of team placement in previous leagues/seasons. For those who wish to skip the evaluation process and have equal playing time please register and play in our recreation league next spring/summer. Commitment is necessary to participate in this league.

10U-12U play in the Big West Softball league, 2 local tournaments, State Qualifiers tournament & potentially State Tournament if they advance. Please visit MNSoftball.com for updated weekend dates for the Qualifiers and State tournament for 2023.

Your age on December 31, 2022 determines where you play in the Big West league. Girls in 3rd grade born after December 31, 2013 are eligible to participate in the 10U League. 2nd Graders (2022-2023 school year) are NOT eligible to participate.

10U/12U - Must attend ISD #110 Waconia Schools or reside in Waconia District Boundaries.



There is no guarantee that there will be enough players to fill out a team. If there are enough girls, multiple teams could be created. Independent evaluators will be used. WAA and the Softball Advisory Board will also consider previous season coaches evaluations to create teams. In the event you were evaluated and not selected to the BigWest Softball League you will receive a full refund minus the \$15 evaluation fee/\$10 processing fee (\$25 total.) An email will be sent after evaluations to explain additional softball options.

League games will be played one or two nights per week, Mon-Thursday, however, if games are rescheduled due to weather you could potentially play Fri/Sat/Sun. The league plays double headers on game nights. Tournaments will be on weekends.

All uniforms will be available at the January evaluation for participants to try on so the correct size is ordered. A parent/guardian must come in to tryouts with their player and have the child try on the jersey. Parents/guardians will be asked to initial that they have tried on the uniforms and the correct size was selected. WAA is not liable if the uniform was not tried on and the correct size wasn't selected.

Fee Includes: Uniform top, two tournaments, State Qualifier Tournament, State Tournament(if earned), game and field supplies, administration and a \$25 non-refundable evaluation fee and processing fee.**Other fees may apply based on if the team/coaches decide to play/qualify for additional tournaments. Payment & registration must be turned in prior to evaluations. Please register by August 17, 2022. If registered after January 13, 2023 add \$30. There is a payment plan option available if you register before August 17, 2022, \$80 down payment before the registration deadline that includes the \$25 non-refundable evaluation and processing fee. On October 3, 2022 your card will be charged \$185 with the remaining balance of \$185 charged on December 16, 2022.

Big West Softball Refunds: A full refund will be given minus \$25 (processing fee and evaluation fee) from August 23, 2022 - January 22, 2023. After January 22, 2023 we cannot offer a refund/credit/transfer.

Coaches, players and parents will have to sign a code of conduct form before the child is allowed to play.

2023 Girls Big West Fastpitch Softball

Evaluations will take place on Monday, August 22, 2022 (Outdoors) & Sunday, January 22, 2023 (Indoors)
*If needed, the rain date for the August evaluation will be Monday, August 29th.

You must attend one evaluation, however, we recommend attending both evaluation dates. The August eval will be held at the WHS Varsity Softball Fields (purple dugouts) and WHS East Diamonds #3 & #4. Bring your glove, bat & wear your cleats. The January evaluation will take place in the Waconia Middle School Gym. (Wear gym shoes.) Teams will be decided by February 3rd, 2023.

10U & 12U Evaluations

Monday, August 22

(12U) Birth year 2011, 2010..... 5:00pm-6:30pm

(10U) Birth year 2013, 2012, 3rd+..... 6:45pm-8:15pm

Sunday, January 22

3:00pm-4:30pm

4:45pm-6:15pm



Big West Fastpitch Softball League Fee: \$450 (After January 13, 2023 \$475 and must be paid in full.)

Teams will be coordinated accordingly 10U-12U. Register with your birth year.



West Metro Prowlers Summer 2023

West Metro Prowlers Girls BigWest Fastpitch Leagues - 14U | 16U | 18U | HS - Summer 2023

This is a competitive, skills, community based traveling league and an evaluation is used. Ideal team roster size is 12 players and no player is guaranteed a spot on any team regardless of team placement in previous leagues/seasons. Teams will be formed with players that have competitive experience and skill level to compete in the MN Softball BigWest League, 2 local tournaments, State Qualifiers tournament & potentially State Tournament.



If we have qualified applicants, the top team in each age group will have a paid/non-parent head coach. We will rely on 2 additional volunteer parent or non-parent assistant coaches and potentially a team manager for the top team. The 2nd tier team in each age group will consist of all volunteer coaches. If a non parent/paid coach does not work out players will be reimbursed the money allotted for a paid head coach and a parent coach will be assigned as the head coach.

14U|16U|18U|HS - Eligible birth years include; 2009, 2008, 2007, 2006, 2005 & 2004. Anyone interested regardless of where you live or go to school can register for the West Metro Prowlers Fastpitch league. Historically our program participants have resided in Waconia, Cologne, Mayer, Minnetrista, New Germany, Excelsior, Chaska, Glencoe, St. Bonifacius & Victoria.

There is no guarantee that there will be enough players to fill out a team. There could also be an opportunity to form more than one team. Independent evaluators will be used. WAA and the Softball Advisory Board will also consider previous season coaches evaluations to create teams. In the event you were evaluated and not selected to the Big West Softball League you will receive a full refund minus the \$15 evaluation fee/\$10 processing fee (\$25 total.)

League games will be played one or two nights per week, Mon-Thursday, however, if games are rescheduled due to weather you could potentially play Fri/Sat/Sun. The league plays double headers on game nights. Tournaments will be on weekends. Home games will be played at the Waconia High School East Varsity & JV Field Complex in Waconia. In season practices will take place in Waconia 1-2 evenings a week potentially beginning in April, however, if the majority of the team is participating in the WHS HS Softball program their season will begin after the HS season is complete around the 3rd week in May.

All uniforms will be available at the January evaluation for participants to try on so the correct size is ordered. A parent/guardian must come in to tryouts with their player and have the child try on the jersey. Parents/guardians will be asked to initial that they have tried on the uniforms and the correct size was selected. WAA is not liable if the uniform was not tried on and the correct size wasn't selected.

Other off season training and player development opportunities will be communicated via email as they are coordinated beginning fall of 2022 and will be "à la carte." We support multi-sport athletes so please pick and choose what position specific, hitting, pitching and catching training opportunities work into your schedule as they are presented locally or at nearby facilities. We ask for your team softball commitment beginning spring/summer 2023 (Mid May-July only if you are playing softball in the MSHSL.) During the primary softball season of June/July players are expected to make softball their priority sport and attend 90%-100% practices and games.

BigWest Fastpitch Softball League

West Metro Prowlers Summer 2023 payment & registration must be turned in PRIOR to evaluations. Register and pay \$25 by July 27, 2022 to attend the August 1, 2022 evaluation. There is a payment option available for the remaining fee or you can choose to pay in full. On October 7, 2022 your card will be charged \$330 with the remaining balance of \$330 charged on December 16, 2022. After December 16, 2022 a payment plan is no longer offered and you'll need to pay the full fee. If you register after January 13, 2022 add \$30.

Refunds: A full refund will be given minus \$25 (processing fee and evaluation fee) up until January 22, 2023. Once teams are posted you will have 48 hours to accept or decline. We cannot offer a refund/credit/transfer after the 48 hours of the teams being posted.

\$685 Fee Includes: 1 Uniform top, 3 player/family club t-shirts, 4-8 team pitching/catching/hitting trainers sessions (TBD), two Minnesota tournaments, State Qualifier Tournament, State Tournament(if earned), February open gym/batting cage opportunities in Waconia or at other possible nearby locations, equipment, game and field supplies, umpire fees, administration and a \$25 non-refundable evaluation fee and processing fee. **Other fees may apply based on if the team/coaches decide to play/qualify for additional tournaments including Nationals.

Team Apparel & Swag: Team pants, socks, belts and other fan gear and swag will be available for purchase after the 2nd evaluation date. This information will be sent out via email. Coaches, players and parents will have to sign a code of conduct form before the participant is allowed to play.

West Metro Prowlers Evaluations will take place on

Monday, August 1, 2022 (Outdoors) & Sunday, January 22, 2023 (Indoors)

You must attend at least one evaluation, however, we strongly recommend attending both evaluation dates. The August eval will be held at the Waconia High School Varsity Softball Fields (purple dugouts located between Waconia HS and Waconia MS) and Waconia High School East Diamonds #3 & #4. Bring your glove, bat & wear your cleats. The January evaluation will take place in the Waconia Middle School Gym (1400 Community Dr, Waconia, MN 55387.) (Wear gym shoes.) The Spring/Summer 2023 teams will be decided by February 3rd, 2023.

14U,16U,18U & HS Evaluations

Birth year 2009/2008(14U), 2007/2006(16U), 2005/2004(18U)

**Mon., August 1
6:30pm-8:00pm**

**Sun., January 22
6:30pm-7:45pm**

**Pitchers and catchers will be evaluated at the end of the time slot.*

**August evaluation Rain Date is Tuesday, August 2, 2022 - Only if needed.*



Boys Metro Baseball

Team Formation Birthday Information

- #509 9YO/3rd gr.+ team if your birthday is on or between May 1, 2013 & April 30, 2014.
- #510 10 year old team if your birthdate is on or between May 1, 2012 & April 30, 2013.
- #511 11 year old team if your birthdate is on or between May 1, 2011 & April 30, 2012.
- #512 12 year old team if your birthdate is on or between May 1, 2010 & April 30, 2011.
- #513 13 year old team if your birthdate is on or between May 1, 2009 & April 30, 2010.
- #514 14 year old team if your birthdate is on or between May 1, 2008 & April 30, 2009.
- #515 15 year old team if your birthdate is on or between May 1, 2007 & April 30, 2008.



Boys Metro Baseball Information for 2023 Season | Registration Deadline is Tuesday, September 20, 2022

This is a competitive, skills based traveling league and an evaluation is used. Participants MUST attend their age appropriate evaluation time. The fall evaluation date will be on Saturday, September 24. The next evaluation date will be the winter of 2023. There is a risk that cuts will be made, and no player is guaranteed a spot on any team regardless of team placement in 2022. For those who wish to skip the evaluation process for baseball there is an opportunity to play local league or machine pitch this coming summer. In the event you were evaluated and not selected to a Metro Baseball team, you will receive a full refund minus the \$25 evaluation and processing fee. An email will be sent after evaluations to explain additional baseball options for spring/summer 2023. Teams will be formed after the winter 2023 evaluation date.

Fall Tryout - Saturday, Sep 24, 2022 - Visit the website for the schedule: WaconiaAreaAthletics.com

Registrations for "playing up with your grade" need to be pre-approved by contacting Community Education at 952-856-4520. Games could be from late April - July. Typically twice per week on any night of the week. Coaches pick practice dates. Players are unable to play in both the Metro League and Pee Wee, Local League Baseball & Crow River Baseball. The number of teams are based on tryout scores/strength of team, not by the number of participants that tryout. There is no guarantee that there will be enough players to fill out any team. If there are enough skilled participants for multiple teams that could be created as well. WAA and the Baseball Advisory Board has the right to move boys up a level or shift to another team as it seems fit based on tryouts and numbers. The winter evaluation date/location is TBD. Teams will be decided shortly after the 2nd evaluation.

Baseball Fees: Payment of \$470 is due on or before September 20 2022. Other fees may apply based on if the team/coaches decide to play/qualify for additional tournaments and/or have paid coaches. ****Payment Option Available** - \$50 down payment before the registration deadline of September 20. On Friday, October 14 2022 your card will be charged \$210 with the remaining balance of \$210 will be charged on Friday, December 9, 2022. Fee includes a \$25 non-refundable evaluation and processing fee. After Friday, December 9, 2022, a payment plan is no longer offered and you will need to pay the full fee. If you register after January 4, 2023 add \$30.

Fee includes 2 uniform tops, hat, two tournaments, equipment, game and field supplies, umpire fees, administration, coaching training/clinics, indoor batting cage/gym time, more practices run by high school coaches/board members. Other off season training and player development opportunities will be communicated via email as they are coordinated beginning in the fall of 2022. These will be a separate fee and registration. ***New Uniforms & hats for 2023 will be available to try on for sizing at the winter evaluation.***

Refunds: A program refund will be given minus the \$25 processing and tryout fee through the date before the winter 2023 evaluation. After the winter evaluation date, no refunds will be given. No refunds will be given after the deadline or after the teams have been announced.

Boys Metro Baseball

Metro 9 year old Option | #509 9YO/3rd gr.+ team if your birthday is on or between May 1, 2013 & April 30, 2014. This age group will not be placed in the Metro League for league play. There will still be a tryout in case there are enough kids for multiple teams. It will focus on player fundamentals. There will still be a team of 12 players and 2-3 volunteer coaches. Board Members or Varsity coaches will also help at various practices to help with the fundamentals. A couple of scrimmages will be set up with different communities throughout the season along with one to two tournaments throughout the season.

Baseball Fees: Payment of \$250 is due on or before September 20, 2022. Other fees may apply based on if the team/coaches decide to play/qualify for additional tournaments and/or have paid coaches.

****Payment Option Available** - \$50 down payment before the registration deadline of September 21. On Friday, October 14, 2022 your card will be charged \$100 with the remaining balance of \$100 will be charged on Friday, December 9, 2022. Fee includes a \$25 non-refundable evaluation and processing fee. After December 9, 2022, a payment plan is no longer offered and you will need to pay the full fee. If you register after January 4, 2023 add \$30. Fee includes two uniform tops, hat, one to two tournaments, equipment, administration, coaches training/clinics, indoor batting cage/gym time, more practices run by high school coaches/board members.

Youth Recreation Fall Soccer

Fall Soccer 2022 will place players in teams and have an hour practice/game setup. Shin guards are required. Soccer cleats are not required but preferred. Each player will receive a team T-shirt to keep. Coaches Needed: 1-2 per team, if you sign up to coach and pass a background check please plan on attending the coaches meeting. Parent coaches needed. Boys and girls must play in their age appropriate group and may not "play-up". Sorry, we cannot offer a refund after the coaches meeting has been held.

#900: Kindergarten Soccer

Ages: Kindergarten 2022-2023
Division: Co-Rec (boys & girls on the same team)
Roster Size: 7-9 players per team (pending registration numbers)
Days of Play: Monday
Game Dates: August 15, 22, 29 September 12, 19 & (26 rain date if needed)
Times: 5:45pm-6:45pm
Location: Waconia HS East Soccer Complex / Fields 1 & 2
Fee: \$55
Register By: July 20 / Late Fee: \$10 (if space is available)
Coaches Meeting: Monday, July 25th at 8pm in the Bayview Gym - Enter North Doors



#901: 1st & 2nd Grade Boys Soccer | #902: 1st & 2nd Grade Girls Soccer

Ages: Grades 1 & 2 (2022-2023 school year)
Division: Boys & Girls on separate teams
Roster Size: 7-9 players per team (pending registration numbers)
Days of Play: Monday
Game Dates: August 15, 22, 29 September 12, 19 & (26 rain date if needed)
Times: 5:45pm-6:45pm
Location: Waconia HS East Soccer Complex / Fields 1 & 2
Fee: \$55
Register By: July 20 / Late Fee: \$10 (if space is available)
Coaches Meeting: Monday, July 25th at 8pm in the Bayview Gym - Enter North Doors

Youth Flag Football

Players will be called by their coach with their first game site and time after the coaches meeting. These programs are open to boys and girls (typically we have under 5 girls that participate, however, girls ARE welcome!) All dates and locations are subject to change based on registration numbers. Volunteer coaches are needed for this program. Playing up policy: No child younger than Kindergarten age may play-up into flag football, however, 1st grade and above may play-up one grade level IF a parent coaches. Registration deadline is Wednesday, July 20 / Late Fee: \$10 after July 20. Limited spots available after the deadline. Sorry, we cannot offer a refund after the coaches meeting.

#100: Kindergarten Flag Football

Each player receives a T-shirt. 2-3 volunteer coaches needed per team. Coaches are the quarterback.

Ages: Going into Kindergarten in the Fall of 2022
Starts: Saturday, August 27 - 1st Practice/Game & Photo Day
Days of Play: Saturdays - Aug. 27, Sept (skip 3), 10, (skip 17), 24, Oct. 1 & 8
Rain Date (October 15)
of Dates: 5 / Each day is both a practice/game (75 minutes each)
Game Time: Mornings/early afternoon, pending on the # of teams
Sites: Waconia
Fee: \$55
Register By: Wednesday, July 20 / Late Fee: \$10 (if space allows)
Coaches Meeting: Thursday, August 4 - 7:00pm-8:00pm in WMS Auditorium



#101: 1st Grade Flag Football

#102: 2nd Grade Flag Football

Each player receives a T-shirt. 2-3 volunteer coaches needed per team. Coaches are the quarterback.

Ages: Going into 1st Grade in the Fall of 2022
Starts: Saturday, August 27 - 1st Practice/Game & Photo Day
Days of Play: Mondays & Saturdays
Dates: August 27, 29, Sept. (skip 3, 5), 10, 12, (skip 17), 19, 24, 26, October 1, 3 & 8
2 Rain dates are built into the schedule
of Dates: 10 / Each day is both a practice/game (1 hour)
Game Time: Mondays start after 5:30pm; Saturdays - mornings/early afternoon
Sites: Waconia
Fee: \$75
Register By: Wednesday, July 20 / Late Fee: \$10 (if space allows)
Coaches Meeting: Thursday, August 4 - 7:00pm-8:00pm in WMS Auditorium



#103: 3rd Grade Flag Football

Each player receives a T-shirt. 2-3 volunteer coaches needed per team. Coaches are the quarterback.

Ages: Going into Grade 3 in the Fall of 2022
Starts: Saturday, August 27 - 1st Practice/Game & Photo Day
Days of Play: Thursdays and Saturdays
Dates: August 27, Sept. 1, (skip 3) 8, 10, 15, (skip 17) 22, 24, 29, Oct. 1 & 6
2 Rain dates are built into the schedule
of Dates: 10 / Each day is both a practice/game (1 hour)
Game Time: Thursdays start after 5:30pm; Saturdays - mornings/early afternoon
Sites: Waconia
Fee: \$75
Register By: Wednesday, July 20 / Late Fee: \$10 (if space allows)
Coaches Meeting: Thursday, August 4 - 7:00pm-8:00pm in WMS Auditorium



Youth Flag Football

Players will be called by their coach with their first game site and time after the coaches meeting. All dates and locations are subject to change based on registration numbers. Volunteer coaches are needed for this program. Playing up policy: 3rd grade and above may play-up one grade level if a parent coaches. These two grade levels could be combined. Registration deadline is Wednesday, July 20 / Late Fee: \$10 after July 20. Limited spots available after the deadline.

#104: 4th Grade Flag Football

#105: 5th Grade Flag Football

Each player receives a team DRI-FIT Team T-shirt. Volunteer coaches needed: 1-2 per team.

Kids are the quarterback for this league.

Ages: Going into Grades 4 & 5 in the Fall of 2022.
Starts: Saturday, August 27 - 1st Practice/Game & Photo Day
Days of Play: Thursdays and Saturdays
Dates: August 27, Sept. 1, (skip 3) 8, 10, 15, (skip 17) 22, 24, 29, Oct. 1 & 6
2 Rain dates are built into the schedule
of Dates: 10 / Each day is both a practice/game (1 hour)
Game Time: Thursdays start after 5:30pm; Saturdays - mornings/early afternoon
Sites: Waconia
Fee: \$75
Register By: Wednesday, July 20 / Late Fee: \$10 (if space allows)
Coaches Meeting: Thursday, August 4 - 7:00pm-8:00pm in WMS Auditorium



Middle School Flag Football

The competitive and fun flag football program is growing in the Waconia area for older kids! Continue your love of the game without the full gear and tackling. We can expect around 80 participants for this league. Players will be called by their coach with team information after the coaches meeting. All dates and locations are subject to change based on registration numbers. Grade levels may be combined pending enrollment. Volunteer coaches are needed for this program. Participants must be grade level appropriate for this league. Registration deadline is Wednesday, July 20 / Late Fee: \$10 after July 20. Limited spots available after the deadline.

#106: 6th Grade Flag

#107: 7th Grade Flag

#108: 8th Grade Flag

Each player receives a team DRI-FIT Team T-shirt. Volunteer coaches needed: 1-2 per team.

Kids are the quarterback for this league.

Ages: Going into Grades 6th-8th in the Fall of 2022.
Photo Day: Saturday, August 27 - 1st Practice/Game & Photo Day
Days of Play: Tuesday nights (Practice) and Saturdays (Games)
Dates: Aug. 27, 30, Sept (skip 3), 6, 10, 13, (skip 17), 20, 24, 27, Oct. 1, 4 & 8
2 Rain dates are built into the schedule
Times: Tuesdays after 5:30pm (1 hour);
Saturdays - mornings/early afternoon (1-2 hours)
Sites: Waconia
Fee: \$80
Register By: Wednesday, July 20 / Late Fee: \$10 (if space allows)
Coaches Meeting: Thursday, August 4 - 7:00pm-8:00pm in WMS Auditorium

4th Grade Tackle Football

#109: 4th Grade Tackle Football

Each player receives a team jersey to keep. Volunteer coaches needed: 2-3 per team. Coaches will also need to be present at the player review and draft. The player review is a practice in which the coaches evaluate the player to divide the teams up equally. Parents are responsible for providing their participant with a helmet (most participants have white but other colors are fine), shoulder pads, cleats and mouth guard. WAA is providing black football pants for rental but other colors are fine to wear. All participants should plan to come to the Community Education office on Wednesday, July 20 anytime 7:30am-7pm for participant weigh-in's and pants try on. If you cannot stop in on 7/20/22 please come in during regular office hours before July 20th. Please contact Joe Duffy at jduffy@isd110.org with questions. A participant can only be weighed in 1 time. Sorry, we cannot offer a refund after the registration deadline.

Ages:	Going into Grade 4 in the Fall of 2022
Weigh in/Pants	Extended office hours on Wednesday, July 20 from 7:30am-7pm to stop in and try on
Player Review:	Monday, August 8 @ 6:30pm-8pm at Waconia High School East Fields 1 & 2. Coaches Attend!* In the event of rain the player review will be held indoors at Waconia Middle School. (no cleats)
Days of Play:	Tuesdays and Saturdays beginning August 23
Dates:	August 23, 27, 30, Sep. (skip 3), 6, 10, 13, (skip 17), 20, 24, 27, October 1, 4 & 8 (Rain Date 10/15)
Photo Day:	Tuesday, August 23
Game Time:	Tuesdays start after 5:30pm; Saturdays - mornings/early afternoon
Sites:	Brook Peterson and Waconia Middle/High School Fields
League/Pants Fee:	\$160, includes a reversible jersey to keep fee plus a \$30 deposit for black football pants. Upon the return of the pants when the season has ended, you will be refunded \$15. If the pants are not returned to the CE office by October 28 the \$15 will be voided. Football pants rental fee will be charged to your debit/credit on 8/26.
Register By:	Wednesday, July 20 / Late Fee: \$10 (if space allows)
Coaches Meet/Draft:	Tuesday, August 9 at 6:00pm-7:30pm at the Waconia Community Education Office



5th & 6th Tackle Football

#110: 5th & 6th Grade Tackle Football

Each player receives a team jersey to keep. Volunteer coaches needed: 2-3 per team. Coaches will also need to be present at the player review and draft. The player review is a practice in which the coaches evaluate the player to divide the teams up equally. Parents are responsible for providing their participant with a helmet (most participants have white but other colors are fine), shoulder pads, cleats and mouth guard. WAA is providing black football pants for rental but other colors are fine to wear. All participants should plan to come to the Community Education office on Wednesday, July 20 anytime 7:30am-7pm for participant weigh-in's and pants try on. If you cannot stop in on 7/20/22 please come in during regular office hours before July 20th. Please contact Joe Duffy at jduffy@isd110.org with questions. A participant can only be weighed in 1 time. Sorry, we cannot offer a refund after the registration deadline.

Ages:	Going into Grades 5 & 6 in the Fall of 2022
Weigh in/Pants	Extended office hours on Wednesday, July 20 from 7:30am-7pm to stop in and try on
Player Review:	Monday, August 8 @ 7pm-8:30pm at Waconia High School East Fields 1 & 2. Coaches Attend! *In the event of rain the player review will be held indoors at Waconia Middle School. (no cleats)
Practices:	August 18, 23, 25, 30, September 1, 6, 8, 13, 15, 20, 22, 27, 29, October 4, 6, 11 & 13
Game Dates:	Saturdays, August 27, September 10, (skip 17) 24, October 1, 8 & 15. Rainouts could extend the season.
Photo Day:	Tuesday, August 23
Game Time:	Mornings/early afternoon, pending on the # of teams
Sites:	Waconia, Jordan, Belle Plaine, Norwood Young America & possible other towns.
League/Pants Fee:	Option A: \$180 Includes reversible jersey top to keep. Option B: \$210, includes a reversible jersey to keep fee plus black football pants rental. Upon the return of the pants when the season has ended, you will be refunded \$15. If the pants are not returned to the CE office by October 28 the \$15 will be voided. Football pants rental fee will be charged to your debit/credit on 8/26. Option C: \$120, using a reversible jersey top from Fall 2021 and not purchasing a new top. Option D: \$150, using a reversible jersey top from Fall 2021 and not purchasing a new top fee plus a deposit for black football pants. Upon the return of the pants when the season has ended, you will be refunded \$15. If the pants are not returned to the CE office by October 28 the \$15 will be voided. Football pants rental fee will be charged to your debit/credit on 8/26.
Register By:	Wednesday, July 20 / Late Fee: \$10
Coaches Meet/Draft:	Tuesday, August 9 at 7:30pm-9:00pm at the Waconia Community Education Office



7th & 8th Tackle Football

#710: 7th & 8th Grade Tackle Football

Each player receives a team jersey to keep. Volunteer coaches needed: 2-3 per team. Coaches will also need to be present at the player review and draft. The player review is a practice in which the coaches evaluate the player to divide the teams up equally. Parents are responsible for providing their participant with the following equipment. The following is required: White Football Helmet (NOCSAE certified), Shoulder Pads (NOCSAE certified), Cleats and Mouthguard. WAA is providing black football pants for rental or you can choose to purchase black pants on your own. All participants should plan to come to the Community Education office on Wednesday, July 27 anytime 7:30am-7pm for participant weigh-in's and pants try on. If you cannot stop in on 7/27/22 please come in during regular office hours before July 27th. This is required for ALL participants. Please contact Joe Duffy at jduffy@isd110.org with questions. A participant can only be weighed in 1 time. Sorry, we cannot offer a refund after the registration deadline.



Ages:	Going into Grades 7 & 8 in the Fall of 2022
Weigh in/Pants	Extended office hours on Wednesday, July 27 until 7pm to stop in
Player Review:	Wednesday, August 10 @ 6:30pm-8:30pm a WHS Stadium/Turf Coaches Attend! *In the event of rain the player review will be held indoors at Waconia Middle School. (no cleats)
Days of Play:	Tuesdays OR Thursdays/Saturdays - August 30th - October 15th
Practices:	August 22, 24, 26, 29, 31, September 2, 5, 7, 9, 12, 14, 16, 19, 21, 23, 26, 28, 30, October 3, 5, 7, 10, 12, 14, 17
Game Dates:	Saturdays, August 27, September 10, (skip 17) 24, October 1, 8 & 15. Rainouts could extend the season.
Photo Day:	Monday, August 22
Game Time:	Tuesday/Thursday - Evenings and Saturday - Mornings/early afternoon
Sites:	Waconia, Chanhassen, Chaska, Eden Prairie, Orono, New Prague, Prior Lake
League/Pants Fee:	<p>\$250, includes a reversible jersey to keep fee plus a \$30 deposit for black football pants. Upon the return of the pants when the season has ended, you will be refunded \$15. If the pants are not returned to the CE office by October 28 the \$15 will be voided. Football pants rental fee will be charged to your debit/credit on 8/27.</p> <p>Option A: \$250, includes a reversible jersey to keep fee plus a \$30 deposit for black football pants. Upon the return of the pants when the season has ended, you will be refunded \$15. If the pants are not returned to the CE office by October 29 the \$15 will be voided. Football pants rental fee will be charged to your debit/credit on 8/27.</p> <p>Option B: \$220, includes a reversible jersey to keep. Does NOT include pants.</p>
Register By:	Wednesday, July 20 / Late Fee: \$10
Coaches Meet/Draft:	Thursday, August 11 at 6:30pm-8pm Community Education Office - Conference Room A

Waconia Clay Target Club

Registration for Spring 2023 Team: Please note that this is a **SPRING SPORT** and it will not work for your participant to be in both Clay Target Club and another WHS Spring sport.

*CURRENT MEMBER (participated Spring 2022 team) opens.....7:30am Monday, 11/7/22

*NEW MEMBER registration 10th-12th opens.....7:30am Wednesday, 11/9/22

*NEW MEMBER registration Grades 8th-9th opens.....7:30am Friday, 11/11/22

If you participated on the Spring 2022 team OR you want to be a parent volunteer coordinator allowing your student "Current Member" enrollment you MUST do so when registration opens on Monday, November 7th with Waconia Community Education & Recreation either in person or online at www.waconiacommunityed.org . (Call Holly in late October at 952-442-0612 to discuss the parent/volunteer coordinator position prior to November.) Registrations are on a first come first-serve basis.

Register Online at WaconiaCommunityEd.org

Boys and Girls are encouraged to register for the Waconia High School Clay Target Club. This is a Minnesota High School Club/Sport that will challenge you to be the best you can be at the sport of Trap Shooting. This club is affiliated with the Minnesota State High School Clay Target League and will follow their rules and regulations. There is a maximum of 50 students allowed to participate on the team and will first open to current team members. The team will shoot at our home location each week. The scores will then be posted online for virtual competitions against the other schools in our conference. There will be a State Championship on the first weekend in June in Alexandria, MN and a Minnesota State High School League's State Tournament on the second weekend later in June. The season will consist of several practice rounds at the beginning of the season, 6 competition rounds and a fun round added in to complete the season. Competition and Practice rounds are once a week on Thursdays from 3:30 to 6:30pm. Each shoot will consist of two (2) rounds of 25 clays. **This club will run from mid-March until the second week in June and will conflict with other spring activities!** High School Athletic Letters will be awarded to participants achieving a predetermined average. Items needed to participate are a Firearms Safety Certificate, hearing & sight protection, and any 12ga or 20ga Shotgun. The shooting vest, rounds of clays and shells are provided in the fee structure. Absolutely NO GUNS OR SHELLS will be allowed on District #110 property. Other fees may apply for training sessions, apparel, etc. Clay Target Club is expected to fill fast and go to a waitlist of students. Check out the league information at <http://mnclaytarget.com>

Parents/Volunteers: This will be a student/parent sport. Involvement by parents is required, this is not a drop off sport due to certain regulations that must be followed. Volunteer coaches and safety monitors are needed to allow this program to take place. Coaches, volunteers and safety monitors are required to pass a background check. There will be 3 mandatory safety meeting that will need to be completed in order to participate.

Refunds/Eligibility: There will be no refunds, credits or transfers given after December 2, 2022. Please be sure of your participation and commitment level at this time. To register for the Clay Target Club you need to have passed Firearms Safety Training and be 12 years old by November 6, 2022. If you do not have a Firearms Safety Certificate # you will not be able to register. Check out the league at <http://mnclaytarget.com>

F-CLAY23: Waconia Clay Target Club Fee: \$100 (\$10 late fee after December 2, 2022 if space available)

Maximum Amount of Members: 50

Leader: Dan Fulkerson & Todd Williams

First practice end of March/beginning of April.(Weather dependent)

Times: 3:30PM

Site: Carver County Sportsman's Club – Near Patterson Lake



5th & 6th Youth Volleyball

#106: 5th Grade Girls Volleyball

#107: 6th Grade Girls Volleyball

Volunteer coaches needed: 2-3 per team. Coaches will also need to be present at the player review and draft. The player review is a practice in which the coaches evaluate the players to divide the teams up equally. Friend requests for this league may or may not happen because of the nature of the player review. Please note at the time of registration if your participant has conflicts with other fall activities that take place on Tue/Thur/Sat. Registration deadline is Wednesday, July 20. Sorry, we cannot offer a refund after the coaches meeting has been held. Please check our website WaconiaAreaAthletics.com to order optional apparel by Sunday, July 24th.

- Ages:** Girls going into Grades 5 & 6 in the Fall of 2022.
- Starts:** Player Review - Tuesday, August 16 from 5:30pm - 6:30pm at WMS Gym
- Days of Play:** Saturdays, September 10, (skip 17), 24, October 1, 8, 15, (skip 22), 29 & November 5
- Practices:** Tuesdays & Thursdays, starts August 23 - Practices will be between 5:30pm-8pm.
Aug. 23, 25, 30, Sept. 1, 6, 8, 13, 15, 20, 22, 27, 29, Oct. 4, 6, 11 & 13, (skip 18, 20), 25, 27, Nov 1 & 3
- Photo Day:** August 23 or 25 at practice TBD
- Tournament:** 5th Grade Tournament on October 29, 6th Grade Tournament on November 5
- Game Locations:** Teams could travel to, Lester Prairie, New Prague, NYA, Cologne, DC, HLWW, Orono, Hutchinson, Annandale and Glencoe. There may be other communities added as well.
- Practice Sites:** Waconia Schools TBD
- Fee & Uniform Top:** \$90, plus a \$30 deposit for volleyball jersey top. Upon the return of the jersey top when the season has ended, you will be refunded \$15. If the jersey is not returned to the CE office by November 11th the \$15 will be voided. If you are paying by credit or debit card your card will be charged around September 2nd for the jersey rental.
- Register by:** Wednesday, July 20 / Late Fee: \$10
- Coaches Meeting:** Tuesday, August 16 player review WMS Gym. Coaches attend the player review and evaluate participants at 5:30pm and meet after until 7pm.
- Volleyball Shorts:** Please purchase solid black volleyball shorts for your participant. Many participants choose to wear black spandex, however, any style of shorts work to participate.



5th/6th Grade Volleyball Jamboree!

Are you playing 5th & 6th grade volleyball this fall and just can't get enough!? Join us Friday night for a Waconia team's only Volleyball Jamboree! Exact schedule TBD pending registration numbers. Volunteer coaches are needed from the fall program to make this event a success! Ideally we would have all Waconia 5th/6th grade participants attend for a fun night of volleyball. Please email Holly Wortz at hwortz@isd110.org if you can volunteer. **Be sure to register by the deadline to be guaranteed a tie-dye event T-shirt!** Shirt sizes YS - AXL are available.



F-160: Friday, October 14 5:30pm-8:00pm
Laketown Elementary Fee: \$25 (Includes T-shirt)
Min: 24 / Max: 48 Register By: September 23

7th & 8th Youth Volleyball

#700: 7th Grade Girls Volleyball #800: 8th Grade Girls Volleyball

Volunteer coaches needed: 1-3 per team. Coaches will also need to be present at the player review and draft. The player review is a practice in which the coaches evaluate the players to divide the teams up equally. Registration deadline is Wednesday, July 20. Sorry, we cannot offer a refund after the coaches meeting has been held.

Ages: Girls going into Grades 7 & 8 in the Fall of 2022.
Practices: 2-3 practices per week TBD beginning the week of August 23rd.
Practice Sites: Waconia Schools TBD
Potential Game Days: Monday-Friday (evenings) & Saturday (morning/early afternoon)
Potential Game Locations: St. Joes, Cologne Academy, Zion Lutheran. Other potential communities are possible.
Photo Day: TBD - Potentially Wednesday, August 24
Tournament: St. Joes Tournament October 29th
Fee & Uniform Top: \$90, includes a \$30 deposit for volleyball jersey top. Upon the return of the jersey top when the season has ended, you will be refunded \$15. If the jersey is not returned to the CE office by November 11th the \$15 will be voided. If you are paying by credit or debit card your card will be charged around September 2nd for the jersey rental.
Register by: Wednesday, July 20 / Late Fee: \$10
Player Review: Tuesday, August 16 from 7:15pm - 8:15pm at WMS Gym
Coaches Meeting: Tuesday, August 16 after the player review. Coaches attend the player review and evaluate participants at 7:15pm and meet after until 9pm.
Volleyball Shorts: Please purchase solid black volleyball shorts for your participant. Many participants choose to wear black spandex, however, any style of shorts work to participate.



Youth Recreation

DRIBBLE! SHOOT! PLAY!

Kevin Lynch Basketball Camp

This Fall basketball Camp is run by former Gopher and NBA player Kevin Lynch. It's designed to get your young player ready for the upcoming Winter basketball season. The main skills that are worked on at camp will be shooting and dribbling – but also being taught is passing, rebounding, footwork, offensive moves, to name a few. So whether your son or daughter is already a good player, or if they've just begun to play, this camp can help. All young players need to address their weaknesses, and improve their strengths. Kevin has 2 objectives for each kid that comes to his camp, #1 is learn/improve at the fundamentals of the game in a challenging environment, and #2, HAVE SOME FUN! So put down the technology, get off the couch and let's run, sweat, learn, compete, meet new kids, shake off the rust, and SMILE! Hope to see you there!

Boys & Girls Grades 3-6

F-161: Tuesdays, September 6, 13, 20 & 27

F-162: Thursdays, Oct. 6, 13, (skip 20) 27 & November 3

Boys & Girls Grades 1-3

F-163: Thursdays, September 8, 15, 22 & 29

F-164: Tuesdays, Oct. 4, 11, (skip 18), 25 & November 1

5:30pm-7:30pm

Kevin Lynch WMS Gym

Fee: \$75 (Includes T-shirt)

Minimum: 20 / Maximum: 30

Register By: August 30 / Sept. 27



Basketball Skills Training with Kevin Lynch 6th-8th After School

These fall basketball skills training sessions are run by former MN Gopher and NBA player Kevin Lynch. It's designed to get your competitive Middle School basketball player ready for the upcoming Winter basketball season. The main skills that are worked on at camp will be shooting and ball handling – but also being taught is passing, rebounding, footwork, offensive moves, to name a few. The goal of these sessions is to compete, work hard and sweat. The local basketball scene is becoming more competitive and intense everyday. So come focused and ready to go! 5 on 5 scrimmaging will end each session.

Girls Grades 6th-8th (2022-2023)

F-167: Tuesdays, September 6, 13, 20 & 27

F-168: Thursdays, Oct. 6, 13, (skip 20) 27 & Nov. 3

Boys Grades 6th-8th (2022-2023)

F-169: Thursdays, September 8, 15, 22 & 29

F-170: Tuesdays, Oct. 4, 11, (skip 18), 25 & Nov. 1

3:15pm-5:15pm

Waconia Middle School Gym

Kevin Lynch

Fee: \$75 (Includes T-shirt)

Minimum: 20 / Maximum: 30

Register By: Aug. 30 / Sep. 27



Basketball Officials Clinic Grades 9th - Adults

Students will learn from Minnesota Youth Athletic Services Director of Officials - Tom Schrepfer. Including; Hand signals for fouls, Most common fouls seen in youth basketball, Proper positioning on the court in both a one and two official system & How to manage a game properly & more! There is only one opportunity to attend. If you intend to officiate for Waconia Community Education this year, you must attend.

F-165: Mon., October 24 - 6:30pm-9:00pm Fee: \$15 (Includes clinic, MYAS Cert., T-shirt & whistle)

F-166: Mon., October 24 - 6:30pm-9:00pm Fee: \$5 (Includes clinic, MYAS Cert.)

Laketown Elementary Gym

Register By: October 21



Youth Recreation

WHS Intramural Basketball

Games will be played on Monday nights at Waconia Schools TBD. Rosters are limited to 10 players per team and you may only participate on one team during the season. This league typically is 100% boys, however, in 2019 we did have a full girls team and girls ARE allowed to participate. Game times are after 6:45pm and could go until 9:45pm. Good sportsmanship, being respectful and fair play is required to be part of this league. Your team will be assigned a team color after registration closes. Each team is required to provide one parent/guardian to keep score clock/time for each date. There will be a 9th/10th league and a 11th/12th league. A 9th/10th grader may join the 11th/12th league, however, a 11th/12th grader may not play in the 9th/10th league. If we do not have enough teams in both league they will be combined. At least 4 teams are needed and we will cap at 12 teams. Register online early! League Champions earn a T-shirt.

Mondays: January 9, (skip 16), 23, 30, February 6, 13, (skip 20) & 27

F-171: 9th/10th Grade Teams

F-172: 11th/12th Grade Teams

Fee: \$300 Per Team (\$30 per person for a team of 10)

Register By: December 9



Pre-School Age Basketball Camp (with adult helper)

Join the fun at this basketball camp for boys and girls age 3–5 years old. Kids will learn and practice the fundamental skills of basketball! Instructions on shooting, dribbling and passing will be taught skills along with fun games and basketball drills. *We invite participants that have turned 3 years old by August 31, 2022 please.* A parent/guardian/adult or older sibling (12+) must attend camp with their student each session to be their "helper."

F-173: Thurs. November 10, 17, (skip 24), Dec. 1 & 8

5:40pm-6:10pm

Laketown Gym

Fee: \$24

Register by: November 3

Min: 15 / Max: 50

Holly & Tyler Wortz



Kindergarten Basketball Camp

Join the fun at this popular basketball camp for Kindergarten boys and girls! Kids will learn and practice the fundamental skills of basketball! Instructions on shooting, dribbling and passing will be taught skills along with fun games and basketball drills. Come join the fun in this popular camp for kindergartners! These sessions typically fill fast!

Thurs. November 10, 17, (skip 24), Dec. 1 & 8

F-174: 6:15pm-7:00pm

F-175: 7:05pm-7:50pm

Laketown Gym

Fee: \$36

Register by: November 4

Min: 15 / Max: 40

Holly & Tyler Wortz



Youth Recreation

WHS Co-Ed Dodgeball League

We typically get 8-12 teams each year! Dodgeball League is open to WHS students in 9th-12th Grade. 10 participants per team that of which are no more than 5 boys and 5 girls on the court during a game. Teams will be assigned a color and you will need to order your own or create your own team T-shirts. The shirts MUST be numbered #1-#10 on the FRONT of the shirt. Rules and information will be emailed after the registration deadline. Championship tournament will be held on the last day and league champions earn a T-shirt! Minimum of 4 teams needed for league to be held. Register online.

F-176: Nov. 7, 14, (skip 21), 28, December 5, 12 & 19
7:00pm - 9:00pm
Fee: \$200 per team
(\$20 per person for team of 10)
Register by: October 14
Waconia Middle School East Gym



1st-3rd Grade Girls Volleyball Camp

Girls will be introduced to the exciting and fun sport of volleyball with instruction on passing, setting, serving and a very basic intro to over hand attacking will be taught. While we won't play 6 on 6 games, we will play games at stations to develop and introduce skills using balloons as a slower training method to work on form. The balloons are a great way to teach and work on form! On the second day the girls will be able to try-out their skills with volleyball volleyballs. Space is limited, register early!

F-178: Sundays November 6 & 13
4:00pm-5:00pm
Fee: \$20
Holly Wortz
Waconia MS Gym
Register by: October 28
Min: 15 / Max: 40



4th Grade Girls Volleyball Camp

4th grade girls are encouraged to sign up for this volleyball camp! Fundamentals and techniques on passing, setting, attacking and serving will be covered. Participants should remember to bring their athletic clothing and shoes with them each day to school to change into after school for camp. If your participant attends Southview or Bayview Elementary school she may participate in this volleyball league by arranging bus transportation with Koch Bus Company by calling 952-442-3370 or by having a parent transport her. Students attending other area schools will need to provide their own transportation to Laketown Elementary School.

F-177: M/W/F - September 19, 21, 23, 26, 28 & 30
2:45pm-4:15pm
Laketown Elementary Gym
Fee: \$60
Minimum: 14 / Maximum: 28
Jenny Merritt
Register By: September 2



Youth Basketball

1st & 2nd Grade Basketball

Monday Night League - #108-Boys & #109-Girls

Saturday Morning League - #110-Boys & #111-Girls

Each player receives a team T-shirt. Coaches Needed: 1-2 per team. Each date will be both a practice and a game. Sorry, no refunds after the coaches meeting has been held. ***You may only register for ONE of these 1st/2nd leagues. Monday & Saturday leagues limited to 80 kids, may fill prior to the registration deadline**

Ages: Grades 1st & 2nd Fall of 2022. (Kindergartners 2021-2022 are NOT eligible to play up.)
Photo Day: Saturday, December 3 OR Monday, December 5 *With your first practice/game.
Days of Play: Monday nights 5:55pm-6:55pm or 7:00pm-8:00pm **OR** Saturday mornings.
Locations: Waconia Schools
Monday Dates: December 5, 12, 19, (skip 26, January 2,) 9, (Skip 16), 23, 30, February 6 & 13
Saturday Dates: December 3, 10, 17, (Skip 24, 31), January 7, (skip 14), 21, 28, February 4 & 11
Fee: \$70
Register By: Tuesday, October 18 / Late Fee: \$10 (If space allows)
Coaches Meeting: Monday, November 14 @ 6:00pm-7:00pm in the WMS Media Center

Girls & Boys Basketball - Grade 3 & 4

#112: 3rd Grade Boys

#113: 4th Grade Boys

#114: 3rd Grade Girls

#115: 4th Grade Girls

Each player receives a rented purple/white reversible uniform top. Coaches Needed: 2-3 per team. Matching purple/white shorts can be purchased separately through the CE online at <https://wcedbb22.itemorder.com/> Before the registration deadline, please come into the CE office to try on a jersey top for sizing purposes. Sorry, no refunds after the coaches meeting has been held. 2nd graders may play up with 3rd graders and 3rd graders may play up with 4th graders in these leagues if a parent volunteers to coach prior to the registration deadline.

Ages: Grade 3rd & 4th Fall of 2022. (3rd/4th graders may need to combined pending registration numbers.)
Photos: Team & Individual photos will take place Thursday, December 1st
Practices: Begins November 29/December 1 | Tuesday and/or Thursdays after 5:30pm
Game Dates: December 10, 17, (skip 24 & 31) January 7 (skip 14) 21, 28, February 4, 11 (skip 18) & 25
Saturday Sites: Waconia Schools (may travel to surrounding towns on Saturdays for 4th grade (or if combined) including; NYA, Watertown, Big Lake, Hutchinson, Annandale, Glencoe, Lester Prairie & others.
Fee: \$100 plus a \$50 jersey deposit. Upon the return of the jersey when the season has ended, you will be refunded \$35. If the jersey is not returned by March 10 the \$35 will be voided. Uniform top rental fee will be charged to your debit/credit on 12/1/22
Register By: Tuesday, October 18 / Late Fee: \$10 (If space allows)
Coaches Meeting: Tuesday, November 15 @ 7:00pm-8:00pm. Meet staff in the WMS GYM and we'll proceed to the WMS Commons/cafeteria.



Youth Basketball

Girls & Boys Basketball - Grade 5 & 6

#116: 5th Grade Boys

#117: 5th Grade Girls

#118: 6th Grade Boys

#119: 6th Grade Girls

Each player receives a rented purple/white reversible uniform top. Coaches Needed: 2-3 per team. Matching purple/white shorts can be purchased separately through the CE online at <https://wcedbb22.itemorder.com/>. Before the registration deadline, please come into the CE office to try on a jersey top for sizing purposes. Sorry, no refunds after the coaches meeting has been held. 2nd graders may play up with 3rd graders and 3rd graders may play up with 4th graders in these leagues if a parent volunteers to coach prior to the registration deadline.

Ages: Going into Grades 5 & 6 in the Fall of 2022

Practices: Begins November 29/December 1 | Tuesday and/or Thursdays after 5:30pm

Photos: Team & Individual photos will take place Thursday, December 1st

Game Dates: December 10, 17, (skip 24 & 31) January 7 (skip 14) 21, 28, February 4, 11 (skip 18) & 25

Player Review: Tuesday, November 15th - 6:00pm-7:00pm WMS Gym - Coaches attend! The player review is an evaluation to create equal teams for the league if more than one Waconia team is needed at that particular grade level.

Coaches Meeting: 6:00pm-8:00pm on Tuesday, November 15th - Please attend the player review and coaches will meet after in the WMS Commons/Cafeteria.

Saturday Sites: Teams may travel to other towns such as NYA, Watertown, Belle Plaine, Big Lake, Hutchinson, Annandale, Glencoe, Lester Prairie & etc.

Fee: \$120 plus a \$50 jersey deposit. Upon the return of the jersey when the season has ended, you will be refunded \$35. If the jersey is not returned by March 10 the \$35 will be voided. Uniform top rental fee will be charged to your debit/credit on 12/1/22.

Register By: Tuesday, October 18 / Late Fee: \$10 (If space allows)

Girls & Boys Basketball - Grade 5 & 6

#116: 5th Grade Boys

#117: 5th Grade Girls

#118: 6th Grade Boys

#119: 6th Grade Girls

Each player receives a rented purple/white reversible uniform top. Coaches Needed: 2-3 per team. Matching purple/white shorts can be purchased separately through the CE online at <https://wcedbb22.itemorder.com/>. Before the registration deadline, please come into the CE office to try on a jersey top for sizing purposes. Sorry, no refunds after the coaches meeting has been held. 2nd graders may play up with 3rd graders and 3rd graders may play up with 4th graders in these leagues if a parent volunteers to coach prior to the registration deadline.

Ages: Going into Grades 5 & 6 in the Fall of 2022

Practices: Begins November 29/December 1 | Tuesday and/or Thursdays after 5:30pm

Photos: Team & Individual photos will take place Thursday, December 1st

Game Dates: December 10, 17, (skip 24 & 31) January 7 (skip 14) 21, 28, February 4, 11 (skip 18) & 25

Player Review: Tuesday, November 15th - 6:00pm-7:00pm WMS Gym - Coaches attend! The player review is an evaluation to create equal teams for the league if more than one Waconia team is needed at that particular grade level.

Coaches Meeting: 6:00pm-8:00pm on Tuesday, November 15th - Please attend the player review and coaches will meet after in the WMS Commons/Cafeteria.

Saturday Sites: Teams may travel to other towns such as NYA, Watertown, Belle Plaine, Big Lake, Hutchinson, Annandale, Glencoe, Lester Prairie & etc.

Fee: \$120 plus a \$50 jersey deposit. Upon the return of the jersey when the season has ended, you will be refunded \$35. If the jersey is not returned by March 10 the \$35 will be voided. Uniform top rental fee will be charged to your debit/credit on 12/1/22.

Register By: Tuesday, October 18 / Late Fee: \$10 (If space allows)

Youth Basketball



**NEW! 7th & 8th Grade
Girls & Boys
Recreation Basketball
Opportunities
coming September 2022!**



Youth Tennis

Carlson Tennis Lessons

Our mission with Junior Tennis is to provide a tennis pathway for kids from learning how to play to applying it in match play. Our Stars Program is for both beginner and those that have played. Please contact Dan Carlson with any questions. dan@carlsontennis.com or check out their website: www.carlsontennis.com - Register for these classes with Waconia Community Education & Recreation.

CARLSON
t e n n i s

Tennis Little Stars (Ages 4-6)

This class is for our youngest players. We emphasize agility, balance, and coordination. Movement and tracking skills will give the kids the ability to properly handle a racquet and ball. We feel that this foundation will be instrumental in their long term success playing tennis. FUN and SUCCESS is our goal!

F-179: Thursdays - Oct. 6, 13, (skip 20), 27, & November 3
F-180: Thursday - November 10, 17, (skip 24), December 1 & 8
Minimum: 4 / Maximum: 12
5:30pm-6:00pm
Fee: \$45
Southview Green Gym



Tennis Rising Stars (Ages 7-8)

The goal of this class is control. We will split this group into two levels, past players and beginners. The kids will enjoy playing games and rallying the ball back and forth while working on technique and tactics. These kids will play games with rallying by the 2nd lesson and the final day will be full of games and competitions.

F-181: Thursdays - Oct. 6, 13, (skip 20), 27, & November 3
F-182: Thursday - November 10, 17, (skip 24), December 1 & 8
Minimum: 4 / Maximum: 12
6:00pm-7:00pm
Fee: \$65
Southview Green Gym



Tennis Future Stars (Ages 9-11)

We will split this group into two levels based on ability; however everyone will be rallying from the first day. Our emphasis for these kids is to get them to rally the ball and understand the fundamentals of the forehand and backhand groundstrokes, volleys, and serve. If you have any questions about Carlson Tennis programs please contact Dan Carlson.

F-183: Thursdays - Oct. 6, 13, (skip 20), 27, & November 3
F-184: Thursday - November 10, 17, (skip 24), December 1 & 8
Minimum: 4 / Maximum: 8
7:00pm-8:00pm
Fee: \$65
Southview Green Gym



2022-2023 MYSA / TSL Soccer



Waconia Soccer Club | WaconiaAreaAthletics.com | Ivan Woyno - iwoyno@isd110.org



Youth Recreation

Girls Futsal (Small Sided Soccer)

Futsal is an exciting, fast-paced small sided soccer game that is played across the world and is officially recognized by both FIFA and UEFA. Why play Futsal? Futsal is played in an environment that motivates players and is conducive to learning. The small sided format allows players to have lots of touches on the ball and learn and use different soccer moves to attack and defend. Because Futsal is played with a low bouncing ball, players develop great footwork and can transition what they learn to both recreational and competitive soccer programs. Format: Players spend the first ½ of the session learning and mastering soccer skills. The second ½ of the session is spent playing the game of Futsal. The Futsal skills practiced and learned are very similar to those taught at Coerver or Pura Vida but offered locally and at a fraction of the cost.

Futsal: Allows players to frequently touch the ball, Presents many opportunities to score goals and score goals often, Maximizes active participation and minimizes inactivity and boredom, Focused on individual player development & Focus on the game by eliminating complicated rules

Girls Ages: 7, 8, 9 and 10 Year Old's | Session Times: 6:00pm - 7:00pm | Bayview Gym (11/11 @ Laketown Gym)

F-185: Session 1 7 Fridays, Nov. 4, *11*, 18, (skip 25), Dec 2, 9, 16, (Skip 23, 30) & Jan. 6

F-186: Session 2 7 Fridays, Jan. 13, 20, 27, Feb. 3, 10, 17 & 24

Girls Ages: 11 and 12 Year Old's | Session Times: 7:10pm - 8:10pm | Bayview Gym (11/11 @ Laketown Gym)

F-187: Session 1 7 Fridays, Nov. 4, *11*, 18, (skip 25), Dec 2, 9, 16, (Skip 23, 30) & Jan. 6

F-188: Session 2 7 Fridays, Jan. 13, 20, 27, Feb. 3, 10, 17, 24.

Girls Ages: 13 and 14 Year Old's | Session Times: 6:00 pm - 7:00 pm | WHS Main Gym

F-189: Session 1 7 Sundays, Nov. 6, 13, 20, (skip 27), Dec. 4, 11, 18 (Skip 25, Jan 1) & 8

F-190: Session 2 7 Sundays, January 15, 22, 29, February 5, 12, (Skip 19) 26, Mar. (Skip 5) & 12

Girls Ages: 15 and Older | Session Times: 7:10pm - 8:10pm | WHS Main Gym

F-191: Session 1 7 Sundays, Nov. 6, 13, 20, (skip 27), Dec. 4, 11, 18 (Skip 25 & Jan 1) & 8

F-192: Session 2 7 Sundays, January 15, 22, 29, February 5, 12, (Skip 19) 26, Mar. (Skip 5) & 12

Coach Ivan Woyno

Session 1 Fee: \$105 (Includes T-shirt)

Session 2 Fee: \$105 (Includes T-shirt)

Discount for Both Sessions: \$190 (look for discount class ID online.)

Register by: October 21



Adult Enrichment

Knitting 101: Beginners Guide to Knitting

Knitting is more popular than ever and you can learn too! This is a knitting class for beginners and will cover the basics of casting on, knitting, purling, binding off and how to read a pattern. The beginner class is perfect for a total newbie, or as a refresher if it has been a while since you had your hands on knitting needles.

Knitting Skills You Will Learn:

How to read a pattern

How to Cast on (or begin knitting)

Knit stitch

Purl stitch

Binding off (or ending a project)

The class will come supplied with a pair of knitting needles and a skein of yarn to take home to further practice the stitches learned, and then can be used to make dishcloths as a beginner project. No Pre-requisite Skills Required!

F-193: Tuesday, Sept 27th

F-194: Thursday Sept 29th

F-195: Tuesday, October 4th

F-196: Thursday October 6th

6:30pm-8:30pm

Miranda Crawford

Bayview Media Center,
(2nd floor above main office)

Fee: \$25

Min: 2 / Max: 8

Register By: 9/20, 9/22, 9/27 & 9/29



Need-to-know Changes in the College Planning Process

This past year has resulted in some of the most significant changes to the college planning process in decades.

Schools have gone ACT/SAT optional, but not necessarily when they award scholarships.

Recent legislation included substantial changes to the FAFSA and college financial aid

Behind-the-scenes rules have changed on how colleges can recruit students and award scholarships.

Join us to learn how these changes may impact your family, and new strategies to consider to give your student the best opportunity to be admitted and maximize scholarships and financial aid.

If you are the parent of a HS student in grades 9-11, this is incredibly important info you will not want to miss. Register today!

Bio: Cozy Wittman speaks nationally about college, and is passionate about educating families about the process to find the right fit and dispelling myths that cost families money! She is a mom of 5 kids with very different goals for college so she is no stranger to the challenges herself.

F-197: Monday, October 3

7:00pm-8:00pm

Cozy Wittman

Virtual via Zoom

Fee: \$10

Min: 1 / Max: 50

Register By: September 26





TRY HOCKEY FOR FREE

WACONIA HOCKEY ASSOCIATION

LACE UP YOUR SKATES FOR WHA'S FALL ROOKIE CAMPS

FREE for ages 4 - 3rd grade
Girls and Boys

Dates and times coming soon!

Information will be updated on Waconia Hockey Association
website!

*Fun on-ice drills

*Learn more about WHA

*New skaters will have support from coaches
and volunteers both on and off the ice

*Rookie camp jersey

*Loaner Equipment Available

FOR MORE INFO VISIT WWW.WACONIAHOCKEY.ORG

**HELP US GROW
THE SPORT OF HOCKEY
IN WACONIA**



Adult & Youth Enrichment

Instant Piano for Hopelessly Busy People

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do—using chords. Since this class is being held online with ZOOM you will be able to sit at your piano or keyboard at home and take this course with no pressure at all. And since this course includes an online book and online follow up video lessons, you will be able to continue your practice and study on your own. An optional periodic online question and answer session is also included. You will also receive a recording of the class for your review whenever needed. The course is partly lecture/demonstration and partly hands on instruction.

Topics include:

- How chords work in a song
- How to get more out of sheet music by reading less of it
- How to form the three main types of chords
- How to handle different keys and time signatures
- How to avoid “counting”
- How to simplify over 12,000 complex chords

F-204: Monday, September 26

6:30pm-9:30pm

Fee: \$59

Register By: September 19

Chords are Key for Piano-
Craig Coffman

Virtual via Zoom

Minimum: 6 / Maximum: 20



I have been teaching the "Instant Piano" classes since 1993 and it has been one of the most enjoyable and rewarding things I have ever done. I teach something that I know is very valuable to my students and I make a good living at the same time. I can't think of anything else I could do where I could make hundreds of dollars in a single evening and have so much fun at the same time. It is extremely gratifying to teach people who are so eager to learn what I have to offer.

- Craig Coffman, Phoenix, AZ

Instant Guitar for Hopelessly Busy People

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Since this class is being held online with ZOOM, you will be able to sit at home with your guitar and take this class without any pressure at all. And since the class includes an online book and online follow-up video lessons, you will be able to continue your practice and study on your own. An optional periodic online question and answer session is also included. You will also receive a recording of the class for review whenever needed. Class limited to 15 students. For ages 13+.

Topics include:

- How chords work in a song
- How to form the three main types of chords
- How to tune your guitar
- Basic strumming patterns
- How to buy a good guitar (things to avoid)
- How to play along with simple tunes

F-205: Tuesday, September 27

6:30pm-9:00pm

Fee: \$59

Register By: September 20

Chords are Key for Piano-
Craig Coffman

Virtual via Zoom

Minimum: 6 / Maximum: 20



Nickle Dickle Day
10K, 10K Relay, 5K &
Youth ½ Mile Tickle Run
Saturday, September 18,
2021
WaconiaCommunityEd.org

Adult Trips

Church Basement Ladies in Plowin' Thru

Tour We've been waiting...and here it is! The Church Basement Ladies are at it again! After an included lunch buffet at Q.Cumbers, which features a 50' long salad bar, a variety of hot entrees, soup and ice cream/dessert bar, we're on our way to the Ames Center in Burnsville for the Church Basement Ladies in Plowin' Thru. In the 9th installment of the highly successful series, the year is 1975 and all your favorite characters are back. Whether this is your first visit to the basement or you've seen them all, you won't want to miss this brand new show. Come along as the ladies don their polyester pantsuits and sing, dance and laugh their way thru this hilarious and touching new musical.

F-206: Wed, September 14

Fee: \$85

Pick up: 10:30 am

Drop off: 4:00 pm

Mackenthun's parking lot,
by Hometown Bank

Register by: August 31 (May fill prior)



Till Beth Do Us Part Tour

DayTrippers Dinner Theatre is at it again! After an included buffet lunch, it's time for Till Beth Do Us Part from the creators of "The Dixie Swim Club" and "Always a Bridesmaid." Career driven Suzannah needs a lot more help on the home front than she's getting from her husband Gibby, a local TV weatherman. Susanne wants to go for a promotion in the London office of Carmichael's Chocolates. Gibby wants to go for a nap on the sofa. So they hire a personal assistant, a gregarious daughter of the South named Beth. Little do they know, Beth is after Suzann's job. Throw in a couple of wise-cracking best friends and a British boss lady, and you discover that the hazards of hiring a personal assistant can be hilarious.

F-207: Thursday, September 22 Fee: \$84

Pick up: 11:15 am

Drop off: 4:15 pm

Mackenthun's parking lot,
by Hometown Bank

Register by: September 8 (May fill prior)

Remembering Bobby Vee Trip

We'll begin with an included buffet lunch at the Coyote Moon Grille and then head for the St. Cloud Paramount Theatre for Remembering Bobby Vee. The Killer Vees, featuring Jeff, Tommy, Matt and Bennett Vee, reunite to honor their father, uncle, grandfather, mentor and bandleader, Bobby Vee. The show features video and stories from Bobby's career along with all the hits. Bobby Vee's career started in Moorhead, MN on February 3, 1959, when his group The Shadows volunteered to help fill in after learning about the plane crash that took the lives of Buddy Holly, Ritchie Valens and the Big Bopper. And so began an international career that spanned 52 years and saw Bobby tour the world and land 38 songs in the Hot 100.

F-208: Tuesday, October 18

Fee: \$87

Pick up: 9:00 am

Drop off: 5:45 pm

Mackenthun's parking lot,
by Hometown Bank

Register by: October 4 (May fill prior)

Mississippi Lock & Dam Boat Cruise Trip

We are so fortunate to once again enjoy this tour... four hour of relaxation and a great buffet meal! We're headed for Harriet Island in St. Paul where we'll take in the beautiful sites along this historically narrated cruise, which travels through the Ford Lock and Dam. Lock #1, from St. Paul into Minneapolis then returning to Harriet Island. It is truly amazing how the riverboat is raised and lowered to get through the lock. Kids will love it, and we'll most probably see eagles along the river! We'll be treated to an included buffet lunch of BBQ chicken, pulled pork with buns, green chili cheddar cornbread, potato salad, coleslaw, watermelon wedges, cookies and coffee.

F-209: Saturday, July 30

Fee: \$88

Pick up: 9:15 am

Drop off: 4:15 pm

Mackenthun's parking lot,
by Hometown Bank

Register by: July 15 (May fill prior)



Adult Enrichment

Janice Novak Janice has a Masters degree in Health Education . She is an author, speaker and wellness consultant who teaches seminars for hospitals, schools, corporations and professional organizations. Janice empowers people to take action toward attaining better health with her easy-to-use tips and techniques. She gives simple steps that lead to huge changes in how you look and feel.

Posture & Osteoporosis Workshop: Building Better Bones

Have you ever caught sight of your reflection in a window or mirror to see that your head leads the way? Or noticed that your shoulders and upper back are too rounded forward? You'll learn simple techniques to improve posture and stand straighter. We'll do exercises to help flatten the upper back, un-round shoulders and flatten your midsection. We'll talk about how to reduce the risk of osteoporosis and related injuries and how to re-gain bone mass. We'll discuss the latest research findings on nutrition and talk about the importance of minerals and trace minerals for bone health; foods that help and/or harm your bones and more. Wear loose, comfortable clothing. You will want to have a resistance band or tube for some of the posture exercises'. They can be purchased at Target or any sporting goods store or from ImproveYourPosture.com. All levels of fitness WELCOME!

F-210: Tuesday, October 25
Virtual Via Zoom
Register By: October 18
Minimum: 1 / Maximum: 45

6pm-7:30pm
Janice Novak
Fee: \$25

Women, Weight & Hormones

Are you finding that fat is collecting around your midsection and no matter how well you watch what you eat or how much you exercise that weight is not budging? If this is your story, your inability to lose weight probably has more to do with your hormone levels than anything else. Until you discover and correct any imbalances, trying to lose weight will be like shoveling sand against the tide. In this workshop you will learn 7 key strategies for fighting fat and losing weight, including: concrete solutions (not tricks, not using your will power) for controlling appetite and cravings; ten simple things you can do every day to keep your metabolism burning brightly; how to tell if your thyroid is creating weight problems for you and what to do about it; major sources of hormone mimicking chemicals and how to get rid of them; what HRT or birth control pills have to do with weight gain; how to have your hormone levels checked reliably; what steps need to be taken to safely break the vicious cycle of hormone related weight gain; and how to help your body begin to lose weight again.

F-212: Thursday, October 13
6:00pm-7:30pm
Virtual via Zoom
Janice Novak
Register By: October 6
Fee: \$25
Minimum: 1 / Maximum: 45



Thyroid Things You Need to Know

If you currently take thyroid medication but are still gaining weight and still have a variety of symptoms, there's more you need to know. Fatigue, weight gain, depression, anxiety, rising cholesterol levels, inability to focus, thinning hair, digestive problems, abnormal blood pressure, reduced sex drive, and heart palpitations are only some of the symptoms. In this workshop, we'll discuss: how thyroid function can make any illness worse; the 5 things that need to be measured, but usually aren't; why the #1 thyroid replacement may not be helping you; connection between thyroid, fibromyalgia and arthritis; foods that help or hinder; commonly misunderstood rules of how and when to take thyroid meds; environmental triggers and info you need to discuss with your doctor.

F-211: Monday, October 17
Janice Novak

6:00pm-7:30pm
Register By: October 10

Virtual via Zoom
Fee: \$25

Min: 1 / Max: 45

Adult Enrichment

The Art Of De-Aging:

Peel Years Off Your Bio Age

Your chronological age is the number of years you have been alive. It is a fixed number and cannot be changed. Your biological or body age, however, is measured by how well all of your organs and body systems work. And there are many things you can do to affect your biological age. You have more control over how your body ages than you may think. Research has shown us that you can peel years off your bio age. In this workshop, you will learn simple, scientifically proven things you can do right now to decrease your body age. Also, you will learn facial acupressure points to help erase years from your face naturally by increasing muscle tone, decreasing puffiness and eye bag. Reduce lines and prevent new lines from forming. Help yourself look better, feel younger and age with health and vigor.

F-213: Thursday, September 29 6:00pm-7:30pm
Virtual Via Zoom Janice Novak
Register By: Sept. 22
Fee: \$25
Minimum: 1 / Maximum: 45

Metabolism Boosters & Busters

In the past you probably could drop weight by cutting back on calories or exercising a bit more. But then suddenly the scale stops moving and you just can't seem to lose weight. THE GOOD NEWS - You could lose up to 20 pounds in a year – without eating less. Just by revving up your metabolism, you can burn more calories every day, lose fat, boost energy, feel stronger and more fit. In this class, you will learn 20 SIMPLE things you can do every day to boost your metabolism and burn as much as 30% more calories every day.

F-214: Thursday, October 6
6:00pm-7:30pm
Virtual Via Zoom
Janice Novak
Register By: September 29
Fee: \$25
Minimum: 1 / Maximum: 45



Avoid the Pitfalls (and Weight Gain) of Perimenopause/Menopause

Perimenopause starts around the age of 35 for most women and can last 10-15 years. Common symptoms include fatigue, migraines, weight gain, water retention, depression, sleep disturbances, joint aches, hot flashes, anger flashes, migraines, fibroids, exaggerated PMS and more. Once you understand exactly what is causing all the troublesome symptoms, they are much easier to correct. We'll discuss how to get hormone levels measured - blood test vs. saliva test and what to do with the results; traditional HRT vs. bio-identical; acupressure points to assist in symptom relief and nutritional musts. You'll leave with multiple tools and techniques for restoring health and well-being.

F-215: Tuesday, October 4 6pm-7:30pm
Virtual Via Zoom Janice Novak
Register By: Sept 27
Fee: \$25
Minimum: 1 / Maximum: 45

Is Your Waistband Too Tight Today? Strategies to win the battle of a bulging belly.

Have you ever found that in the a.m. your pants fit fine but by mid-afternoon, the waistband squeezes you like a tourniquet? Or that no matter how many crunches you do, your stomach still hangs out? Getting rid of a potbelly is much more than just doing abdominal exercises. In this workshop, you will learn the main causes and 6 strategies for getting rid of belly bloat. We will do a few exercises designed to strengthen the deepest layer of abdominal muscle - the layer that is responsible for flattening your stomach, shaping your waistline and supporting your lower back. And we will do this without getting on the floor.

F-216: Thursday, November 10 6pm-7:30pm
Virtual Via Zoom
Janice Novak
Register By: November 3
Fee: \$25
Minimum: 1 / Maximum: 45



Adult Enrichment

Acupressure to Assist Weight Loss

Acupressure is An Eastern healing technique that involves pressing or massaging key points on the body to stimulate energy flow through pathways called meridians. When the points that regulate metabolism, digestion and thyroid function are blocked or out of balance, losing weight will seem like an impossible task. In this workshop, you will learn the main pressure points that help strengthen thyroid function, boost metabolism, control appetite, decrease food cravings, reduce stress eating and strengthen the entire digestive system.

F-217: Tuesday, October 18

Virtual Via Zoom

Register By: October 11

Minimum: 1 / Maximum: 45

6pm-7:30pm

Janice Novak

Fee: \$25

Mudras: The Ancient Art of Hand Yoga

Mudras, or 'yoga of the hands' has been recognized for centuries as a simple yet effective healing tool. In ancient India, mudras were believed to be the key to spiritual, mental and physical wellbeing and that regular practice of the hand positions can rejuvenate body and mind. The hand positions are easy to do, take minutes to perform and can be done almost anywhere at any time. Mudras can also be used to help relieve numerous conditions such as anxiety, stress, digestive issues, weight loss, bloating, insomnia and so many more.

F-220: Wednesday, October 19

Virtual Via Zoom

Register By: October 12

Fee: \$25

Minimum: 1 / Maximum: 45

6pm-7:30pm

Janice Novak

Overcome Your Carbohydrate Cravings

Ever had a day where you can't stop eating? Do you crave starches, snack foods, and sweets and find the more you eat, the more you want to eat? Is your snacking out of control? In this workshop, we will discuss a two week plan that will STOP your cravings (no kidding!), help you lose weight and help keep your insulin levels balanced. Overcoming carb cravings is not a matter of willpower but a matter of biology. Learn how you can stop the vicious cycle of food craving and weight gain. No hype – just the facts.

F-218: Monday, October 10

Virtual Via Zoom

Register By: October 3

Fee: \$25

Minimum: 1 / Maximum: 45

6pm-7:30pm

Janice Novak



Accupressure & Other Tools for Women

35 and Older Acupressure is an ancient healing art that can offer great relief, with no side effects, from symptoms such as hot flashes, mood swings, bloating, headaches, irritability, nausea, insomnia, anxiety and even weight gain. Learn which points balance hormone levels naturally, including thyroid hormones. Acupressure is a wonderful self-help tool that will help you feel your best. We will discuss breathing techniques, nutritional musts, and more.

F-221: Monday, October 3

Virtual Via Zoom

Register By: September 26

Fee: \$25

Minimum: 1 / Maximum: 45

6pm-7:30pm

Janice Novak

Abdominal Strengtheners That Won't Make You Get On the Floor

Abdominal muscles weaken and lose shape due to past pregnancies, surgeries, sitting at a desk all day, being sedentary and poor posture. Learn a series of extremely effective exercises to quickly strengthen all four layers of abdominal, WITHOUT stressing back or neck joints and WITHOUT getting on the floor. Common abdominal exercises like crunches can place too much stress on back and neck joints. Learn a series of extremely effective exercises to quickly strengthen all four layers of abdominal, WITHOUT stressing back or neck joints and WITHOUT getting on the floor.

F-219: Wednesday, October 26

Register By: October 19

6pm-7:30pm

Fee: \$25

Virtual Via Zoom

Min: 1 / Max: 45

Janice Novak

Adult Enrichment

Acupressure to Relieve Stress, Anxiety, Insomnia & More

Acupressure is an ancient healing art and self-help tool. It can offer great relief with no side effects and help you feel your best. Along with the specific points to help relieve stress, insomnia, anxiety, irritability and even weight gain, learn the Nine Master Pressure Points which are the most helpful and most frequently prescribed to help and assist every system in your body.

F-222: Thursday, October 27
6pm-7:30pm
Virtual Via Zoom
Janice Novak
Fee: \$25
Register By: Oct. 20
Minimum: 1 / Maximum: 45



Resume Writing and Interviews

Join us for an educational overview of how to write a professional resume, and practice successful interviewing. This session will provide you the skills needed to interview with confidence. Designed for all stages of experience.

F-224: October 12
5:30PM – 7:00PM
Hannah Larson BSN, RN, PHN
Waconia MS Media Center
Min 1 / Max 10
Fee: \$25
Register by: October 5



Just Breathe! Techniques to Calm, Center & Balance

Breathing in specific ways can have amazing and powerful healing benefits on mind and body. Breath work is the single most powerful thing you can practice for improving energy levels, health and well-being. In this workshop, you will learn ancient breathing exercises that will: neutralize stress by reprogramming your nervous system; increase energy and vitality; increase brain function; improve immune response; decrease depression and anxiety; and actually help strengthen your back and abs from the inside out. The simplest and most powerful technique for optimum health of mind and body is absolutely free and literally right under your nose.

F-223: Wednesday, November 2
6pm-7:30pm
Virtual Via Zoom
Janice Novak
Register By: October 26
Fee: \$25
Minimum: 1 / Maximum: 45



Adult Enrichment

Suminagashi "Spilled Ink" Art

Suminagashi, or "spilled ink", is the traditional Japanese process of marbling plain paper with water and floating ink to transform it into a unique vibrant and colorful design. The decorative paper can then be used for many different projects including calligraphy, card making, or origami. This class will take 1 to 1.5 hours with a maximum of 15 students, ages 15 and up. Instructor will provide all materials needed for each student to complete the project.

F-228: Monday, October 17

Laketown Art Room

Fee: \$30

Register By: October 10

6:00pm-8:00pm

Bob Pollard

Min: 4 / Max 15



"Follow the Bone" Deer Cutting

This class will teach you the basic skills to cut your own deer and Cook your deer. We will show you the proper care of the deer –do the actual field dressing, skinning, and cleaning of the carcass. Next we will show you how to cut your deer, from pulling back straps for chops, to the hind for roasts and jerky and trim for ground venison to sausage. We have added cooking to our classes –This 2- hour class has about 45 minutes dedicated to cooking. We show each primal and talk about how to cut it and cook it-what the best practice for each piece to cook it for the best end results. Identifying what's better on the grill and tips on how to not over cook venison on the grill to avoid the dry steak. We will have a road kill deer for hands-on experience. Included in this class is our DVD also to take with you-60 minutes cut into 10+ chapters. We will have some deer cutting supplies available to buy; everything you need to cut your own deer.

F-229: Thursday, October 27

7:00pm – 9:00pm

Waconia Middle School-

Tech Room F103

Fee: \$30

Minimum: 8 / Maximum: 20

Register By: October 20

Kerry Swendsen - Owner Deerdummy.com



Voice Overs....Now is Your Time

In what could be the most enlightening 2 hours you've ever spent, this class will show you how you can actually begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for.

F-227: Thursday, October 20

6:30pm-8:30pm

Such a Voice

Virtual - Zoom

Fee: \$38

Min 4: / Max: 25

Register By: October 13

Have you been told you have a great speaking voice?

"Voice-Overs... Now is Your Time!"

Attend our two hour class about this lucrative industry **AND** find out if you have what it takes!

such a voice

Adult Enrichment

Medicare Basics Parts A-D

Is Medicare in your near future? Do you have questions about what it covers? If you plan to enroll within the next year or so, this class has the answers for you! If you are turning 65 in the next year or so, do you feel prepared to make decisions regarding your Medicare coverage? Most people find Medicare enrollment and choosing a supplemental insurance to be very confusing. Gain knowledge of what medical services are and are not covered by Medicare, monthly premium, coinsurance and deductible information, when and how you enroll in Medicare, and the different plan options you have. Get your questions answered so you feel comfortable as you transition to Medicare!

F-230: Tuesday, September 20
6:30pm-7:30pm

Waconia Middle School D-110

Fee: \$5

Denny Worm - Humana

Minimum: 2 / Maximum: 20

Register By: September 12



Let' Talk About Medicare

As you get closer to 65, the amount of information you get concerning Medicare can make the process of applying very confusing. This is an educational meeting about Medicare and Medicare insurance that will answer your questions. We will discuss what Medicare covers, what it costs, and how and when to enroll. We will also review the types of Medicare insurance available and the factors to consider when deciding what type of plan is best for you.

F-231: Thursday, October 27
6pm-7:30pm

Waconia Middle School D-110

Fee: \$5

Tom Hill and Jill Ehrman

True Partners Insurance Brokers

Minimum: 2 / Maximum: 20

Register BY: October 20



Defensive Driving 8 Hour (Virtual)

If you are 55 years or older you can save money and become a better driver. Minnesota law requires insurance companies to offer a 10% reduction for 3 years if you complete a National Safety Council's course taught by certified instructors. This course is 2 sessions of classroom training. No driving test is required. You will receive a certificate of completion to provide to your insurance company. Registrations for Defensive Driving may be done by phone with a credit card by calling 952-442-0610. Registrations must be completed with name, address and payment. Registration deadline is 7 days prior to the class.

F-232: October 26 & 27 9:00am-1:00pm

F-233: December 7 & 8 5:30pm-9:30pm

Minimum: 20 / Maximum: 30

Virtual Via Zoom

Fee: \$29

Register By: Oct 18 / Nov 30

MN Safety Council



Defensive Driving - 4 Hour Refresher

If you have taken the 8-hour course in the past you can renew your 3 year, 10% discount by taking this state approved 4-hour course. There is no driving test required. *How to get to room D-110: Enter the main doors of Waconia Middle School and proceed to your left down the hall. Take another left by D125, then a right and D-110 will be on your left.

F-234: Wednesday, October 5 5:00pm-9:00pm

Waconia Middle School Room D-110

F-235: Monday, December 5 9:00am-1:00pm

Waconia Community Education Conference Room

Minimum: 15 / Maximum: 50

Fee: \$29

Register By: 9/28 / 11/28



Adult Enrichment

First Aid CPR/AED Training

HEARTSAVER First Aid CPR Training. Would you know what to do in a cardiac, breathing or first aid emergency? The right action could help you save a life! With an emphasis on hands-on learning, this First Aid/CPR/AED course gives you the skills to save a life. Training meets OSHA's Best Practices for Workplace First Aid Training for the infant, child and adult. 2 year certification. Skills include how to respond to cardiac and breathing emergencies in all ages. CPR, use of Automated External Defibrillators (AED) and choking. First Aid will include wounds and bandaging, burns, head, muscle, bone and joint injuries, heat and cold emergencies, poisonings and sudden illnesses.

Certified - First Aid CPR/AED Training:

F-236: Tuesday, September 13
F-237: Wednesday, November 9
Waconia Middle School D-110
6:00pm-9:00pm
Fee: \$55
Register By: Sept. 6 / Nov. 1
Min: 4 / Max: 20
Shelly Nahan - RN, BSN, PHN



Non Certification -First Aid CPR/AED Training:

Would you know what to do in a cardiac, breathing or first aid emergency? The right action could help you save a life! With an emphasis on hands-on learning, this CPR course gives you the skills to save a life. A great class to learn how to respond to emergencies without the cost and need of certification!

F-238: Tuesday, September 13
F-239: Wednesday, November 9
Waconia Middle School D-110
6:00pm-8:30pm
Fee: \$30
Register By: Sept. 6 / Nov. 1
Min: 4 / Max: 20
Shelly Nahan - RN, BSN, PHN



Retirement Income Planning

Will Your Retirement Income Last? Don't Leave It to Chance. During this event, we will explore growing your income through retirement, getting the most out of social security, not letting healthcare costs disrupt your lifestyle, how sequence of returns can impact retirement income and strategies for effective portfolio design.

S-240: Wednesday, October 5
6:30pm-7:30pm
Waconia Middle School Media Center
Fee: \$10
Min 1 / Max 10
Thomas Scheck / Financial Advisor
Register By: September 28



Keeping More of Your Wealth: Retirement Tax Planning Strategies

Understanding tax strategies and managing your tax bill are integral parts of a financial plan. Ignoring these strategies for your specific situation may result in paying more taxes than you need to. Some taxes can be deferred and others managed through tax-efficient investing. Whether it's determining where to save for retirement, creating a tax wise retirement paycheck or other ways to lower taxes, with careful and consistent planning you can potentially reduce the impact of taxes on your overall financial picture.

F-241: Wednesday, November 2
6:30pm-7:30pm
Waconia Middle School D-110
Fee: \$10
Min 1 / Max 10
Thomas Scheck / Financial Advisor
Register By: October 12

For Your Information

Is your family included on the School District Census?

Has there been a birth in your family? Have you recently moved into your neighborhood? Is there a new family in your neighborhood? District 110 wants all families to know about the programs and activities it has to offer. Being on the School District Census insures that you will automatically receive information about Early Childhood Screening, Preschool, Kindergarten and all of the opportunities offered by Community Education. To be added to the census, please call the School District Census office at 952-442-0607. Thank you

Waconia District #110 School Locations

WEC	Waconia Community Education 516 Industrial Blvd., Waconia
BV	Bayview Elementary School 24 South Walnut Street, Waconia
SV	Southview Elementary School 225 4th Street West, Waconia
WMS	Waconia Middle School 1400 Community Drive, Waconia
WHS	Waconia High School 1650 Community Drive, Waconia
LT	Laketown Elementary School 960 Airport Road, Waconia
WEC	Waconia Enrichment Center 520 Industrial Blvd. Waconia



Volunteering

Volunteers are needed throughout the year for several Waconia Community Education camps, classes, events and activities. Email Holly at hwortz@isd110.org to be put on the volunteer email list. Typically our volunteers are aged from Grade 5 - adult. This is perfect if you are a Waconia High School National Honor Society member! We hope that you'll take advantage of these opportunities to help the community. Please contact Holly Wortz at 952.442.0612 if you are interested in volunteering your time .

Wanted! Community Education Advisory Council Members

Community Education is looking for individuals to serve on the Advisory Council. The Advisory Council helps direct the growth and development of the Community Education and Recreation program along with suggest, advocate, encourage and recommend the Community Education concept to neighbors, friends and the community. If you are interested in becoming part of this council contact:

#110 Waconia Community Education & Recreation
516 Industrial Blvd.
Waconia, MN 55387
952.442.0610
tnelson@isd110.org

Scholarship Information

Individuals or families who live in School District #110 and meet certain income eligibility guidelines may qualify for a fee reduction on ECFE, Waconia Wildcat Preschool and team recreation programs. Scholarship requests must be made at the time of registration. Scholarship forms are available at the Community Education office.



Facility Use

Community members and organizations are invited to use the district facilities. The following guidelines must be followed before facility use will be available. All facility rental must be made 10 days in advance.

- 1) Contact the Community Education office to obtain a facility use application or to see if an area is open for you to use.
- 2) Fill out, sign and return the application to the Community Education office.
- 3) Community Education will verify dates and fees with the user.
- 4) All changes must be made one week prior to the date of use.

Registration Information

How to Register

Online Registration:

Registrations are now accepted online at www.waconiacommunityed.org

By Mail

Complete a registration form and mail it with your check, money order or credit card number and expiration date to:

ISD #110 Community Education
516 Industrial Blvd.
Waconia, MN 55387

Walk-in

Visit the Community Education office located at 516 Industrial Blvd. in Waconia.

Office Hours:

School Year Monday-Friday 7:30am - 4:00pm
Summer Fridays 7:30am-1:00pm

24 Hour Drop Box Locations:

> 516 Industrial Blvd., Waconia
(outside of Education Center building near CE office entrance)

> 24 South Walnut Street, Waconia
(north end of Bayview Elementary School building)

> 225 4th Street West, Waconia
(outside main entrance doors of Southview Elementary School)

We are unable to accept registrations or reserve spots by phone.

Checks Payable To:
Dist. #110 Community Education

A Commitment to Community
and Lifelong Learning

Registration Policies

Register Early

Classes fill up quickly. Please register at least one week in advance so we can make class enrollment decisions. We will accept registrations as long as there is space available in the class.

Are you registered?

Assume the course will be held at the time and place indicated. Assume that you are enrolled unless you hear differently. We would call you if the class is cancelled or if the dates, times or locations have changed.

Refunds/Cancellations

Notification to the Community Education office at least 6 working days or more prior to the start of the class/program is necessary to receive a full refund/credit (less a \$10 processing fee). No refunds or credits will be issued for vacation, illness or injury. Classes are not prorated.

- ECFE - Same as above.
- Kids' Company - The registration fee is nonrefundable.

For more information see the Kids' Company handbook.

- Waconia Wildcat Preschool - The registration deposit and supply fee is non-refundable. Class cancellations need to be received in the Community Education office two weeks prior to withdrawal or participant will be required to pay the difference.

- Behind the Wheel - A \$25 fee is assessed for cancelling out of this program.

School Closings

If school is canceled or closes during the day due to bad weather, Community Education must cancel all youth activities. Adult activities may or may not be canceled. The CE office will call all adults if classes are to be canceled. Cancellation information will be posted on the Community Education website, www.waconiacommunityed.org.

